

Quick Introduction

My name is Ashley and I am 24 years old. I study Applied Psychology (Education & Development) in Amsterdam. I am an intern at Yayasan Peduli Anak, translated the foundation that cares about children. The foundation started in 2006, founded by a Dutchman. There are 70 children in total, divided over three shelters. The children are here for various reasons. Sometimes the parents don't have enough money to take care of their child, if the parents are divorced they sometimes leave the child with the grandparents, who don't have enough money to support them. Or they go abroad to make more money, leaving their child in Lombok. The sponsors help the foundation pay for the livelihood of the children and for their scholarship. Thanks to this they can lead a structured live with a lot of opportunities.



My first month here

My first night I had to get used to no one being around. Because I sleep at the foundation. This passed quickly and now I feel at home. The first month I was here I observed and walked along the staff off the foundation. This way I got to know the routines and could see how they interact with the children. The first week there was a volunteer from France, she could tell me a lot about the foundation and the children. There are a lot of volunteers that come and go. It is really nice to work together with them, thing off new ideas and create activities together for the children.



What I do at Yayasan Peduli Anak



After a month of observing, I had enough ideas to work on my competences. I train the teachers in amongst other things, positive reinforcement. The teachers cooperate well and come up with a lot of ideas themselves. I also assist the teachers in the classroom and support the children who need extra attention. Usually these are the students who cannot read yet.

I train the counselors on positive reinforcement as well, but also on being and reporting objective, for the reports they write about the children.

I coach a boy with autism, he used to suffer from PTSD. Together we work on his reading competence. He makes a lot of progress and his teacher notices this.

Once every two weeks I train the girls from the foundation in Girls Club. We learn about teambuilding, talk about personal hygiene and give them the chance to talk and ask questions. We do this through playing games.

I think it is a great experience to do an internship abroad. You learn a lot about the culture and Indonesia is an amazing country.

In the weekends you can visit wonderful places and you can do a lot here. The people are very friendly and it is fun to go somewhere with the locals and the volunteers.

You experience a personal growth. Before I came here I thought I could teach the children. But in return they also teach me a lot.

Around here there is no education such as (applied) psychology. You help the staff by sharing your knowledge. This way they can help the children better.

It is nice to build a connection with everyone in 5 months. Create new friendships and enjoy this beautiful country.

