



## Textbook of Kinesiology (Paperback)

By VD Bindal

Jaypee Brothers Medical Publishers, India, 2018. Paperback. Condition: New. Language: English. Brand new Book. Kinesiology is the study of human and nonhuman animal-body movements, performance, and function by applying the sciences of biomechanics, anatomy, physiology, psychology, and neuroscience. This book is a guide to human kinesiology for physiotherapists. Divided into three sections, the text begins with an introduction to the field, anatomical and physiological fundamentals of human motion, and biomechanics. The following section covers joint and muscle movement in different regions of the body, from shoulder, elbow, hand and wrist, to pelvis, hip, knee, ankle and foot, and spine. The final chapters discuss posture and movement and the application of kinesiology to daily life activities, sports skills and prevention of sports injuries. The comprehensive text is further enhanced by clinical photographs, illustrations and tables. Key points: Comprehensive guide to human kinesiology for physiotherapists; Provides clear understanding of anatomy, physiology and biomechanics; Covers joint and muscle movement in all regions of the body; Discusses application of kinesiology to daily life activities, sports and prevention of injuries.



**READ ONLINE**  
[ 4.41 MB ]

### Reviews

*Unquestionably, this is the best operate by any article writer. It is really basic but surprises from the 50 % of the ebook. I realized this ebook from my i and dad suggested this ebook to discover.*

-- Kacie Schroeder

*This pdf could be well worth a read through, and a lot better than other. It is amongst the most incredible publication i have got read through. I discovered this book from my dad and i recommended this publication to discover.*

-- Sadye Hill

## Other Books



### Dinosaurs and Prehistoric Life (Paperback)

DK Publishing (Dorling Kindersley), United Kingdom, 2003. Paperback. Condition: New. American. Language: English. Brand new Book. The most comprehensive pocket guide to these early creatures and the world they inhabited millions of years ago. Published in association with the esteemed Smithsonian Institution,...



### University of the practice of basic computer tutorial JIANG Jia-fu(Chinese Edition)

paperback. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2006-04-01 Pages: 196 Publisher: the BUPT title: the University computer basic hands-on tutorials Original: 19 Author: JIANG Jia-fu Press:...



### Inspirational Journal: Keep yourself motivated and inspired for men and women to write in, this is a blank line journal with perfect paper size - multi purpose notebook, diary and logbook (Paperback)

Independently Published, United States, 2019. Paperback. Condition: New. Language: English. Brand new Book. Excellent journal to keep track of all that is going on. This is a multi purpose journal and can be used in many ways. This can also act as...



### The Singer and The Songwriter - Handbook and Workbook: An Idea Book for Songwriters who Like to Sing and for Singers who Like to Write Songs (Paperback)

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Sarah Janisse Brown, Anistasia Fitas (illustrator). Workbook. Language: English. Brand new Book. The Singer and The Songwriter - Handbook and Workbook: An Idea Book for Songwriters who Like to Sing and for...



### Textbook of Apiculture: Beekeeping

Himalaya Publishing House, 2019. Hardcover. Condition: New. 1st Edition. Contents: Introduction. 1. History of Beekeeping. 2. Fundamental of Apiculture. 3. Modern Technology of Apiculture. 4. Commercial Beekeeping in India. 5. Diseases and Enemies of Bees. 6. Culture of Stingless Bees (Apidae: Meliponini)....



### The Basics of Sociology: Developing and Applying the Sociological Imagination (Paperback)

Cognella, Inc, United States, 2018. Paperback. Condition: New. Language: English. Brand new Book. The Basics of Sociology: Developing and Applying the Sociological Imagination is a collection of articles, case studies, and data exercises designed to teach students about the sociological perspective, how...