We should always hold each other and ourselves accountable. In this story about baseball coach John Scolinos, we learned the importance of not widening the plate. We learned how changing rules and expectations based on who we are working with can impact us and society detrimentally. According to John Scolinos, dark days lie ahead if we continue to let others overstep our boundaries and expectations. We should not be easily swayed by other opinions and non-determination. A lot of leaders struggle with leadership simply because they allow their team members to take advantage of their sympathy. When in reality we should always uphold the same standards with everyone. I find myself constantly being a part of this unfortunate cycle. One way I can set this personal standard universally is informing my group members ahead of time that this is my lifestyle and I will not be tolerating inequality and inequity under any circumstance and sticking to my ground. I think the hardest part of this process will be sticking to my ground. Naturally, I am a very empathetic person and people tend to take advantage of that. I will have to train myself to know when it is acceptable and appropriate to accept change and when people are taking advantage of me. Hence, the best way to do this is to uphold the same standards I have with myself with everyone else. I can easily implement this change in my life. It will just take a little bit of time adapting.