**Our favorite dishes:**

### **🥗 Mediterranean Quinoa Bowl**

A refreshing mix of quinoa, cucumbers, cherry tomatoes, olives, and feta, topped with a lemon-tahini dressing. Perfect for a light but filling vegetarian lunch.

### **🌮 Spicy Cauliflower Tacos**

Roasted cauliflower with smoky chipotle seasoning served in warm tortillas, finished with avocado crema and crunchy slaw. A plant-based twist on a street-food classic.

### **🍝 Creamy Garlic Parmesan Zoodles**

Zucchini noodles tossed in a creamy garlic parmesan sauce, with the option to add grilled chicken or shrimp. Keto-friendly but rich in flavor.

### **🥪 Pesto Caprese Sandwich**

Layers of fresh mozzarella, tomatoes, basil, and house-made pesto on a toasted baguette. A simple Italian favorite that works for any meal.

### **🍪 Dark Chocolate Oat Bites**

Wholesome energy bites made with oats, almond butter, dark chocolate, and honey. A quick and healthy snack for busy days.