



Diagrams created using Soccer Tutor.com Tactics Manager

**Set Up:** Twelve players are set up in the attacking third, starting at the cones.

**Procedure:** The Feeders begin play with a long pass towards the end line. The attacker controls the ball and combines with the goalkeeper, looking to work the ball back up the field and into the small goal set up along the sideline. If the defender wins the ball, he finishes on goal. Both sides of the field are in use at the same time, and upon completion, the Feeder re-starts play with the next pair of players.

**Teaching Topics:**

- 1 Passing angles.
- 2 Dribbling.
- 3 The back pass.

**Progressions:**

- 1 Shift the small goals into the center of the field.

**Coaching Points:**

- 1 The attacker should drop to a deep position so he can take his first touch up the field.
- 2 Once the attacker has room on the sideline, he should run the ball out at top speed.
- 3 Play the ball back to the goalkeeper as early as possible.