



Mindfulness Meditation

Become present and develop mindfulness with this meditation that uses the breath as an anchor for your attention.

0



Cerebral Circles

Impulse control, attention and reaction times - all things we probably wish we were a little better at. See how your brain stacks up against your friends and family.

12



Extended Baseline (3 minute)

To get the most accurate performance metrics, longer calibrations can help! Take this baseline before playing other games at the beginning of your session. No report will be generated after this task

14



Memory Meow Meow

How good is your memory? Think your ability to pay attention is dwindling from all that smartphone use?! Don't let your focus wander on this one...

10



Rainbow Receptors

Communication through the written word is one of the many amazing abilities that sets the human brain apart from the other great apes. Can you suppress your automatic processing?

14



Foolish Fish

We can be so easily distracted by all the things around us. Noises, sights, sounds and smells - but how good at you at ignoring all the unimportant stuff to pay attention to the important things?!

15

