



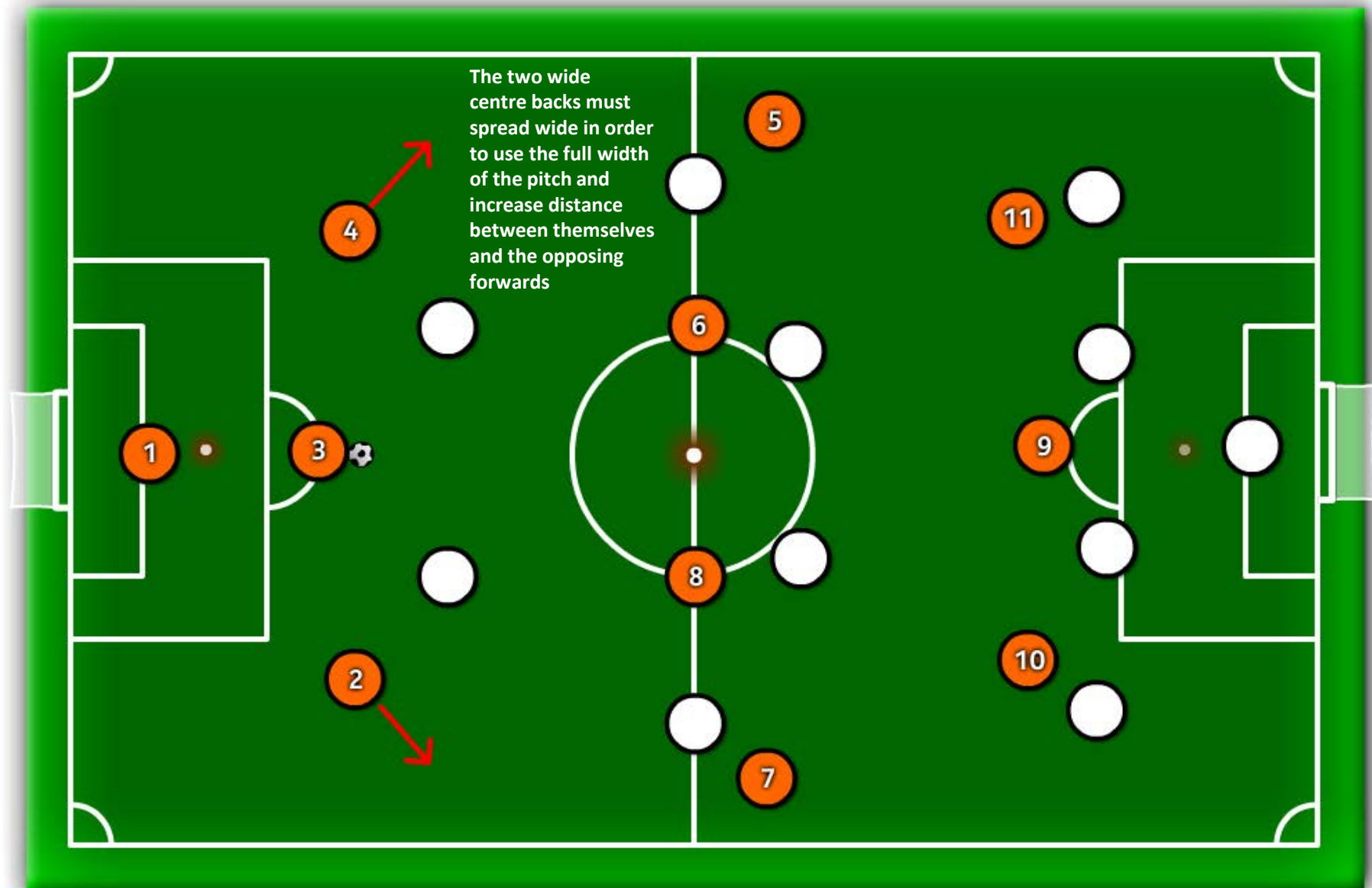
PLAYING THE

GK-3-4-3 FORMATION

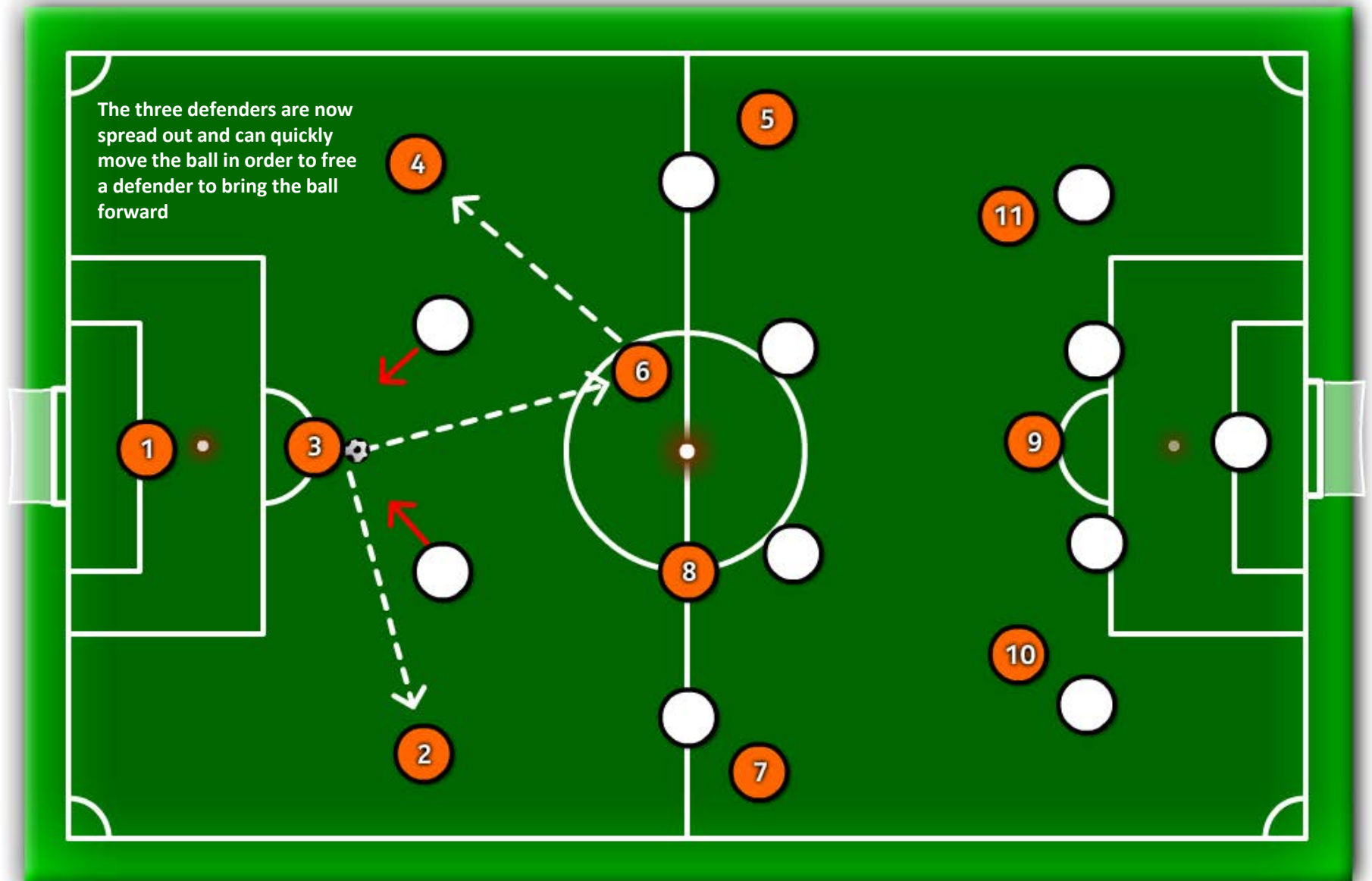
COACHING THE GK-3-4-3

1. The two outside centre backs must expand in possession
2. The centre backs should use their extra man to play out of defence
3. When the centre back steps out, the midfielders must rotate positions
4. The two wide forwards must start high & pinch inside to compact the defence
5. The three forwards should be constantly on the move to disrupt the defence
6. The three defenders should look to pass beyond the opponents midfield
7. The wide midfielder & forward on that side should interchange movements
8. When the attack is down one side, The opposite winger should come inside
9. A minimum of three players should be in the box on crosses
10. In defence, the two wide midfielders & forwards can drop back to make a 541
11. The central defender can drop back as a sweeper with the other two marking

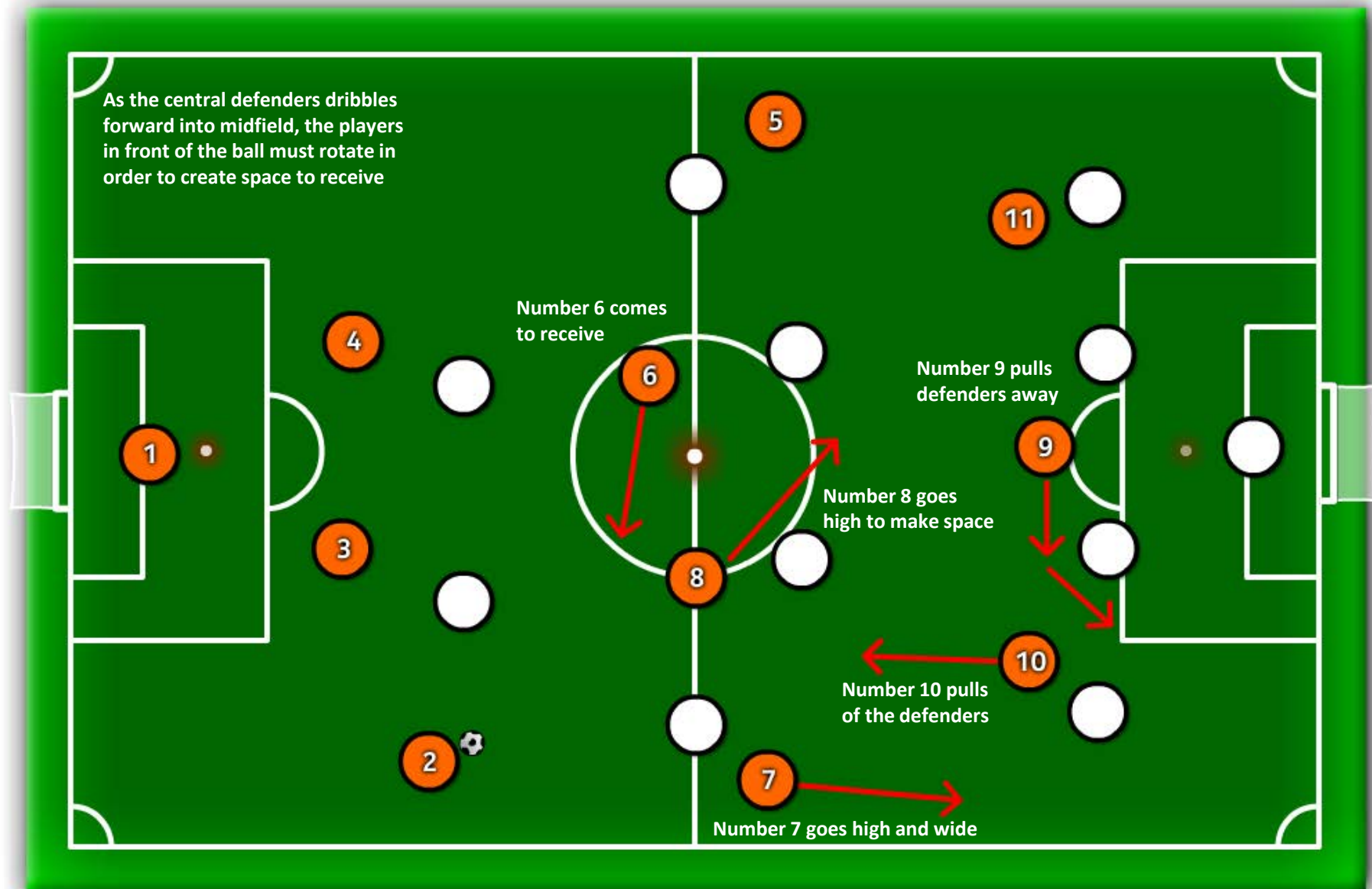
The two outside centre backs must expand in possession



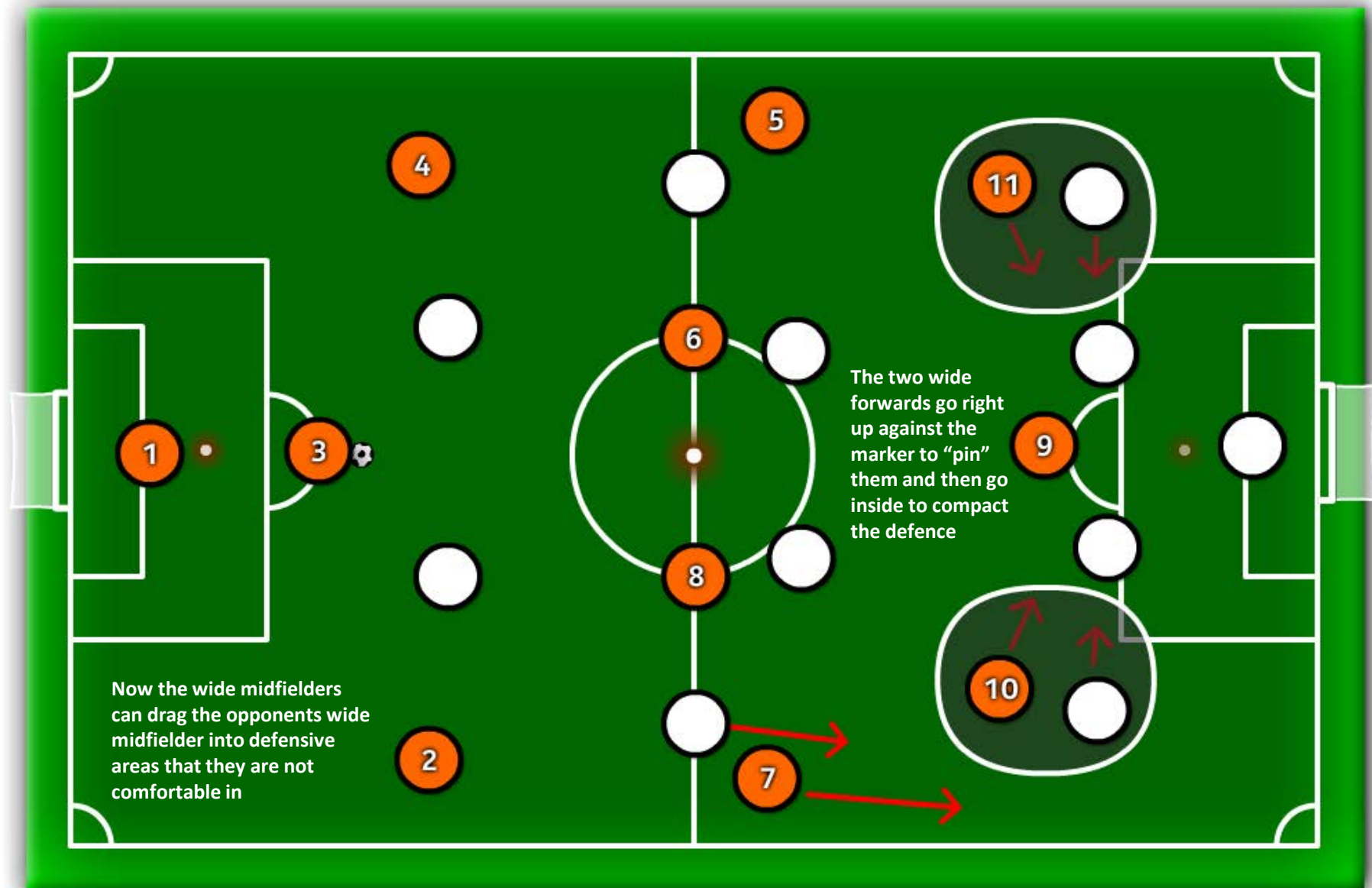
The centre backs should use their extra man to play out of defence



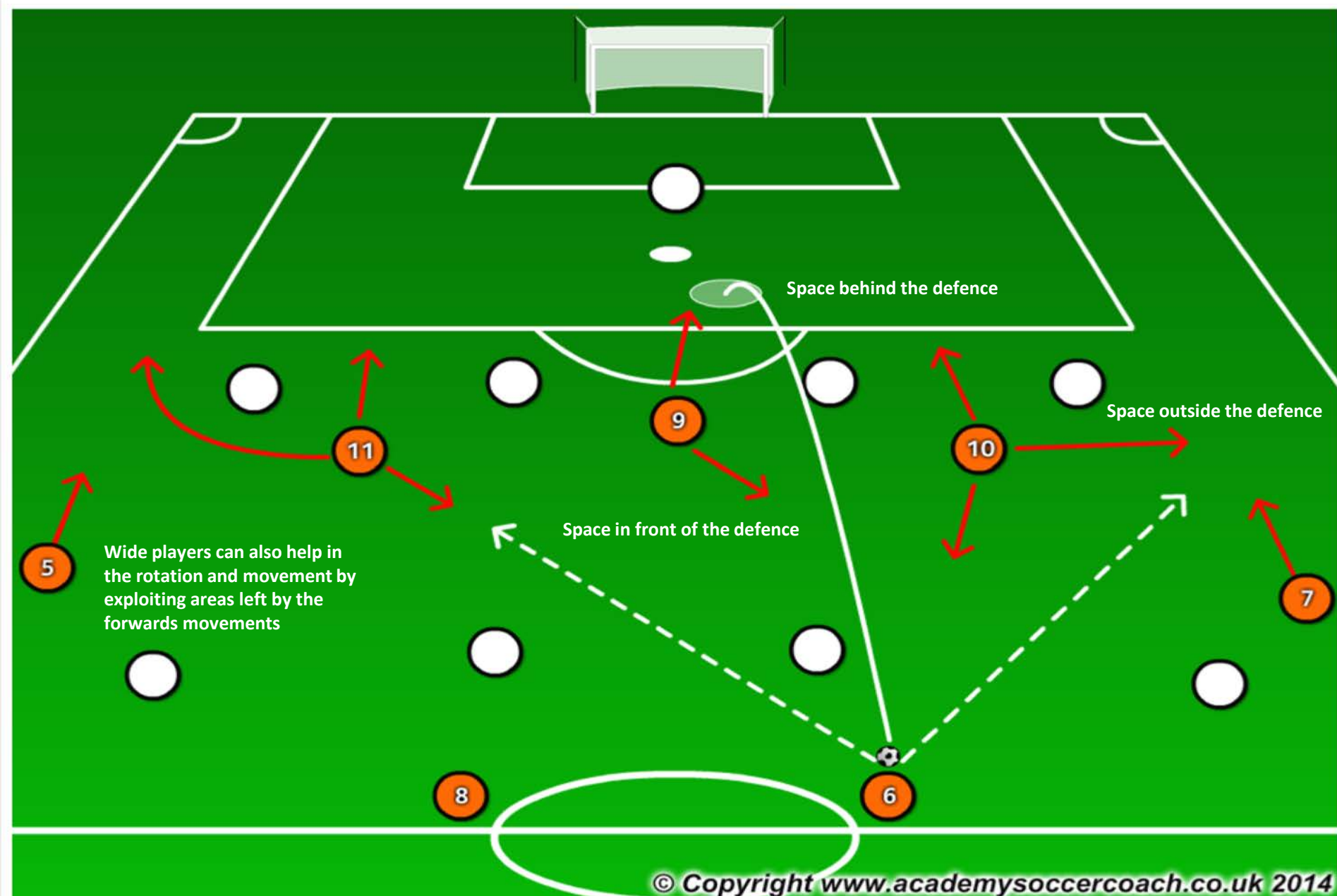
When the centre backs step out, the midfielders must rotate positions



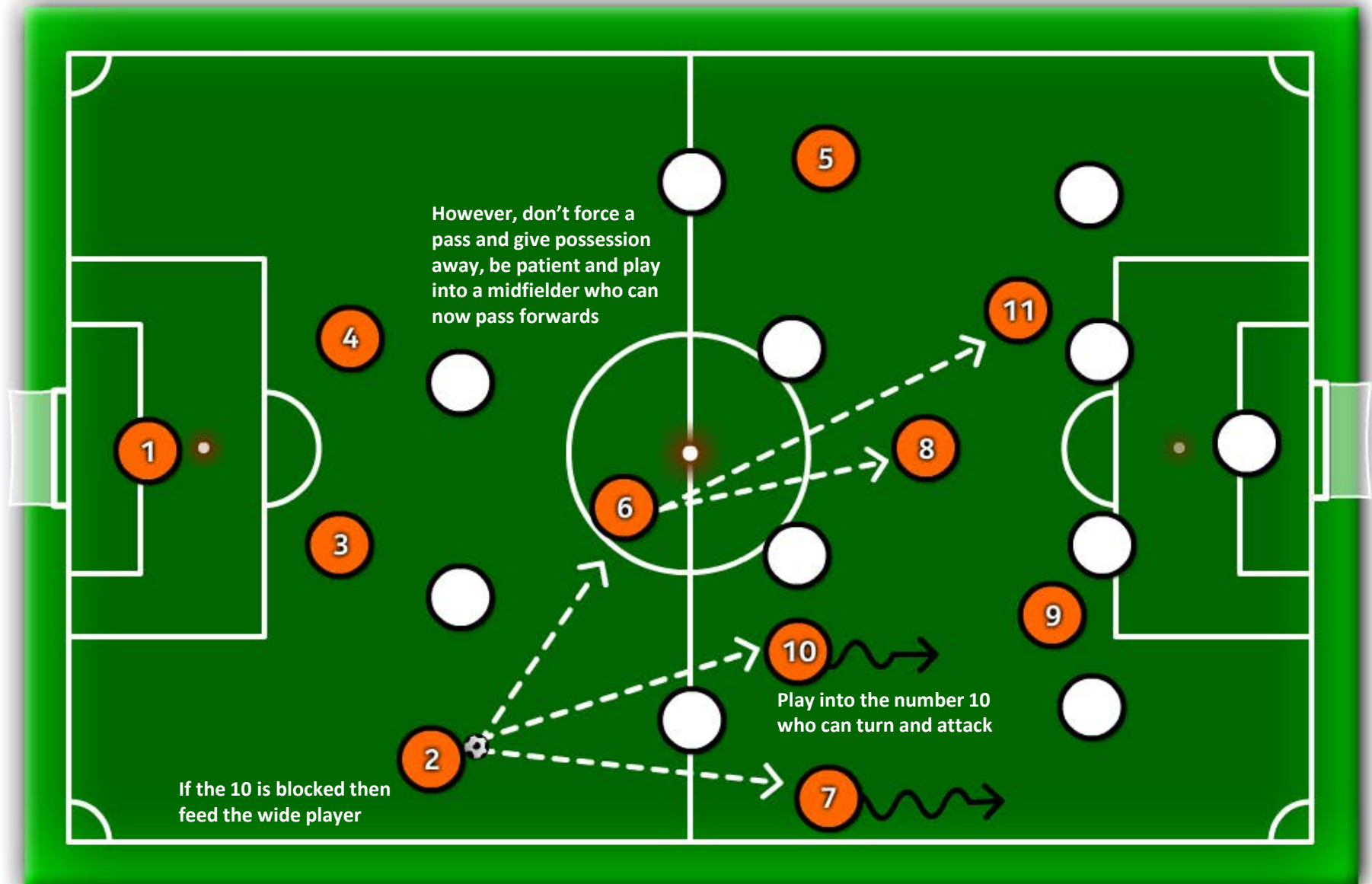
The two wide forwards must start high and pinch inside to compact the defence



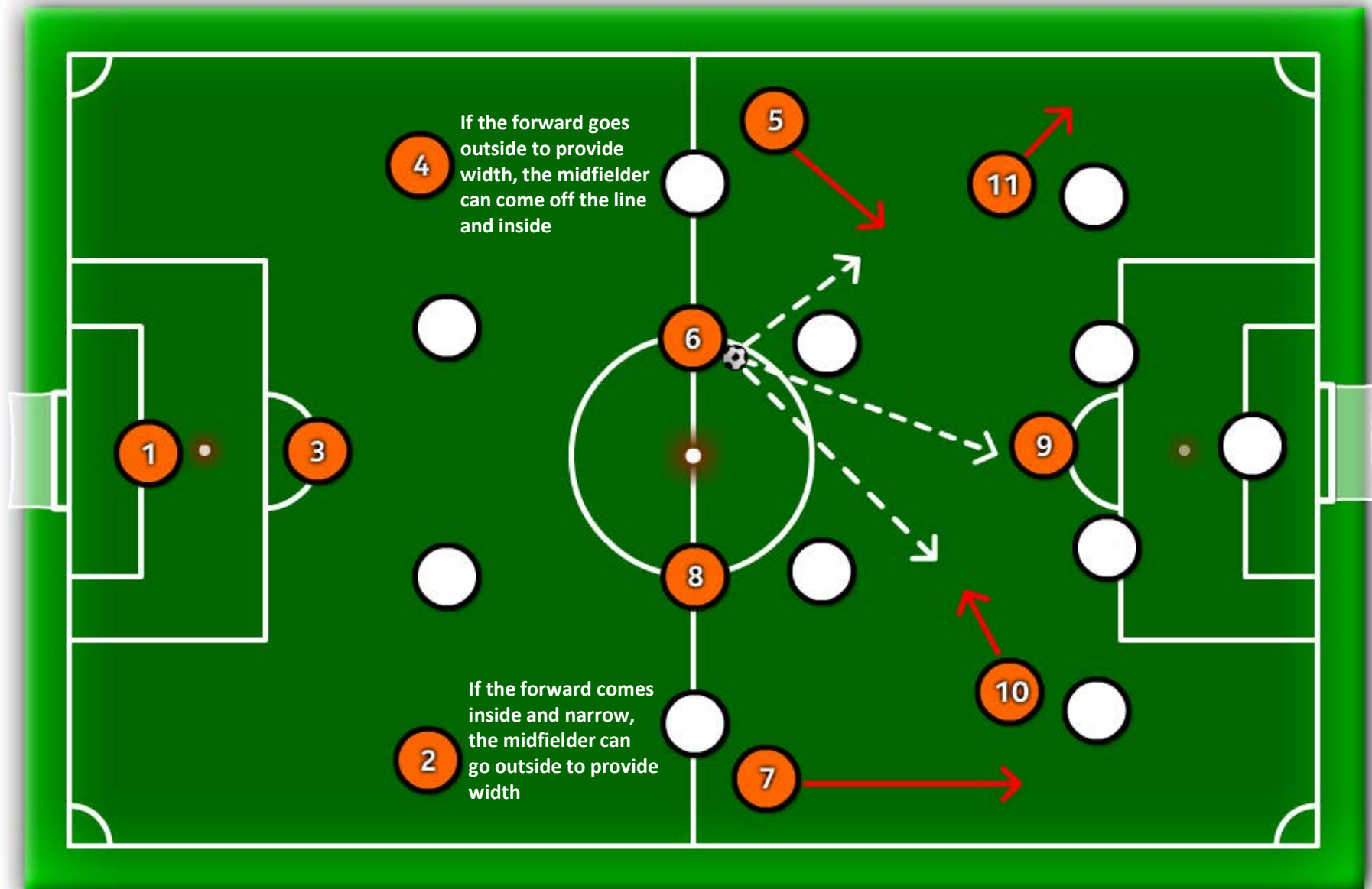
The three forwards should be constantly on the move to disrupt the defence



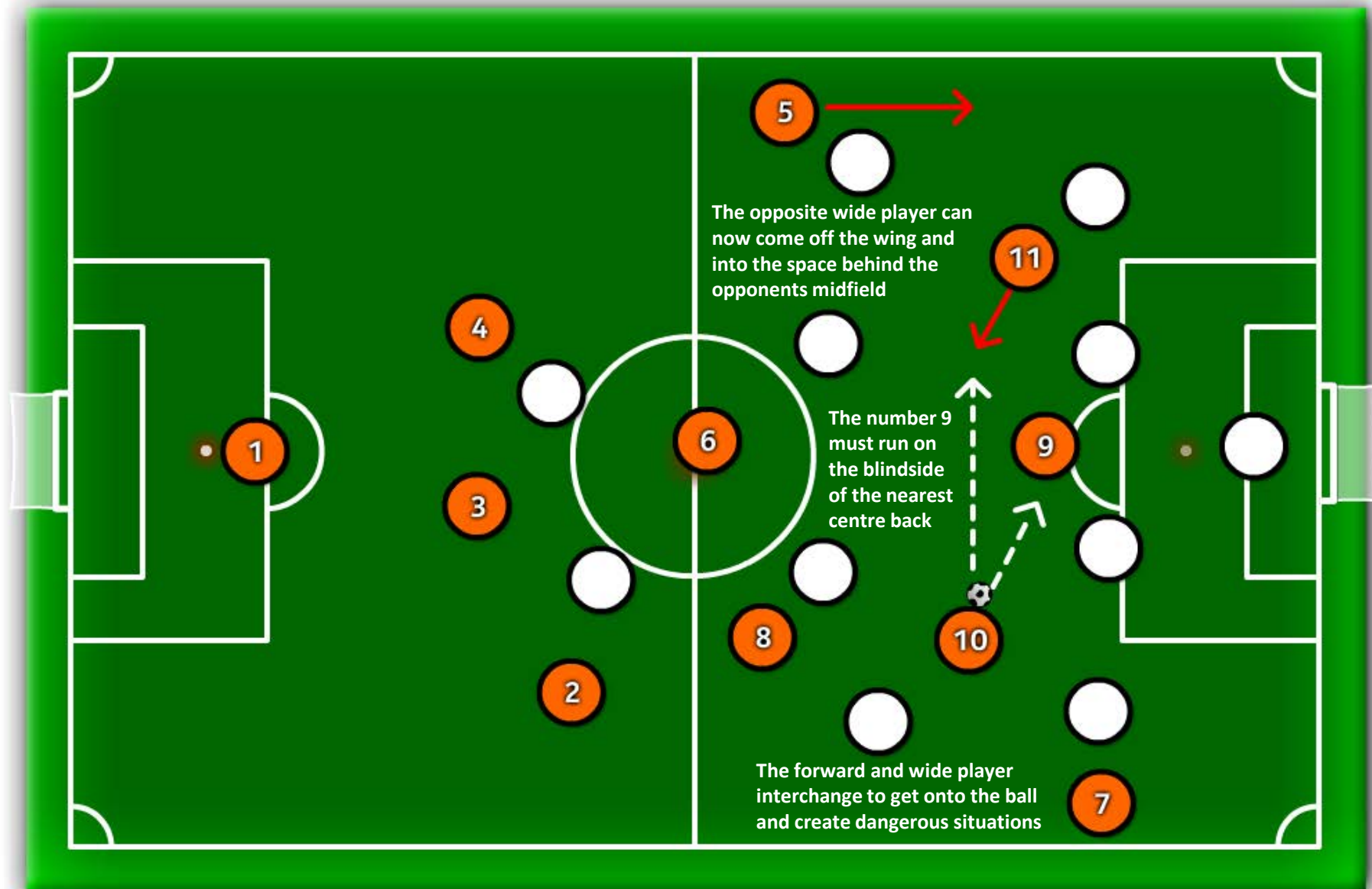
The three defenders must try to pass beyond the opponents midfield



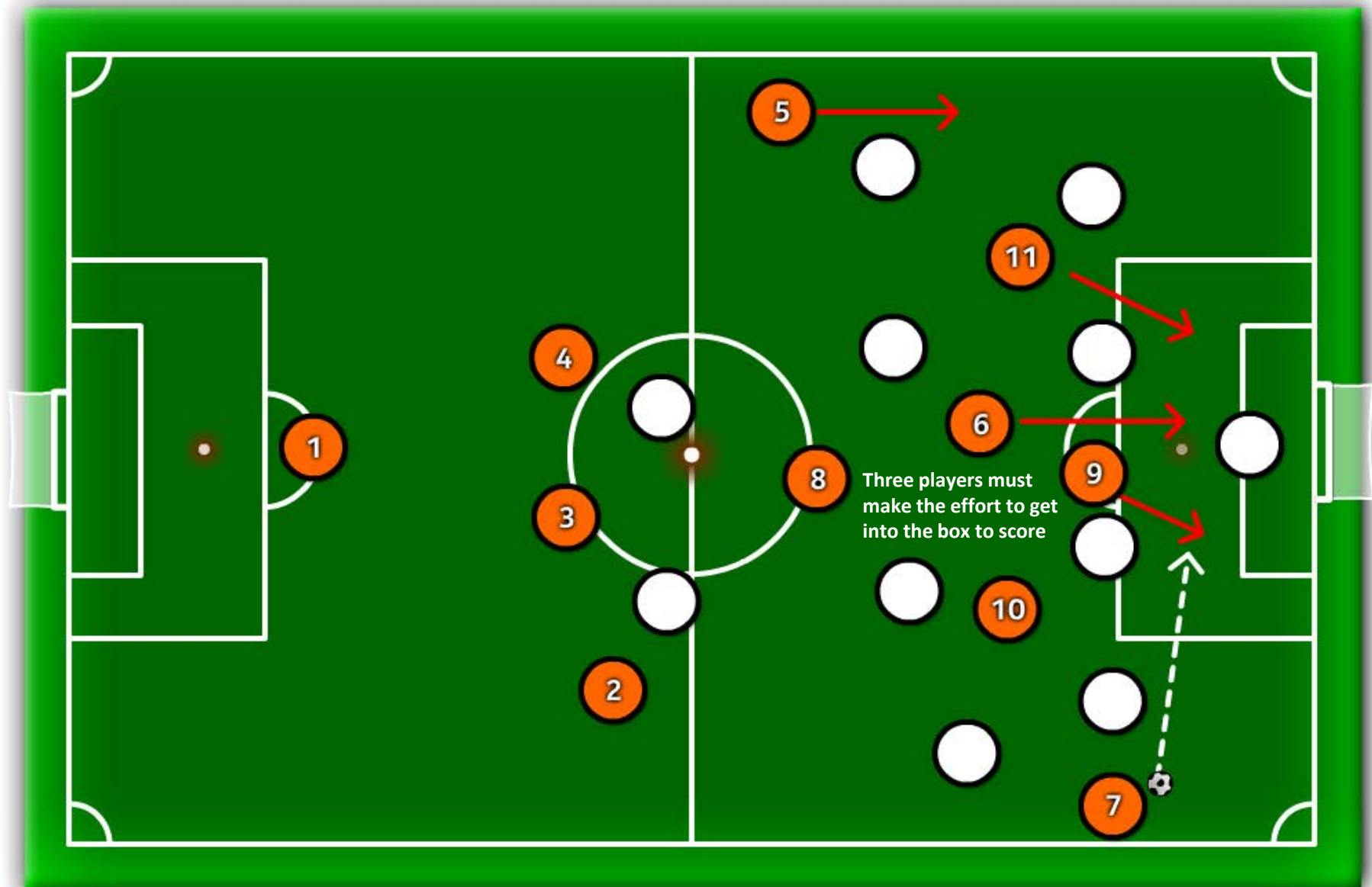
The wide midfielder and forwards on that side should interchange movements



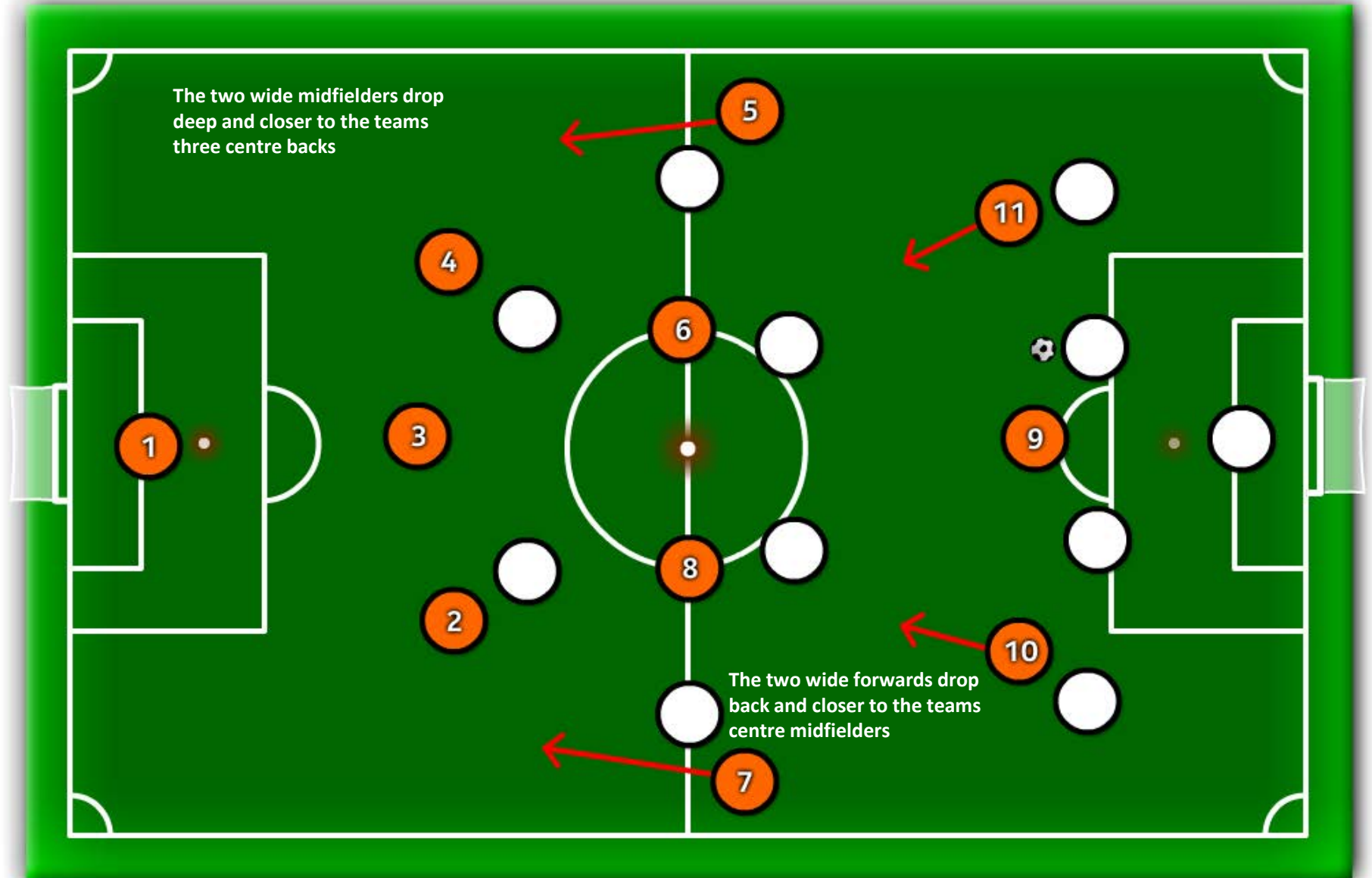
When the attack is down one side, the opposite winger should come inside



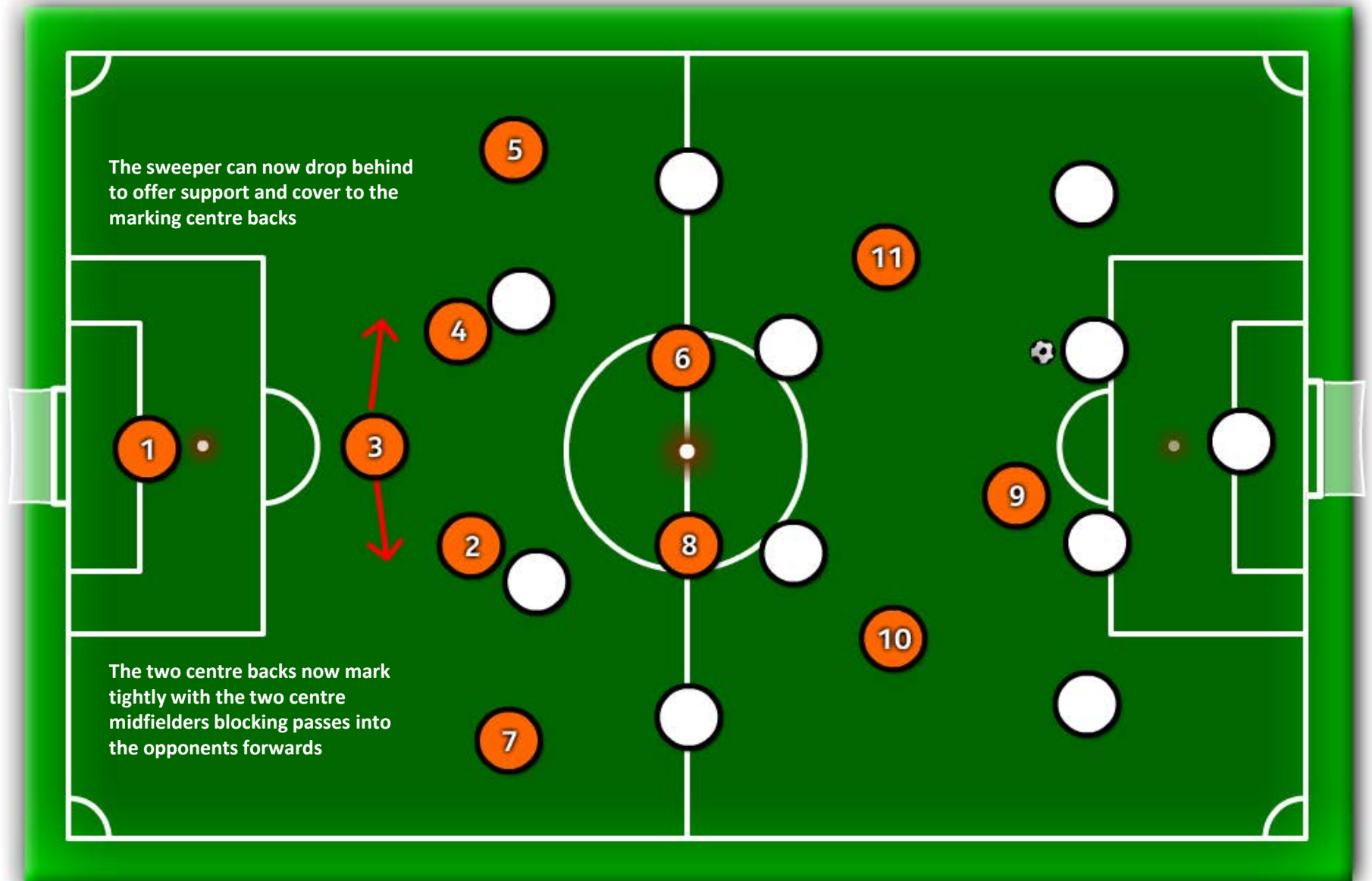
A minimum of three players should be in the box on crosses



In defence, the two wide players and forwards can drop back to make a GK-5-4-1



The central defender can now drop back as a sweeper with the other two marking



FORMATION OVERVIEW

GK-3-4-3



STRENGTHS

- Three centre backs split to play out
- Lots of attacking players
- Rotation and movement in wide areas will disrupt opponents defence

CONCERNS

- If teams sit deep then the pitch can be congested in attacking areas
- The centre backs can be pulled into wide 1v1 situations

ROATING THE SHAPE

GK-5-4-1

- The 7 & 5 drop back into defence & the 10 & 11 drop back into midfield to make a 541 formation

GK-3-5-2

- The number 10 & 11 push high to become two centre forwards & the number 9 drops deeper behind to make a 352 formation

GK-4-4-2

- The number 5 drops back into defence to make a back four. The number 11 drops back into midfield to make a four man midfield. This leaves the 10 & 9 as centre forwards in a 442 formation



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