



Photo by RWA Photo Contest Winner - Robert W. Smith

## South Central Connecticut Regional Water Authority Recreation Area - PERMIT REQUIRED

### Directions and Parking:

The Maltby Lakes entrance and parking lot is on an access road off Derby Road (Route 34).

### Permitted Activities:

This site is for passive use only – no mechanized vehicles. Hiking and bicycling only. Bicycling is permitted from April 15th-December 31st. Bikers can ride on designated trails only and must yield to all hikers. State fishing license required for shore fishing. Wading and swimming are prohibited. Dogs are not permitted.

**For more information about this location and to obtain a permit— contact:**

Regional Water Authority  
Recreation Department  
(203) 401-2654  
[www.rwater.com/recreation](http://www.rwater.com/recreation)

*This project made possible through a grant from the National Recreational Trails Program, the Federal Highway Administration, and the Connecticut Department of Environmental Protection.*



*Mapping for this brochure has been produced by John Triana of the Regional Water Authority.*

### South Central Regional Council of Governments

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## # 13 (RWA)

# MALTBY LAKES

*Orange &*

*West Haven, CT*

A Regional Water Authority (RWA) Recreation Area – these peaceful lakes dotted with tiny islands have long been admired by passers-by on busy Route 34. When the Maltby Lakes were opened for hiking, fishing, and bicycling in 1994, this fulfilled the dream of their designer and namesake. Back in the 1860's, Caleb Maltby had plans to combine water supply and public recreation at the reservoirs he created for the Fair Haven Water Company. Only minutes from downtown New Haven, you'll find that you're sharing the solitude with many deer, wild turkey, a variety of birds and other animals.

The Mark Schaefer Trail encircles most of the Authority's land surrounding the Maltby Lakes and provides access to all other trails. It climbs the ridge west of Maltby Lake #3. The power line clearing provides an excellent view of the

New Haven skyline and is abundant with mountain laurel, which blooms in mid-June. The Spruce Trail, a shortcut on the western side of the Schaefer Trail, will bring you through a Norway spruce tree stand, avoiding the power lines.

There are several short trails, each with their own unique features. The Evergreen Trail connects Lakes 1 and 2. It circles back to the Mark Schaefer Trail in a shady grove of white pine and spruce trees planted after the 1938 hurricane. The Mill Deprey Trail passes interesting ledge outcrops of phyllite. Phyllite is a metamorphic rock intermediate between slate and schist. All three rocks are formed by compressing lake bottom mud under thousands of feet of other sediments. Slate has clearly visible layering and schist has crystals visible to the naked eye. Phyllite has neither characteristic, but its resistance to erosion is one reason why the land around the Maltby Lakes is so hilly.

# Maltby Lakes



Hiking - Bicycling - Cross-country skiing - Shoreline fishing  
Gentle rolling hills featuring lake views on over 4 miles of trails

New Haven

Forest Rd.

to New Haven

Deby Ave. - Route 34

West Haven

Orange

Maltby Lake #3

Maltby Lake #2

Maltby Lake #1

## Maltby Lakes Trails

- Mark Schaefer Trail
- 1904 Trail
- Spruce Trail
- Mill DePrey Trail
- Tulip Tree Trail
- Evergreen Trail
- Fishing Spur Trails
- Parking Lot Access Trail

Blaze Colors:

B=Blue, G=Green, O=Orange, P=Purple  
R=Red, W=White, Y=Yellow

Biking allowed on solid trails.  
Biking prohibited on dashed trails.

Other Symbols/Features

Road

Restricted area

Power Line

Lake

