

# CONNEXION

Full Name

User Name

Email

username@mail.com

Password

● ● ● ● ● ● ● ●

Confirm Password

● ● ● ● ● ● ● ●



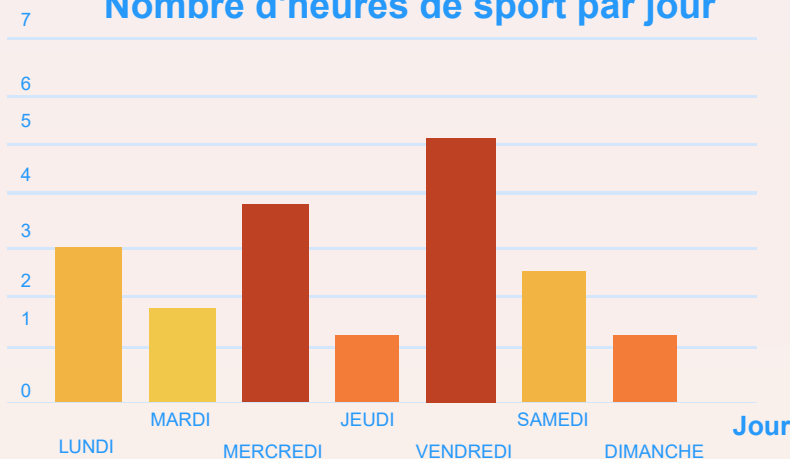
Login as @user\_name

# TITRE DU DASHBOARD



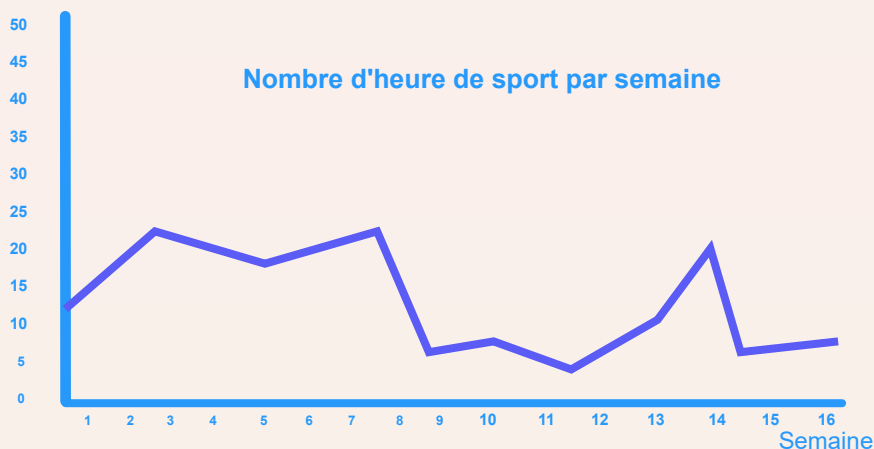
## Heures

### Nombre d'heures de sport par jour



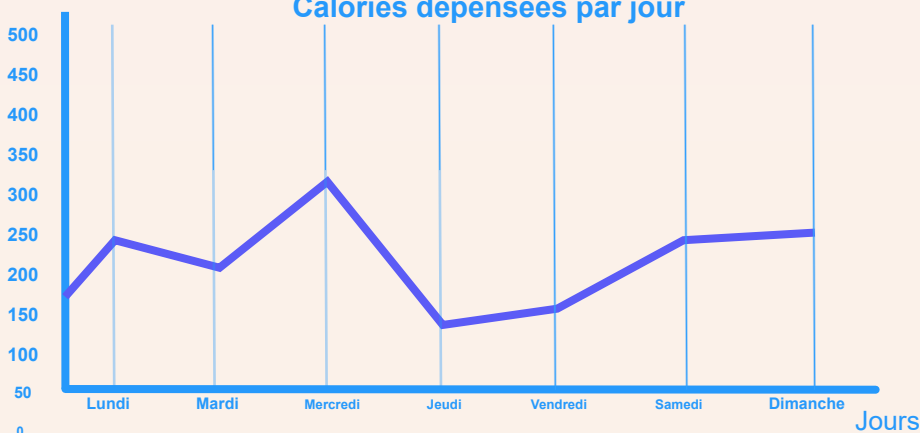
## Heures

### Nombre d'heure de sport par semaine

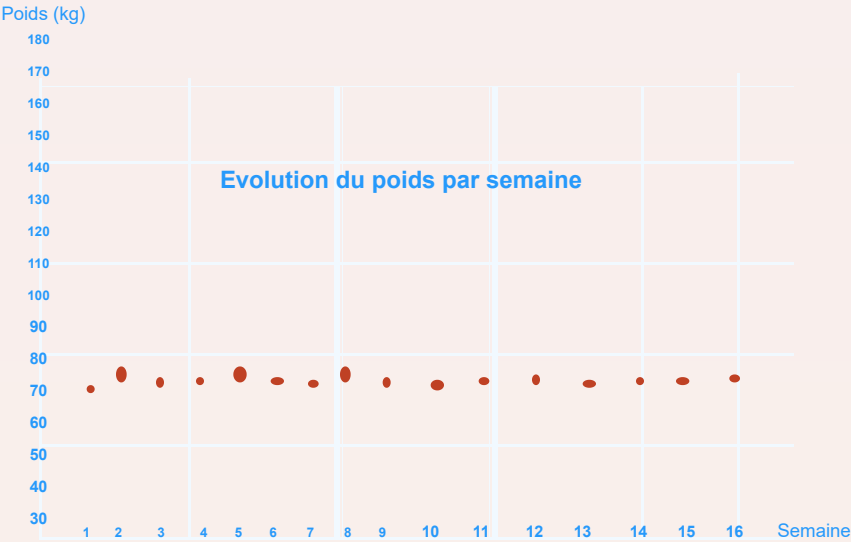


## calories

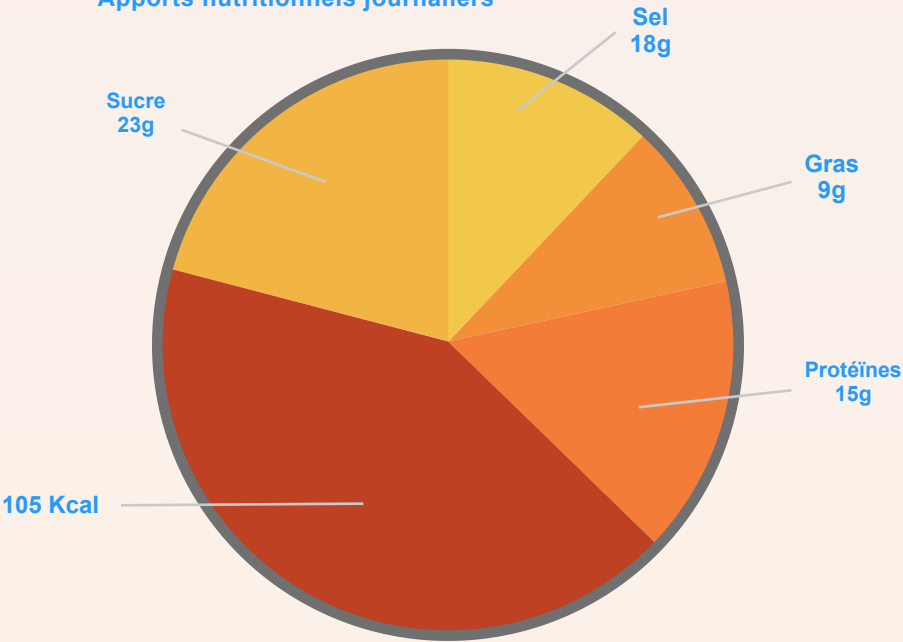
### Calories dépensées par jour



# TITRE DU DASHBOARD



## Apports nutritionnels journaliers





## Titre de la musique

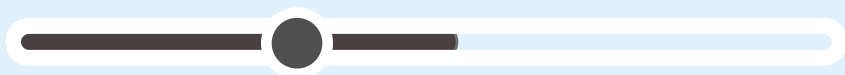
Nom de l'artiste



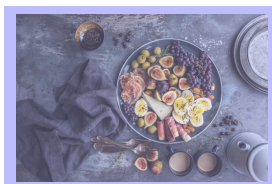
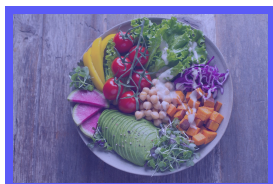
Nom de l'album

01:01

02:53



## Idées de recettes



→ Vegan salad bowl ←

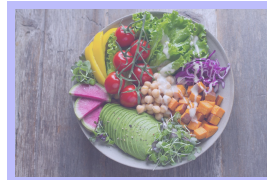
Avocat, radis, carottes, pois chiche,  
tomates, salade, poivrons jaune





→ Fish for Lunch ←

Dorade grillée, persillade, aïoli,  
salade sauce vinaigrette, pain grillé



→ Fruits salad ←

Figs, raisin blanc et noir,  
œufs, jambon serrano, fromage



## Météo

### Ensoleillé



8°C



18°C

