

Monk
Level**AC BONUS**

$$\begin{array}{|c|} \hline + AC \\ \hline \end{array} \quad \left. \begin{array}{|c|} \hline + CMD \\ \hline \end{array} \right\} = WIS + \left(\frac{\text{Monk Level}}{4} \right)$$

(Round down)

**PUNISHING KICK
PER DAY**

$$\boxed{} = \underline{} + \left(\underline{} \div 4 \right)$$

(Round down)

DISTANCE
PUSHED

$$\boxed{} \text{ ft} = (\div 5) \times 5 \text{ ft}$$

**FORTITUDE
SAVE DC**

$$\boxed{} = 10 + \left(\div 2 \right) + \text{WIS}$$

Fortitude save to avoid being knocked prone

Level 15 Push a target back 5ft and knock them prone with the same attack

Level 5 On a confirmed critical hit, or on reducing a target to 0 hp, regain 1 ki point up to your maximum.

Level 11 For each point regained, gain an immediate saving throw against one disease.

| | | |
|----------|---|--|
| | <input type="checkbox"/> Catch off-guard | <input type="checkbox"/> Combat Reflexes |
| Level | <input type="checkbox"/> Deflect Arrows | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Dodge |
| 1 | <input type="checkbox"/> Improved Grapple | <input type="checkbox"/> Scorpion Style |
| | <input type="checkbox"/> Throw Anything | |

| | | |
|------------|--|---|
| Level 6 | <input type="checkbox"/> Gorgon's Fist | <input type="checkbox"/> Improved Bull Rush |
| | <input type="checkbox"/> Improved Disarm | <input type="checkbox"/> Improved Feint |
| | <input type="checkbox"/> Improved Trip | <input type="checkbox"/> Mobility |

| | | |
|-----------|--|---|
| Level | <input type="checkbox"/> Improved Critical | <input type="checkbox"/> Medusa's Wrath |
| 10 | <input type="checkbox"/> Snatch Arrows | <input type="checkbox"/> Spring Attack |

On a confirmed critical hit, or on reducing a target to 0hp, regain health.

Level **HEALING**
7 **POINTS** Monk Level

| | |
|-----------|---|
| | Gain 1hp on a successful melee attack |
| Level | Gain WIS hp on a confirmed critical attack |
| 13 | You may gain up to your monk level in temporary hit points. They disappear after 1 hour |

QUIVER DAYS Monk Level

days =

$$\boxed{} = 10 + \left(\boxed{} \div 2 \right) + \text{WIS}$$

Treated as an Outsider
Level 20 Immune to Charm Person and other effects that target non-outsiders.
Damage reduction 10/chaotic

| Monk Level | Bonus Feats | Unarmed Strike Damage Sml / Lrg | Armour Class Bonus | |
|------------|-------------|------------------------------------|--|---|
| 1 | ■ | d6 d4 / d8 | Flurry of Blows Unarmed Strike Punishing Kick | Use a full attack action for more attacks Treat hands, feet, knees and elbows as weapons Push targets away from you |
| 2 | ■ | | Evasion | Avoid all damage on successful reflex save |
| 3 | | | Fast Movement +10 ft Manoeuvre Training Still Mind | (which grants +4 to Acrobatics checks for jumping) Use monk level in place of BAB for calculating CMB +2 saving throws against enchantment |
| 4 | | d8 d6 / 2d6 | Ki Pool (magic) Slow Fall 20 ft | Treat unarmed attacks as magic weapons Reduce effective falling height using wall |
| 5 | | | High Jump Steal Ki | Add monk level to Acrobatics checks for jumping +20 to jump checks - 1 ki point Take ki from other creatures |
| 6 | ■ | | Fast Movement +20 ft Slow Fall 30 ft | (which grants +8 to Acrobatics checks for jumping) |
| 7 | | | Life Funnel | Take hp from other creatures |
| 8 | | d10 d8 / 2d8 | Slow Fall 40 ft | |
| 9 | | | Improved Evasion Fast Movement +30 ft | Avoid half damage on failed reflex save (which grants +12 to Acrobatics checks for jumping) |
| 10 | ■ | | Ki Pool (lawful) Slow Fall 50 ft | Treat unarmed attacks as lawful weapons |
| 11 | | | Life from a Stone | Take ki or hp from any creature at all |
| 12 | | 2d6 d10 / 3d6 | Abundant step Fast Movement +40 ft Slow Fall 60 ft | Slip magically between spaces - 2 ki points (which grants +16 to Acrobatics checks for jumping) |
| 13 | | | Sipping Demon | Gain temporary hp on melee attacks |
| 14 | ■ | | Slow Fall 70 ft | |
| 15 | | | Quivering Palm Fast Movement +50 ft | Delayed death (which grants +20 to Acrobatics checks for jumping) |
| 16 | | 2d8 2d6 / 3d8 | Ki Pool (adamantine) Slow Fall 80 ft | Treat unarmed attacks as adamantite weapons |
| 17 | | | Timeless Body Tongue of the Sun and Moon | No age penalties or artificial ageing Speak with any living creature |
| 18 | ■ | | Fast Movement +60 ft Slow Fall 90 ft | (which grants +24 to Acrobatics checks for jumping) |
| 19 | | | Empty Body | Assume ethereal state for 1 minute - 3 ki points |
| 20 | | 2d10 2d8 / 4d8 | Perfect Self Slow Fall Any distance | Treated as outsider |

KI POOL
CAPACITY

CAPACITY = $\left(\frac{\text{Monk Level}}{2} \right) + \text{WIS}$

KI POOL

MOVE THROUGH THREATENED SQUARE

Acrobatics DC = Opponent's **CMD**

at half speed
+10 to move at full speed

MOVE THROUGH ENEMY'S OWN SQUARE

Acrobatics DC = 5 + Opponent's **CMD**

at half speed
+10 to move at full speed

| | | | | | | | | | | | | |
|-----------|----------|-----|------|------|------|------|------|------|------|------|------|------|
| LONG JUMP | Distance | 5ft | 10ft | 15ft | 20ft | 25ft | 30ft | 35ft | 40ft | 45ft | 50ft | 55ft |
| | DC | 5 | 10 | 15 | 20 | 25 | 30 | 35 | 40 | 45 | 50 | 55 |
| HIGH JUMP | Distance | 1ft | 2ft | 3ft | 4ft | 5ft | 6ft | 7ft | 8ft | 9ft | 10ft | 11ft |
| | DC | 4 | 8 | 12 | 16 | 20 | 24 | 28 | 32 | 36 | 40 | 44 |

Acrobatics skill +4 for every 10ft of your standard move above 30ft

CATCH LEDGE DC 20 Reflex save

if you fail a jump by 4 or less

FALL DC 15 Acrobatics

to ignore 10ft of falling damage