

# Jiu-Jitsu Training Visibility Report

Total techniques: 12 | Total positions: 9

## WHITE TINY BELT REPORT

### Bottom Techniques

#### Shown

No techniques shown

Coverage:

0%

#### Not Shown

- Sit Up Sweep
- Break a Grip Guard
- Hip Bump Sweep/Mount Escape
- Lapelle Sleeve Pull To Closed Guard

### Checkpoint Positions

#### Shown

closed guard (Last: 2025-03-24)

Coverage:

11.1%

#### Not Shown

- open guard
- mount
- turtle
- side control
- back control
- north-south
- half guard
- kneeling

# WHITE BELT REPORT

## Bottom Techniques

### Shown

- Guard Recovery (Last: 2025-03-24)
- Lapelle Sleeve Pull To Closed Guard (Last: 2025-03-24)
- Pendulum Sweep (Last: 2025-03-24)
- Sit Up Sweep (Last: 2025-03-24)

Coverage:

100%

### Not Shown

- Break a Grip Guard
- Hip Bump Sweep/Mount Escape

## Checkpoint Positions

### Shown

No techniques shown

### Not Shown

- open guard
- mount
- closed guard
- turtle
- side control
- back control
- north-south
- half guard
- kneeling

Coverage:

0%

# GRAY BELT REPORT

## Bottom Techniques

### Shown

- Armbar from Guard (Last: 2025-03-24)
- Pendulum Sweep (Last: 2025-03-24)
- Scissor Sweep (Last: 2025-03-24)
- Sit Up Sweep (Last: 2025-03-24)

### Not Shown

- Break a Grip Guard
- Hip Bump Sweep/Mount Escape
- Triangle from Guard
- Guard Recovery
- Lapelle Sleeve Pull To Closed Guard

Coverage:

44.4%

## Checkpoint Positions

### Shown

No techniques shown

### Not Shown

- open guard
- mount
- closed guard
- turtle
- side control
- back control
- north-south
- half guard
- kneeling

Coverage:

0%