

## Prediction rule ensembles: Balancing accuracy and interpretability

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Aim: Identify subgroups and/or (combinations of) predictive factors.

E.g.:

- Which children are at risk for delinquency / academic problems?
- Which variables predict academic / medical / social outcomes?
- Which (combinations of) items predict the criterion?

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### Decision trees (CART, CHAID, ...)

- + Identify subgroups and variables
- + Capture non-linear associations
- Selection bias towards variables with more possible cutpoints
- Instability

E.g.:

- Which children are at risk for delinquency / academic problems?
- Which variables predict academic / medical / social outcomes?
- Which (combinations of) items predict the criterion?

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### Multiple regression (GLM, elastic net, ...)

- + Identify variables
- + Capture non-linear associations
- Does not capture non-linearities
- Does not identify subgroups

E.g.:

- Which children are at risk for delinquency / academic problems?
- Which variables predict academic / medical / social outcomes?
- Which (combinations of) items predict the criterion?

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## Example: Predicting chronic depression

Sample: Respondents with current depressive disorder (N = 682)  
Response: Depression diagnosis at two-year follow-up

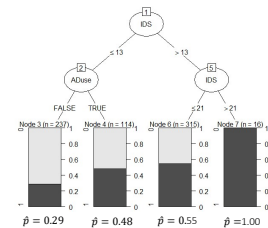
20 possible predictors (baseline):

- gender, age, years of completed education
- presence of anxiety disorder(s)
- IDS (depressive symptoms)
- Receiving pharmacotherapy, psychotherapy
- BAI and FQ (anxiety symptoms)
- ....

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## Conditional inference tree

(Hothorn et al., 2006)



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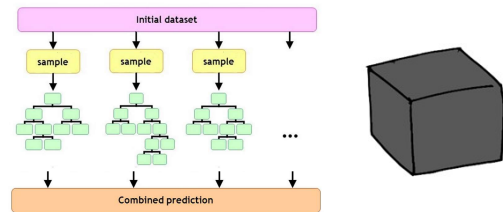
## Single trees

Good: Easy to interpret and apply  
 Bad: Not most accurate method  
 Ugly: Unstable



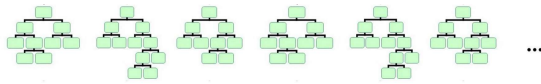
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## Tree ensembles (random forest, gradient boosting, ...)



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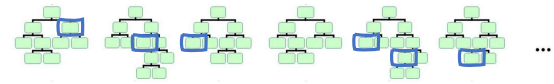
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## Prediction rule ensembling

RuleFit; Friedman & Popescu (2008)

Aim: Combine forces of trees, forests and GLM

□ Keep most important rules only

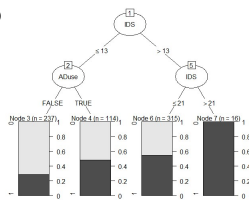


- + Linear effects of predictors
- + Penalized regression

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## From trees to rules

$$\begin{aligned} r_2(\mathbf{x}) &= I(\text{IDS} \leq 13) \\ r_3(\mathbf{x}) &= I(\text{IDS} \leq 13) \cdot I(\text{ADuse} = \text{FALSE}) \\ r_4(\mathbf{x}) &= I(\text{IDS} \leq 13) \cdot I(\text{ADuse} = \text{TRUE}) \\ r_5(\mathbf{x}) &= I(\text{IDS} > 13) \\ r_6(\mathbf{x}) &= I(\text{IDS} > 13) \cdot I(\text{IDS} \leq 21) \\ r_7(\mathbf{x}) &= I(\text{IDS} > 13) \cdot I(\text{IDS} > 21) \end{aligned}$$



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$$\begin{aligned} l_1(\mathbf{x}) &= \text{IDS} \\ l_2(\mathbf{x}) &= \text{ADuse} \end{aligned}$$

IDS	ADuse	...	$r_2$	$r_3$	$r_4$	$r_5$	$r_7$	...
5	FALSE	...	1	1	0	0	0	...
15	FALSE	...	0	0	0	1	0	...
18	TRUE	...	0	0	0	1	0	...
25	TRUE	...	0	0	0	0	1	...
...	...	...	...	...	...	...	...	...

Predictive model:

$$F(\mathbf{x}) = \beta_0 + \sum_{m=1}^M \beta f_m(\mathbf{x})$$

Estimate by lasso regression:

$$\min_{\beta \in \mathbb{R}^p} \left\{ \frac{1}{N} \|y - X\beta\|_2^2 + \lambda \|\beta\|_1 \right\}$$

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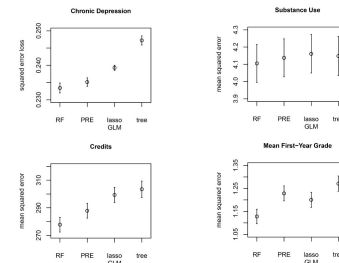
### Example: Predicting chronic depression

Rule	Coefficient
(Intercept)	-0.218
IDS > 10 & perc_symp_2yrs > 0.263	0.246
IDS > 13 & perc_symp_2yrs > 0.362	0.152
IDS > 10 & perc_symp_2yrs > 0.328	0.140
IDS ≤ 16 & age_onset > 17	-0.083
perc_symp_2yrs > 0.260 & IDS > 9	0.016
IDS ≤ 16 & GAD = FALSE	-0.005

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### Predictive Accuracy

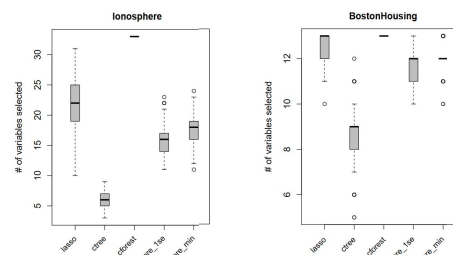
Fokkema &amp; Strobl (2020) Psych Methods



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### Sparsity

Fokkema (2020) J of Stat Softw



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### Predicting university major

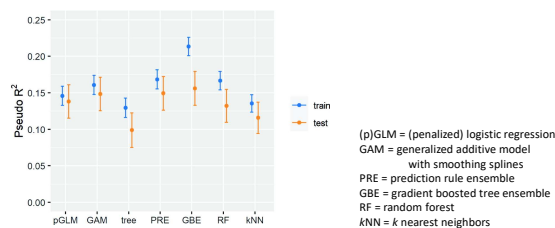
Fokkema et al. (2022), Eur J Psych Assessment

- N = 55,593 (75% training; 25% test)
- Took psychology as a major at university: Yes (19.4%) vs. No
- Predictors: 48 items on a vocational preference scales

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### Predicting university major

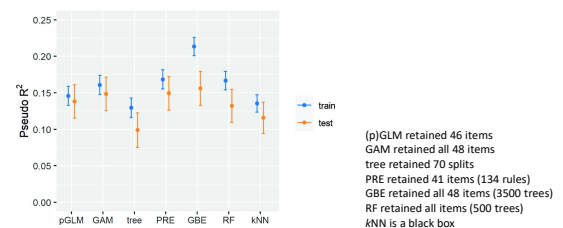
Fokkema et al. (2022), Eur J Psych Assessment



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### Predicting university major

Fokkema et al. (2022), Eur J Psych Assessment



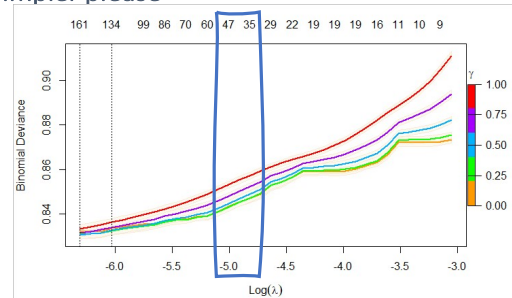
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## Simpler please?

- Lasso works well for discarding variables
- But overshrinks coefficients of important predictors
  - Meinshausen (2007): Relaxed lasso
- What if I want to retain a pre-specified number of rules?
  - I.e., do not optimize predictive accuracy only
- Hastie et al. (2020) describe the **glmnet** implementation of relaxed lasso
  - To use it, add `relax = TRUE` in the call to function `cv.glmnet()`
  - To use it in **pre**, add `relax = TRUE` in the call to function `pre()`

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## Simpler please



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## Interpretable and explainable AI

-> PRE is interpretable and explains black box

Problems:

- Complexity (too many rules retained by lasso)
- Lower accuracy than black box
- Instability (trees, lasso)

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R package:

Fokkema, M. & Christoffersen, B. **pre**: Prediction Rule

Ensembles:

<https://github.com/marjoleinF/pre>

<https://cran.r-project.org/package=pre>

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Fokkema (2020). Fitting prediction rule ensembles with R package pre. *Journal of Statistical Software*: <http://doi.org/10.18637/jss.v092.i12>

Fokkema & Strobl (2020). Fitting prediction rule ensembles to psychological research data: An introduction and tutorial. *Psychological Methods*: <http://doi.org/10.1037/met0000256>

Fokkema, Iliescu, Greiff & Ziegler (2022). Machine learning and prediction in psychological assessment: Some promises and pitfalls. *Eur J of Psychological Assessment*: <https://doi.org/10.1027/1015-5759/a000714>

Friedman, J. & Popescu, B.E. (2008). Predictive Learning via rule ensembles. *Annals of Applied Statistics*, 2(3), 916-954.

Hastie, T., Tibshirani, R., & Tibshirani, R. (2020). Best Subset, Forward Stepwise or Lasso? Analysis and Recommendations Based on Extensive Comparisons. *Statistical Science*, 35(4), 579-592.

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