Post-Interaction Questionnaire for CHIP, Diabetes Support System

Try to answer this questionnaire based on your current thoughts and feelings, following the interaction with CHIP.

Section 1

There are no right or wrong answers. Please respond based on what feels true for you right now, even if you're uncertain.

	Not at all	A little bit	Somewhat	Very much	Extremely
At times I think I am no good at all.	\bigcirc	\circ	\circ	\circ	\circ
All in all, I am inclined to think that I am a failure.	0	\circ	\circ	0	0
I feel I do have much to be proud of.	\bigcirc	\bigcirc	\bigcirc	\circ	\circ
On the whole, I am satisfied with myself.	\circ	\bigcirc	\bigcirc	\circ	\circ
I take a positive attitude toward myself.	\bigcirc	\bigcirc	\bigcirc	\circ	\bigcirc

Section 2

There are no right or wrong answers. Please respond based on what feels true for you right now, even if you're uncertain.

	Not true	Mostly not true	Somewhat not true	Somewhat true	Moderately true	Mostly true	Very true
I have not always been honest with myself.	\bigcirc	\circ	\circ	\circ	\circ	\circ	\circ
I always know why I like things.	\circ	\circ	\bigcirc	\circ	\circ	\circ	\circ
It's hard for me to shut off a disturbing thought.	\circ	\circ	\bigcirc	\circ	\circ	\circ	\circ
I never regret my decisions.	\circ	\bigcirc	\circ	\circ	\circ	\bigcirc	\bigcirc
I sometimes lose out on things because I can't make up my mind soon enough.	0	0	0	0	0	0	\bigcirc
l am a completely rational person.	\bigcirc	\bigcirc	\bigcirc	\circ	\circ	0	\circ
I am very confident of my judgments.	\bigcirc	\bigcirc	\bigcirc	\circ	\circ	0	\circ
I have sometimes doubted my ability as a lover.	\bigcirc	\bigcirc	0	0	0	0	0
I sometimes tell lies if I have to.	\circ	\bigcirc	\circ	\bigcirc	\bigcirc	\bigcirc	\bigcirc
I never cover up my mistakes.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
There have been occasions when I have taken advantage of someone.	\circ	0	0	0	0	0	\bigcirc
I sometimes try to get even rather than forgive and forget.	\bigcirc	\circ	0	\circ	\circ	0	\bigcirc
I have said something bad about a friend behind his or her back.	\circ	0	0	\circ	0	\circ	\bigcirc
When I hear people talking privately, I avoid listening.	\bigcirc	0	\circ	\bigcirc	\bigcirc	\circ	\bigcirc
I never take things that don't belong to me.	\bigcirc	\circ	0	0	\circ	0	\bigcirc
I don't gossip about other people's business.	\bigcirc	\circ	0	0	\circ	0	\circ

Final remarks

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