

Indian Violin Technique: Holding & Bowing

Lesson 1 – Posture and Bow Control

Traditional Indian Style

Violin Holding (Indian Style):

- Use a standard Western violin with custom tuning.
- Place the violin under the left collarbone for support.
- Sit with one leg folded and the right leg stretched forward.
- Rest the scroll of the violin on the right ankle.
- This frees both hands and allows expressive techniques like gamakas.

Bow Holding Technique:

- Insert the thumb between the frog and grip, touching the middle finger.
- Fingers rest between the 2nd and 3rd ridge.
- Little finger rests on top for balance.
- This follows the Franco-Belgian grip, widely used worldwide.

Bowing Technique:

- Bow should move parallel to the bridge, not angled.
- Contact point: midway between fingerboard and bridge.
- Maintain even pressure and movement for clean tone.
- Avoid bowing too close to fingerboard or bridge.

