**Personal Information:**

My name is IUN Pak Hang, Marina. I am an F4 student studying at Sacred Heart Canossian College (English Section), which is also known as SHCCES. This is my 10th year studying in this school and I am blissful that I can be here with all the teachers and friends. I also have a brother who is 2 years smaller than me. Although sometimes I hate him, I love him 3000 since he is always making me delightful for some bizarre reason.

Moreover, I love playing sports. I have been learning judo for almost 9 years. I started learning it when I was in the summer holiday of primary 1 and it’s because of my brother. I have also learnt skiing when I was 10.

Ironically, I have played the flute for a very short time. However, I quitted because I could not manage my time well and I found out that I am not interested in music and anything that needs to sit for a long time, for instance, drawing.

Last but not least, I am looking forward to having more contributions to the school which I have been studying for almost 10 years. I wish my family can have a healthy body and be cheerful all the time. I wish everyone all the best.

**Education Background:**

2011-2016: Primary in SHCCES

2017-Present: Secondary in SHCCES (Now: Form 4)

**Extracurricular Activities:**

2020-2021: Officer of The English Club (TEC)

Vice President of Environmental Protection Team (EPT)

In The English Club, I am responsible to hold member meetings and activities like Song Fest, and buying materials for The English Club, which is also known as the Treasurer. In Environmental Protection Team, I am also responsible for holding meetings and activities. Moreover, every Tuesday and Friday, we, Presidents and Officers, are responsible to lead the members on a patrol for screening if all the classes have turned off all the electrical devices before they leave.

**Certifications and Awards:**

2015:

* DSEJ The 16th Academic Judo Competition Female DE group -31kg – 2nd runner-up

2016:

* DSEJ The 17th Academic Judo Competition Female DE group -35kg – 2nd runner-up
* Hong Kong Junior Judo Team Championships 2016 Group C Age 6-11 Girls – Champion

2017:

* DSEJ The 18th Academic Judo Competition Female BC group -40kg – Champion
* Taiwan 2017 National Primary and Secondary Judo Championship – 1st runner-up

2018:

* DSEJ The 19th Academic Judo Competition Female BC group -44kg – 1st runner-up
* SHCCES Sports Day C - 400m – Champion
* SHCCES Sports Day C - 800m – 2nd Runner-up
* SHCCES Inter-class Badminton Competition Junior Secondary (2018-2019) – 1st runner-up
* Association of Volunteer Social Service Macau – Excellent Volunteer

2019:

* DSEJ The 20th Academic Judo Competition Female BC group -48kg – 2nd runner-up
* Taiwan 2019 National Primary and Secondary Judo Championship – 1st runner-up
* Cross – Strait cum Hong Kong & Macau Judo Invitational Journament 2019 – 2nd runner-up
* SHCCES Sports Day Junior 4x100m Relay race – Champion
* SHCCES Sports Day B-800m – 1st Runner-up
* SHCCES Inter-class Badminton Competition Junior Secondary (2019-2020) – 1st runner-up
* SHCCES Junior Secondary English Speech Contest “TALK LIKE TED” 2019-2020 – Distinction Prize

2020:

* SHCCES Progress Award
* SHCCES Conduct Award
* SHCCES Junior Secondary Course
* Macau Foundation Award Mathematics
* Macau Foundation Award Physical Education
* Macau Judo Association 2020 Macau Judo Youth and Youth Summer Vacation Training Type
* Macau Judo Association Kodokan Judo of Japanese origin 2KYU

**Contact information:**

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