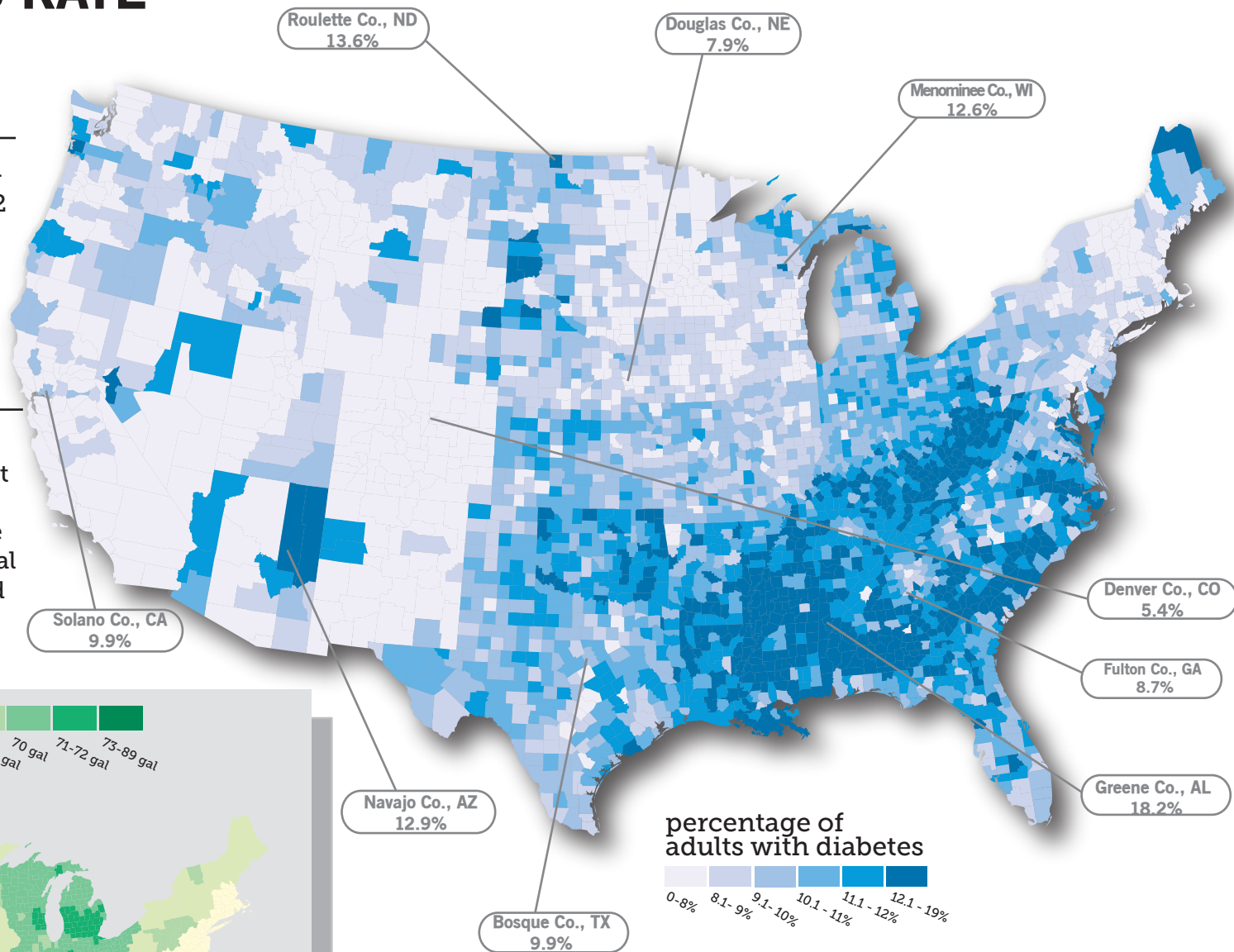


ADULT DIABETES RATE in the Continental U.S.

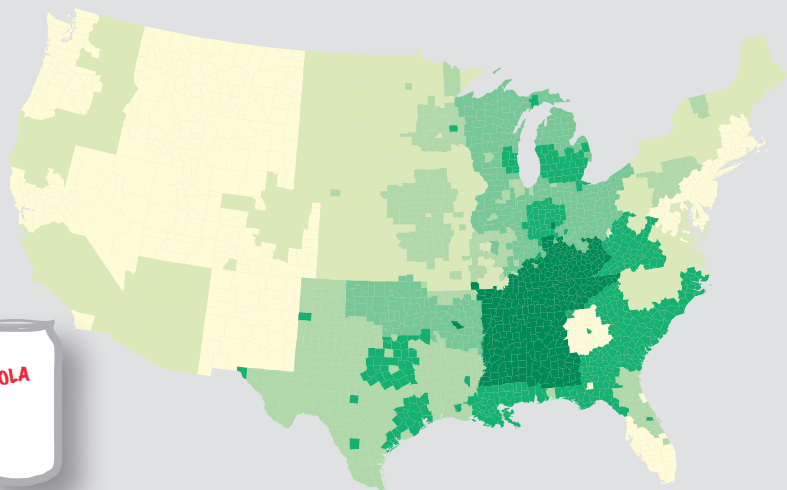
Among other causes, the consumption of soft drinks can lead to Type 2 Diabetes, according to Mayo Clinic (2010). Consuming excessive amounts of sodas or juices with either high sugar content or sweeteners can result in health problems including diabetes.

The trend in adult-onset diabetes parallels that of more gallons of soft drinks consumed per capita in the continental United States, with the trend being higher in southern, rural areas and lower in some urban and western areas.



gallons of soft drinks purchased per capita

| Range (gal) | Color |
|-------------|-----------------|
| 0 - 58 gal | Lightest Yellow |
| 59 - 64 gal | Light Yellow |
| 65 - 69 gal | Yellow-Green |
| 70 gal | Light Green |
| 71 - 72 gal | Medium Green |
| 73 - 89 gal | Dark Green |



According to Mayo Clinic, "demand is so great that manufacturers produce enough soda to supply the average man, woman and child in America with more than 52 gallons each year," which is on the low-end of the range in the inset map.

designed by: Margaret Raimann

projection: USA Contiguous

Albers Equal Area Conic

parameters: central meridian -96° W

latitude of origin 37.5° N

data source: FDA Food Environment Atlas

(2011); www.geocommons.com

information source: Mayo Clinic. "Soda Consumption Linked to Obesity, Type 2 Diabetes, Other Health Concerns." 13 August 2010.