

Proof of work

a) In Vub it's indeed a true reflection of the podcast video since many students in classes tend to get disengaged during lessons, guiding sessions, and as well as during workshops as I have observed in many instances they keep checking their mobiles as well as get distracted by engaging in online shopping sites during learning sessions as well as just choose to focus on other distractible activities like doing other tasks that are not part of what is being taught at the moment like other class assignments. They display various kinds of disengagement behaviors as well as affecting their colleagues to get second-hand distractions from what their disengaged colleagues are doing as well as being affected by social anxiety and social and they give up on some courses and they want to drop themselves.

The way that study counselors and students interact is crucial to understanding student engagement, in my opinion. This can be measured using standardized observation techniques, and it can be altered by giving study counselors information about developmental processes that are pertinent to classroom interactions as well as individualized feedback and support regarding their interactive behaviors and cues.

It is recommended that study counselors work to increase their capacity to practice a more autonomy-supportive motivating style toward their students, given the five types of engagement: cognitive (attention and memory processes), motivational (extrinsic and intrinsic motivation, achievement goals), behavioral (effort and persistence), cognitive-behavioral (strategy use and self-regulation), and social-behavioral (social on-task behavior). The words and actions a study counselor uses to help pupils feel autonomous and experience the satisfaction of their psychological needs are collectively referred to as autonomy support. When study counselors identify, energize, and help students develop their own motivational resources during instruction, they are exhibiting an autonomy-supportive motivating approach. The reason it matters is that it forecasts students' positive drive, involvement, and consistent functioning.

b) Yes it's important to take this into account in our guidance sessions to create awareness and help motivate students to stay focused during learning and guidance sessions. It's important to consider the aspect of engagement including behavioural engagement, emotional engagement, cognitive engagement, and agentic engagement that students tend to portray in order to come up with concrete strategies to improve student engagement.

Study counsellors can see whether or not a student is paying attention, putting forth effort, enjoying class, solving problems through critical thinking, and contributing constructively into the flow of instruction.

A dependable strategy for raising student engagement must be provided to instructors, who should then take it upon themselves to monitor and purposefully raise students' levels of involvement in the classroom or learning environment by encouraging greater autonomy and support. As vital as it is to monitor and improve students' motivation and engagement, study counselors have challenges in reliably carrying out these duties. As motivation is a personal, individualized, and unseen student experience, it can be challenging to monitor students' motivation and involvement in big, dynamic

classrooms. In other words, educators are unable to fully observe the psychological needs, self-efficacy, interest, goal orientation, and other fundamental aspects of their students.

Set a good example for your students by being a motivated learner who works hard and uses constructive coping mechanisms. See the lack of motivation among students as an opportunity to grow. Recall that educators possess distinct requirements that can result in positive involvement, adaptability, and the advancement of pedagogical proficiency.

Encouraging students to find their interests and goals, giving them clear instructions, and providing difficult and enjoyable learning activities as part of fostering intrinsic motivation in students. Setting high standards, encouraging mastery-focused educational objectives, and cultivating caring connections are all necessary to meet their demands for relatedness, competence, and autonomy. Acknowledging errors and setbacks as chances for development is crucial.

Promoting academic work engagement is the main objective, with an emphasis on the emotional, cognitive, and student-oriented components. Finding needs can be aided by diagnostic instruments such as student disaffection. Misunderstandings and failures should be seen by students as teaching moments. Assignments for academic credit ought to be real, difficult, applicable, interactive, and integrated.

The Miro flowchart diagram shows a linear process:

```
graph LR; A[Self monitoring] --> B[Self regulation]; B --> C[Self evaluation]; C --> D{Attribution}; D --> E[Self extension]; E --> F[Adaptive]
```

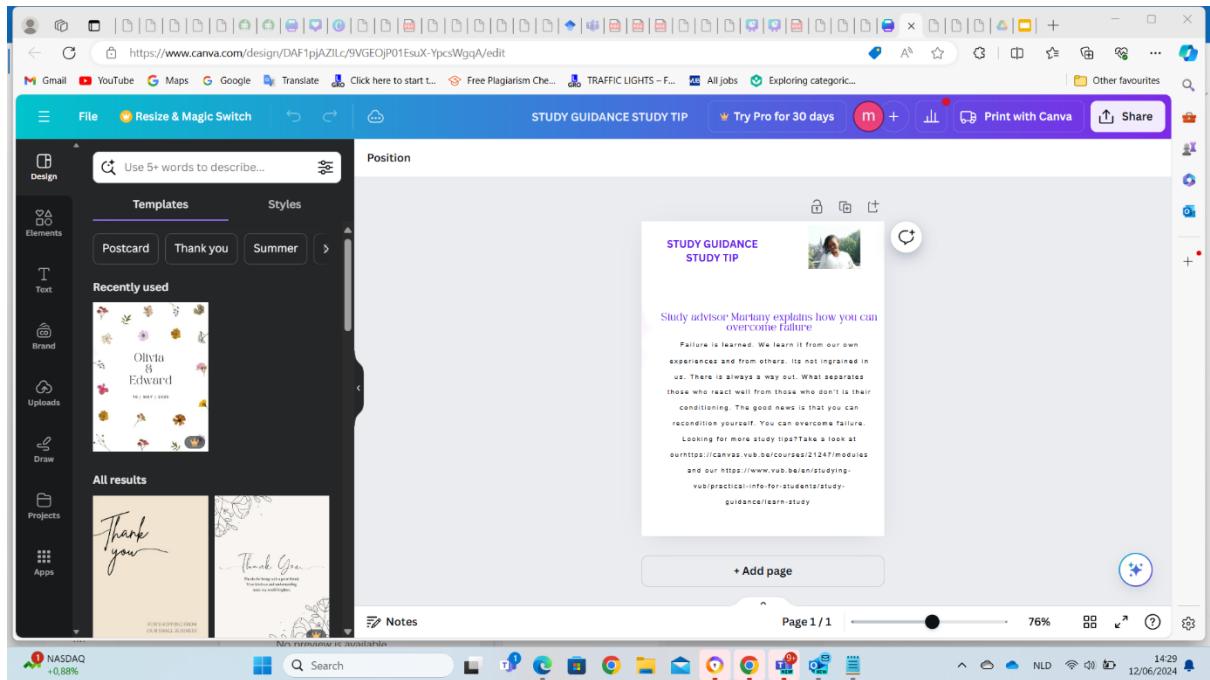
The Canva postcard template has the following details:

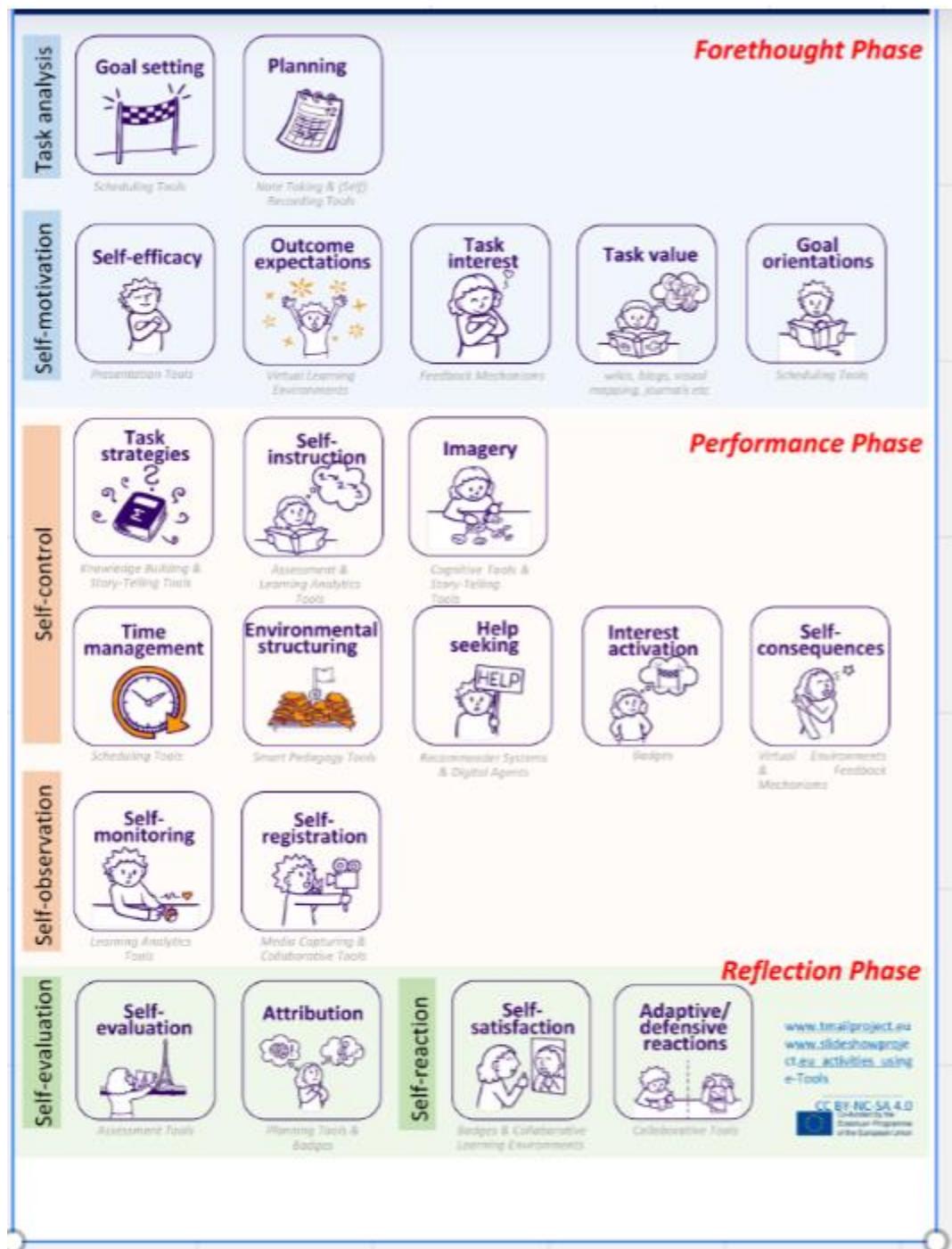
STUDY GUIDANCE STUDY TIP

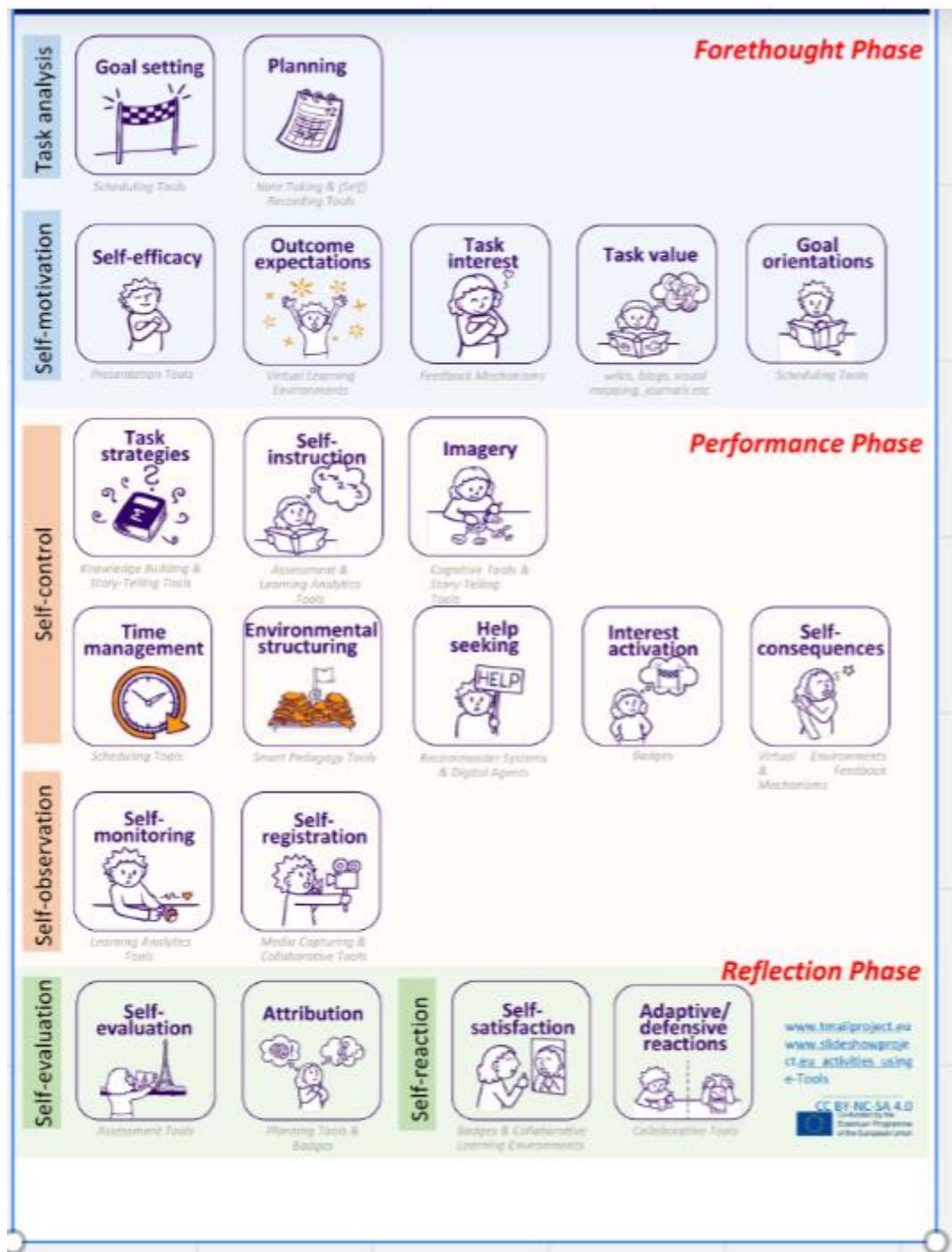
Study advisor Martijn explains how you can overcome failure

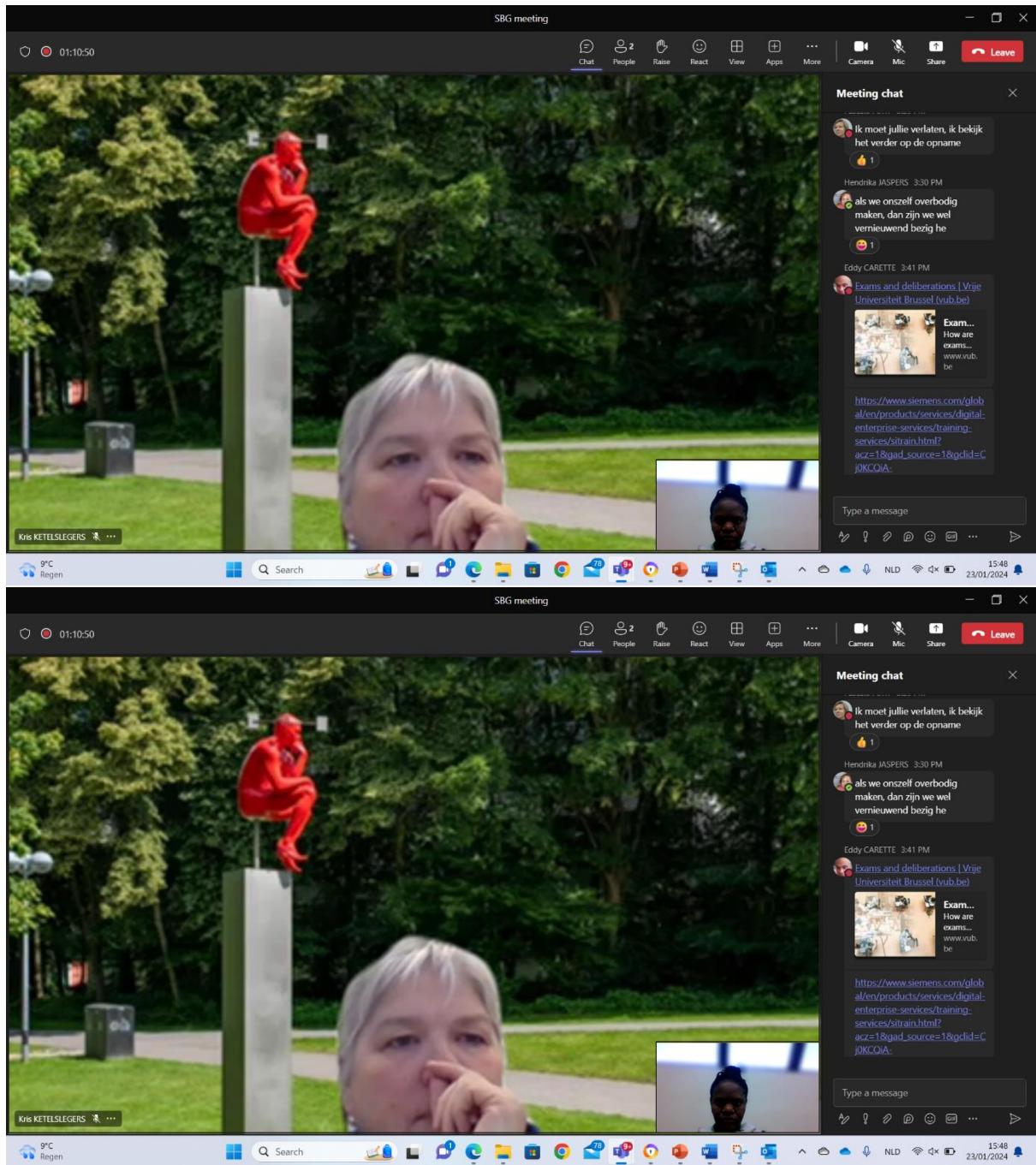
Failure is learned. We learn it from our own experiences and from others. It's not ingrained in us. There is always a way out. What separates those who react well from those who don't is their conditioning. The good news is that you can recondition yourself. You can overcome failure.

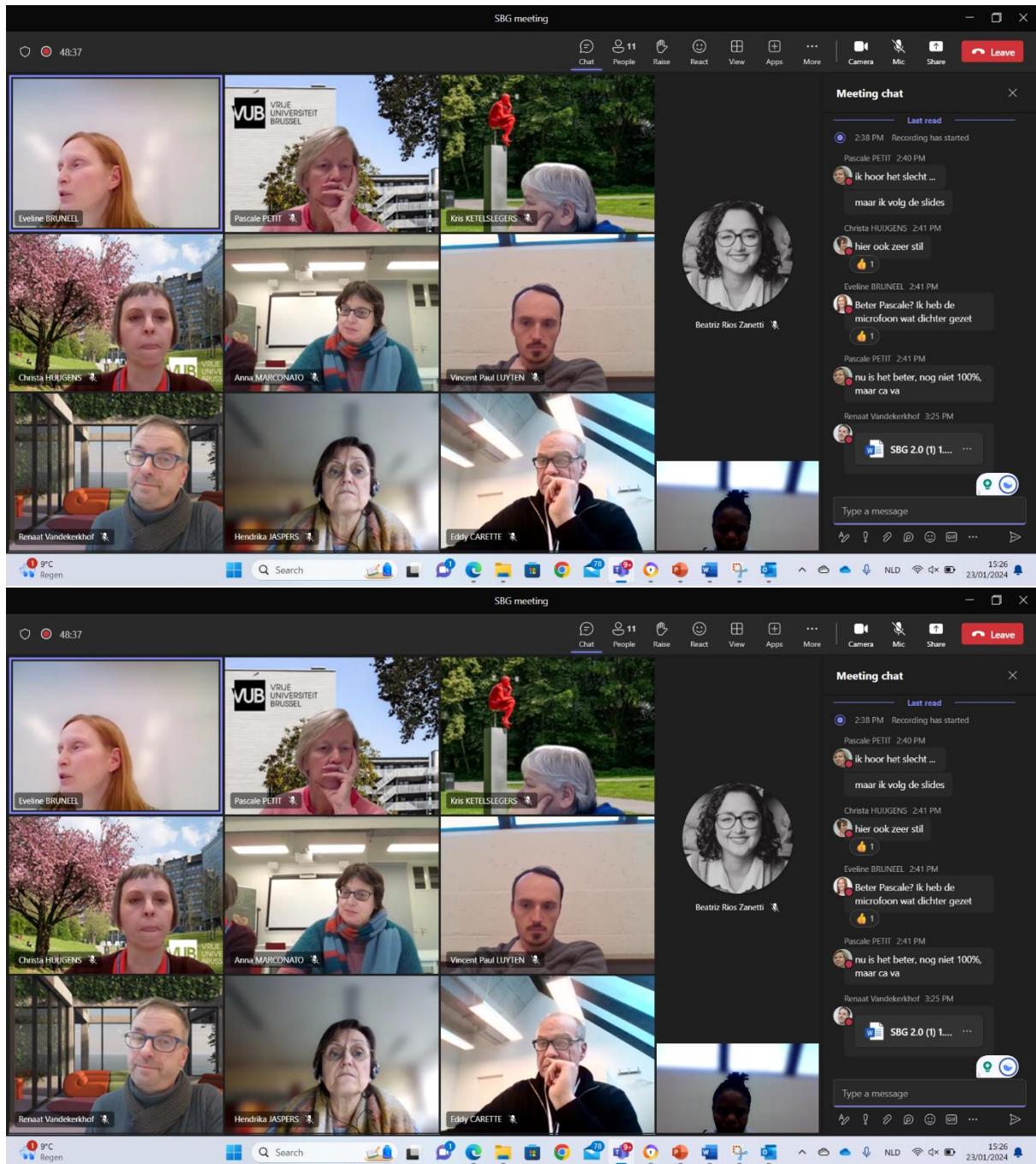
Looking for more study tips? Take a look at [our https://canva.vub.be/courses/21247/modules](https://canva.vub.be/courses/21247/modules) and our <https://www.vub.be/en/studying-vub/practical-information-for-student/study-guidance/learn/study>

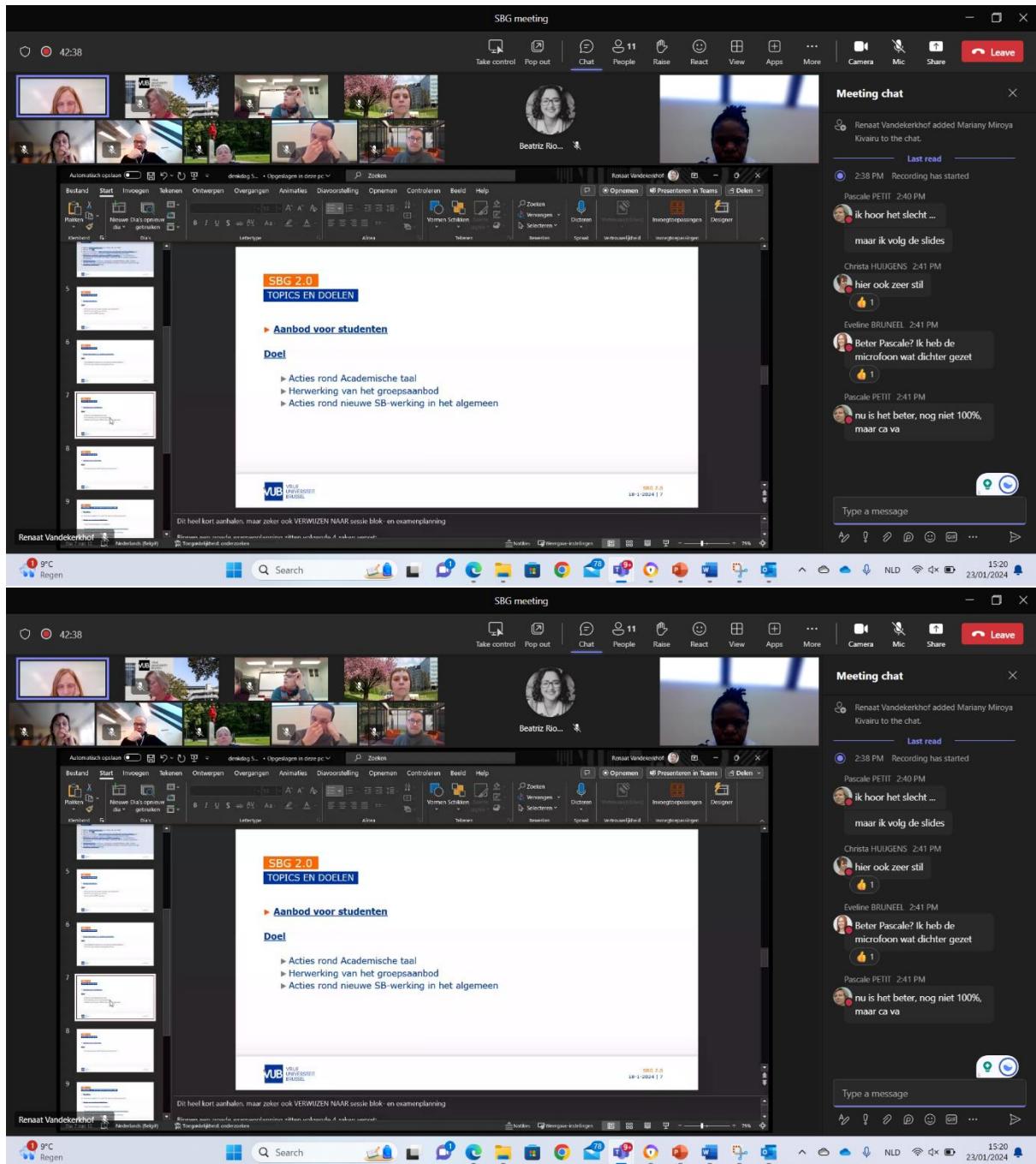


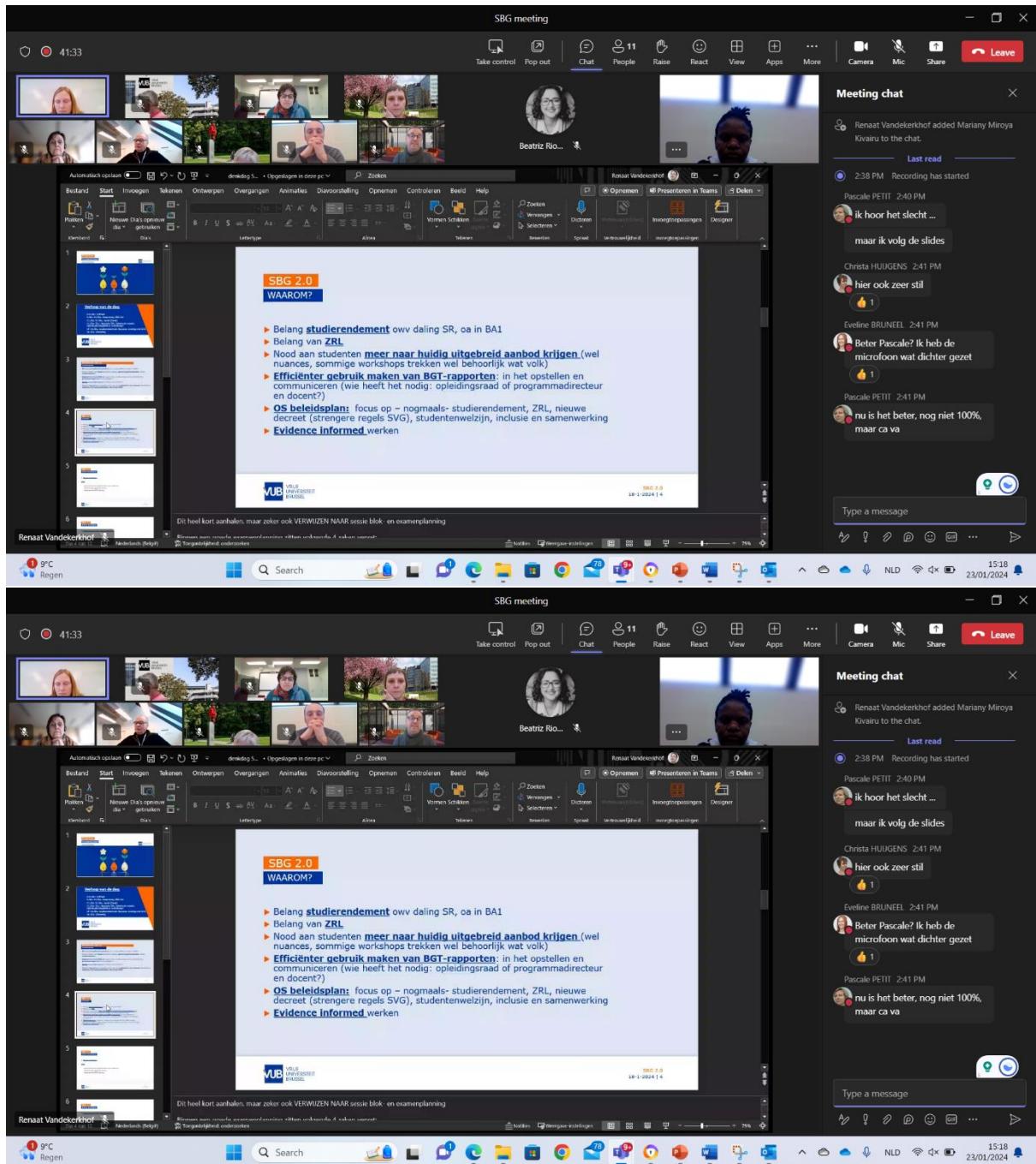


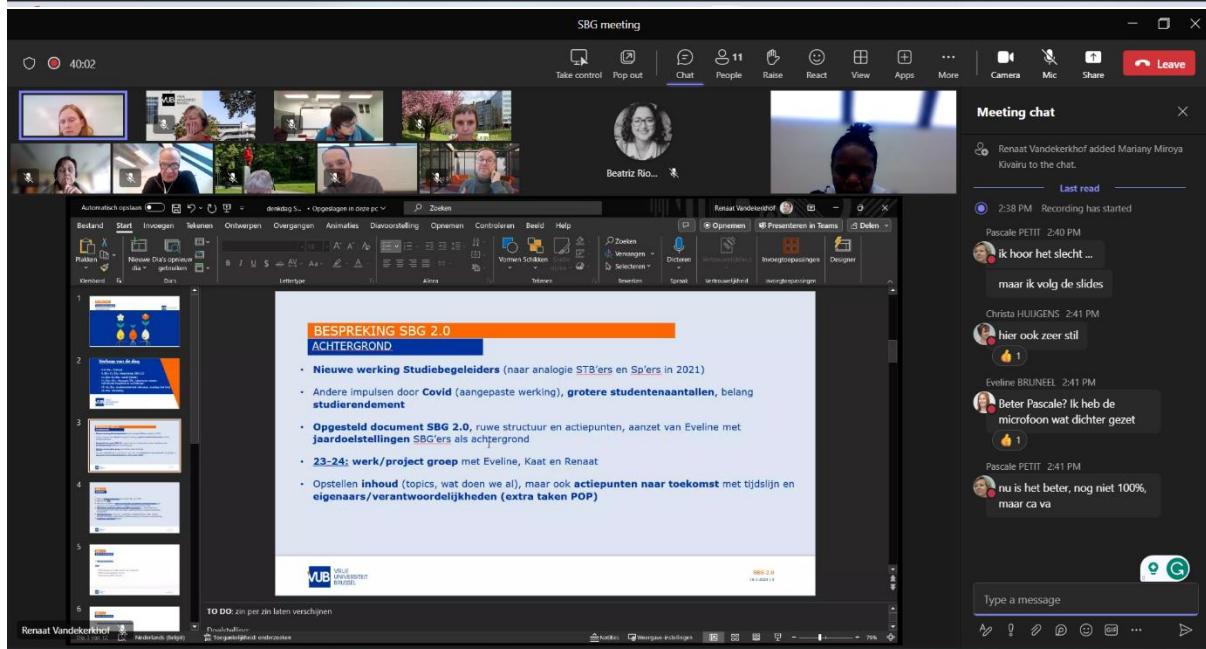
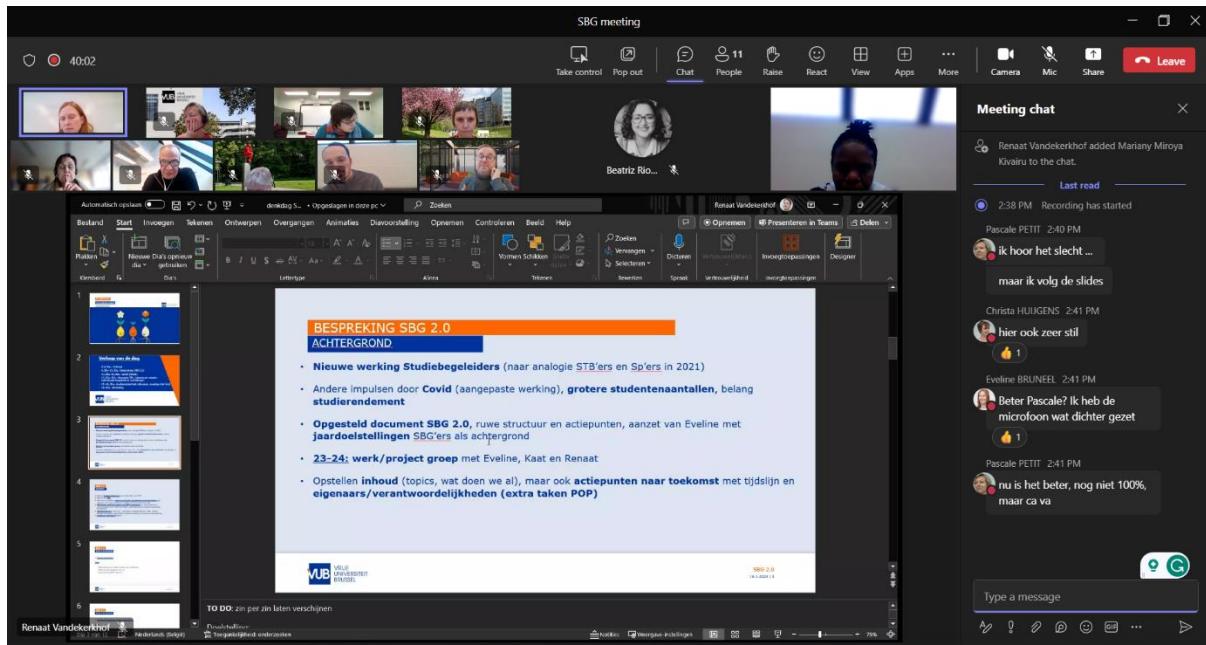


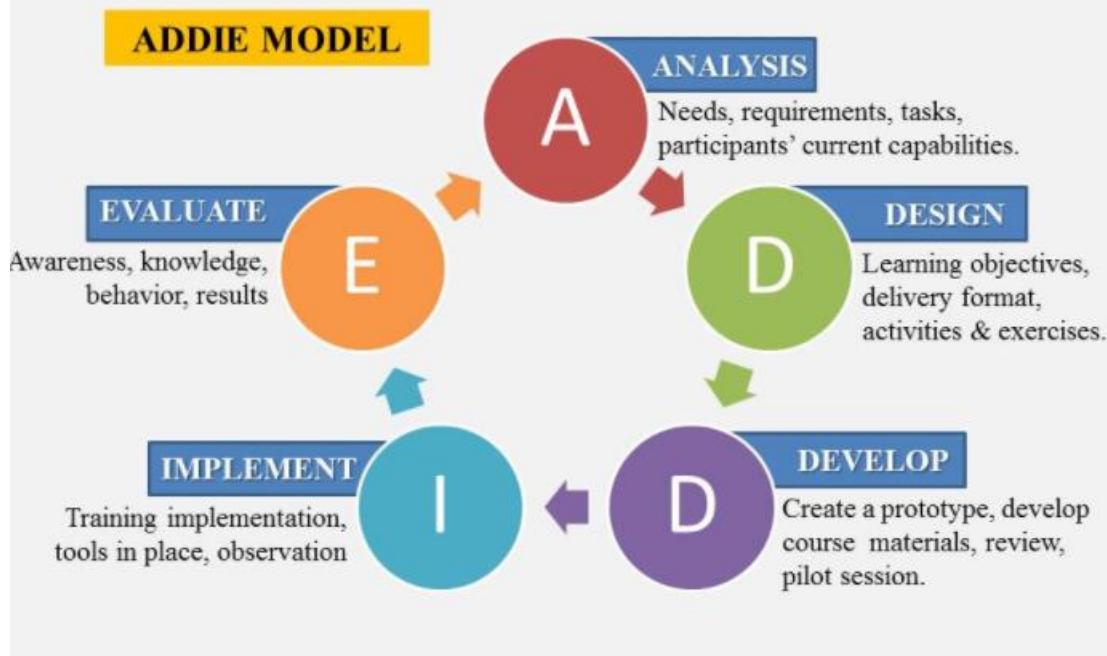
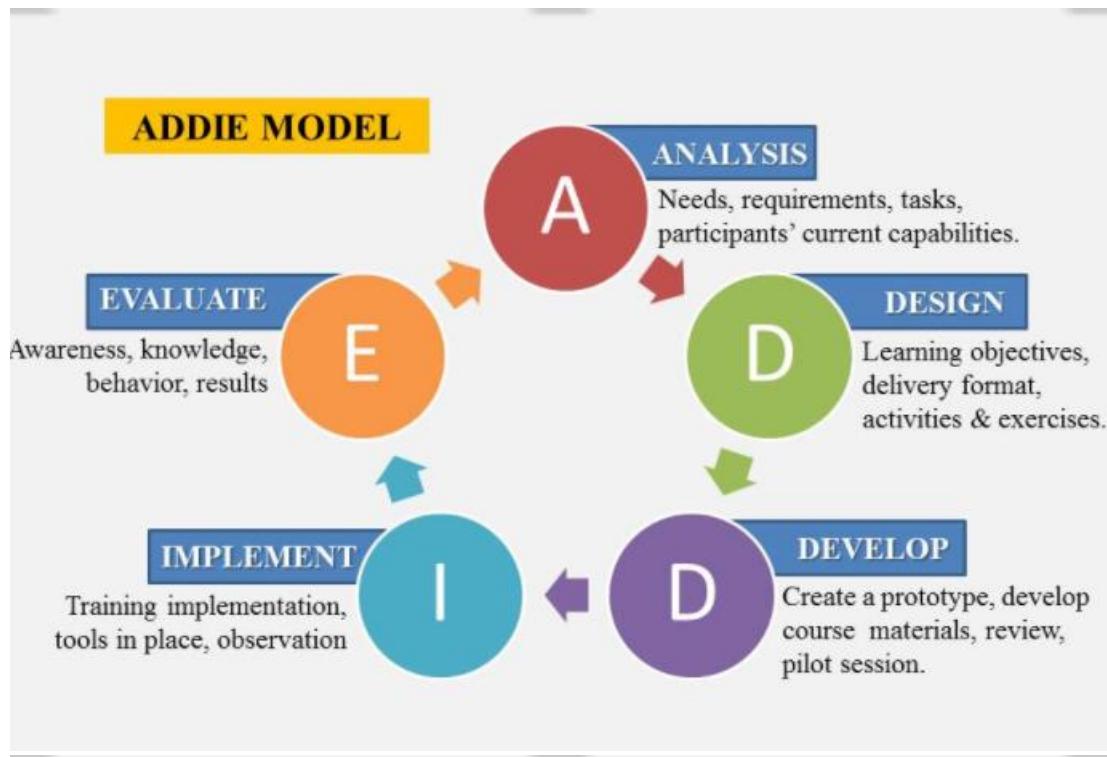


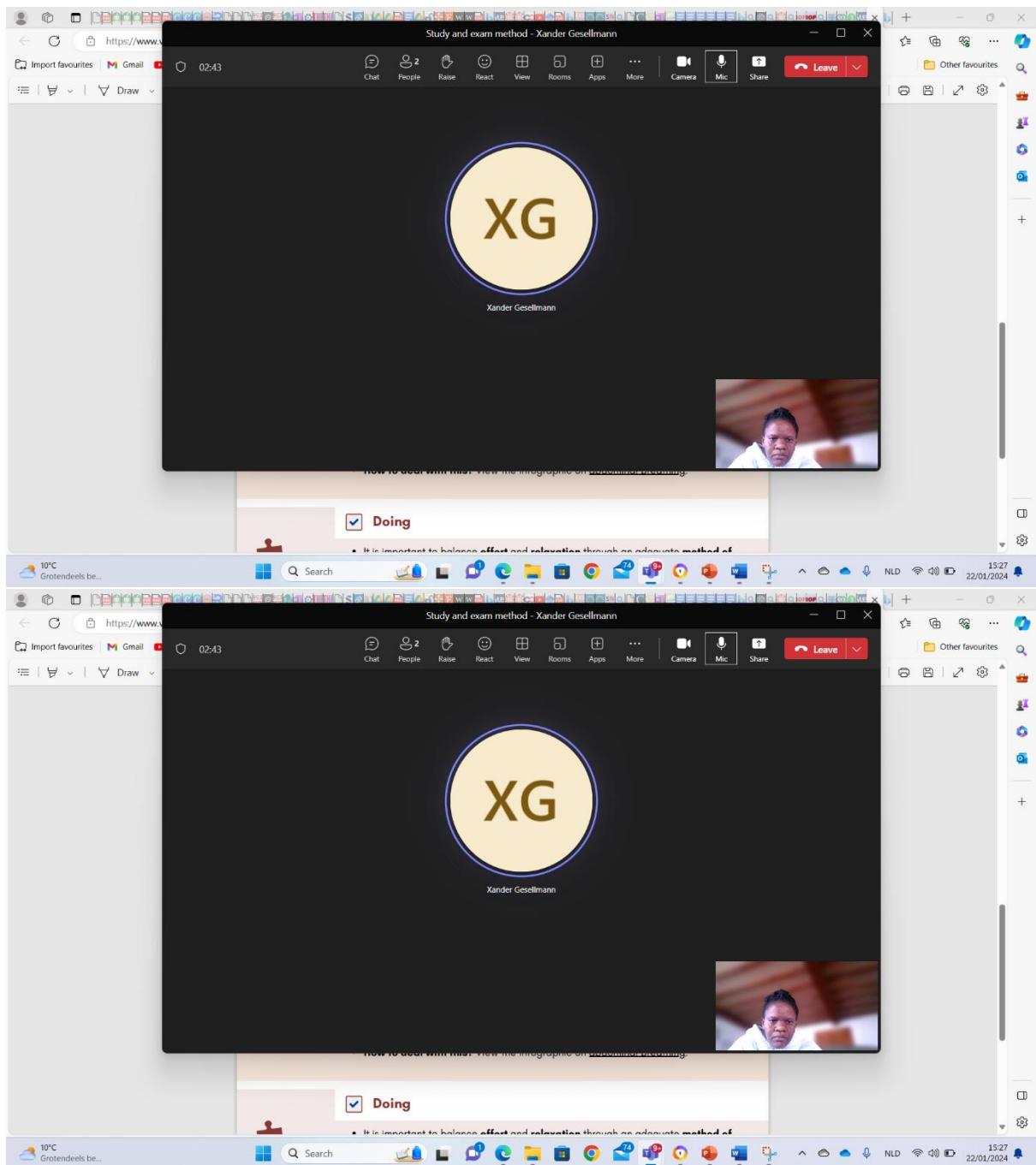


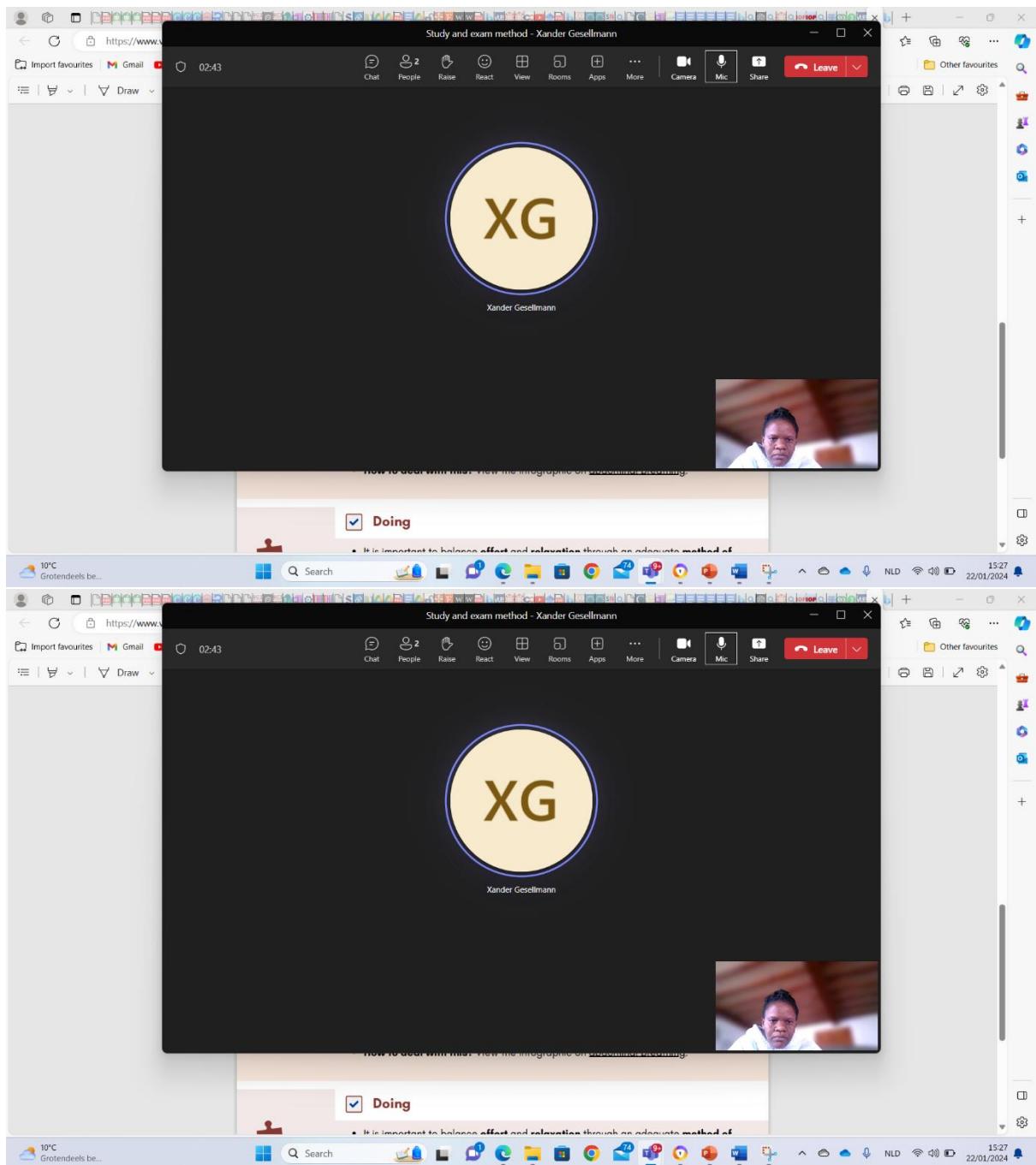












Learning Strategy

K-W-L Basic Chart - Template

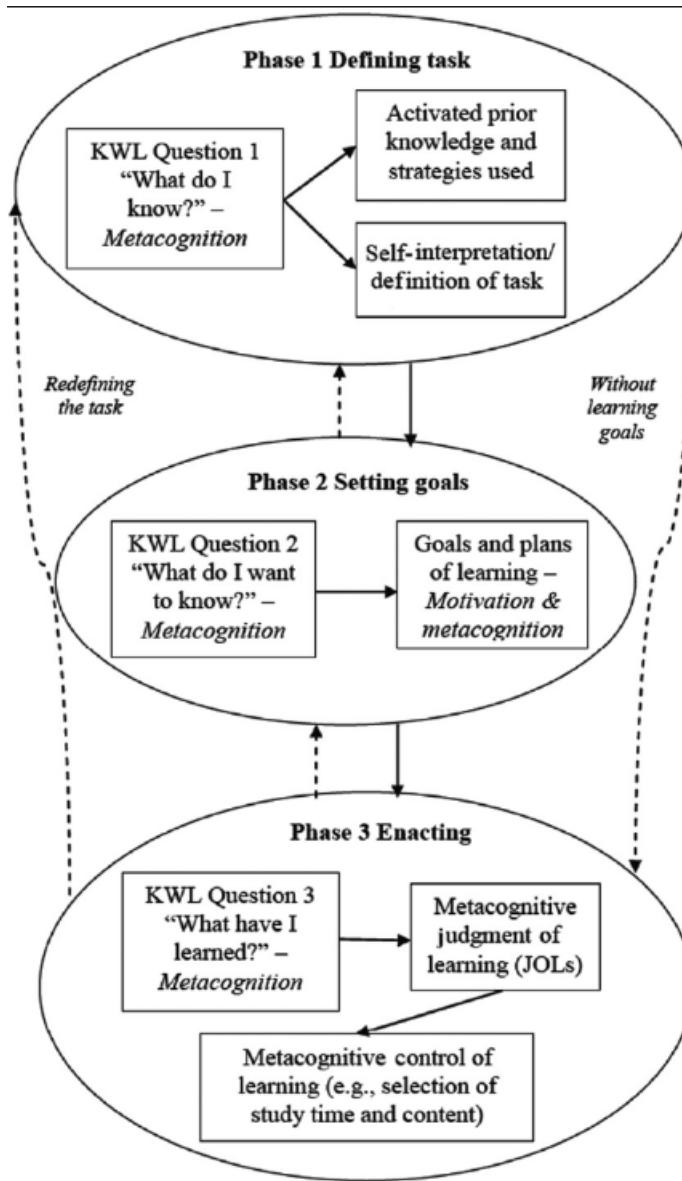


Page 1 of 1

What do I KNOW?	What do I WANT to know?	What have I LEARNED?	



tomatosphere.letstalkscience.ca
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SB-meeting

Recording has started.

Started by Christel VAN DEN BORRE. By attending this meeting, you consent to being recorded. Privacy policy

Chat People Raise React View Apps More Camera Mic Share Leave

Meeting chat

Edited

dat ben jij toch he, die de tekst van de chat aan het lezen was, Pascale?

Pascale PETIT 11:03 AM

dat kasko lag niet bij ons, vandaar 😊

Hendrika JASPER 11:24 AM Edited

het is toch alarmerend, wetende bovendien dat er geen gicorrectie is toegepast bij de ijkingsstoets

Anna MARCONATO 11:29 AM

klopt Drina

Hendrika JASPER 11:34 AM

Top van die docent, inderdaad laptop hoort logisch bij radical digital, wat het nieuwe werken / studeren blijkt te zijn

Type a message

Rebecca LEONARD

8°C Lichte regen

Search

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Type a message

Christel VA... Hendrika J... Petra JACO...
Pascalle PE... Nisrine Tazi Hannelore ...
Sharon Eec... Ellen Suij... Lieselot Caes ...
Katrien VA... Rienke Ge... Kris KETELS...
MK

CB

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Christel VA... Hendrika J... Nisrine Tazi ...
View all MK

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Type a message

Katrien VANDERSTAPPEN

VUB VRIJE UNIVERSITEIT BRUSSEL

8°C Lichte regen

Search

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Type a message

Studiebegeleiding

SB-meeting

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Started by Christel VAN DEN BORRE. By attending this meeting, you consent to being recorded. [Privacy policy](#)

Meeting chat

Christel VA... Hendri... nine Tazi ... View all

ja
het geluid is slecht, ik hoor de stem van Renata en Pascale, maar versta het nauwelijks
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Anna MARCONATO 11:29 AM
klopt Drina
1

Mededelingen SB-beleid

Personnel

- Dank aan stagiaire Mariany
- Dank aan SBG Bieke Spruyt

Evaluatie 2023

- Fijn om constructief in gesprek te gaan
- Verslagen in TEO in januari

Opleiding Studiebegeleiding

- Thema: feedback geven aan elkaar
- Vrijdag 9 februari van 9u30 tot 12u30 en tweede sessie later
- We voorzien een ontbijt en lunch

VUB STUDIEBEGELEIDING STUDY GUIDANCE

SB-meeting december 2023
19-12-2023 | 3

Rebecca LEONARD

8°C Bewolkt

Try the new Teams

Activity Chat Calendar Calls Files Apps

Today December 2023

17 Sunday 18 Monday 19 Tuesday

10 AM 11 AM 12 PM 1 PM 2 PM 3 PM 4 PM

SB-meeting Microsoft Christel Guidanc Microsoft Study an Studieb...

Mariany Miroya Kivairu Organizer

File Message Insert Options Format Text Review Help

To: blessing.udom@gmail.com

Subject: RE-Study and exam guidance

Send Cc

Dear Blessing

I hope you are fine I would like to request that we have our meeting online from 2:00-2:30 pm. Kindly use the link below to join the meeting, the link is also on your teams' calendar.

With regards

https://teams.microsoft.com/l/meetup-join/19%3ameeting_ODg2OWIkMjE1NjE1ZD02UylWfZTEtYjhIMWQ1ZTUwMDc4%40thread.v2/0?context=%7b%22Tid%22%3a%22695b7ca8-2da8-4545-a2da-42d03784e585%22%2c%22Oid%22%3a%22a3a8dfe6-9aa7-40f4-a5f8-1866697da33ac%22%7d

Items: 284 Reminders: 84

8°C Bewolkt

Try the new Outlook

Scheduling Poll

Forward

Tue 19/12/2023 10:51

11:26 19/12/2023

SB-meeting

Recording has started.

Started by Christel VAN DEN BORRE. By attending this meeting, you consent to being recorded. Privacy policy

Christel VA... Hendri... nine Tazi MK

VERPLICHTE REMEDIËRING EN UITZONDERINGEN

Uitzonderingen	Bio-IR	BMW	FW	IW	IA	IR	Wis	Fys
Aanvragen inschrijving (totaal)	25	93	66	49	11	17	5	8
Standaarduitzonderingen	15	59	42	36	5	9	3	3
Bijzondere individ. omstandigheden waarvan goedgekeurd	7	16	16	10	5	7	2	5
Ongeldige aanvragen	0	3	1	2	0	0	0	0
Aanvragen remediering	3	18	8	3	1	1	0	0
NVT	1	0	2	2	0	0	0	0
REME	32	78	38	69	12	45	10	10
Extracurculair	33	70	48	50	34	51	6	19
Intracurculair	20	16	13	16	24	31	4	9
	13	54	35	34	10	20	2	10

Rebecca LEONARD +

8°C Bewolkt

Search Chat People Raise React View Apps More Camera Mic Share Leave

Meeting chat

de hybride werking.

10:56 AM Meeting ended: 15m 4s

10:58 AM Meeting started

Christel VAN DEN BORRE 10:59 AM cb meeting wordt opgenomen

10:59 AM Recording has started

Hendrika JASPER 11:00 AM ja

het geluid is slecht, ik hoor de stem van Renata en Pascale, maar versta het nauwelijks

1 emoji 1 Edited

dat ben jij toch he, die de tekst van de chat aan het lezen was, Pascale?

Pascale PETIT 11:03 AM dat kiske lag niet bij ons, vandaar 😊

Type a message

11:15 19/12/2023

8°C Bewolkt

Search Chat People Raise React View Apps More Camera Mic Share Leave

Meeting chat

Many Miraya Kivaru was invited to the meeting.

In the meantime if you have questions you can type here in the chats

Cecille Fubei Nåmdal 12:59 PM Thank you for the workshop, I have to leave for a lecture now

1:00 PM welcome cecille.success on your coming lecture

Jordina (Guest) 1:01 PM Not in my case

13:03 14/12/2023

Eddy CARETTE

8°C Bewolkt

Search Chat People Raise React View Apps More Camera Mic Share Leave

Meeting chat

Digital exam?

Find out how to contact the teacher in case of technical problems. Check well in advance if everything works: webcam, microphone, stable internet (cable)! Prepare an environment without many distractions and collect the material you need. Inform your housemates. Ask not to stream anything during your exam. Technical problems? Let the examiner know as soon as possible!

Learn more? Check our Canvas course Tel. +32 (0)2 629 23 06 guidance@vub.be follow Study Guidance on wearestudent.vub.be

VUB UNIVERSITEIT BRUSSEL

Welcome to exam expert 14-12-2023 13:38

13:38 14/12/2023

Become an exam expert ONLINE

12:11 Chat People Raise React View Apps More Camera Mic Share Leave Turn camera off (Ctrl+Shift+O)

Jordina (Gu...) Cecile Fub... CN

Mariany Miroya Kivaru was invited to the meeting.

PREPARATION PHASE EXAMS
A (HOPEFULLY NOT SO TYPICAL...) CASE

In 2 days Louis has a Multiple Choice SOCIOLOGY exam. Louis had had earlier MC exams with a standard setting. He assumes that this time standard setting will be applied, and reckons that it is safe to place an educated guess on all questions where he is in a doubt of the correct answer. But yesterday a fellow student warned him that correction for guessing will be applied. So now Louis becomes very stressed and feels panic.

VUB UNIVERSITEIT BRUSSEL

Type a message

Eddy CARETTE

9°C Bewolkt

Search

Feedback geven aan Microsoft Feedback

12:38 14/12/2023

Become an exam expert ONLINE

11:15 Chat People Raise React View Apps More Camera Mic Share Leave Meeting chat

Jordina (Gu...) Cecile Fub... CN

Mariany Miroya Kivaru was invited to the meeting.

EXAMS

PLANT YOUR SEED AND MAKE IT GROW

VUB STUDIEBEGELEIDING STUDY GUIDANCE Follow Study Guidance on wearestudent.vub.be

Type a message

Eddy CARETTE

9°C Bewolkt

Search

Feedback geven aan Microsoft Feedback

12:37 14/12/2023

Microsoft Teams meeting | Microsoft Teams

Become an exam expert ONLINE

10:05

Jordina (Gu...), Cecile Fub..., MK

Take control Pop out Chat People Raise React View Apps More Camera Mic Share Leave

Meeting chat

Mariany Miroya Kivairu was invited to the meeting.

Type a message

STUDY GUIDANCE RESOURCES

1. Information & Infographics @ wearestudent.vub.be see HELP&GUIDANCE

2. Canvas platform Study Guidance

- Customized learning paths
- Modules: study skills, well-being and study path
- Bachelor- en Master thesis writing**
- EHBO-Kit: First aid with research problems**
- <https://canvas.vub.be/courses/15372>
- Help yourself with video, practical exercises and self-evaluation!

Welcome at Study Guidance

Student 1st bachelor Lateral entrant student Experienced VUB student

Working student Almost graduated I CAN DO IT

Feedback given aan Microsoft | 14/12/2023 | 20

VUB VRIJE UNIVERSITEIT BRUSSEL

9°C Bewolkt

Microsoft Teams meeting | Microsoft Teams

Become an exam expert ONLINE

08:55

Jordina (Gu...), Cecile Fub..., MK

Take control Pop out Chat People Raise React View Apps More Camera Mic Share Leave

Meeting chat

Mariany Miroya Kivairu was invited to the meeting.

Type a message

Zimmerman's cyclic model of self-regulated learning

Performance Phase

- Self-Control
- Imagery
- Self-instruction
- Attention focusing
- Task strategies

Self Observation

- Self-monitoring
- Self-experimentation

Forethought Phase

- Task Analysis
- Goal setting
- Strategic Planning

Self-Motivation Beliefs

- Self-efficacy
- Outcome expectations
- Intrinsic interest/value
- Learning goal orientation

Self-Reflection Phase

- Self-judgment
- Self-evaluation
- Causal attribution

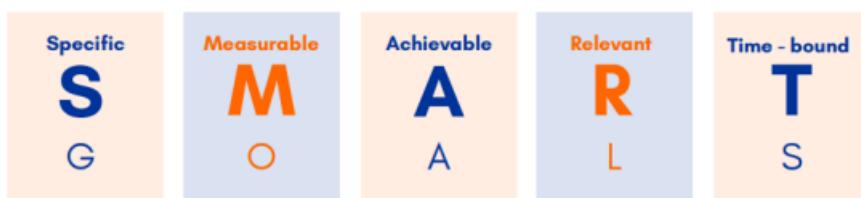
Self-Reaction

- Self-satisfaction/affect
- Adaptive/defensive

Figure 1. Phases and Subprocesses of Self-Regulation. From B.J. Zimmerman and M. Campillo (in press), "Motivating Self-Regulated Problem Solvers." In J.E. Davidson and Robert Sternberg (Eds.), *The Nature of Problem Solving*. New York: Cambridge University Press. Adapted with permission.

VUB VRIJE UNIVERSITEIT BRUSSEL

9°C Bewolkt



Oral Exams ONLINE

01:34:41

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Some people in this chat are outside your org. It's possible they have message-related policies that will apply to the chat. Learn more

Meeting chat

guidance course there you can get all the links and more information

Thakshila Nurwanthi (Guest) 1:57 PM

Thank you

Thao Vu (Guest) 1:57 PM

thank you!

Nurhayati (Guest) 1:57 PM

Thank you enjoy your day everyone :)

Carolina Elisabeth Gallagher Adams 1:57 PM

Bye! Thank you!

Magdalini Stefa (Guest) 1:57 PM

Thank you!

Yu Nakama (Guest) 1:57 PM

Thank you !

Type a message

DURING THE EXAM

Did your exam go smoothly? Great! Did it not go as planned? Reflect:

- Listen to the question carefully. Tip: repeat the question in your own words and check if you have understood the question correctly.
- Build up your answer logically and do not skip any steps or argumentations.
- What if you don't know the answer?
 - Think about what you will do in this situation in advance.
 - Ask if it is possible to briefly write down some core concepts.
 - Remember: you don't need to know everything, you need to know enough.
 - Ask if you can draw a new question.

AFTER THE EXAM

Did your exam go smoothly? Great! Did it not go as planned? Reflect:

- What went well?
- What went wrong? Did you master the content? Were you surprised by the exam method?
- Ask for feedback. Afterward, you have to request this for a certain period of time!
- Write down how you can **improve your strategy** next time.
- Contact a **study advisor** to reflect on your study method.

VUB STUDYGUIDE STUDY GUIDANCE

Oral Exams ONLINE

01:31:27

Take control Pop out Chat People Raise React View Apps More Camera Mic Share Leave

Some people in this chat are outside your org. It's possible they have message-related policies that will apply to the chat. Learn more

Meeting chat

Reflex status | Free University of Brussels (vub.be)

Deadline dates for application of reflex status: reflex@vub.be .

Application periods

- 1st semester: between 1 September and 30 October
- 2nd semester: between 1 February and 30 March
- 2nd session: between 15 June and 30 June

Email: reflex@vub.be .

R... X Kom je in aanmerking voor de v... e

Nurhayati (Guest) 1:47 PM

Type a message

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VUB STUDYGUIDE STUDY GUIDANCE

2

PROCESSING

➤ This phase takes the **majority of your time**, because you actually work on the study material. You have to **master the new knowledge**, you do this by:

➤ **Comprehensive review: analyze and structure the study material**

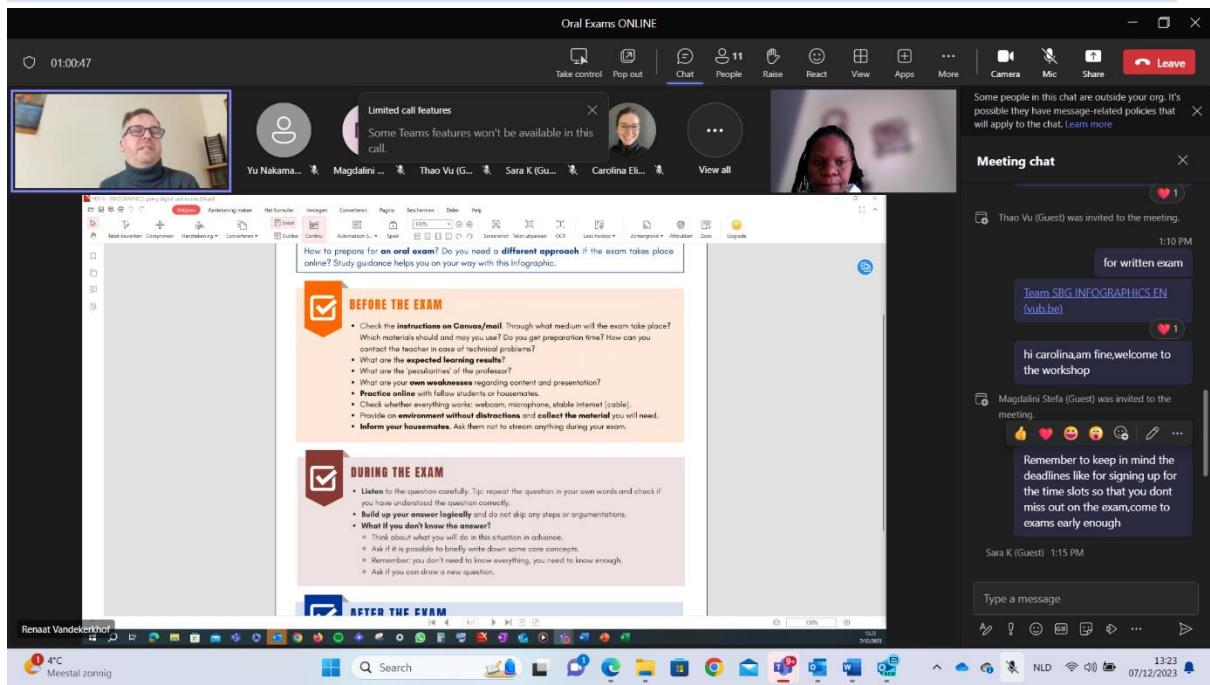
Analyze means to split a larger whole into parts in which it is composed. When structuring, look for the **basic knowledge** and structure. First address to the main issues.

➤ **In-depth review: connect and process the study material**

Here you **analyze** the **subject material** on a **deeper level**, paying attention to the **details**. You look for connections and integrate everything into the bigger picture.

➤ **Comprehension:** Understanding is a must and is an analytical process, which starts from the structure and in-depth understanding of the study material: one leads to the other. The combination of a thorough and deep review leads to understanding

➤ **Memorise:** After a thorough and deep review, you often remember the most important things of the course. However, you will still have to memorize a number of things.



Oral Exams ONLINE

01:00:24

Limited call features

Some Teams features won't be available in this call.

Chat People Raise React View Apps More Camera Mic Share Leave

Meeting chat

more minutes to start

Dan (Guest) was invited to the meeting.

Dan (Guest) left the chat.

Dan Alviar was invited to the meeting.

hi everyone you can type your questions here

Last read

Carolina Elizabeth Gallagher Adams 10:07 PM

Hi Mariany! How are you?

10:07 PM okey Edited

Team SBG INFOGRAPHICS FN (vub.be)

10:07 PM

Type a message

RENAAT VANDENKERKHOE

4°C Meestal zonnig

Search

AFTER THE EXAM

BEFORE THE EXAM

DURING THE EXAM

Check the instructions on Camera/Meet. Through what medium will the exam take place? Which materials should and may you use? Do you get preparation time? How can you contact the teacher in case of technical problems?

What are the expected learning results?

What are the 'peculiarities' of the professor?

What are your expectations regarding content and presentation?

Please arrive with follow study material/housemates.

Check whether everything works: microphone, stable internet [stable].

Provide an environment without distractions and collect the material you will need.

Inform your housemates. Ask them not to stream anything during your exam.

During the exam

Underline the question carefully. Tip: repeat the question in your own words and check if you have understood the question correctly.

Build up your answer logically and do not skip any steps or arguments.

What if you don't know the answer?

- Think about what you will do in this situation in advance.
- Ask if it is possible to briefly write down some core concepts.
- Remember: you don't need to know everything; you need to know enough.
- Ask if you can draw a new question.

After the exam

Try the new Teams

Activity Chat

Pinned

MK Mariany Miroya Kivairu (You)

Recent

Optimize your study stra... 19:04

Mabel: Bye thank you.

Eddy CARETTE 15:27

You: Dear Prof Received and than...

Exam Guidance 14:09

You: Workshops on study skills | ...

Mariany master thesis fol... 10:15

You: what could be the problem?...

Beatriz Ríos Zanetti 05/12

You: 😊

Eveline BRUNEEEL 01/12

You: Sent a file

Lieselot Caes 29/11

You: okay thank you

Beatriz and Kaat 28/11

Kaat: thanksl :)

SB-meeting 28/11

Recording is ready

Christa HUIJGENS 27/11

You: Yes as study advisor we can ...

Lydia Teresa M Bondarenko 22/11

You: danku

Optimize your study strategies ONLINE Chat Files Recap 4 more

Join 13

Linda Adiang Epote was invited to the meeting.

If you have a question you

Patricia Akese Mensah was invited to the meeting.

An Qi Tan left the chat.

Nadia Hugo 7:02 PM

Thank you!

Mabel Ambuge 7:03 PM

MA Thank you

Carolina Santillano Tellez 7:03 PM

CT Thanks !

Tresor Fabrice Mizero 7:04 PM

TM Thanks a lot

Mabel Ambuge 7:04 PM

MA Bye thank you.

7:05 PM Meeting ended: 1h 14m 6s

Add people

Leave

Group Admin +32 494 37 40 99

Group Admin +34 610 12 05 68

+32 490 21 10 59

+32 494 87 54 25

Grotendeels be...

Search

19:05 06/12/2023

The screenshot shows a Microsoft Teams video call interface. At the top, there's a toolbar with various icons: Take control, Pop out, Chat, People, Raise, React, View, Apps, More, Camera, Mic, Share, and Leave. The current tab is 'Chat'. Below the toolbar, there are three video feeds: Mabel Ambuge (MA), Tresor Fabricie Mizerio (TM), and a third person whose name is partially visible. The main content area displays a presentation slide titled 'SELF-OBSERVATION' with the following text:

Journal/ Agenda/ Portfolio/ Video/ ...

► Self-monitoring: monitor your progress according to the goals and adjust

- How much of the goal is complete?
 - Quality
 - Pace

► Self-registering: register your study development and adjust

- What did you do, think and feel while you were studying?
 - Mastery/Usefulness of task strategies and study skills
 - Environmental setting: distractions, use of social media,...

At the bottom of the slide, it says '35 of 43'. On the left side of the screen, there's a sidebar with a 'Try the new Teams' message, a pinned message from Marijany N., and a recent messages list. The recent messages list includes:

- Optimize your study strategies ONLINE (Mabel Ambuge)
- Eddy CARPENTER (Eddy CARPENTER)
- Exam Guide (Marijany N.)
- Marijany N. (Marijany N.)
- Beatriz Ribeiro (Beatriz Ribeiro)
- Eveline B. (Eveline B.)
- Lieselot C. (Lieselot C.)
- SB-meeting Recording (SB-meeting Recording)
- Christa HUIJGENS (Christa HUIJGENS)
- Lydia Teresa M Bondarenko (Lydia Teresa M Bondarenko)

On the right side, there's a 'Meeting Chat' sidebar with a message from Patricia Akese Mensah inviting her to the meeting. Other messages include 'Thank you!' from Mabel Ambuge, 'Thanks!' from Carolina Santillano Tellez, and 'Thanks a lot' from Tresor Fabricie Mizerio. There's also a 'Type a message' input field and a list of participants.

Optimize your study strategies ONLINE

01:00:28 Chat People Raise React View Apps More Camera Mic Share Leave

ACTIVE & STRATEGIC STUDYING
PROCESSING: MAKE STRUCTURES VISIBLE

- Expose the structure: **keywords** and **signal words**
Signal words = RELATIONS
- Words that announce a degree or measure and thus emphasize the **importance**: very, mostly, especially, thorough,...
- Words that announce a **contrast**: otherwise, on the contrary, still, yet, even though, on the one hand, on the other hand, but, niettemin, nevertheless,...
- Words that represent a **chronology**: first, after (that), later, thereafter, later, prior,...
- Words that represent **enumerations**: also, on top of that, furthermore, as well, ...
- Words that say something **about a part** of the text: for example, conclusion, recapitulating, summarising,...

6-12-2023 | 26

Optimize your study strategies ONLINE

41:31 Chat People Raise React View Apps More Camera Mic Share Leave

ACTIVE & STRATEGIC STUDYING
ROUTINE AND PLANNING

Specific S G	Measurable M O	Achievable A A	Relevant R L	Time-bound T S
---------------------------	-----------------------------	-----------------------------	---------------------------	-----------------------------

What do you want to do exactly?
How will you know when you've reached it?

Is it in your power to accomplish it?
Is reaching your goal realistic for you?

When exactly do you want to accomplish it?

12/6/2023 | 15

Optimize your study strategies ONLINE

29:35

Take control Pop out Chat People Raise React View Apps More Camera Mic Share Leave

Participants

Type a name

In this meeting (8)

Mute all

MK Mariany Miroya Kivairu

A Alina (Guest) Meeting guest

Eddy CARETTE

LE Lucrece Michelle Massodi Ebou...

MA Mabel Ambuge

NH Nadia Hugo

TM Tresor Fabrice Mizero

Others from chat (1)

NS NIEUW Workshops Team SBG

The slide illustrates the three phases of self-regulation according to Zimmerman and Meece (2009):

- Forethought phase:** Goal setting, Strategic planning, Self-efficacy, Outcome expectations, Task significance, Value, Goal orientation.
- Performance phase:** Self-control, Task strategies, self-instruction, imagery, time management, environmental structuring, help-seeking, interest incentives & self-consequences, Self-observation, Metacognition monitoring & self-recording.
- Self-reflection phase:** Self-judgment, Self-evaluation, Causal attribution, Self-reaction, Self-satisfaction / affect, Adaptive / defensive.

Below the diagram, it says: "Eddy CARETTE"

10 of 43

Optimize your study strategies ONLINE

4°C Grotendeels be... 18:21 06/12/2023

20:44

Take control Pop out Chat People Raise React View Apps More Camera Mic Share Leave

Participants

Type a name

In this meeting (8)

Mute all

MK Mariany Miroya Kivairu

A Alina (Guest)

AU Amarachukwu Rosy Umeh

Eddy CARETTE

LE Lucrece Michelle Massodi Ebou...

MA Mabel Ambuge

NH Nadia Hugo

Others from chat (1)

NS NIEUW Workshops Team SBG

The slide displays three categories:

- A Autonomy:** To be able to think, feel and act voluntarily. Icons: I can be myself, I do not feel heard.
- B Bonding:** Experiencing a warm, authentic bond with others. Icons: I feel connected, I am on my own.
- C Competence:** Achieve desired goals. Feeling competent and effective. Icons: I can develop myself, I cannot achieve my goals.

5 of 43

Exam Guidance

44:43 Chat People Raise React View Rooms Apps More Camera Mic Share Leave Mute (Ctrl+Shift+M)

Meeting chat

- Mariany Miroya Kivaru joined the conversation.
- Mariany Miroya Kivaru named the meeting Exam Guidance.
- Maria José-Palacios Fernández was invited to the meeting.
- 2:00 PM Meeting started
- Iianthi Psaropoulou-Cheliman was invited to the meeting.

2:09 PM Workshops on study skills | Vrije Universiteit Brussel (vub.be) W... Discover all... www.vub.be

Type a message

5°C Grotendeels be... Search Chat People Raise React View Apps More Camera Mic Share Leave 14:44 06/12/2023

SB-meeting

01:32:08 Take control Pop out Chat People Raise React View Apps More Camera Mic Share Leave

Meeting chat

- 10:57 Meeting started Christel VAN DEN BORRE 10:59
- CB de meeting wordt opgenomen
- 10:59 Recording has started Beatrice SPRUYT 11:00
- CB geluid is niet ok! Hoor enkel gekraak Nisrine Tazi 11:01
- Ik ook
- Christel VAN DEN BORRE 11:02
- CB zijn nog bezig Beatrice SPRUYT 11:02
- Nu hoor ik niets meer Ellen De Blende 11:04
- EB Horen jullie Rebecca? Kris KETELSLEGERS 11:04

Type a message

28-11-2023 | 7

Eveline BRUNEL

Performance phase

3. Self-control

- Task strategies: Choose specific learning strategies depending on the task.
- Self-instruction: Give yourself instructions before you start working and for each task.
- Imagery: Visualisation that makes it easier to repeat your learning.
- Time management: Time flies. Luckily you're the pilot! Manage your time well!
- Environmental structuring: Get rid of distractions both in your environment and in your own head.
- Help seeking: Know when, how and who to ask for help.
- Interest activation: Let your motivation to learn? Remind yourself of why you're learning!
- Self-consequences: Praise yourself. Really, it's alright bragging isn't, though.

4. Self-observation

- Self-registration: Recording what you do, think and feel while learning helps become aware of how you learn.
- Self-monitoring: Doing daily evaluations until the end. Self-evaluate while still working on the task!

28-11-2023 | 7

2°C Meestal zonnig Search Chat People Raise React View Apps More Camera Mic Share Leave 12:29 28/11/2023

SB-meeting

01:29:24

Take control Pop out Chat People Raise React View Apps More Camera Mic Share Leave

Kelly Van B... View all

Meeting chat

10:57 Meeting started Christel VAN DEN BORRE 10:59 CB de meeting wordt opgenomen 10:59 Recording has started Beatriz SPRUYT 11:00 geluid is niet ok! Hoor enkel gekraak Nisrine Tazi 11:01 Ik ook Christel VAN DEN BORRE 11:02 CB zijn nog bezig Beatriz SPRUYT 11:02 Nu hoor ik niets meer Ellen De Blende 11:04 EB Horen jullie Rebecca? Kris KETELSLEGERS 11:04 Type a message

Eveline BRUNEL

De uitdaging van het studeren

Herken je de stappen nog?

Welke STAPPEN zet ik als ik ZELF het leren aanSTUUR?

GWP - REVAKI 8-11-2023 | 3

VUB STUDIEBEGELEIDING STUDY GUIDANCE

12:26 28/11/2023

Turn camera off (Ctrl+Shift+O)

Meeting chat

10:57 Meeting started Christel VAN DEN BORRE 10:59 CB de meeting wordt opgenomen 10:59 Recording has started Beatriz SPRUYT 11:00 geluid is niet ok! Hoor enkel gekraak Nisrine Tazi 11:01 Ik ook Christel VAN DEN BORRE 11:02 CB zijn nog bezig Beatriz SPRUYT 11:02 Nu hoor ik niets meer Ellen De Blende 11:04 EB Horen jullie Rebecca? Kris KETELSLEGERS 11:04 Type a message

Eveline BRUNEL

De uitdaging van het studeren

Herken je de stappen nog?

Welke STAPPEN zet ik als ik ZELF het leren aanSTUUR?

GWP - REVAKI 8-11-2023 | 3

VUB STUDIEBEGELEIDING STUDY GUIDANCE

SB-meeting

48:41 Take control Pop out Chat People 29 Raise React View Apps More Camera Mic Share Leave

Turn camera on (Ctrl+Shift+O)

Meeting chat

10:57 Meeting started Christel VAN DEN BORRE 10:59 CB de meeting wordt opgenomen

10:59 Recording has started Beatrini SPRUYT 11:00

geluid is niet ok! Hoor enkel gekraak Nisrine Tazi 11:01

Ik ook Christel VAN DEN BORRE 11:02

CB zijn nog bezig Beatrini SPRUYT 11:02

Type a message

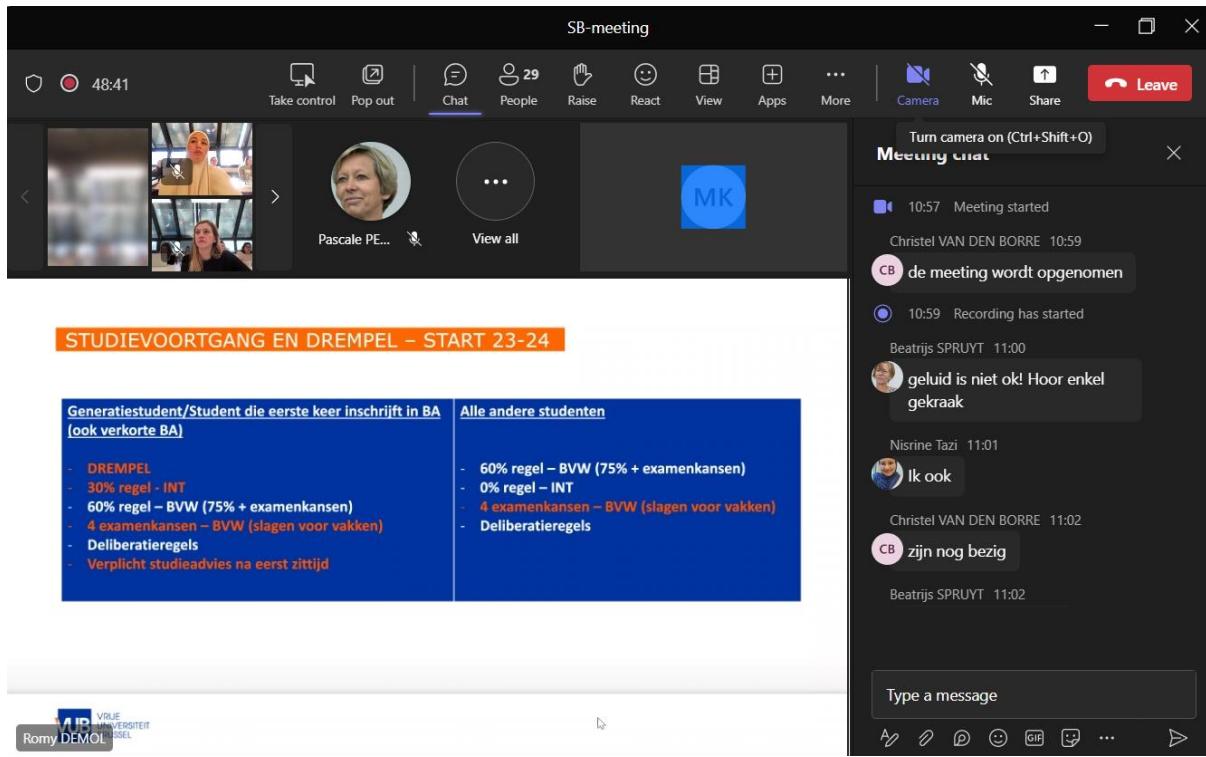
STUDIEVOORTGANG EN DREMPEL – START 23-24

Generiestudent/Student die eerste keer inschrijft in BA (ook verkorte BA)

- DREMPEL
- 30% regel - INT
- 60% regel - BVW (75% + examenkansen)
- 4 examenkansen - BVW (slagen voor vakken)
- Deliberatieregels
- Verplicht studieadvies na eerst zittijd

Alle andere studenten

- 60% regel - BVW (75% + examenkansen)
- 0% regel - INT
- 4 examenkansen - BVW (slagen voor vakken)
- Deliberatieregels



SB-meeting

37:12 Take control Pop out Chat People 28 Raise React View Apps More Camera Mic Share Leave

Meeting chat

10:57 Meeting started Christel VAN DEN BORRE 10:59 CB de meeting wordt opgenomen

10:59 Recording has started Beatrini SPRUYT 11:00

geluid is niet ok! Hoor enkel gekraak Nisrine Tazi 11:01

Ik ook Christel VAN DEN BORRE 11:02

CB zijn nog bezig Beatrini SPRUYT 11:02

Type a message

Contactpunt- en reflexperma

VRIJE UNIVERSITEIT BRUSSEL Romy DEMOL

Eveline BRUNEEL

Voor mij maakt het niet uit.

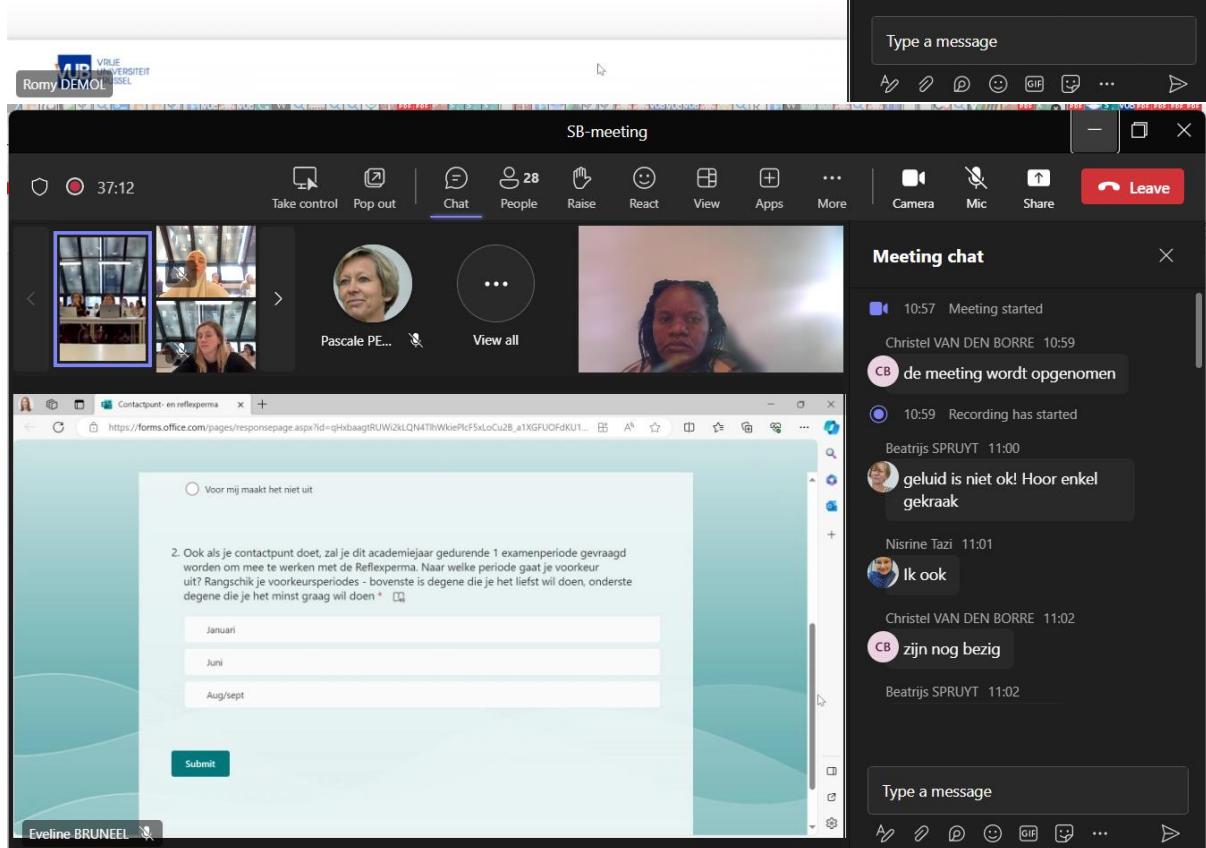
2. Ook als je contactpunt doet, zal je dit academiejaar gedurende 1 examenperiode gevraagd worden om mee te werken met de Reflexperma. Naar welke periode gaat je voorkeur uit? Rangschik je voorkeursperiodes - bovenste is degene die je het liefst wil doen, onderste degene die je het minst graag wil doen *

Januari

Juni

Aug/sept

Submit



The image consists of two vertically stacked screenshots of a Microsoft Teams meeting interface.

Screenshot 1 (Top): This screenshot shows a video call with three participants: Beatriz SPRUYT, Christel VAN DEN BORRE, and Hanna Bon. A Microsoft Word document titled "Methods of data collection" is shared on the screen. The document contains several tables and lists, including:

	Aanvraag	Identiteit	SDG/SD-metrische	Verantw.	SDG-metrische
1	ja	Beatriz	SDG/SD-metrische	Beatriz	SDG-metrische
2	ja	Christel	SDG/SD-metrische	Christel	SDG/SD-metrische
3	ja	Hanna	SDG/SD-metrische	Hanna	SDG/SD-metrische
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SB-meeting

18:13

Take control Pop out Chat People Raise React View Apps More Camera Mic Share Leave

Meeting chat

ja Nisrine Tazi 11:04

Ja, maar nog wat krakerig Beatrice SPRUYT 11:04

maar met heel veel geruis/gekrak Beatrice SPRUYT 11:12

ik versta echt de helft niet Nisrine Tazi 11:12

ik ook niet Kelly Van Bellingen 11:12

ja Naomi BEKE 11:12

Dan beter Christa HUIJGENS 11:13

geluid blijft slecht

Type a message

Rebecca LEONARD

VUB STUDIEBEGELEIDING STUDY GUIDANCE

SB-meeting november 2023 28-11-2023 | 6

11:15 28/11/2023

Terugkoppeling uit de raden

- Studentenaad (Rebecca)**
 - > Voorkeursnaambeleid
 - > Drugs- en alcoholbeleid is goedgekeurd
 - > Vraag naar evaluatie inclusieve examenmaatregelen
- Onderwijsraad (Anske)**
 - > Predossiers nieuwe opleidingen
 - > Rapportage levenslang leren i.k.v. voorsprongfonds
 - > Tijdslijn EVC-procedure 2024-2028
 - Start 1e sem: 01/03 (aanmelding) - 01/03 t.e.m. 29/04 (portfoliofase) - 30/04 t.e.m. 15/06 (beoordelingsfase)
 - Start 2e sem: 01/11 (aanmelding) - 1/11 t.e.m. 15/12 (portfoliofase) - 16/12 t.e.m. 31/09 (beoordelingsfase)

SB-meeting

09:35

Take control Pop out Chat People Raise React View Apps More Camera Mic Share Leave

Mededelingen SB-beleid

• Personeel

- > Kaat Terryn: 100% SBG van asap tot 31 juni
- > Annelies Deboelpaep: 20% STB IR + 80% coordinator organisatie ijking/starttoetsen en remediëring van asap tot 31 dec
- > Eva Vande Sompel: 50% SP van 1 jan tot 30 juni
- > Gitte Vermunich: 100 % SP van 1 jan tot 30 juni
- > Sarah Coppins: 100 % SP van 1 jan tot 30 juni
- > Imke Duwé: 100 % SP van 1 jan tot 30 juni
- > Hannelore Deblander: 100 % STB van 1 jan tot 30 juni
- > Jean-Nicolas De Wulf: 100 % STB van 1 jan tot 30 juni
- => Verschuivingen en extra aanstellingen bij STB

Waarom tijdelijke contracten?

- Uitgespaarde middelen worden bewust ingezet
- Begrotingsvragen extra personeel uitgesteld naar voorjaar
- Vacatures voor vaste aanstellingen zullen volgen zodra meer duidelijkheid

Rebecca LEONARD

VUB STUDIEBEGELEIDING STUDY GUIDANCE

SB-meeting augustus 2023 28-11-2023 | 3

11:06 28/11/2023

SB-meeting

09:17

Take control | Pop out | Chat 23 | People | Raise | React | View | Apps | More | Camera | Mic | Share | Leave

Rebecca LEONARD

Chaymae Safir

Kaat Terryn

Eddy CARETTE

Annelies DEBOELPAEP

Fran De Pellecker

Rebecca LEONARD

Mededelingen SB-beleid

- Personeel

- Keer terug: 100% SBG met alle 22 diensten
- Deelname: 100% SBG en 100% studentenorganisaties
- Deelname: 100% SBG en 100% studentenorganisaties
- Deelname: 80% SBG van 1 jan tot 30 juni
- Deelname: 100% SBG van 1 juli tot 30 september
- Deelname: 100% SBG van 1 okt tot 30 dec
- Deelname: 100% SBG van 1 jan tot 30 juni
- Deelname: 100% SBG van 1 juli tot 30 september
- Deelname: 100% SBG van 1 okt tot 30 dec
- Deelname: 100% SBG van 1 jan tot 30 juni

Wat een fantastische samenwerking!

Deelname: 100% SBG van 1 jan tot 30 juni

Inclusie voor alle leerlingen: alleen maar goedkoop!

Inclusie voor alle leerlingen: alleen maar goedkoop!

Rebecca LEONARD

Christel VA... Beatris SP...

Pascale PE... Nisrine Tazi

HB Hanna Bon...

View all

11:06 28/11/2023

SB-meeting

08:09

Take control | Pop out | Chat 19 | People | Raise | React | View | Apps | More | Camera | Mic | Share | Leave

Agenda

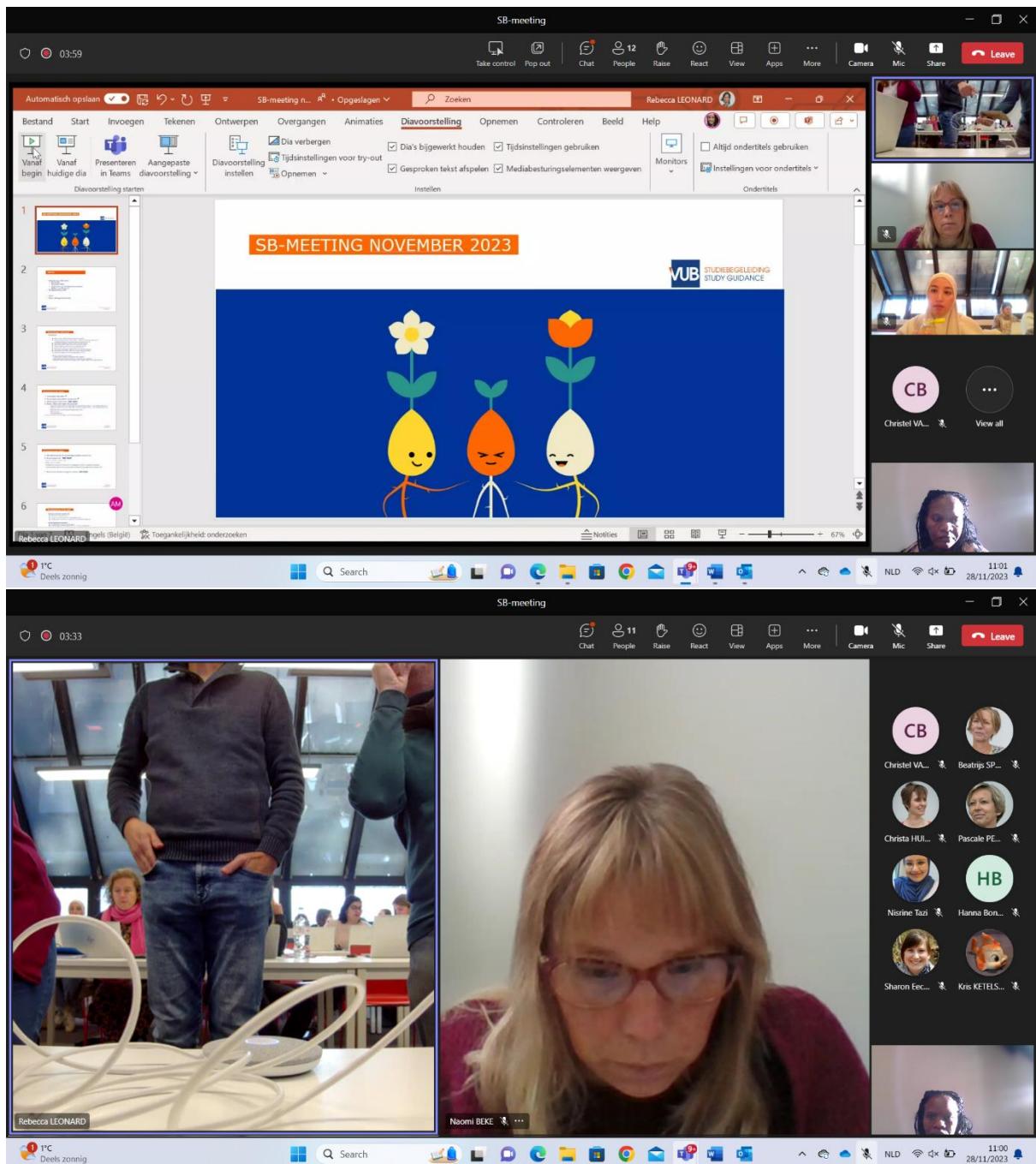
- Mededelingen SB-beleid
 - Personeel
 - Evaluatie 2024
 - Oriëntatie- en studiekeuzeactiviteiten
 - ReFlex- en CP-perma
- Terugkoppeling raden
- Varia
- Topic: zelfregulerend leren

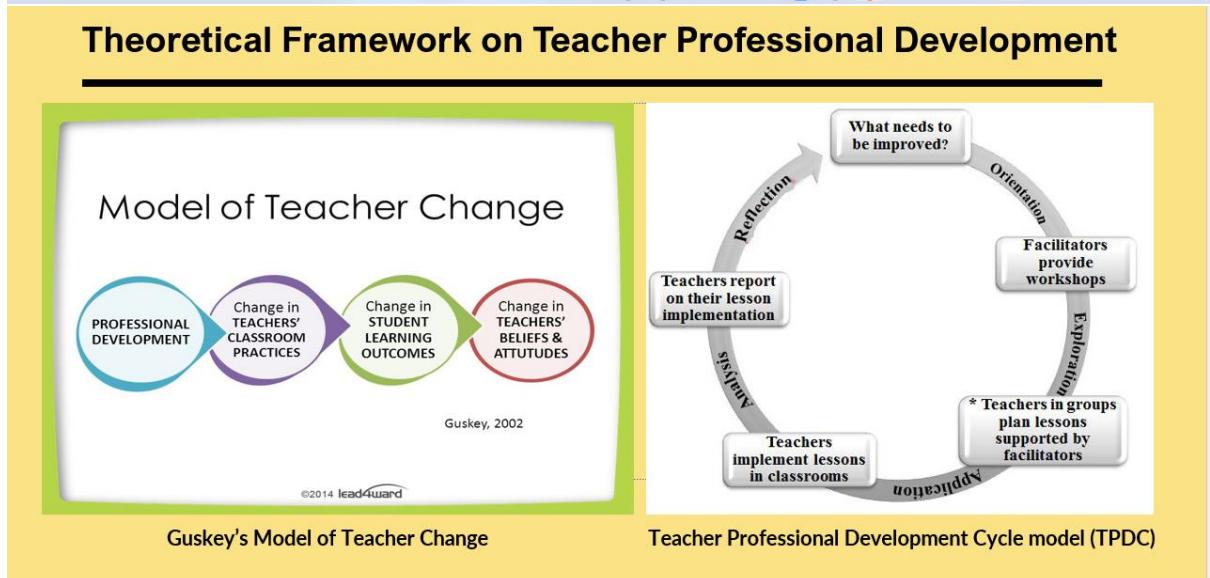
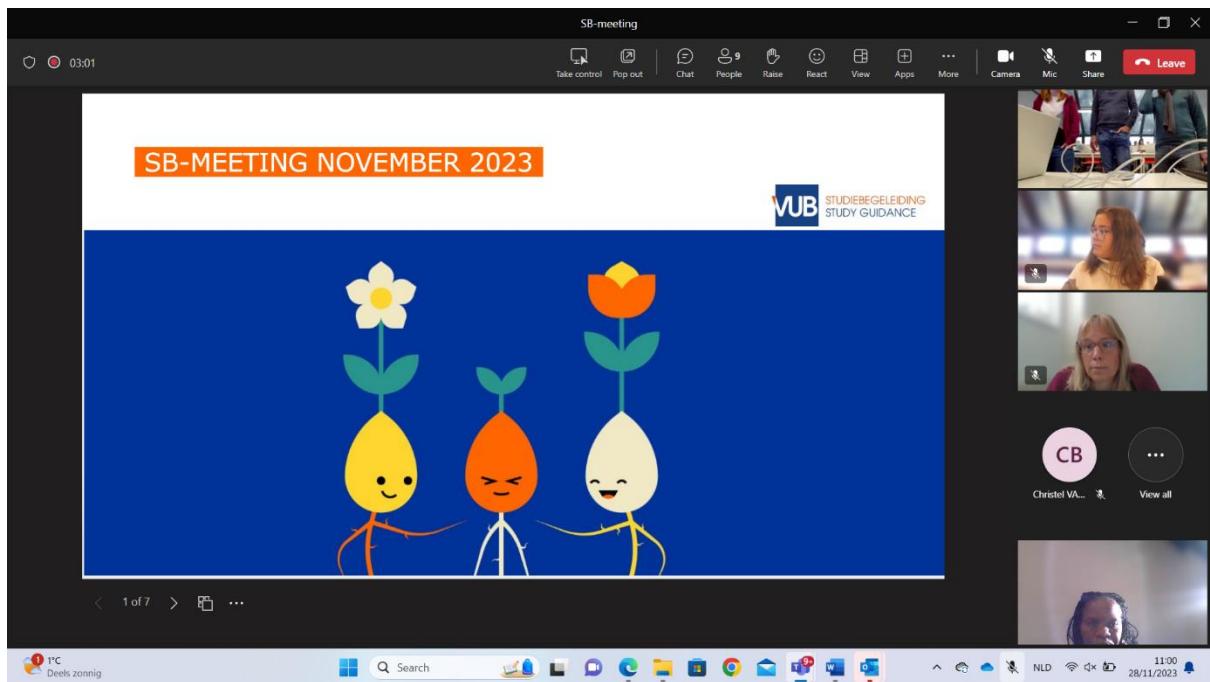
VUB STUDIEBEGELEIDING STUDY GUIDANCE

Rebecca LEONARD

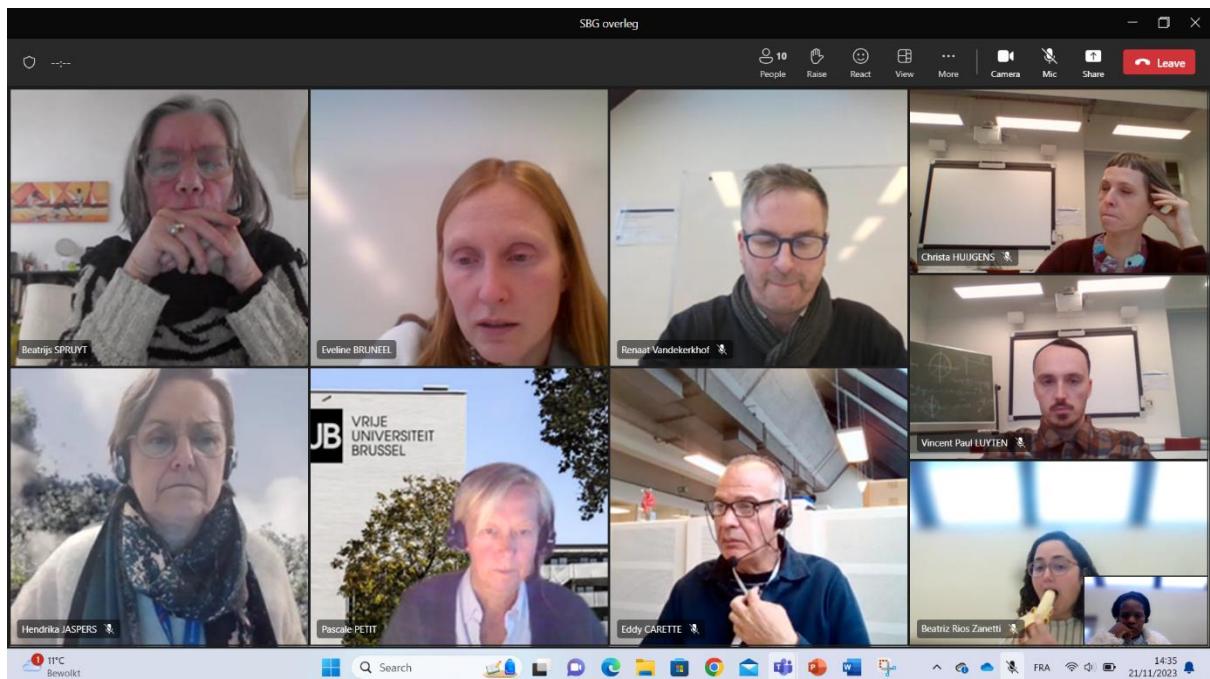
SB-meeting oktober 2023
28-11-2023 | 2

11:05 28/11/2023





AREAS FOR REGULATION					
Phases	Cognition	Motivation/Affect	Behavior	Context	
1) Forethought, Planning, and Activation	1) Target goal setting	1) Goal orientation adoption	1) Time and effort planning	1) Perceptions of task	
	2) Prior content knowledge activation	2) Efficacy judgments	2) Planning for self-observations of behavior	2) Perceptions of context	
	3) Metacognitive knowledge activation	3) Ease of learning judgments (EOJs), Perceptions of task difficulty			
	4) Interest activation	4) Task value activation			
	1) Metacognitive awareness and monitoring of cognition (JOLs)	1) Awareness and monitoring of motivation and affect	1) Awareness and monitoring of effort, time use, need for help	1) Monitoring changing task and context conditions	
	2) Monitoring				
	3) Control	1) Selection and adaptation of cognitive strategies for learning, thinking	1) Increase/decrease effort 2) Persist, give up 3) Help-seeking behavior	1) Change or re-negotiate task 2) Change or leave context	
	4) Reaction and Reflection	1) Cognitive judgments 2) Attributions	1) Affective reactions 2) Attributions	1) Choice behavior 2) Evaluation of task 2) Evaluation of context	



The image shows two overlapping Microsoft Teams windows on a computer screen.

The top window is titled "SBG overleg" and displays a video conference with nine participants. The participants are arranged in a grid of three rows and three columns. The first row contains Beatriz SPRUIT, Eveline BRUNEEL, and Renaat Vandekerckhove. The second row contains Hendrika JASPERSEN, Pascale PETIT, and Eddy CARETTE. The third row contains Christa HUIGENS and Vincent Paul LUYTEN. The calendar on the left shows the meeting scheduled for Monday, November 20, 2023, from 13:00 to 18:00.

The bottom window is titled "Calendar" and shows the weekly view for November 2023. The days from Monday to Sunday are listed. Several events are highlighted with blue boxes:

- Monday, November 20: "Study and exam Microsoft Teams-vergadering" (recurring)
- Tuesday, November 21: "Meeting Mariany Microsoft Teams Meeting"
- Wednesday, November 22: "Study and exam Studiebegeleiding VUB -"
- Thursday, November 23: "SRL@SBC Microsoft Teams Meeting" (recurring), "Meeting Beatriz Rios Zanetti"
- Friday, November 24: "peer to peer review Internship active Learning studios"

The taskbar at the bottom shows various pinned icons, including Microsoft Edge, File Explorer, and the Start button.

The screenshot shows the Microsoft Teams calendar interface for November 2023. The calendar view displays various scheduled events across the month. Key events include:

- November 10: "Study and exam Microsoft Teams-vergadering" (Accepted)
- November 11: "Meeting Mariany Microsoft Teams-vergadering" (Accepted) and "Study and exam Studiebegeleiding VUB -" (Accepted)
- November 13: "Stavaza SRL traincoupe Eveline BRUNEEL" (Accepted)
- November 15: "SBG overleg Microsoft Teams Meeting Eveline BRUNEEL" (Accepted)
- November 23: "SRL@SBC Microsoft Teams Meeting Beatriz Rios Zanetti" (Accepted)
- November 24: "peer to peer review internship active Learning studios" (Accepted)

The Teams sidebar on the left provides quick access to Chat, Teams, Calls, Files, and Apps. The bottom taskbar shows the Windows Start button, a search bar, and pinned application icons.

This screenshot shows the details of a Microsoft Teams meeting titled "Writing the bachelor or master thesis - Igor". The meeting is set for Friday, 17 November 2023, from 10:00 to 10:30. It is categorized as "Accepted". The meeting info includes:

- Klantgegevens**: Naam: Igor, E-mail: igzts7@gmail.com
- Reserveringsgegevens**: Servicenaam: Writing the bachelor or master thesis, Locatie: Microsoft Teams-vergadering, Prijs: gratis
- Aangepaste velden**:
 - Vraag 1 - Program?: antwoord - Management
 - Vraag 2 - Student number. Fill out '0' if you don't have one. antwoord -0602490
 - Vraag 3 - Describe your question antwoord - I need help to choose topic with content analysis. And also I have question if I can change promotor
 - Vraag 4 - Hoe kwam je bij ons terecht?/ How did you find out about us?

The Teams sidebar and taskbar are visible at the top and bottom of the window respectively.

Booking of rooms with the Study Counselling (Etterbeek campus building F)

Updated [mariany-master thesis guidance](#) appointment on Nov. 17, 2023. [Undo](#)

SBC employee

Calendars

November 2023

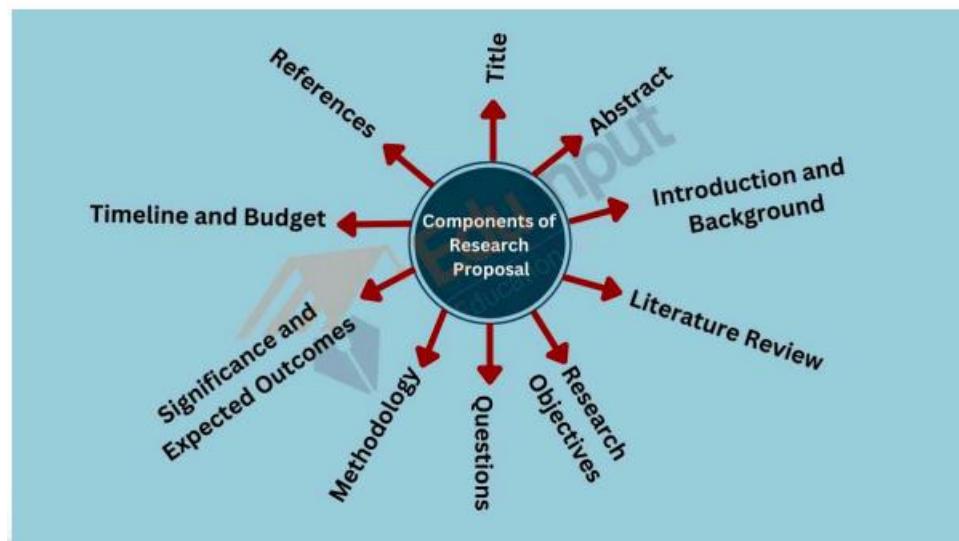
Resolution Range Hide empty columns
- 30 min + Single Day

W46	Fri. 17	Conversation bo...	Seminar 1	Seminar 2 (meetin...	Train compartme...	Train compartme...					
08:00											
09:00	09:00 Inike										
10:00		10:00 Mariany		10:00 Naomi					10:00 Communicati...		
11:00				11:00 Naomi							
12:00											
13:00									13:00 shoot day MarCom		
14:00	14:00 Inike								13:00 Q&A BVW and calculus		
15:00			15:00 Anna								
16:00											
17:00											

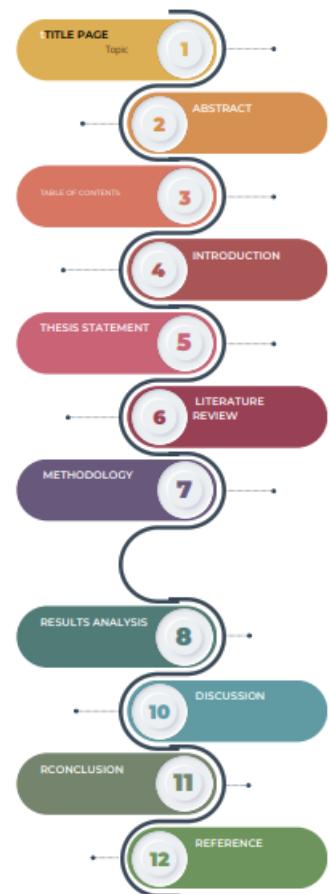
Would you like to reserve a room for train compartments? Train compartments room

Filter

Powered by teamup



THESIS STRUCTURE



Elements of Research Proposal

- Introduction
- Background of the Study
- Setting of the Study
- Theoretical / Conceptual Framework
- Statement of the Problem
- Hypotheses of the Study
- The Significance of the Study
- Scope and Delimitations of the Study
- Definition of Key Terms

STUDY GUIDANCE

WHAT

Get to work! Canvas Course Online modules Full off study tips & -tricks 24/7 access	Workshops Writing the Master Thesis Study method and planning Tackling fear of failure	Individual One-on-one Customised guidance Face to face or online
--------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------

Screenshot of Microsoft Teams Calendar (November 2023) showing various events:

- 13 Monday: Study guidance (Studybegeleiding V)
- 14 Tuesday: Study and exam (Studybegeleiding V)
- 16 Thursday: Microsoft Teams meeting (Microsoft Teams-vergadering ON)
- 17 Friday: Microsoft Teams meeting (Microsoft Teams-vergadering ON)
- 18 Saturday: Microsoft Teams meeting (Microsoft Teams-vergadering ON)
- 19 Sunday: Microsoft Teams meeting (Microsoft Teams-vergadering ON)

Screenshot of Microsoft Outlook inbox (15 November 2023) showing several emails:

- ONLINE afspraak Studiebegeleider/appointment study advisor
- Thesis Seminar Educational Sciences & Microsoft Teams Meeting
- ON CAMPUS afspraak...
- Tanaz Farmani Reschedule of Appointment
- Katrien VANDERSTAP...
- Carolina Elisabeth Gall...

Screenshot of Microsoft Outlook calendar (16 November 2023) showing a meeting with Igor:

Nieuwe reservering: Igor voor Writing the bachelor or master thesis

Online afspraak Studiebegeleider/appointment study advisor

To: Marijana Miroja Kivairu

Vrijdag 17 november 2023
10:00 - 10:30
(UTC+01:00) Amsterdam, Berlin, Bern, Rome, Stockholm, Vienna

Microsoft Teams-vergadering

Deelnemen aan uw afspraak via Microsoft Teams

Screenshot of Microsoft Outlook inbox showing several emails related to study and exam methods, evaluations, and a newsbrief.

Inbox Items:

- Eveline BRUNEEEL Stavaza SRL (Tue 16:59)
- canvus.vub.be (Tue 18:11)
- ONLINE afspraak Stud... (Tue 19:09)
- Thesis Seminar Educat... (Tue 21:53)
- ON CAMPUS afspraak... (Tue 23:51)
- Tanaz Farmani Reschedule of Appointment (Tue 23:56)
- Katrien VANDERSTAPPEN... (08:40)

Open Email: Nieuwe reservering: Tanaz Farmani voor Study and exam method

From: ON CAMPUS afspraak Studiebegeleider/appointment study advisor
To: Mariany Miroya Kivairu
Date: Tue 14/11/2023 23:51

Subject: Nieuwe reservering van Tanaz Farmani

Content:

Study and exam method met Mariany Miroya Kivairu
 Gratis

woensdag 22 november 2023
 11:00 - 11:30
 (UTC+01:00) Amsterdam, Berlin, Bern, Rome, Stockholm, Vienna

Studiebegeleiding VUB - Esplanade - Gebouw F -
 Pleinlaan 5 - Etterbeek

Aanvullende gegevens

Dear student,

Open Email: Nieuwsbrief Studiebegeleiding 15/11/23

From: Katrien VANDERSTAPPEN
To: Rebecca LEONARD; Naomi BEKE; Eveline BRUNEEEL; Eddy CARETTE; Annelies DEBOELAER; Romy DEMOL; Ine DE SMET; Christa HUIJGENS; Johanna JACOBS; Petra JACOBS; Hendrika JASPER; +40 others
Date: Wed 15/11/2023 08:40

Subject: Nieuwsbrief Studiebegeleiding 15/11/23

Content:

15 november 2023

Nieuwsbrief
 STUDIEBEGELEIDING

EVALUATIERONDE

Zoals aangegeven tijdens de **SB-meeting van oktober** zullen in december de jaarlijkse evaluatiegesprekken doorgaan. Noteer alvast volgende tijdstip in jullie agenda's:

- 22/11/'23: Deadline voor invullen 'Extra resultaten' aan je POP's in TEO.
- 23/11/'23: SB-beleid zorgt dat elke medewerker op 'Zelf-evaluatie' staat (eerder kan je zelf-evaluatie niet invullen).
- 1/12/'23: **Deadline voor de zelfevaluatie** in TEO.
- 2-6/12/'23: SB-beleid bereden de evaluatiegesprekken voor
- 6-22/12/'23: Periode waarin de **evaluatiegesprekken** zullen plaatsvinden. Je zal hiervoor een uitnodiging ontvangen in je Outlook-agenda.
- Januari '24: Ten laatste kennisname van het **finale verslag**.

Try the new Teams

SRL@SBC Chat Files Details Recap Meeting Whiteboard Q&A +

✓ Accepted | e Copy link | → Forward | Show as: Busy | Category: None

Tuesday, 14 November 2023 16:00 - 17:00

Show meeting info

Microsoft Teams meeting

Join on your computer, mobile app or room device
[Click here to join the meeting](#)

Meeting ID: 352 724 301 50
Passcode: VujxPY
[Download Teams](#) | [Join on the web](#)

[Learn more](#) | [Meeting options](#)

Hide join info ^

Tracking

Beatriz Rios Zanetti
Organizer
Accepted

Kaat Terryn
Accepted

Mariany Miroya Kivairu
Accepted

08:49 15/11/2023

Try the new Teams

SRL@SBC Chat Files Details Recap Meeting Whiteboard Q&A +

✓ Accepted | e Copy link | → Forward | Show as: Busy | Category: None

Tuesday, 14 November 2023 16:00 - 17:00

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Accepted

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08:49 15/11/2023

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Kaat Terryn Accepted

Mariany Miroya Kivairu Accepted

9°C Grotendeels be... 08:49 15/11/2023

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Tracking

Beatriz Rios Zanetti Organizer Accepted

Kaat Terryn Accepted

Mariany Miroya Kivairu Accepted

9°C Grotendeels be... 08:49 15/11/2023

Try the new Teams

Activity Chat Teams Calls Files Apps Help

Calendar

Today November 2023

13 Monday 14 Tuesday 15 Wednesday 16 Thursday 17 Friday 18 Saturday 19 Sunday

Wetenschappen/Educational Sciences/Onderwijskunde Microsoft Teams Meeting Koen LOMBAERTS

SRL@SBC Microsoft Teams Meeting Beatriz Rios Zanetti

SVR (stuversraad) Vergaderzaal PE Emmelien Torps

stavaza Mariany treincoupl Eveline BRUNEEL

PhD Infosession: Q&A for Educational Sciences Microsoft Teams Meeting Yara Teffaha

9°C Grotendeels be... 08:47 15/11/2023

Join with an ID Meet now + New meeting Week

Try the new Teams

Activity Chat Teams Calls Files Apps Help

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PhD Infosession: Q&A for Educational Sciences Microsoft Teams Meeting Yara Teffaha

9°C Grotendeels be... 08:47 15/11/2023

Join with an ID Meet now + New meeting Week

Try the new Teams

Study and exam method - busra kala Details

✓ Accepted → Forward Show as: Busy Category: None

Wednesday, 15 November 2023 11:00 - 11:30

Studiebegeleiding VUB - Esplanade - Gebouw F - Pleinlaan 5 - Etterbeek

Klantgegevens

Naam: busra kala
E-mail: busra.nur.kala@vub.be

Reserveringsgegevens

Servicenaam: Study and exam method
Locatie: Studiebegeleiding VUB - Esplanade - Gebouw F - Pleinlaan 5 - Etterbeek
Prijs: gratis

Aangepaste velden

Vraag 1- Program?
antwoord -molecular and cellular life sciences
Vraag 2- Student number. Fill out '0' if you don't have one.
antwoord -0603096
Vraag 3- Describe your question.
antwoord -study concentration ,note taking and master thesis guidance
Vraag 4- Hoe kwam je bij ons terecht? How did you find out about us?
antwoord -Via de Canvaspagina van Studiebegeleiding/ Via the Canvas page of Study Guidance

Aanvullende informatie

Interne notities

9°C Grotendeels be... 08:47 15/11/2023

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Aanvullende informatie
Interne notities

Tracking

OA ON CAMPUS afspraak Studiebeg... Organizer

MK Mariana Miroya Kivairu Accepted

9°C Grotendeels be... 08:46 15/11/2023

Try the new Teams

Study and exam method - busra kala Details

✓ Accepted → Forward Show as: Busy Category: None

Wednesday, 15 November 2023 11:00 - 11:30

Studiebegeleiding VUB - Esplanade - Gebouw F - Pleinlaan 5 - Etterbeek

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Tracking

OA ON CAMPUS afspraak Studiebeg... Organizer

MK Mariana Miroya Kivairu Accepted

9°C Grotendeels be... 08:46 15/11/2023

Try the new Teams

Study and exam method - busra kala Details

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Aanvullende informatie
Interne notities

ON CAMPUS afspraak Studiebeg... Organizer
Mariany Miroya Kivairu Accepted

9°C Grotendeels be...

Search

Close

Tracking

Try the new Teams

Calendar

Join with an ID Meet now + New meeting

Today < > November 2023

Week

13 Monday	14 Tuesday	15 Wednesday	16 Thursday	17 Friday	18 Saturday	19 Sunday
		Study and exam method - Tanaz Farmani Studybegeleiding VUB - Esplanade - Gebouw F - P		Writing the bachelor or Microsoft Teams-vergadering		
		Study and exam method - busra kala Studybegeleiding VUB - Esplanade - Gebouw F - D				
	Study and exam method Studybegeleiding VUB - i					
	Education Council Aagogische Wetenschappen/Educatie Sciences/Onderwijskund Microsoft Teams Meeting Koen LOMBAERTS					
			stavaza Mariany treincoup4 Eveline BRUNEEL		PnD Infosession: Q&A for Educational Sciences Microsoft Teams Meeting Yara Tefaha	
	SRL@SBC Microsoft Teams Meeting Bianca Rios Zanetti					

9°C Grotendeels be...

Search

Try the new Teams

Activity Chat Teams Calls Files Apps Help

Calendar Today November 2023

13 Monday 14 Tuesday 15 Wednesday 16 Thursday 17 Friday 18 Saturday 19 Sunday

10
11
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15
16
17

Study and exam method - Tanaz Farmani
Studiebegeleiding VUB - Esplanade - Gebouw F - P

Study and exam method - busra kala
Studiebegeleiding VUB - Esplanade - Gebouw F - D

Study and exam method - busra kala
Studiebegeleiding VUB - Esplanade - Gebouw F - D

Education Council
Apoligische
Wetenschappen/Educatie
Sciences/Onderwijskunde
Microsoft Teams Meeting
Koen LOMBAERTS

stavaza Mariany
treincoupé
Eveline BRUNEEL

Writing the bachelor or
Microsoft Teams-vergaderen

PhD Infosession: Q&A
for Educational Sciences
Microsoft Teams Meeting
Yara Teffaha

SRL@SBC
Microsoft Teams Meeting
Beatriz Rios Zanetti

9°C Grotendeels be... 08:46 15/11/2023

Try the new Teams

Activity Chat Teams Calls Files Apps Help

Calendar Today November 2023

13 Monday 14 Tuesday 15 Wednesday 16 Thursday 17 Friday 18 Saturday 19 Sunday

10
11
12
13
14
15
16
17

Study and exam method - Tanaz Farmani
Studiebegeleiding VUB - Esplanade - Gebouw F - P

Study and exam method - busra kala
Studiebegeleiding VUB - Esplanade - Gebouw F - D

Study and exam method - busra kala
Studiebegeleiding VUB - Esplanade - Gebouw F - D

Education Council
Apoligische
Wetenschappen/Educatie
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Yara Teffaha

SRL@SBC
Microsoft Teams Meeting
Beatriz Rios Zanetti

9°C Grotendeels be... 08:46 15/11/2023

Try the new Teams

Activity Chat Teams Calls Files Apps Help

Calendar Today November 2023

13 Monday 14 Tuesday 15 Wednesday 16 Thursday 17 Friday 18 Saturday 19 Sunday

10 11 12 13 14 15 16 17

Study and exam method - Tanaz Farmani
Studiebegeleiding VUB - Esplanade - Gebouw F - P

Study and exam method - busra kala
Studiebegeleiding VUB - Esplanade - Gebouw F - P

Study and exam method
Studiebegeleiding VUB - F

Education Council
Aagogische
Wetenschappen/Educativ
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Microsoft Teams Meeting
Koen LOMBAERTS

stavaza Marijny
treincoupé
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Writing the bachelor or
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Yara Teffaha

SRL@SBC
Microsoft Teams Meeting
Beatriz Rios Zanetti

9°C Grotendeels be... 08:45 15/11/2023

Try the new Teams

Activity Chat Teams Calls Files Apps Help

Calendar Today November 2023

13 Monday 14 Tuesday 15 Wednesday 16 Thursday 17 Friday 18 Saturday 19 Sunday

10 11 12 13 14 15 16 17

Study and exam method - Tanaz Farmani
Studiebegeleiding VUB - Esplanade - Gebouw F - P

Study and exam method - busra kala
Studiebegeleiding VUB - Esplanade - Gebouw F - P

Study and exam method
Studiebegeleiding VUB - F

Education Council
Aagogische
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Koen LOMBAERTS

stavaza Marijny
treincoupé
Eveline BRUNEEL

Writing the bachelor or
Microsoft Teams-vergader

PhD Infosession: Q&A
for Educational Sciences
Microsoft Teams Meeting
Yara Teffaha

SRL@SBC
Microsoft Teams Meeting
Beatriz Rios Zanetti

9°C Grotendeels be... 08:45 15/11/2023

Try the new Teams

Activity Chat Teams Calls Files Apps Help

Calendar Today November 2023

13 Monday 14 Tuesday 15 Wednesday 16 Thursday 17 Friday 18 Saturday 19 Sunday

10 11 12 13 14 15 16 17

Study and exam method - Tanaz Farmani
Studiebegeleiding VUB - Esplanade - Gebouw F - P

Study and exam method - burra kala
Studiebegeleiding VUB - Esplanade - Gebouw F - P

Study and exam method
Studiebegeleiding VUB - f

Education Council
Aagogische
Wetenschappen/Educative
Sciences/Onderwijskunde

Microsoft Teams Meeting
Koen LOMBAERTS

stavaza Mariany
treincoupé
Eveline BRUNEEL

PhD Infosession: Q&A
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SRL@SBC
Microsoft Teams Meeting
Beatriz Rios Zanetti

9°C Grotendeels be...

Search

08:45 15/11/2023

Try the new Teams

Activity Chat Teams Calls Files Apps Help

Calendar Study and exam method - Tanaz Farmani Details

Accepted | Forward | Show as: Busy | Category: None

Wednesday, 15 November 2023 10:00 - 10:30

Studiebegeleiding VUB - Esplanade - Gebouw F - Pleinlaan 5 - Etterbeek

Klantgegevens

Naam: Tanaz Farmani
E-mail: tanaz.farmani@vub.be

Reserveringsgegevens

Servicenaam: Study and exam method
Locatie: Studiebegeleiding VUB - Esplanade - Gebouw F - Pleinlaan 5 - Etterbeek
Prijs: gratis

Aangepaste velden

Vraag 1 - Program?
antwoord -Social Sciences
Vraag 2 - Student number. Fill out '0' if you don't have one.
antwoord -0583728
Vraag 3 - Describe your question.
antwoord -Question about how to study much content
Vraag 4 - Hoe kwam je bij ons terecht?/ How did you find out about us?
antwoord -Via de website/ Through the website

Aanvullende informatie

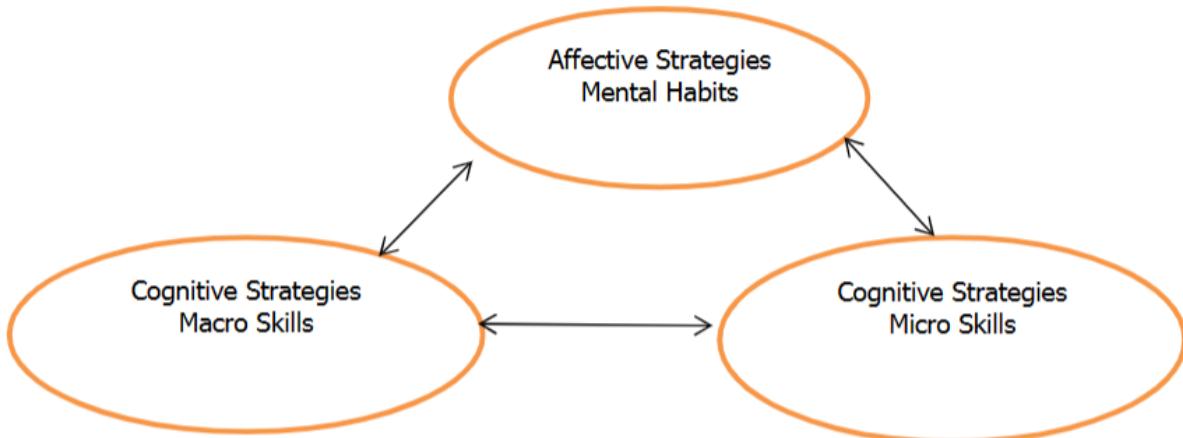
Interne notities

Tracking

OA ON CAMPUS afspraak Studiebeg... Organizer
MK Mariany Miroya Kivairu Accepted

Screenshot of a Microsoft Teams event details page titled "Study and exam method - Tanaz Farmani". The event is accepted and scheduled for Wednesday, 15 November 2023, from 10:00 to 10:30. The location is Studiebegeleiding VUB - Esplanade - Gebouw F - Pleinlaan 5 - Etterbeek. The organizer is ON CAMPUS afspraak Studiebeg... and the participant is Mariana Miroya Kivairu, who has accepted the invitation.

Strategies of Critical Thinking



Types of thinking	Purposes	Thinking Skills	Relations between them
Critical Thinking	Evaluating the opposite states or clarity of ideas	Defining states or ideas, analyzing opposite views, evaluating evidences	Critical thinking is needed for all thinking skills.
Creative Thinking	Producing new ideas and products	Determining ideas, restructuring the problem, determining the possibilities	The newly-created product which has been produced through creative thinking is evaluated by means of critical thinking.
Making a Decision	Making an informed decision	Thinking the information, defining the alternatives and making a decision	Critical thinking is one of the basic processes necessary for making a decision.
Problem Solving	Finding one or more solutions for a problem	Defining, explaining, choosing, implementing and evaluating a strategy,	While problem solving starts with a problem, critical thinking encompasses evaluation of all information, ideas and events that one comes across.

Enhancement

S ubstitution

Technology acts as a direct tool substitute with no functional change.

Transformation

A ugmentation

Technology acts as a direct tool substitute with functional improvements.

M odification

Technology allows for significant task redesign.

R edefinition

Technology allows creation of new task , previously inconceivable.

SRL @ SBC

54:00

Take control Pop out Chat People Raise React View More Camera Mic Share Leave

How can I identify the students' SRL competencies?

- Artifacts and Traces: portfolio, journal, agenda, notes (cornell method)
 - Train and support students to register their learning process
 - Provide opportunities to compare and discuss with colleagues (peer-learning)
 - Artifacts and traces can have different functions in the students' learning process and thus be connected to different SRL competencies -> important to identify this
 - Metacognitive: questions asked or noted/ planning, timetables,...
 - Cognitive: group chat or emails; creation of exam questions
 - Affective: uplifting quotes, self-instruction, list of rewards, emotional marks in the texts "aaah!" (stickers?)

Kaat Terry

Beatriz Rios Zanetti

< 24 of 35 > ⏪ ...

SRL @ SBC

54:00

Take control Pop out Chat People Raise React View More Camera Mic Share Leave

How can I identify the students' SRL competencies?

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Kaat Terryn

Beatriz Rios Zanetti

< 24 of 35 > ...

SRL @ SBC

37:09

Take control Pop out Chat People Raise React View More Camera

SBC's Active and strategic framework and the SRL competencies?

Orientation and Approach

Assimilate & understand

Analytic reading
- Analyzing
- Structuring

In-depth reading
- Relating
- Concrete processing
- Critical processing

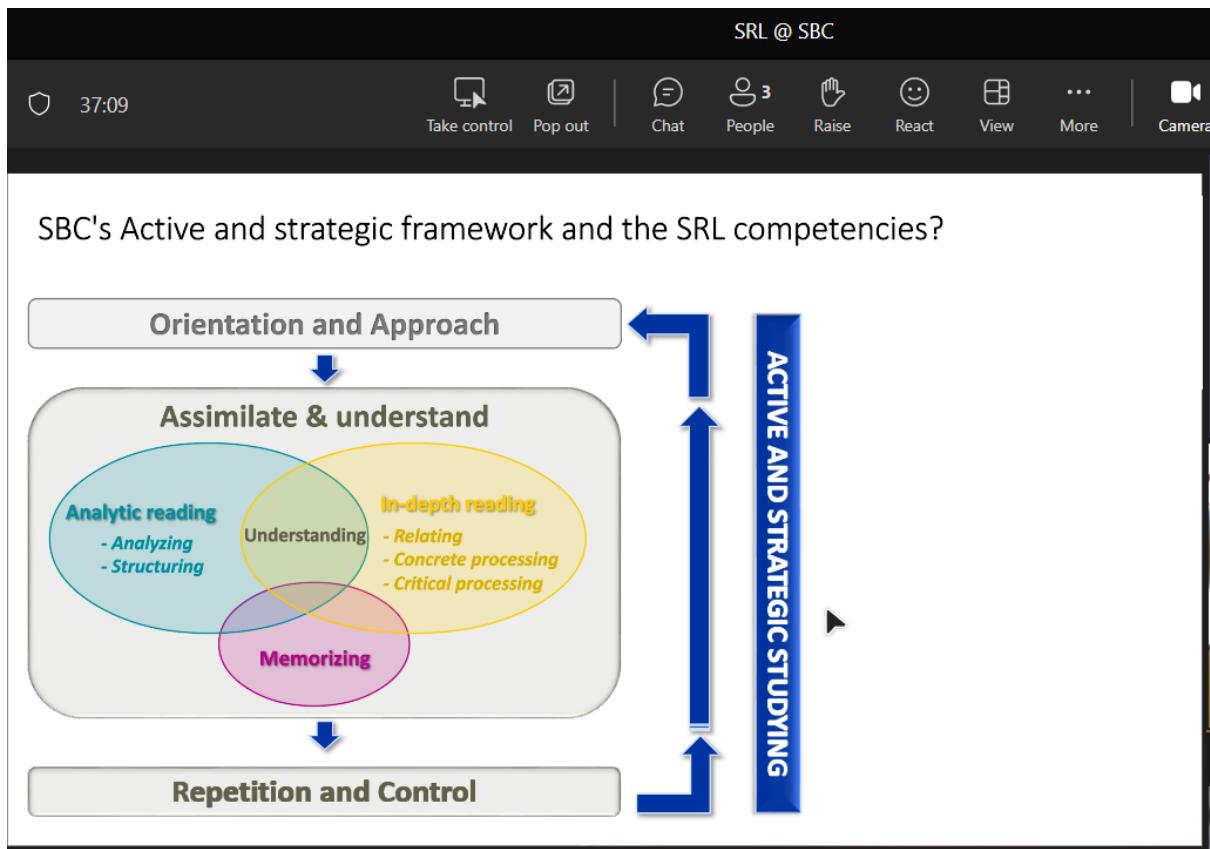
Understanding

Memorizing

Repetition and Control

ACTIVE AND STRATEGIC STUDYING

< 16 of 35 > ...



< 16 of 35 > ⏪ ...

SRL @ SBC

15:14 Take control Pop out Chat People Raise React View More Camera Mic Share Leave

Self-evaluation competencies

- 1) Self-evaluation
- 2) Attribution

Self-observation competencies

- 1) Self-monitoring
- 2) Self-registration

Task analysis competencies

- 1) Goal setting
- 2) Planning

Which SRL competencies will I need to direct my learning progress?

The diagram shows a winding path through six numbered stages:

1. I analyse the task
2. I find the energy needed
3. I focus on my goals and move forward
4. I observe myself and adjust
5. I evaluate my performance
6. I respond to my evaluation and move forward

Competency lists corresponding to each stage:

- Stage 6: Self-satisfaction, Adaptive/defensive reaction
- Stage 5: Self-reaction competencies
- Stage 4: Task strategy, Self-instruction, Imagery, Time management, Environmental structuring, Help seeking, Interest activation, Self-consequences
- Stage 3: Self-control competencies
- Stage 2: Self-efficacy, Outcomes expectations, Task interest, Task value, Goal orientation
- Stage 1: Self-motivation competencies

Kaat Terryn

Beatrix Rios Zanetti

7-11-2023 | 6

< 6 of 35 > ⏪ ...

SRL @ SBC

15:14

Take control Pop out Chat People Raise ... Camera Mic Share Leave

Self-evaluation competencies

- 1) Self-evaluation
- 2) Attribution

Self-observation competencies

- 1) Self-monitoring
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Task analysis competencies

- 1) Goal setting
- 2) Planning

Which SRL competencies will I need to direct my learning progress?

Self-reaction competencies

- 1) Self-satisfaction
- 2) Adaptive/defensive reaction

Self-control competencies

- 1) Task strategy
- 2) Self-instruction
- 3) Imagery
- 4) Time management
- 5) Environmental structuring
- 6) Help seeking
- 7) Interest activation
- 8) Self-consequences

Self-motivation competencies

- 1) Self-efficacy
- 2) Outcomes expectations
- 3) Task interest
- 4) Task value
- 5) Goal orientation

7-11-2023 | 6

Kaat Terryn

Beatrix Rios Zanetti

6 of 35

SRL @ SBC

14:44

Take control Pop out Chat People Raise ... Camera Mic Share Leave

Self-evaluation competencies

- 5) I check if I have understood the learning material and also if I have memorized it. I evaluate which learning strategies worked better.

Self-observation competencies

- 4) I register my study development and monitor my progress.

Task analysis competencies

- 1) I familiarize myself with the study material before I start working with it.

Which groups of SRL competencies will I need to direct my learning progress?

Self-reaction competencies

- 6) I reflect about my study progress and how I can build on what I learned about myself as a learner.

Self-control competencies

- 3) I use my study skills and look for the best way to concentrate.

Self-motivation competencies

- 2) I understand the resources needed and I know what/how to boost my self-confidence.

7-11-2023 | 5

Kaat Terryn

Beatrix Rios Zanetti

5 of 35

SRL @ SBC

14:44

Take control Pop out Chat People Raise React View More Camera Mic Share Leave

Self-evaluation competencies

5) I check if I have understood the learning material and also if I have memorized it. I evaluate which learning strategies worked better.

Self-observation competencies

4) I register my study development and monitor my progress.

Task analysis competencies

1) I familiarize myself with the study material before I start working with it.

Which groups of SRL competencies will I need to direct my learning progress?

6) I reflect about my study progress and how I can build on what I learned about myself as a learner.

Self-reaction competencies

Kaat Terryn

3) I use my study skills and look for the best way to concentrate.

Self-control competencies

2) I understand the resources needed and I know what/how to boost my self-confidence.

Self-motivation competencies

7-11-2023 | 5

< 5 of 35 > 🔍 ...

SRL @ SBC

10:34

Take control Pop out Chat People Raise React View More Camera Mic Share Leave

Self-reflection phase

5) I check if I have understood the learning material and also if I have memorized it. I evaluate which learning strategies worked better.

Performance phase

4) I register my study development and monitor my progress.

Forethought phase

1) I familiarize myself with the study material before I start working with it.

Which steps should I take to direct my learning progress?

6) I reflect about my study progress and how I can build on what I learned about myself as a learner.

Kaat Terryn

3) I use my study skills and look for the best way to concentrate.

2) I understand the resources needed and I know what/how to boost my self-confidence.

7-11-2023 | 4

< 4 of 35 > 🔍 ...

SRL @ SBC

10:34 Take control Pop out Chat People Raise React View More Camera Mic Share Leave

Self-reflection phase

5) I check if I have understood the learning material and also if I have memorized it. I evaluate which learning strategies worked better.

Performance phase

4) I register my study development and monitor my progress.

Forethought phase

1) I familiarize myself with the study material before I start working with it.

Which steps should I take to direct my learning progress?

I evaluate my performance
I respond to my evaluation and move forward
I observe myself and adjust
I focus on my goals and move forward
I analyse the task
I find the energy needed

6) I reflect about my study progress and how I can build on what I learned about myself as a learner.
Kaat Terryn

3) I use my study skills and look for the best way to concentrate.
Beatriz Rios Zanetti

7-11-2023 | 4

< 4 of 35 > ...

VUB Today ← → November 2023

Account

MOM.	DI.	WED.	DO.
30	31	1	2

VUB Today ← → November 2023

Account

MOM.	DI.	WED.	DO.
30	31	1	2

Try the new Teams

Study and exam method - Louis Armah Chat Files Details Meeting Whiteboard Q&A +

06:03 MK Join Close

Accepted | Copy link | Forward | Show as: Busy | Category: None

Monday, 30 October 2023 11:00 - 11:30

Microsoft Teams-vergadering

Hide meeting info

Klantgegevens

Naam: Louis Armah
E-mail: louis.armah@vub.be

Reserveringsgegevens

Servicenaam: Study and exam method
Locatie: Microsoft Teams-vergadering
Prijs: gratis

Aangepaste velden

Vraag 1- Program?
antwoord -MA Biomedical engineering

Vraag 2- Student number. Fill out '0' if you don't have one.
antwoord -0613888

Vraag 3- Describe your question
antwoord -Am still in my home country

Vraag 4- Hoe kwam je bij ons terecht? How did you find out about us?
antwoord -Via het contactpunt/Via the contact point

ONLINE afspraak Studiebegeleide... Organizer

MK Mariany Miroya Kivairu Accepted

Try the new Teams

Study and exam method - Louis Armah Chat Files Details Meeting Whiteboard Q&A +

06:03 MK Join Close

Accepted | Copy link | Forward | Show as: Busy | Category: None

Monday, 30 October 2023 11:00 - 11:30

Microsoft Teams-vergadering

Hide meeting info

Klantgegevens

Naam: Louis Armah
E-mail: louis.armah@vub.be

Reserveringsgegevens

Servicenaam: Study and exam method
Locatie: Microsoft Teams-vergadering
Prijs: gratis

Aangepaste velden

Vraag 1- Program?
antwoord -MA Biomedical engineering

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antwoord -0613888

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ONLINE afspraak Studiebegeleide... Organizer

MK Mariany Miroya Kivairu Accepted

Try the new Teams

Study and exam method - Louis Armah Chat Files Details Meeting Whiteboard Q&A +

05:31 MK Join Close

✓ Accepted | Copy link | Forward | Show as: Busy | Category: None

Klantgegevens

Naam: Louis Armah
E-mail: louis.armah@vub.be

Reserveringsgegevens

Servicenaam: Study and exam method
Locatie: Microsoft Teams-vergadering
Prijs: gratis

Aangepaste velden

Vraag 1- Program?
antwoord -MA Biomedical engineering
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Aanvullende informatie

Interne notities

Hier kunt u notities over deze service toevoegen die alleen zichtbaar zijn voor u en uw medewerkers.
TeamsMeetingSeparator.02f35a5e-f8c6-4de6-b5b2-e4da695fcf1
[Show join info](#)

Tracking

Try the new Teams

Calendar

Today < > October 2023 - November 2023

	30	Monday	31	Tuesday	01	Wednesday	02	Thursday
8								
9								
10								
11								
12								
13								
14								

My calendar

Study and exam method - Louis Armah
Monday, 30 October 2023 11:00 – 11:30

Join ✓ Accepted

03:20 MK

Microsoft Teams-vergadering

<https://teams.microsoft.com/l/meetup-join/1...>

Chat with participants

ONLINE afspraak Studiebegeleider/appointment
study advisor
Organizer

SB-meeting

06:10 Chat People Raise View Apps More Camera Mic Share Leave

Turn camera off (Ctrl+Shift+O)

Agenda

- Mededelingen SB-beleid
- Terugkoppeling raden
- Inclusief onderwijs (Hanna)
- Varia
- Topic: Evaluatie start academiejaar

VUB STUDIEBEGELEIDING STUDY GUIDANCE

SB-meeting oktober 2023 24-10-2023 | 2

Rebecca LEONARD

11°C Bewolkt Search Chat People Raise View Apps More Camera Mic Share Leave

SB-meeting

04:00 Chat People Raise View Apps More Camera Mic Share Leave

SB-MEETING OKTOBER 2023

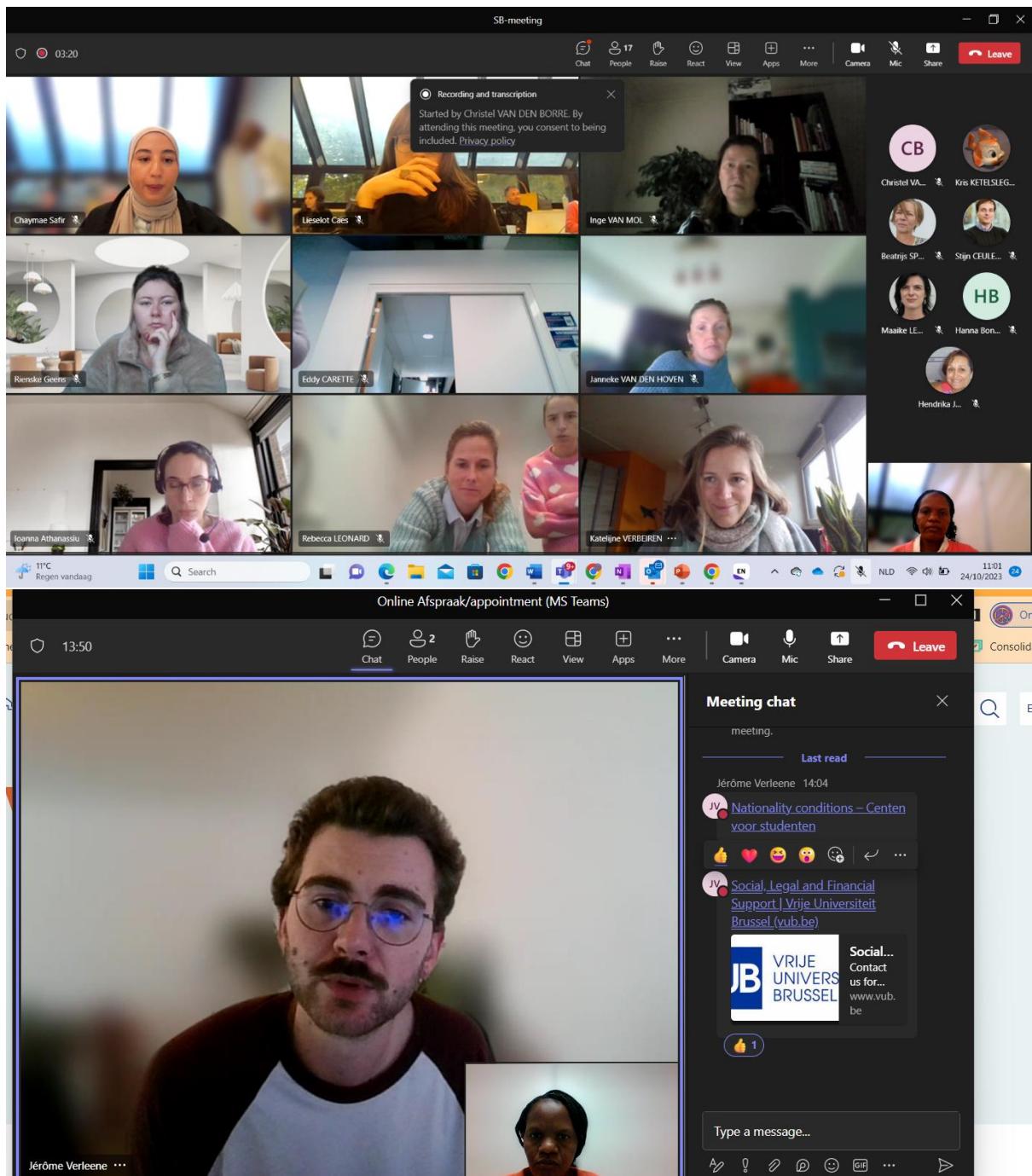
VUB STUDIEBEGELEIDING STUDY GUIDANCE

Rebecca LEONARD

1 of 16

11°C Regen vandaag Search Chat People Raise View Apps More Camera Mic Share Leave

The image consists of two screenshots of a Microsoft Teams meeting interface. The top screenshot shows a meeting titled 'Agenda' with a list of agenda items. The bottom screenshot shows a meeting titled 'SB-MEETING OKTOBER 2023' featuring a cartoon illustration of three stylized flowers (yellow, orange, and white) with faces. Both screenshots show a participant list on the right side.

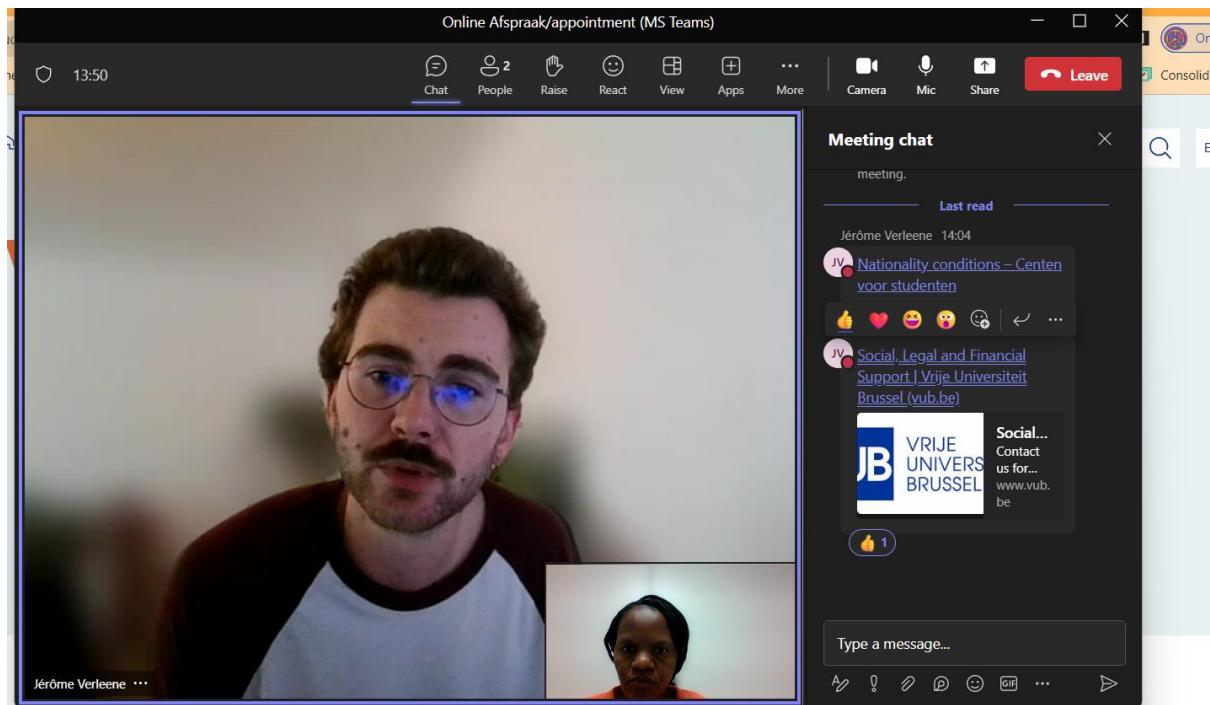


In this department

Social and legal support

Financial support

Student jobs



In this department

A screenshot of a Microsoft SharePoint page titled "In this department". The page has three main sections: "Social and legal support", "Financial support", and "Student jobs". The "Financial support" section is currently active and displays the following information:

Bachelor or master thesis: a step-by-step plan ONLINE

Participants (11):

- JG (Julia Teresa...)
- AK (Arash Bipar...)
- SK (Sara Kadi...)
- CA (Carolina Eli...)
- Amina Van ...
- Mariany Miroya Kivairu
- Abby Jo Tress
- Amina Van Deputte
- Ana-Roxana Manea
- Arash Biparvaye Khabani
- Beatriz Diaz Zanetti

Introduction

Study Counsellor: Beatriz Rios Zanetti
Beatriz.rios.zanetti@vub.be

Mo, Tu, Th: on campus
Wed, Fri: online

What about you? In which Faculty/Program are you?

VUB STUDIEBEGLEIDING STUDY GUIDANCE

Screenshot copied to clipboard and saved
Select here to mark up and share the image

Bachelor or master thesis: a step-by-step plan ONLINE

14:23

Take control Pop out Chat People Raise React View Apps More Camera Mic Share Leave

Add an app

Participants

Type a name

In this meeting (11)

MK Mariani Miroya Kivairu

AT Abby Jo Tress

Amina Van Deputte

Ana-Roxana Manea

AK Arash Biparvaye Khiabani

Beatriz Rios Zanetti

Introduction

Study Counsellor: Beatriz Rios Zanetti

Beatriz.rios.zanetti@vub.be

Mo, Tu, Th: on campus
Wed, Fri: online

What about you? In which Faculty/Program are you?

VUB STUDIEBEGELEIDING STUDY GUIDANCE

10 of 80

Screenshot copied to clipboard and saved
Select here to mark up and share the image

13:43

Take control Pop out Chat People Raise React View Apps More Camera Mic Share Leave

Add an app

Participants

Type a name

JG Julia Teresa Gaik Social Sciences

AT Abby Jo Tress Management

CA Bachelor or master thesis: a... Master Educational Sciences!

SK Sara Kadi

Others from chat (2)

Introduction

Study Counsellor: Beatriz Rios Zanetti

Beatriz.rios.zanetti@vub.be

Mo, Tu, Th: on campus
Wed, Fri: online

What about you? In which Faculty/Program are you?

VUB STUDIEBEGELEIDING STUDY GUIDANCE

10 of 80

Bachelor or master thesis: a step by step plan ONLINE

13:43

Julia Teresa Gaik Social Sciences

Arash Biparvani Sara Kadi Carolina Eli... Amina Van...

Take control Pop out Chat People Raise React View Apps More Camera Mic Share Leave

Participants

Type a name

JG Bachelor or master thesis: a... Social Sciences

AT Bachelor or master thesis: a... Management

BA Bachelor or master thesis: a... law

CA Bachelor or master thesis: a... Master Educational Sciences

SK Sara Kadi

Others from chat (2)

Introduction

Study Counsellor: Beatriz Rios Zanetti

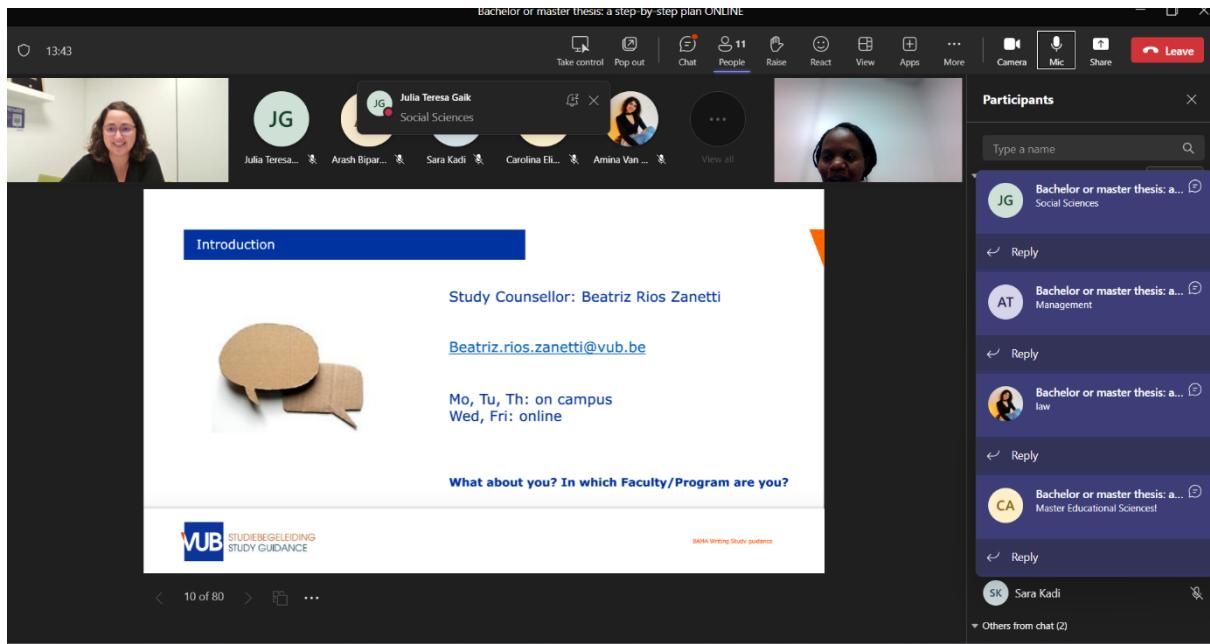
Beatriz.rios.zanetti@vub.be

Mo, Tu, Th: on campus
Wed, Fri: online

What about you? In which Faculty/Program are you?

VUB STUDIEBEGELEIDING STUDY GUIDANCE

10 of 80



vub.sharepoint.com/teams/ORG-DOZ/ORG-SB/_layouts/15/Doc.aspx?sourceid=ccece2be-037a-4425-a3bb-e98b97acac27&action=view&wd=target%28Meet...

Gmail - Inbox - pm... Telco checking data... Zim Team on Scratch WhatsApp ZETDC Self Service... ZimSec Material - G... Learn | Code.org mdr - Google Search CSS Cheat Sheet - L... Consolidate/Merge...

OneNote Studiebegeleiders

Bestand Start Invoegen Tekenen Beeld Help Vertel me wat u wilt doen

Meetings Dinsdag 9/05

ZRL_workshops Dinsdag 23/05

VIS Dinsdag 6/06

Nice-need to know Dinsdag 20/06

Begeleidingstrajecten Dinsdag 4/07 GEANNULEERD

Sharepoint Dinsdag 18/07

canvas Dinsdag 22/08

Bookings Dinsdag 29/08

Process flows Dinsdag 26/09

Welzijn Dinsdag 10/10

Archief BGT Dinsdag 24/10

> Archief SBG Meetings Dinsdag 07/11

> Archief VIS Dinsdag 21/11

Dinsdag 5/12

Dinsdag 19/12

Hartelijk dank voor het gebruik van Office! Er zijn enkele updates van de privacyinstellingen die u meer controle geven. De beheerder van uw organisatie biedt u de mogelijkheid meerdere services met cloudondersteuning te gebruiken. U beslist zelf of u deze services gebruikt. Als u deze privacyinstellingen wilt aanpassen, gaat u naar de privacyinstellingen van de webversie van Office. Deze optionele services met cloudondersteuning worden u aangeboden onder de Microsoft-servicesovereenkomst. Meer informatie

Dinsdag 10/10

Thursday, 21 September 2023 08:59

Aanwezig

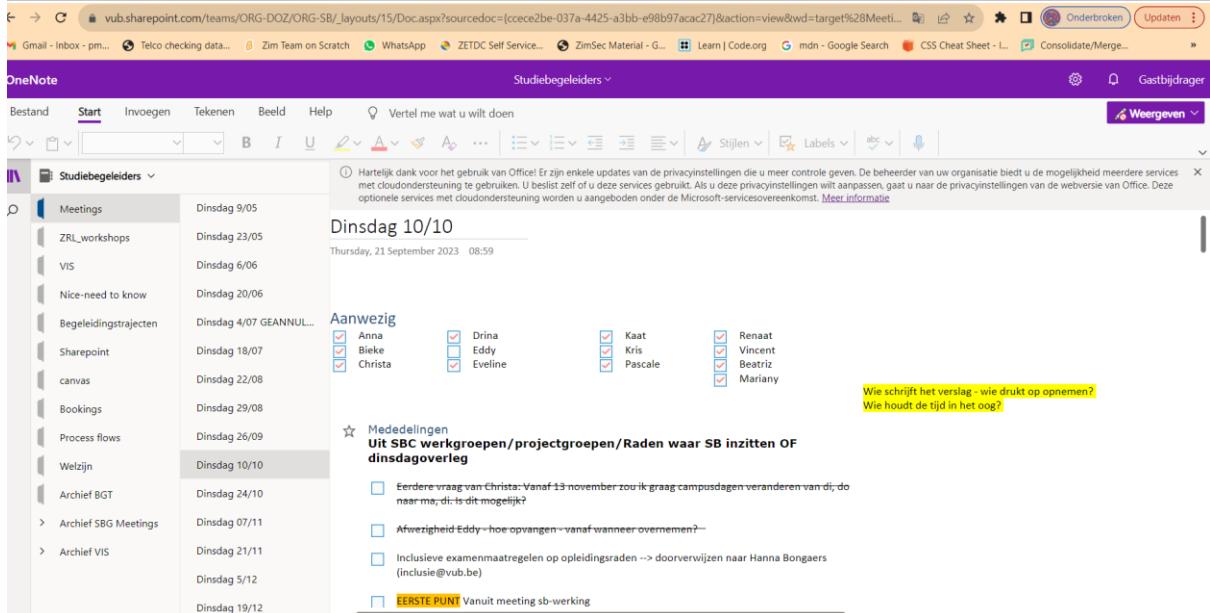
Anna	Bieke	Christa	Drina	Eddy	Eveline	Kaat	Kris	Pascale	Renaat	Vincent	Beatriz	Mariany
------	-------	---------	-------	------	---------	------	------	---------	--------	---------	---------	---------

Wie schrijft het verslag - wie drukt op opnemen?
Wie houdt de tijd in het oog?

Mededelingen

Uit SBC werkgroepen/projectgroepen/Raden waar SB inzitten OF dinsdagoverleg

- Verdere vraag van Christa: Vanaf 13 november zou ik graag campusslagen veranderen van di- do naar ma- di. Is dit mogelijk?
- Afwezigheid Eddy - hoe opvangen - vanaf wanneer overnemen?
- Inclusieve examenmaatregelen op opleidingsraden --> doorverwijzen naar Hanna Bongaers (inclusie@vub.be)
- ERSTE PUNT** Vanuit meeting sb-werking



Screenshot of a Microsoft OneNote meeting page titled "Studiebegeleiders". The page shows a list of meetings and their dates, with "Dinsdag 10/10" selected. It includes a list of attendees (Anna, Drina, Bieke, Eddy, Christa, Kaat, Kris, Pascale, Renat, Vincent, Beatriz, Mariany) and a section for "Mededelingen" (Announcements). A yellow box highlights the text "Wie schrijft het verslag - wie drukt op opnemen? Wie houdt de tijd in het oog?". Below the OneNote window is a Microsoft Teams video call interface showing three participants: Abby Tress (External), Eveline BRUNEEL, and a third participant whose name is partially visible. The Teams interface includes a "Meeting chat" sidebar with links to various tools like QuillBot, Grammarly, and EndNote Web.

Writing the bachelor or master thesis

22:44 Chat People Raise React View Apps More Camera Mic Share Leave

Some people in this chat are outside your org. It's possible they have message-related policies that will apply to the chat. Learn more

Meeting chat

Abby Tress (External) Eveline BRUNEEL ...

Paraphrasing Tool - QuillBot AI Pa... × QuillBot's AI... quillbot.co m

Plagiarism Checker | Grammarly Pl... × Instant plagiaris... www.gramm... com

EndNote Web

Type a message...

19°C Regenbuien Search

Writing the bachelor or master thesis

13:18 Chat People Raise React View Apps More Camera Mic Share Leave

Some people in this chat are outside your org. It's possible they have message-related policies that will apply to the chat. Learn more

Meeting chat

Abby Tress (External) Eveline BRUNEEL ...

how ever their is also some thesis workshop on 12th of october can be interesting to follow

Eveline BRUNEEL 13:16

https://warestudent.vub.be/c/7318/a/334602348?title=Bachelor_or_master_thesis_a_stepbystep_plan_ONLINE

Bache... We had some... warestudent.vub...

you can also get a thesis template and adapt it for guidance on your thesis

13:23 29/09/2023

19°C Regenbuien Search

Writing the bachelor or master thesis

13:18 Chat People Raise React View Apps More Camera Mic Share Leave

Some people in this chat are outside your org. It's possible they have message-related policies that will apply to the chat. Learn more

Meeting chat

Abby Tress (External) Eveline BRUNEEL ...

7698 - Panopto

older "2324 - Research Methods for Business - 007698" -

+ Create

Powered by Panopto

Methods for Business - 007698

+ subscribe

10 hours ago

Lecture 1 - part 2

10 hours ago

Lecture 1

10 hours ago

Alle cursussen

Welkom bij je cursussen! Om de lijst van cursussen aan te passen, klik je op de link "Meer cursussen" (All Courses) en voorzie je de uiter te geven cursussen van een sterrenrating.

13:23 29/09/2023

19°C Regenbuien Search

VUB

Community Faculteit Letteren en Wijsbegeerte

Community Faculteit Lichamelijke Opvoeding en Kinesitherapie

Experimentele celulaire en moleculaire biologie II - 003804

Klinische stages - 002283

Research Methods for Business - 007698

Research Methods for Business - 007698

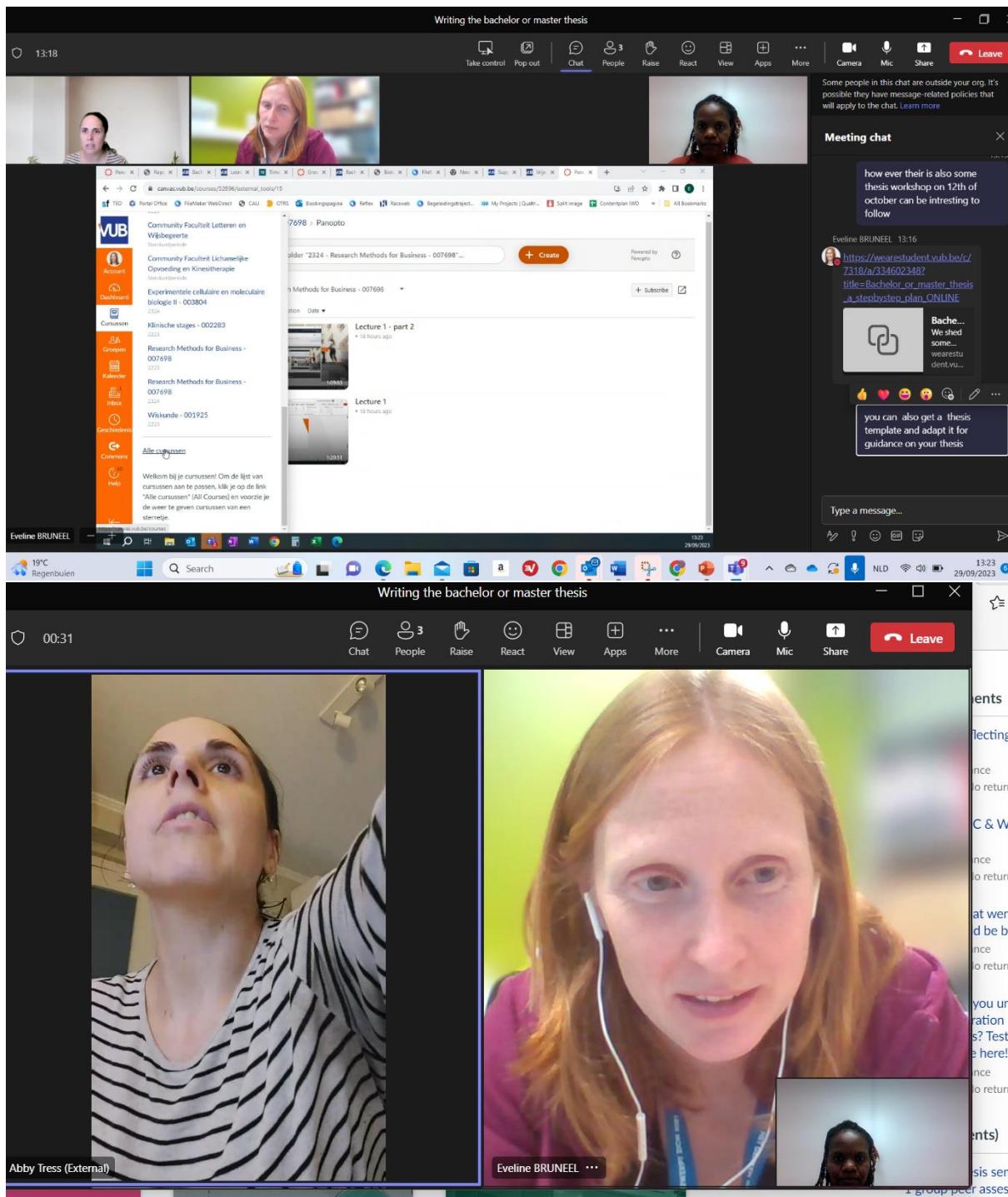
Wiskunde - 001925

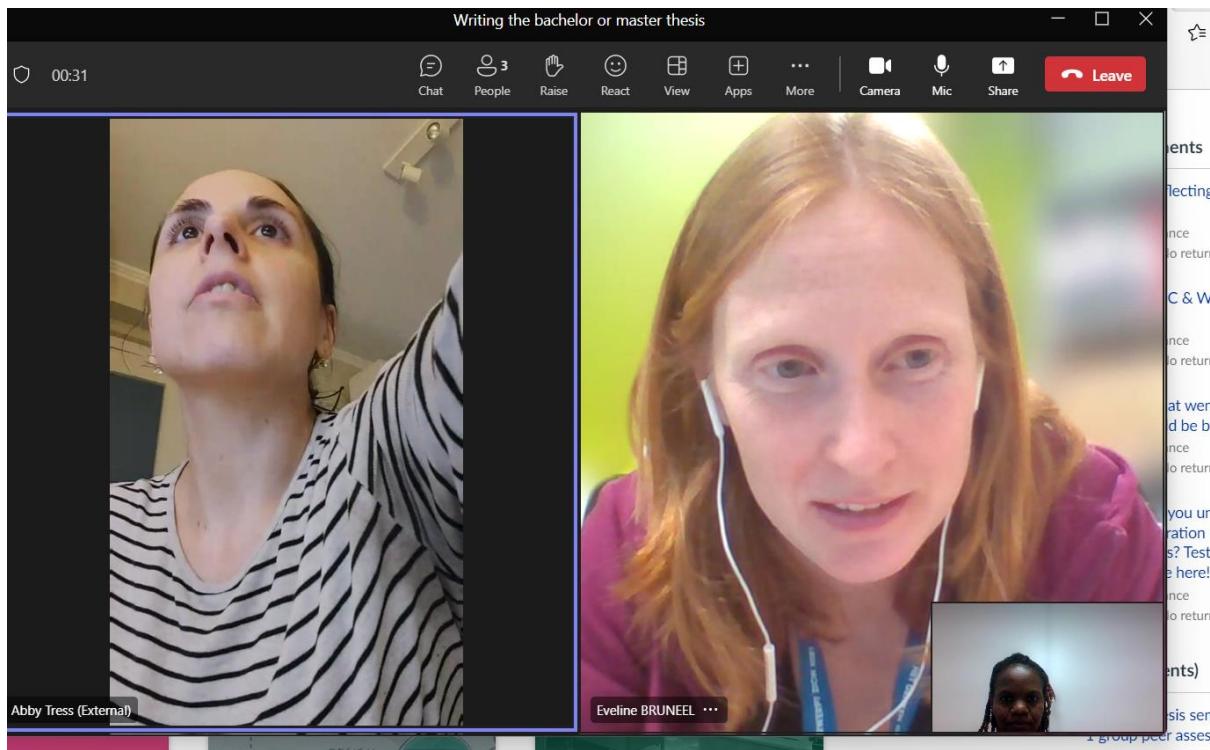
All courses

Eveline BRUNEEL

Take control Pop out

NLD WiFi





Eveline BRUNEL

Chat 11:45 Dial pad Hold Transfer Chat People View Apps More Camera Mic Share Leave

she really show up
15:38
she is not serious
its sad

15:42
yes i will be
but it can i call you?

Eveline BRUNEL 28/09/2023 15:43 and do you have some free time between 2 and 3 PM?
y

N4 / Chausée d... Gesloten weg Search 15:55 28/09/2023

The screenshot shows the Microsoft Teams calendar interface. The top navigation bar includes the 'Calendar' tab, a bell icon with 8 notifications, and a 'Join with an ID' button. Below the navigation is a header with a calendar icon, 'Today' button, and date range 'September 2023 - October 2023' with a dropdown arrow. On the left, there's a vertical sidebar with icons for Activity, Chat (with 8 messages), Teams, Lender, Calls, Files, and Apps. The main area displays a weekly calendar grid for Monday, September 25, to Friday, September 29. The agenda starts at 11:00 AM. A meeting titled 'Writing the bachelor or master thesis - Microsoft Teams-vergadering' is listed for 13:00 PM on Friday. A red dotted line extends from the start of this meeting across the screen, indicating a recurring event.

