

LATENT VARIABLE MODELS

Session 1 – Introduction

Course prerequisites

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- Knowledge of statistics
 - ▣ Statistical testing (e.g., chi-square & normal distributions)
 - ▣ Regression (GLMs)
 - ▣ Var, cov, cor, mean
- Knowledge of psychometrics
 - ▣ Validity
 - ▣ PCA, EFA, CFA
 - ▣ Reliability
 - ▣ IRT
- Programming in R

Course materials

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Book(s):

- ❑ Beaujean, A. A. (2014). *Latent variable modeling using R: A step-by-step guide*.
 - ❑ Good as a starting guide, not an authoritative standard
- ❑ Kaplan, D. (2009). *Structural Equation Modeling: Foundations and Extensions*.
 - ❑ Authoritative standard. But more technical and not focused on specific software, not practical for current course.

Brightspace materials:

- ❑ Lecture slides
- ❑ Markdown files with examples, exercises and answers

Book examples

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- You are strongly advised to copy and run R code from examples in Beaujean book and from Brightspace:
 - ▣ They give you a step-by-step guide on how to perform analyses
 - ▣ They give you a starter for making the exercises
 - ▣ If you make a mistake, you will get an error or warning message, from which you can learn alot! (But only if you try to decipher it, red = good!)

Structural Equation Modeling

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- **Structural:** We aim to *explain associations between* (that is, the structure of) *observed variables*
- **Equations:** Associations between variables are described using mathematical formulae
- **Modeling:** we construct models (hypotheses, theories) of reality. The models can be statistically tested. That is: rejected by the data (or not), but never proven 'true' or 'right'.
 - ▣ All models are wrong, but some are useful.

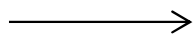
Structural Equation Modeling

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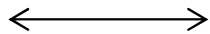
SEMS are graphically represented using these building blocks:



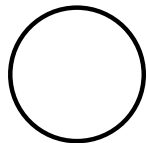
Observed (manifest) variable



Directional relationship (regression relationship)



Non-directional relationship
(correlation/(co)variance)



Latent variable



Constant term (i.e., not a variable, e.g., intercept)

Structural Equation Modeling

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- Arrows in SEM denote regression relationships
- All generalized linear models (GLMs) can be formulated as a SEM:
 - t-test
 - ANOVA
 - Multiple linear regression
 - Multiple logistic regression
 -
- Also, SEM can be used to models for multilevel or longitudinal data (i.e., GLMMs)

Example dataset

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Variables in the model:



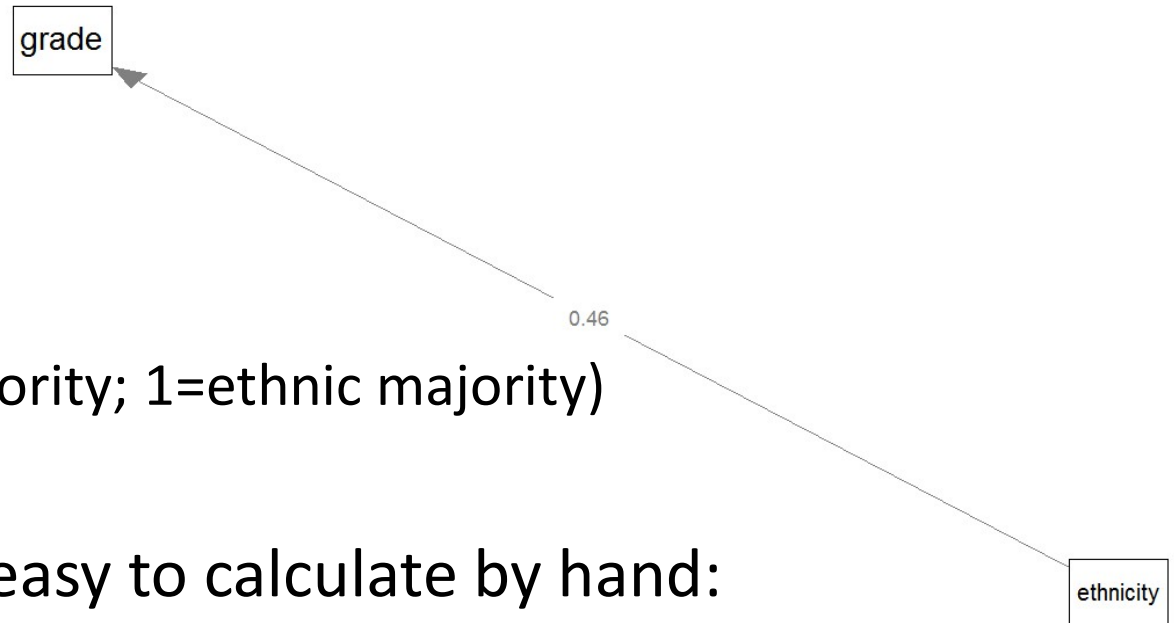
- ▣ GPA in 10th grade
- ▣ Ethnicity
- ▣ Homework (8th grade)
- ▣ Socio-economic status
- ▣ Previous achievement (8th grade)
- ▣ Sample covariance matrix **S**:

	grade	homwrk	prv_ch	ethnct	SES
grade	2.185				
homework	0.335	0.649			
prev_ach	6.429	2.067	79.092		
ethnicity	0.081	0.028	1.201	0.175	
SES	0.338	0.176	3.541	0.106	0.690

Model: Univariate regression

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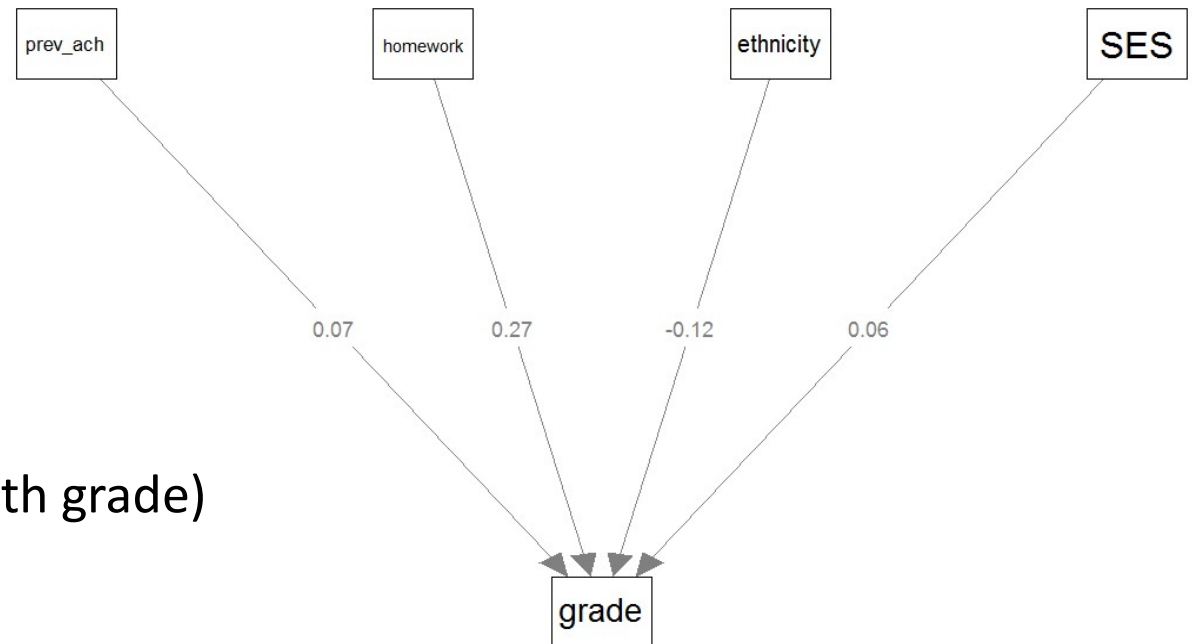
- Dependent:
 - ▣ GPA in 10th grade
- Independent:
 - ▣ ethnicity (0=ethnic minority; 1=ethnic majority)
- Regression coefficient easy to calculate by hand:
 - ▣ $\hat{b}_{xy} = \frac{cov_{x,y}}{var_x} = \frac{0.0814}{0.1752} = 0.4646$
 - ▣ standardized $\hat{b}_{xy} = \hat{\rho}_{xy} = \frac{cov_{x,y}}{s_x s_y} = s_x \frac{\hat{b}_{xy}}{s_y} = 0.132$
- Measure of fit or (strength of) association: $\hat{\rho}_{xy}^2$



Model: Multiple regression

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- Dependent:
 - ▣ GPA in 10th grade
- Independent:
 - ▣ Ethnicity
 - ▣ Homework (8th grade)
 - ▣ Previous achievement (8th grade)
 - ▣ Socio-economic status



- Regression estimates are now a vector of partial regression coefficients, need matrix algebra to compute: $\hat{\beta} = (X^T X)^{-1} X^T y$
- Measure of fit: multiple correlation ($R=.512$), or variance explained ($R^2=.262$)
- Measure of (strength of) association: \hat{b}_{xy} or standardized $\hat{b}_{xy}^* = s_x \frac{\hat{b}_{xy}}{s_y}$ (where \hat{b}_{xy} is a partial regression coefficient)

Model: SEM

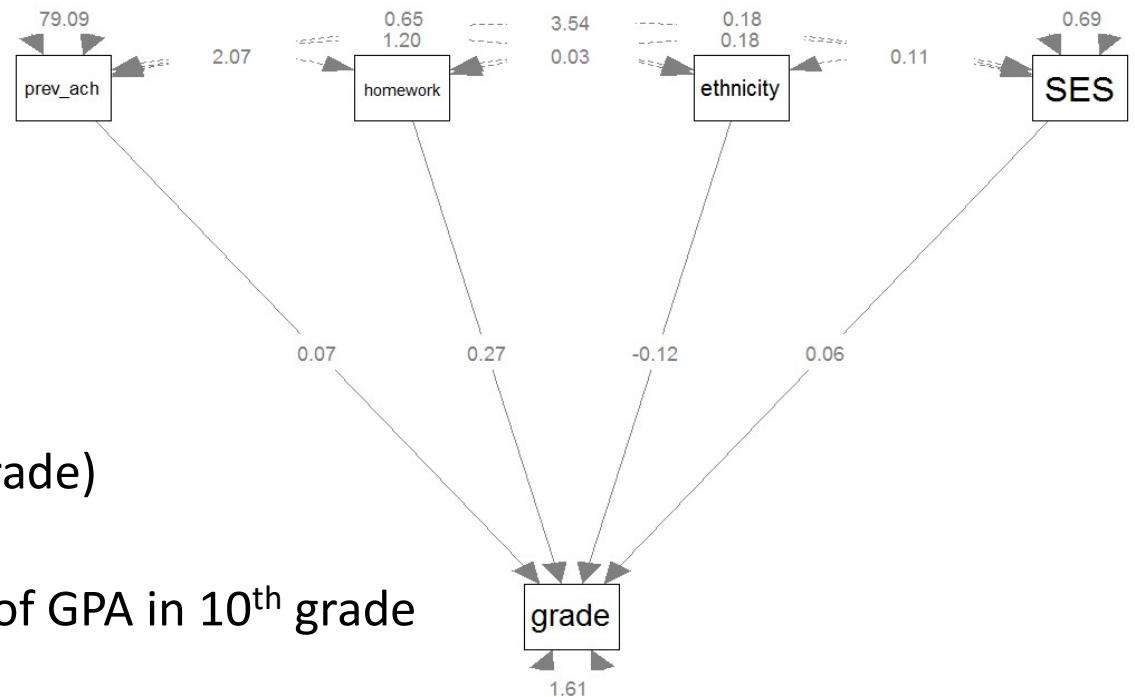
11

- *Endogenous variables:*

- ▣ GPA in 10th grade

- *Exogenous variables:*

- ▣ Ethnicity
 - ▣ Homework (8th grade)
 - ▣ Previous achievement (8th grade)
 - ▣ Socio-economic status
 - ▣ (disturbance/error/residual) of GPA in 10th grade

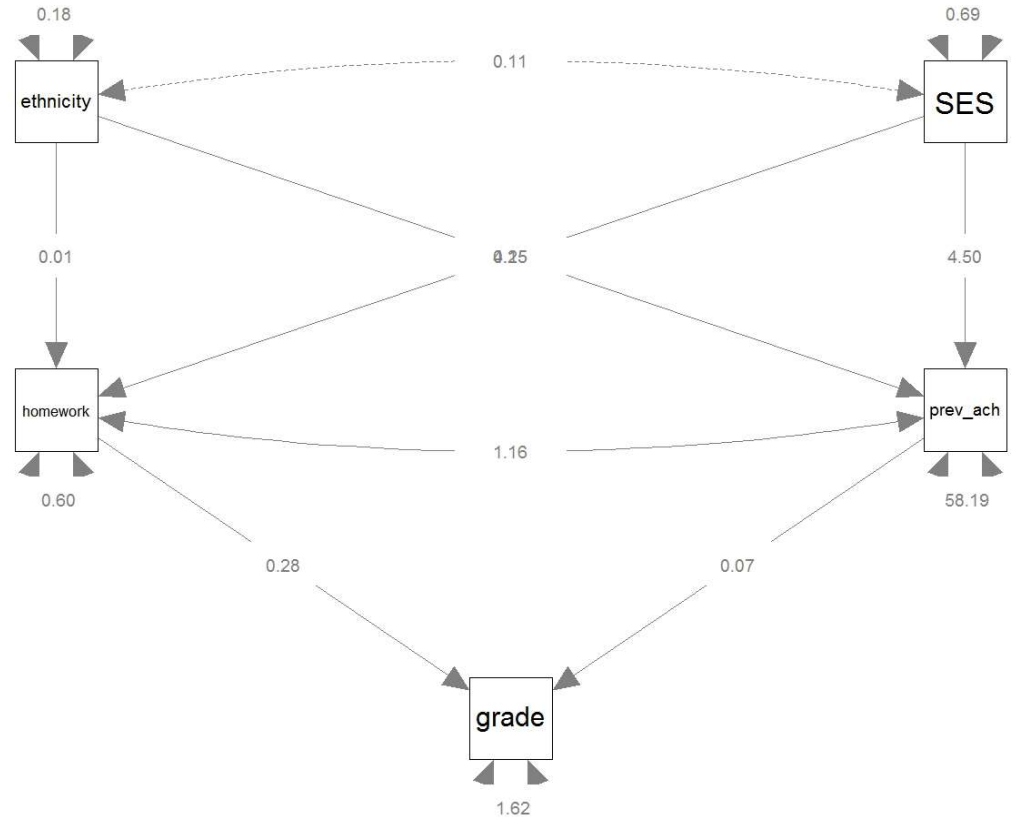


- Regression estimates are still a vector of partial regression coefficients, need matrix algebra and optimization to compute
- Measure of (strength of) associations: Partial regression coefficients
- Overall model fit: How well are the observed variables' (co)variances reproduced by the model?
 - ▣ Quantified by a χ^2 value and model fit indices

Model: SEM

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- *Endogenous* variables:
 - ▣ Homework (8th grade)
 - ▣ Previous achievement (8th grade)
 - ▣ GPA in 10th grade
- *Exogenous* variables:
 - ▣ Ethnicity
 - ▣ Socio-economic status
 - ▣ (disturbances/errors/residuals of
 - Homework (8th grade)
 - Previous achievement (8th grade)
 - GPA in 10th grade
- Measure of (strength of) associations: partial regression coefficients
- Overall model fit: How well are the observed variables' (co)variances reproduced by the model?
 - ▣ Quantified by a χ^2 value and model fit indices



Model: SEM

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Endogenous variables:

- ▣ Homework (8th grade)
- ▣ Previous achievement (8th grade)
- ▣ GPA in 10th grade

Exogenous variables:

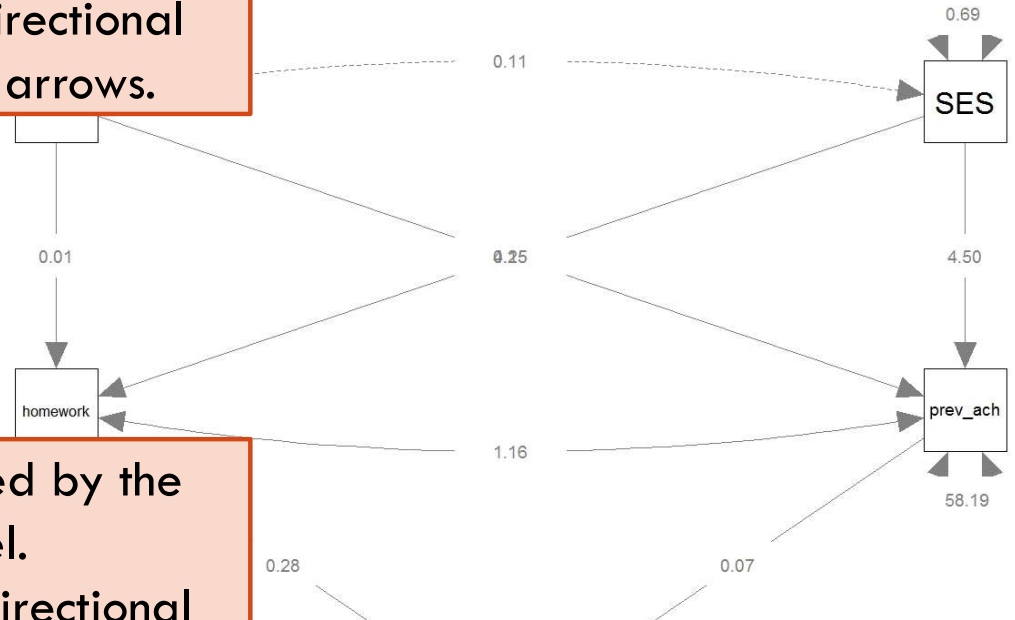
- ▣ Ethnicity
- ▣ Socio-economic status
- ▣ (disturbances/error terms)
 - ▣ Homework (8th grade)
 - ▣ Previous achievement (8th grade)
 - ▣ GPA in 10th grade

Explained by the model.
Have unidirectional incoming arrows.

Not explained by the model.
Have no unidirectional incoming arrow(s).

From Greek *endo*, meaning 'inside', and *gignomai*

From Greek *exo*, meaning 'outside', and *gignomai*, meaning 'to produce'



- ▣ Measure of (strength of) associations: partial regression coefficients
- ▣ Overall model fit: How well are the observed variables' (co)variances reproduced by the model?
 - ▣ Quantified by a χ^2 value and model fit indices

SEM using lavaan

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To fit a SEM in R with lavaan, we need two things:

1. Data, which can be:
 - Raw data, which is often an external file (e.g., .sav, .xls) which needs to be loaded into R (most common case in practice)
 - Covariance or correlation matrix, which can be an external file, or can be entered manually (most often the case in book's examples and exercises)
2. Model specification:
 - A long character string that specifies whether population parameters are fixed (e.g., to a constant like 1 or 0) restricted (e.g., to be equal to another parameter) or should be freely estimated, using lavaan model syntax

Lavaan model syntax

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Syntax	Command	Example
~	Regress onto	Regress B onto A: $B \sim A$
~~	(Co)variance	Variance of A: $A \sim\sim A$ Covariance of A and B: $A \sim\sim B$
~1	Constant/mean/intercept	Regress B onto A, and include the intercept in the model: $B \sim 1 + A$ or $B \sim A$ $B \sim 1$
=~	Define reflective latent variable	Define Factor 1 by A-D: $F1 =\sim A+B+C+D$
<~	Define formative latent variable	Define Factor 1 by A-D: $F1 <\sim 1*A+B+C+D$
:=	Define non-model parameter	Define parameter u2 to be twice the square of u: $u2 := 2*(u^2)$
*	Label parameters (the label has to be pre-multiplied)	Label the regression of Z onto X as b: $Z \sim b*X$
	Define the number of thresholds (for categorical endogenous variables)	Variable u has three thresholds: $u t1 + t2 + t3$

grade

ethnicity

homework

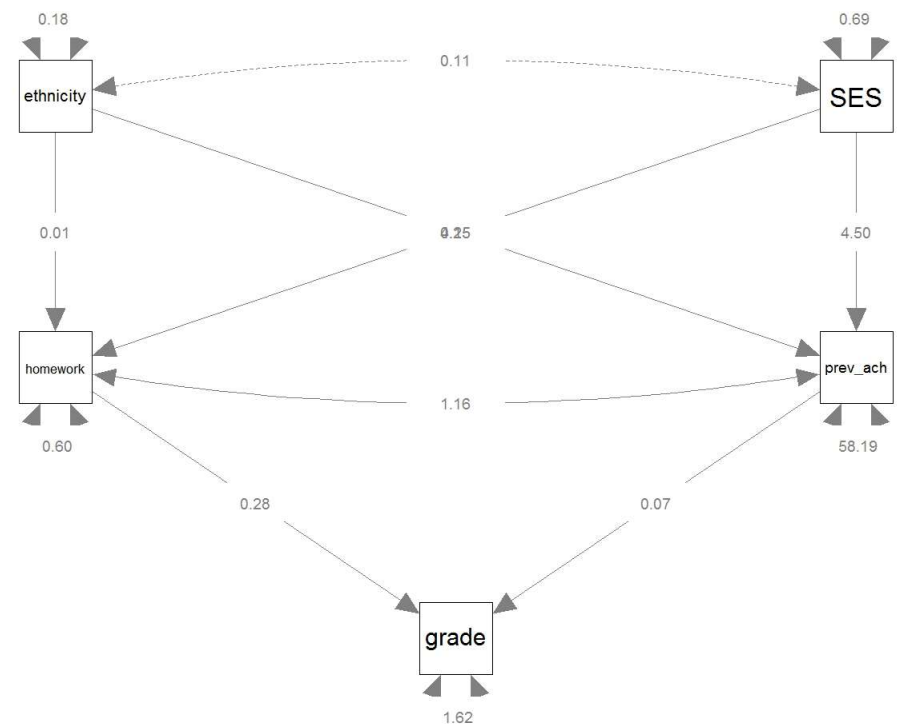
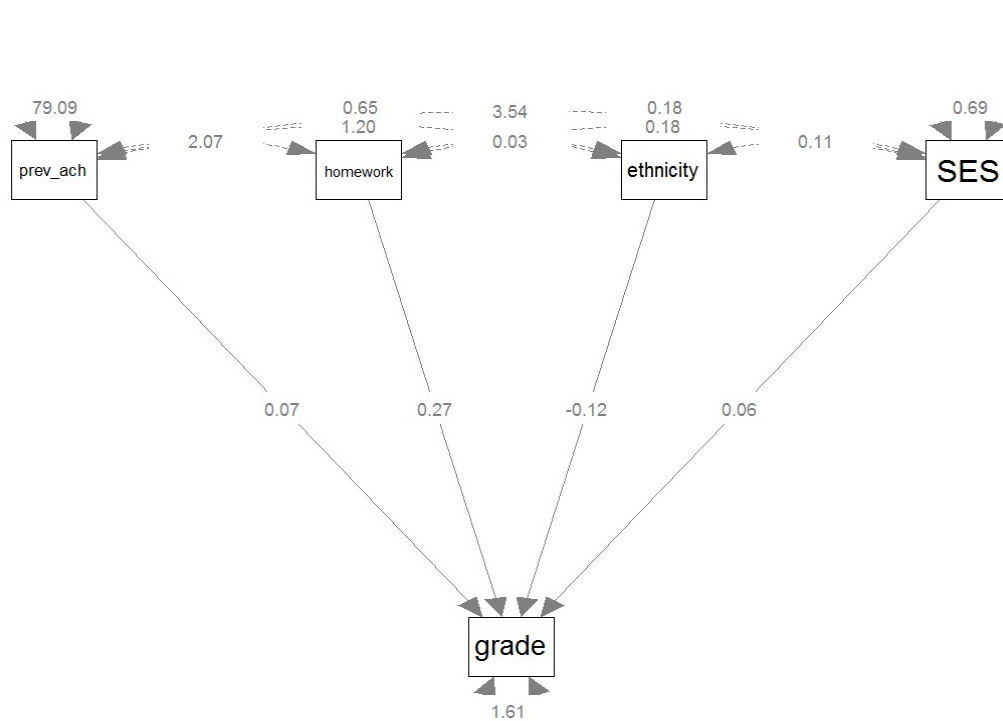
SES

Prev_ach

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Syntax	Command	Example
~	Regress onto	Regress B onto A: $B \sim A$
~~	(Co)variance	Variance of A: $A \sim\sim A$ Covariance of A and B: $A \sim\sim B$

Q: How do we specify these models in lavaan syntax?



Computation time!

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Example 2.4.1

- get PDF from Github



Make Exercise 2.1:

- Get Exercises_week_1.pdf from Github (adapted version of the exercises in the Beaujean book)

Structural Equation Modeling

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- Fitted model is used to explain associations between observed variables
- I.e., to explain sample covariances between observed variables:

$$\text{cov}_{xy} = \left(\frac{1}{N-1} \right) \sum_i (X_i - \bar{X})(Y_i - \bar{Y})$$

$$\text{cov}_{xy} = r_{xy} SD_x SD_y$$

- ▣ Note: means, and skewness & kurtosis can be also be involved in SEM (discussed later in course)

Structural Equation Modeling

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- With SEM, we obtain a fitted model that minimizes the difference between
 - ▣ sample matrix of observed covariances \mathbf{S} and
 - ▣ population matrix of model-implied covariances $\hat{\Sigma}$
 - In addition, we try to keep the model parsimonious through applying restrictions (i.e., specifying the model) so that not all possible paths are estimated
- These covariance matrices contain all (co)variances of the observed variables in the model. Note that:
 - ▣ Covariance matrices are always symmetric, because $\text{cov}(x,y)=\text{cov}(y,x)$
 - ▣ Covariance matrices have the variance of the observed variables on the diagonal. I.e., $\text{cov}(x,x) = \text{var}(x)$

Model-implied (co)variances

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- Variables in the model:



- Observed covariance matrix **S**:

	grade	homwrk	prv_ch	ethnct	SES
grade	2.185				
homework	0.335	0.649			
prev_ach	6.429	2.067	79.092		
ethnicity	0.081	0.028	1.201	0.175	
SES	0.338	0.176	3.541	0.106	0.690

- Once the model is estimated, the model-implied covariance matrix $\hat{\Sigma}$ can be calculated using path analysis, or equivalently, matrix algebra

Model-implied (co)variances

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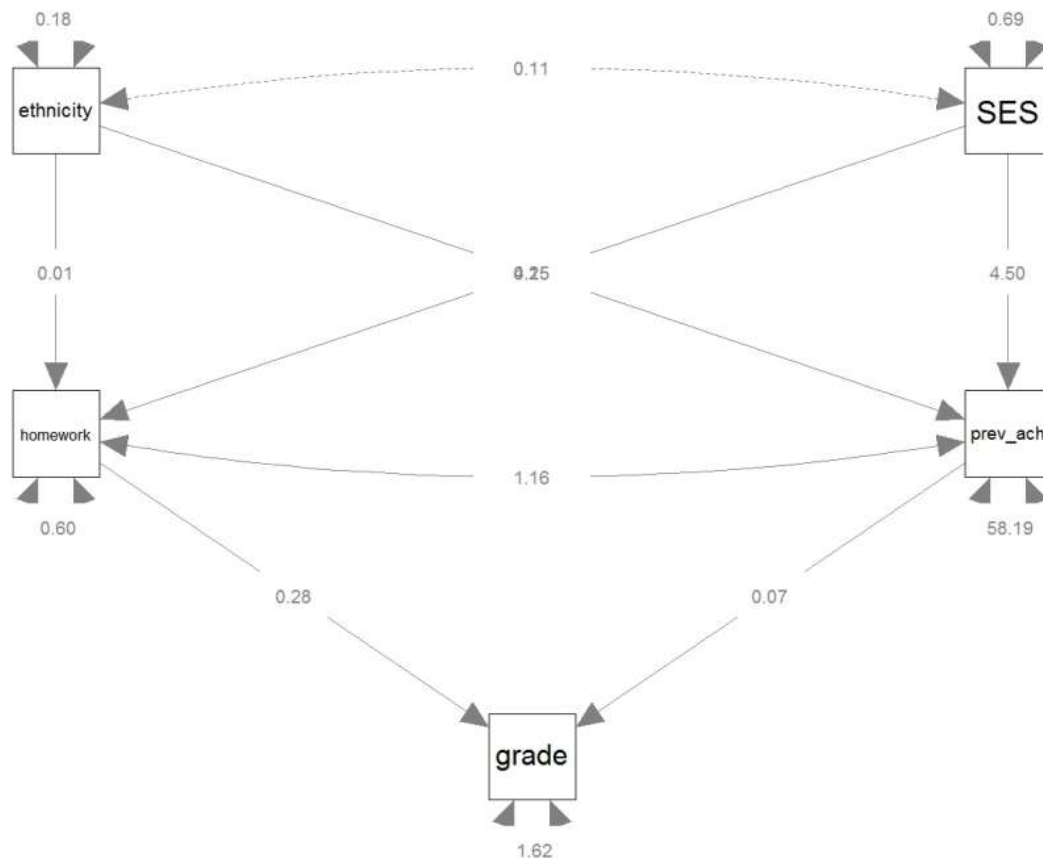
Path analysis:

- Model-implied covariance between variables X and Y can be computed as follows:
 - Find all paths leading from X to Y
 - Multiply all parameter values along a given path from X to Y, but:
 - No loops: may not go through same variable more than once
 - May switch forward/backward direction only once within a path
 - May go through double-headed arrow only once within a path
 - Summing all values thus obtained
- Variances of variables are calculated as follows:
 - For exogenous variables, model-implied variances are equal to sample variances, so are given (not computed)
 - For endogenous variables, variances are computed like covariances (rules above)

Model-implied (co)variances

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Model:



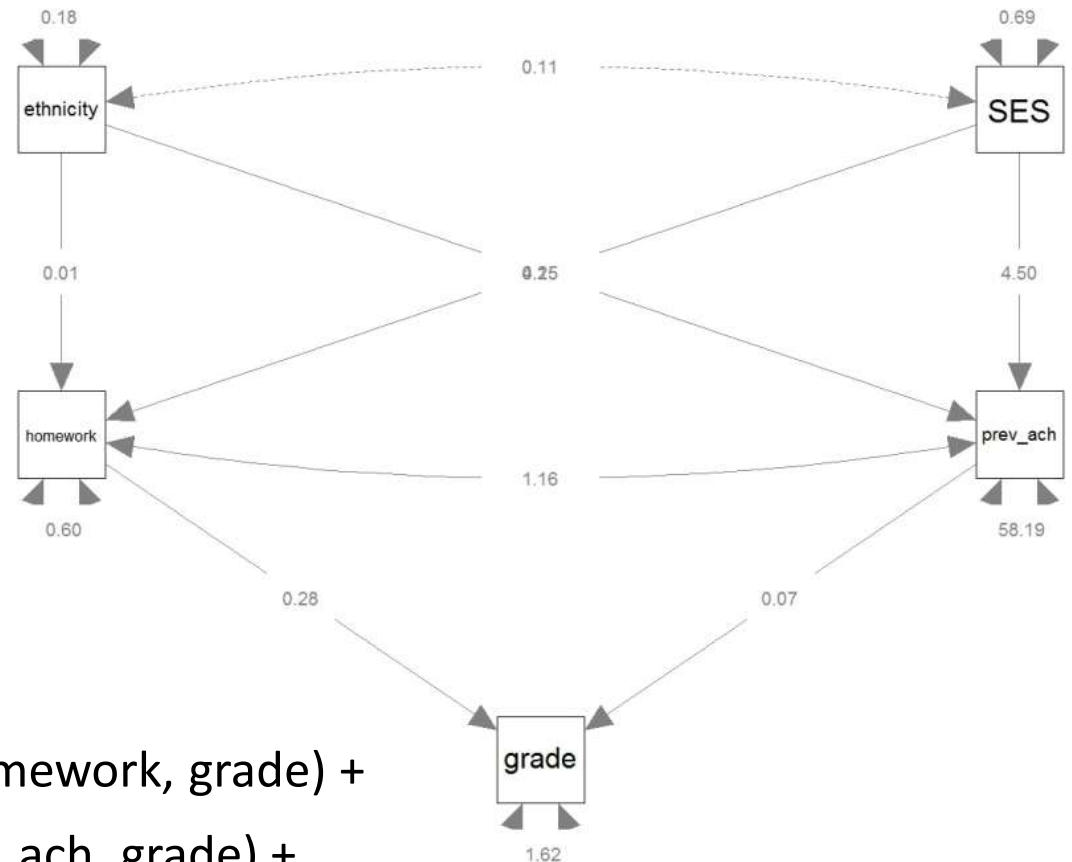
Parameter estimates:

lhs	op	rhs	est
grade	~	prev_ach	0.074
grade	~	homework	0.281
homework	~	ethnicity	0.007
homework	~	SES	0.254
prev_ach	~	ethnicity	4.147
prev_ach	~	SES	4.496
homework	~	prev_ach	1.158
grade	~	grade	1.616
homework	~	homework	0.604
prev_ach	~	prev_ach	58.190
ethnicity	~	ethnicity	0.175
ethnicity	~	SES	0.106
SES	~	SES	0.690

Q: What is the model-implied $\text{cov}(\text{SES}, \text{grade})$?

Model-implied (co)variances

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model-implied $\text{cov}(\text{SES}, \text{grade}) =$

$$\begin{aligned} & \text{var}(\text{SES}) * b(\text{SES}, \text{homework}) * b(\text{homework}, \text{grade}) + \\ & \text{var}(\text{SES}) * b(\text{SES}, \text{prev_ach}) * b(\text{prev_ach}, \text{grade}) + \\ & \text{cov}(\text{SES}, \text{ethnicity}) * b(\text{ethnicity}, \text{homework}) * b(\text{homework}, \text{grade}) + \\ & \text{cov}(\text{SES}, \text{ethnicity}) * b(\text{ethnicity}, \text{prev_ach}) * b(\text{prev_ach}, \text{grade}) \end{aligned}$$

Model-implied (c)

Note that Beaujean's examples in section 2.1.3 seem more simple, because he uses the standardized solution. Then all variances of exogenous variables equal 1 and can be omitted, which simplifies calculations a lot.

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model-implied $\text{cov}(\text{SES}, \text{grade}) =$
 $\text{var}(\text{SES}) * b(\text{SES}, \text{homework}) * b(\text{homework}, \text{grade}) +$
 $\text{var}(\text{SES}) * b(\text{SES}, \text{prev_ach}) * b(\text{prev_ach}, \text{grade}) +$
 $\text{cov}(\text{SES}, \text{ethnicity}) * b(\text{ethnicity}, \text{homework}) * b(\text{homework}, \text{grade}) +$
 $\text{cov}(\text{SES}, \text{ethnicity}) * b(\text{ethnicity}, \text{prev_ach}) * b(\text{prev_ach}, \text{grade}) =$

$.690 * .254 * .281 +$
 $.690 * 4.496 * .074 +$
 $.106 * .007 * .281 +$
 $.106 * 4.147 * .074 =$
 0.3115514

lhs	op	rhs	est
grade	~	prev_ach	0.074
grade	~	homework	0.281
homework	~	ethnicity	0.007
homework	~	SES	0.254
prev_ach	~	ethnicity	4.147
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grade	~~	grade	1.616
homework	~~	homework	0.604
prev_ach	~~	prev_ach	58.190
ethnicity	~~	ethnicity	0.175
ethnicity	~~	SES	0.106
SES	~~	SES	0.690

Model-implied (co)variances

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- A SEM is a system of linear equations, which we can represent by matrices
 - ▣ Although non-linear SEM also exists, but outside the scope of this course
- The path tracing rules represent matrix algebra but more tedious/confusing/error prone
- Beaujean's book hardly involves formulas, and no matrix notation. To get a good understanding of SEM, you need to know about underlying matrices and vectors

Model-implied (co)variances

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- In lavaan, the (co)variance structure of a fitted model is given by four parameter matrices
- Matrix algebra gives us the model-implied covariance matrix:

$$\hat{\Sigma} = \Lambda(\mathbf{I} - \beta)^{-1} \Psi[(\mathbf{I} - \beta)^{-1}]^T \Lambda^T + \Theta$$

- Today, our models assume no measurement error, so Λ is an identity matrix and Θ all zeros. Thus, the above formula simplifies to:

$$\hat{\Sigma} = (\mathbf{I} - \beta)^{-1} \Psi[(\mathbf{I} - \beta)^{-1}]^T$$

Model-implied (co)variances

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- Let p be the number of observed variables in the model
- If we have observed variables only:
 - ▣ β is a $p \times p$ matrix of regression coefficients, relating predictor to criterion variables
 - 'Contains' single-headed (directed) arrows, therefore non-symmetric
 - The columns reflect the variables as predictors, the rows reflect the variables as responses
 - ▣ ψ is a $p \times p$ matrix of (co)variances not explained by the regression equations
 - 'Contains' double headed (undirected) arrows, therefore symmetric
- ψ and β describe the **structural** model
- Often, SEM models also involve a **measurement** model (described by Λ and Θ , which will be introduced next session)

Model-implied (co)variances

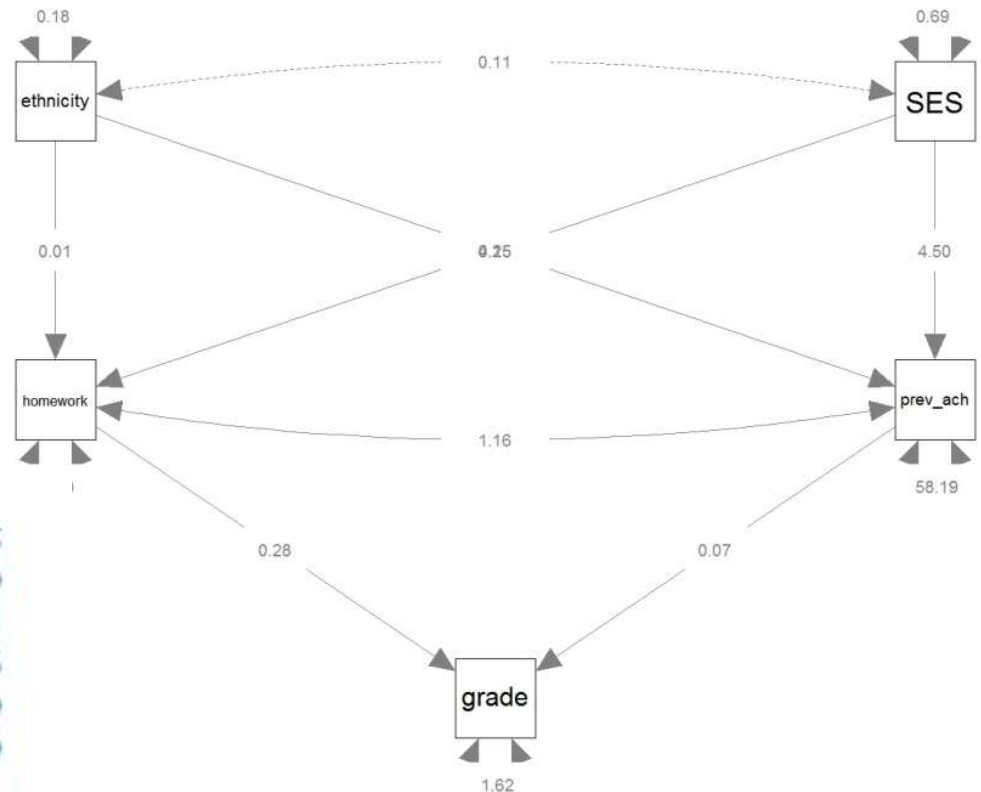
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> beta

	grade	homwrk	prv_ch	ethnct	SES
grade	0	0.281	0.074	0.000	0.000
homework	0	0.000	0.000	0.007	0.254
prev_ach	0	0.000	0.000	4.147	4.496
ethnicity	0	0.000	0.000	0.000	0.000
SES	0	0.000	0.000	0.000	0.000

> psi

	grade	homwrk	prv_ch	ethnct	SES
grade	1.616				
homework	0.000	0.604			
prev_ach	0.000	1.158	58.190		
ethnicity	0.000	0.000	0.000	0.175	
SES	0.000	0.000	0.000	0.106	0.690



Structural and measurement model

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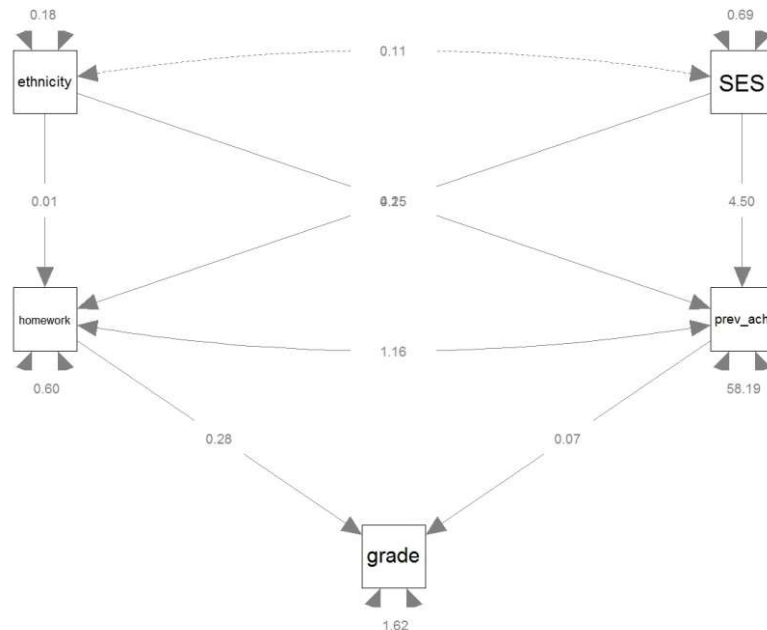
Two main components of SEMs:

- ▣ the **structural model** contains *causal* regression relationships between endogenous and exogenous variables
 - path models (without measurement errors) can be viewed as SEMs that contain only the structural model
- ▣ the **measurement model** contains the associations between latent variables and their indicators
 - confirmatory factor analysis models contain only the measurement part

Model-implied (co)variances

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Model:



Parameter estimates:

lhs	op	rhs	est
grade	~	prev_ach	0.074
grade	~	homework	0.281
homework	~	ethnicity	0.007
homework	~	SES	0.254
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prev_ach	~	SES	4.496
homework	~	prev_ach	1.158
grade	~	grade	1.616
homework	~	homework	0.604
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ethnicity	~	ethnicity	0.175
ethnicity	~	SES	0.106
SES	~	SES	0.690

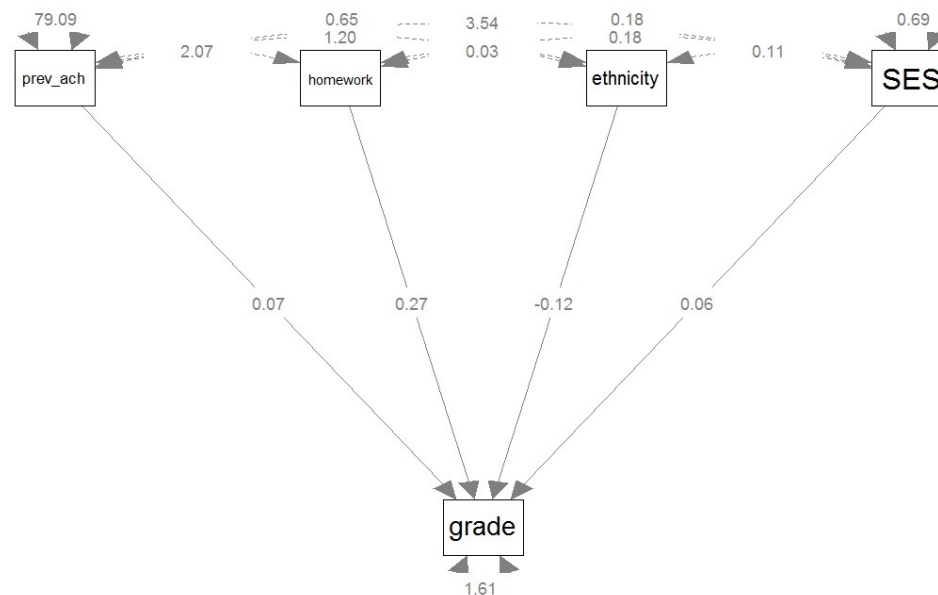
Model-implied covariance matrix $\hat{\Sigma}$:

	grade	homwrk	prv_ch	ethnct	SES
grade	2.185				
homework	0.335	0.649			
prev_ach	6.429	2.067	79.092		
ethnicity	0.097	0.028	1.201	0.175	
SES	0.311	0.176	3.541	0.106	0.690

Model-implied (co)variances

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Model:



Parameter estimates:

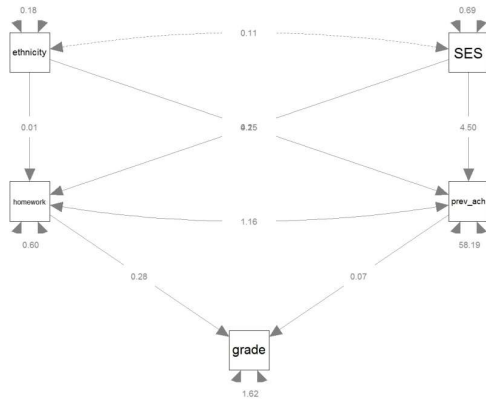
lhs	op	rhs	est
grade	~	prev_ach	0.073
grade	~	homework	0.271
grade	~	ethnicity	-0.119
grade	~	SES	0.063
grade	~~	grade	1.612
prev_ach	~~	prev_ach	79.092
prev_ach	~~	homework	2.067
prev_ach	~~	ethnicity	1.201
prev_ach	~~	SES	3.541
homework	~~	homework	0.649
homework	~~	ethnicity	0.028
homework	~~	SES	0.176
ethnicity	~~	ethnicity	0.175
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SES	~~	SES	0.690

Model-implied covariance matrix $\hat{\Sigma}$:

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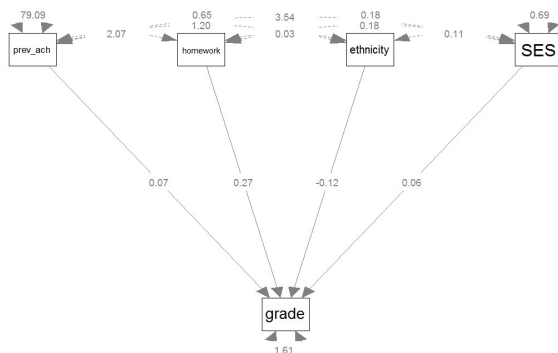
Model-implied (co)variances

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$\hat{\Sigma} =$

	grade	homwrk	prv_ch	ethnct	SES
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$S =$

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Which model fits data best (i.e., approximates sample covariances best)?

Which is most parsimonious (i.e., estimates lowest number of population parameters)?

Variances of exogenous variables often not explicitly depicted

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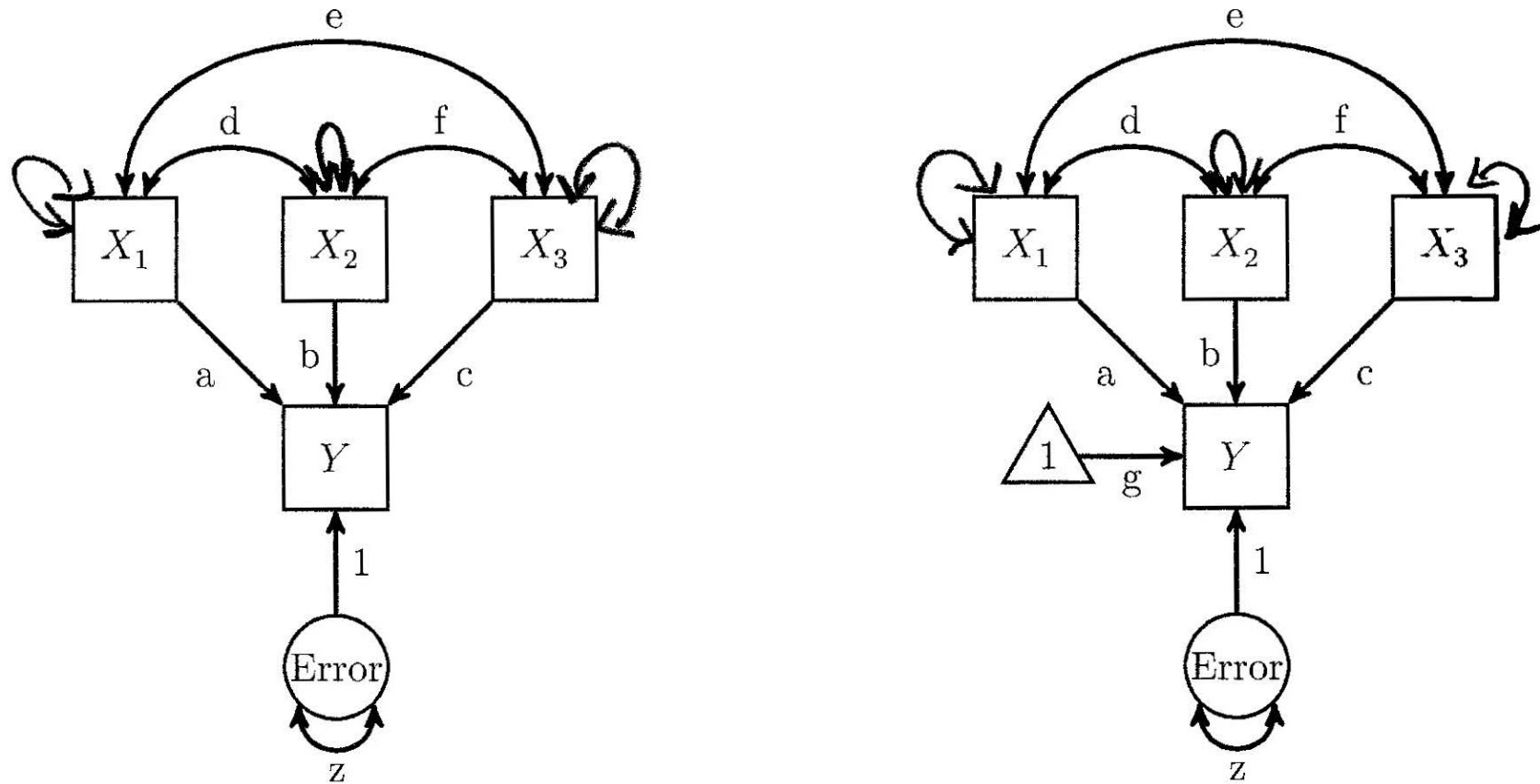
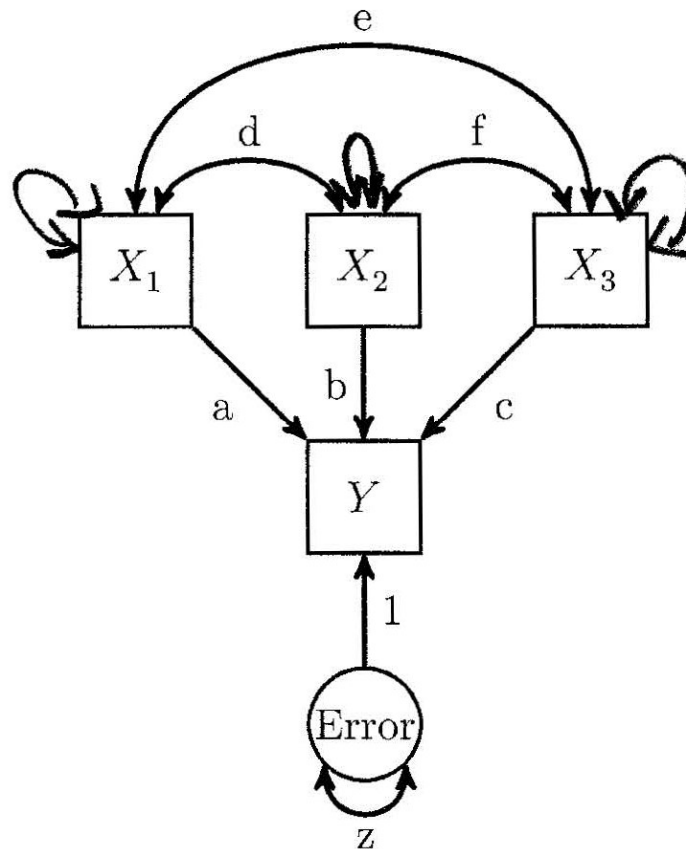


Figure 2.2 Path model of a multiple regression with three predictor (exogenous) variables.

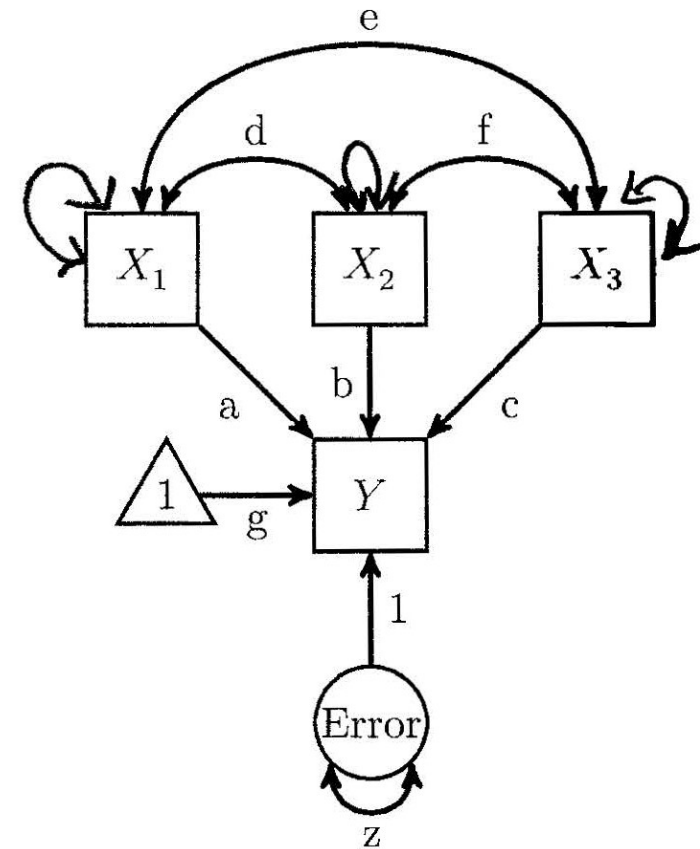
Mean structure often omitted

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(co)variance structure only
all means omitted (i.e., assumed zero)

$$Y = aX_1 + bX_2 + cX_3 + error$$



(co)variance and mean structure
means freely estimated

$$Y = g + aX_1 + bX_2 + cX_3 + error$$

Figure 2.2 Path model of a multiple regression with three predictor (exogenous) variables.

Error terms

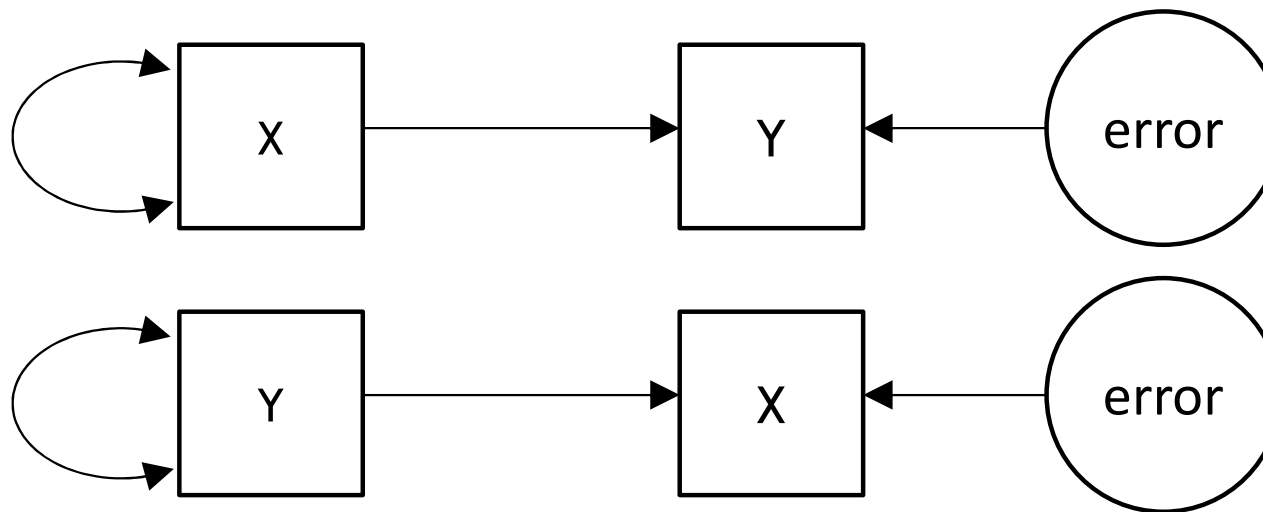
35

- Errors are also latent variables: they are hypothetical, not directly observed
- Error is defined as the difference between observed (sample) variance and variance explained by other variables in the model
 - ▣ Therefore, a variable that has an error/disturbance term is an endogenous variable (vice versa)
 - ▣ Errors/disturbance terms are always exogenous (i.e., no incoming directional arrows)

Causation

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- Causality needs to be ensured through the research design, cannot be statistically proven



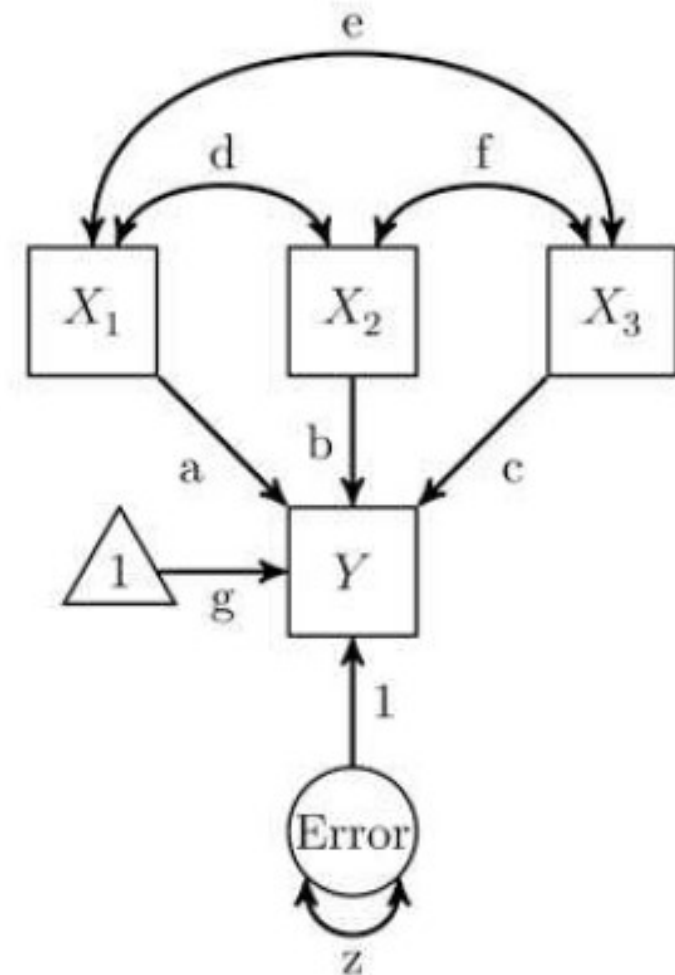
- Both models above will fit the observed data equally well, it is up to the researcher to decide on the direction of the arrows!
 - ▣ In the SEM model, it is merely a matter of scaling:

$$b_x = \frac{cov_{xy}}{var_x} \text{ and } b_y = \frac{cov_{xy}}{var_y}$$

Path & partial regression coefficients

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- Path coefficients (a, b, c, g and 1) are partial regression coefficients
- That is, the expected increase in the response variable, when the predictor variable increases by 1, controlling for (= keeping constant) all the other predictor variables
 - ▣ Note that the intercept is always 1, so cannot increase or decrease



Standardized coefficients

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- Parameter estimates (path coefficients) can be standardized and unstandardized
 - ▣ Unstandardized: Interpret like regression coefficients
 - Expected increase in Y if X increases by 1
 - ▣ Standardized: Interpret like correlation coefficients
 - Expected increase in SDs of Y if X increases by 1 SD
 - 0: no linear association; -1: perfect negative association; 1: perfect positive association
 - squared standardized coefficient = prop. of variance in Y explained by X (vice versa)

Lavaan model syntax

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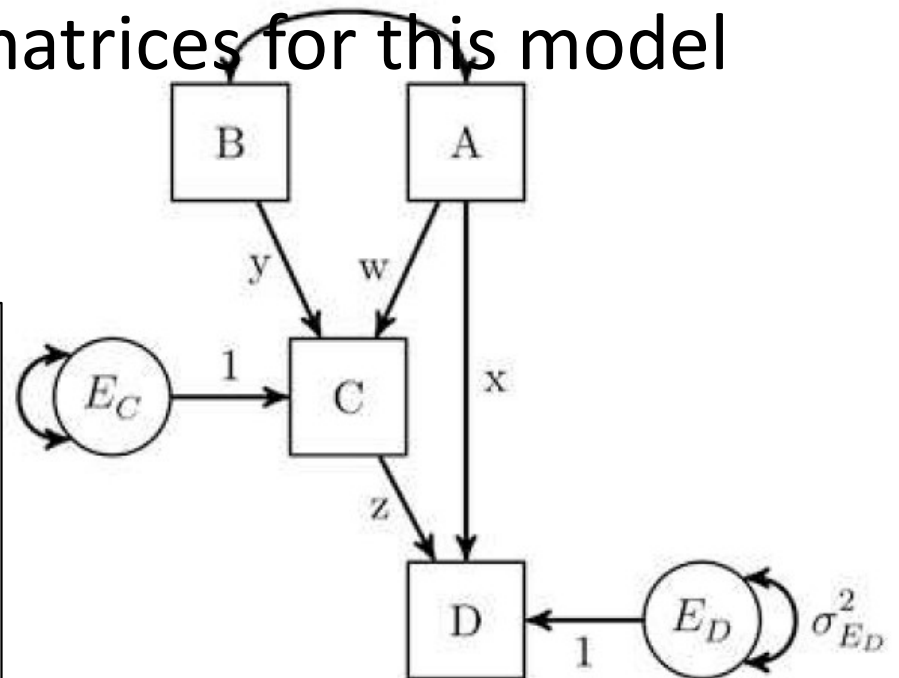
Syntax	Command	Example
~	Regress onto	Regress B onto A: $B \sim A$
~~	(Co)variance	Variance of A: $A \sim\sim A$ Covariance of A and B: $A \sim\sim B$
~1	Constant/mean/intercept	Regress B onto A, and include the intercept in the model: $B \sim 1 + A$ or $B \sim A$ $B \sim 1$
=~	Define reflective latent variable	Define Factor 1 by A-D: $F1 =\sim A+B+C+D$
<~	Define formative latent variable	Define Factor 1 by A-D: $F1 <\sim 1*A+B+C+D$
:=	Define non-model parameter	Define parameter u2 to be twice the square of u: $u2 := 2*(u^2)$
*	Label parameters (the label has to be pre-multiplied)	Label the regression of Z onto X as b: $Z \sim b*X$
	Define the number of thresholds (for categorical endogenous variables)	Variable u has three thresholds: $u t1 + t2 + t3$

Lavaan syntax exercise

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- 1) How do we write the model below in lavaan syntax?
- 2) How can we label and refer to the indirect effect from A on D via C in lavaan syntax?
- 3) What do the beta and psi matrices for this model look like?

Note that Beaujean often labels paths in lavaan syntax, but that is not required - I never do it, unless there are indirect effects that I want to explicitly define in the model. Labeling or not does not make a difference for the estimated parameters and model fit.



Homework

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- Exercises 2.2 and 2.3 (see PDF on Brightspace)
- See Example-2.4.1.pdf on Brightspace for instructions on extracting beta and psi matrices