

Deep Learning

Lecture 2: Learning and Convex Optimization

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Learning outcomes

Supervised/unsupervised learning as optimization

Definitions and properties of smooth and convex functions

Deterministic iterative algorithms for convex problems

Advantages and limitations of each

Convergence analysis

Intro to Reinforcement Learning

Outline

- 1. Supervised Learning
- 2. Optimization and Learning
- 3. Iterative solution approaches
- 4. Unsupervised and Reinforcement Learning
- 5. Supplements

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- 1. Supervised Learning
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Machine Learning

- Supervised learning

learning from labeled training set, $\{(\boldsymbol{x}_i, y_i)\}_{i=1}^N$ \boldsymbol{x}_i is feature vector, y_i label for sample $i \in [N]$ e.g., deep learning for regression/classification task

- Unsupervised learning

learning from unlabeled training set, $\{x_i\}_{i=1}^N$ identify inherent structure of the data

is it low-dimensional (PCA, MF) ? does it lie on manifold (manifold learning)

- Reinforcement learning (a.k.a online learning)

learning by interacting with an unknown environment (modeled by a Markov decision process), e.g., Q-learning

Supervised learning: Recap

A dataset of N training samples $\left\{ \left(\boldsymbol{x}_{i},y_{i}\right)\right\} _{i=1}^{N}$

hidden (unknown) fnc that generates training set

learned func from the training set (a.k.a model)

Prediction on sample i: and loss on each sample

Empirical risk (training error):

Expected risk (true risk):

necessary cond on the **shattering coeff** to ensure empirical risk and expected (true) risk are uniformly close

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Learning and Optimization

Linear ridge regression:

Given set of feature vectors with labels: $(x_1, y_1), ..., (x_N, y_N)$ find the hyperplane $w \in \mathbb{R}^d$ that min the squared loss (board)

$$\frac{1}{N} \sum_{i=1}^{N} (y_i - \boldsymbol{w}^T \boldsymbol{x}_i)^2 + \lambda \|\boldsymbol{w}\|_2^2 \qquad := f(\boldsymbol{w})$$

 $training \ error \ \ + \ \ regularizer \ \ regularized \ loss$

f(): loss function + regularization ($\ell($) in Lec 1)

 \boldsymbol{w} : function/model to be learned (f() in Lec 1)

increasing λ makes training error larger while reducing overfitting

Linear LASSO regression:
$$f(w) = \frac{1}{N} \sum_{i=1}^{N} (y_i - w^T x_i)^2 + \lambda ||w||_1$$

Supervised learning always solves an optimization problem

- Convex problem for linear/logistic regression, SVM

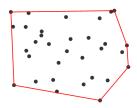
Convexity: Basic definitions

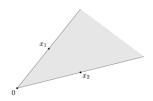
Convex combination of points $\mathcal{X} = \{x_i\}_{i \in [n]}$ is $\sum_{i \in [n]} \theta_i x_i$ where $\{\theta_i\}$ are *convex weights*, $\sum_i \theta_i = 1$

Conic combination of points $\mathcal{X}=\{x_i\}_{i\in[n]}$ is $\sum_{i\in[n]}\theta_ix_i$ where $\{\theta_i\}$ are affine weights, $\theta_i\geq 0$

Convex hull of \mathcal{X} : set of all convex combinations of points in \mathcal{X}

Convex cone of \mathcal{X} : set of all conic combinations of points in \mathcal{X}



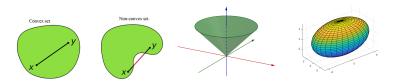


Convex Sets

Convex set \mathcal{X} : $\forall \boldsymbol{x}_1, \boldsymbol{x}_2 \in \mathcal{X}$ and $\theta \in [0,1]$, $\theta \boldsymbol{x}_1 + (1-\theta)\boldsymbol{x}_2 \in \mathcal{X}$. Intution: convex combination of any two points in the set is within the set.

Examples:

- Euclidean ball with radius r at x_c : $\{x \mid \|x x_c\|_2 \le r\}$
- Norm cone: $\{(x, r) \mid ||x|| \le r\}$
- Ellipsoid centered at x_c : $\{(x-x_c)^T P^{-1}(x-x_c) \leq 1\}$, where P is positive definite



Convex Functions

Convex function $f: \mathcal{X} \to \mathbb{R}$: if \mathcal{X} is convex and $\forall x_1, x_2 \in \mathcal{X}$ and $\theta \in [0, 1]$:

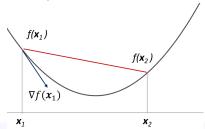
$$f(\theta x_1 + (1 - \theta)x_2) \le \theta f(x_1) + (1 - \theta)f(x_2)$$
(1)

If f differentiable, (1) is equivalent to

$$f(\boldsymbol{x}_2) - f(\boldsymbol{x}_1) \ge \nabla f(\boldsymbol{x}_1)^T (\boldsymbol{x}_2 - \boldsymbol{x}_1), \ \forall (\boldsymbol{x}_1, \boldsymbol{x}_2) \in \mathcal{X}$$
 (2)

Intuition? grad is a global linear lower bound what about non-smooth convex?

If f twice differentiable, (1) $\leftrightarrow \nabla^2 f(x) \succeq \mathbf{0}, \forall x \in \mathcal{X}$: PSD Hessian, non-negative curvature everywhere.



Convex Functions: examples

- $\bullet \ \| \boldsymbol{x} \|_p \text{ for any } p \geq 1$
- ullet $f(m{x}) = \|m{A}m{x} m{b}\|_2^2$ is convex for any $m{A}$ (since $abla^2 f(m{x}) := 2m{A}^Tm{A} \succeq m{0}$)
- $\bullet \| \boldsymbol{A} \boldsymbol{x} \boldsymbol{b} \|_p$ for any $p \geq 1$
- ullet Set of PSD matrices $X\succeq 0$ is a cone (why?). It is convex.
- $\lambda_{\max}(X)$ convex in X, for $X \succeq \mathbf{0}$
- ullet $\operatorname{proj}(oldsymbol{x}, \mathcal{C}) := \inf_{oldsymbol{y} \in \mathcal{C}} \|oldsymbol{y} oldsymbol{x}\|$ for convex \mathcal{C}
- Check Boyd and Vandenberghe (2003) for more examples
 Nonnegative weighted sum, composition with affine function, pointwise maximum and supremum, composition, minimization, and perspective

Convex Problems and Duality

Primal problem: minimize
$$f_0(x)$$
 (3) s.t. $f_i(x) \leq 0, i \in [m]$
$$h_i(x) = 0, i \in [p]$$

 f_0 convex cost fnc, f_i convex inequality constraints, h_i affine equality constraints.

Lagrange dual function: $g: \mathbb{R}^m \times \mathbb{R}^p \to \mathbb{R}$

$$g(\lambda,\nu) = \inf_{x \in \mathcal{X}} L(x,\lambda,\nu) := f_0(x) + \sum_{i \in [m]} \lambda_i f_i(x) + \sum_{i \in [p]} \nu_i h_i(x)$$

Lagrange dual problem:
$$d^{\star} = \text{maximize} \ g(\lambda, \nu)$$

s.t.
$$\lambda_i \geq 0, i \in [m]$$
 , $\mu_i \neq 0, i \in [p]$

Weak duality: $d^* \leq f^*$ (holds for any (3))

Strong duality: $d^* = f^*$ (holds when (3) strongly convex)

Duality

Check Boyd and Vandenberghe (2003) for more details

Constraint qualifications

Slater's constraint qualification

Complementary slackness

Karush-Kuhn-Tucker (KKT) conditions

Strong convexity

Differentiable function f is μ -strongly convex iff $\forall x_1, x_2 \in \mathcal{X}, \mu > 0$

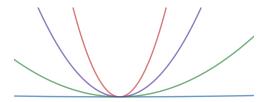
$$\underbrace{f(\boldsymbol{x}_2) - f(\boldsymbol{x}_1) \geq \nabla f(\boldsymbol{x}_1)^T (\boldsymbol{x}_2 - \boldsymbol{x}_1)}_{\text{definition of convex } f} + \frac{\mu}{2} \|\boldsymbol{x}_2 - \boldsymbol{x}_1\|_2^2$$

Intuition:

for convex f: gradient is global linear lowerbound for strongly convex f: quadratic lower bound with strong convexity

Global definitions not local $(\forall x \in \mathcal{X})$

Gradient can be replaced by sub-gradient for non-smooth functions



Strong convexity: Equivalent definitions

$$f(x_2) - f(x_1) \ge \nabla f(x_1)^T (x_2 - x_1) + \frac{\mu}{2} ||x_2 - x_1||_2^2$$
 (4)

- (4) is equivalent to a **minimum positive curvature** $\nabla^2 f(\boldsymbol{x}) \succeq \mu \boldsymbol{I}_d, \forall \boldsymbol{x} \in \mathcal{X}$
- (4) is equivalent to $\left(\nabla f(m{x}_2) \nabla f(m{x}_1)\right)^T(m{x}_2 m{x}_1) \geq \mu \|m{x}_2 m{x}_1\|_2^2$
- (4) implies
 - (a) $f(x) f(x^\star) \leq \frac{1}{2\mu} \|\nabla f(x)\|_2^2, \forall x$ dist bw any points f(x) and $f(x^\star)$ upperbounded by $\|\nabla f(x)\|$
 - (b) $\|x_2 x_1\|_2 \le \frac{1}{\mu} \|\nabla f(x_2) \nabla f(x_1)\|_2, \forall x_1, x_2$ dist bw any two points upperbounded by dist of their grad

 $\text{(c)} \ \left(\nabla f(\boldsymbol{x}_2) - \nabla f(\boldsymbol{x}_1)\right)^T (\boldsymbol{x}_2 - \boldsymbol{x}_1) \leq \frac{1}{\mu} \|\nabla f(\boldsymbol{x}_2) - \nabla f(\boldsymbol{x}_1)\|_2^2, \forall \boldsymbol{x}_1, \boldsymbol{x}_2$

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Smoothness

A function $f: \mathbb{R}^d \to \mathbb{R}$ is L-smooth iff it is diffrentiable and its gradient is L-Lipschitz-continuous (usually w.r.t. norm-2):

$$\forall x_1, x_2 \in \mathbb{R}^d, \|\nabla f(x_2) - \nabla f(x_1)\|_2 \le L\|x_2 - x_1\|_2$$
 (5)

If f twice differentiable and smooth:

- (5) equivalent $\nabla^2 f(x) \leq L I_d$: upperbound on max curvature of f
- L upperbound on largest eigenvalue of $\nabla^2 f(x)$

recall: for strongly convex: μ lowerbound on min eigenval of $\nabla^2 f(x)$

Strongly convex and *L***-smooth:**

$$\mu \mathbf{I}_d \preceq \nabla^2 f(\mathbf{x}) \preceq L \mathbf{I}_d$$

L and μ upperbound and lowerbound on curvature of f

- (5) implies

 - $\begin{aligned} \text{(a)} \ f(\bm{x}_2) & \leq f(\bm{x}_1) + \nabla f(\bm{x}_1)^T (\bm{x}_2 \bm{x}_1) + \frac{L}{2} \|\bm{x}_2 \bm{x}_1\|_2^2, \forall \bm{x}_1, \bm{x}_2 \\ \text{(b)} \ f(\bm{x}_2) & \geq f(\bm{x}_1) + \nabla f(\bm{x}_1)^T (\bm{x}_2 \bm{x}_1) + \frac{1}{2L} \|\bm{x}_2 \bm{x}_1\|_2^2, \forall \bm{x}_1, \bm{x}_2 \end{aligned}$

$$\mathsf{(c)} \; \left(\nabla f(\boldsymbol{x}_2) - \nabla f(\boldsymbol{x}_1) \right)^T (\boldsymbol{x}_2 - \boldsymbol{x}_1) \geq \frac{1}{L} \| \nabla f(\boldsymbol{x}_2) - \nabla f(\boldsymbol{x}_1) \|_2^2, \forall \boldsymbol{x}_1, \boldsymbol{x}_2$$

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Descent methods

Problem: $\min_{\boldsymbol{w} \in \mathbb{IR}^d} f(\boldsymbol{w})$

 $f: \mathbb{R}^d o \mathbb{R} \cup \{\pm \infty\}$ differentiable and convex

Intuition: iteratively move along direction where f decreases. Formally,

$$\boldsymbol{w}_{k+1} = \boldsymbol{w}_k + \alpha_k \boldsymbol{d}(\boldsymbol{w}_k),$$

- $(\alpha_k)_{k\in\mathbb{N}}$ non-negative step sizes
- $d({m w}_k)$, decent direction is such that $f({m w}_{k+1}) < f({m w}_k)$

How to choose $d(w_k)$?

$$f(\boldsymbol{w}_{k+1}) < f(\boldsymbol{w}_k) \text{ implies } -\nabla f(\boldsymbol{w}_k)^T \boldsymbol{d}(\boldsymbol{w}_k) > 0$$

- any direction in half-space of the negative gradient

Gradient/Steepest descent: Set $d(w_k) = -\nabla f(w_k)$ (obvious choice)

Newton's method: Set
$$d(w_k) = -[\nabla^2 f(w_k)]^{-1} \nabla f(w_k)$$

- adjust $oldsymbol{d}(oldsymbol{w}_k)$ to account for curvature: it is descent direction

Compare different iterative methods?

- -Computational Complexity: number of calculations/flops per iteration
- -Iteration Complexity: number of iterations to get within ϵ -ball around optimal

- both done using order analysis: $\mathcal{O}()$

Gradient descent

Gradient descent (GD), aka, batch GD, full GD, steepest descent

$$\boldsymbol{w}_{k+1} = \boldsymbol{w}_k - \alpha_k \nabla f(\boldsymbol{w}_k) \tag{6}$$

for some sequence of non-negative step sizes $(\alpha_k)_{k\in\mathbb{N}}$.

Intuition: Approximate f at each iteration, with the gradient

Theorem 1: Convergence of GD with constant step size

- a) Convex and L-smooth f with $\alpha \leq 1/L$ satisfies
 - $f(\boldsymbol{w}_k) f(\boldsymbol{w}^*) \le \frac{\|\boldsymbol{w}_0 \boldsymbol{w}^*\|_2^2}{2k\alpha} \approx \mathcal{O}(1/k).$
- b) μ -strongly convex and L-smooth f with $\alpha = 2/(\mu + L)$, we have

$$\|\boldsymbol{w}_k - \boldsymbol{w}^\star\|_2 \le \left(1 - \frac{2}{1 + L/\mu}\right)^k \|\boldsymbol{w}_0 - \boldsymbol{w}^\star\|_2 = c^k \|\boldsymbol{w}_0 - \boldsymbol{w}^\star\|_2$$
 , where $c < 1$ dist to opt decays geometrically with k : **linear convergence**

▶ Proofs

GD for smooth and strongly convex functions

Iteration Complexity : Number of iterations to get within ϵ to $oldsymbol{w}^{\star}$

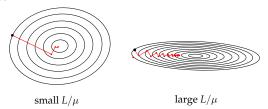
Smooth strongly-convex: $\mathcal{O}(L/\mu\log(1/\epsilon))$ iterations

Computational Complexity= O(N) (evaluate grad of N samples)

Convergence Rate $c=1-\frac{2}{1+L/\mu}$ is linear

 L/μ large: iteration complexity $\mathcal{O}(L/\mu\log(1/\epsilon))$ increases

Preconditioning to change the space geometry, to make sub-levels similar in all coordinates



- small L/μ : $L/\mu=1\Leftrightarrow$ all eigenvals of Hessian equal. Why?
- ideal setting for GD

Newton method

$$\boldsymbol{w}_{k+1} = \boldsymbol{w}_k - \alpha_k [\nabla^2 f(\boldsymbol{w}_k)]^{-1} \nabla f(\boldsymbol{w}_k)$$

Intuition: Approximate f at each iteration, with its Hessian

Theorem 2: Quadratic convergence of Newton's method

Assume f is a twice continuously differentiable and set $\alpha_k = 1$. If $\| \boldsymbol{w}_k - \boldsymbol{w}^\star \|$ is small enough, there is a constant c (0 < c < 1) such that $\| \boldsymbol{w}_{k+1} - \boldsymbol{w}^\star \|_2 < c \| \boldsymbol{w}_k - \boldsymbol{w}^\star \|_2$.

Iteration complexity: $\mathcal{O}(\log\log(1/\epsilon))$ iterations for ϵ -optimality convergence is logarithmically faster than GD

Computationally expensive. $[\nabla^2 f(\boldsymbol{w}_k)]^{-1}$ costs $\mathcal{O}(d^3)$. Never used in large-scale learning.

'Lighter' methods: quasi-Newton or subsampled Hessian

Accelerated First-order Methods

Heavy-ball method: (B. Polyak 64)

$$\mathbf{w}_{k+1} = \mathbf{w}_k - \alpha_k \nabla f(\mathbf{w}_k) + \underbrace{\eta_k(\mathbf{w}_k - \mathbf{w}_{k-1})}_{(7)}$$

Intuition: Add momentum term to GD to reduce zigzag

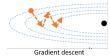
Theorem 3: Convergence of heavy-ball (strongly convex problem)

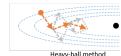
Suppose f is μ -strongly convex and L-smooth. Then,

$$\|\boldsymbol{w}_{k+1} - \boldsymbol{w}^{\star}\|_{2} + \|\boldsymbol{w}_{k} - \boldsymbol{w}^{\star}\|_{2} \leq \underbrace{\left(\frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1}\right)^{k}}_{\text{const } < 1} (\|\boldsymbol{w}_{1} - \boldsymbol{w}^{\star}\|_{2} + \|\boldsymbol{w}_{0} - \boldsymbol{w}^{\star}\|_{2})$$

$$\kappa := L/\mu$$
, $\alpha_k := 4/(\sqrt{L} + \sqrt{\mu})^2$, and $\eta_k = \max\left(|1 - \sqrt{\alpha_k L}|, |1 - \sqrt{\alpha_k \mu}|\right)^2$

- **Iteration complexity:** $\mathcal{O}(\sqrt{\kappa}\log(1/\epsilon))$ (much better than GD)
- Computational Complexity= O(N) (evaluate grad of N samples)
- cons: need min and max eigenvalues of Hessian: L, μ





ricavy ball meene

Accelerated First-order Methods

Nesterov Acceleration: (Y. Nesterov 83)

$$\mathbf{y}_{k} = \mathbf{w}_{k} + \eta_{k}(\mathbf{w}_{k} - \mathbf{w}_{k-1})$$

$$\mathbf{w}_{k+1} = \mathbf{y}_{k} - \alpha_{k} \nabla f(\mathbf{y}_{k})$$
(8)

Intuition: mix between gradient and extrapolation steps

Theorem 4: Convergence of Nesterov accel (strongly convex problem) Suppose f is μ -strongly convex and L-smooth. Set $\eta_k=k/(k+3)$ and $\alpha_k=\alpha=1/L$. Then,

$$|f(\boldsymbol{w}_k) - f(\boldsymbol{w}^*)| \le 2L \|\boldsymbol{w}_k - \boldsymbol{w}^*\|_2^2 \frac{1}{(k+1)^2} \approx \mathcal{O}(1/k^2)$$

- **convergence rate** is quadratic (like Newton): $\mathcal{O}(1/k^2)$
- computational complexity (like GD): $\approx \mathcal{O}(N)$
- not a descent method (iterations not necessarily monotonic) yet converges faster than GD
- no min or max eigenvalues of Hessian needed

Choice of Method

Assume 'best-case' scenario: strong convexity.

Method	Convergence rate	Computational Complexity
GD	$\mathcal{O}(1/k)$	$\mathcal{O}(N)$
Newton	$\mathcal{O}(1/k^2)$	$\mathcal{O}(d^3)$ too high
Nesterov	$\mathcal{O}(1/k^2)$	$\mathcal{O}(N)$

Number of training samples, N, in **modern datasets**:

- Large-scale learning ? MovieLens 100M ($N=10^8$), Alexnet ($N=1.2\times 10^6$), etc.
- even smallest computational complexity, $\mathcal{O}(N)$, is too large $\mathcal{O}(N)$ is due to **computing gradient over all samples**
- motivation stochastic gradient descent, workhorse for large-scale learning

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Unsupervised Learning

Learn from **unlabeled data**: training samples $\mathcal{D} = \left\{ oldsymbol{x}_i
ight\}_{i=1}^N$

Goal: learn inherent feature/structure of the data.

- clustering, matrix factorization, dictionary learning, etc

Low-rank Matrix Factorization (MF) for recommendation systems

- Data matrix \boldsymbol{X} of size $M \times N$
- $[\boldsymbol{X}]_{u,i}$ is rating (score) that user u gave to item i
- In recommendation sys model rating as: $[X]_{u,i} = p_i^T q_u$, p_i vector of item characteristics , q_u vector of user preferences
- factorize X with low-rank matrices: $P \in \mathbb{R}^{M \times d}$, $Q \in \mathbb{R}^{N \times d}$, $d \ll (M,N)$ such that $X = PO^T$
- rows of Q (resp P) are user prefs (resp item characteristics)
- Unsupervised learning also solves optimization prob (sol. in Lec 4)

$$\underset{\boldsymbol{P},\boldsymbol{Q}}{\operatorname{arg\,min}} \|\boldsymbol{X} - \boldsymbol{P} \boldsymbol{Q}^T\|_F^2$$

In general MF represents training set X into low-dim subspaces,

- compression of large data matrix, and prediction

Sequential Decision Making

Markov process (\mathcal{S},p) , \mathcal{S} is state space, p transition probability Markov decision process $(\mathcal{S},\mathcal{A},p,r)$, \mathcal{A} is action space reward, r, depends on state and action, $r:\mathcal{S}\times\mathcal{A}\mapsto\mathbb{R}$ maximize reward fnc: closed-form (high complexity), iteratively (low complexity)

Policy: $\pi: \mathcal{S} \mapsto \mathcal{A}$

Optimal value function:

Let $\gamma \in [0,1]$. Definite the **state-value function (discounted reward)** starting from state s following policy π is $v_\pi(s) = \mathbb{E}\left[\sum_{i=1}^T \gamma^{i-1} r_i \mid s_0 = s\right]$. For any given policy and state, we can compute $v_\pi(s)$ in closed-form. The optimal value function is $v^\star = \max_\pi v_\pi(s)$. Computing v^\star needs inverse of

large matrix (scales with $\mathcal{S}|$): impossible in modern application (Go)

More efficient way using Bellman's optimality eqt
$$v^{\star}(s) = \max \sum_{s',a} p\left(s',r \mid s,a\right) \left[r + \gamma v^{\star}(s')\right]$$

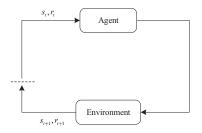
equivalent to optimal value func. fixed point eqt (both sides depend of s)

Solve iteratively until converge (fixed point exist)

So far no learning, just sequential decision making

Reinforcement Learning (RL)

In SDM: p, r, are known. Only need the policy that maximizes value function



- In reinforcement learning (RL). r and p unknown
- Agent interacts with the environment: In state, s_t , agent takes action (a_t) , gets a reward, r_t (fnc of s_t and a_t) agent observes next state, s_{t+1}
- **Objective:** find the optimal policy (with unknown r and p)

Agent interacts with dataset. Compare with SL where learning done with a fixed dataset.

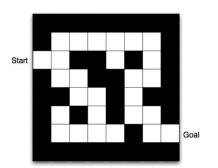
RL more adaptive/efficient: online learning

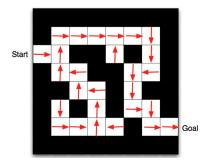
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Reinforcement Learning (example)

Actions: taking one step (top/bottom/left/right) at a time Objective: reach destination with a minimum number of steps

Assume reward known: -1 per step





Reinforcement Learning

Sample mean and stochastic approximation estimate sample mean of random process, $\{r_n\}$, using stochastic approx

$$q_{n+1} = \frac{r_1 + r_2 + \dots + r_{n+1}}{n+1} = q_n + \frac{1}{n+1} [r_{n+1} - q_n]$$

 $NewEstimate \leftarrow OldEstimate + StepSize [Target - OldEstimate]$

Reinforcement Learning

 $NewEstimate \leftarrow OldEstimate + StepSize [Target - OldEstimate]$

TD: temporal-difference

$$v(s_t) \leftarrow v(s_t) + \alpha_{n(s)} \left[r_{t+1} + \gamma v(s_{t+1}) - v(s_t) \right]$$

SARSA: state-action-reward-state-action

From state s, take action a, observe immediate reward r and next state s'. Then choose action a' using policy derived from Q, update

$$q(s, a) \leftarrow q(s, a) + \alpha_{n(s, a)} \left[r + \gamma q(s', a') - q(s, a) \right]$$

Q-learning

$$q(s, a) \leftarrow q(s, a) + \alpha_{n(s, a)} \left[r + \gamma \max_{j} q(s', j) - q(s, a) \right]$$

Some references

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Proof sketch for convex and L-smooth f

By convexity of
$$f$$
, $f(x_i) \leq f(x^*) + \langle \nabla f(x_i), x_i - x^* \rangle$ (*)

Use smoothness property $f(\boldsymbol{x}_{i+1}) \leq f(\boldsymbol{x}_i) + \nabla f(\boldsymbol{x}_i)^T (\boldsymbol{x}_{i+1} - \boldsymbol{x}_i) + \frac{L}{2} \|\boldsymbol{x}_{i+1} - \boldsymbol{x}_i\|_2^2$ and $\alpha \leq 1/L$ to conclude $f(\boldsymbol{x}_{i+1}) \leq f(\boldsymbol{x}_i) - \frac{\alpha}{2} \|\nabla f(\boldsymbol{x}_i)\|_2^2$ (**)

Substitute (*) into (**) and note that from (6): $\nabla f(x_i) = \frac{x_i - x_{i+1}}{\alpha}$

Observe
$$f(x_{i+1}) \leq f^{\star} + \frac{1}{2\alpha} \left(\|x_i - x^{\star}\|_2^2 - \|x_{i+1} - x^{\star}\|_2^2 \right)$$

Summing over iterations: $\frac{1}{k} \sum_{i \in [k]} (f(\boldsymbol{x}_i) \leq f^\star) \leq \frac{1}{2\alpha k} \|\boldsymbol{x}_0 - \boldsymbol{x}^\star\|_2^2$

Conclude from the non-increasing property of GD iterates:

$$f(x_k) - f^* \le \frac{1}{k} \sum_{i \in [k]} f(x_i) - f^* \le \frac{1}{2\alpha k} ||x_0 - x^*||_2^2.$$

▶ Return

Proof sketch for strongly-convex and L-smooth f

From smoothness and vanishing gradient of the optimal point, conclude $f(x_i) - f(x^\star) \leq \frac{L}{2} \|x_k - x^\star\|_2^2$ (*)

Use the coercivity of the gradient

$$(\nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{y}))^T(\boldsymbol{x} - \boldsymbol{y}) \geq \frac{\mu L}{\mu + L} \|\boldsymbol{x} - \boldsymbol{y}\|_2^2 + \frac{1}{\mu + L} \|\nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{y})\|_2^2$$

Use
$$\alpha < 2/(L+\mu)$$
 to obtain $\|\boldsymbol{x}_i - \boldsymbol{x}^\star\|^2 \leq \left(1 - 2t\alpha \frac{\mu L}{\mu + L}\right) \|\boldsymbol{x}_i - \boldsymbol{x}^\star\|_2^2$

Iterate over i and use (*) to obtain

$$f(\boldsymbol{x}_k) - f(\boldsymbol{x}^{\star}) \leq \frac{L}{2} \prod_{i \in [k]} \left(1 - 2t\alpha \frac{\mu L}{\mu + L} \right) \|\boldsymbol{x}_0 - \boldsymbol{x}^{\star}\|_2^2$$

Use $e^{-x} \geq 1-x$ to conclude $f(x_k) - f(x^\star) \leq \frac{L}{2} e^{-ck} \|x_0 - x^\star\|_2^2$ for $c = \frac{2\alpha\mu L}{\mu + L}$

▶ Return

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