

Respect

We all have a responsibility to promote high standards of behaviour in the game. This club is supporting The FA's Respect programme to ensure football can be enjoyed in a safe, positive environment.

Remember, children's football is a time for them to develop their technical, physical, tactical and social skills. Winning is not everything. We ask all our managers, coaches, players, committee members, volunteers and spectators to:

- Always respect the match officials' decisions
- Encourage the players to respect the opposition, referee and match officials
- Avoid criticising a player for making a mistake – mistakes are part of learning
- Never engage in, or tolerate, offensive, insulting, or abusive language or behaviour.

Coaching Philosophy

The aim of Frinton & Walton Youth Football Club is to provide safe, supervised and high-quality football coaching and activities for children and teenagers in the Frinton and Walton area.

We aim to help to develop all players not only as footballers, but also as young citizens within the Frinton and Walton community. This will be achieved by improving both their football abilities and their life, personal and social skills.

All players will be given the opportunity to improve these skills through education, friendships, teamwork and football. The objectives of Frinton & Walton Youth Football Club are to:

- Provide a high-quality football experience in a safe and friendly environment that puts child welfare and protection paramount
- Maintain a management structure that ensures the club is well-run, sustainable and fulfils its objectives and policies
- Make football enjoyable for our players, while encouraging the development of their skills and proficiency in football through a structured and progressive coaching programme
- Teach the concepts of teamwork, commitment, accountability, sportsmanship, loyalty, honesty and pride
- Ensure good time keeping; preparation before football matches and before weekly training sessions.
- Stimulate community interest and participation in football and in the football club
- Accomplish this without adult ambition for personal glory and without a "winning at all costs" ethos.

Specialist age-appropriate coaches, with the knowledge and skills to work effectively with specific age-groups, are central to our coaching philosophy.

Effective youth coaches possess the skill to make the game relevant, appropriate and enjoyable to the players in their care. This can be a complex process, requiring appropriate technical knowledge and an appreciation of the affect that age, stage and level of development have on a young player.

Refraining from imposing unrealistic expectations and methods more suited to older and more talented players accompanies this approach. In short: coaches should work to understand individual players: the areas in which they require support and the best methods for helping them develop and learn.

It is understandable then, that coaches of senior football, where results are one indicator of coach effectiveness, may adopt different methods than a youth coach who works with a development focus. As such, Frinton & Walton Youth FC does not promote any one prescriptive method for coaching the game.

Coaching approaches depend on a whole host of variables, all of which require different responses. The intricacies of adapting method and approach according to circumstance and situation are integral to Frinton & Walton Youth FC coaching philosophy. Flexibility and adaptability are crucial skills for effective coaches of young players.