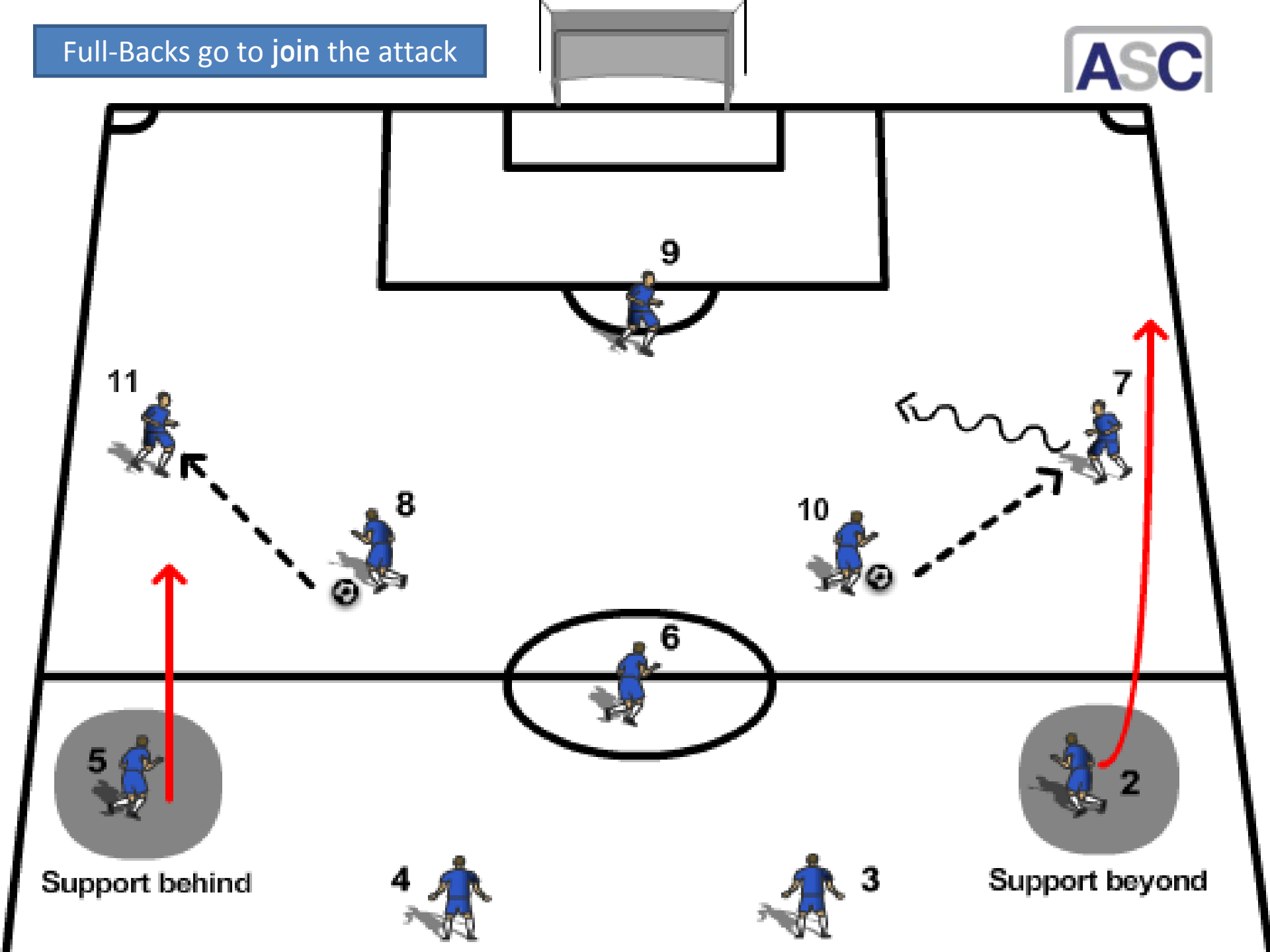


Defensive shape when the team are attacking

- Encourage Full-Backs to go and join the attack
- Ensure you have defensive cover behind the ball
- Ensure you cover the space left by the Full-Back

Full-Backs go to join the attack

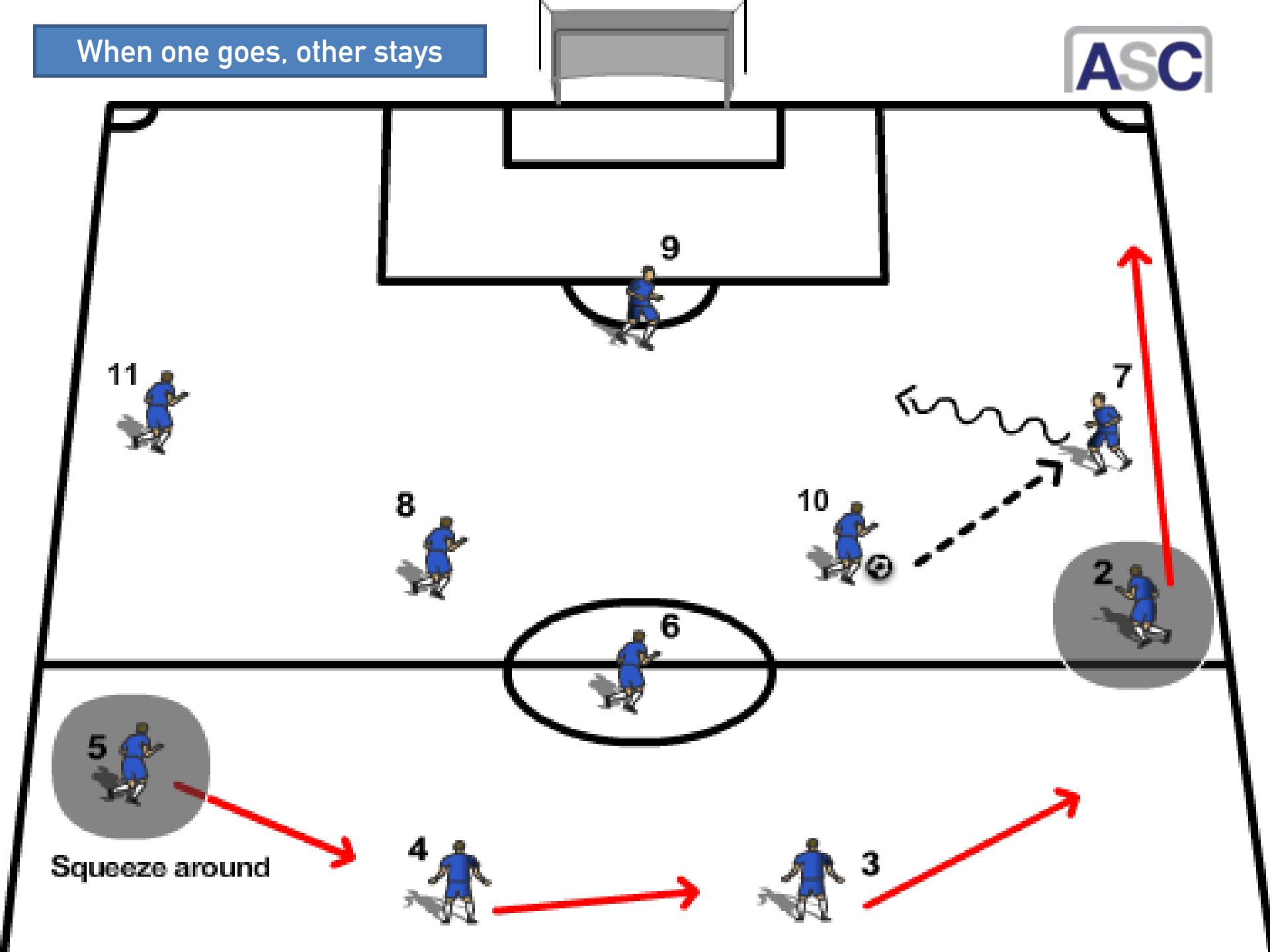
ASC



Support behind

Support beyond

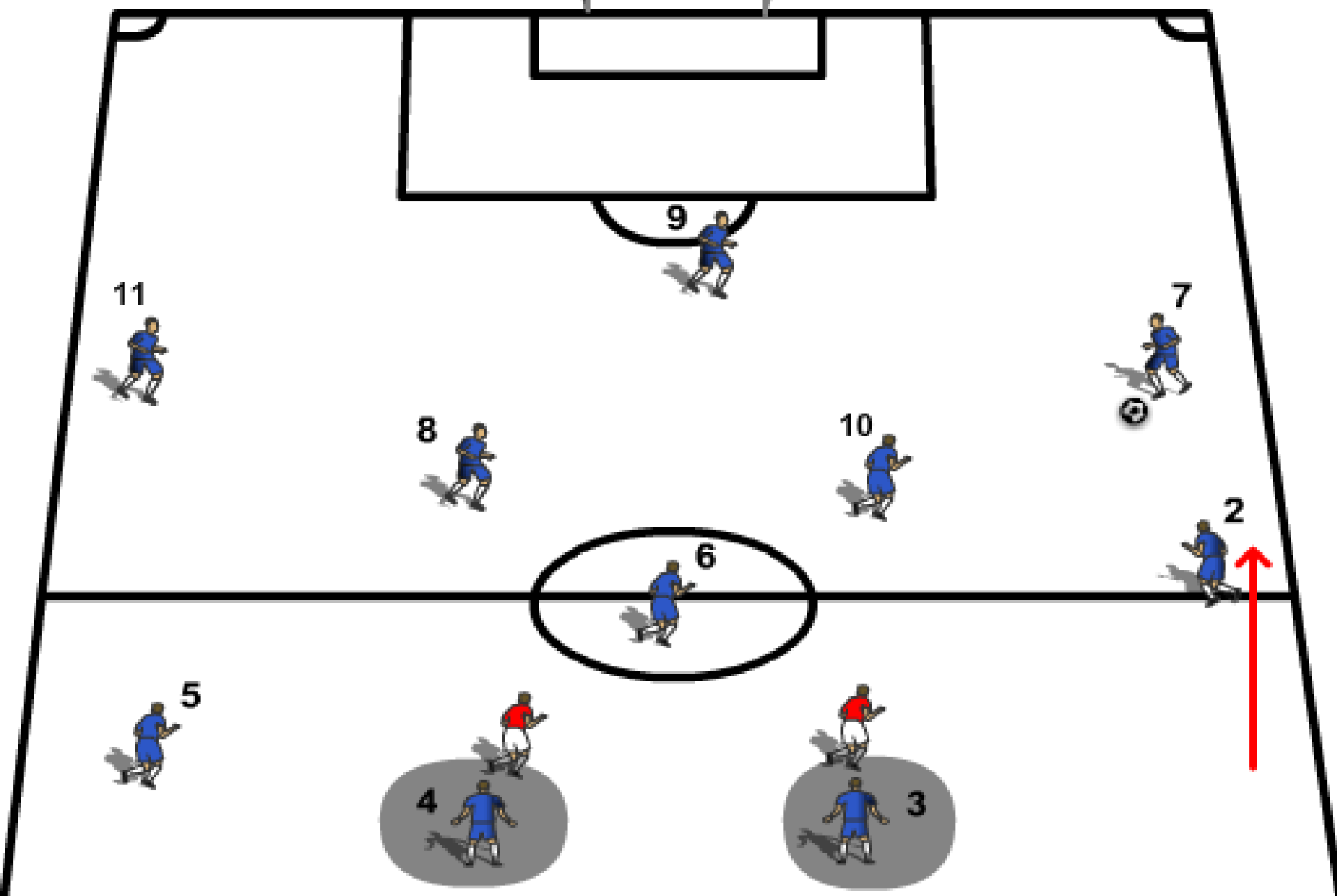
When one goes, other stays



Squeeze around

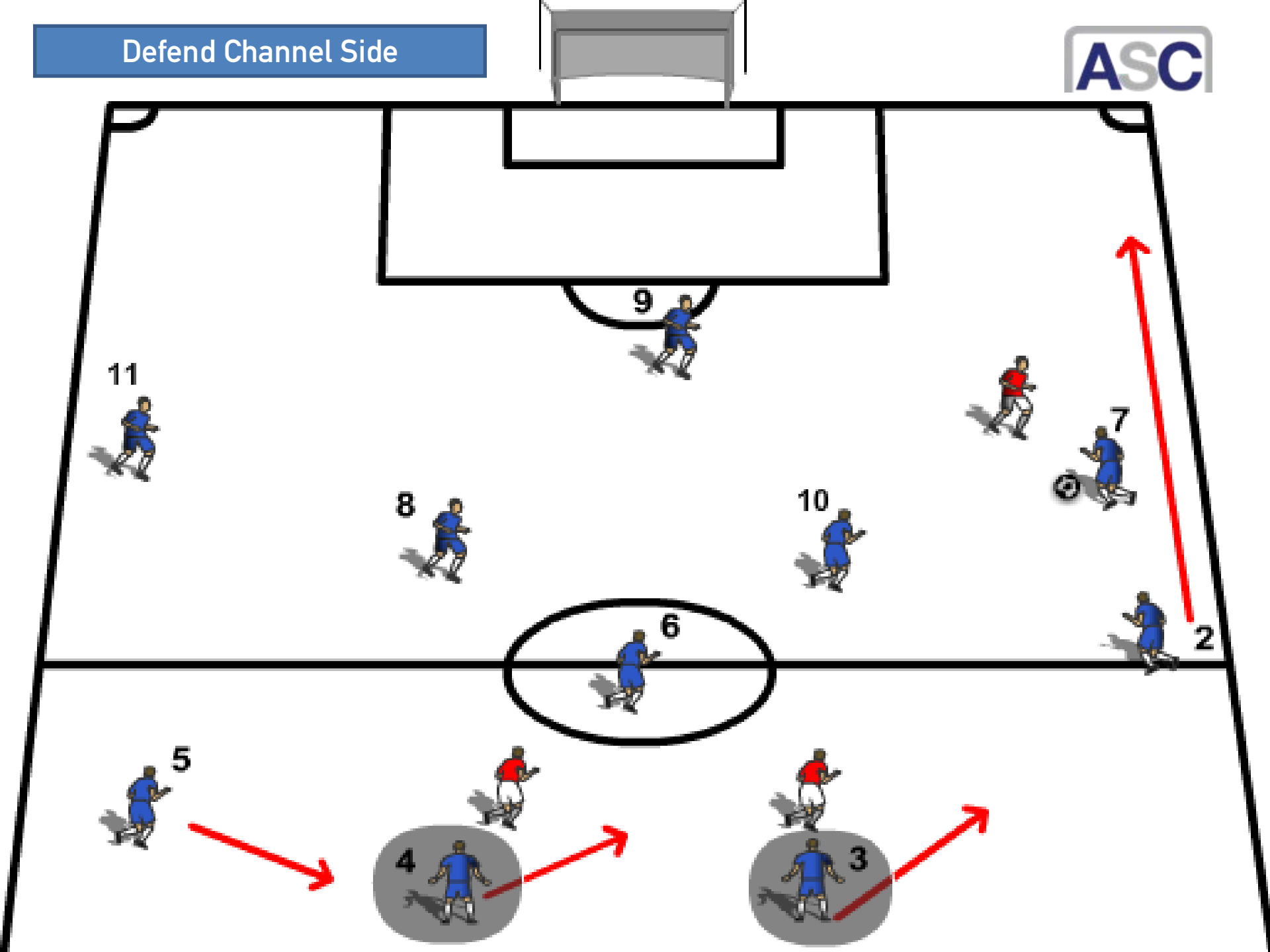
Centre Backs be switched on!

ASC

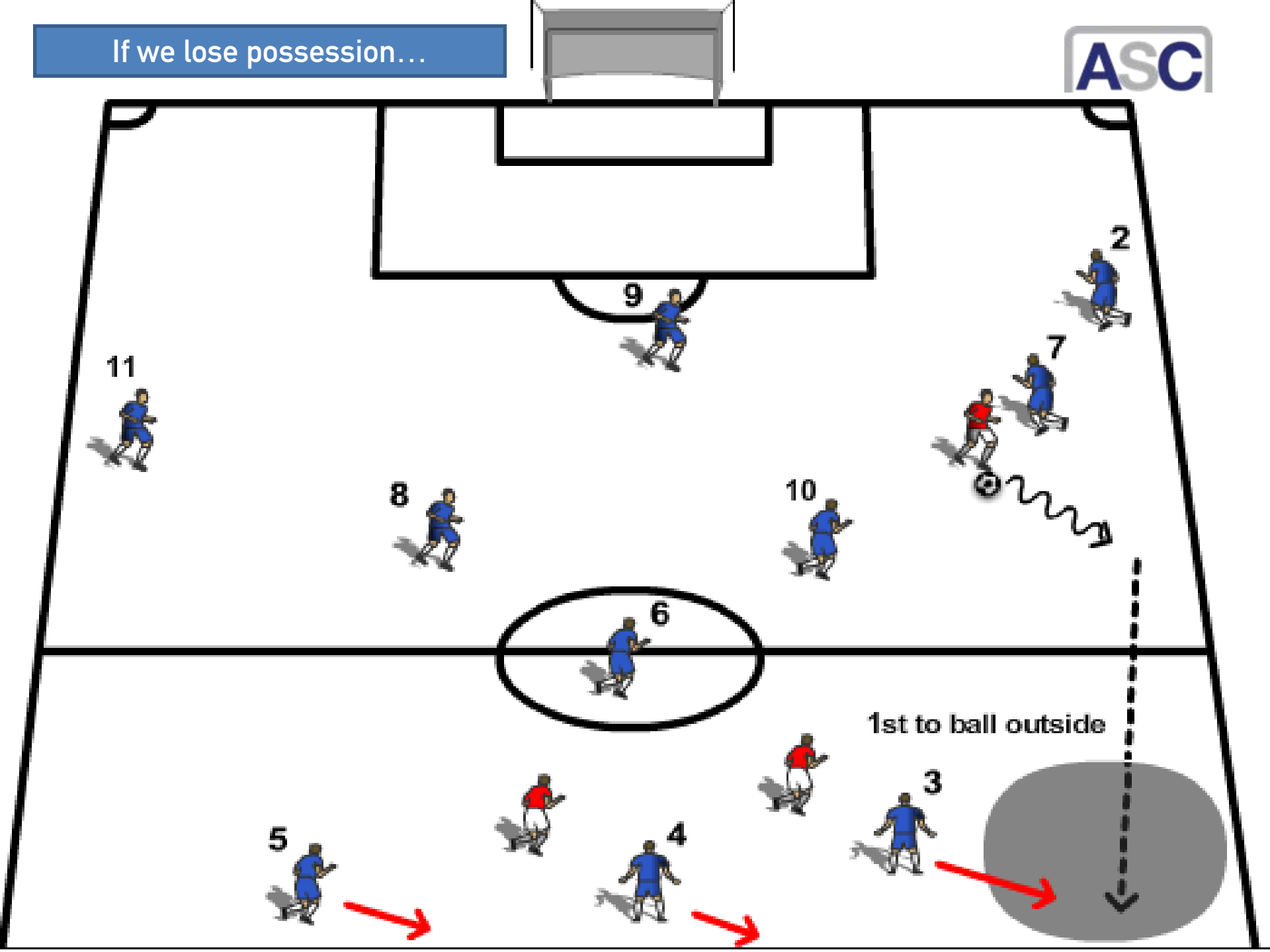


Defend Channel Side

ASC

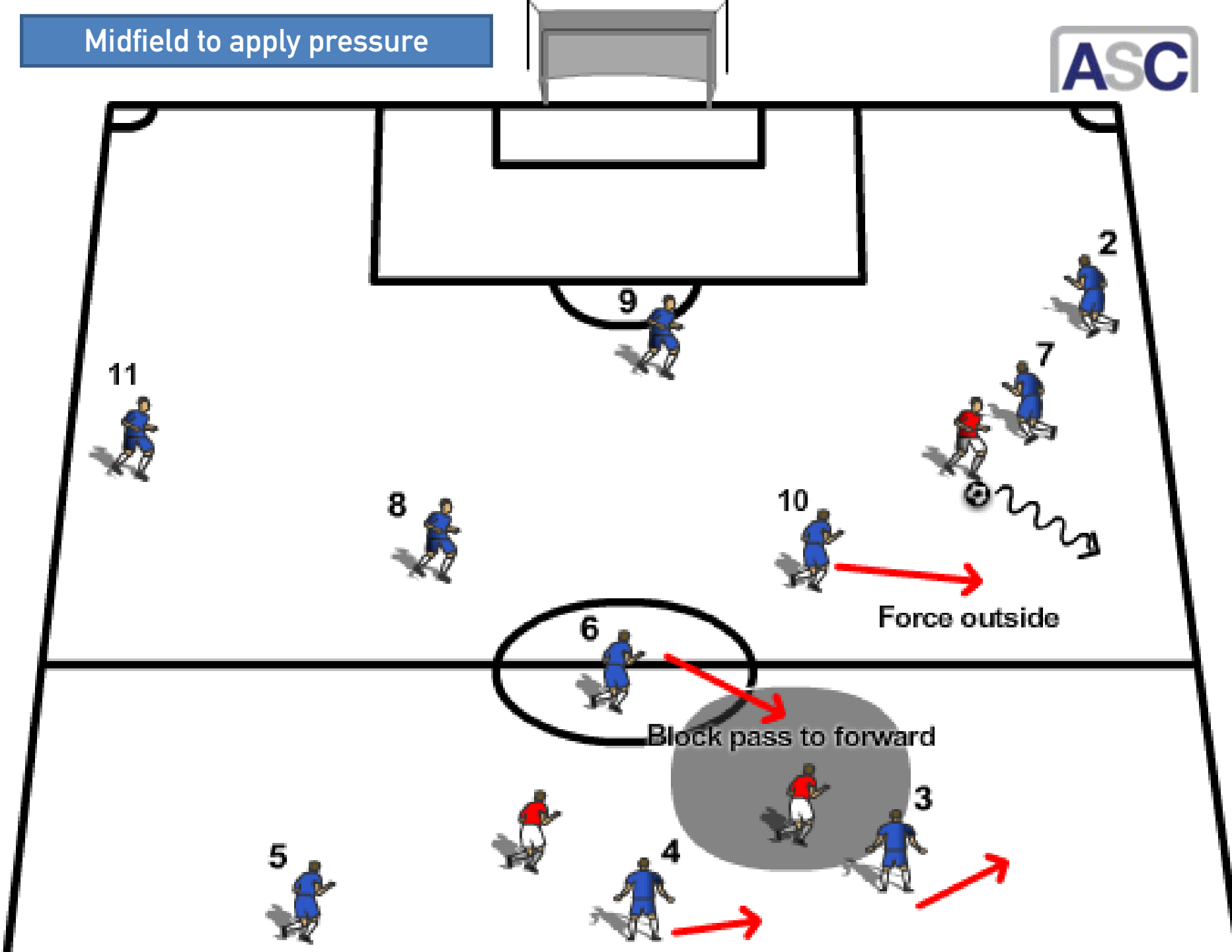


If we lose possession...

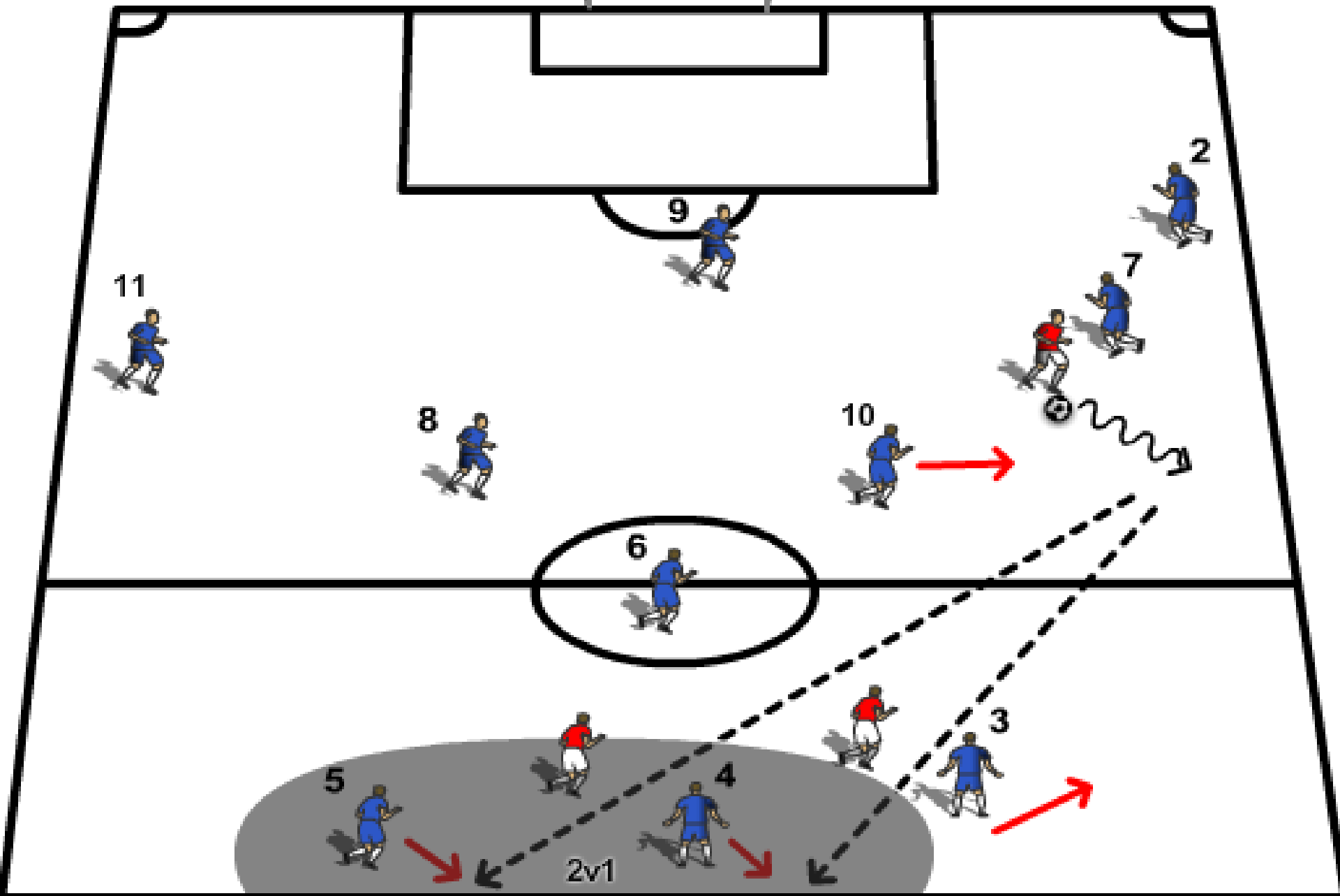


Midfield to apply pressure

ASC



Diagonal pass behind the defence

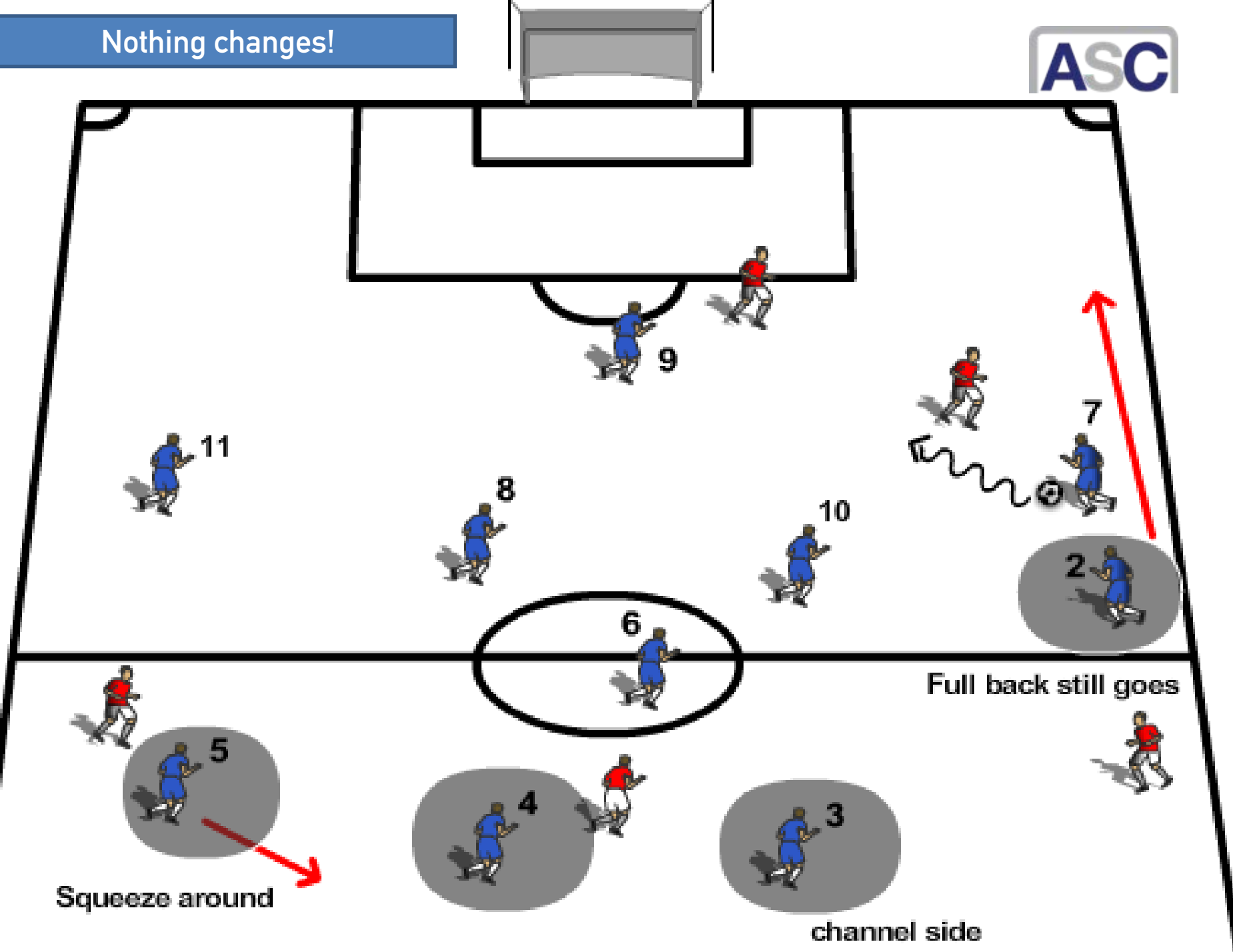




What happens when they play with three forwards ?

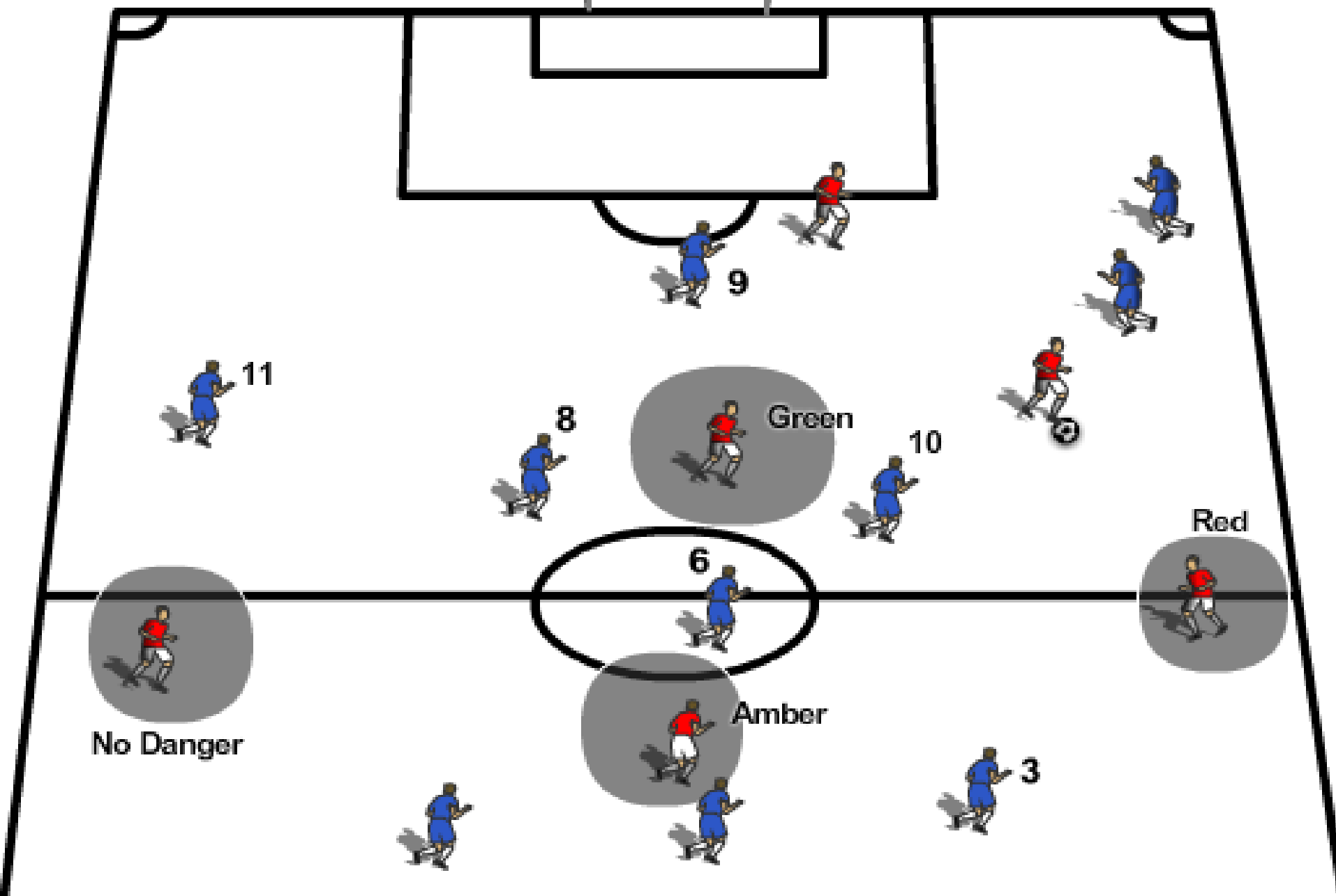
Nothing changes!

ASC

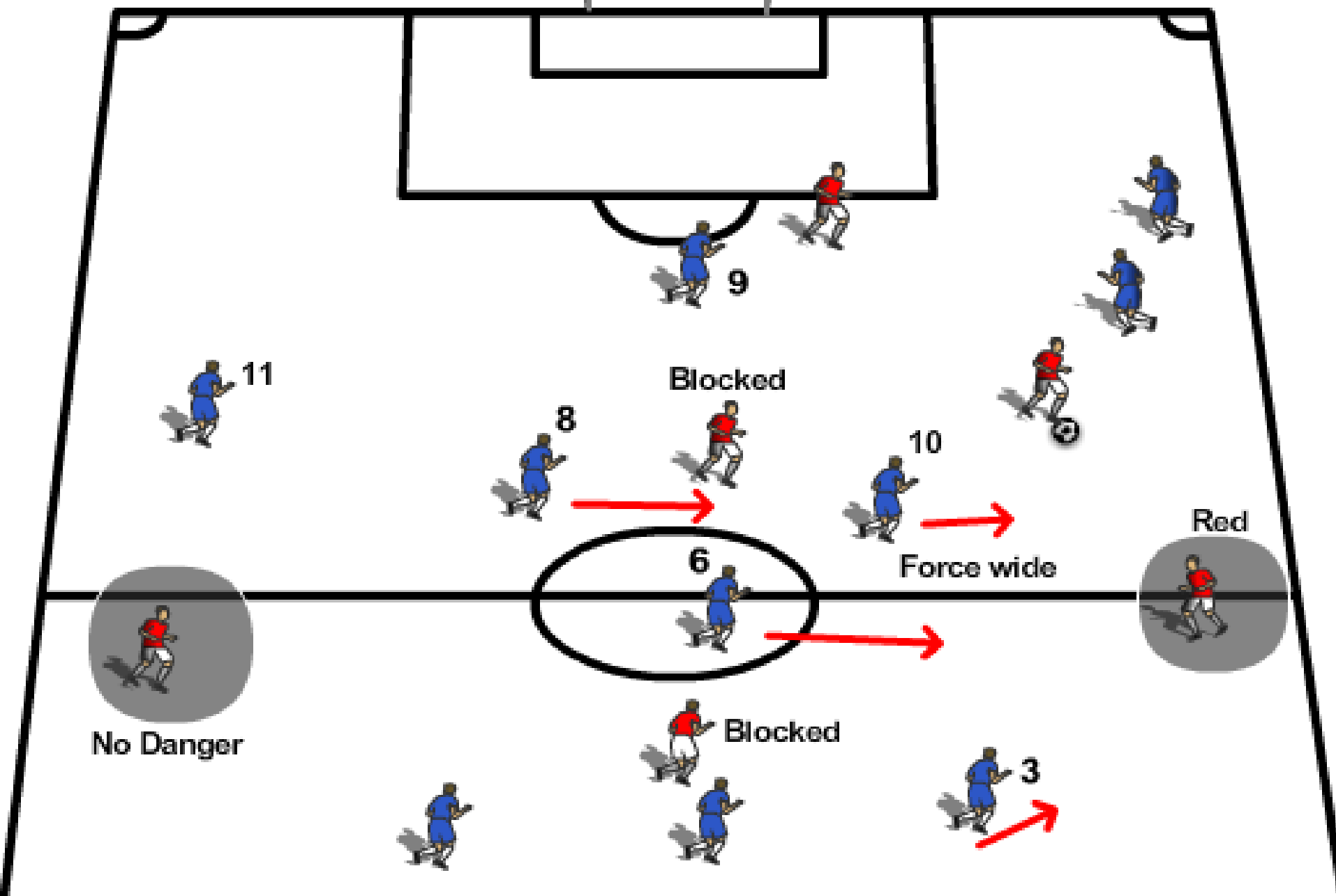


Traffic Light the problem-
Red = Danger!!

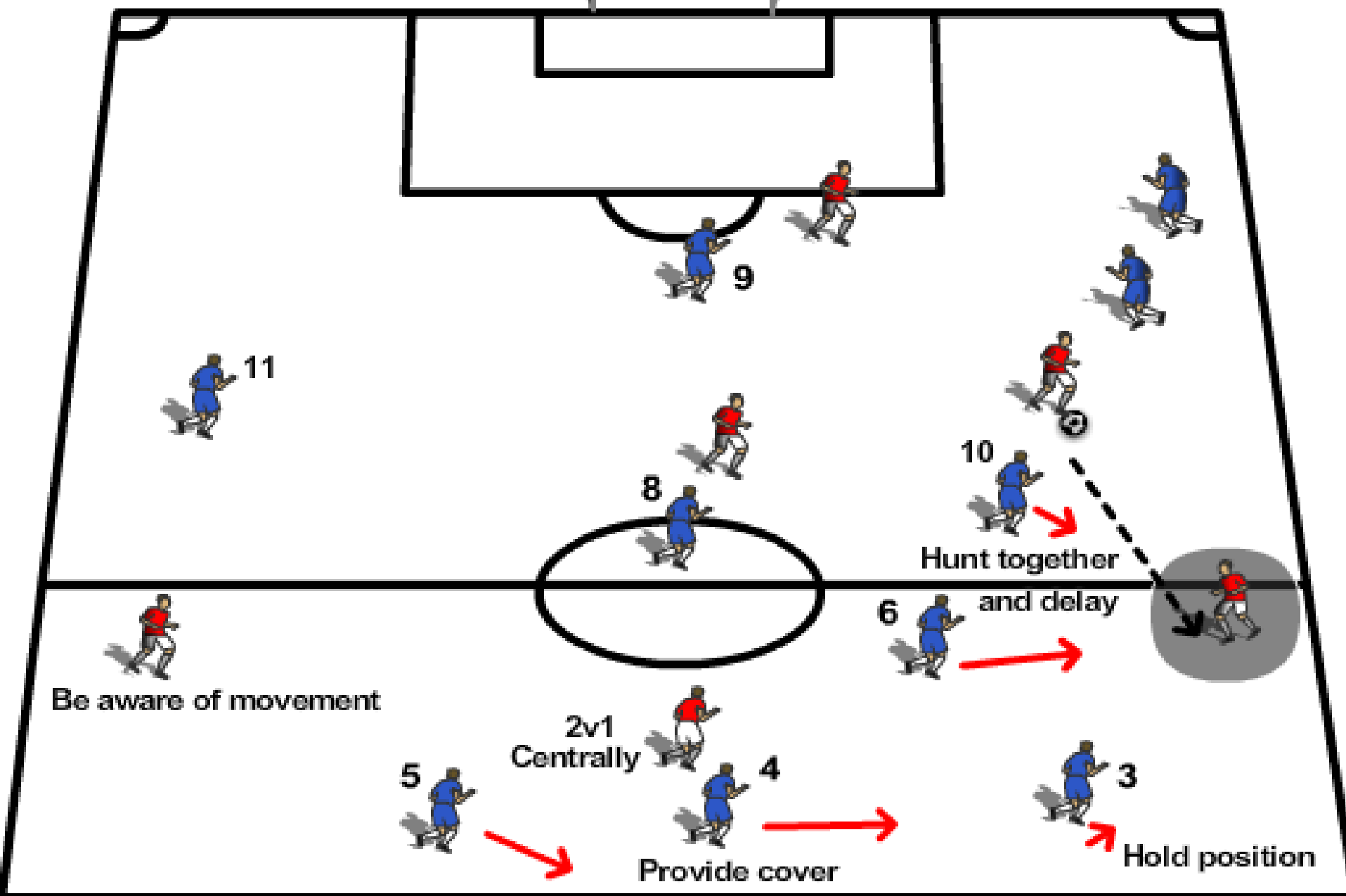
ASC



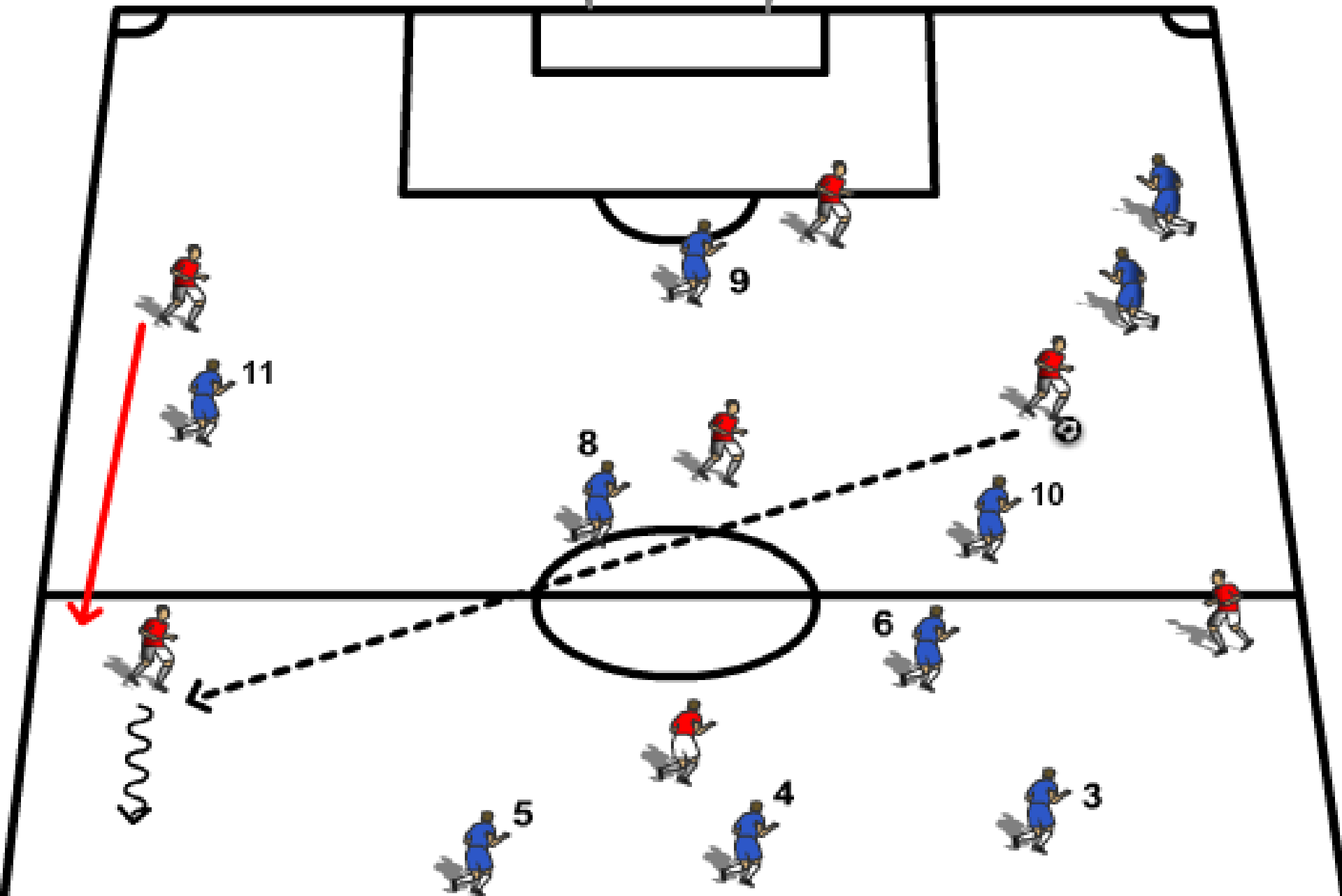
Midfield press and force play wide



Isolate player in possession



At all costs, avoid a switch of play!





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