



### Sampling and estimation

Basics of Health Intelligent Data Analysis

PhD Programme in Health Data Science

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- 1. Sample vs population
- 2. Random sampling
- 3. Estimating quantities from a population
- 4. Confidence intervals









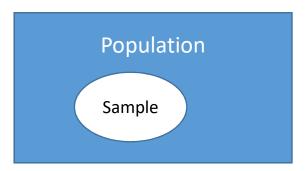
# Sampling

### **Population:**

Group of individuals that we care about

#### Sample:

We believe is representative of the population, we will use it to infer conclusions for it





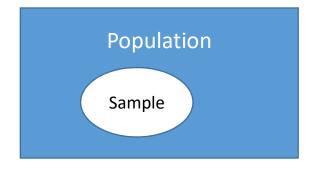
# Sampling

### **Population:**

Group of individual that we care about

#### Sample:

We believe is representative of the population, we will use it to infer conclusions for it



The quality of the sample (not skewed or representative) is as important as its size.

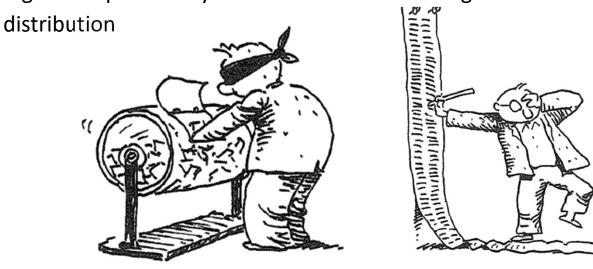
But how do you get a representative sample of population?



# Random Sampling

#### Simple random samples:

All individuals have equal and independent probabilities of being selected, e.g. the probability of an individual being chosen follows a uniform





## Random Sampling

#### Stratified:

The population is divided into strata by a variable of interest, and within these strata, individuals are randomly chosen

### By groups:

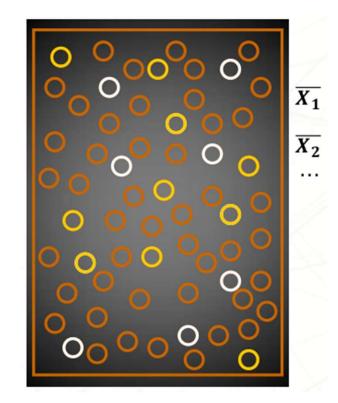
There are 2 or more stages in the sampling process:

- 1) The groups are chosen randomly
- 2) Within these groups all individuals are chosen or only a few are randomly selected



## Estimating the average of a population

- We cannot know the population average **m**
- But we can **estimate** this average with a sample average x
- We take repeated samples of the same size n
  and calculate the sample mean of each of
  theses samples





# Distribution of sample means

If we look into the distribution of all possible sample averages it can be shown (using **Central Limit Theorem**) that:

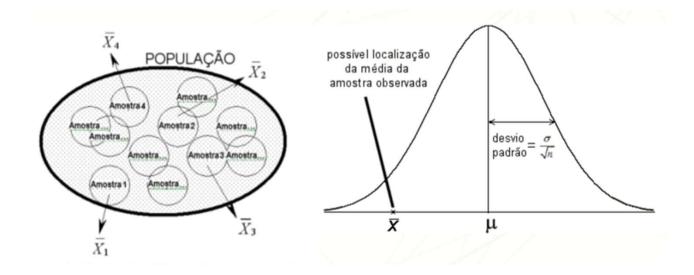
- this distribution of the sample means follows a Normal distribution regardless of the distribution of the original data;
- the average of the mean estimates is equal to the population mean (m);
- the standard deviation of the mean estimates is equal to the population standard deviation (s) of the original data divided by the square root of the sample size (n);
- the standard deviation of this distribution is usually called standard error of the mean.



### Mean standard error

- Since we cannot calculate the population mean we estimate this average with an estimate (sample mean) that has a certain error: the **standard error** 
  - A large standard error indicates an inaccurate estimate.
  - A small standard error indicates an accurate estimate.
  - The standard error decreases if:
    - sample size increases;
    - population data have a smaller standard deviation.



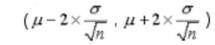


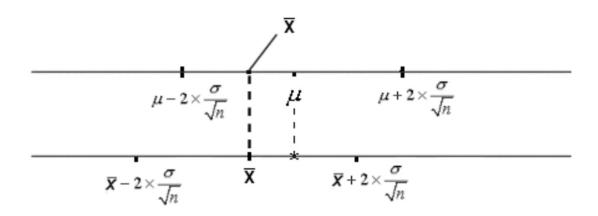
95% of sample means are between

$$\mu - 2 \times \frac{\sigma}{\sqrt{n}}$$
  $\mu + 2 \times \frac{\sigma}{\sqrt{n}}$ 

It can then be stated that with 95% confidence, the observed sample mean is in this range.







$$(\overline{X}-2\times\frac{\sigma}{\sqrt{n}}, \overline{X}+2\times\frac{\sigma}{\sqrt{n}})$$



# Mean standard of a proportion

We cannot know a proportion of population p, but we can estimate this
proportion with a sample proportion p (estimate).

 If we make the distribution of all possible sample proportions it can be shown that this distribution of sample proportions follows a **Normal distribution** with mean p

• The **standard error** of an estimate of a proportion is the standard deviation of the sample proportions, e.g.  $\frac{p(1-p)}{p}$ 



## Confidence intervals for proportion

Imagine a population of 5600 cases and 4400 controls (p = 56%), from which we took a sample of 100 individuals.

```
> pop <- factor(rep(0:1, c(4400,5600)), levels=0:1, labels=c("No","Yes"))
> sam <- sample(pop,100)
> summary(sam)
No Yes
39 61
```

The 95% confidence interval for proportion is



## Confidence intervals for proportion

Imagine we could take 1000 samples like the previous one, of which we keep only the sample proportion:

```
> boot <- sapply(1:1000, function(i){prop.table(summary(sample(pop,100)))[2]})
> describe(boot)
boot
      n missing unique
                                             . 05
                                                     . 10
                                                              . 25
                                                                      . 50
                                                                              .75
                                                                                               .95
                               1 0.5608
                                                             0.53
                                                                     0.56
                                                                             0.59
                                                                                              0.64
   1000
                                            0.48
                                                    0.50
                                                                                     0.62
lowest: 0.36 0.38 0.44 0.45 0.46, highest: 0.67 0.68 0.69 0.71 0.72
>
```

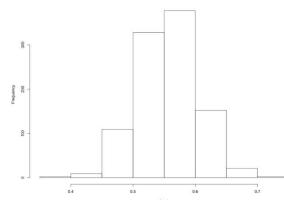
This set of sample estimates follows a distribution of ...

```
> quantile(boot, c(.025,.975))
2.5% 97.5%
0.47 0.65
```

i.e., the population average +- 9%.

Applied to the sample estimate we had before:

```
> .61 + (quantile(boot, c(.025,.975)) - .56)
2.5% 97.5%
0.52 0.70
```





Imagine a population with 10,000 measurements following a uniform distribution from which we took a sample of 100 cases.

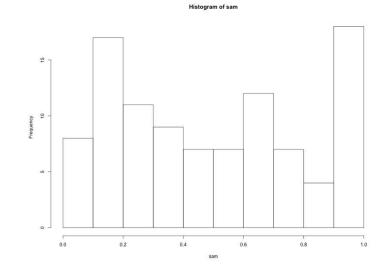
The distribution of the sample is apparently irregular but not skewed

The 95% confidence interval for the mean is given by

```
> t.test(sam)

One Sample t-test

data: sam
t = 15.899, df = 99, p-value < 2.2e-16
alternative hypothesis: true mean is not equal to 0
95 percent confidence interval:
    0.4314234    0.5544608
sample estimates:
mean of x
    0.4929421</pre>
```



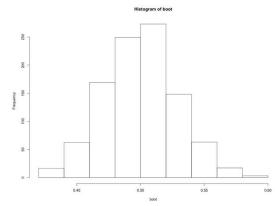


Imagine we could take 1000 samples like the previous one, of which we keep only the sample average:

This set of sample estimates follows a distribution of ..

i.e. the population average +- 6%; applied to the sample estimate we had before:

```
> mean(sam) + (quantile(boot, c(.025,.975)) - mean(boot))
     2.5%     97.5%
0.4405170 0.5483935
```

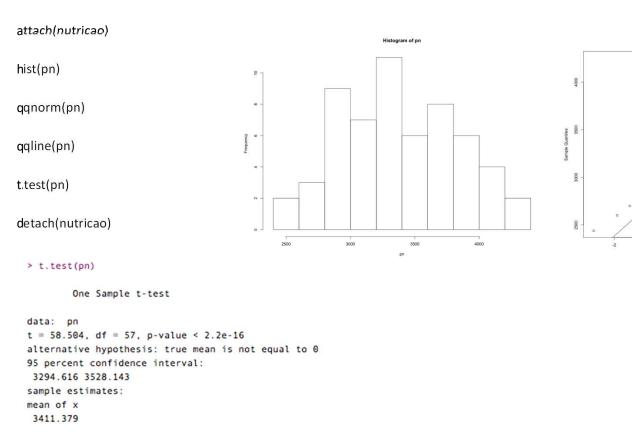




Normal Q-Q Plot

## Confidence intervals for mean

nutricao <- as.data.frame(read.spss("nutricao.sav", use.missings=T))</pre>





So, we can infer

«With 95% confidence, the average weight of newborns in the population (m) is between 3294g and 3529g»

```
95 percent confidence interval:
3294.616 3528.143
sample estimates:
mean of x
3411.379
```

**Notice** how it is different from **describing**:

«95% of newborns in our sample weigh between 2642g and 4229g » (sample distribution)

```
> quantile(pn, c(.025,.975))
    2.5% 97.5%
2642.50 4228.75
```



## Confidence intervals

If instead of 95% confidence we want 99% confidence?

just change the value that multiplies the standard error.

Is the range 99% wider or narrower than 95%?

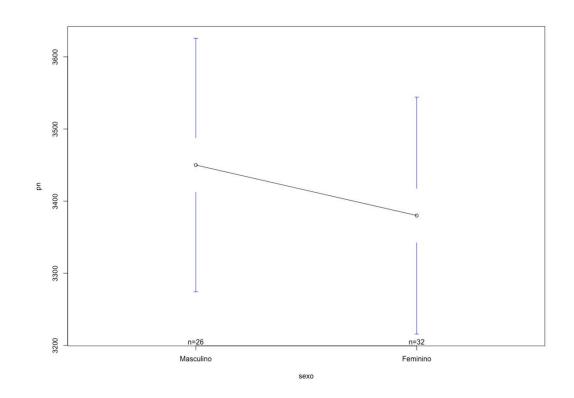
«With 95% confidence, the average weight of newborns in the population (m) is between 3294g and 3529g »
«With 99% confidence, the average weight of newborns in the population (m) is between 3255g e 3567g»



# Confidence intervals (graphics)

library(gplots)

plotmeans(pn ~ sexo)





# Confidence intervals (graphics)

#### **Error bar**

The true average (population) weight of newborn boys may be equal to that of girls

#### **Confidence intervals overlap**

There is no evidence that in the population the weight of newborn boys and girls is on

average different.

