



FINISHING CIRCUIT



ORGANISATION

Drill 1 – The forward has the freedom of movement. The midfielder must dribble toward the attacker at speed. The forward must make a run and receive a pass before shooting at goal.

Drill 2 – The midfielder passes the ball into the forward who turn with one touch and shots at goal.

Drill 3 – The forward has to dribble through the mannequins then shoot at goal.

KEY COACHING POINTS

Players must show the following;

- 1. Be creative
- 2. React to transition
- 3. Be positive when in possession
- 4. Hit the target

The rotation of players. Midfielders take the place of the forwards. The forwards then collect the ball a move to the next drill.

Encourage the players to play realistically and be ruthless in front of goal. (Make it a competition