



Playing Forward (Whole-Part-Whole)

Category: Small-Sided Games

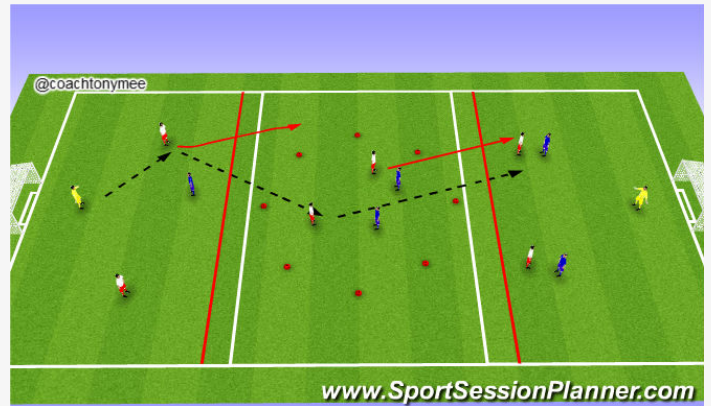
Skill: U16

Pro-Club: Doncaster Rovers FC
Tony Mee, Doncaster, United Kingdom

In The Game (30 mins)

In The Game

1. 7v6 inc. GKs (adjust numbers to suit)
 2. 2-2-2 vs 2-2-1 (adjust formation to suit e.g. 3 MF players)
- Try to play through and support your midfield players to set up scoring chances



Game For Understanding (30 mins)

Game For Understanding

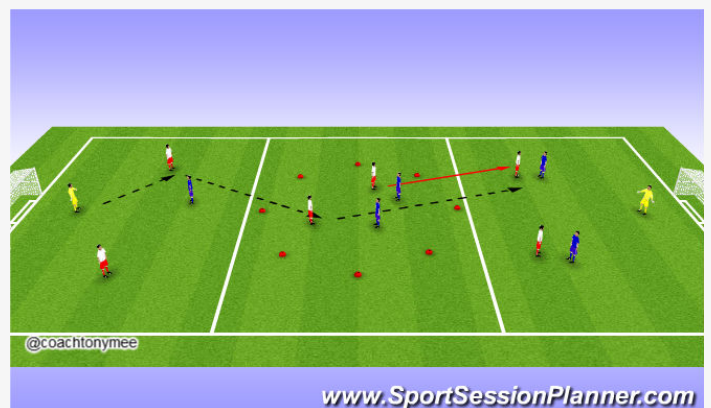
1. Players are locked into their areas/positions
2. White team score by working the ball from end to end - ensuring they go through the middle circle each time (Playing forward through midfield)
3. Blues regain and attack either goal to score (Playing forwards to strikers)



In The Game (30 mins)

In The Game

1. 7v6 inc. GKs
 2. 2-2-2 vs 2-2-1
- Try to play through and support your midfield players to set up scoring chances



Challenges

Goalkeepers

- When to play short, when to play longer
- When to play safe side
- When to play to feet, when to play to space
- When to use my hands/feet

Defenders

- When to play forwards
- Pass or RWTB
- When to join the attack
- Recognise when to play past opponents (how many?)

Midfielders

- Try to receive on the half turn
- Try to know what's around before receiving
- Try to play 1 touch if it's on
- When to support in front of the ball/behind the ball

Forwards

- Try to position yourself to be able to shoot
- When to set the ball back/when to turn
- When to shoot early/when to combine
- When to shoot short/when to run behind

