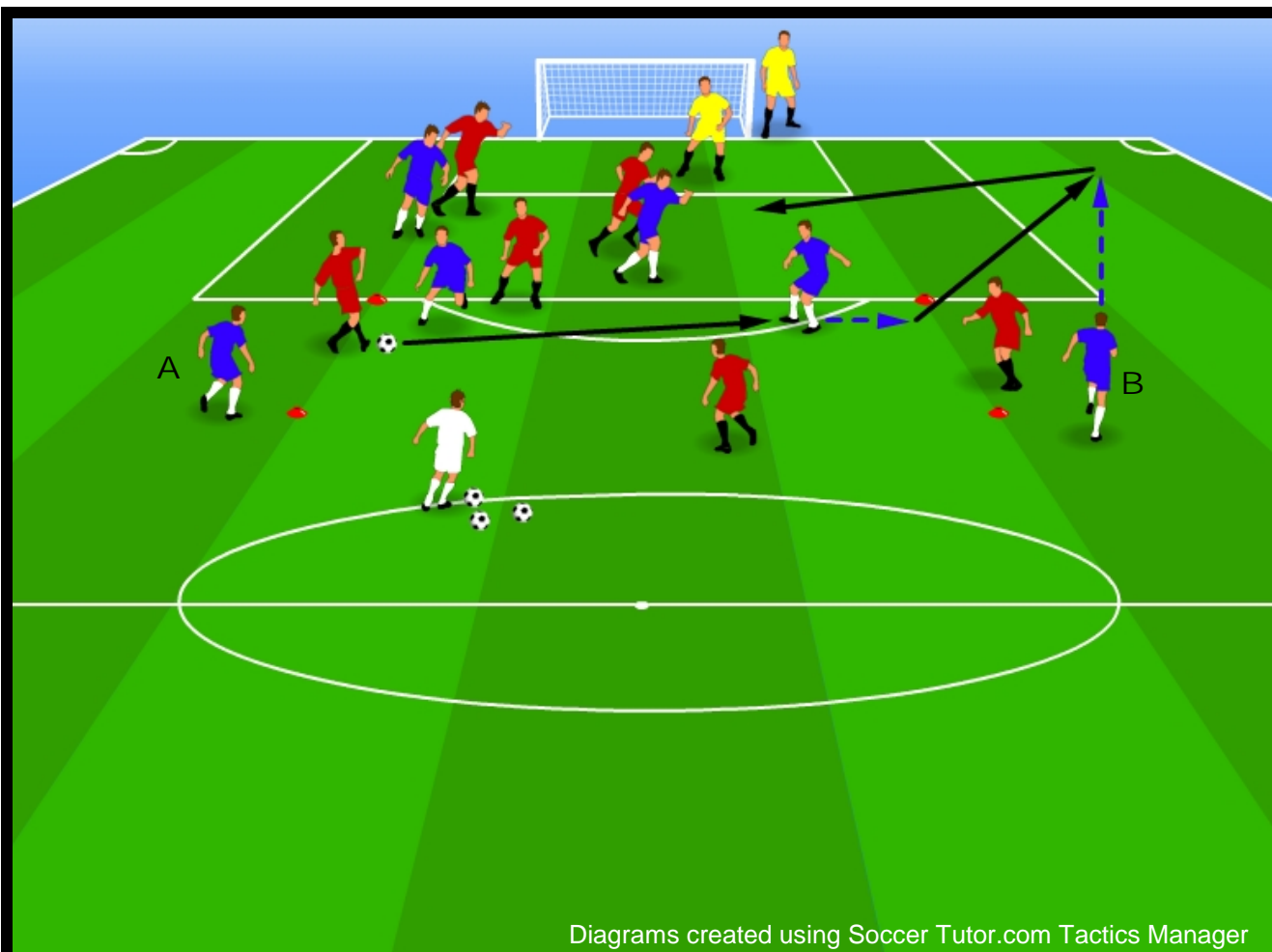


4 v 2 → 3 v 2

Penalty Area

Group Attacking



Diagrams created using Soccer Tutor.com Tactics Manager

Set Up: Twelve players are set up in the attacking third, playing 4 v 2 in the central grid and 2 v 2 inside of the penalty area.

Procedure: The four attackers play keep away inside the grid and look to pass the ball into the penalty area. From there, the attackers finish 2 v 2. If the defenders in the grid win the ball, they get a free pass out to an overlapping player (Player A or B), to create a 3 v 2. On goals or balls put out of play, the Feeder re-starts play inside of the grid.

Teaching Topics:

- 1 Supporting runs.
- 2 Receiving.
- 3 Finishing runs.

Progressions:

- 1 All players are active after the pass in, creating a 6 v 4 or a 6 v 6.

Coaching Points:

- 1 Hold the run and/or check away until the attackers are prepared to pass.
- 2 Take the first touch away from the defender and shield the ball.
- 3 After the free pass out, hold the run until you're sure that it's a cross or a setback.