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# EBPU

## Evidence Based Practice Unit

A partnership of

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# Balancing precision with practicality: Decision trees

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# Swampy lowlands



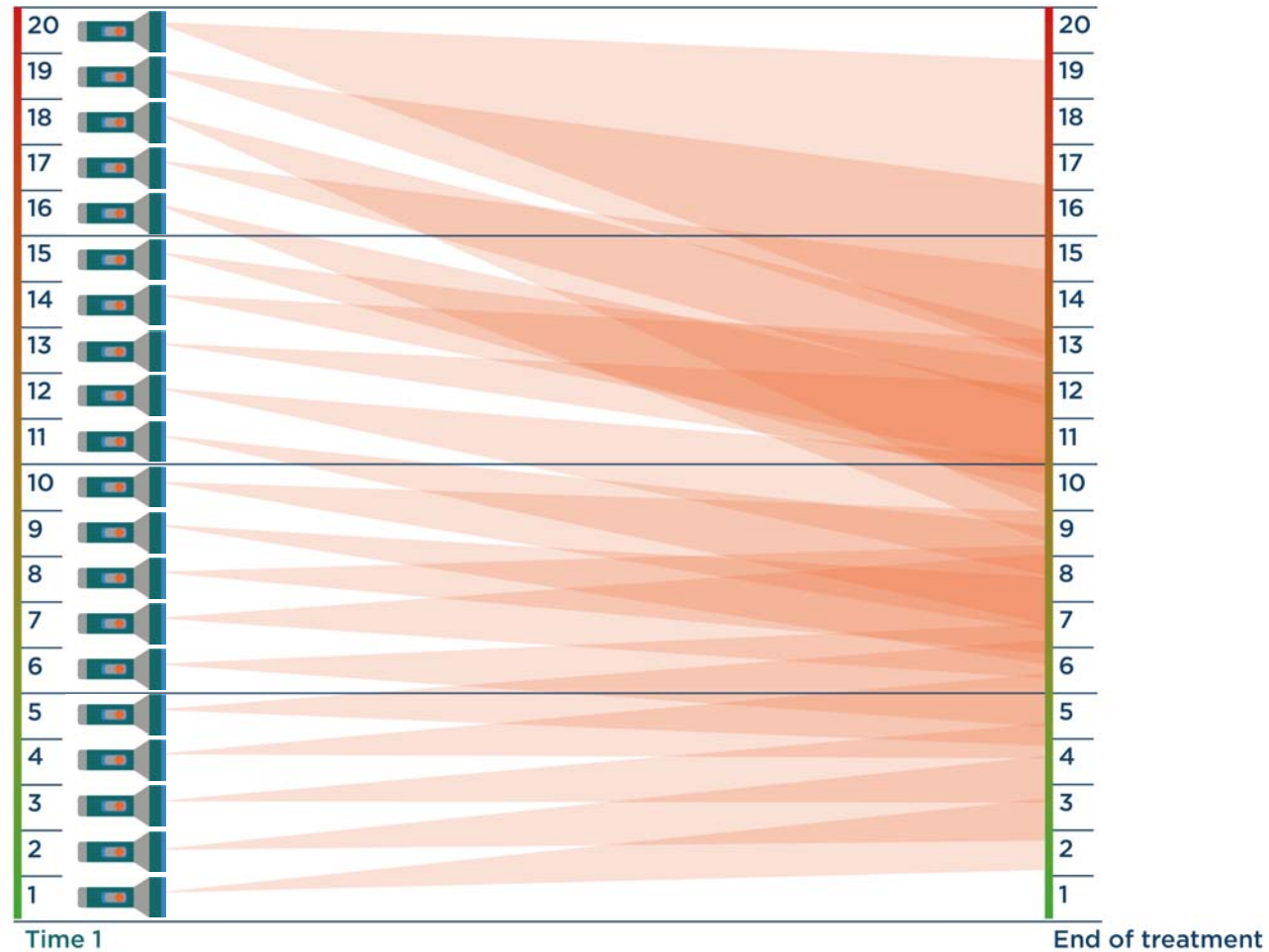
# FUPS data

- Flawed
- Uncertain
- Proximate
- Sparse



## Parent SDQ Internalising Score

Click a torch to  
reveal a single  
trajectory



# Decision trees

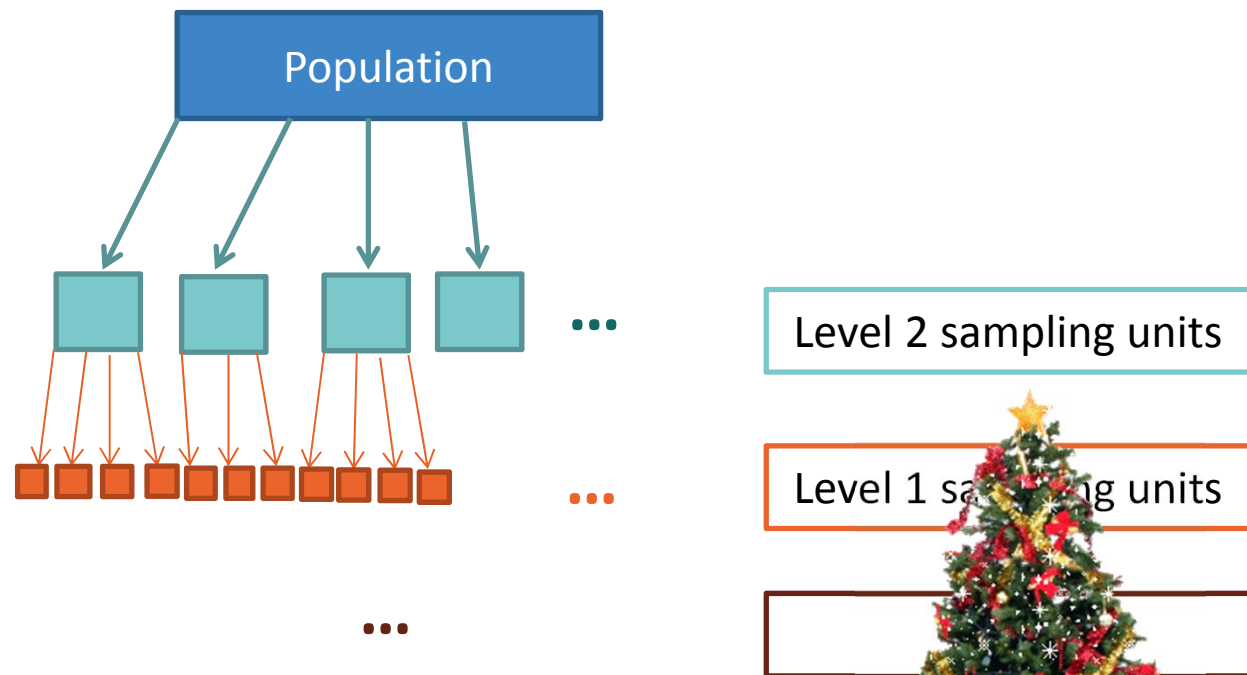
Model-based recursive partitioning (Zeileis et al., 2008)

Rationale:

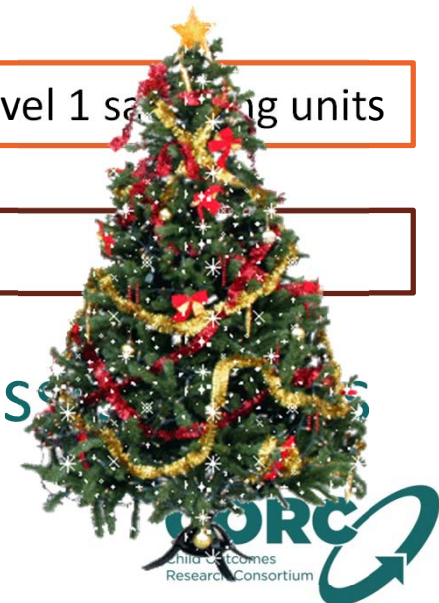
1. Confirmatory  
A global parametric model ('one-size-fits-all') may not fit the data well.
2. Exploratory  
We may be able to find subgroups defined by covariates, with better-fitting models

# Mixed-effects model-based recursive partitioning

Clustered or longitudinal data:



Generalized linear mixed-effects regression  
(glmertree; Fokkema et al., in press)



# Advantages of decision tree methods

## 1. Data-analytic flexibility

- Predictors may be categorical, ordinal or continuous
- Outcomes may be continuous, categorical, count, survival
- No (few) assumptions about data distribution
- Can deal with many potential predictors (also  $p > N$ )

## 2. Easy to interpret and apply

- Direct identification of subgroups
- Easy to use in decision making (no formulas, no computation)
- Not all variables in model need to be assessed for making decision

# Disadvantage of decision tree methods

## 3. Instability: Small changes in data may yield (very) different tree

But:

- Traditional (generalized) linear models also unstable, changing tree structure *looks* much worse
- Mixed-effects improve stability (as with linear models)
- Tree ensembles provide state-of-the-art predictive accuracy, but suboptimal interpretability
- Earlier tree algorithms (e.g., CART) suffer from variable selection bias, model-based RP does not (Hothorn et al., 2006)



# Ex. 1: Outcomes in UK young people's mental health services

3,739 young people, 13 service providers

Treatment outcome: mental-health difficulties score

Potential baseline predictors:

- demographic variables
- case characteristics (presence of mental and behavioral disorders)
- severity characteristics (functioning impairment)

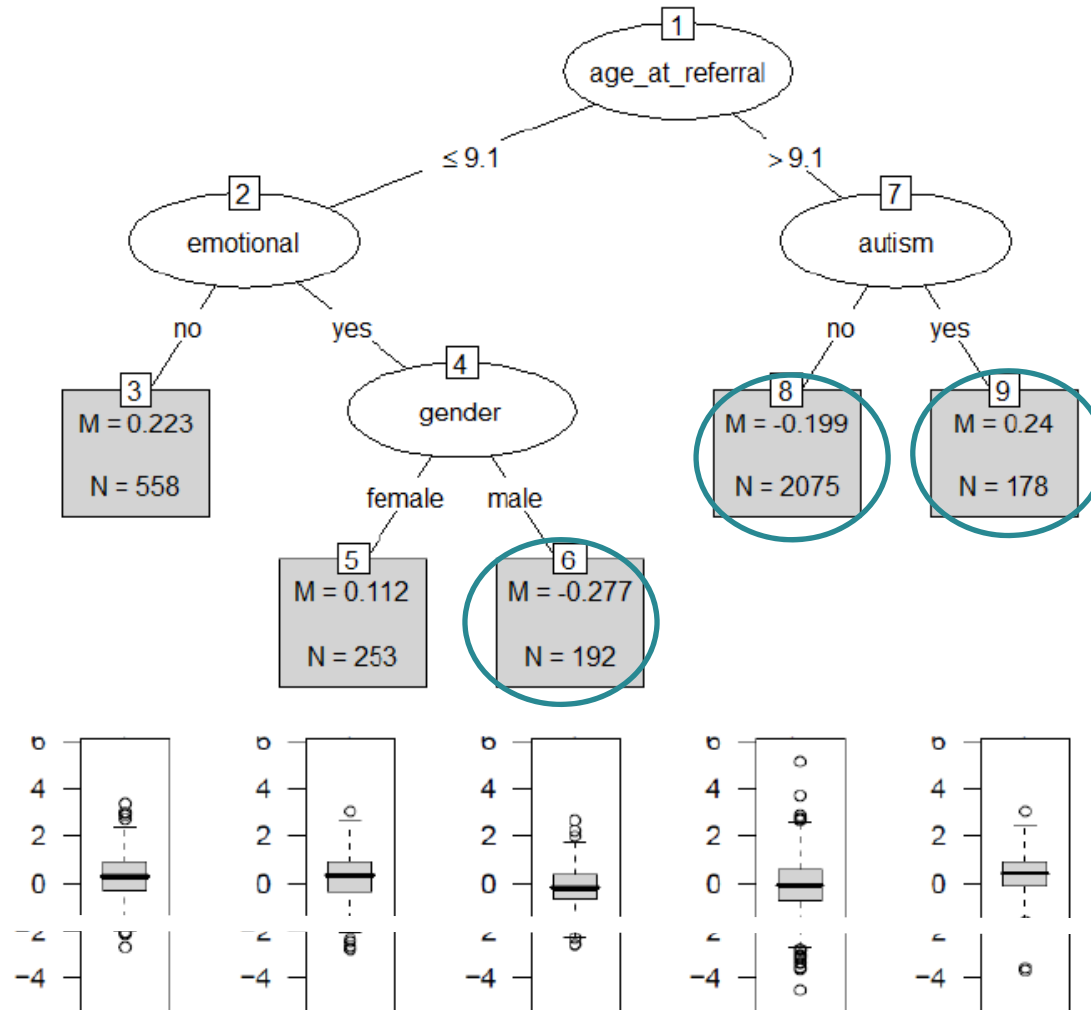
# Ex. 1: Outcomes in UK young people's mental health services

Mixed-effects linear model (Edbrooke-Childs et al., 2016):

- Age, Autism, Ethnicity, Infrequent case characteristics, Eating disorder, Hyperactivity
- $\hat{\rho}_{pred,obs\ outcomes} = .240$  (10-fold CV)

Mixed-effects tree:

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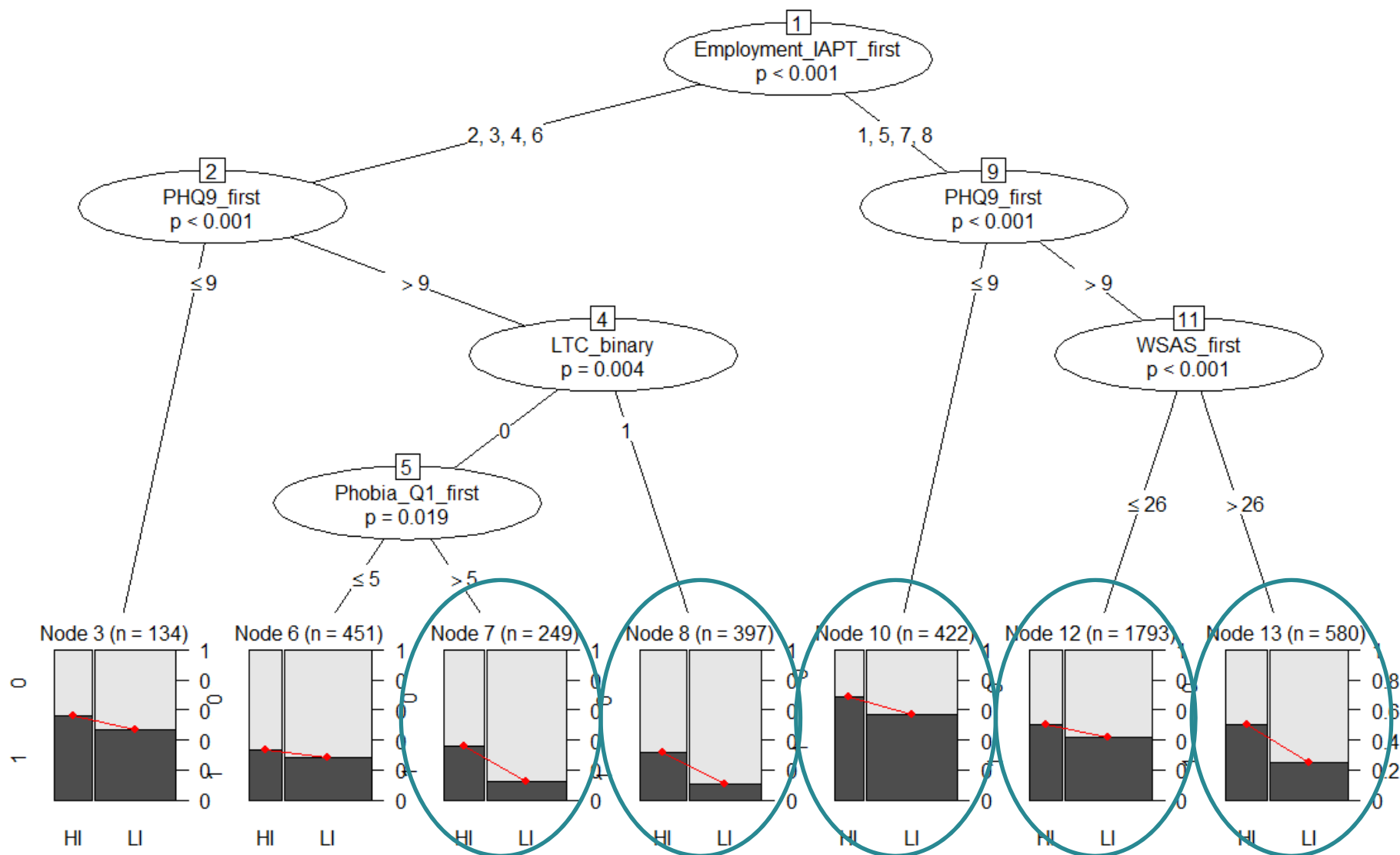
- Age, Autism, Ethnicity, Infrequent case characteristics, Eating disorder, Hyperactivity
- $\hat{\rho}_{pred,obs\ outcomes} = .240$  (10-fold CV)

Mixed-effects tree:

- Age, Emotional problems, Autism, Gender
- $\hat{\rho}_{pred,obs\ outcomes} = .245$  (10-fold CV)

# Ex. 2: IAPT SMART data tournament

Differential outcomes (standard; 1 = clinically significant response to treatment)



# Discussion

Accuracy is just one factor to consider –

Consider how fast, how robust, how easy to update with new variables or observations, how to deal with missing data, how easy to explain

For clinical decision making: How transparent, how trustworthy, how simple

## **References**

Edbrooke-Childs, J., Macdougall, A., Hayes, D., Jacob, J., Wolpert, M., & Deighton, J. (2017). Service-level variation, patient-level factors, and treatment outcome in those seen by child mental health services. *European Child & Adolescent Psychiatry*, 26(6), 715-722.

Hothorn, T., Hornik, K. & Zeileis, A. (2006). Unbiased Recursive Partitioning: A Conditional Inference Framework. *Journal of Computational and Graphical Statistics*, 15(3), 651-674.

Fokkema, M., Smits, N., Zeileis, A., Hothorn, T. & Kelderman, H. (in press). Detecting treatment-subgroup interactions in clustered data with generalized linear mixed-effects model trees. *Behavior Research Methods*. DOI:s13428-017-0971-x

Zeileis, A., Hothorn, T., & Hornik, K. (2008). Model-based recursive partitioning. *Journal of Computational and Graphical Statistics*, 17(2), 492-514.

## **R packages**

Hothorn, T., Seibold, H. & Zeileis, A. (2018). partykit: A Toolkit for Recursive Partytioning. R package version 1.2-2. <https://cran.r-project.org/package=partykit>

Zeileis, A. & Fokkema, M. (2017). glmertree: Generalized Linear Mixed Model Trees. R package version 0.1. <https://cran.r-project.org/package=glmertree>

## **Introduction to mixed-effects trees**

'Fitting mixed-effects trees in R.pdf' on <https://github.com/marjoleinF/TSIL2018>