**Dear Patient,**

**Re: Your surgery**

You have been booked for:

* Cataract surgery
* Vitrectomy
* Lens exchange surgery
* Retinal detachment repair surgery
* Macular hole repair surgery
* Peeling of epiretinal membrane surgery
* Removal of floaters
* Removal of vitreous haemorrhage

**Date/time to come to the hospital**

We would like to confirm that surgery will take place on (.. /.. /….) at (.. : ..)

**Before surgery**

* As per the NHS & government guidelines, you will need to self-isolate for 3 days. Members of your household will not need to self-isolate.
* You will also need to have the Covid swab (PCR) test 2-3 days prior to surgery. A member of the hospital team will ring you up to let you know when to come in for that.

**Time in hospital**

* You will need to arrive about 1 hour before the time of your surgery. You will have drops put into your eye and an assessment by the anaethetic staff.
* The surgery itself will last about 1 hour but expect to be in hospital for 2-3 hours.
* If you are having local anaesthesia and sedation or general anaesthesia, you will need to fast at least 6 hours before the surgery. You will also need to have someone stay with you overnight.
* If you are having only local anaesthesia, you may eat and drink normally up to the time of coming to the hospital. We advise that you eat only light meals before surgery.

**Medications**

* Please take any regular medications in the morning as usual with small sips of water.
* If you are taking Warfarin, you will need to tell Mr Elgohary as you will have to have the INR test within a week prior to surgery and the level has to be 3 or less. If it is higher, please let us know as this may mean delaying the surgery.
* If you are on other blood thinning medications e.g. apixaban, you will need to avoid taking the morning dose and take it instead upon returning home after surgery.

**After surgery**

* After surgery, you will be given eye drops to use for about 4 weeks. One of the nursing team will give you instructions on how to use the drops and how to get back in touch if you have any pain or drop in vision.
* Expect the eye to be slightly irritated or uncomfortable or to have a foreign body sensation if you have had stitches put in. These will all ease off as you carry on with the drops. Even though the majority of patients do not need the stitches removed, sometimes Mr Elgohary remove the stitches if the are irritating you too much.

Finally, I wish you all the best and if you have any questions, please do not hesitate to get back in touch with one of my team.

**Yours sincerely**

Mr Mostafa Elgohary