

Jiu-Jitsu Training Visibility Report

Total techniques: 12 | Total positions: 9

WHITE 1 BELT REPORT

Bottom Techniques

Shown

No techniques shown

Not Shown

- Sit Up Sweep
- Break a Grip Guard
- Scissor Sweep
- Hip Bump Mount Escape
- Triangle from Guard
- Kimura from Closed Guard
- Armbar from Guard
- Guard Recovery
- Scissor Sweep 2 (Kicking the Knee)
- Taking the Back
- Pendulum Sweep
- Lapelle Sleeve Pull To Closed Guard

Coverage:

0%

Checkpoint Positions

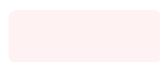
Shown

closed guard (Last: 2025-03-24)

Not Shown

- open guard
- mount
- turtle
- side control
- back control
- north-south
-

half guard



kneeling

Coverage:

11.1%

WHITE 2 BELT REPORT

Bottom Techniques

Shown

- Guard Recovery (Last: 2025-03-24)
- Lapelle Sleeve Pull To Closed Guard (Last: 2025-03-24)

Not Shown

- Sit Up Sweep
- Break a Grip Guard
- Scissor Sweep
- Hip Bump Mount Escape
- Triangle from Guard
- Kimura from Closed Guard
- Armbar from Guard
- Scissor Sweep 2 (Kicking the Knee)
- Taking the Back
- Pendulum Sweep

Coverage:

16.7%

Checkpoint Positions

Shown

No techniques shown

Not Shown

- open guard
- mount
- closed guard
- turtle
- side control
- back control
- north-south
- half guard
- kneeling

Coverage:

0%

WHITE 3 BELT REPORT

Bottom Techniques

Shown

- Pendulum Sweep (Last: 2025-03-24)
- Sit Up Sweep (Last: 2025-03-24)

Not Shown

- Break a Grip Guard
- Scissor Sweep
- Hip Bump Mount Escape
- Triangle from Guard
- Kimura from Closed Guard
- Armbar from Guard
- Guard Recovery
- Scissor Sweep 2 (Kicking the Knee)
- Taking the Back
- Lapelle Sleeve Pull To Closed Guard

Coverage:

16.7%

Checkpoint Positions

Shown

No techniques shown

Not Shown

- open guard
- mount
- closed guard
- turtle
- side control
- back control
- north-south
- half guard
- kneeling

Coverage:

0%

GRAY 1 BELT REPORT

Bottom Techniques

Shown

Armbar from Guard (Last: 2025-03-24)

Not Shown

- Sit Up Sweep
- Break a Grip Guard
- Scissor Sweep
- Hip Bump Mount Escape
- Triangle from Guard
- Kimura from Closed Guard
- Guard Recovery
- Scissor Sweep 2 (Kicking the Knee)
- Taking the Back
- Pendulum Sweep
- Lapelle Sleeve Pull To Closed Guard

Coverage:

8.3%

Checkpoint Positions

Shown

No techniques shown

Not Shown

- open guard
- mount
- closed guard
- turtle
- side control
- back control
- north-south
- half guard
- kneeling

Coverage:

0%

GRAY 2 BELT REPORT

Bottom Techniques

Shown

Pendulum Sweep (Last: 2025-03-24)

Coverage:

8.3%

Checkpoint Positions

Shown

No techniques shown

Coverage:

0%

Not Shown

- Sit Up Sweep
- Break a Grip Guard
- Scissor Sweep
- Hip Bump Mount Escape
- Triangle from Guard
- Kimura from Closed Guard
- Armbar from Guard
- Guard Recovery
- Scissor Sweep 2 (Kicking the Knee)
- Taking the Back
- Lapelle Sleeve Pull To Closed Guard

Not Shown

- open guard
- mount
- closed guard
- turtle
- side control
- back control
- north-south
- half guard
- kneeling

GRAY 3 BELT REPORT

Bottom Techniques

Shown

- Scissor Sweep (Last: 2025-03-24)
- Sit Up Sweep (Last: 2025-03-24)

Not Shown

- Break a Grip Guard
- Hip Bump Mount Escape
- Triangle from Guard
- Kimura from Closed Guard
- Armbar from Guard
- Guard Recovery
- Scissor Sweep 2 (Kicking the Knee)
- Taking the Back
- Pendulum Sweep
- Lapelle Sleeve Pull To Closed Guard

Coverage:

16.7%

Checkpoint Positions

Shown

No techniques shown

Not Shown

- open guard
- mount
- closed guard
- turtle
- side control
- back control
- north-south
- half guard
- kneeling

Coverage:

0%

