Git

working tree

git commit -a →
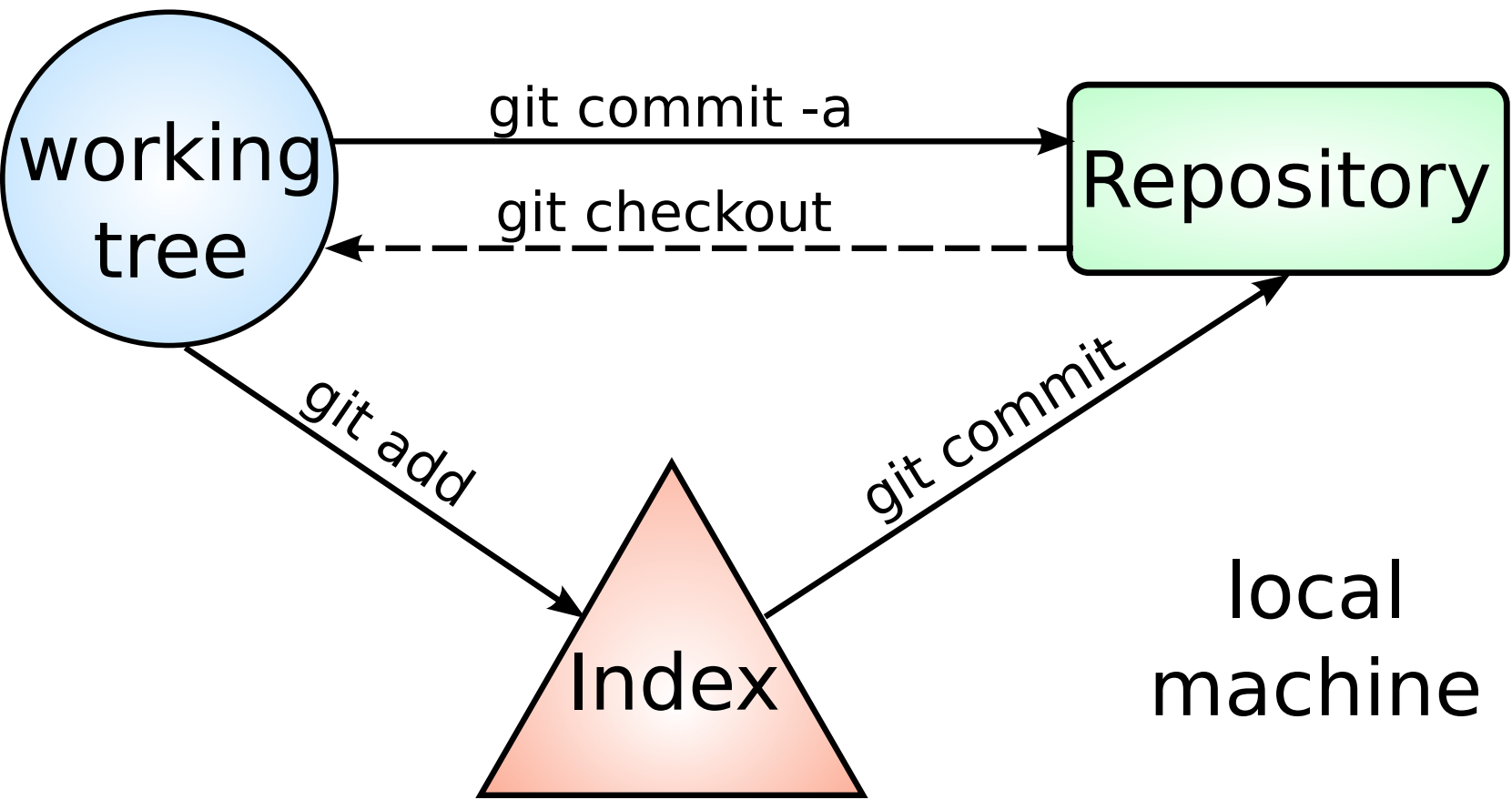
git checkout

Repository

git add

Index

git commit

local machine

Doesn't require anything else but the local machine itself