## Most popular 11v11 formations





The GK442 formation includes two solid banks of four defenders and midfielders with two forwards in attack



The GK 4411 formation has a four man midfield. A "free" striker then plays behind the teams forward. This is also a GK451 formation



The GK442 Diamond formation has a normal four man defence. The midfield includes one defensive, one attacking and two box to box players



The GK4321 formation is also known as the xmas tree formation. Three midfielders play behind two "free" strikers and one centre forward



The GK433 (no.6) formation has a three man midfield with two attacking players and one holding midfielder who acts as a playmaker



The GK343 formation is a very attacking formation that offers lots of wide movement due to the two outside midfielders & wide forwards



The GK433 (no.10) formation has a three man midfield with two box to box players and one attacking playmaker



The GK352 formation has four midfielder across the pitch. The fifth midfielder is a "free" player who plays in front or behind the midfielders