

[Your full address]

[And postcode]

[Date]

Dear [MP's Name],

My name is [your name] and I am writing to you today as a UK citizen in your constituency. I am writing to you about[*insert topic here, it could be GRA reform, trans healthcare, tackling misinformation etc.]

This matter is important to me because [*insert your concerns but also its very impactful to include your own experiences*]

[A few examples can be press transphobia, trans healthcare, tackling misinformation, legal recognition for non-binary people etc.]

I am sure that [*insert an angle that would interest your MP. This could include safety and dignity, personal freedom, opportunities for people to contribute to society] is important to you. [*insert information about how the issue prevents you from achieving this]

Please could you [*insert the action you would like them to take, for example 'write to the Secretary of State for Health to ask what steps can be taken to improve healthcare for trans people'].

If I can provide you with any more information on this matter, or if you would like to arrange to discuss it with me, please do let me know.

I look forward to hearing from you soon.

Yours faithfully,

[Your name]