



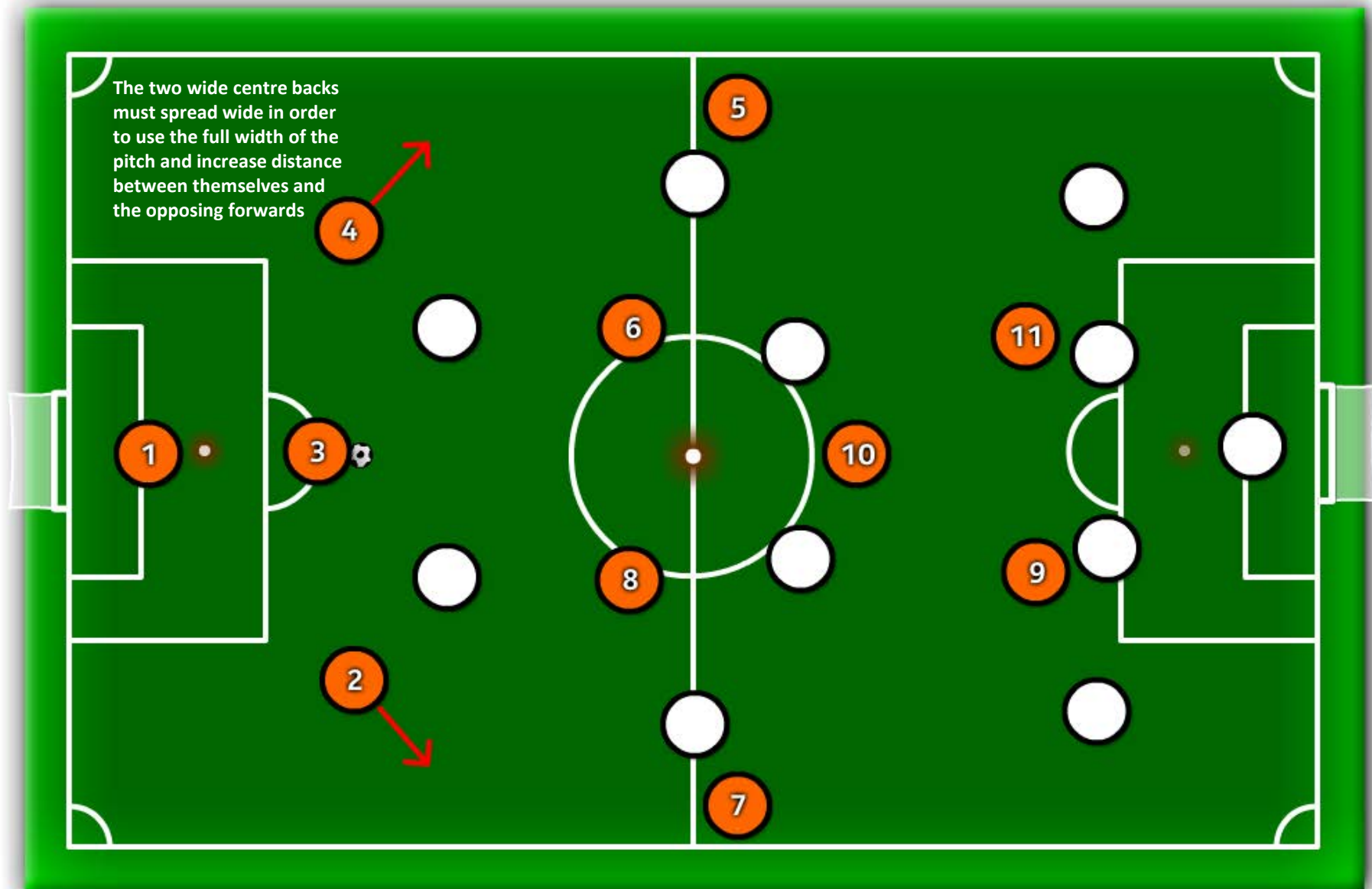
PLAYING THE

GK-3-5-2 FORMATION

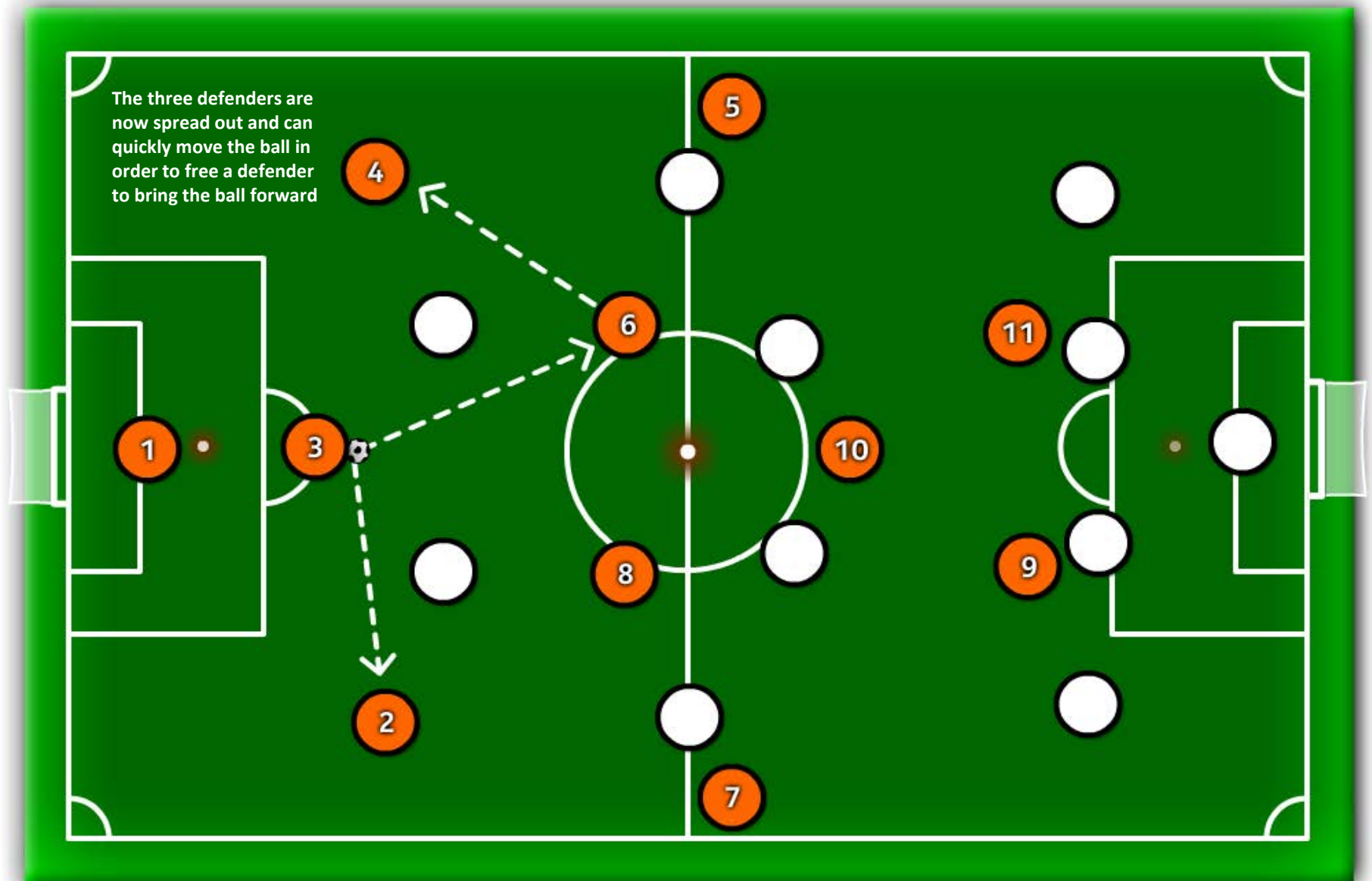
COACHING THE GK-3-5-2

1. The two outside centre backs should expand in possession
2. The centre backs should use their extra man to play out of defence
3. The wing backs should go high to push the opponents back
4. The wing backs should stay wide to open passes to the forwards
5. The central defender can also step in front of the defence as a “playmaker”
6. The two centre midfielders must rotate who attacks and who stays to defend
7. Playing into the forwards to flick on or hold up can be very effective
8. The number 10 can rotate with the two forwards to disrupt the defence
9. When defending, the two wing backs can drop back to make a back five.
10. The central defender can drop back as a sweeper with the other two marking
11. The forwards can force play inside or outside to make play predictable

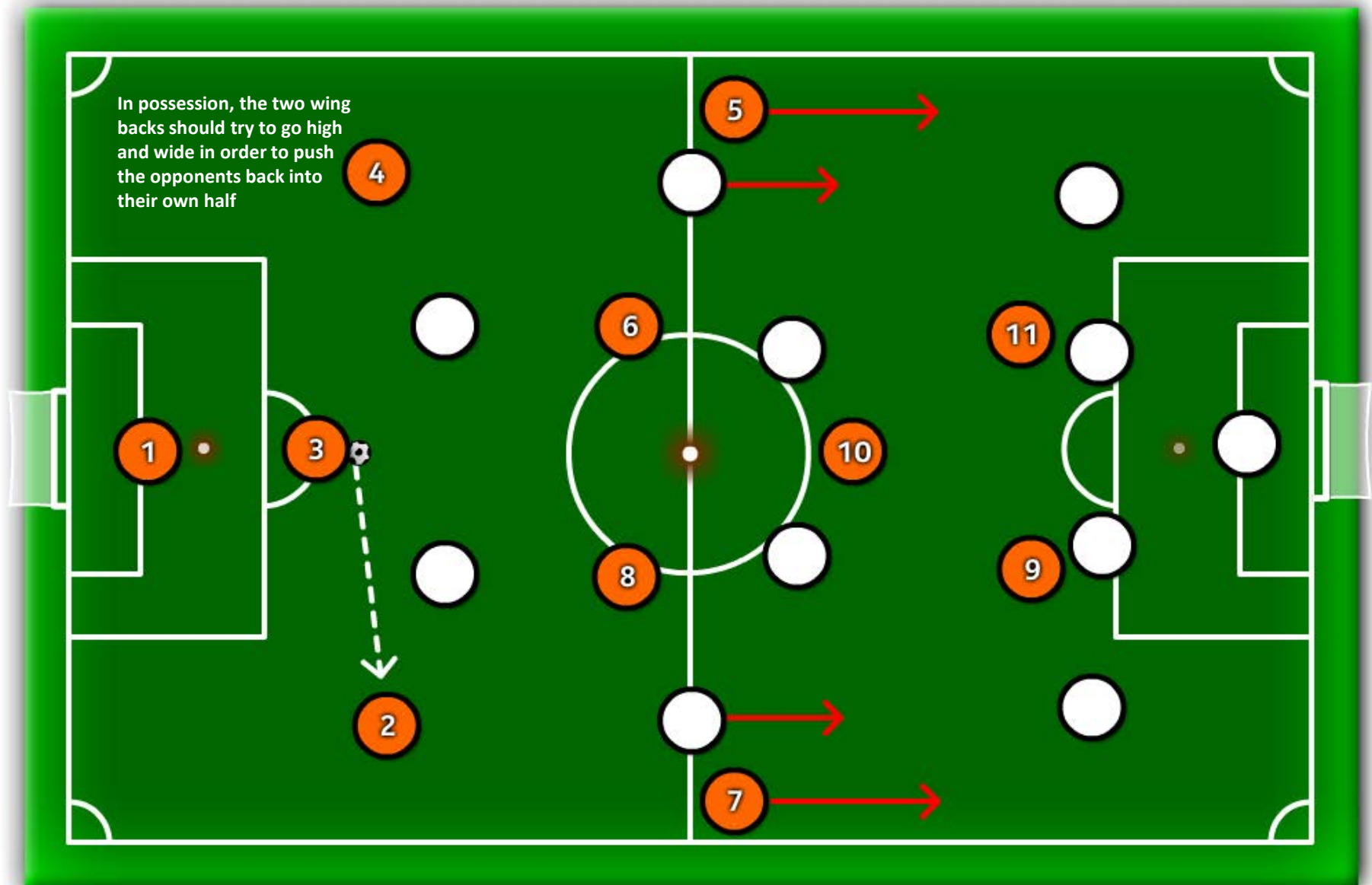
The two outside centre back expand with in possession



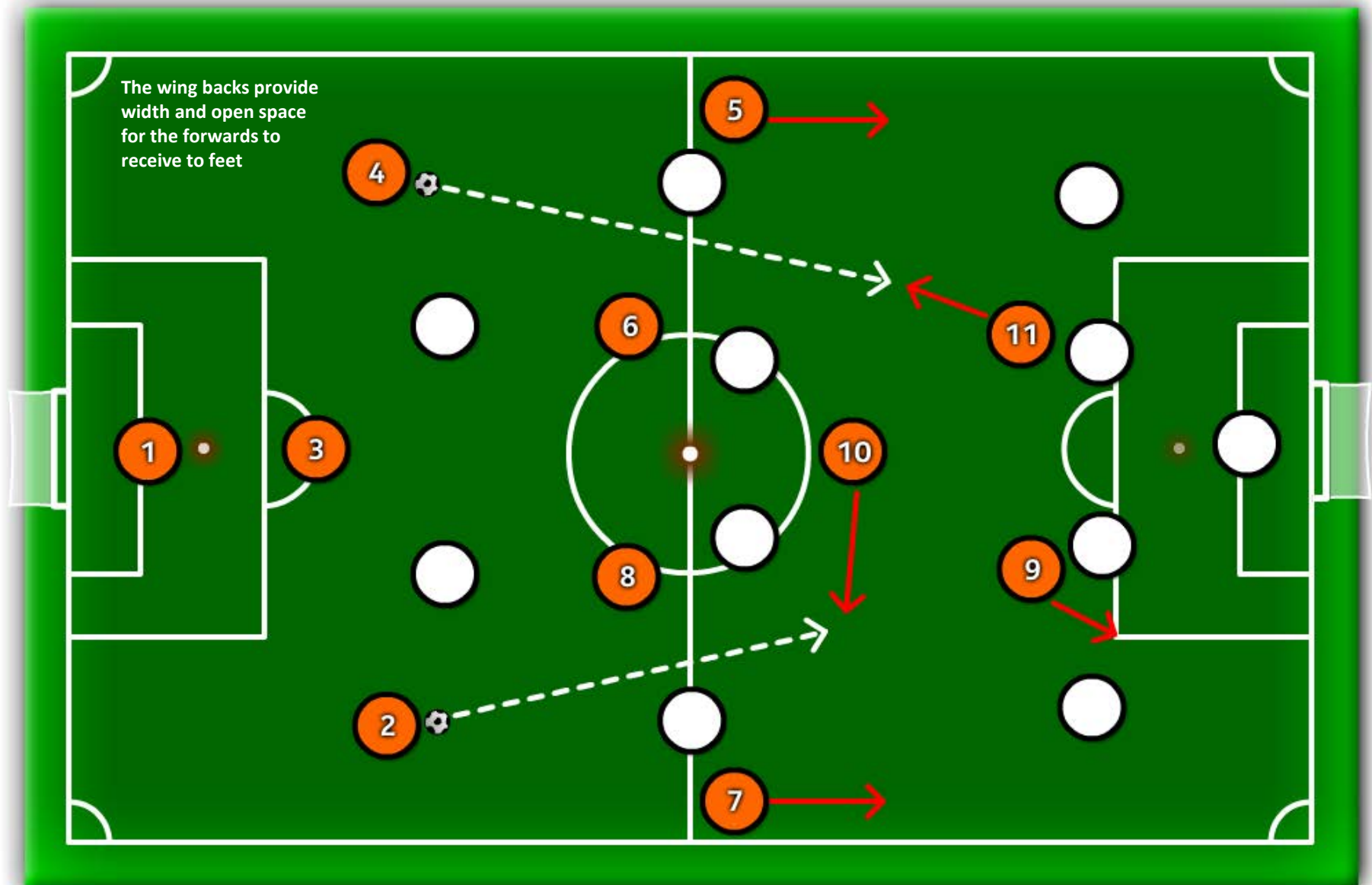
The centre backs should use the extra man to play out of defence



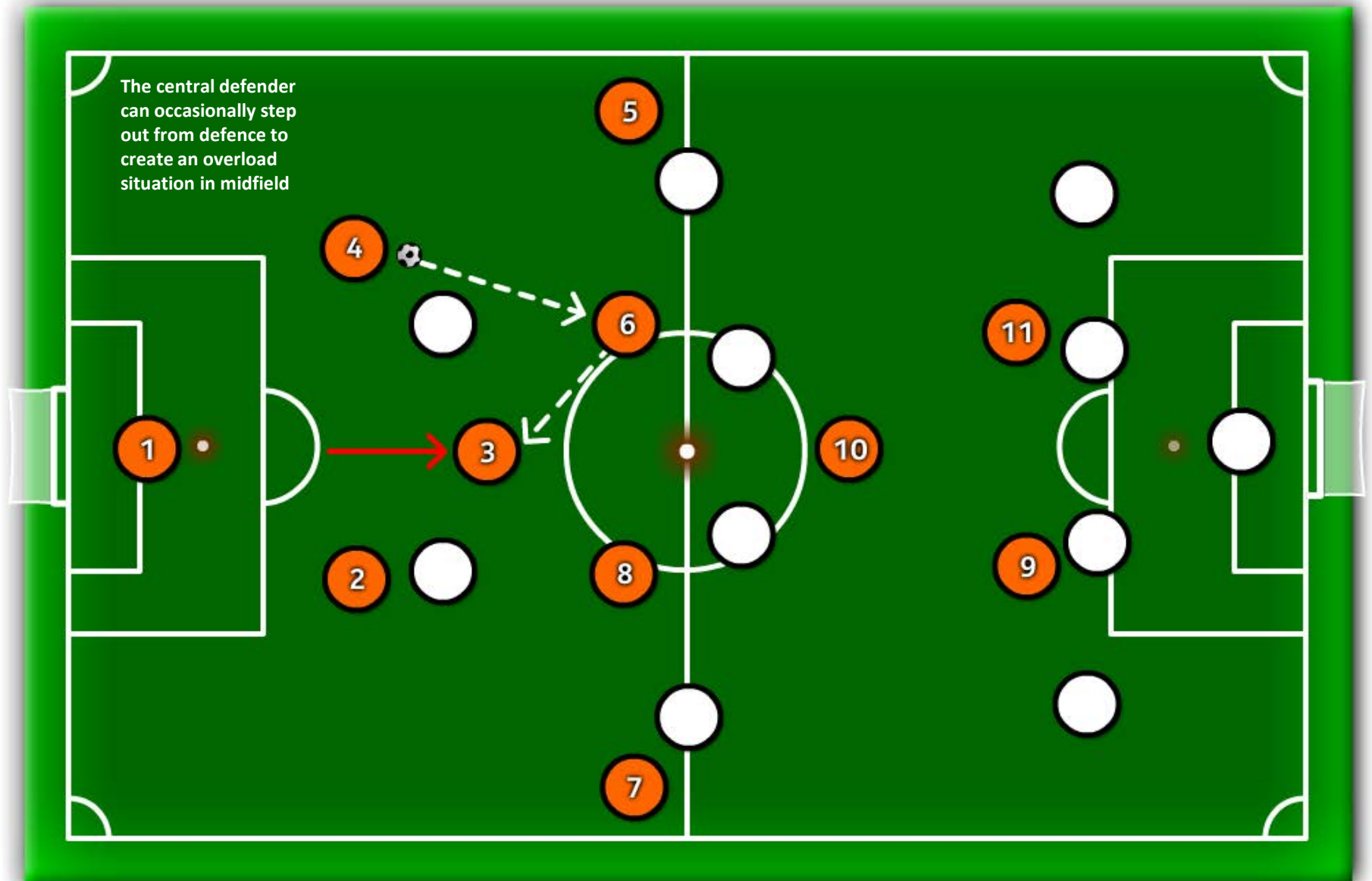
The wingbacks should go high and wide in order to push the opponent's back



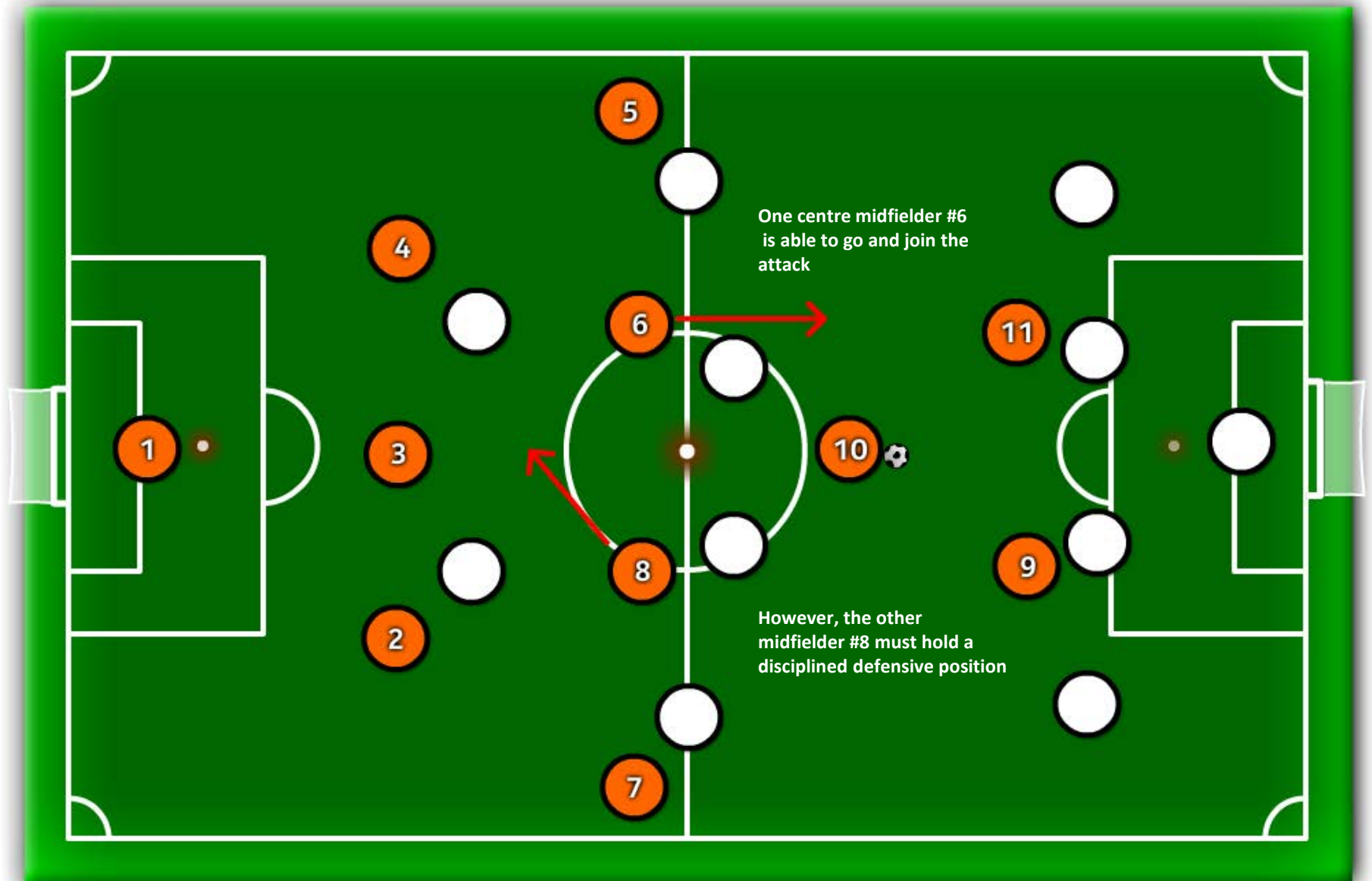
The wingbacks should stay wide to open passing lanes for the forwards



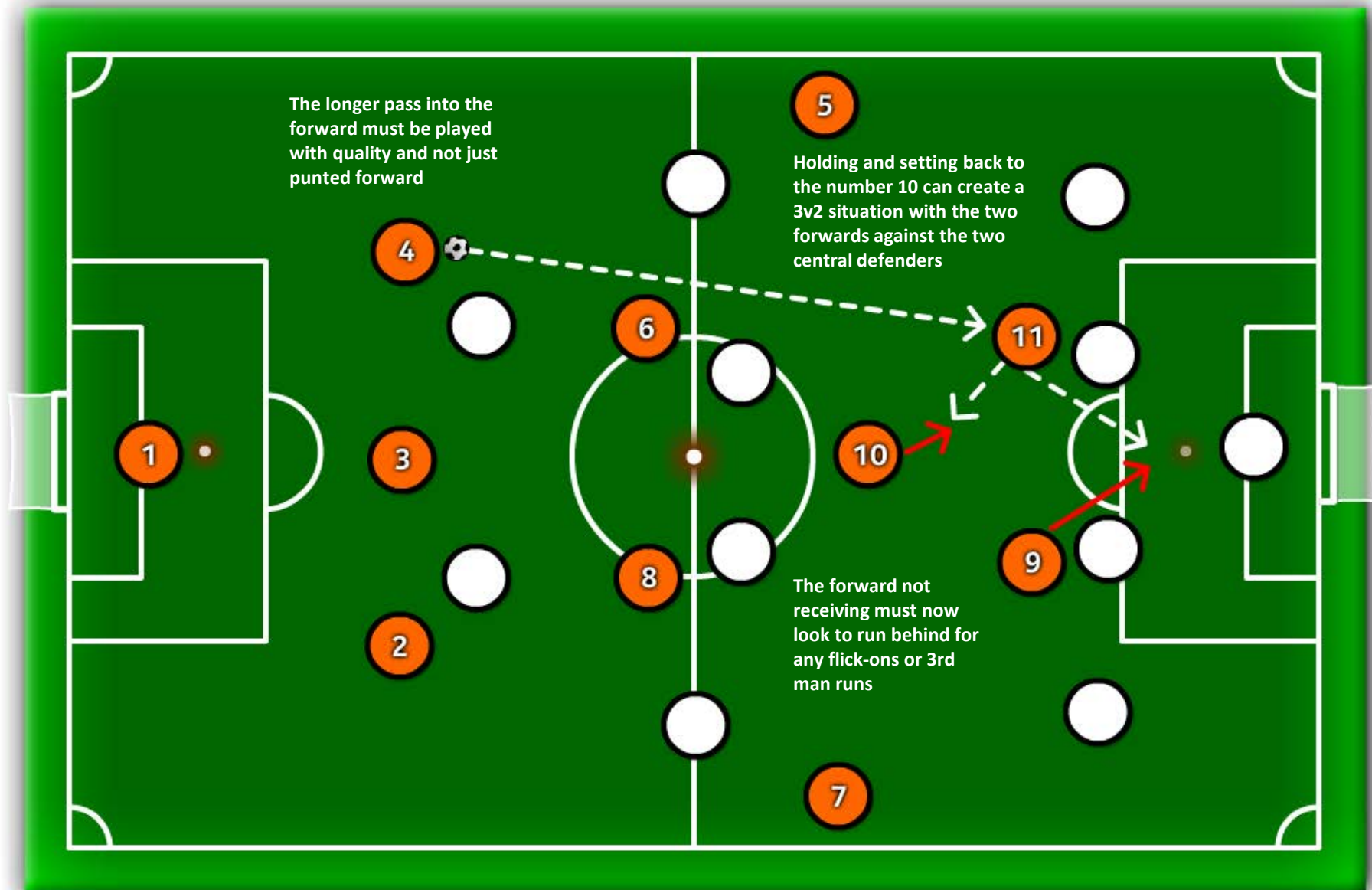
The central defender can also step in front of the defence as a “playmaker”



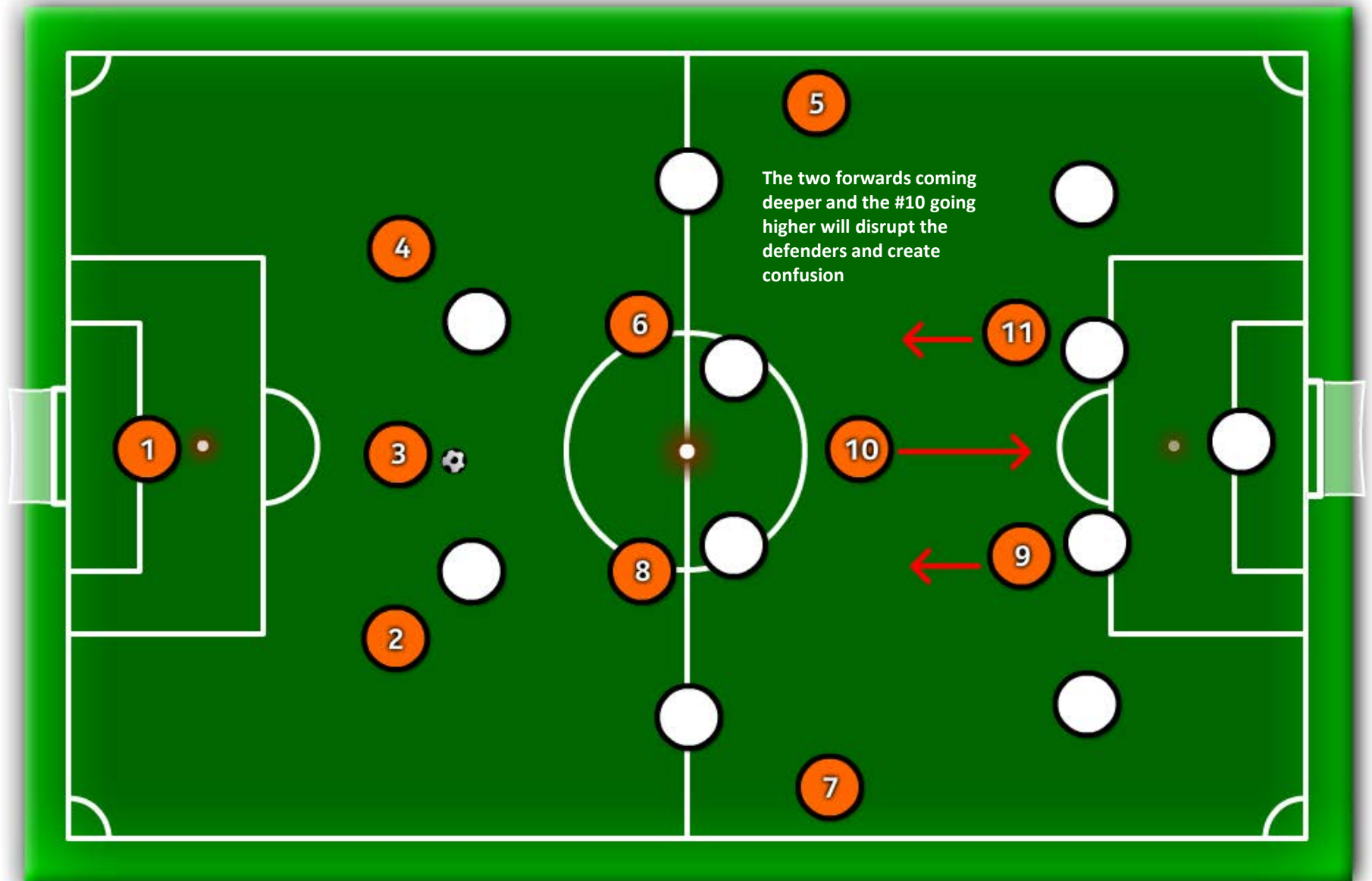
The two centre midfielders must rotate who attacks and who stays to defend



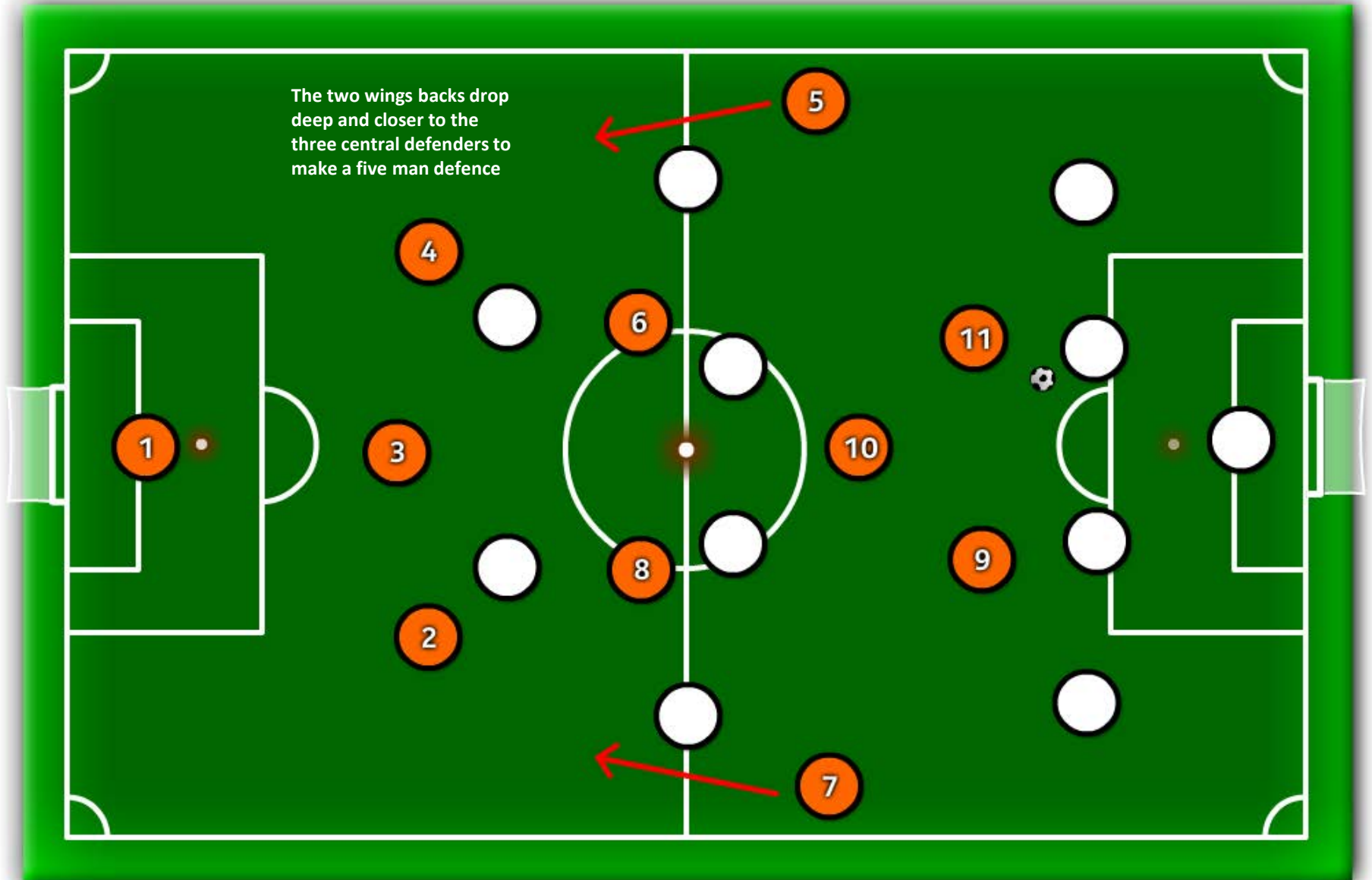
Playing into the forwards to flick on or hold up can be very effective



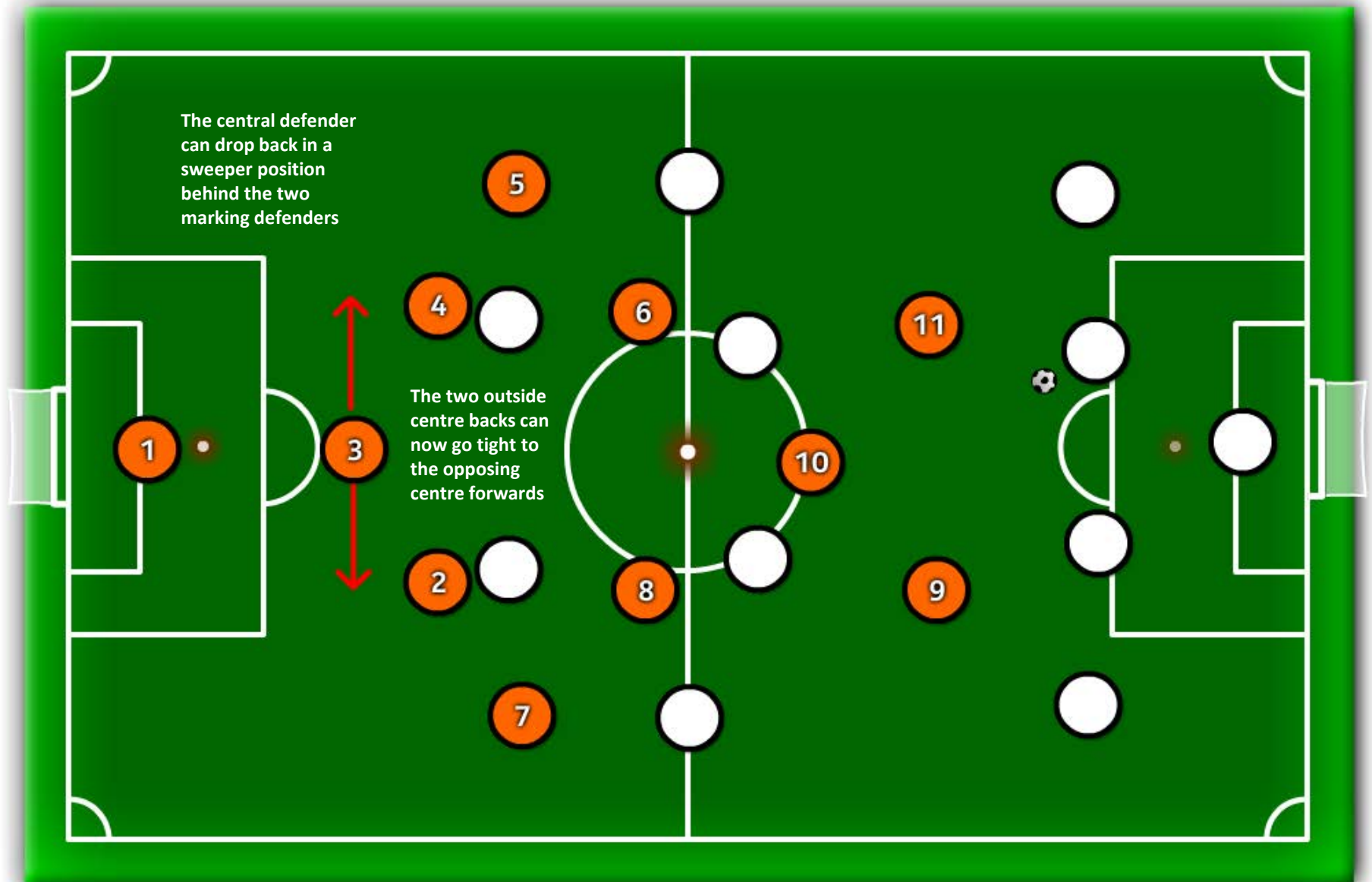
The number 10 can rotate with the two forwards to disrupt the defence



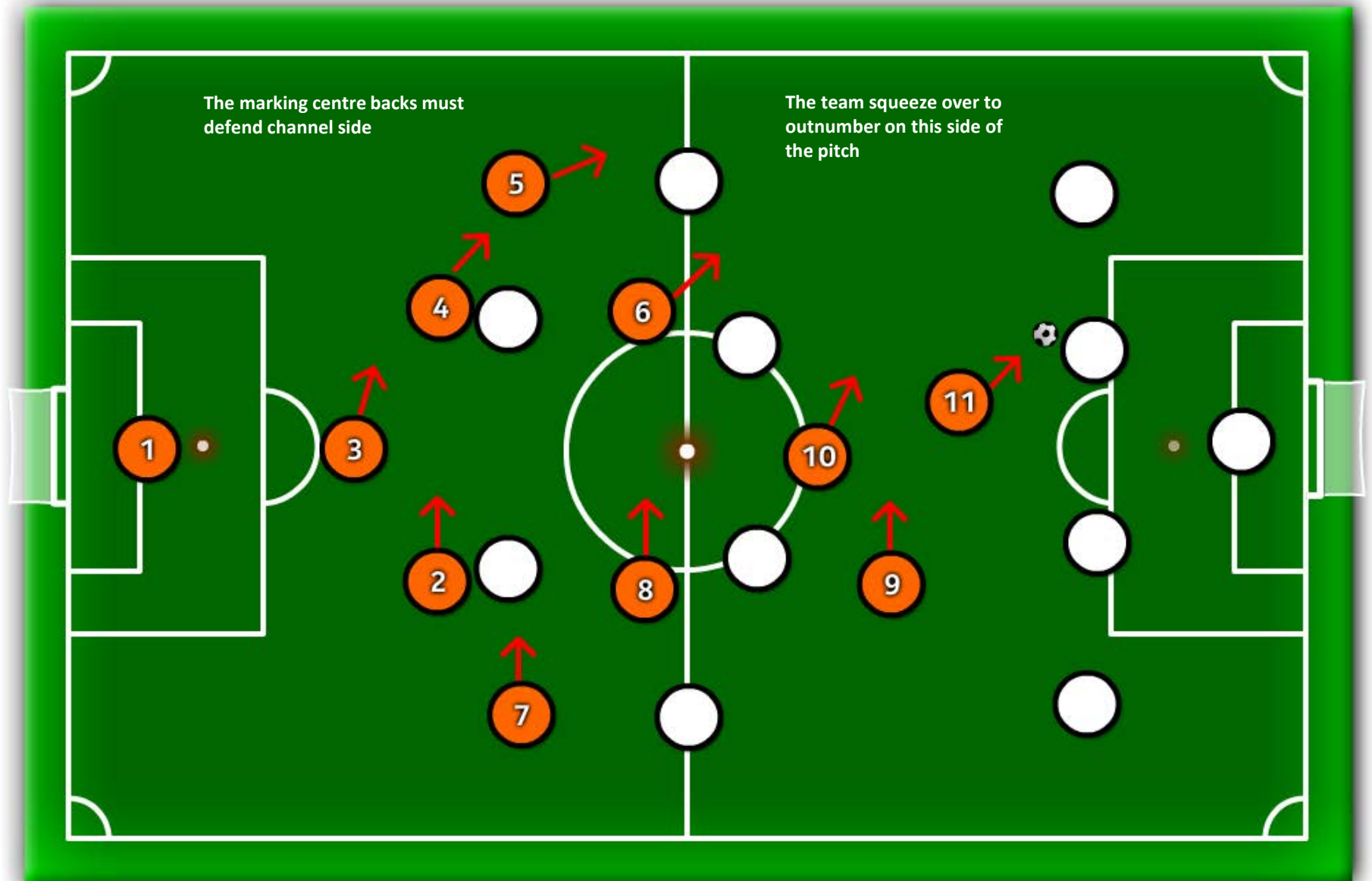
When defending, the two wing backs can drop back to make a back five



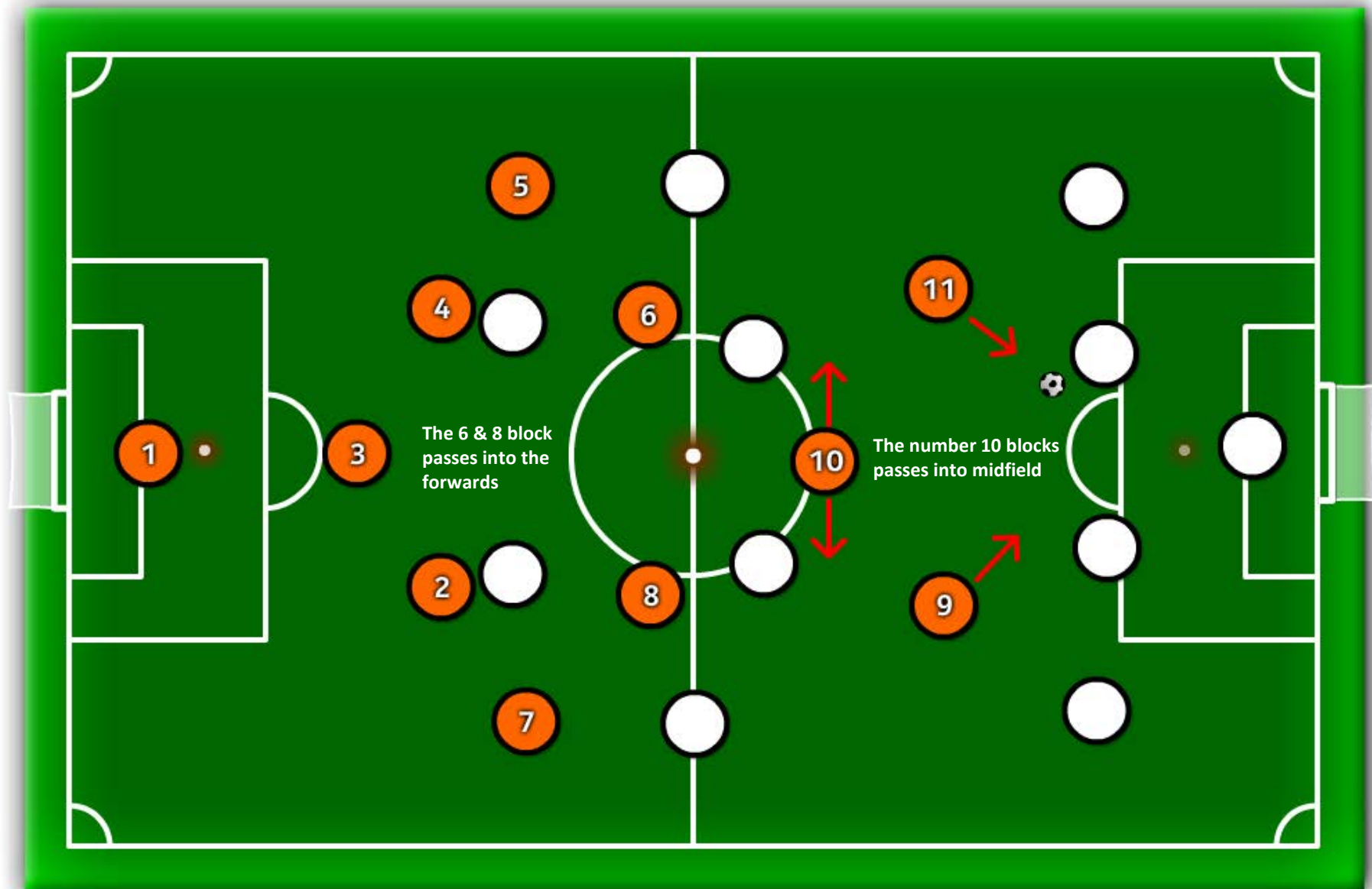
The central defender can drop back as a sweeper with the other two marking



The forwards start narrow and force the opponents down the line



The forwards start outside and force the defenders down the middle



FORMATION OVERVIEW

GK-3-5-2



STRENGTHS

- Three solid centre backs
- Lots of players in midfield
- Two natural centre forwards

CONCERNS

- Centre backs can be pulled into wide areas to defend 1v1
- High work rate for the two wing backs

ROTATING THE SHAPE

- The number 10 can push forward and the 9 & 11 wide to make a GK-3-4-3 formation

GK-4-4-2 Diamond

- The number 7 & 5 can drop back into defence and the number 3 can step forward in front of the defence to make a 442 diamond formation

GK-5-3-2

- Both the 7 & 5 drop back to make a defensive GK-5-3-2 formation
- The above rotations should happen naturally in the game due to player movement



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