

## 2 v 2 Plus One to Goal

## Penalty Area

## Group Attacking



**Set Up:** There are thirteen players set up in the attacking third, playing 2 v 2 plus one with lines starting at the cones, and a neutral attacker starting in the penalty area.

**Procedure:** The Feeder begins play with a pass to either attacker, and play continues from there. When the defenders win the ball, they can score in the two small goals set up outside of the penalty area. On goals or balls put out of play, the Feeder re-starts play with the next set of attackers and defenders.

### Teaching Topics:

- 1 Group attacking.
- 2 Combination play.
- 3 Runs off the ball.

### Progressions:

- 1 Begin play with a pass to a defender.

### Coaching Points:

- 1 Attack the 1<sup>st</sup> defender with the dribble, and force the 2<sup>nd</sup> defender to cover two players.
- 2 Use the thru pass between defenders whenever the opportunity presents itself.
- 3 Make horizontal runs in order to create confusion in the defense.