



The Mocktail Manual: Smoothies, Energisers, Presses, Teas, and Other Non-Alcoholic Drinks (Hardback)

By Fern Green

Hardie Grant Books (UK), United Kingdom, 2016. Hardback. Condition: New. Language: English. Brand new Book. Whether you re looking for mocktail recipes, trying a juice detox, or after a warming winter drink, "The Mocktail Manual" has a recipe for you. This stylishly illustrated book shares over eighty recipes for nonalcoholic drinks that will quench your thirst in the most satisfying of ways. From healthy juices and smoothies to indulgent milk shakes and fizzes, "The Mocktail Manual" will take your drinks repertoire to new heights. Start your morning with an energizing green goddess juice or a satisfying cacao, matcha, and banana smoothie. If you ve suffered one hangover too many over the festive period, swap your tippie for a delicious hibiscus mimosa. Or if you want a warm hug in a mug, look no further than the marshmallow milk. With a quirky design and fun recipes, The Mocktail Manual will revolutionize the way you fix your drinks."



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Reviews

This book is great. It is written in simple words and not difficult to understand. I discovered this pdf from my dad and i suggested this ebook to find out.
-- Prof. Webster Barrows

This ebook is fantastic. We have read and i also am confident that i am going to going to read through again yet again in the future. I am easily can get a pleasure of reading a published ebook.
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