

# *Poisson regression*

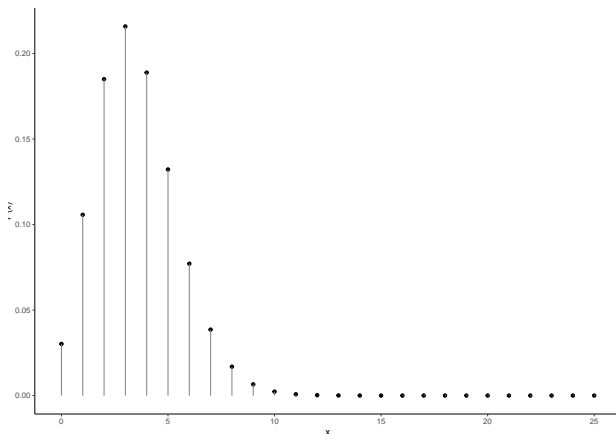
Mark Andrews

Psychology Department, Nottingham Trent University

✉ `mark.andrews@ntu.ac.uk`

# *The Poisson Distribution*

- The Poisson distribution is a discrete probability distribution over the non-negative integers  $0, 1, 2, \dots$



Shown here is a Poisson distribution with  $\lambda = 3.5$ .

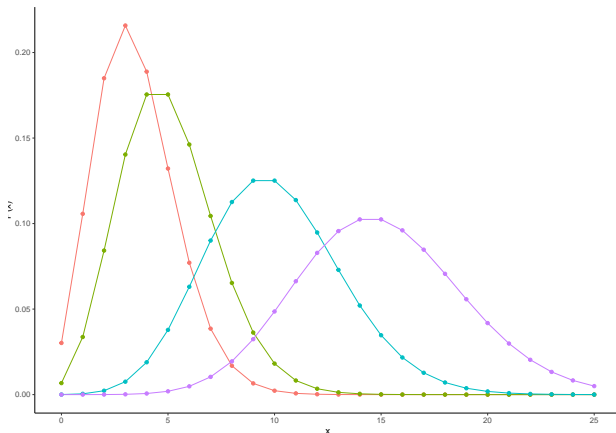
# *The Poisson Distribution*

- ▶ The Poisson distribution is used to model the probability of a given number of events occurring in a fixed interval of time, e.g. the number of emails you get per hour, the number of shark attacks on Bondi beach every summer, etc.
- ▶ It has a single parameter  $\lambda$ , known as the *rate*.
- ▶ If  $x$  is a Poisson random variable whose, its probability mass function is

$$P(x = k|\lambda) = \frac{e^{-\lambda}\lambda^k}{k!}.$$

# *The Poisson Distribution*

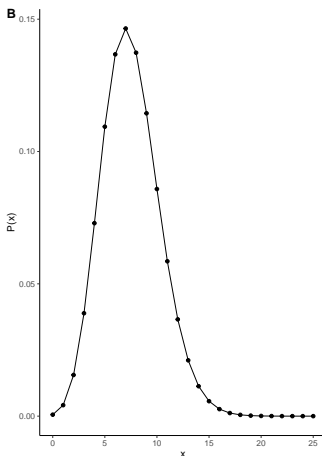
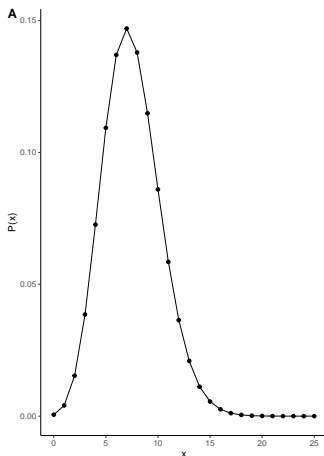
- The mean of a Poisson distribution is equal to its rate parameter  $\lambda$ .
- Its variance is also equal to  $\lambda$ .



As  $\lambda$  increases, so too does the variance.

# The Poisson Distribution

- The Poisson distribution can be seen as the limit of a Binomial distribution as  $N \rightarrow \infty$ , and  $\lambda = pN$ .
- Shown are (left) Binomial( $N, p = \lambda/N$ ) where  $N \approx 10^3$  and  $\lambda = 7.5$ , and (right) Poisson( $\lambda$ ).



# Poisson Regression

- In any regression problem, our data are  $(y_1, x_1), (y_2, x_2) \dots (y_n, x_n)$ , where each  $y_i$  is modelled as a stochastic function of  $x_i$ .
- In Poisson regression, we assume that each  $y_i$  is a Poisson random variable rate  $\lambda_i$  and

$$\log(\lambda_i) = \beta_0 + \sum_{k=1}^K \beta_k x_{ki},$$

or equivalently

$$\lambda_i = e^{\beta_0 + \sum_{k=1}^K \beta_k x_{ki}}.$$

## *Poisson Regression*

- ▶ As an example of Poisson regression, we can look at the number visits to a doctor in a fixed period as a function of predictors such as gender.
- ▶ Using a data-set of over 5000 people, we estimate (using mle) that

$$\log(\lambda_i) = 1.65 + 0.43 \times x_i$$

where  $x_i = 1$  for a female, and  $x_i = 0$  for a male.

## *Poisson Regression*

- Using this example, we see that for a female

$$\lambda_{\text{Female}} = e^{1.65+0.43} = 8.004$$

and for males

$$\lambda_{\text{Male}} = e^{1.65} = 5.2$$

- In other words, the expected value for females is 8.2 and for males it is 5.2.



## Coefficients

- ▶ In Poisson regression, coefficients can be understood as follows.
- ▶ In the previous example,

$$\begin{aligned}\lambda_{\text{Female}} &= e^{1.65+0.43}, \\ &= e^{1.65} e^{0.43}, \\ \lambda_{\text{Male}} &= e^{1.65}.\end{aligned}$$

- ▶ This means that the exponent of the gender coefficient, i.e.  $e^{0.43}$ , signifies the multiplicative increase to the average rate of doctor visits for women relative men.
- ▶ In other words, women visit doctors on average  $e^{0.43} = 1.53$  times more than men.

# Coefficients

- In an arbitrary example with a single continuous predictor variable,

$$\begin{aligned}\lambda &= e^{\alpha + \beta x_i}, \\ &= e^{\alpha} e^{\beta x_i},\end{aligned}$$

If we increase  $x_i$  by 1, we have

$$\begin{aligned}\lambda^+ &= e^{\alpha + \beta (x_i + 1)}, \\ &= e^{\alpha + \beta x_i + \beta}, \\ &= e^{\alpha} e^{\beta x_i} e^{\beta},\end{aligned}$$

- As  $\lambda^+ = \lambda e^{\beta}$ , we see that  $e^{\beta}$  is the multiplicative effect of an increase in one unit to the predictor variable.

## *Exposure and offset*

- ▶ In some problems, the length of time during which events are measured varies across individuals.
- ▶ In the doctor visits example, we might have recordings of number of visits per year for some people and number of visits per 9 months, etc, for others.
- ▶ These situations are dealt with using an *exposure* term for each individual.

## *Exposure and offset*

- ▶ When using an exposure term, we use the original count data as before, but treat

$$y_i \sim \text{Poisson}(\lambda_i/u_i),$$

where  $u_i$  is a term signifying the relative exposure time for person  $i$ .

- ▶ According to this,

$$\log(\lambda_i/u_i) = \alpha + \beta x_i,$$

$$\log(\lambda_i) = \alpha + \beta x_i + \log(u_i)$$

- ▶ In other words,  $y_i \sim \text{Poisson}(\lambda_i/u_i)$  is equivalent to  $y_i \sim \text{Poisson}(\lambda_i)$ , where  $\log(\lambda_i) = \alpha + \beta x_i + \log(u_i)$ .

## *Exposure and offset*

- ▶ For example, suppose we monitor people's drinking at social occasions. We find that three people drink 12, 7 and 3 drinks over the course of 7, 5 and 2 hours, respectively.
- ▶ If we are trying to predict drinking as a function of predictor variables, we ought to calibrate by the different time frames.
- ▶ Treating e.g. 12 as a draw from  $\text{Poisson}(\lambda_i/7)$  where  $\log(\lambda_i/7) = \alpha + \beta x_i$  is identical to treating 12 as a draw from  $\text{Poisson}(\lambda_i)$  where  $\log(\lambda_i) = \alpha + \beta x_i + \log(7)$ .

## *Exposure and offset*

- ▶ In general, exposure terms are treated as fixed offsets.
- ▶ If our data is  $(y_1, x_1), (y_2, x_2) \dots (y_n, x_n)$  with exposures  $u_1, u_2 \dots u_n$ , then we treat

$$y_i \sim \text{Poisson}(\lambda_i),$$

where

$$\log(\lambda_i) = \log(u_i) + \beta_0 + \sum_{k=1}^K \beta_k x_{ki}.$$