

Lesson 2 – Playing the Scale

Sa Re Ga Ma Pa Dha Ni Sa on Violin (Indian Style)

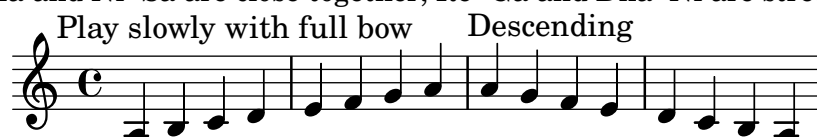
Traditional Indian Scale

Posture & Bowing:

- Hold the violin under the collarbone, scroll resting on the ankle.
- Keep the left hand relaxed and loose.
- Use the full length of the bow for each note.
- Bowing should be even and perpendicular to the bridge.

Finger Placement:

- Index finger: Re, Dha (stretched)
- Middle finger: Ga, Ni (stretched)
- Ring finger: Ma, Sa (close)
- Pa is neutral and can vary by style.
- Ga–Ma and Ni–Sa are close together; Re–Ga and Dha–Ni are stretched.



Practice Tips:

- Start slow. Speed comes with ease and control.
- Focus on tone quality and bow evenness.
- Avoid rushing—master the feel of each note.