

## Combination Plays to help individual and team movement



## Pure Soccer Combination Plays

## PureSoccer Introduction

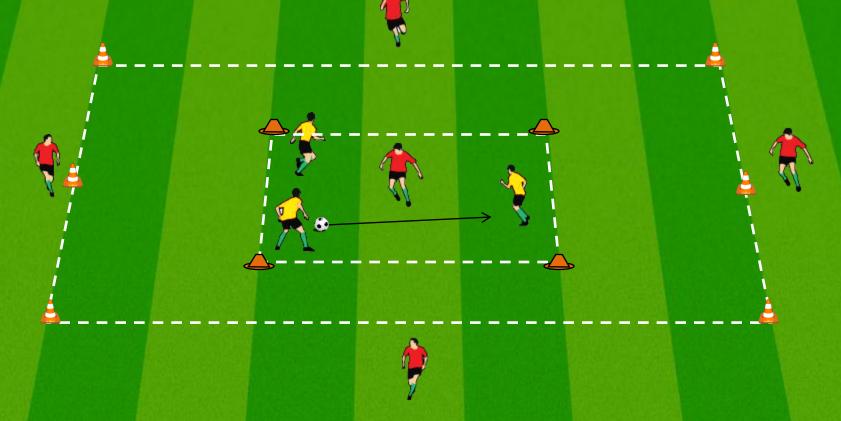
The worlds best teams play safe combinations in even the most difficult game situations. Multi player combinations are now the rule for attack building and constructive intelligent play at the back is more important than ever. The stars of today have to master the combination plays in order for improvement in their game. PureSoccer hope that you will get enjoyment from these easy to understand training sessions and you can transfer the sessions to your club coaching. Each session can easily be adapted by increasing the size of the pitch/grids or by increasing the number of players. Combination play sessions will hopefully increase your individual player and team movement on/ off the ball with quick, accurate ball circulation in order to open up opposition defences. PureSoccer believes that coaches need to focus more on combination plays in the training environment and encourage young players to express themselves at every opportunity.





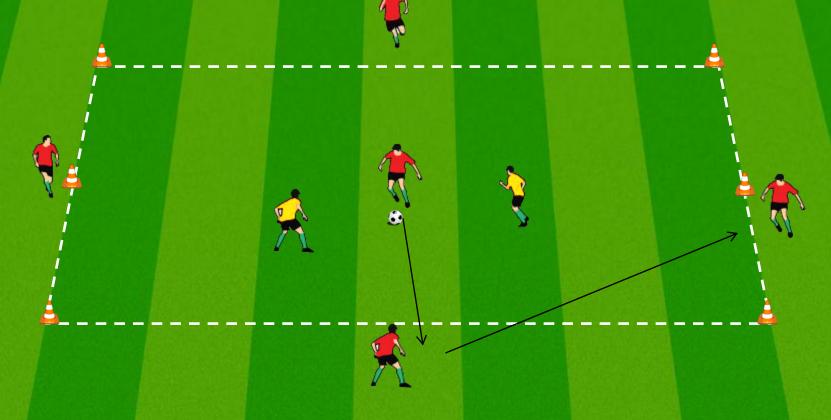
5 v. 5 + 5: Possession Transition Principle



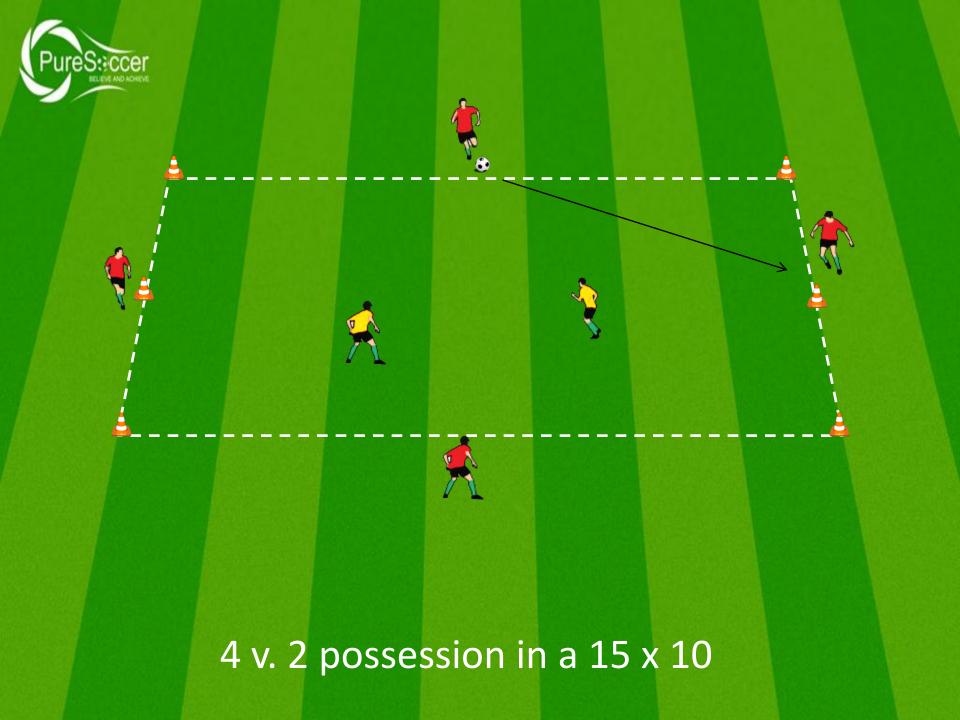


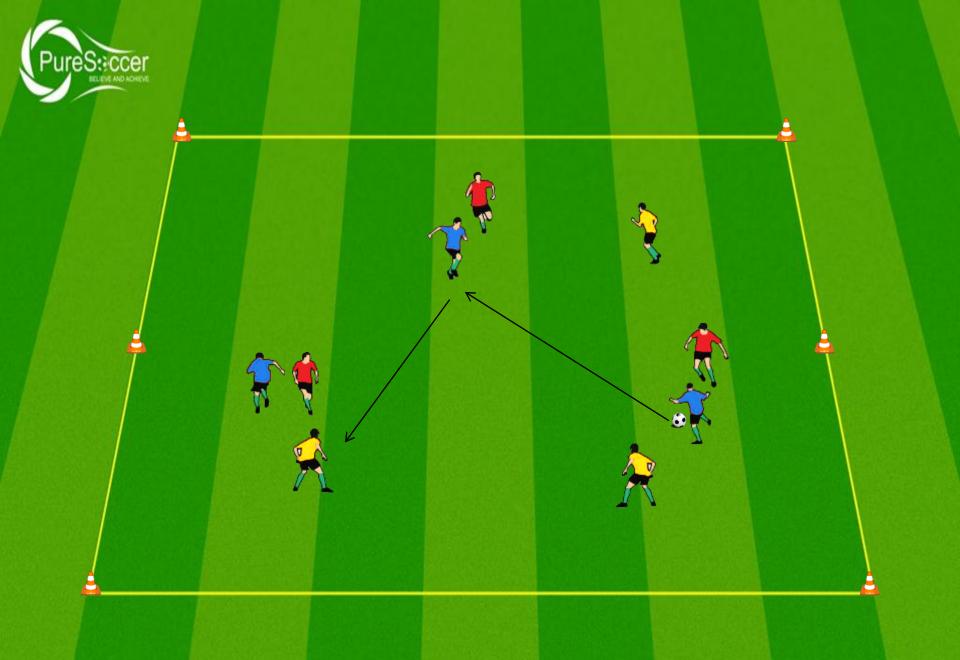
3 v. 1 to 5 v. 3 Possession in a 20 x 15



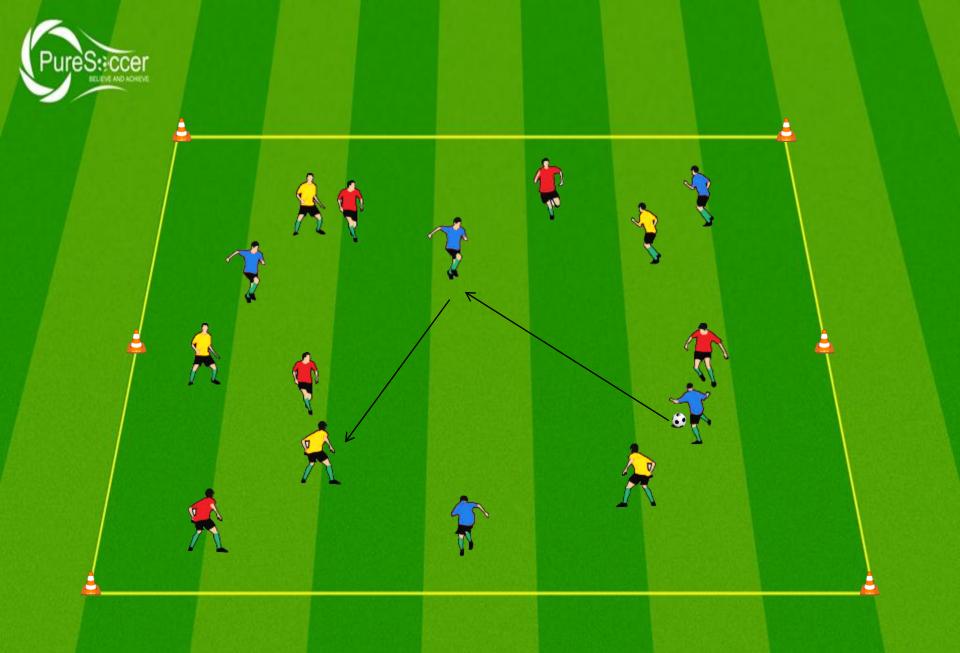


4 v. 2 + 1 possession in a 15 x 10





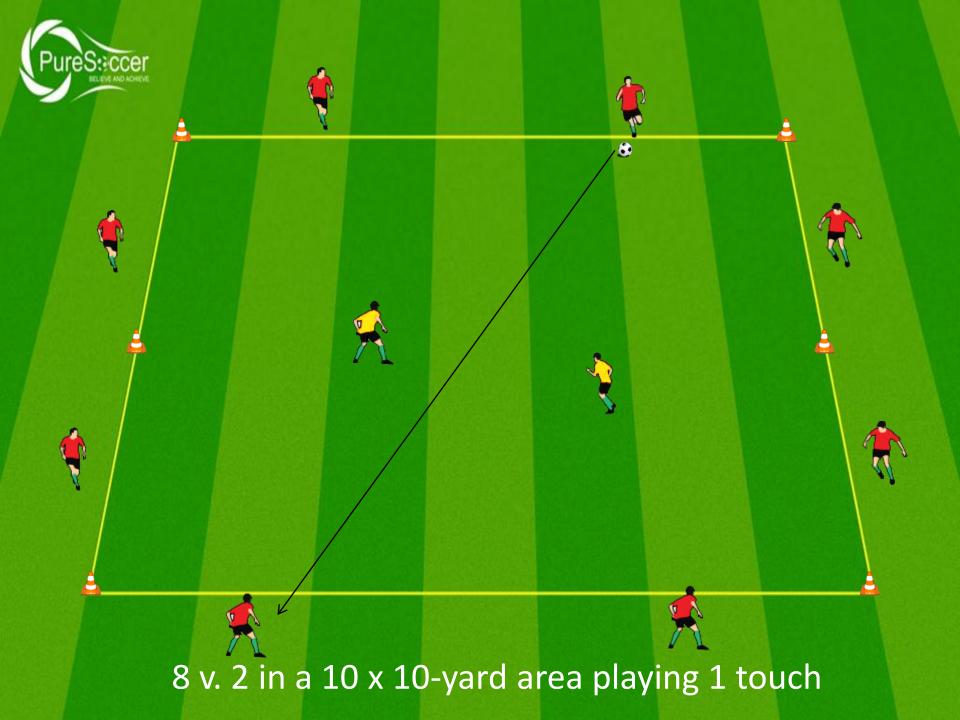
3 + 3 (6) v. 3 with constant transition in a 30 x 25 yard area



5 + 5 (10) v. 5 with constant transition in a 40 x 30 yard area













 $\P$ attack goal – A defend 1<sup>st</sup> and then run over end zone



4 v. 2 + 2 in two teams in a 30 x 20 yard area



6 v.2 Combination play from wing to wing





Tactical/ Technical: Crossing & Defending Principal





4 v. 2 in a 15 x 10 yard area playing with 1 goal with keeper





Tactical/ Technical: 6 v.6 + GK game





4 v 4 + 2 with keeper in a 30 x 25 yard area





3 v 2 with 2 GK





4 v 3 with 2 goalkeepers



Attacking & Defending Transition - Principles & Sub Principles



6 v 5 with 2 GK



7 v 7 with 2 GK Building up



Breakout game 8 v 8 + GK



7 + GK vs. 5 in 3 zones of 25 yards x 50 yards width



**Transition Turnover Game** 



**Crossing & Finishing** 





4 v 4 in middle with 2 v2 in each box (40 x 25 area)





4 v 4 with 2 end line target players (40 x 25 area)