| **Variable** | **Male** | **Female** | **p-value** | **test** |
| --- | --- | --- | --- | --- |
| n | 37 | 79 |  |  |
| Age (years) (mean (SD)) | 46.76 (13.72) | 43.61 (13.78) | 0.253 |  |
| Body Mass Index (BMI, kg/m²) (mean (SD)) | 29.09 (4.50) | 32.60 (7.75) | 0.012 |  |
| Waist Circumference (cm) (mean (SD)) | 97.30 (11.39) | 98.19 (17.11) | 0.774 |  |
| Table 1: Summary of Variables by Sex | | | | |