STUDIEBEGELEIDING
STUDY GUIDANCE

SELF-REGULATED LEARNING

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Content

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2. **context**
3. **Theoretical framework**
4. **Tips and Tricks**
5. **Self regulated learning and student engagement**
6. **Activity**
7. **Self regulated model**

Objectives

Explain what self-regulated learning (SRL) is and how it enhances student learning

Induce your students to practice SRL

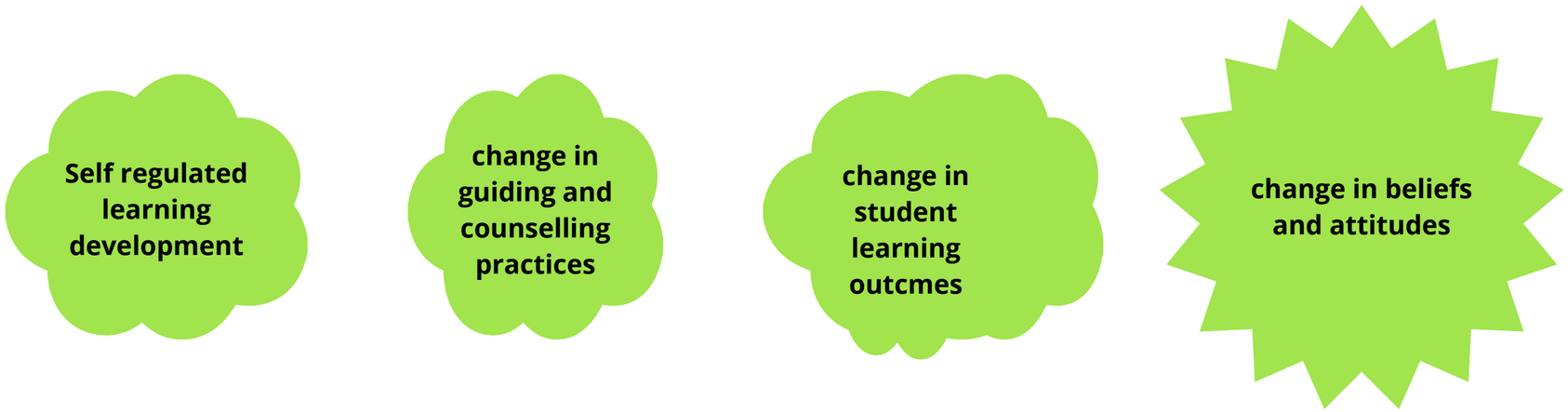
Adapt and integrate SRL principles, activities and assignments in your guidance sessions, workshops and tutoring

CONTEXT

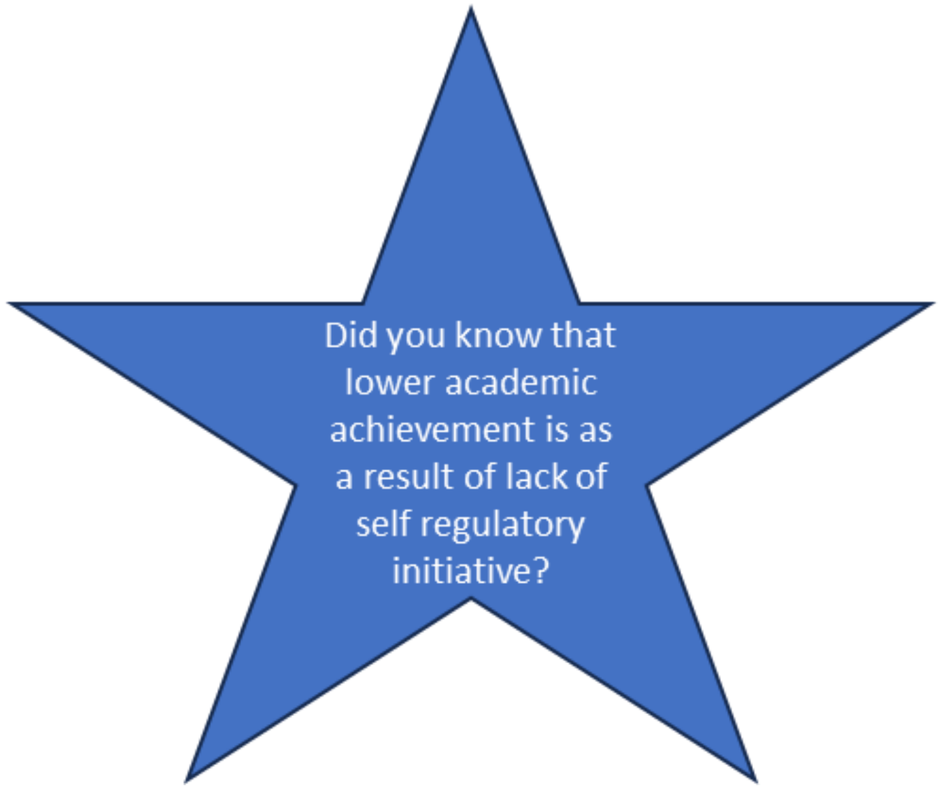
- Study counsellors may foster the development of their students' SRL to be more interactive
- Study counsellors will recognise and address the needs and difficulties students may face in becoming self-regulated learners thus becoming attractive.
- **ACTORS:Study counsellors,**Educators,Coaches,Study advisors, Trainers and Experts in Teaching and Learning Strategies.
- TARGET GROUPS
- Pedagogical point of view
- Student point of view

Theoretical Framework on study counsellors

model of change



Tips and tricks



Examining students level of effort, persistence, or time on task indicate level of self regulated learners

Self regulated learning and student engagement

This includes direct, measurable involvement or participation in learning activities that enhances student Motivation

- Practices for maximizing academic engagement time:
  - Managerial strategies
  - Instructional strategies
  - Student-mediated strategies

Managerial strategies

- Monitor student behavior
- Minimize classroom disruptions and off-task behavior
- Reduce transition time
- Establish consistent and efficient classroom routines
- Decrease class size and learning group sizes

Example:
This can be very handy in increasing student motivation and engagement during group guidance, workshops ,tutoring etc

Instructional strategies

Example:
Give clear explanations & short quizzes

- Interactive guidance
  - Focus on explicit learning objectives
  - Facilitate active student responding
  - Provide frequent feedback
- Instructional design
  - Match instruction with students’ abilities
  - Use multiple teaching methods
  - Deliver instruction at a quick, smooth, and efficient pace
  - Ensure that students understand directions

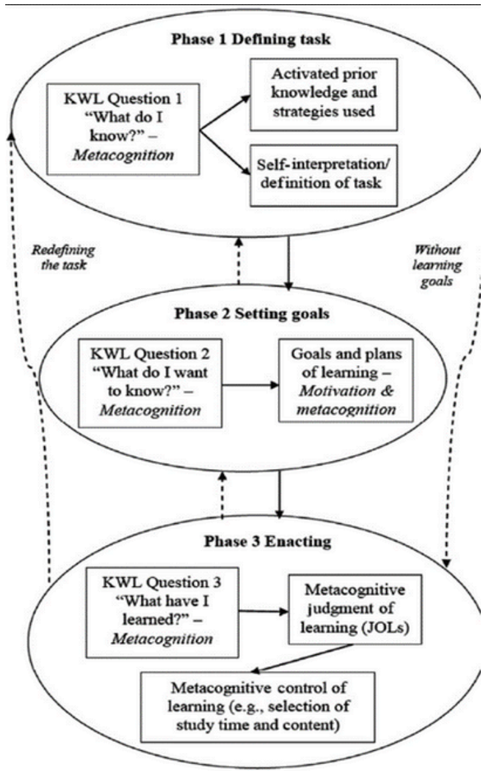
Example:
you can use gamification,videos,padlets. direct on point guidance and not going into much story telling

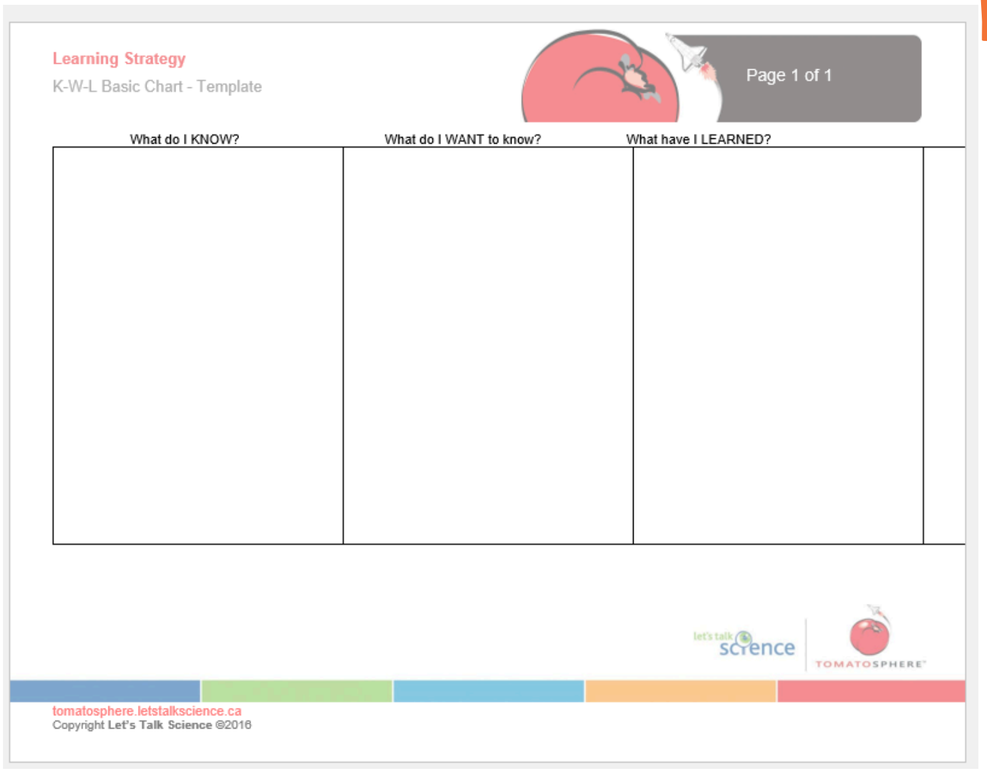
Student-mediated strategies

- Guide students to employ metacognitive and study strategies
- Incorporate self-monitoring procedures into the guiding environment
- Support students' self-management skills
- Establish consistent classroom routines and structure
- Have students set their own goals for learning
- Use homework effectively to enhance student learning

Example:
during guidance sessions as well as workshops,use checklists,adopt step by step procedures for all sessions ie the students come prepared knowing by the end of the session they will answer some quizzes this helps them stay motivated and grasp the content

Activity





Learning Strategy

K-W-L Basic Chart - Template

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What do I KNOW?	What do I WANT to know?	What have I LEARNED?	

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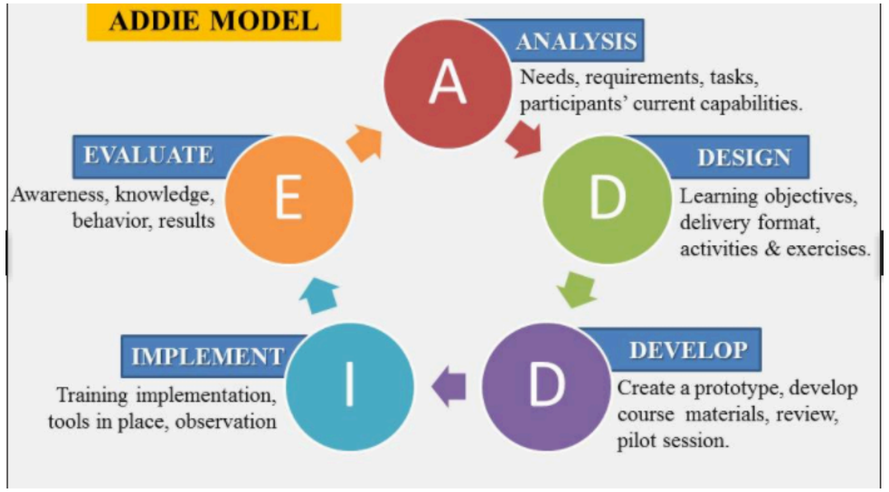
Self regulated learning models



A - Analyze learners: Who are my learners? What do they already know? What do they need to know?

D - Design instruction: What are the goals of SRL? What assessments and activities will help students achieve SRL objectives?

D - Develop SRL learning materials and activities: What SRL readings, simulations, interactive digital materials are needed for the activities and assessments ?

I - Implement instruction: interactive guidance of the student.

E - Evaluate: Did students achieve the SRL learning goals
AND evaluate the course: what worked, what didn't, request student input on the course activities and expectations.

Thank you