

****Primal Situations, Dualistic EDBs, and Outcomes for Somatic Marker Training****

Situation	Dual EDB (Emotion-Decision-Behavior)	Outcome	Primal Trigger	Auditory Cue
-----------	--------------------------------------	---------	----------------	--------------

- (1) | A child lost in a forest at night | ****Fear (Flight):**** Run aimlessly, increasing disorientation. ****Courage (Fight):**** Climb a tree to spot a landmark. | Lost deeper in the forest vs. Finding a way out. | Dark silhouettes, predator eyes in shadows | Distant wolf howl, rustling leaves |
- (2) | A person confronted by an aggressive stranger | ****Aggression (Fight):**** Stand ground, risk escalation. ****Submission (Flight):**** Avoid eye contact, de-escalate. | Physical conflict vs. Safe escape. | Forward-facing predator gaze | Low growl, footsteps approaching |
- (3) | Witnessing someone drowning | ****Panic (Shutdown):**** Freeze, unable to act. ****Bravery (Action):**** Call for help or attempt a rescue. | No intervention vs. Saving a life. | Distressed facial expressions | Distant screams, splashing water |
- (4) | Public speaking in front of a large audience | ****Anxiety (Flight):**** Freeze, forget words. ****Confidence (Fight):**** Speak with conviction. | Embarrassment vs. Effective communication. | Uncanny staring faces | Whispering, nervous murmuring |
- (5) | Seeing a helpless animal suffering | ****Avoidance (Shutdown):**** Walk away to avoid distress. ****Compassion (Action):**** Provide aid or seek help. | Feeling guilt vs. Making a difference. | Blood, exposed wounds | Whimpering, faint heartbeat |
- (6) | Stuck in a burning building | ****Panic (Flight):**** Rush blindly, risk injury. ****Composure (Fight):**** Find a safe escape route. | Injury or death vs. Safe evacuation. | Fast-moving dark shapes, suffocating heat | Crackling fire, coughing |
- (7) | Betrayed by a close friend | ****Rage (Fight):**** Confront aggressively. ****Acceptance (Flight):**** Withdraw, reflect. | Damaged relationship vs. Personal growth. | Facial expression of deception | Whispering, heart beating fast |
- (8) | Witnessing injustice | ****Apathy (Shutdown):**** Ignore the situation. ****Activism (Action):**** Take a stand, intervene. | No change vs. Potential resolution. | Aggressive body language | Angry shouting, crowd noise |
- (9) | Facing financial ruin | ****Despair (Shutdown):**** Give up, avoid responsibilities. ****Resilience (Action):**** Seek solutions, rebuild. | Further decline vs. Recovery and adaptation. | Dark, enclosed spaces | Deep sigh, anxious breathing |

(10) | Discovering an intruder in the home | **Fear (Flight):** Hide, avoid confrontation.
Defiance (Fight): Call for help, defend oneself. | Potential harm vs. Resolving the threat safely. | Shadowy figure, fast peripheral motion | Distant footsteps, door creaking |

This table now integrates **hard-wired primal triggers** that elicit **sub-millisecond autonomic responses**, paired with **auditory cues** to enhance the visceral reaction. These stimuli will reinforce somatic marker encoding in the AI model.