

# Lesson 2 – Playing the Scale

## Sa Re Ga Ma Pa Dha Ni Sa on Violin (Indian Style)

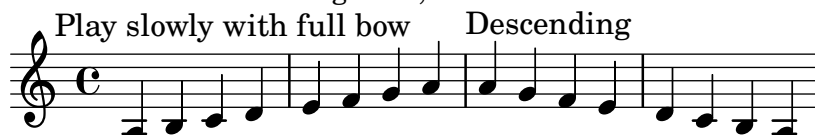
Traditional Indian Scale

### Posture & Bowing:

- Hold the violin under the collarbone, scroll resting on the ankle.
- Keep the left hand relaxed and loose.
- Use the full length of the bow for each note.
- Bowing should be even and perpendicular to the bridge.

### Finger Placement:

- Index finger: Re, Dha (stretched)
- Middle finger: Ga, Ni (stretched)
- Ring finger: Ma, Sa (close)
- Pa is neutral and can vary by style.
- Ga–Ma and Ni–Sa are close together; Re–Ga and Dha–Ni are stretched.



### Practice Tips:

- Start slow. Speed comes with ease and control.
- Focus on tone quality and bow evenness.
- Avoid rushing—master the feel of each note.

Violin

Ni - Pinky (stretched)  
Ga - Index finger Dha - Pinky  
Re - Index finger Pa - Ring finger Sa - High  
Sa - 1st finger Ma - Middle finger (stretched)

Ni - Pinky Pa - Ring finger Re - Index finger  
Sa - High Dha - Pinky Ga - Index finger  
Ma - Middle finger Sa - Low