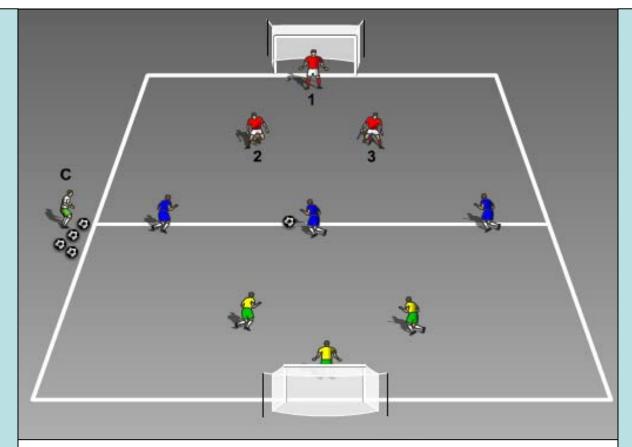


3 v 2 – 6 ATTACK GAME

EACH TEAM HAS A TURN AS THE ATTACKING TFAM

MAKE IT COMPETITIVE

WHICH TEAM CAN SCORE THE MOST GOALS?



ACTIONS

Three teams of three players

The two defending teams must number themselves 1 to 3

Each defender must take a turn as the goalkeeper

The attacking team have 6 attacks (three at each goal)

How many times do they make their 3v 2 overload count?

PROGRESSION

NOW PLAY
CONTINUOUSLY

THE CENTRAL TEAM
ATTACKS ONE OF
THE GOALS

IF SUCCESSFUL,
THEN THEY RECEIVE
A NEW BALL
FROM THE COACH
AND ATTACK THE
OPPOSITE END

HOWEVER, IF THEY FAIL TO SCORE THEN THEY MUST SWITCH POSTIONS WITH THE DEFENDING TEAM

PLAY NON-STOP FOR A SET TIME PERIOD