

3 v 2 Breakout

Penalty Area

Group Attacking



Set Up: Twelve players are set up in the defending third, with players starting at the cones.

Procedure: The Feeder begins play with a long pass towards the corner. The attackers control the ball and look to work it back up the field, 3 v 2. Two small goals are set up out on the flanks for the attackers to score in. If the defenders win the ball, they finish on goal. Upon completion, the Feeder re-starts play with the next set of players

Teaching Topics:

- 1 Passing angles.
- 2 Attacking 1 v 1.
- 3 Using the goalkeeper.

Progressions:

- 1 Shift the small goals towards the center of the field.

Coaching Points:

- 1 The outside back should get wide and deep in order to take his first touch up the field.
- 2 Once the outside back has room, he should run the ball out at top speed.
- 3 Play the ball back to the goalkeeper as early as possible to give him more time.