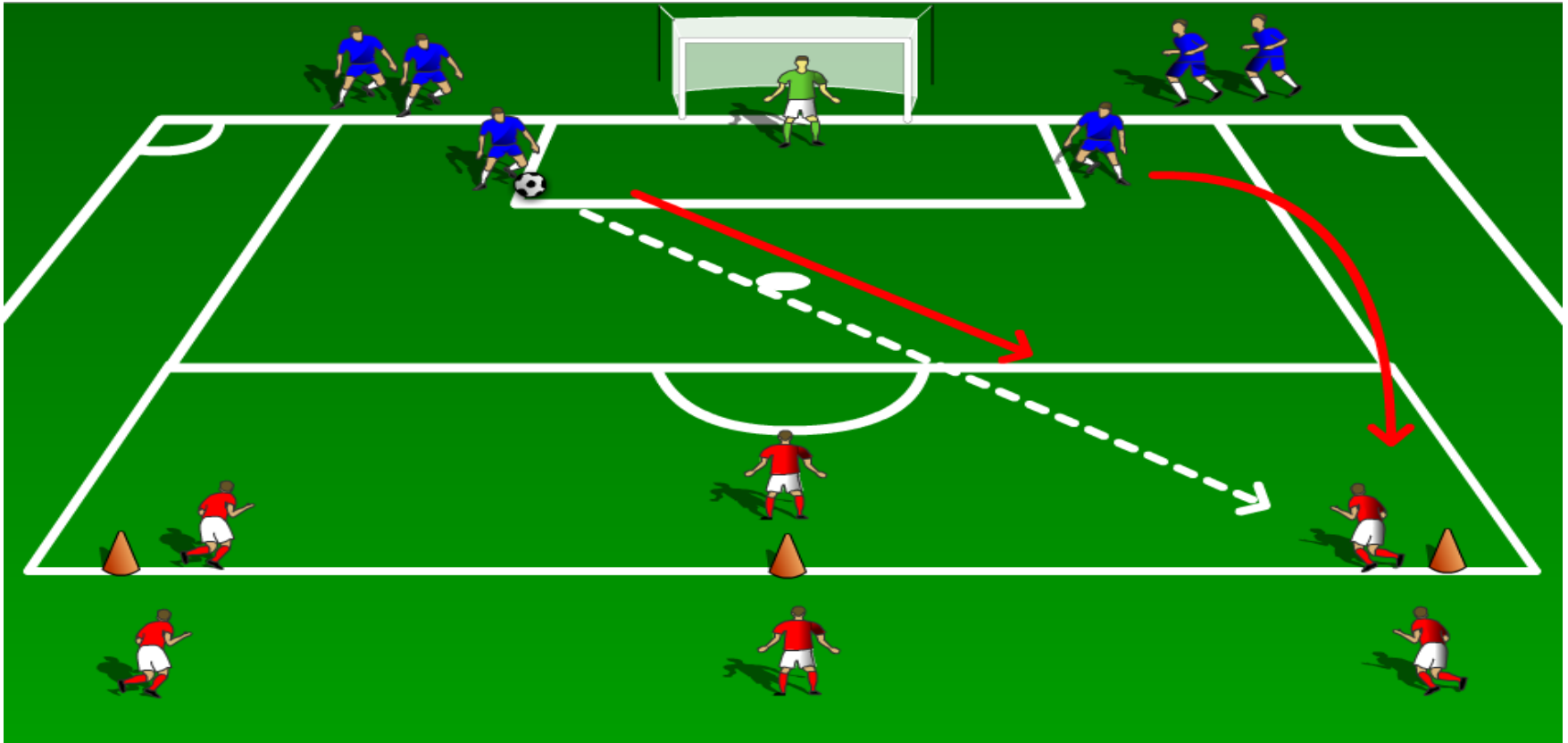


2V1 OR 2V3 DEFENDING



SET UP / RULES

Two games in one set up.

Two teams of six players. one team defends and one team attacks.

The defenders start with the ball and pass out to a forward of their choice

Immediately a 2v1 defending overload commences.

The forward receiving can trick the defenders by making a quick transfer pass across to a different attacker

Now complete the same game but with the attackers having a 3v2 attacking overload (the other two attackers join in the game)