



Diagrams created using Soccer Tutor.com Tactics Manager

Set Up: Three teams of five are set up on a large field, with a ten yard neutral zone in the center.

Procedure: To begin the game, Team 1 (in yellow) starts from inside of their own half and attacks Team 2 (in blue), starting inside of their own half. The defenders may not enter the neutral zone during play. If Team 2 wins possession (or if a goal is scored), they move thru the neutral zone to attack Team 3 (in red). The three teams continue to play in this shuttle fashion—defend first, then attack, and then wait in their end. On goals or balls put out of play, the game is re-started by the Feeder.

Teaching Topics:

- 1 Runs off the ball.
- 2 The layoff pass.
- 3 Shielding position.

Progressions:

- 1 All five players must be in the attacking half before shooting.

Coaching Points:

- 1 Get players into the attacking half before trying to advance the ball across.
- 2 When turned away from goal and under pressure, play the ball backwards.
- 3 Get sideways on to the defender and make contact with him before receiving.