# Psyc202

# Research Methods in Psychology





# Goodstein's Theory of Science



- Empiricism
  - knowledge is based on observation
- Verification of ideas
  - Testable hypotheses, theories
- Exchange of ideas and information
- Peer review

#### **Goals of Science**

- Describe behavior
- Predict behavior
- Determining causes of behavior
  - Temporal precedence
  - Covariation of cause and effect
  - Alternative explanations
- Explanation of behavior



# **Basic and Applied Research**



- Applied
- Welcome to the National Institutes of Health (NIH)
  - Alphabet soup
  - http://www.nih.gov/icd/
- Basic
- Welcome to the National Science Foundation (NSF)
  - http://www.nsf.gov/

# **Quantitative Research**

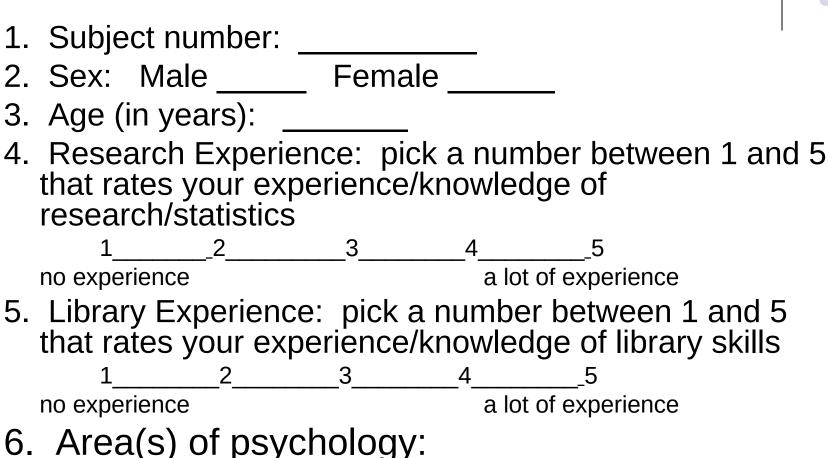


Everything is a number

- Think 30 or more for other than descriptive research
  - Per group (t-test, ANOVA)
  - Overall (correlations)

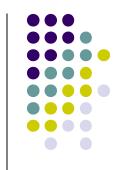
# 202 Demographic Class Data

#### Please answer the following questions:



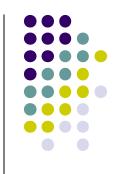






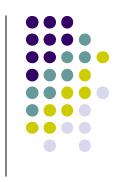
Subj	Sex M=2;F=1	Age	Research	Library	Area(s)
1	1	24	1	4	Abnormal
2	1	30	2	3	Social
3	2	23	5	5	I/O
4	2	45	3	2	Cognitive
5	1	26	2	3	Forensic

# Hypotheses and predictions



- Hypothesis
  - A type of idea or question
  - Makes a statement about something that may be true
  - Then test it
- Prediction
  - Anticipate that a certain outcome will occur

# **Theory**



- A systematic body of ideas about a topic or phenomenon
  - http://www.allaboutscience.org/theory-of-relativity.
    htm
  - http://www.darwins-theory-of-evolution.com/

# **Library Research**

- Data Bases
  - psycINFO
  - Pubmed
  - Cochrane Reviews
- Type of searches
  - Keyword
  - Author
  - Recent articles/reviews—the reference section
  - Top journals in your field of interest

#### **Research Articles**



Formula writing

Economy/clarity

A <u>lot</u> of information in a very small space

Separate the science from the writing

#### Research article sections

- Abstract
- Introduction
- Method
- Results
- Discussion
- References
- Tables/figure captions/figures

#### **Abstract**



Read first/write last

Should include brief information from every section of article

Approximately 100 to 300 words

#### Introduction



- Problem statement
  - General problem needing (further) investigation
- Purpose of the study
- Operational definitions
  - General constructs
  - Specific methods/instruments
  - Dependent variables

# Introduction (con't.)

- - Building blocks (leggos)

Relevant past research

- Theory/Hypotheses/Predictions
- Significance
  - Why is this research important?



#### **Method**

- Participants
- Procedures
  - Instruments
    - Equipment
    - Measures
  - What happened
- Description of types of analyses



### **Participants**

- How many
- Who are they?
  - Exclusion/inclusion criteria
  - Demographics
  - Where recruited from
  - Informed consent/payment



#### **Procedures**



- Instruments
  - What are they?
  - How are they scored?
  - Psychometric properties
    - Do they measure what they're supposed to measure accurately and in a consistent/reliable way?
    - Validity
    - Reliability

# Procedures (con't)

- What happened exactly
  - When and how long did it take?
  - Where measured
  - Tested individually or in groups?
- Description of type of analyses



#### Results



Descriptive statistics

Paragraph for each dependent variable

# Results: generic paragraph



- Dependent variable
- Independent variable(s)
- Between or within subject
- Type of analysis
- Results of statistical test
  - Statistical phrase
    - Test statistic, degrees of freedom, probability
  - Mean(s) or percentage(s) if appropriate

### Results: example

• If we were interested in potential gender differences in pairs of shoes owned.....

The dependent variable was the number of pairs of shoes currently owned. The independent variable was gender. We used an independent *t*-test to determine if there were differences between males and females in the number of pairs of shoes. Females owned significantly more pairs of shoes than males, t(22) = 3.05, p < .05. Mean number of pairs for females was 10 (SD = 2.1), whereas mean number of pairs for males was 4 (SD = 3.4), see Figure 1.

#### **Discussion**

- General statement of findings
- Hypotheses/predictions vs. your results
- How do findings fit with past research?
- What do your results mean? Where do they fit?
- Limitations
- Future research