





DECIDE

Introduction to Health Interventions, Policy and Services

Real-world data studies

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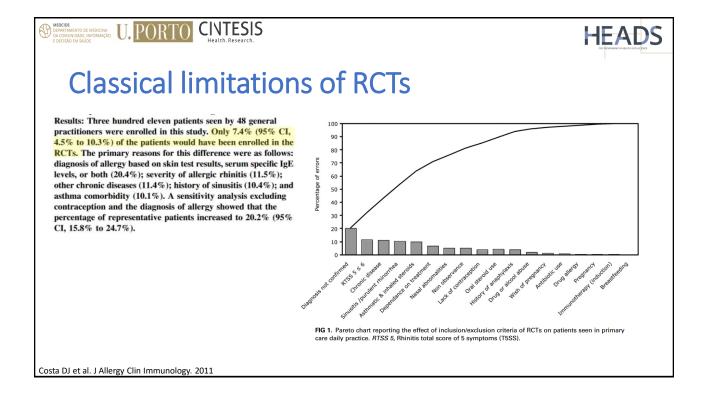


Summary

- · Real-world data: Definitions
- Pragmatic trials
- Direct patient data
- New data sources: Infodemiology studies









Real-world data

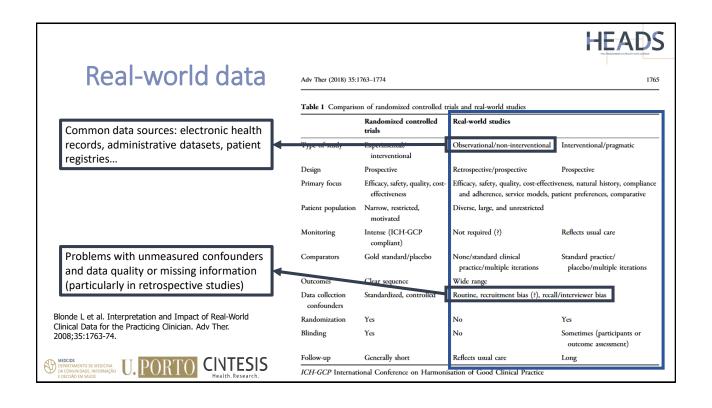
Real-world data studies

- No consensual definition. Typically understood as studies assessing the effectiveness of interventions in "real clinical practice";
- Aim to overcome some of the limitations of classical clinical trials: Diverse populations, wider set of assessed clinical settings, wider range of assessed outcomes...
- Can be observational/non-interventional or interventional/pragmatic





HEADS Real-world data Adv Ther (2018) 35:1763-1774 Table 1 Comparison of randomized controlled trials and real-world studies Randomized controlled Real-world studies Type of study Experimental/ Observational/non-interventional Interventional/pragmatic interventional Design Prospective Retrospective/prospective Primary focus Efficacy, safety, quality, cost-Efficacy, safety, quality, cost-effectiveness, natural history, compliance effectiveness and adherence, service models, patient preferences, comparative Patient population Narrow, restricted, Diverse, large, and unrestricted motivated Intense (ICH-GCP Monitoring Not required (?) Reflects usual care compliant) Gold standard/placebo None/standard clinical Standard practice/ Comparators practice/multiple iterations placebo/multiple iterations Wide range Clear sequence Outcomes Data collection Standardized, controlled Routine, recruitment bias (?), recall/interviewer bias confounders Blonde L et al. Interpretation and Impact of Real-World Randomization Ycs No Clinical Data for the Practicing Clinician. Adv Ther. Blinding No Sometimes (participants or Yes 2008;35:1763-74. outcome assessment) Follow-up Generally short Reflects usual care isation of Good Clinical Practice ICH-GCP International Conference on Harmon



Pragmatic trials







Explanatory versus pragmatic trials

Assessing the nature of the trial based on a set of dichotomous questions:

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Proposed cr	teria to distinguish effectiveness from efficacy trials	
Item 1	Populations in primary care	
Item 2	Less stringent eligibility criteria	
Item 3	Health outcomes	
Item 4	Long study duration; clinically relevant treatment modalities	
Item 5	Assessment of adverse events	
Item 6	Adequate sample size to assess a minimally important difference from a patient perspective	
Item 7	ITT analysis	

Abbreviation: ITT, Intention-to-treat.

Gartlehneret G al. J Clin Epidemiol. 2006







Assessing the nature of the trial based on a set of dichotomous questions:

Table 1 Proposed criteria to distinguish effectiveness from efficacy trials

Populations in primary care
Less stringent eligibility criteria
Health outcomes
Long study duration; clinically relevant treatment modalities
Assessment of adverse events
Adequate sample size to assess a minimally important difference from a patient perspective
ITT analysis

Abbreviation: ITT, Intention-to-treat.

"For effectiveness trials, settings should reflect the initial care facilities available to a diverse population with the condition of interest."

"Efficacy studies are frequently conducted in large tertiary care, referral setting." → more specialized clinicians, better equipment, selection biases...

Gartlehneret G al. J Clin Epidemiol. 2006







Explanatory versus pragmatic trials

Assessing the nature of the trial based on a set of dichotomous questions:

Proposed criteria to distinguish effectiveness from efficacy trials		
Item 1	Populations in primary care	
Item 2 Item 3	Less stringent eligibility criteria Health outcomes	
Item 4	Long study duration; clinically relevant treatment modalities	
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Item 6	Adequate sample size to assess a minimally important difference from a patient perspective	

ITT analysis Abbreviation: ITT, Intention-to-treat. "For effectiveness trials, eligibility criteria must allow the source population to reflect the heterogeneity of external populations: the full spectrum of the human population, their comorbidities, variable compliance rates, and use of other medications [...]. Comorbidities and other medications cannot be general exclusion criteria unless they contraindicate the use of the agent in ordinary practice."

Gartlehneret G al. J Clin Epidemiol. 2006

Table 1





Assessing the nature of the trial based on a set of dichotomous questions:

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Abbreviation: ITT, Intention-to-treat.

"Health outcomes [((e.g., functional capacity, quality of life, mortality)], relevant to the condition of interest, should be the principal outcome measures in effectiveness studies" instead of surrogate markers.

Gartlehneret G al. J Clin Epidemiol. 2006







Explanatory versus pragmatic trials

Assessing the nature of the trial based on a set of dichotomous questions:

Table 1 Proposed cri	teria to distinguish effectiveness from efficacy trials	
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Abbreviation: ITT, Intention-to-treat.

"In effectiveness trials, study durations should mimic a minimum length of treatment in a clinical setting to allow the assessment of health outcomes."

"In effectiveness trials, [...] investigators should define compliance as an outcome measure" (and not enforce it).

Gartlehneret G al. J Clin Epidemiol. 2006







Assessing the nature of the trial based on a set of dichotomous questions:

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difference from a patient perspective

Abbreviation: ITT, Intention-to-treat.

ITT analysis

"Effectiveness studies use objective scales with predefined symptoms [(e.g., World Health Organization scale of adverse reactions)] to determine adverse events rates." (and not enforce it).

Gartlehneret G al. J Clin Epidemiol. 2006







Explanatory versus pragmatic trials

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"The sample size of an effectiveness trial should be sufficient to detect at least a minimally important difference on a healthrelated quality of life scale. For conditions where rare but significant outcomes such as mortality or hospitalizations are of main interest, sample sizes must be greater and based on adequate power calculations."

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Assessing the nature of the trial based on a set of dichotomous questions:

Item 1	Populations in primary care	
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Gartlehneret G al. J Clin Epidemiol. 2006







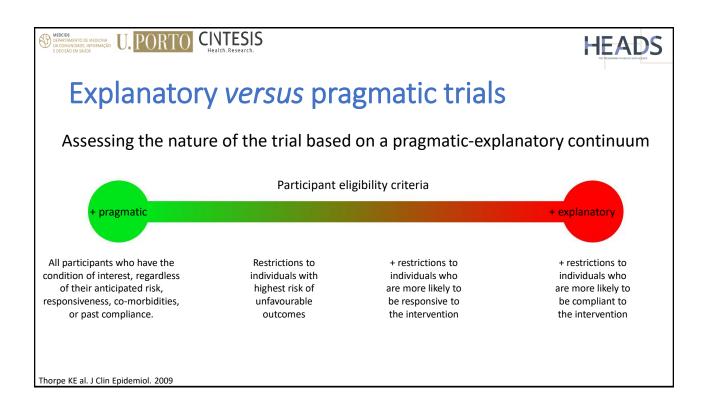
Explanatory versus pragmatic trials

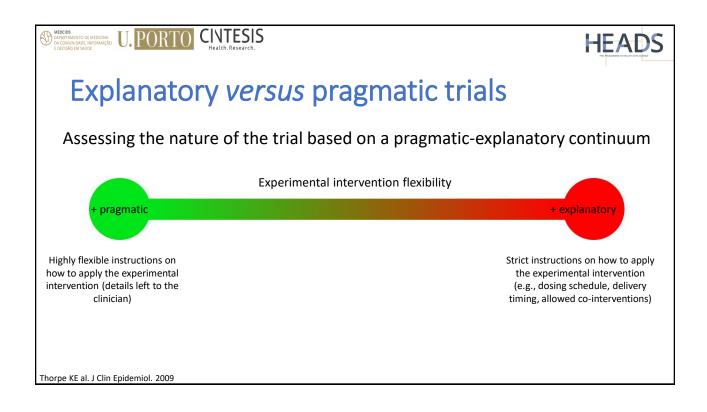
Assessing the nature of the trial based on a set of dichotomous questions:

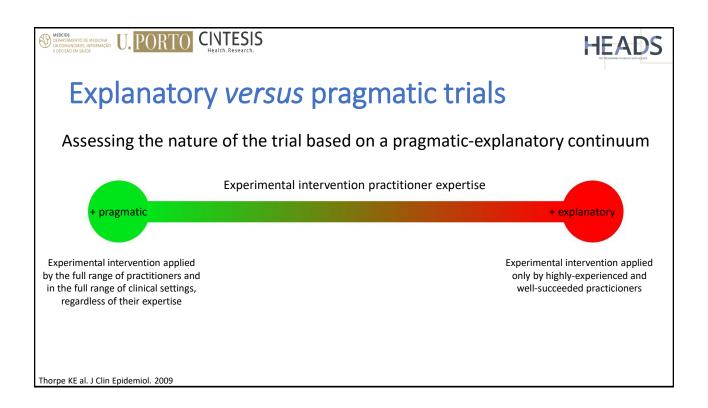
Diagnostic parameters	Estimate	95% Confidence interva	
Cutoff: seven (all) criteria	fulfilled		
Sensitivity (%)	0.28	0.10-0.53	
Specificity (%)	0.83	0.36-1.00	
+ Likelihood ratio	1.7	0.4-10.1	
 Likelihood ratio 	0.9	0.6-1.7	
Cutoff: six criteria fulfille	d		
Sensitivity (%)	0.72	0.46-0.90	
Specificity (%)	0.83	0.36-1.00	
+ Likelihood ratio	4.3	1.2-24.4	
 Likelihood ratio 	0.3	0.1-0.8	
Cutoff: five criteria fulfille	:d		
Sensitivity (%)	0.89	0.65-0.99	
Specificity (%)	0.67	0.22-0.96	
+ Likelihood ratio	2.7	1.2-9.3	
 Likelihood ratio 	0.2	0.0-0.6	

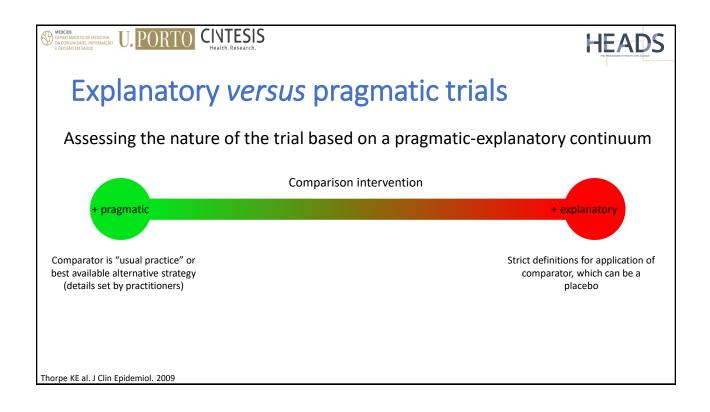
Compared with Evidence-based Practice Centers experts appraisal

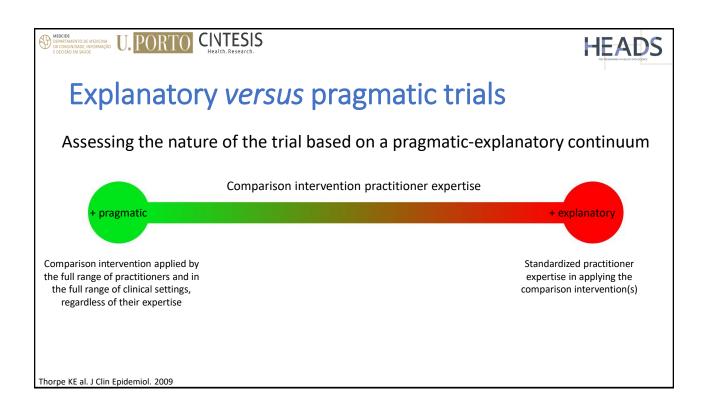
Gartlehneret G al. J Clin Epidemiol. 2006

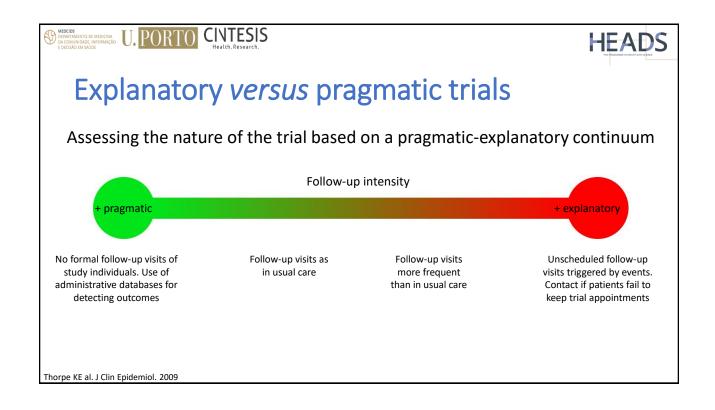


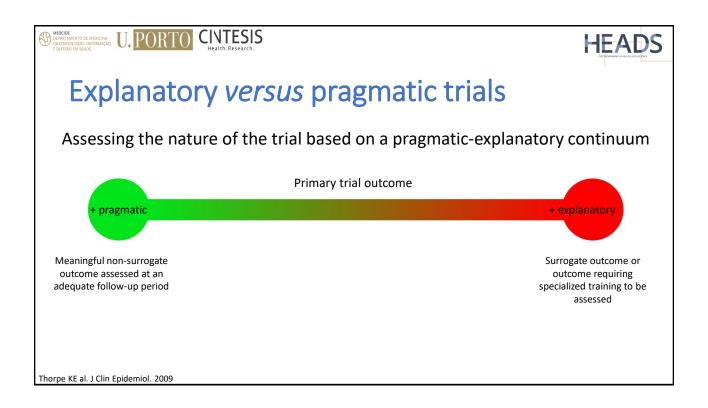


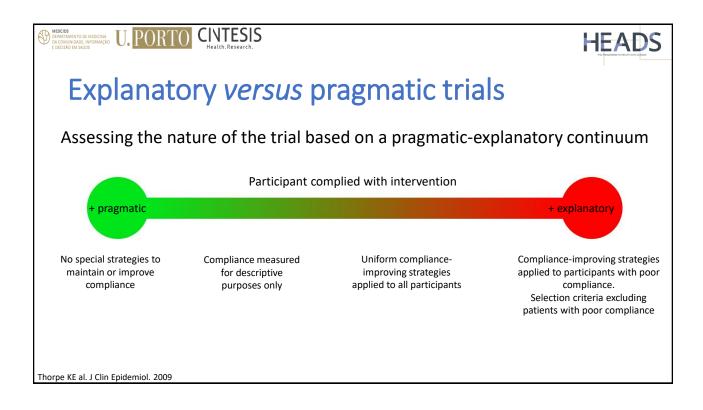


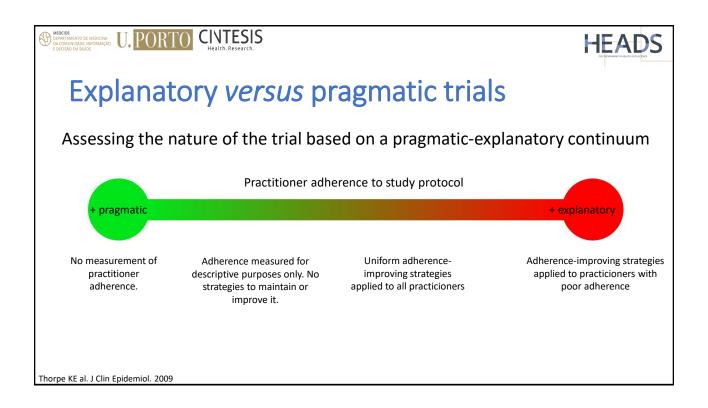


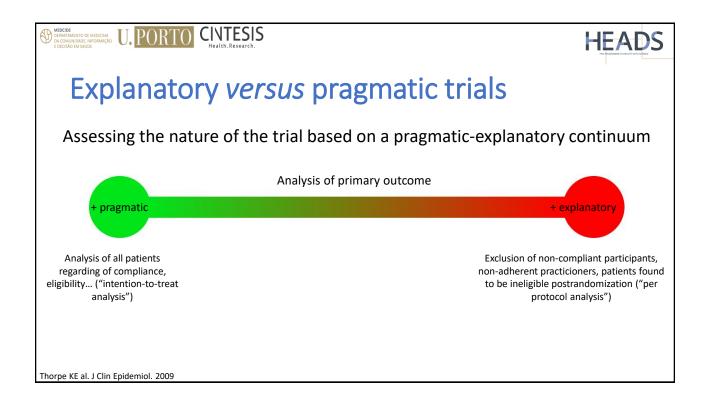
















Assessing the nature of the trial based on a pragmatic-explanatory continuum

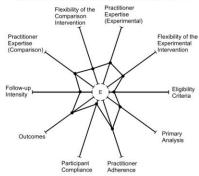
Eligibility Criteria

Primary Analysis



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Participant Compliance Practitioner Adherence PRECIS summary of a randomized trial of low-dose aspirin for the prevention of pre-eclampsia in women at high risk [12]



Thorpe KE al. J Clin Epidemiol. 2009

Direct patient data

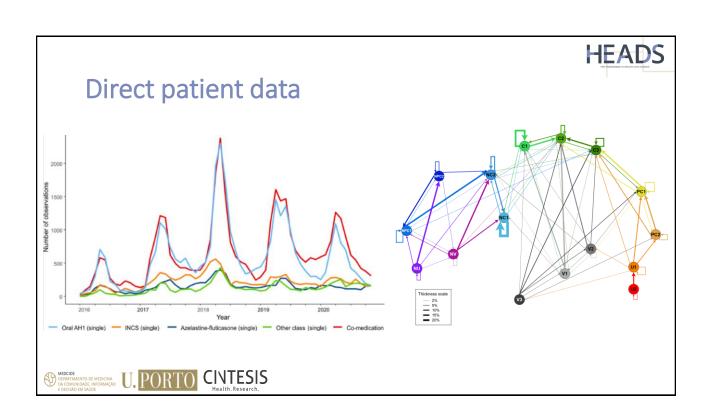


Direct patient data

- Correspond to data directly provided by patients about their health;
- Allow for an assessment of patients "in their natural state";
- Often allow for the obtention of large data volumes or of frequent data by patient;
- Retrieval made easier by digital health tools (e.g., mHealth tools)









Direct patient data in the context of infodemiology studies

Infodemiology studies

- Assessment of the distribution and determinants of the information in the electronic medium (namely the Internet) to inform health decision and policy.
- Infodemiology studies "supply" studies vs "demand-side" studies





Eysenbach G. J Med Internet Res. 2009



Infodemiology studies

Main subjects:

- Relative search volumes (e.g., Google Trends)
- Prevalence, incidence and quality of available online information
- Quantity and quality of health apps
- Social media/microblogging posts: Quantity, content and sentiment
- News coverage (e.g., MediaCloud): Quantity, content and sentiment







