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[The Modern Soccer Coach 2014](#) by Gary Curneen

Published in 2013 by Bennion Kearny Limited.

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ISBN: 978-1-909125-32-2

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Published by Bennion Kearny Limited
6 Woodside, Churnet View Road
Oakamoor, Staffordshire
ST10 3AE

www.BennionKearny.com

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Academy Soccer Coach

Academy Soccer Coach is a company that provides digital solutions for coaches at every level of the game. Our coaching software enables coaches, clubs and professional organizations to plan and prepare their sessions remotely from anywhere in the world.

Academy Soccer Coach works with following the professional clubs and organizations:

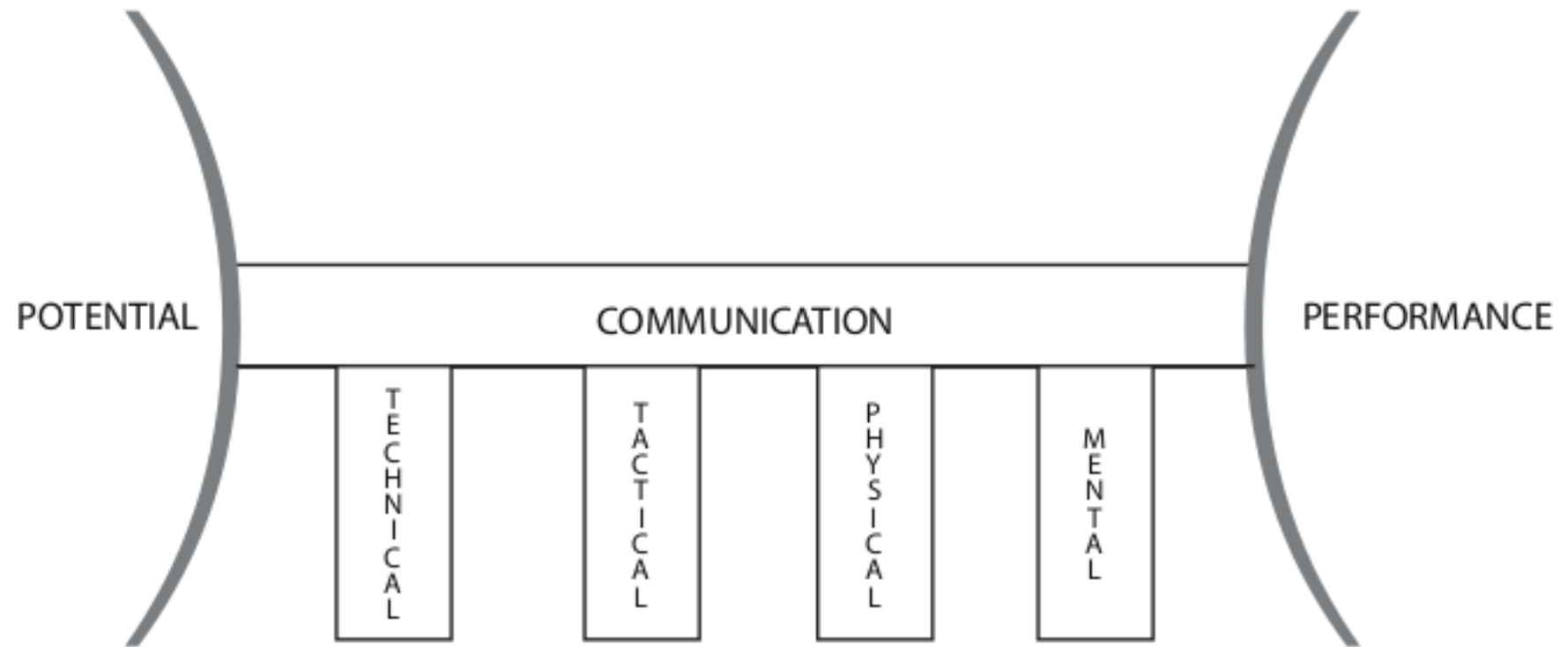
Fulham FC, West Ham United FC, Stoke FC, Newcastle United FC, Crystal Palace FC, Portland Timbers Sporting Kansas City, National Soccer Coaches Association of America, US Soccer (Women's), The Irish Football Association, The Professional Footballers Association, and many more.

For more information on Academy Soccer Coach and the services we provide please visit www.academicsoccercoach.com

On a personal note we would like to wish Gary every success with his book and his continued growth and development as a coach.

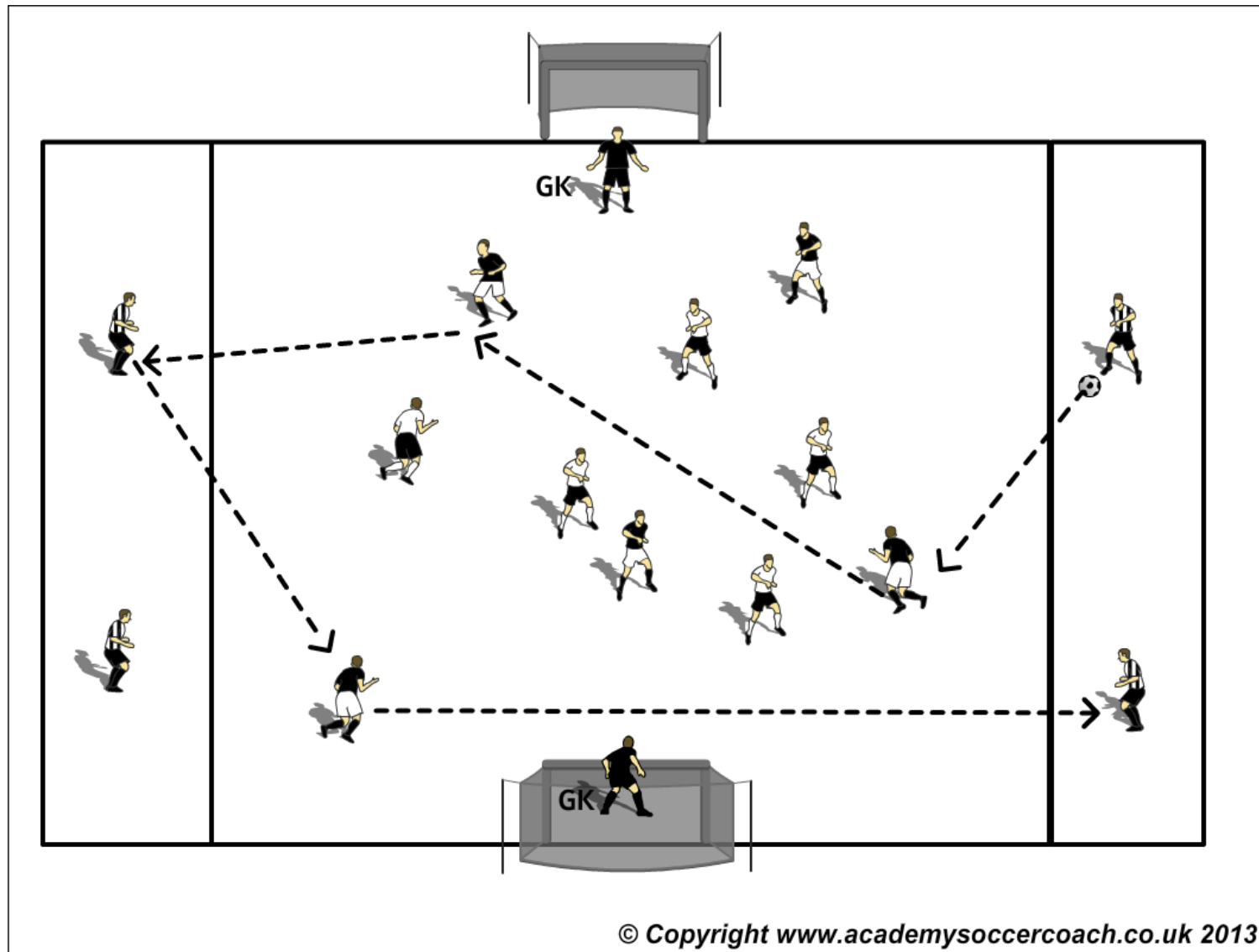
The ASC Team

Chapter 3



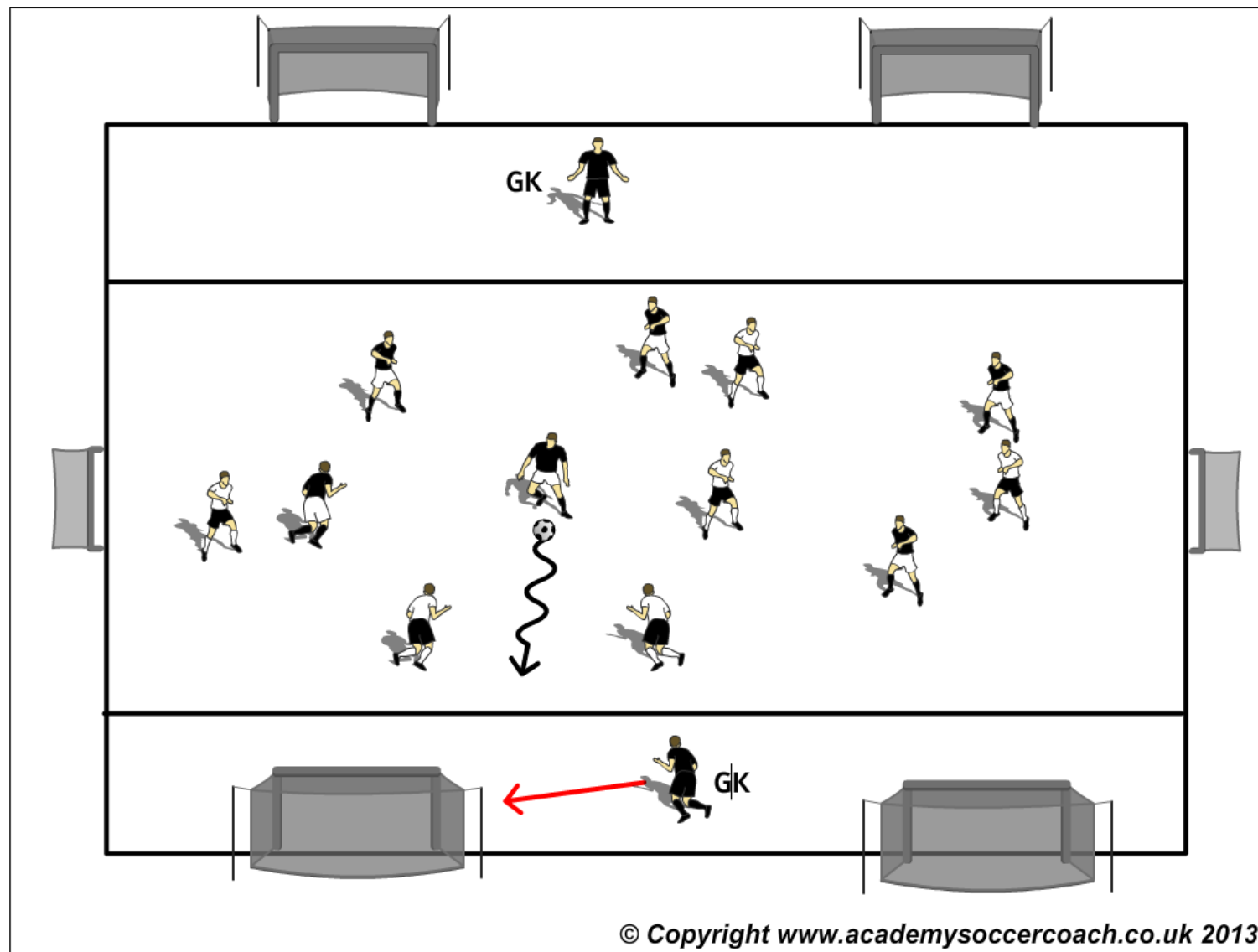
Chapter 5

Possession v Pressure Game



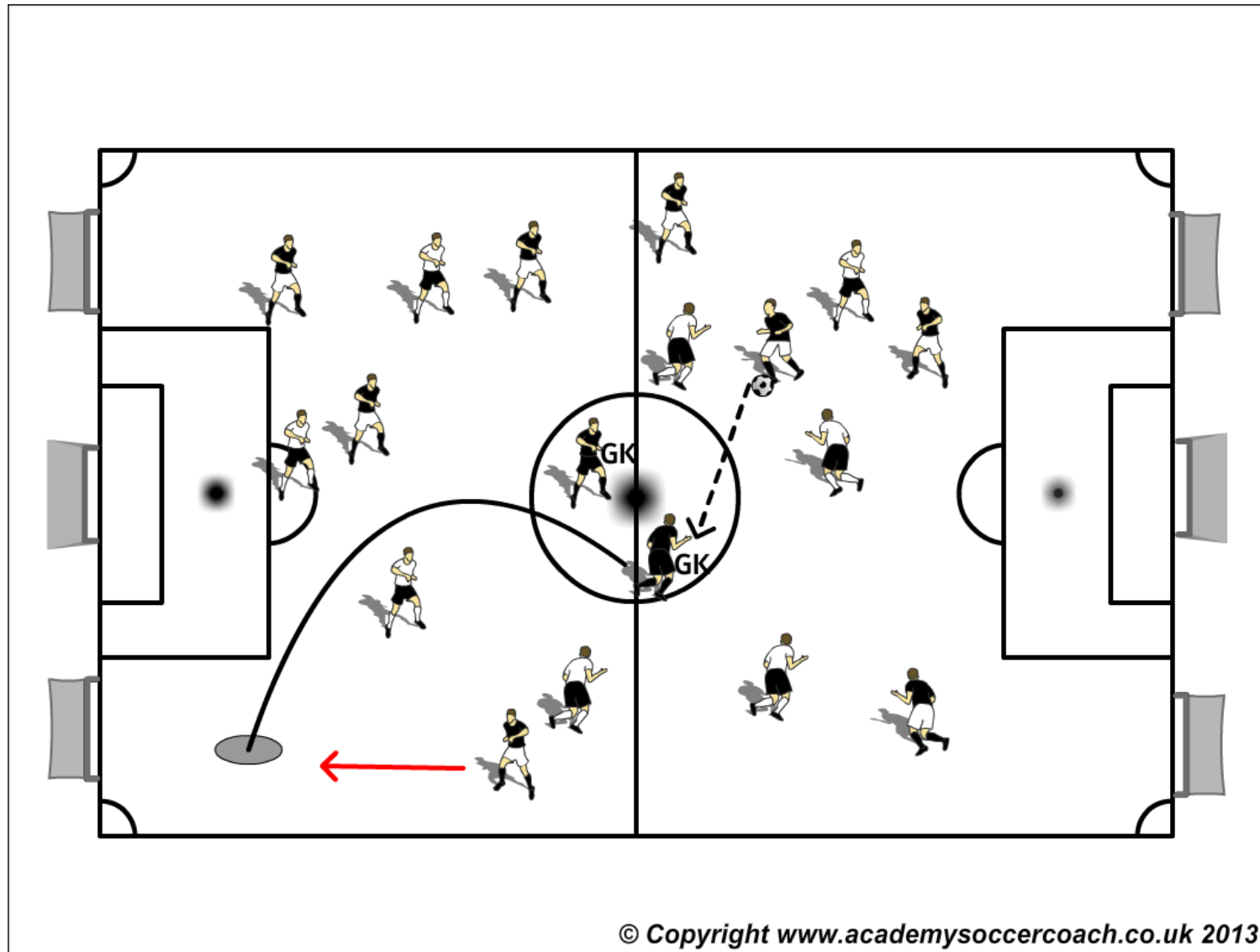
Chapter 5

Six Goal Transition Game



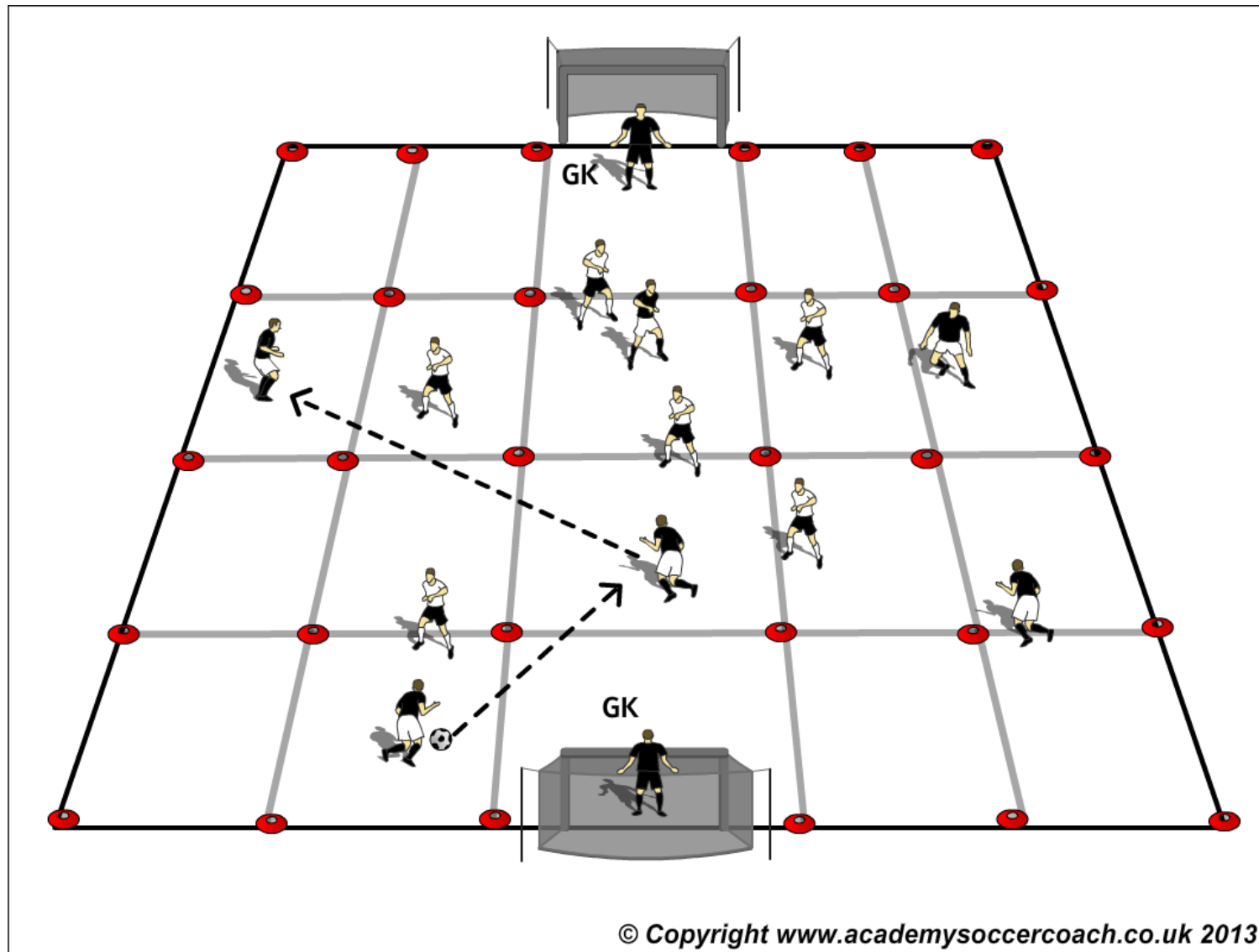
Chapter 5

Goalkeeper Quarterback Game



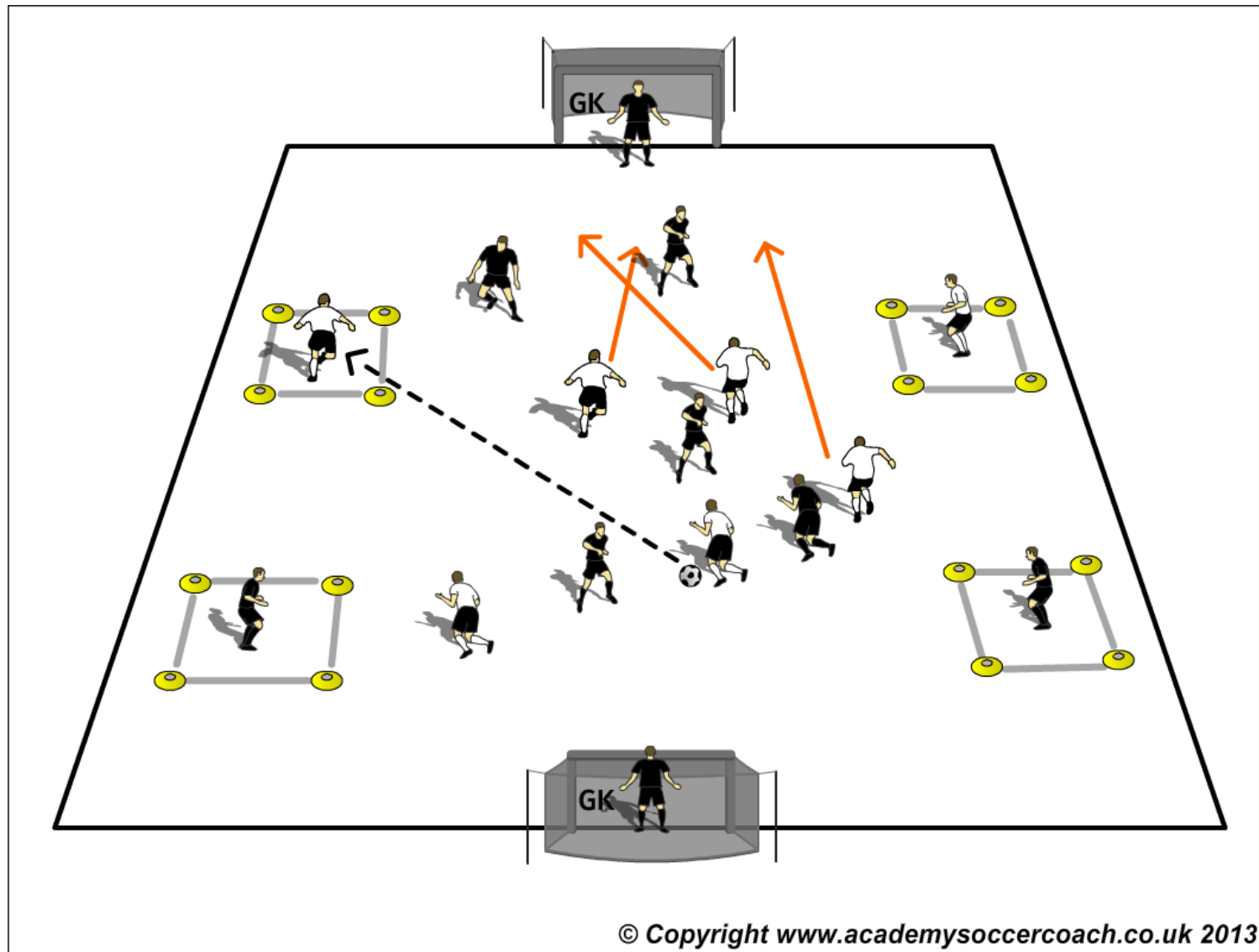
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Angles and Movement Game



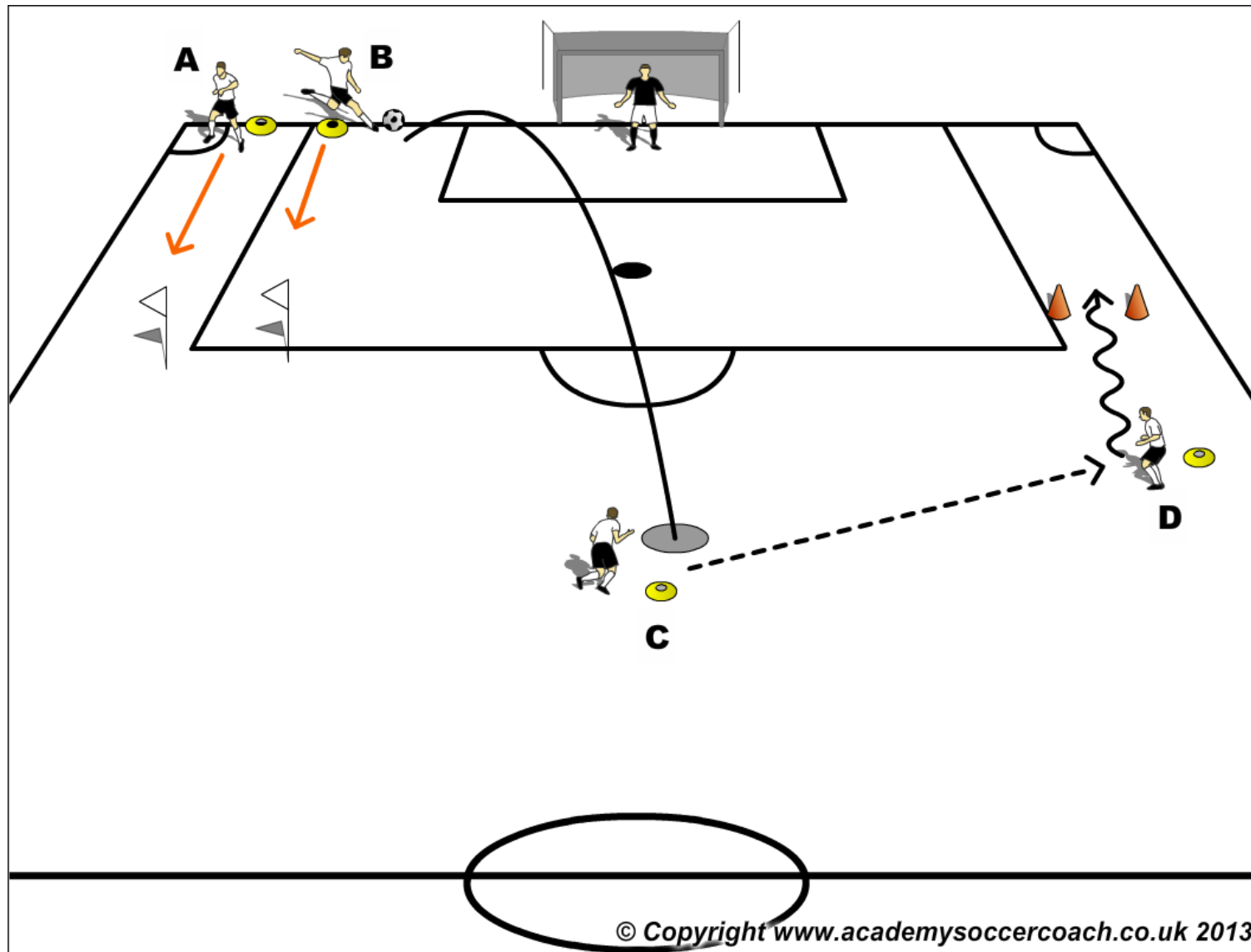
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Early Cross Game



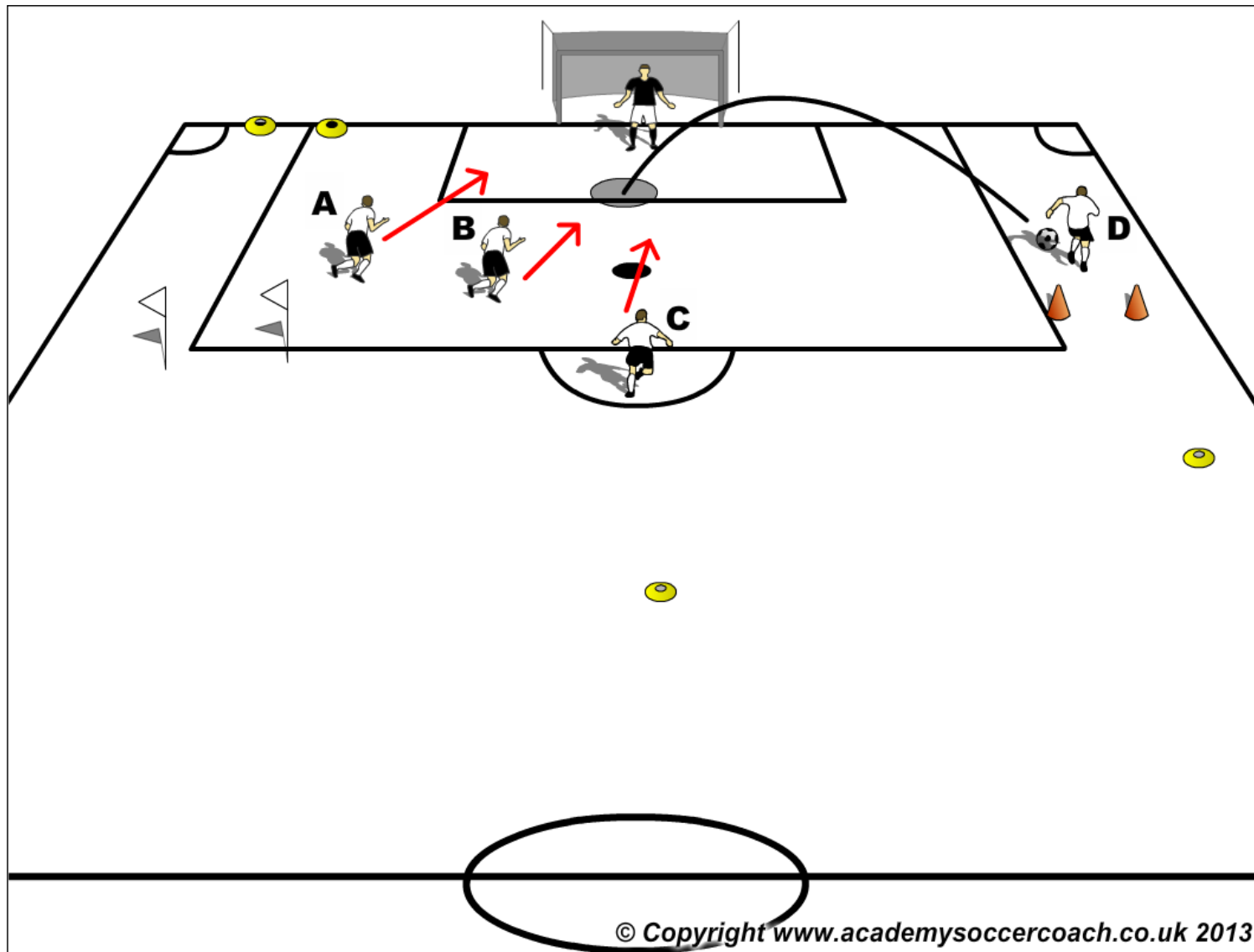
Chapter 6

Attacking Exercise 1



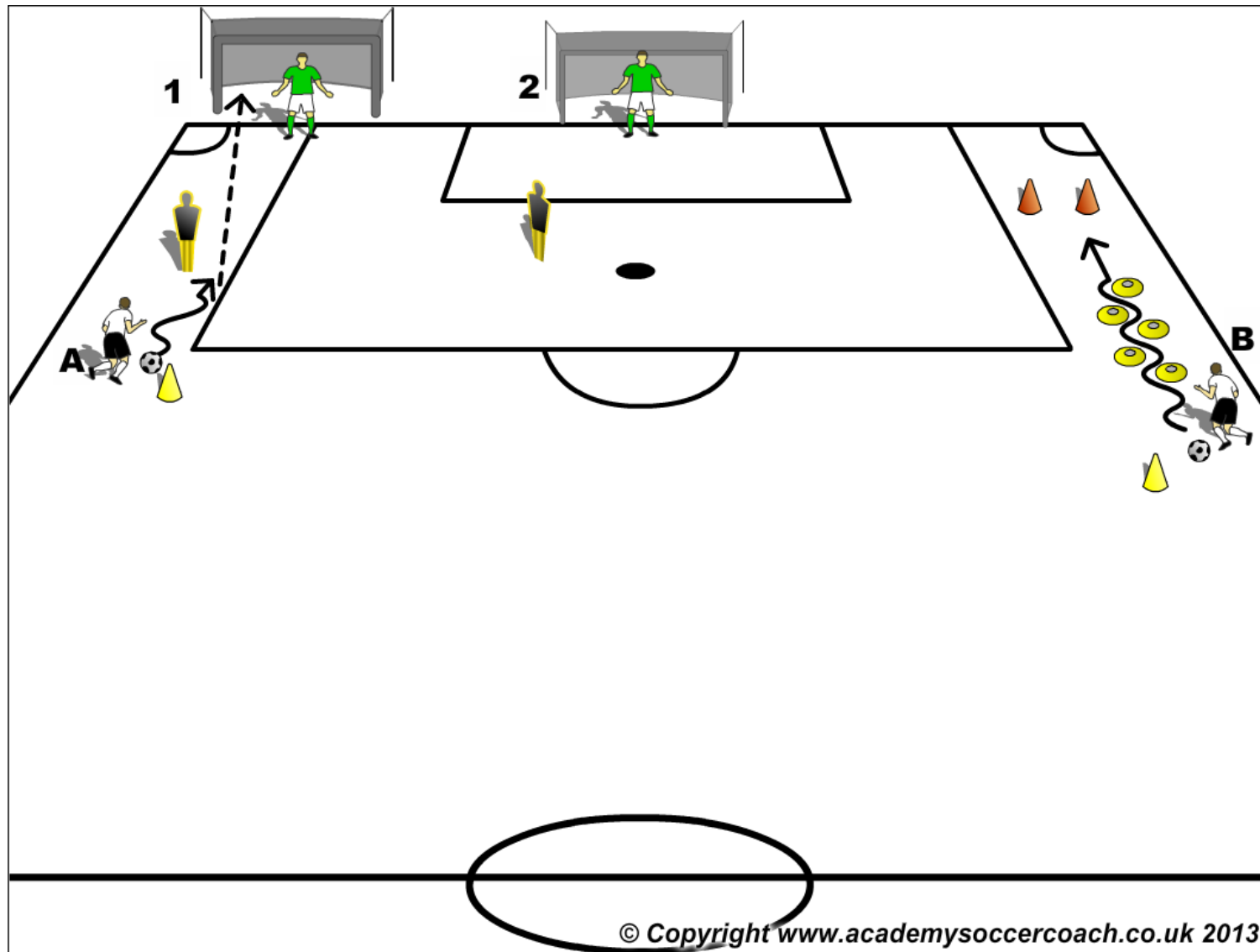
Chapter 6

Attacking Exercise 1 (II)



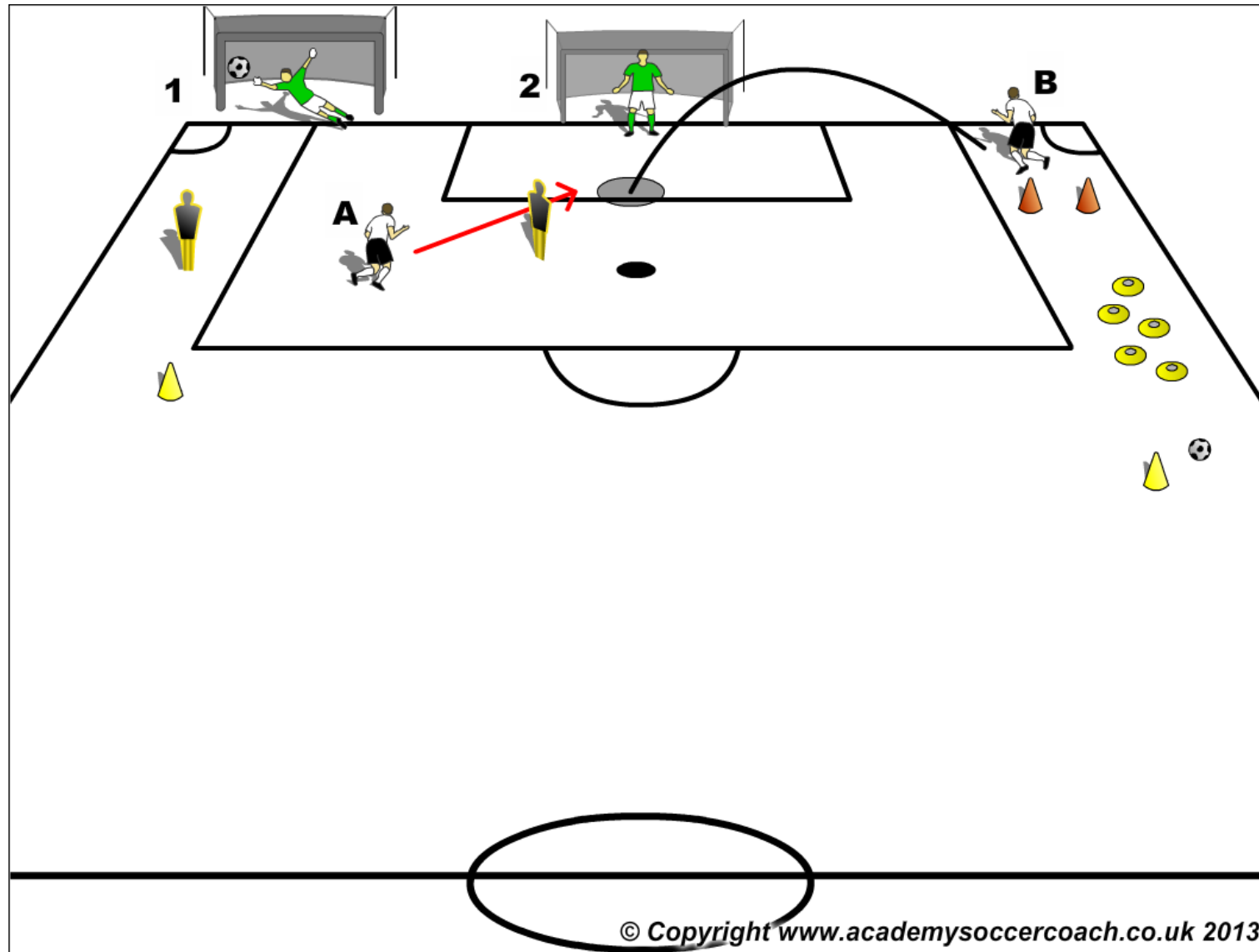
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Attacking Exercise 2



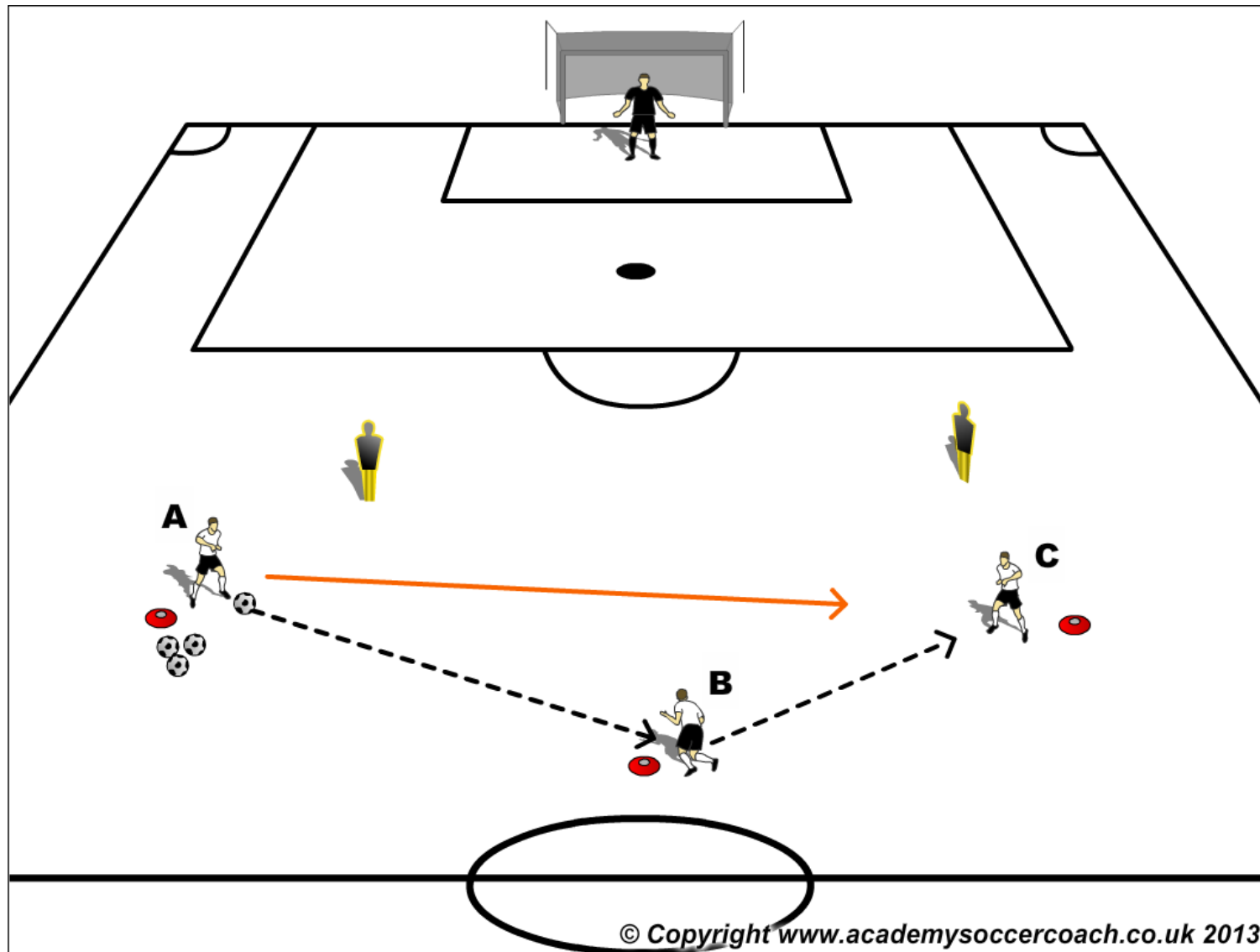
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Attacking Exercise 2 (II)



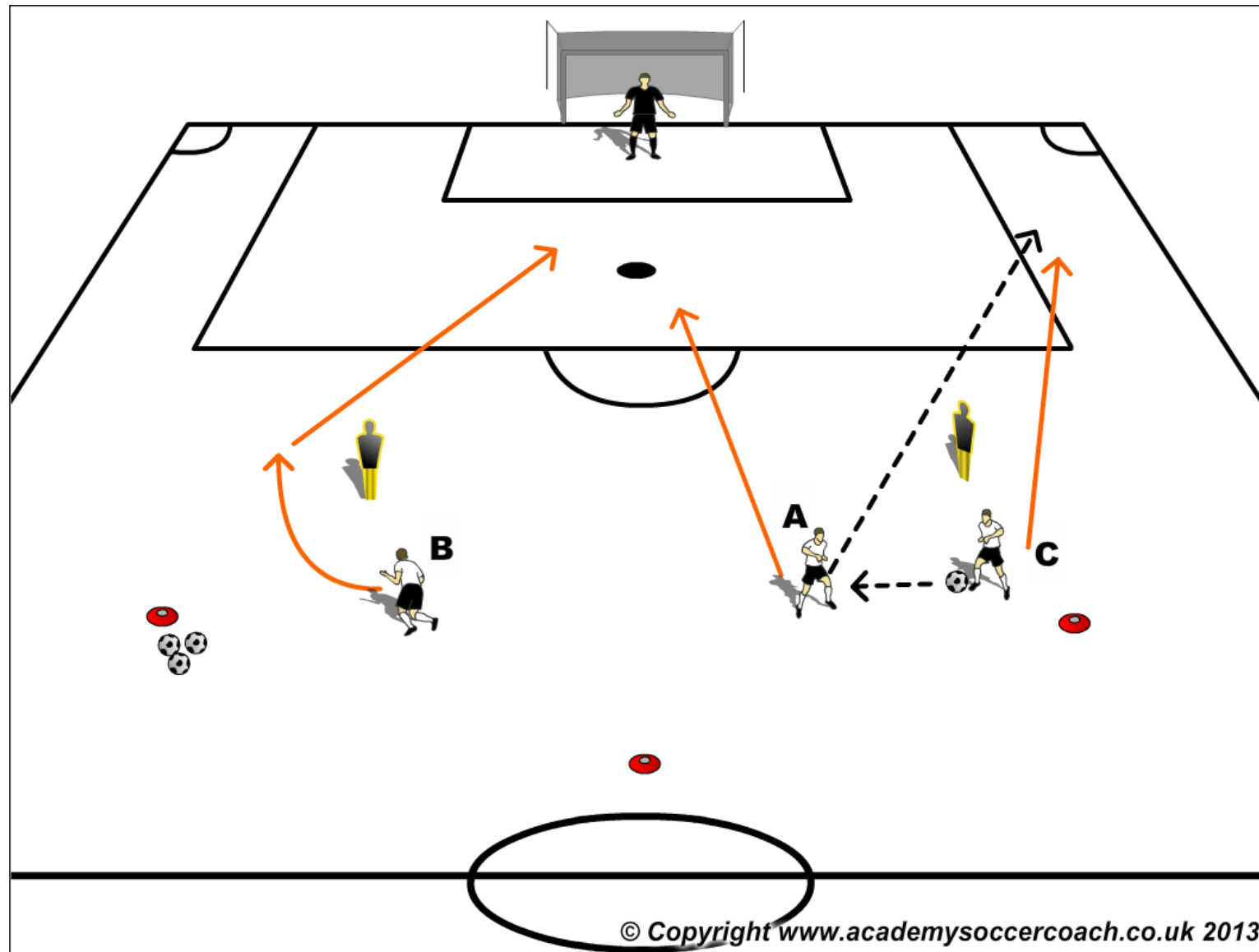
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Attacking Exercise 3



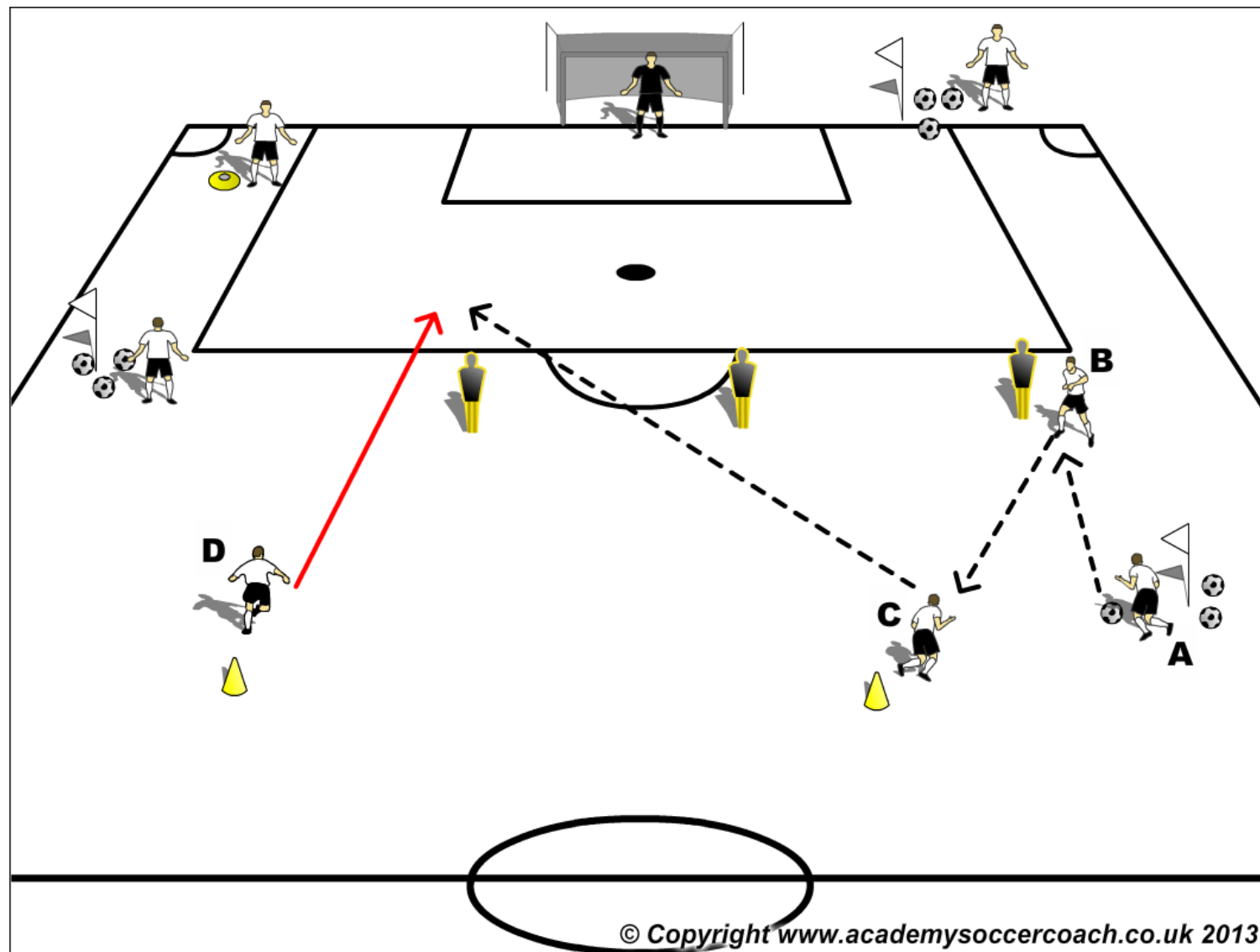
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Attacking Exercise 3 (II)



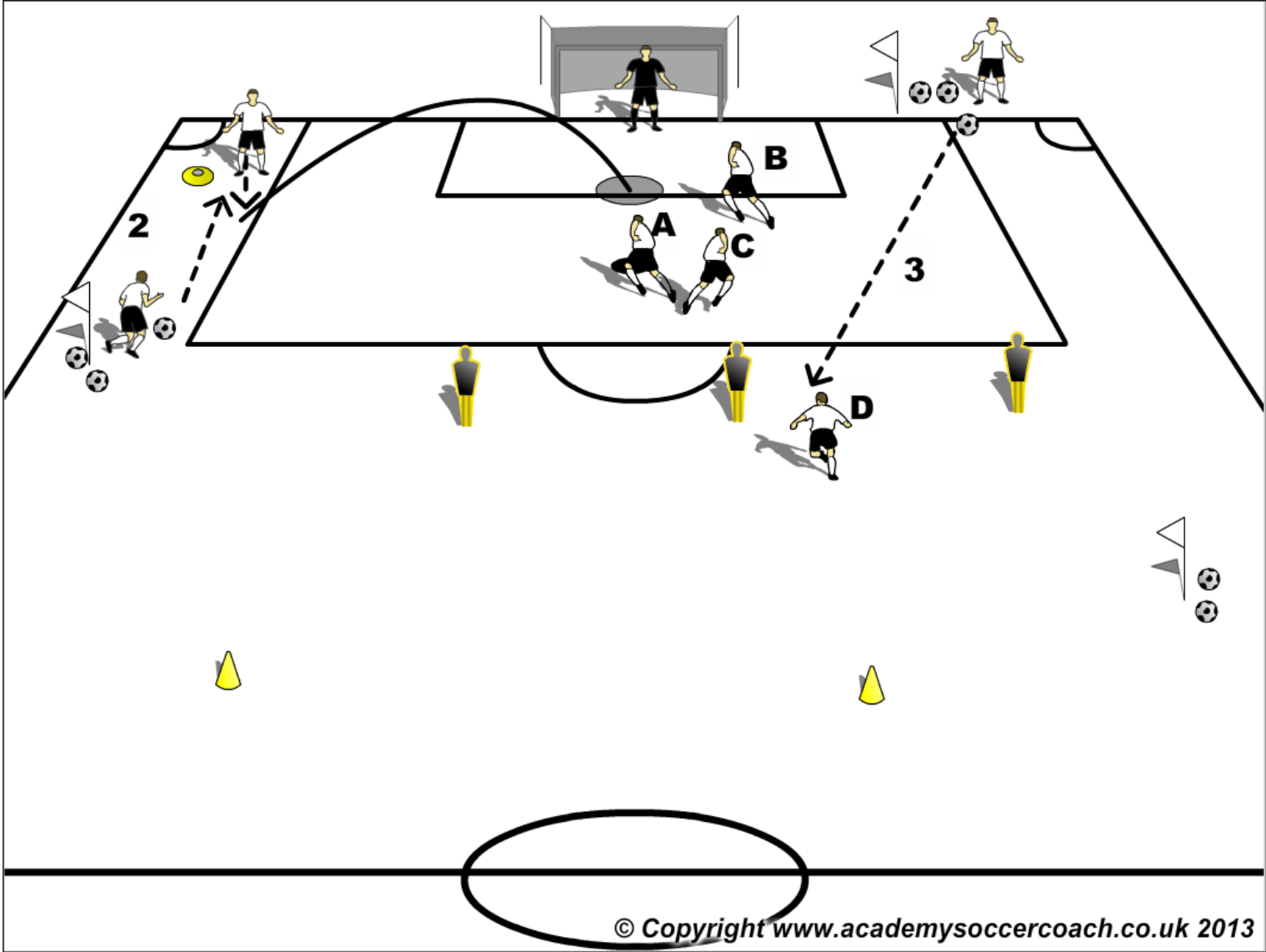
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Attacking Exercise 4



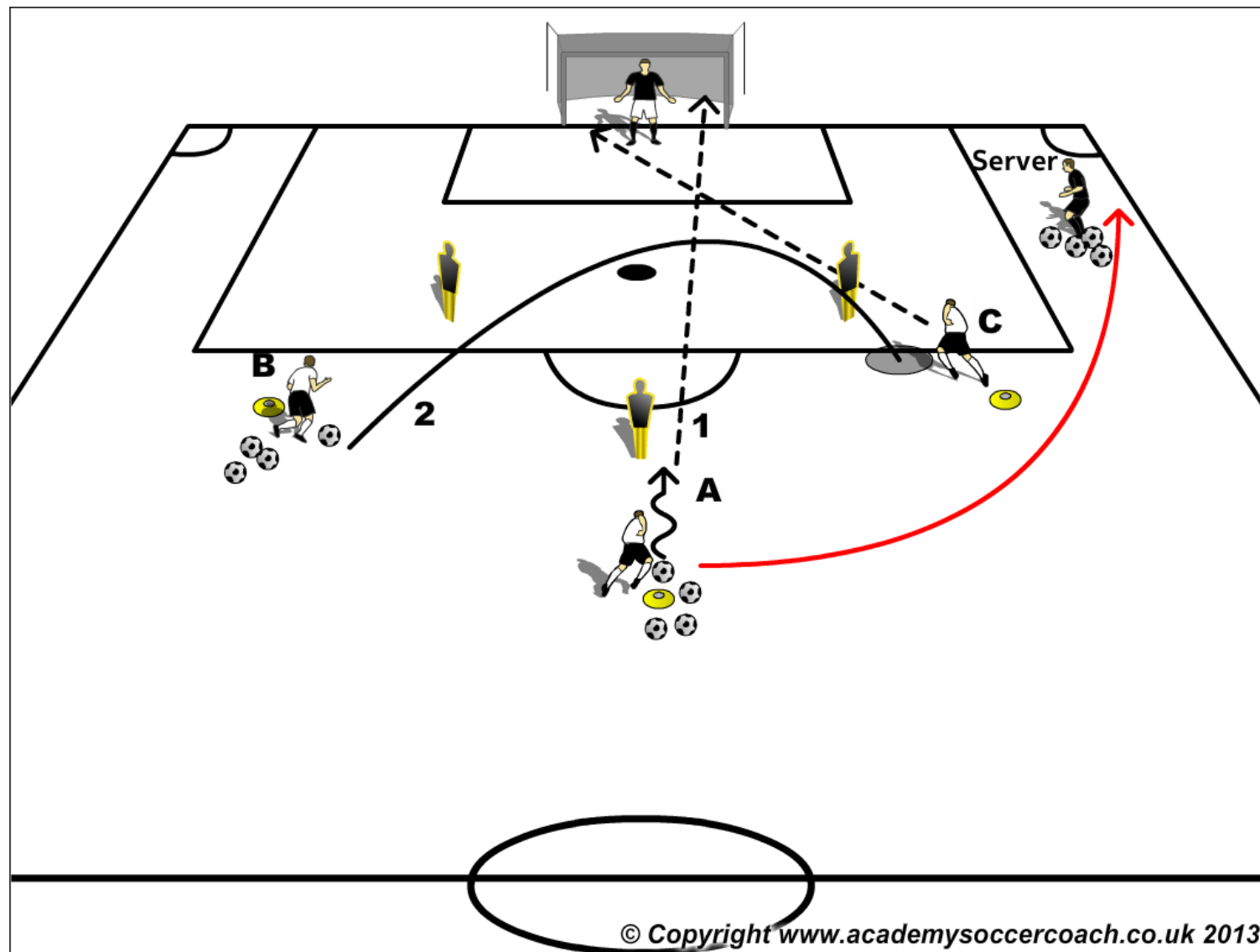
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Attacking Exercise 4 (II)



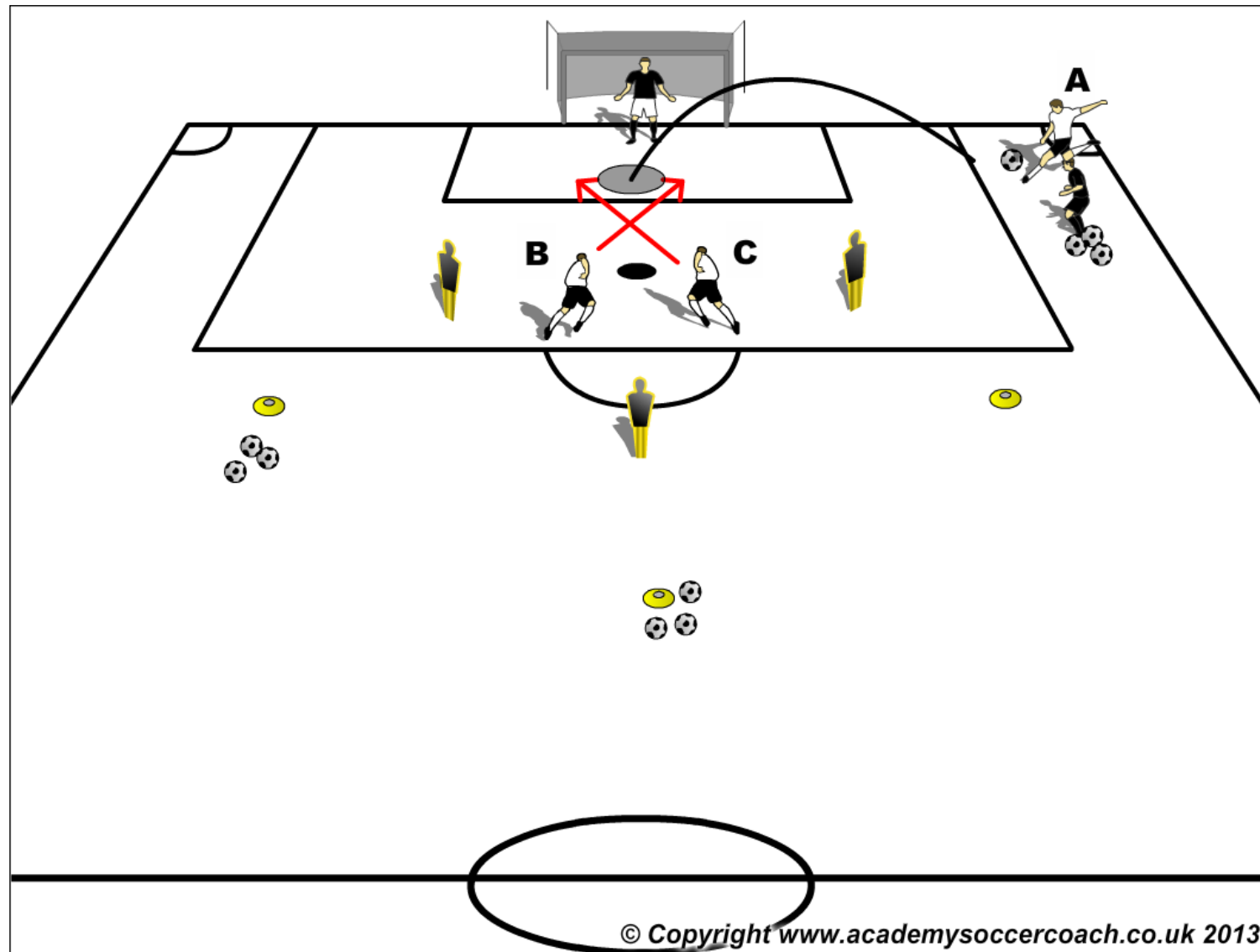
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Attacking Exercise 5



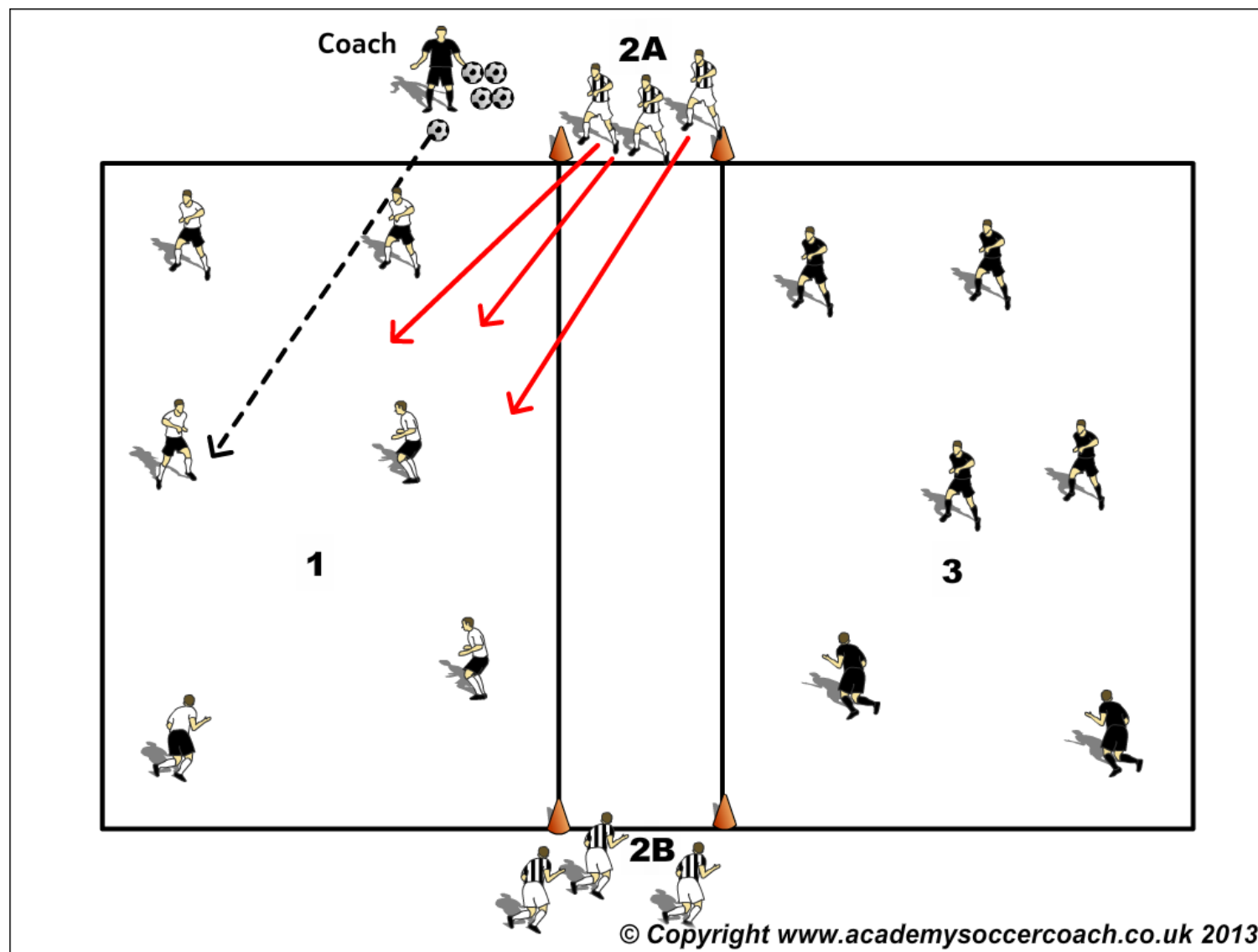
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Attacking Exercise 5 (II)



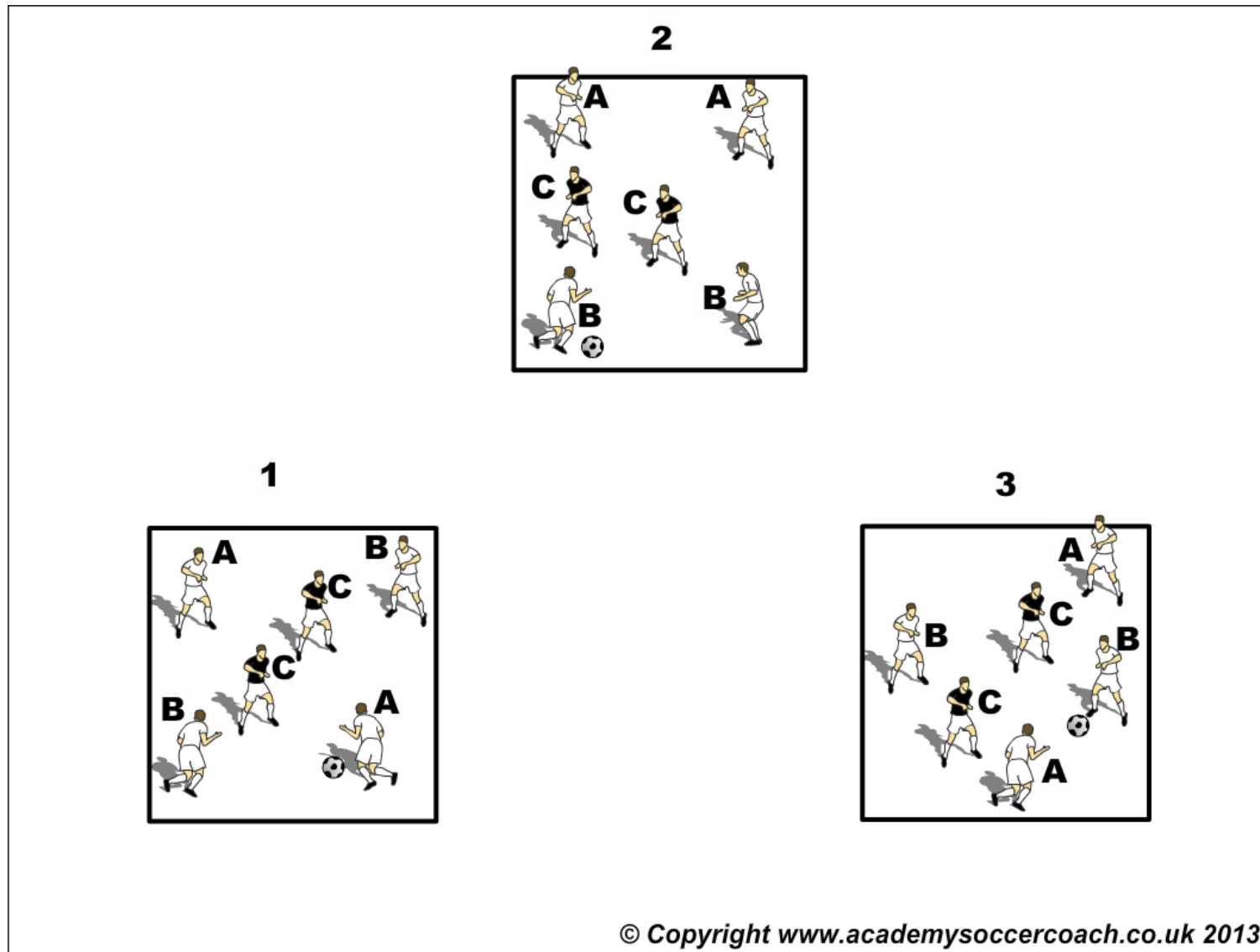
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Defensive Exercise 1



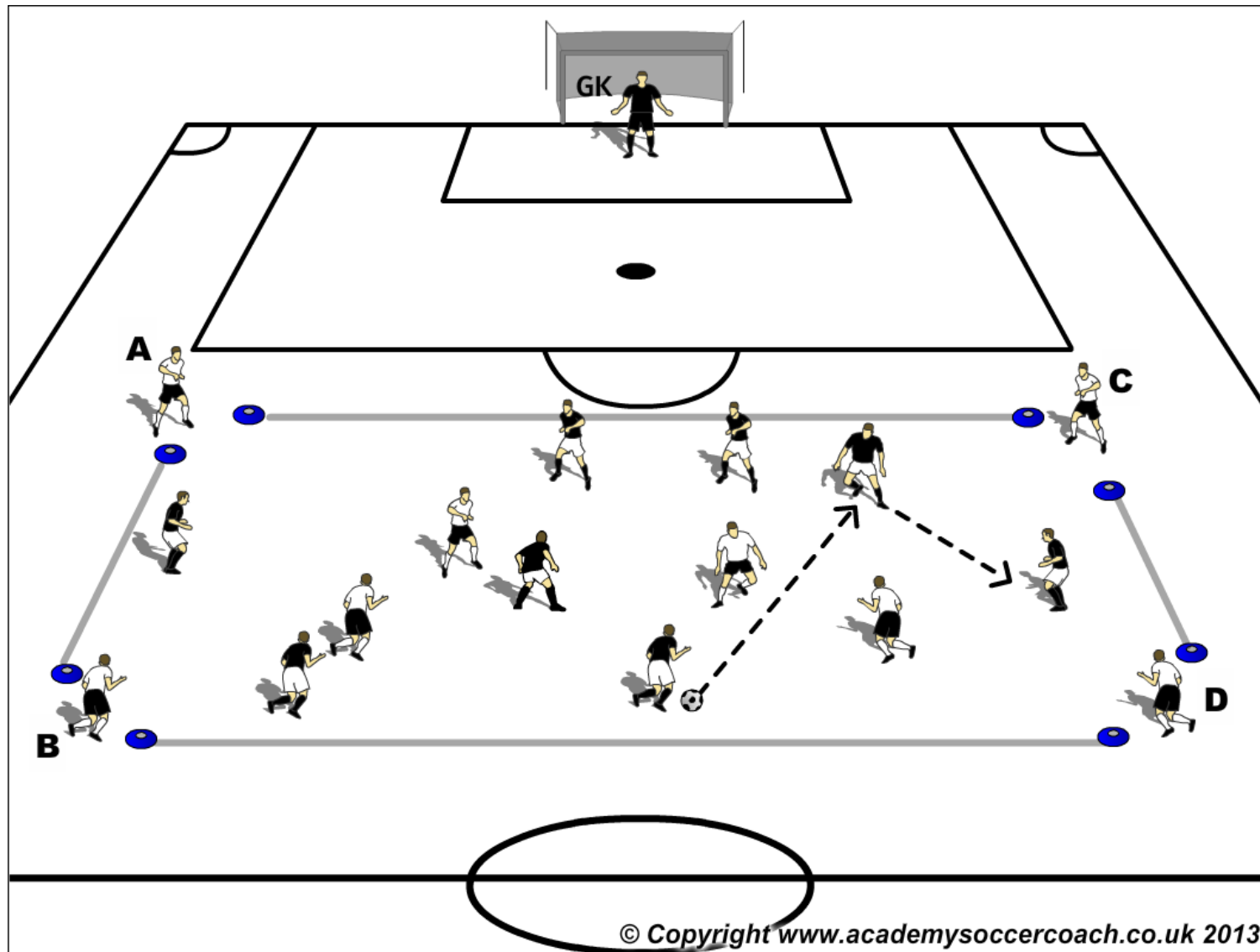
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Defensive Exercise 2



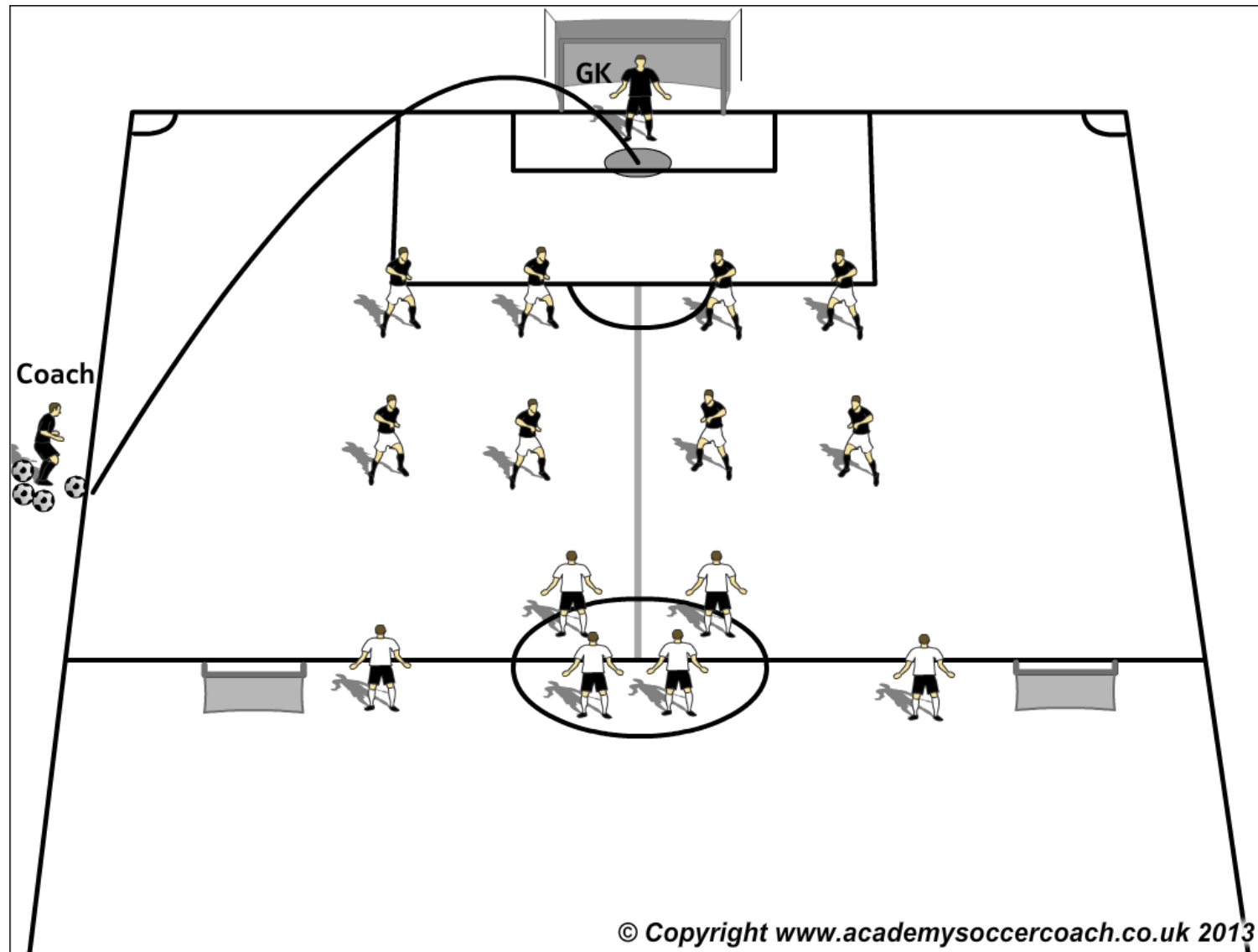
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Defensive Exercise 3



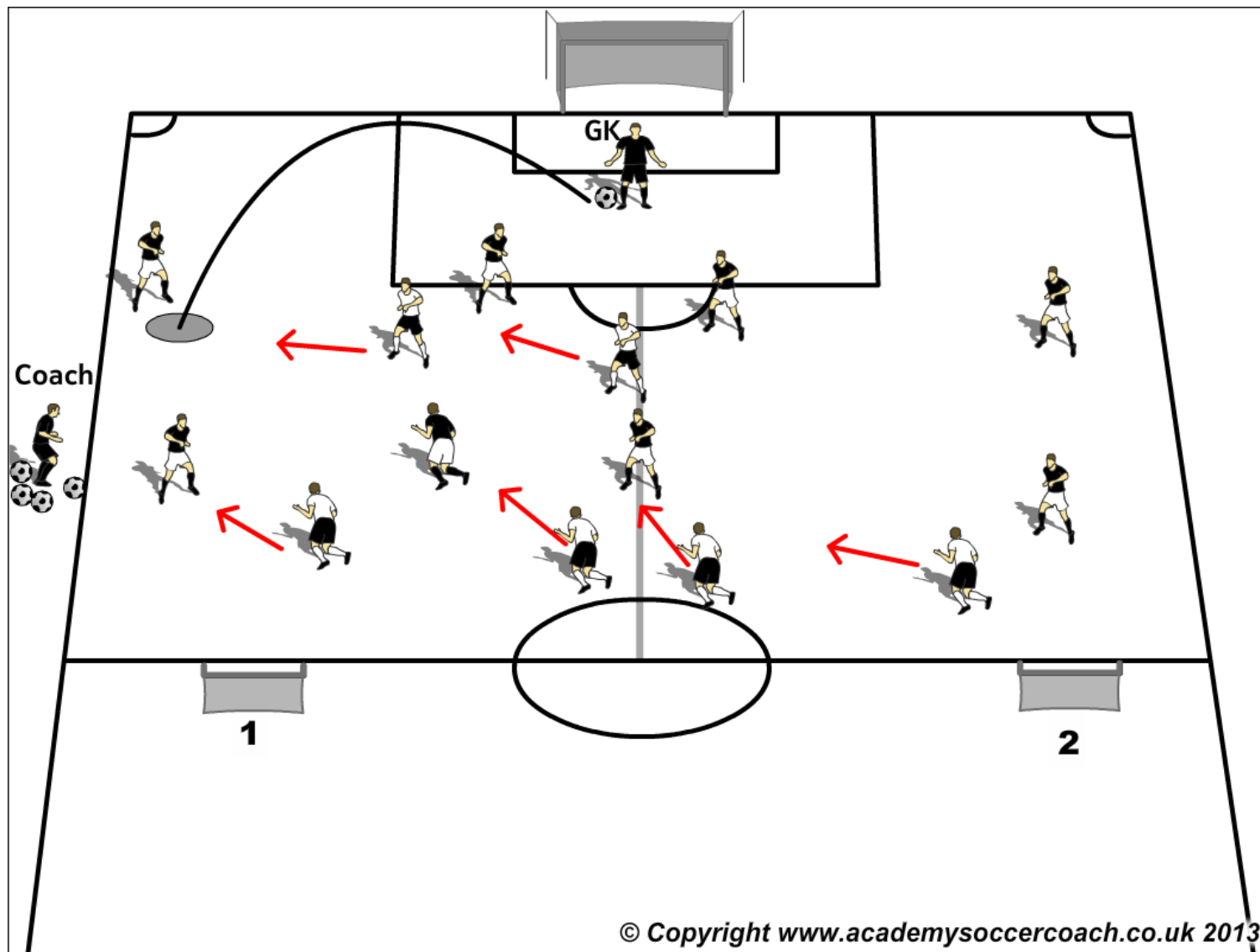
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Defensive Exercise 4



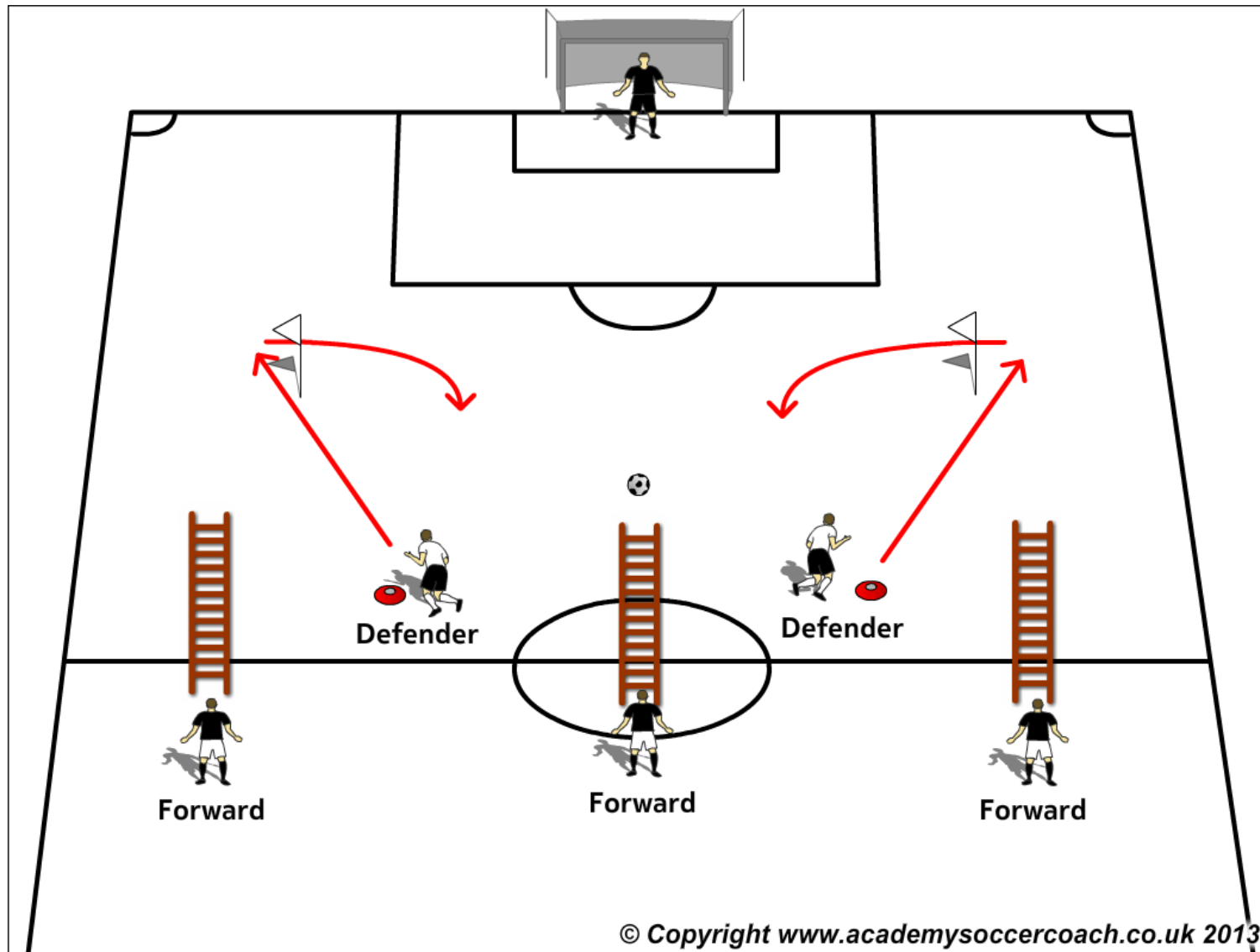
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Defensive Exercise 4 (II)



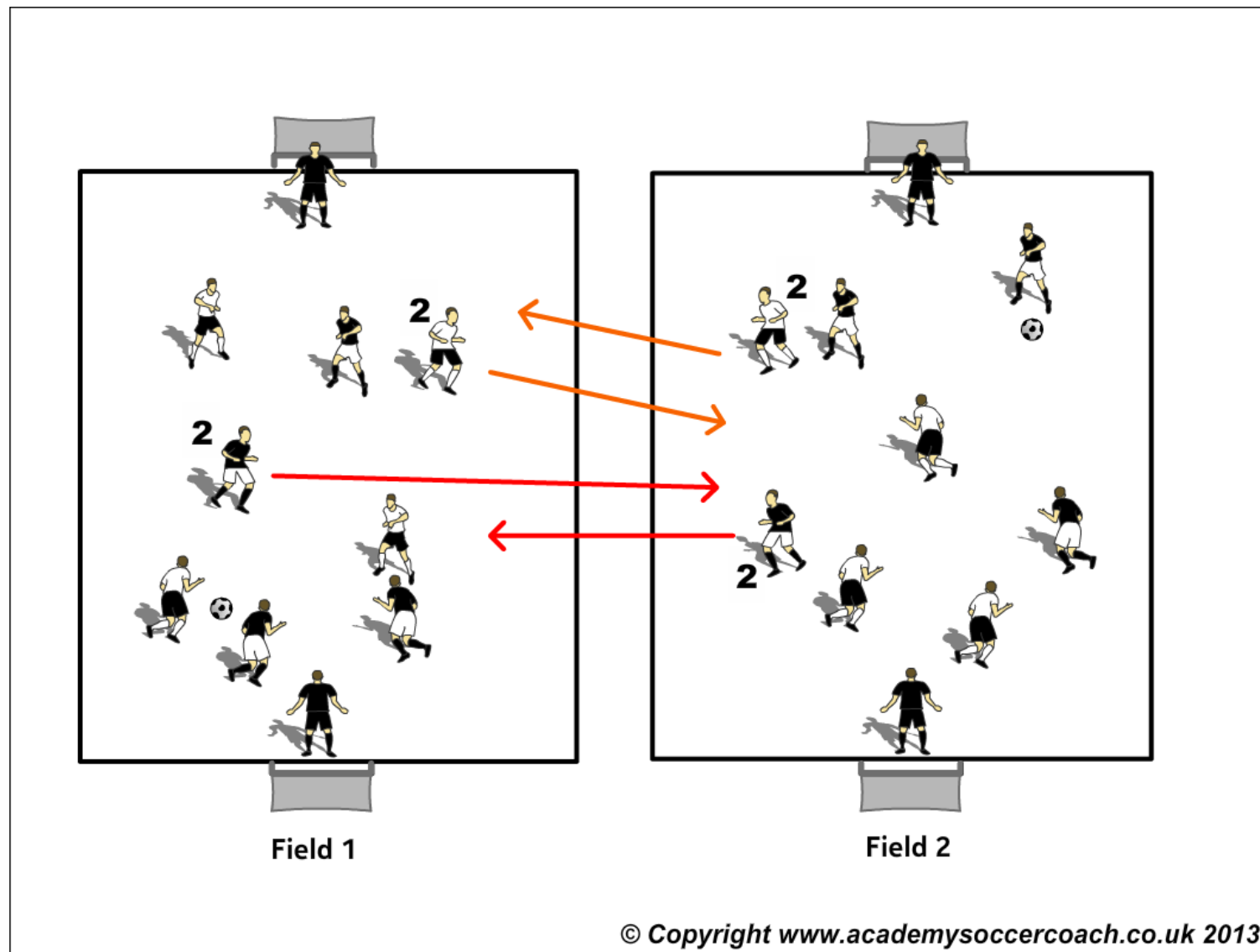
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Defensive Exercise 5



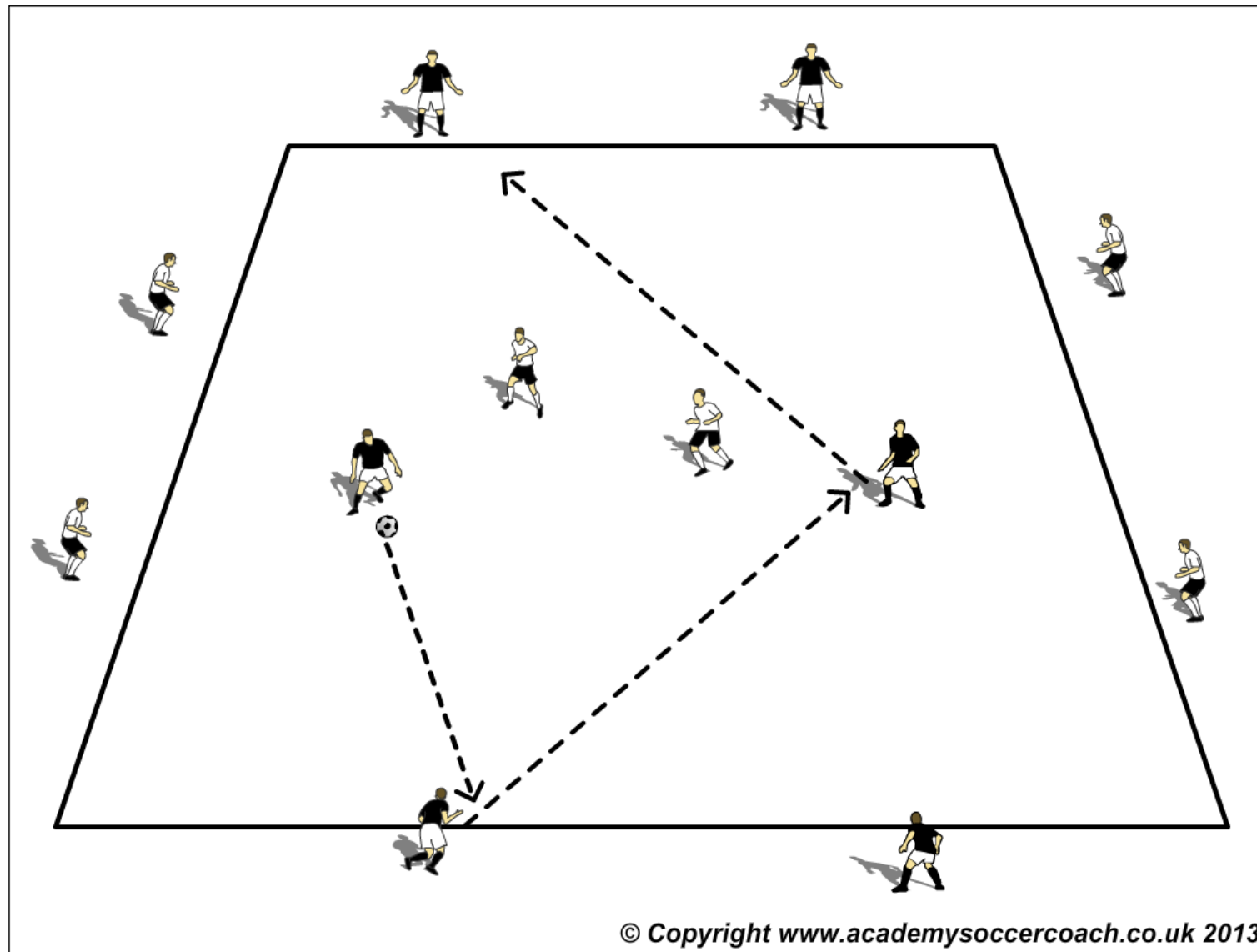
Chapter 8

Transition Exercise 1



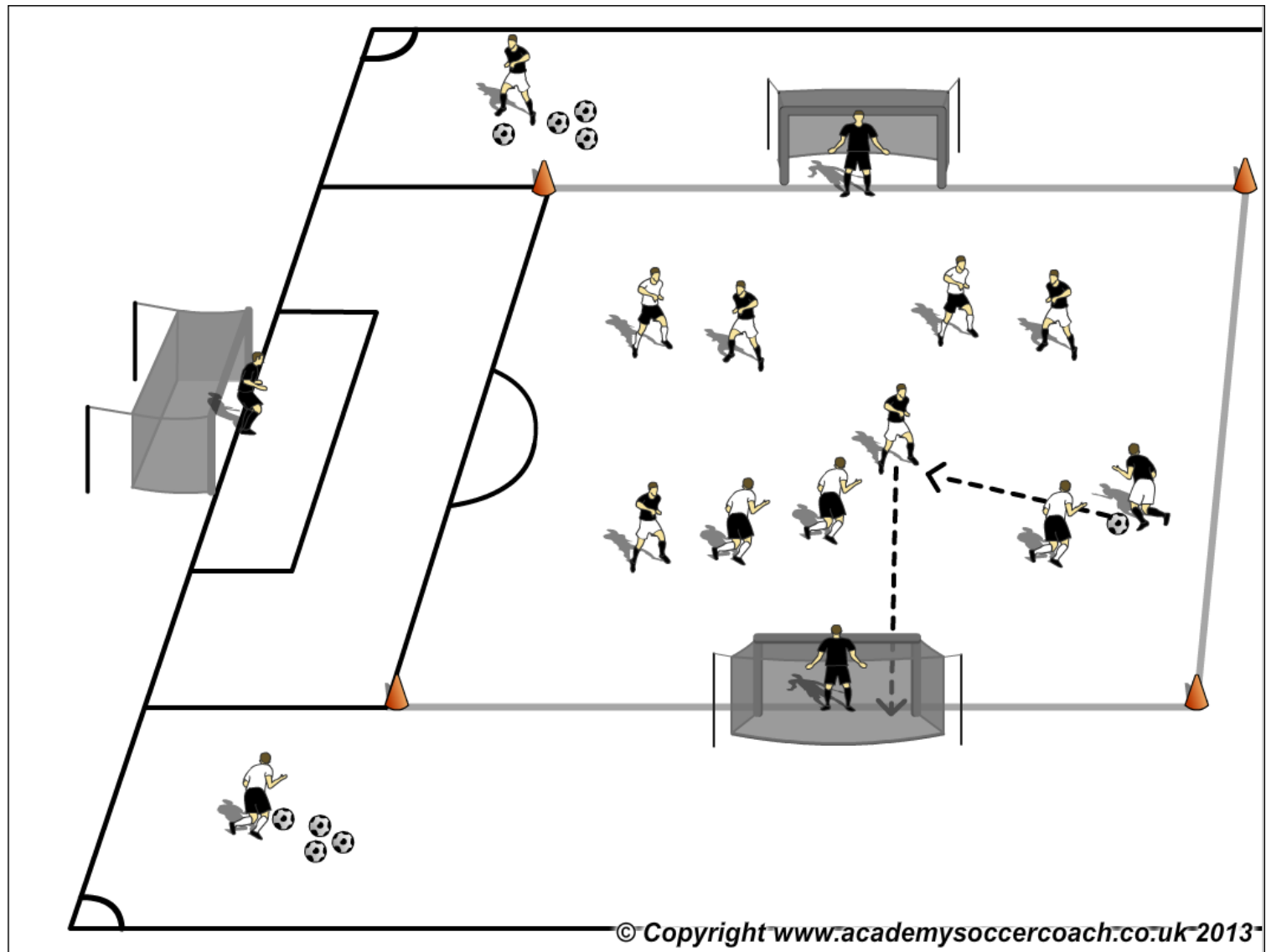
Chapter 8

Transition Exercise 2



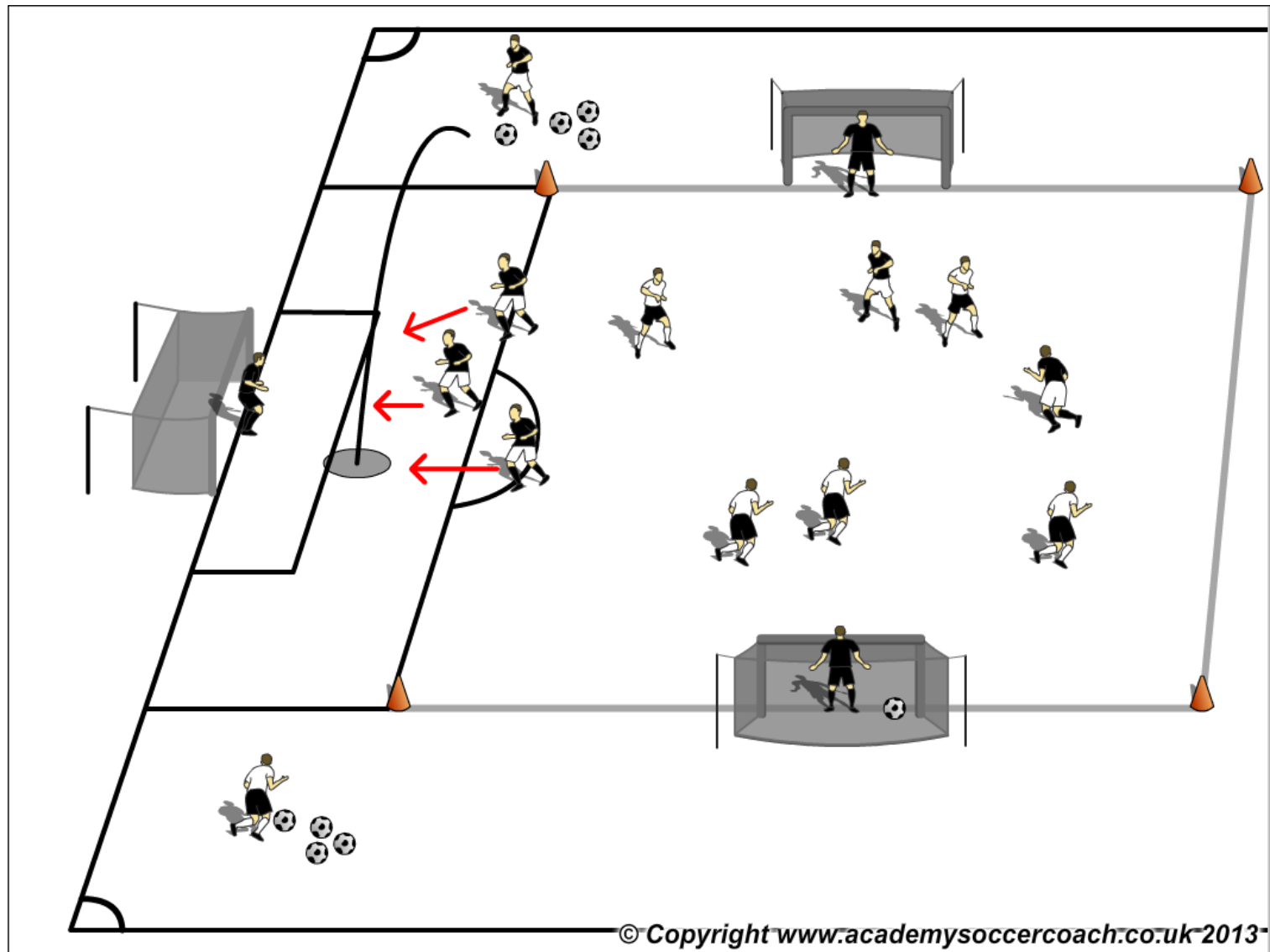
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Transition Exercise 3



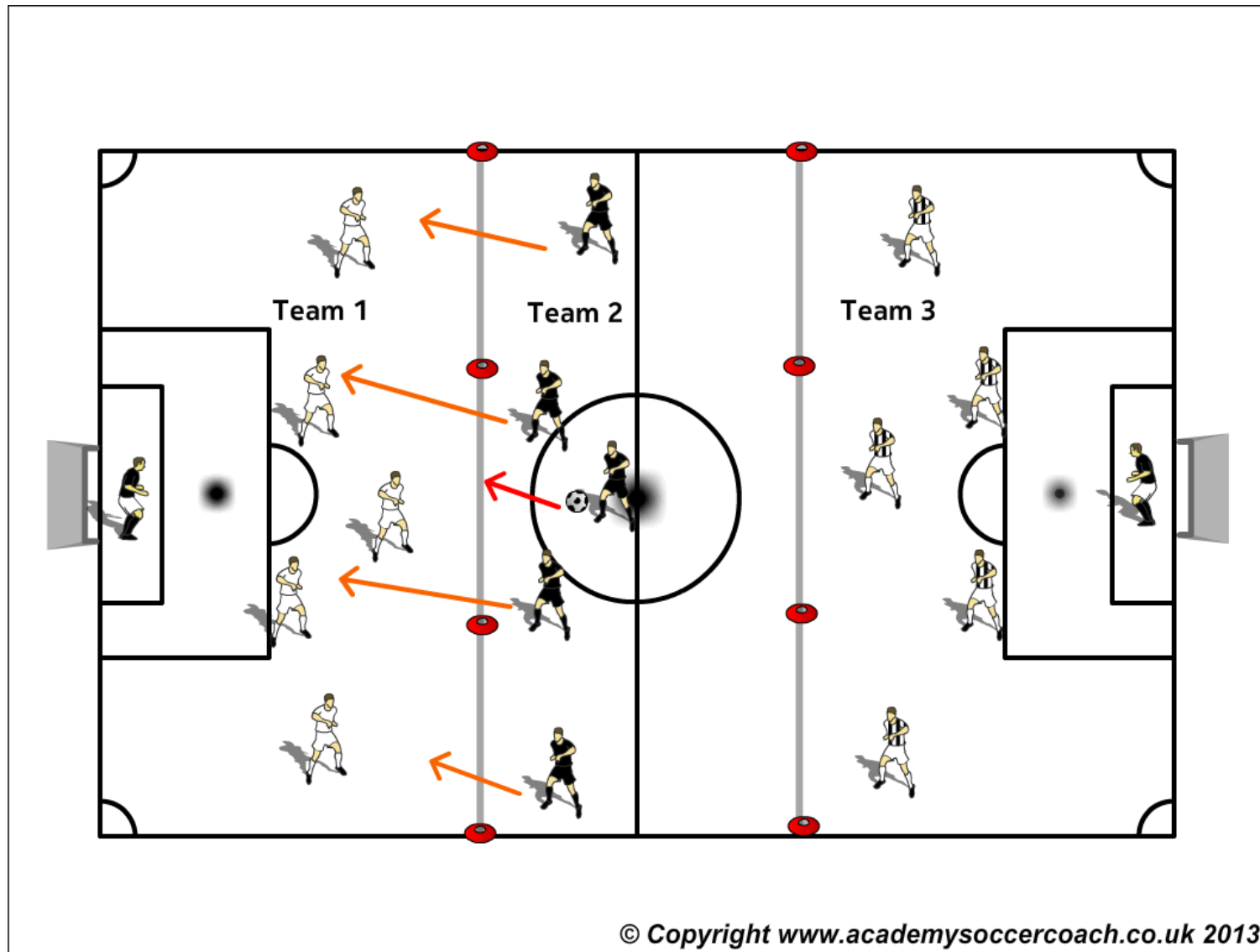
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Transition Exercise 3 (II)



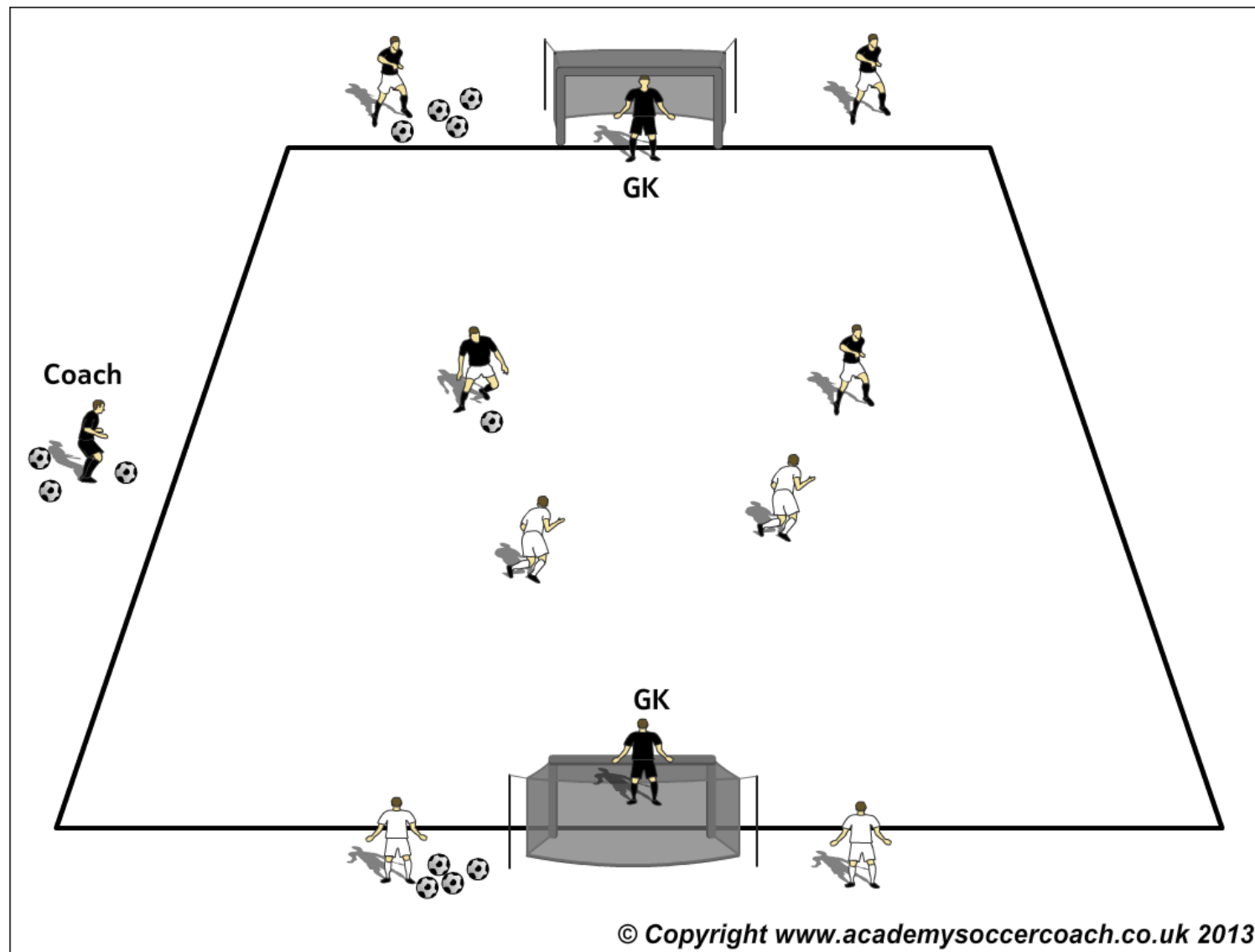
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Transition Exercise 4



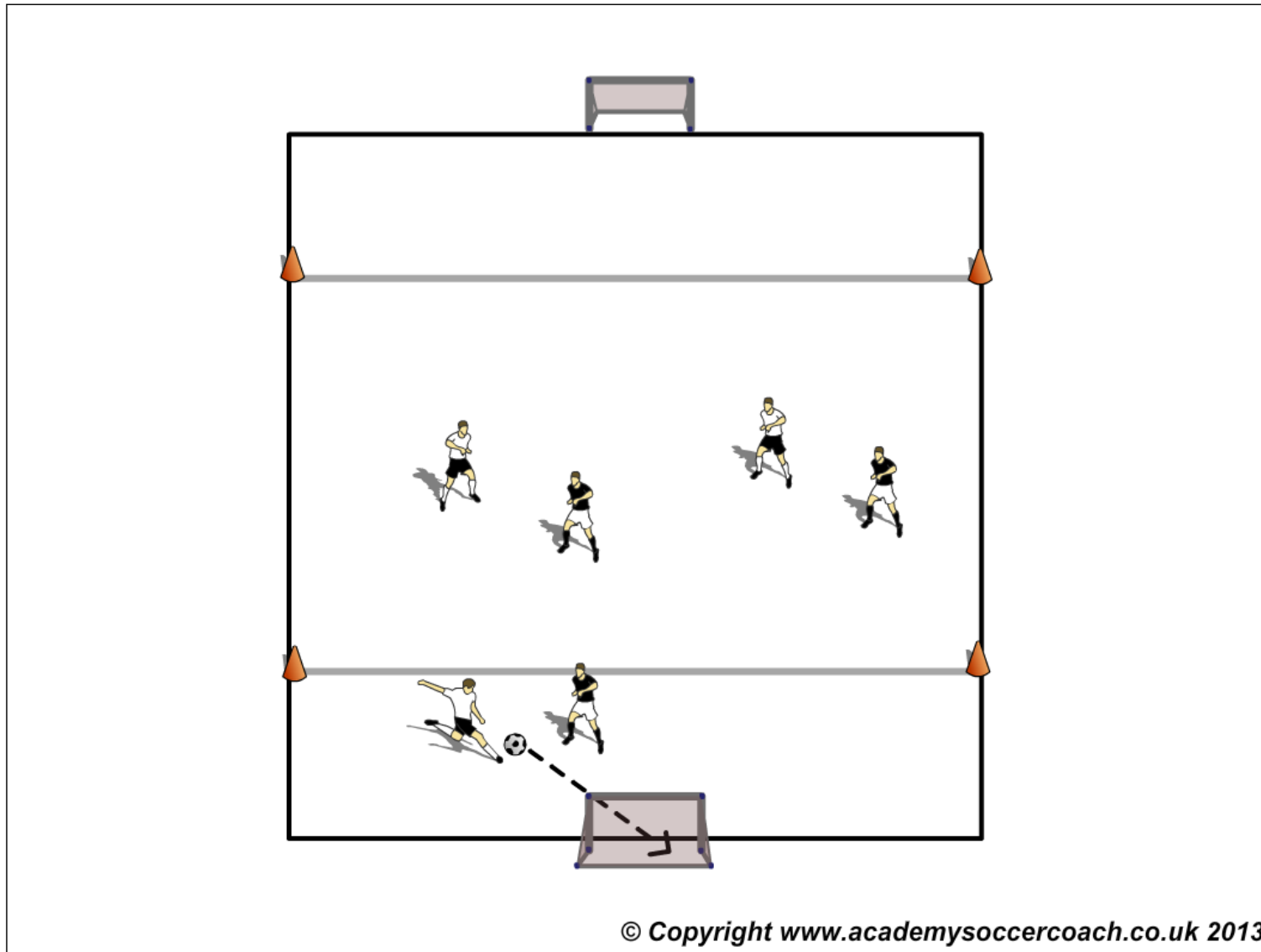
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Transition Exercise 5



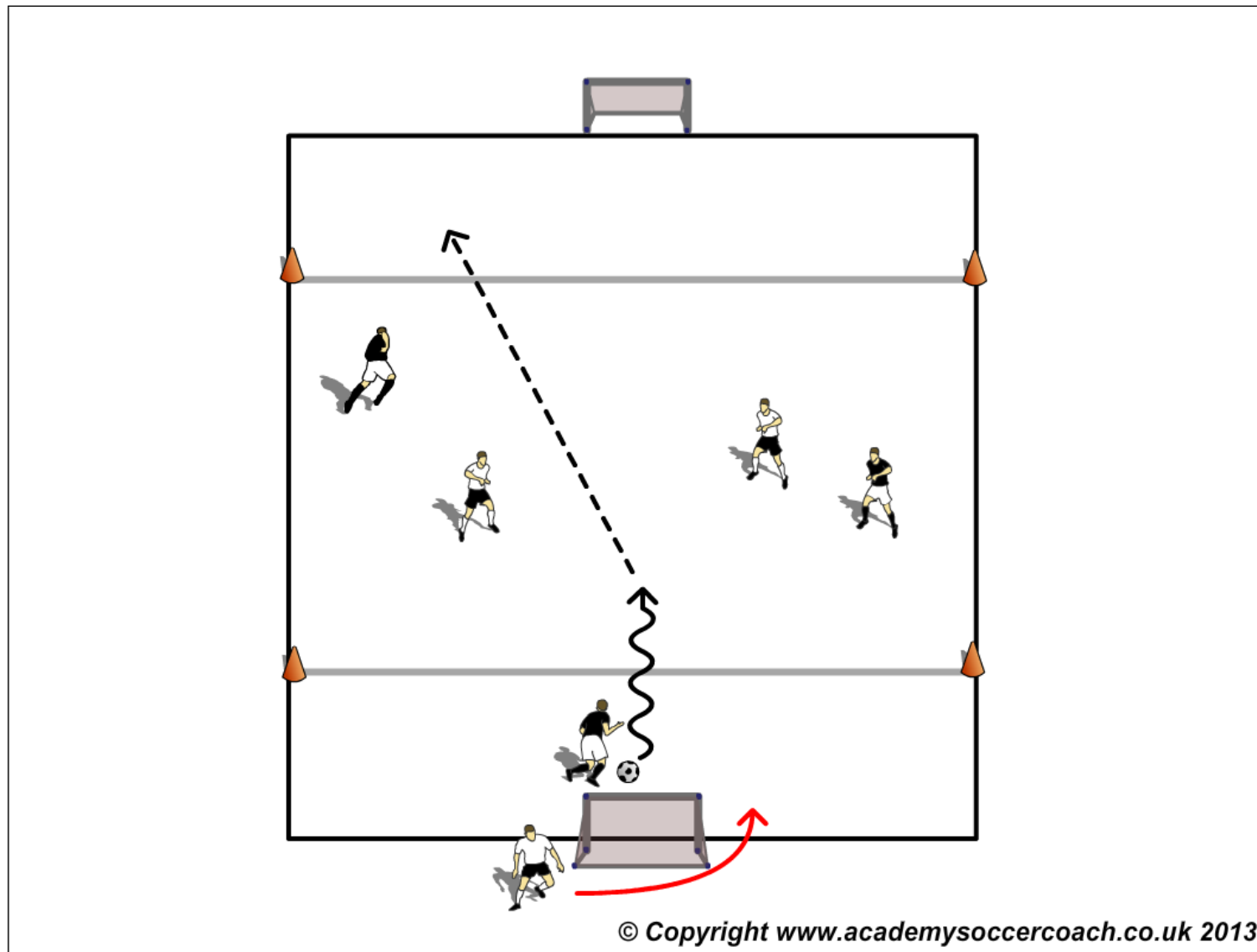
Chapter 9

Counter Attacking Exercise 1



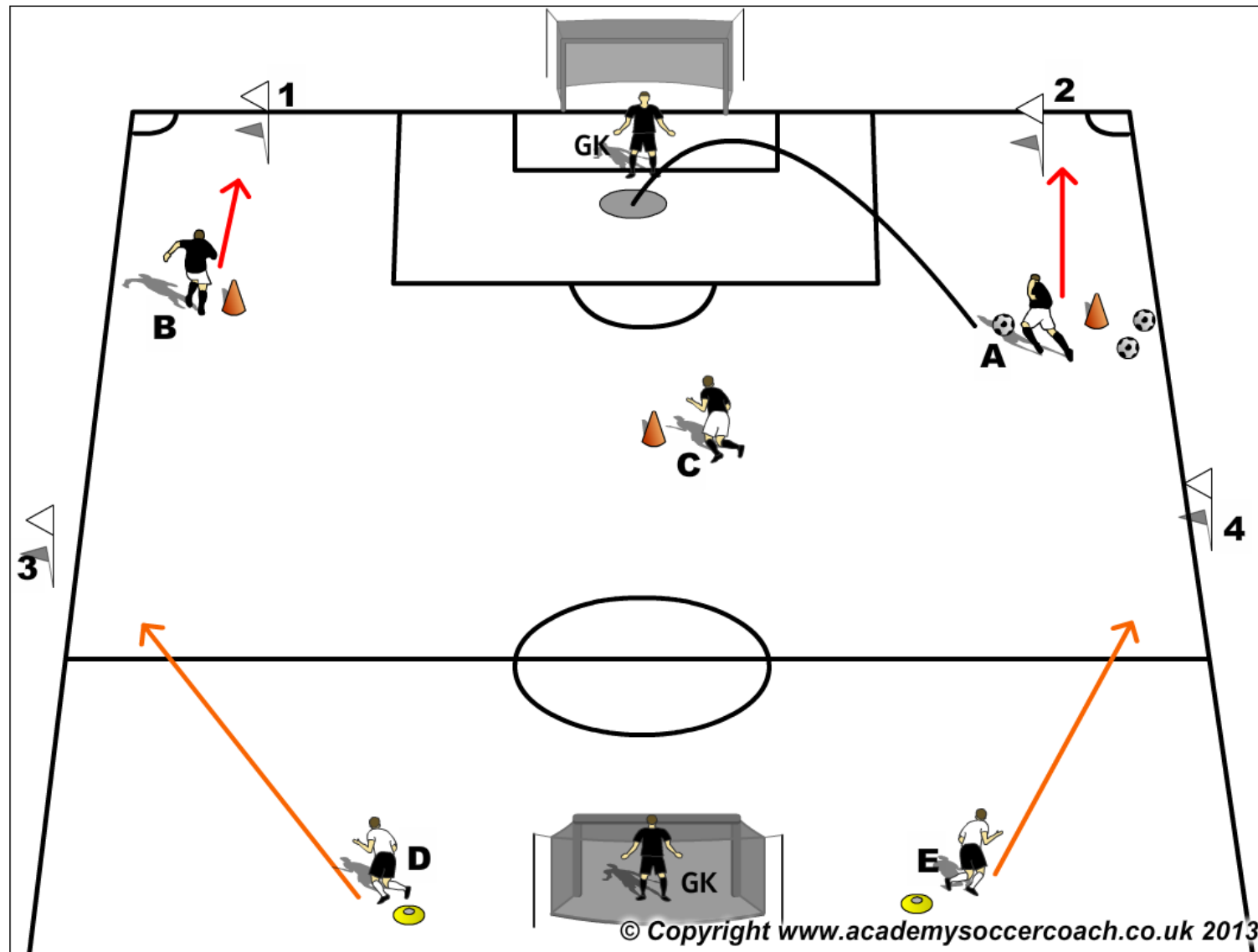
Chapter 9

Counter Attacking Exercise 1 (II)



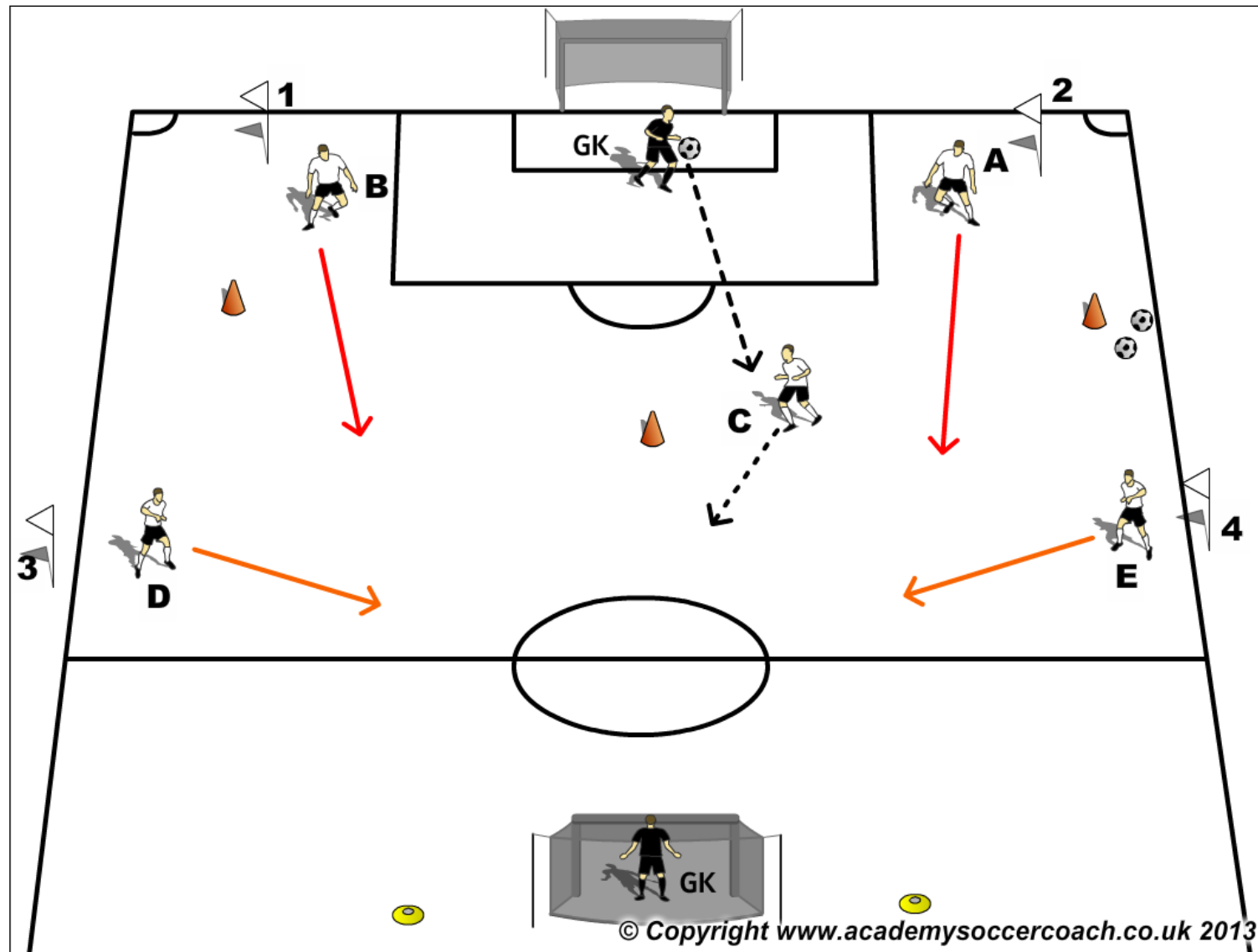
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Counter Attacking Exercise 2



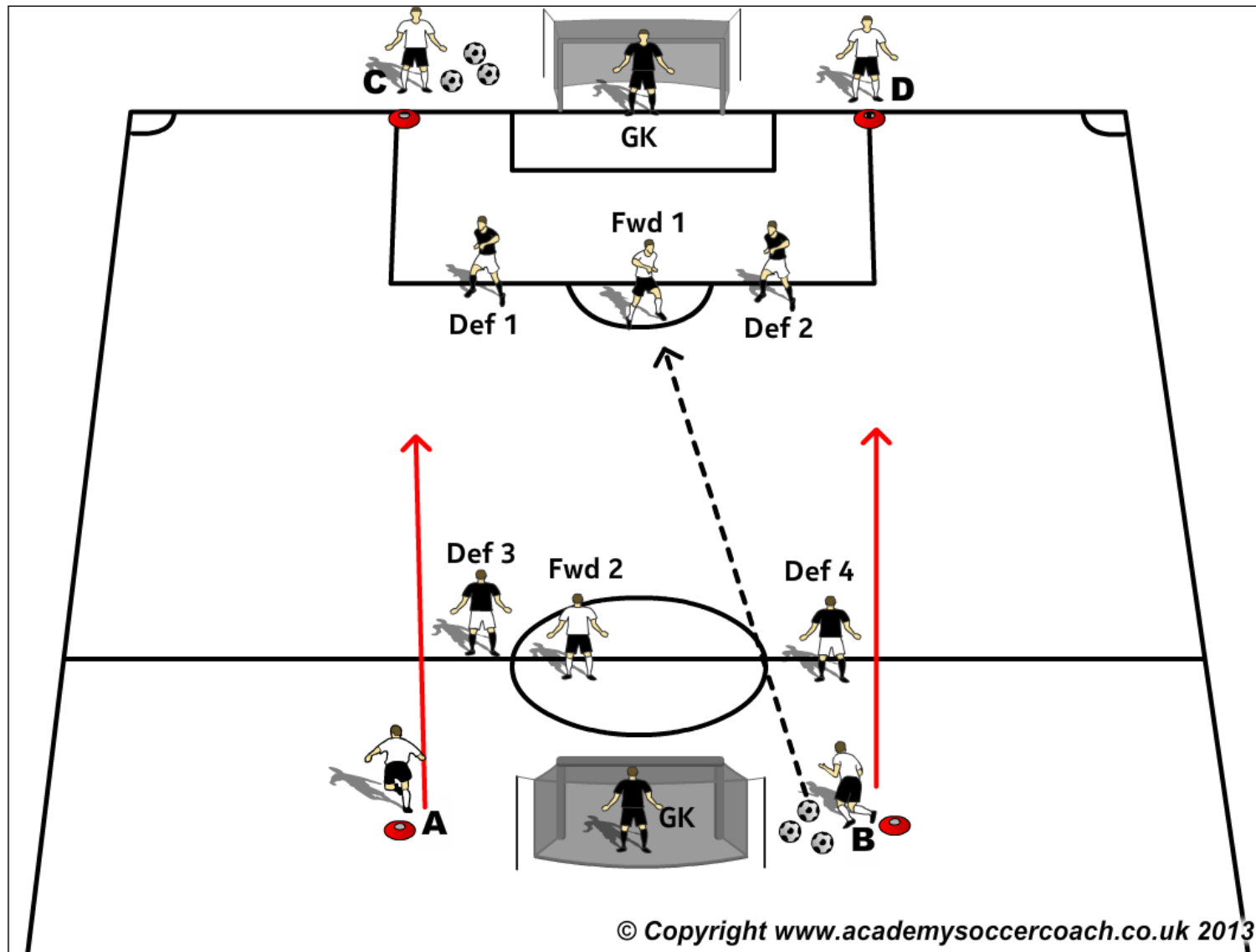
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Counter Attacking Exercise 2 (II)



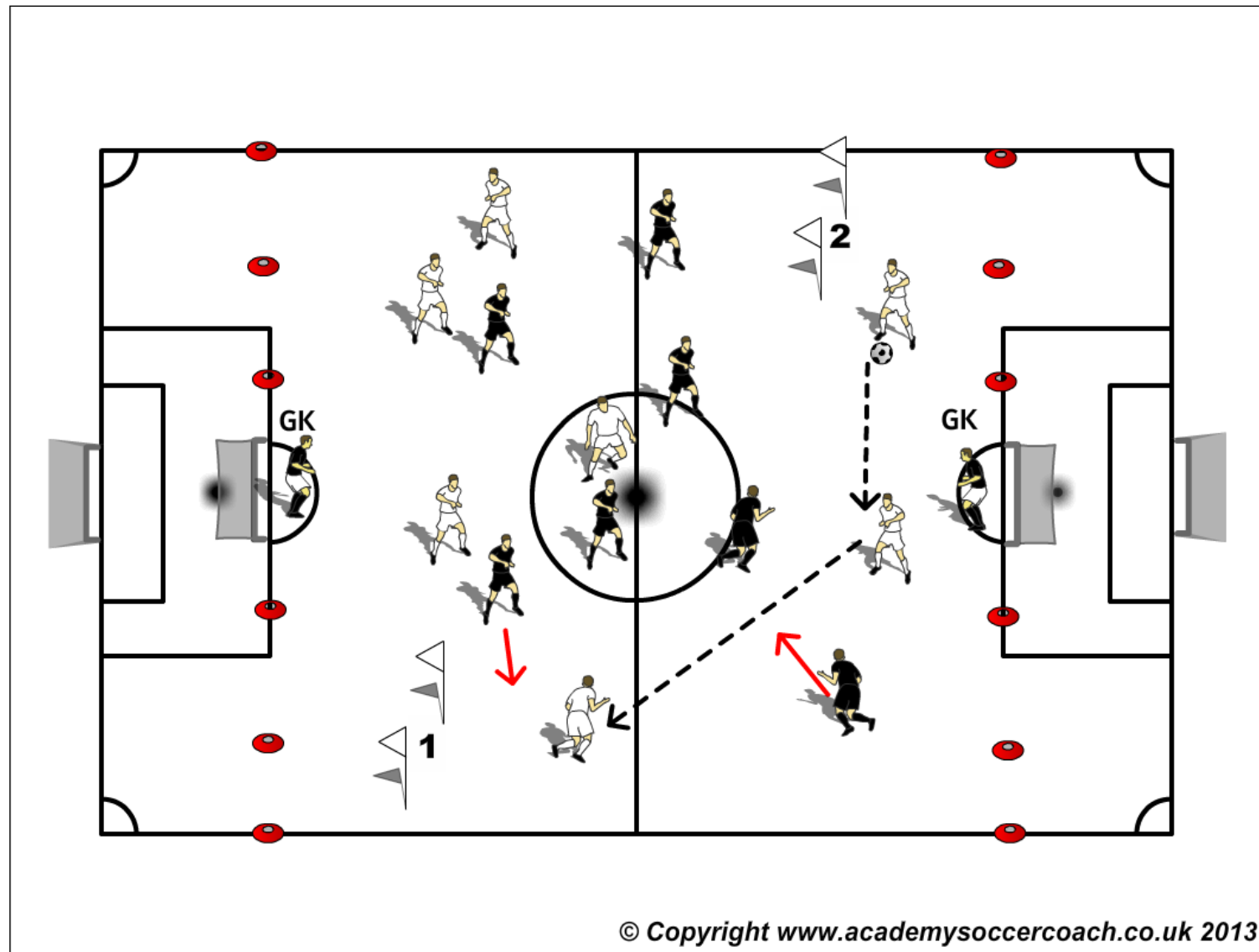
Chapter 9

Counter Attacking Exercise 3



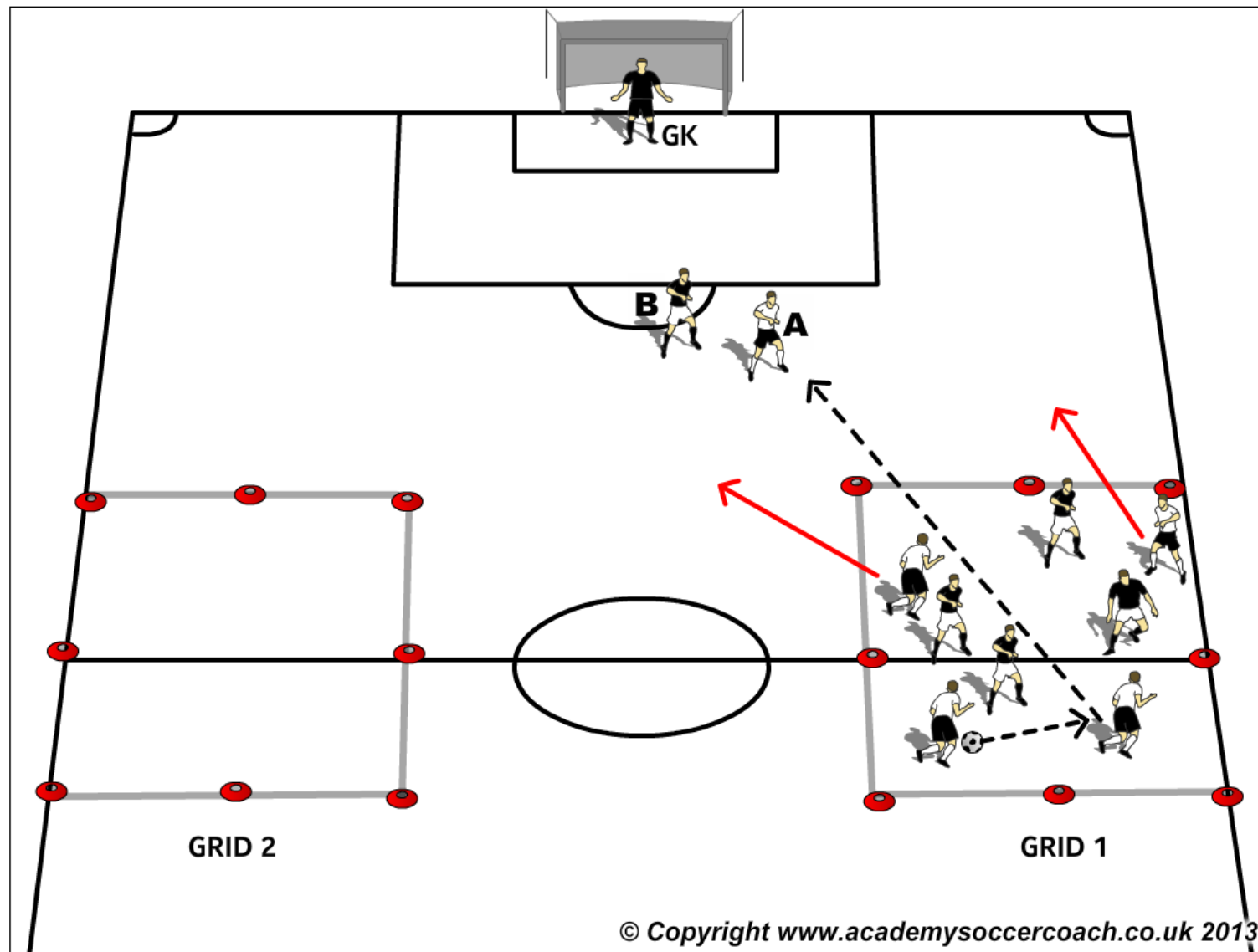
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Counter Attacking Exercise 4



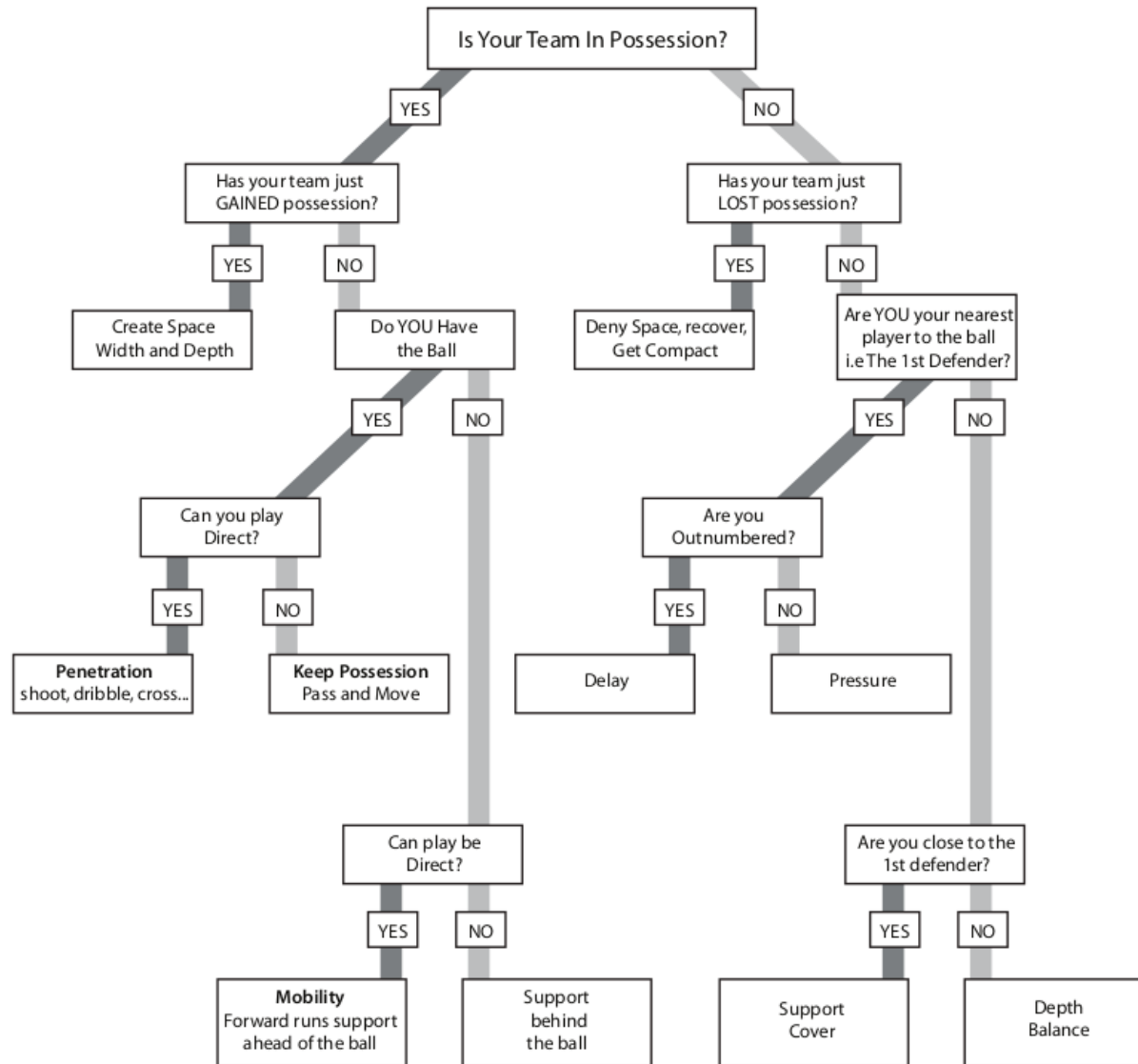
Chapter 9

Counter Attacking Exercise 5



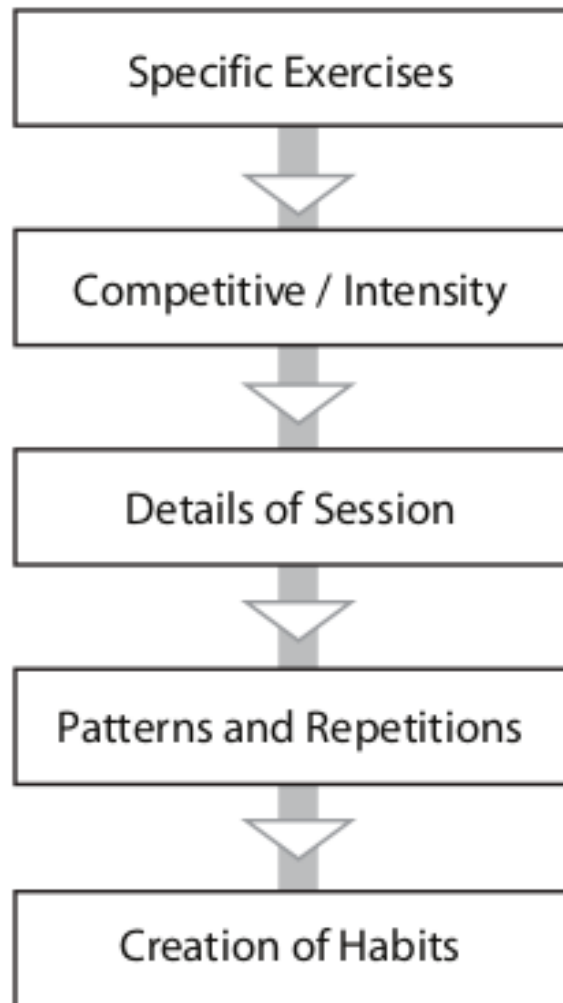
Chapter 10

Decision Making and the Principles of the Game

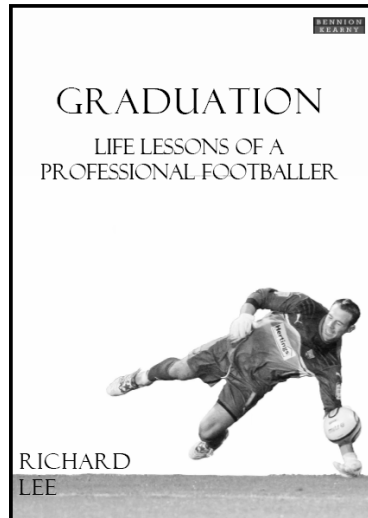


Chapter 10

Creation of Habits



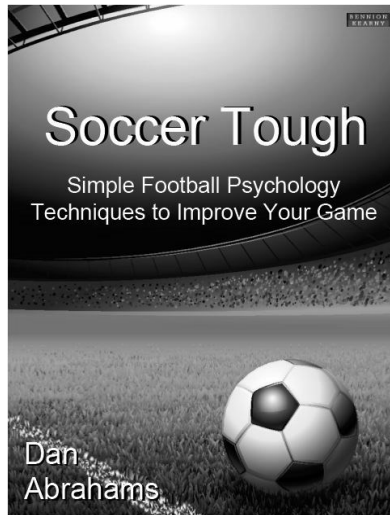
Other Bennion Kearny Books



Graduation: Life Lessons of a Professional Footballer by Richard Lee

The 2010/11 season will go down as a memorable one for Goalkeeper Richard Lee. Cup wins, penalty saves, hypnotherapy and injury would follow, but these things only tell a small part of the tale. Filled with anecdotes, insights, humour and honesty - Graduation uncovers Richard's campaign to take back the number one spot, save a lot of penalties, and overcome new challenges. What we see is a transformation - beautifully encapsulated in this extraordinary season.

"Whatever level you have played the beautiful game and whether a goalkeeper or outfield player, you will connect with this book. Richard's honesty exposes the fragility in us all, he gives an honest insight into dimensions of a footballer's life that are often kept a secret and in doing so offers worthy advice on how to overcome any hurdle. A great read." **Ben Foster, Goalkeeper, West Bromwich Albion.**

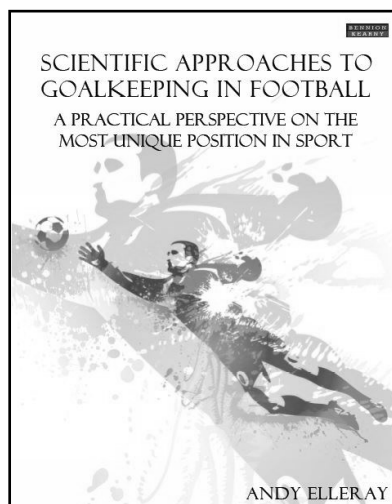


Soccer Tough by Dan Abrahams

“Take a minute to slip into the mind of one of the world’s greatest soccer players and imagine a stadium around you. Picture a performance under the lights and mentally play the perfect game.”

Technique, speed and tactical execution are crucial components of winning soccer, but it is mental toughness that marks out the very best players – the ability to play when pressure is highest, the opposition is strongest, and fear is greatest. Top players and coaches understand the importance of sport psychology in soccer but how do you actually train your mind to become the best player you can be?

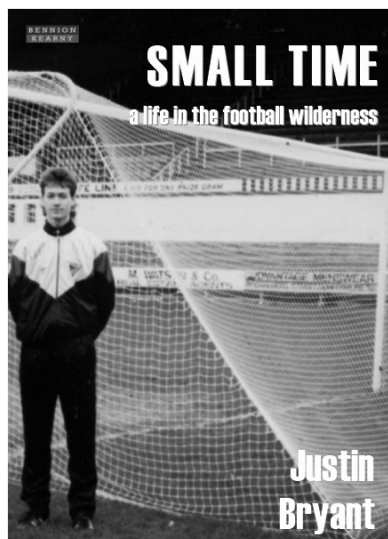
Soccer Tough demystifies this crucial side of the game and offers practical techniques that will enable soccer players of all abilities to actively develop focus, energy, and confidence. Soccer Tough will help banish the fear, mistakes, and mental limits that holds players back.



Scientific Approaches to Goalkeeping in Football: A practical perspective on the most unique position in sport

by Andy Elleray

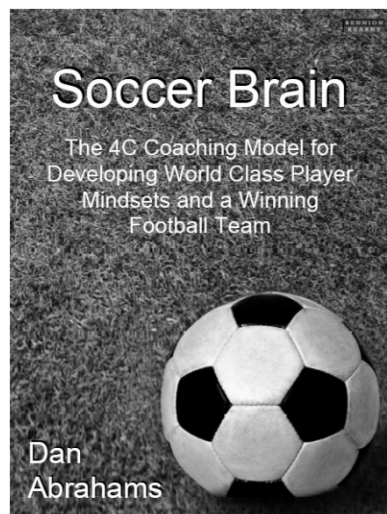
Do you coach goalkeepers and want to help them realise their fullest potential? Are you a goalkeeper looking to reach the top of your game? Then search no further and dive into this dedicated goalkeeping resource. Written by goalkeeping guru Andy Elleray this book offers a fresh and innovative approach to goalkeeping in football. With a particular emphasis on the development of young goalkeepers, it sheds light on training, player development, match performances, and player analysis. Utilising his own experiences Andy shows the reader various approaches, systems and exercises that will enable goalkeepers to train effectively and appropriately to bring out the very best in them.



Small Time: A Life in the Football Wilderness by Justin Bryant

In 1988, 23-year-old American goalkeeper Justin Bryant thought a glorious career in professional football awaited him. He had just saved two penalties for his American club - the Orlando Lions - against Scotland's Dunfermline Athletic, to help claim the first piece of silverware in their history. He was young, strong, healthy, and confident.

Small Time is the story of a life spent mostly in the backwaters of the game. As Justin negotiated the Non-League pitches of the Vauxhall-Opel League, and the many failed professional leagues of the U.S. in the 1980s and 90s - Football, he learned, is 95% blood, sweat, and tears; but if you love it enough, the other 5% makes up for it.



Soccer Brain: The 4C Coaching Model for Developing World Class Player Mindsets and a Winning Football Team by Dan Abrahams

Coaching soccer is demanding. Impossible to perfect, it requires a broad knowledge of many performance areas including technique, tactics, psychology and the social aspects of human development. The first two components are covered in detail in many texts – but Soccer Brain uniquely offers a comprehensive guide to developing the latter two – player mindsets and winning teams.

Soccer Brain is for the no limits coach. It's for the coach who is passionate about developing players and building a winning team. This is not a traditional soccer coaching book filled with drills or tactics or playing patterns. This book is about getting the very best from you, the coach, and helping you develop a coaching culture of excellence and world class football mindsets.



The Way Forward: Solutions to England's Football Failings

by Matthew Whitehouse

English football is in a state of crisis. It has been almost 50 years since England made the final of a major championship and the national sides, at all levels, continue to disappoint and underperform. Yet no-one appears to know how to improve the situation.

In his acclaimed book, *The Way Forward*, football coach Matthew Whitehouse examines the causes of English football's decline and offers a number of areas where change and improvement need to be implemented immediately. With a keen focus and passion for youth development and improved coaching he explains that no single fix can overcome current difficulties and that a multi-pronged strategy is needed. If we wish to improve the standards of players in England then we must address the issues in schools, the grassroots, and academies, as well as looking at the constraints of the Premier League and English FA.