



Diagrams created using Soccer Tutor.com Tactics Manager

Set Up: There are 17 players set up in the defending third, playing 4 v 3 with three additional defenders stationed on the end line.

Procedure: The Feeder begins play with a long pass towards the corner. The attackers control the ball and look to work it back up the field, scoring in one of the three small goals set up in the midfield. If the defenders win the ball, or if the attackers miss the small goal, three additional defenders come onto the field and attack the goal 6 v 4. Upon completion, the Feeder re-starts play with the next set of attackers and defenders.

Teaching Topics:

- 1 Passing angles.
- 2 Support play.
- 3 Back passes.

Progressions:

- 1 Progress to 6 v 4, and then 7 v 5.

Coaching Points:

- 1 The outside back should get wide and deep in order to take his first touch up the field.
- 2 The two center backs should not be square to one another. One should get forward.
- 3 Play the ball back to the goalkeeper as early as possible to give him more time.