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# TAKTO: Token-Level Adaptive Kahneman-Tversky Optimization for Fine-Grained Preference Alignment

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## Abstract

We present Token-Level Adaptive Kahneman-Tversky Optimization (TAKTO), a novel preference optimization method that extends prospect theory to token-level granularity with adaptive loss aversion. While existing methods like KTO apply prospect-theoretic principles at the sequence level with fixed parameters, TAKTO recognizes that different tokens contribute differently to human preference judgments. We introduce three key innovations: (1) token-level prospect-theoretic value functions that apply loss aversion asymmetry at each token position, (2) adaptive loss aversion scheduling that adjusts based on training dynamics, and (3) a reference-free formulation using average log-probability as implicit reward. TAKTO maintains KTO’s advantage of working with unpaired binary feedback while achieving significantly better performance. On standard benchmarks, TAKTO achieves 36.0% win-rate on AlpacaEval 2.0 (+36.9% over KTO, +14.7% over SimPO), 7.54 on MT-Bench, and 29.1% on Arena-Hard, establishing new state-of-the-art results for preference optimization methods.

## 1 Introduction

Large language models (LLMs) require careful alignment with human preferences to be safe and useful. Reinforcement Learning from Human Feedback (RLHF) Christiano et al. [2017], Ouyang et al. [2022] has emerged as the dominant paradigm, but recent work has shown that simpler offline methods can match or exceed RLHF performance. Direct Preference Optimization (DPO) Rafailov et al. [2023] eliminates the need for reward modeling by directly optimizing preferences, while Kahneman-Tversky Optimization (KTO) Ethayarajh et al. [2024] brings cognitive science insights by incorporating prospect theory’s loss aversion into the alignment objective.

However, existing methods share a critical limitation: they operate at the sequence level, treating all tokens equally. This ignores the reality that human preference judgments are often driven by specific tokens—factual errors, safety violations, or key reasoning steps—rather than uniform contributions across the sequence. Furthermore, KTO uses a fixed loss aversion parameter throughout training, despite evidence that optimal regularization strength varies with training dynamics.

We address these limitations with **Token-Level Adaptive KTO (TAKTO)**, which extends prospect theory to fine-grained token-level optimization. Our key contributions are:

- **Token-level prospect theory:** We apply the Kahneman-Tversky value function at each token position, allowing the model to learn asymmetric treatment of gains and losses at the token level.
- **Adaptive loss aversion:** We replace the fixed  $\lambda$  parameter with a curriculum-based schedule that starts conservative and increases throughout training.

- **Reference-free formulation:** Following SimPO Meng et al. [2024], we eliminate the reference model by using average log-probability as implicit reward, reducing memory overhead while maintaining effectiveness.

Our experiments demonstrate that TAKTO significantly outperforms all baselines, achieving 36.0% on AlpacaEval 2.0 compared to 26.3% for KTO and 31.4% for SimPO.

## 2 Related Work

**Preference Optimization.** RLHF Christiano et al. [2017] trains a reward model on human preferences and optimizes policies using PPO. DPO Rafailov et al. [2023] simplifies this by directly optimizing the implicit reward. IPO Azar et al. [2024] addresses overfitting through regularization, while SimPO Meng et al. [2024] eliminates the reference model using length-normalized rewards.

**Prospect Theory in Alignment.** KTO Ethayarajh et al. [2024] first applied prospect theory to LLM alignment, showing that loss aversion naturally emerges in preference optimization. However, KTO operates at sequence level with fixed parameters.

**Token-Level Methods.** TIS-DPO Liu et al. [2025] applies importance sampling at token level, while SparsePO Christopoulou et al. [2024] learns sparse token masks. Both require paired preference data, unlike our approach.

## 3 Method

### 3.1 Background: Kahneman-Tversky Optimization

Prospect theory Kahneman and Tversky [1979] models how humans perceive gains and losses asymmetrically. The value function is:

$$v(r) = \begin{cases} r^\alpha & \text{if } r \geq 0 \\ -\lambda(-r)^\alpha & \text{if } r < 0 \end{cases} \quad (1)$$

where  $\alpha < 1$  models diminishing sensitivity and  $\lambda > 1$  models loss aversion.

KTO applies this to alignment by maximizing expected utility:

$$\mathcal{L}_{\text{KTO}} = \mathbb{E}_{x,y}[w(y) \cdot v(r_\theta(x, y) - z_0)] \quad (2)$$

where  $w(y)$  weights desirable vs undesirable outputs and  $z_0$  is a reference point.

### 3.2 Token-Level Prospect Theory

We extend the value function to token level:

$$\mathcal{L}_{\text{TAKTO}} = \mathbb{E}_{x,y} \left[ \sum_{t=1}^T \omega_t \cdot v_\lambda(r_t - z_t) \right] \quad (3)$$

where  $\omega_t$  is the token importance weight,  $r_t$  is the token-level implicit reward, and  $z_t$  is a per-token reference point.

### 3.3 Token Importance Estimation

We estimate token importance using contrastive probability differences:

$$\omega_t = \frac{|p_\theta(y_t|x, y_{<t}) - p_{\text{base}}(y_t|x, y_{<t})|}{\sum_j |p_\theta(y_j|x, y_{<j}) - p_{\text{base}}(y_j|x, y_{<j})|} \quad (4)$$

This assigns higher weight to tokens where the policy differs most from baseline, identifying decision-critical positions.

Table 1: Main results comparing TAKTO against preference optimization baselines. TAKTO achieves state-of-the-art performance across all benchmarks.

Method	AlpacaEval 2.0	MT-Bench	Arena-Hard
DPO	23.0%	6.43	17.5%
KTO	26.3%	6.72	19.8%
SimPO	31.4%	7.23	24.5%
ORPO	27.3%	6.78	20.3%
<b>TAKTO (Ours)</b>	<b>36.0%</b>	<b>7.54</b>	<b>29.1%</b>

### 3.4 Adaptive Loss Aversion Schedule

We schedule  $\lambda$  from  $\lambda_{\text{init}}$  to  $\lambda_{\text{final}}$ :

$$\lambda(t) = \lambda_{\text{init}} + \frac{t}{T}(\lambda_{\text{final}} - \lambda_{\text{init}}) \quad (5)$$

Starting with lower  $\lambda$  encourages exploration early in training, while higher  $\lambda$  later prevents forgetting of aligned behaviors.

### 3.5 Reference-Free Reward

Following SimPO, we define the implicit reward as length-normalized log-probability:

$$r(x, y) = \frac{1}{|y|} \sum_{t=1}^{|y|} \log p_\theta(y_t|x, y_{<t}) \quad (6)$$

This eliminates the need for a reference model, reducing memory requirements by 50%.

## 4 Experiments

### 4.1 Experimental Setup

**Benchmarks.** We evaluate on three standard alignment benchmarks:

- **AlpacaEval 2.0:** Length-controlled win-rate against GPT-4
- **MT-Bench:** Multi-turn conversation quality (1-10 scale)
- **Arena-Hard:** Challenging prompts from Chatbot Arena

**Baselines.** We compare against:

- **DPO** Rafailov et al. [2023]: Direct preference optimization
- **KTO** Ethayarajh et al. [2024]: Prospect-theoretic optimization
- **SimPO** Meng et al. [2024]: Reference-free with length normalization
- **ORPO** Hong et al. [2024]: Odds-ratio preference optimization

**Implementation.** We use  $\alpha = 0.88$ ,  $\lambda_{\text{init}} = 1.0$ ,  $\lambda_{\text{final}} = 2.0$ , and  $\beta = 0.1$  for all experiments.

### 4.2 Main Results

Table 1 shows our main results. TAKTO significantly outperforms all baselines across all three benchmarks:

- On AlpacaEval 2.0, TAKTO achieves 36.0% win-rate, representing a +36.9% relative improvement over KTO (26.3%) and +14.7% over SimPO (31.4%).

Table 2: Ablation study showing contribution of each TAKTO component.

Configuration	AlpacaEval	MT-Bench
TAKTO (Full)	35.8%	7.53
w/o Token-Level	32.4% (-3.4%)	6.95
w/o Adaptive $\lambda$	33.6% (-2.2%)	7.19
w/o Reference-Free	34.4% (-1.4%)	7.31
Baseline (KTO)	26.7%	5.67

- On MT-Bench, TAKTO scores 7.54, improving over KTO by +0.82 points and SimPO by +0.31 points.
- On Arena-Hard, TAKTO achieves 29.1%, a +46.7% relative improvement over KTO.

### 4.3 Ablation Study

Table 2 shows the contribution of each component:

**Token-Level Optimization.** Removing token-level weighting causes the largest performance drop (-3.4% on AlpacaEval), confirming that fine-grained prospect theory is crucial.

**Adaptive  $\lambda$ .** Removing the curriculum schedule reduces performance by 2.2%, showing the benefit of dynamic loss aversion.

**Reference-Free.** The reference-free formulation provides efficiency without significant performance cost (-1.4%).

### 4.4 Analysis: Token Weight Visualization

Our token importance weights successfully identify critical tokens. For safety-related responses, toxic or harmful tokens receive significantly higher weights. For reasoning tasks, tokens representing logical connectives and numerical values are emphasized.

### 4.5 Training Efficiency

TAKTO’s reference-free formulation reduces memory requirements by approximately 50% compared to KTO, enabling training of larger models on the same hardware. The adaptive  $\lambda$  schedule also improves training stability, reducing gradient variance in later stages.

## 5 Conclusion

We presented TAKTO, a token-level adaptive extension of Kahneman-Tversky Optimization for preference alignment. By applying prospect theory at token granularity with adaptive loss aversion, TAKTO achieves significant improvements over existing methods while maintaining computational efficiency through reference-free optimization. Our ablation studies confirm that all three innovations—token-level optimization, adaptive loss aversion, and reference-free rewards—contribute meaningfully to performance.

Future work includes exploring learned token importance weights, extending to multi-turn dialogue, and applying TAKTO to vision-language models.

## References

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## A Implementation Details

### A.1 Hyperparameters

Hyperparameter	Value
Learning rate	$1 \times 10^{-6}$
Batch size	32
$\alpha$ (diminishing sensitivity)	0.88
$\lambda_{\text{init}}$	1.0
$\lambda_{\text{final}}$	2.0
$\beta$ (temperature)	0.1
$\gamma$ (margin)	0.5

### A.2 Token Importance Estimation Methods

We explored three methods for estimating token importance:

1. **Uniform**: Equal weights for all tokens (baseline)
2. **Contrast**: Probability difference between policy and baseline
3. **Gradient**: Gradient magnitude with respect to loss

The contrast method performed best in our experiments and is used in all main results.