

Authenticate :

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Sign up with Google

Home Screen :



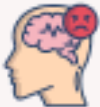
Record Pregnancy Reports :






Symptoms


Today




Mood Swings



Frequent Urination



Nausea




Heartburn



Backpain



Cravings

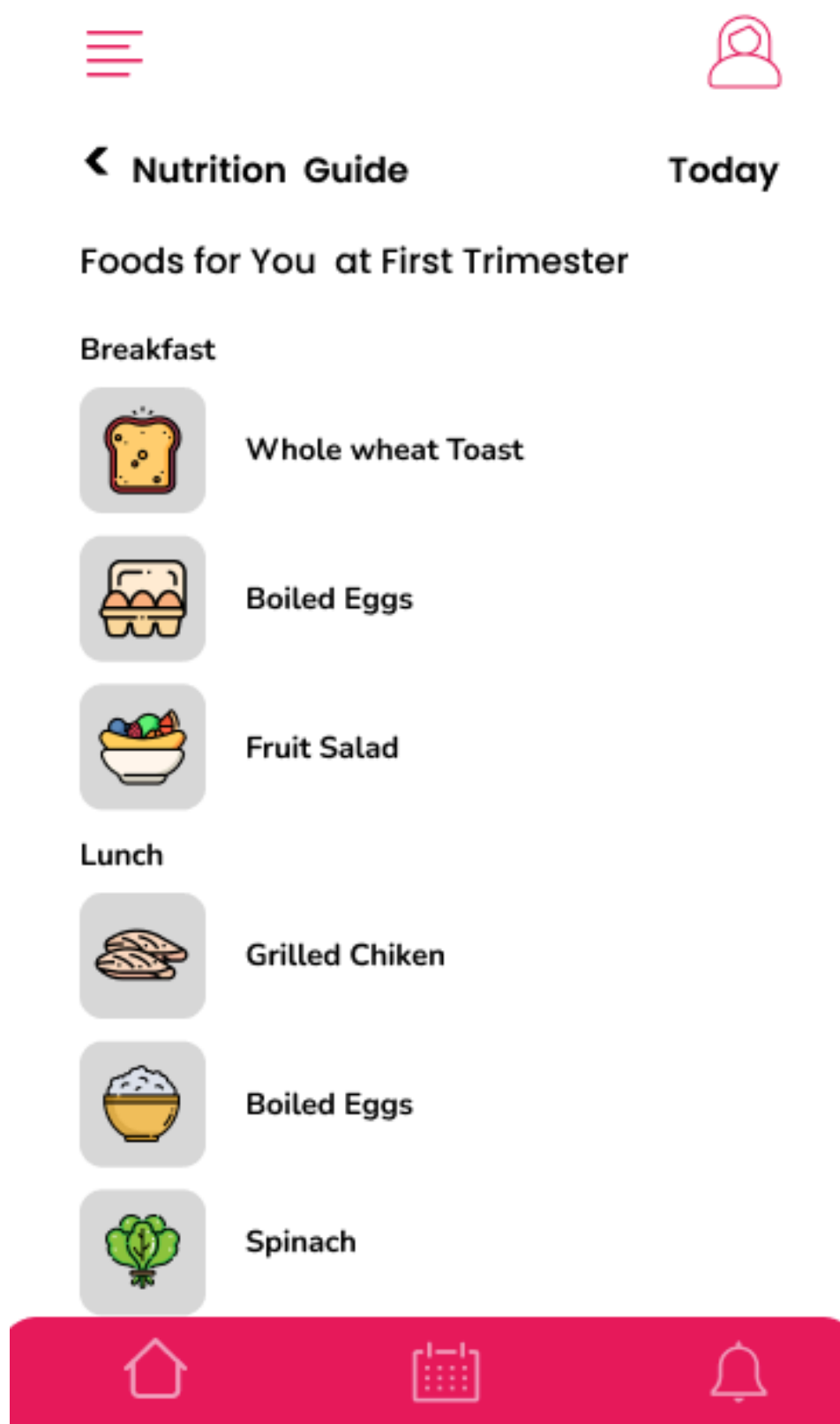


Fatigue

Edit

Save

Access Dietary Recommendations



Manage Calendar



4 Apr 2024

M	T	W	T	F	S	S
1	2	3	4	5	6	7

8:00 AM

9:00 AM

10:00 AM

11:00 AM

12:00 PM

1:00 PM

2:00 PM

3:00 PM

4:00 PM

5:00 PM



Add a New Appointment

Cancel

Add

New Event 4th Apr,Thu

Title

All-day

Starts

4-Apr-2024

9:00 AM

Ends

4-Apr-2024

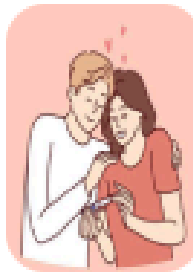
10:00 AM

Notes

Access Educational Resources



◀ Educational Resources



The Role of Placental Development in Fetal Growth and Maternal Health

This article delves into the intricate process of placental development and its profound impact on fetal growth and maternal well-being. It explores the molecular ... [see more](#)



Comparative Analysis of Cesarean Section Rates: Trends, Determinants, and Implications

Through a comprehensive review of global cesarean section rates, this article examines the factors driving the escalating prevalence of cesarean deliveries ... [see more](#)



Maternal Sleep Patterns During Pregnancy and Postpartum: Implications for Maternal and Infant Health

Investigating the intersection of sleep and maternal health, this article explores how pregnancy-related physiological ... [see more](#)



Monitor pregnancy reports

Pregnancy Tracker

Today

Mood Swings : 7

Heartburn : 4

Frequent Urination : 9

Backpain : 5

Nausea : 9


Cravings : 8


Fatigue : 9


Notes

Submit

Cancel







Manage Dietary Recommendations

Nutrition Guide

Today

Foods for You at First Trimester

Breakfast



Whole wheat Toast



Boiled Eggs



Fruit Salad

Lunch

Edit

Delete



Grilled Chicken



Boiled Eggs



Spinach



Manage pregnancy documents

Educational Resources



The Role of Placental Development in Fetal Growth and Maternal Health

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Edit

Delete



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