

# Learn**English** Select

# Learn**English** Select Upper Intermediate 8.3 Informal project review

### Useful language

Interacting and reacting informally	Expressing contrast	Expressions with up
So, what have you been up to? Great to see you. How's it been going since you got back? Did you really! How was it? You must be kidding.	On the other hand, With you have real highs but you also have real lows. I thought I'd find it really, but in fact it was Tiring but fun. Unlike you, I	use up uplifting upskill to be up for it it's up to you what have you been up
Encouraging and inviting other opinions Do you think that's a good idea? You were about to tell me what you wanted to discuss What did you mean by that? But you did something like that before, didn't you? What's your take on that? Does that make sense?	Work relationships to believe in someone/something to give support to rely on someone to rally round to lend someone a helping hand to share ideas to make suggestions	to?

#### Grammar

#### **Present perfect continuous**

We use the present perfect continuous to describe ongoing actions, events or situations that started in the past and continue up to, or almost to, the present moment in time:

I've been meeting up with friends and doing sensible things.

We often use *for* or *since* with the present perfect continuous. *For* is followed by a reference to the duration of an occurrence:

She's been talking to her manager for three hours. They're still talking.

## Check my progress

Are these statements true for you? If not, go back and do some activities from the unit again.			
	Yes	No	
I can talk about a project informally with peers.			
I can invite others' opinions.			
I can share ideas about personal evaluation.			