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**BACKGROUND** 

PROBLEM STATEMENT

**WORKFLOW** 

04

05

06

DATA CLEANING & EDA

MODEL & EVALUATION

CONCLUSION & RECOMMENDATIONS

# O1 Corporate Social Responsibility



# According to JAMA Psychiatry, studies show that *adolescents* who use social media > three hours /day may be at heightened risk of mental health problems



# According to Bachmann S. Epidemiology of Suicide and the Psychiatric Perspective, most suicides are related to psychiatric diseases and depression



#### REPORT FEATURE

 Enables users to flag other users if they suspect a user to be suffering from mental health issues based on their posts





Insert depressive thoughts

Report



#### **Benefits of Corporate Social Responsibility**



BETTER BRAND RECOGNITION



POSITIVE BUSINESS REPUTATION

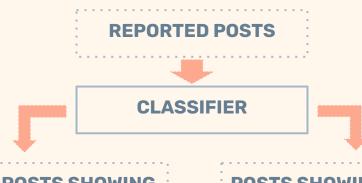


GAIN BUSINESS ADVANTAGE

# 02 Problem Statement







POSTS SHOWING
SIGNS OF
ANXIETY

-

ANXIETY HELPLINES

POSTS SHOWING
SIGNS OF
DEPRESSION

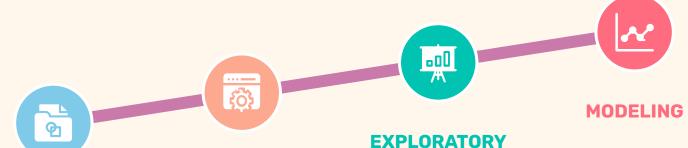


DEPRESSION HELPLINES

# 02 WORKFLOW



#### **WORKFLOW**



#### **WEB-SCRAPING**

- r/depression
- r/Anxiety

- Clean text

**DATA CLEANING** 

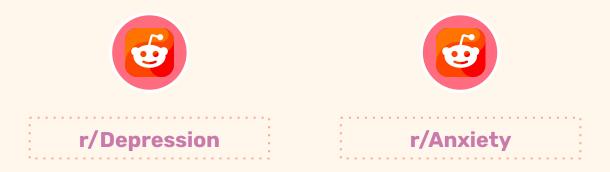
- Tokenize text

**Unearth keywords** 

**DATA ANALYSIS** 

- Build model
- Predict topic in new text

#### **USING PROXY DATA FROM REDDIT**



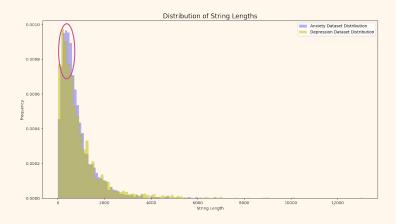
Tota **6000** posts scraped from both subreddits

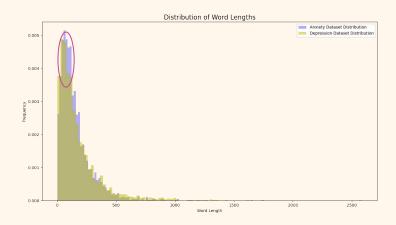




# EDA: SIMILAR DISTRIBUTION IN BOTH DATASETS

REQUIRES NLP FOR IN DEPTH ANALYSIS





#### What is NLP?

### Natural Language Processing

Machine learning technology to interpret, manipulate and comprehend human language

#### **Use Cases**

- Spam Filter in Email Account
- Autocomplete in Google Search
- Autocorrect in Word Document

#### **Applications**

Text Classification
'What topic does a text
instance belong to?'

#### **Preprocessing text data**

#### **Remove Punctuations**

.,?!

#### **Tokenization**

Break up long strings & sentences into lists of words

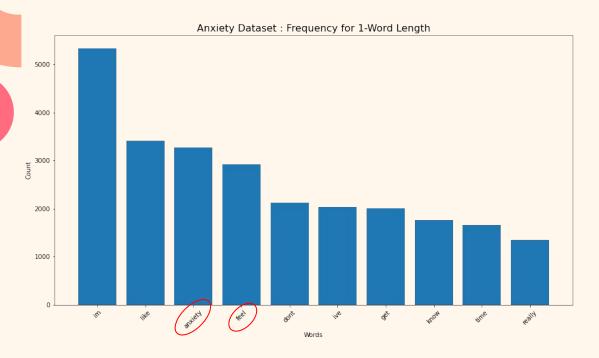
#### **Remove Stopwords**

'but', 'if', 'the'

#### Lemmatization

Reduce words to base form e.g. bats  $\rightarrow$  bat, feet  $\rightarrow$  foot, better  $\rightarrow$  good

#### **Top 10 words: Anxiety dataset**



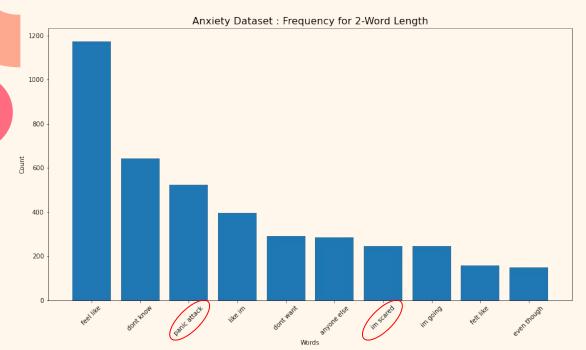
1.2

'anxiety' per post

1.1

'feel' per post

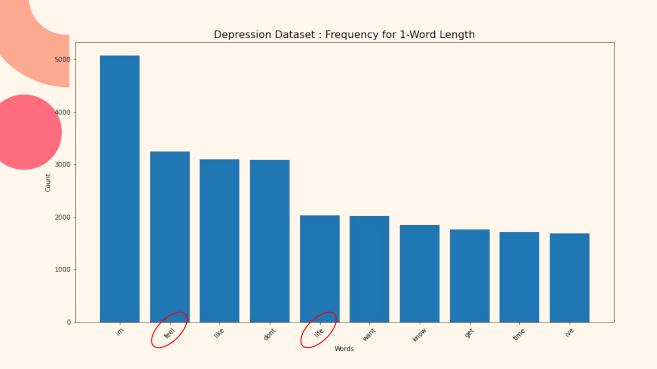
#### **Top 10 bigrams: Anxiety dataset**



20% of posts contains 'panic attack'

10% of posts contains 'im scared'

#### **Top 10 words: Depression dataset**

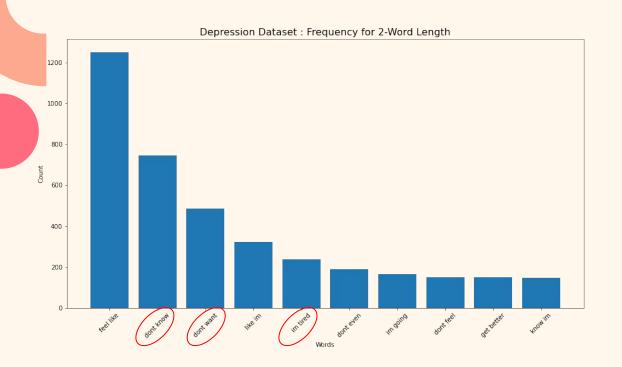


1.4 'feel' per post

0.9 'life' per post

Not in top 10: 'depressed'

#### **Top 10 bigrams: Depression dataset**



50%
of posts contain
'don't know' &
'don't want'

10% of posts contain 'i'm tired'

# 04 MODEL & EVALUATION

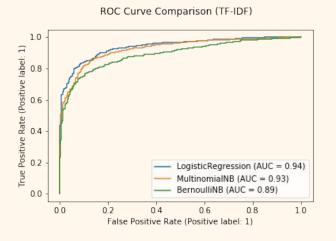


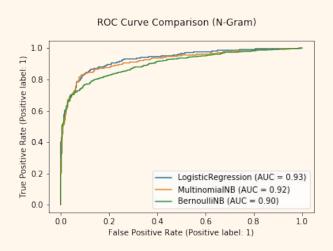
#### **Data Preparation for Modelling**

N-Gram (1,2)	TF-IDF				
Remove punctuation					
Remove words with numbers					
Remove stopwords					
Lemmatize					
CountVectorizer (max_features = 10,000)	TFIDFVectorizer (max_features = 10,000)				
Logistic Regression					
Multinomial Naive Bayes					
Bernoulli Naive Bayes					



- TF-IDF vectorization performs better than Count vectorization
- Logistic regression perform better than Naive Bayes models





#### **Model Results**

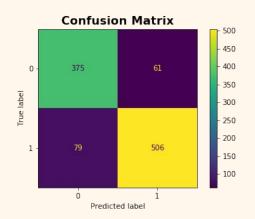
- Logistic Regression with TF-IDF vectorization selected for production
- Optimized for accuracy

Model	Method	Train Score	Accuracy	Precision (Depression)	Precision (Anxiety)	AUC
Logistic Regression	TF-IDF	0.94	0.86	0.83	0.89	0.94
Multinomial Naive Bayes	TF-IDF	0.91	0.86	0.82	0.89	0.93
Bernoulli Naive Bayes	TF-IDF	0.84	0.80	0.81	0.80	0.89
Logistic Regression	N-Gram (1,2)	0.99	0.86	0.81	0.91	0.93
Multinomial Naive Bayes	N-Gram (1,2)	0.90	0.86	0.81	0.90	0.92
Bernoulli Naive Bayes	N-Gram (1,2)	0.85	0.80	0.79	0.80	0.90



Regression model is able to predict with 86% accuracy

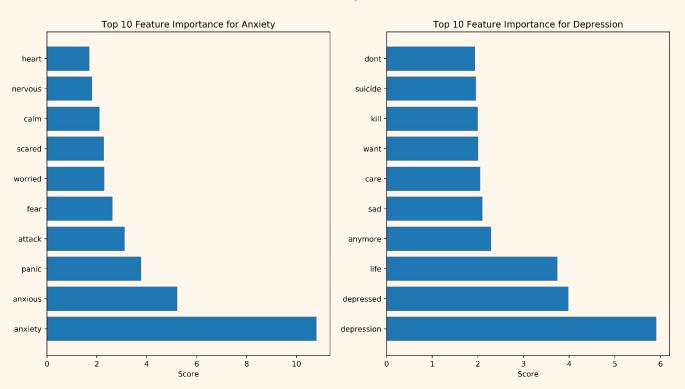
Train Score: 0.937Test Score: 0.863



	precision	recall	f1-score	support
0 (depression)	0.83	0.86	0.84	436
1 (anxiety)	0.89	0.86	0.88	585
accuracy			0.86	1021
macro avg	0.86	0.86	0.86	1021
weighted avg	0.86	0.86	0.86	1021

#### **Top 10 Important Words That Classify Text**

#### Feature Importance

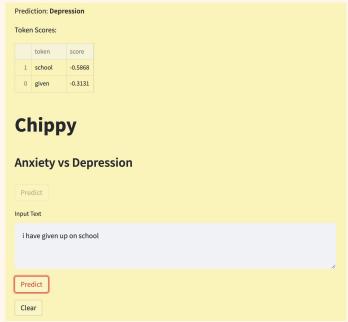




#### **Production**

Our <u>classifier</u> uses logistic regression results to predict if users are likely to be suffering from Anxiety or Depression based on their posts





# 05 CONCLUSIONS



#### **OUR RESULTS & FINDINGS**



## MISSION ACCOMPLISHED

Built a classifier model >85% accurate



#### **KEY INSIGHTS**

r/Anxiety r/depression

"anxious" "hopeless
"

#### **LIMITATIONS**

- Co-morbidity
  - Focus on predominant symptoms
- Lack of internal data
  - Reddit data as proxy



#### OUR RECOMMENDATIONS

### **EXPAND APPLICATION**

 Classify other pressing issues

### **DEVELOP FEATURE**

 Auto-flag posts that contain experiences with poor mental health

#### **COLLABORATE**

- Local mental health helplines
- Provide support for caregivers





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