



Set Up: There are nine players set up in the small grid, playing in three groups of three.

Procedure: Starting from opposite sides of the grid, three players attack one defender, looking to combine with teammates on passing patterns and combinations. After beating the defender, the players go to the opposite end of the grid and wait for the second group to finish. When they are finished, the drill changes direction. After 3-5 minutes, the three defenders switch with one of the attacking groups.

Teaching Topics:

- 1 Speed of attack.
- 2 Combination play.
- 3 Passing angles.

Progressions:

- 1 The attackers must use a 2 v 1 combination.

Coaching Points:

- 1 Attack at game speed and keep the drill realistic.
- 2 Look for 2 v 1 combinations and fakes of the combinations as well.
- 3 Make runs up the field without putting the defender in between you and the ball.