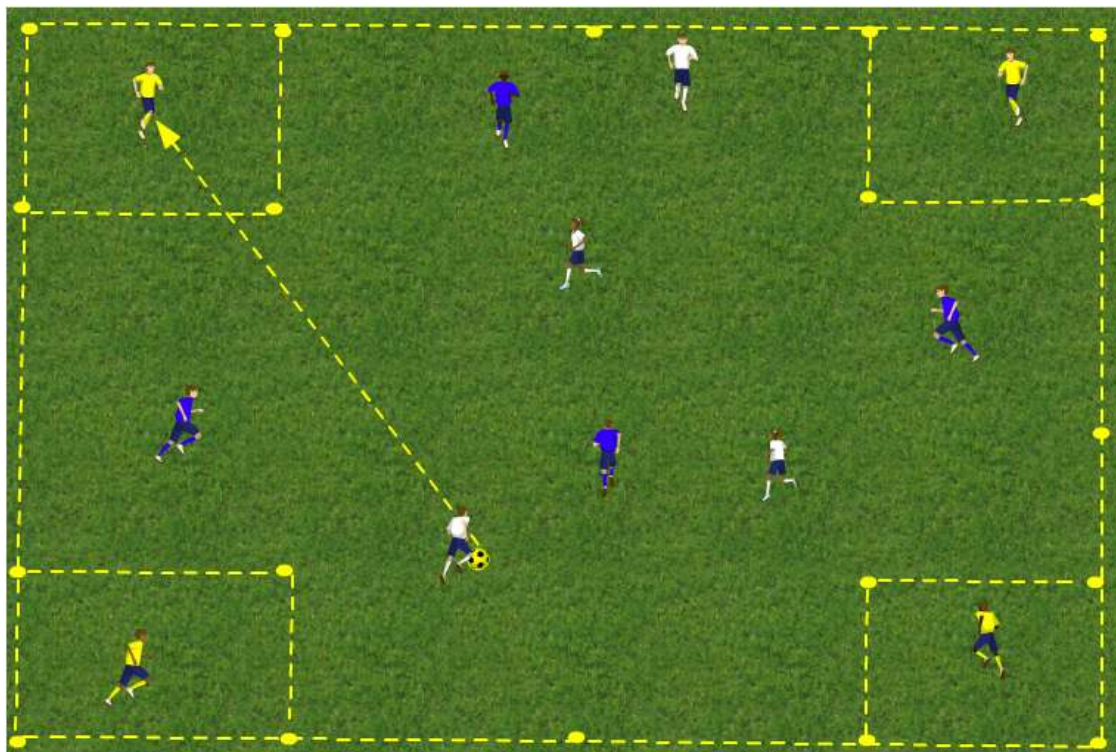


A GAME TO IMPROVE TURNING WITH THE BALL

The following game has been designed using www.grassrootscoaching.com Coaches Chalkboard.



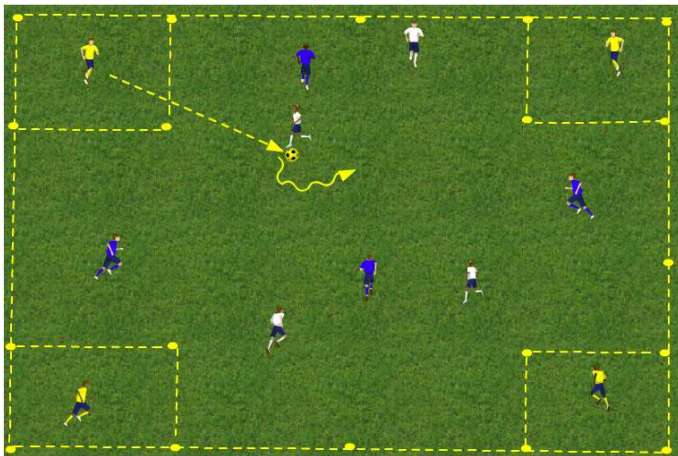
ORGANISATION

Mark out a 30 x 30 area and make the four corners 10 x 10 areas – area can be adjusted to suit age and ability. Play 4 v 4 in the middle area and position four players in each of the four corners. Players in the four corners are not allowed out of their areas and players in the middle are not allowed into any of the four corner areas. The four corner players play with the team in possession. Objective of the game is for the team in possession to use the four corner players to keep possession and switch play to one of the four corner players as often as possible.

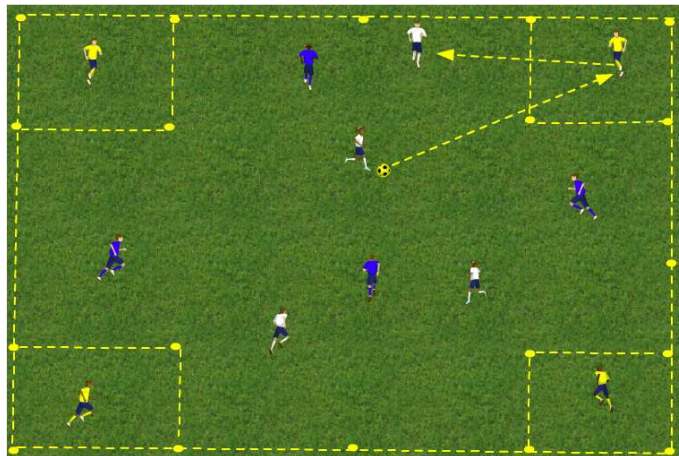
KEY TECHNICAL ASPECTS

Team in possession to pass, move and keep the ball *Use the spare four corner players to keep possession *Recognition of where the space / defenders are to control and turn
*Communication - verbal and non verbal *Decisions on different turning techniques
Accurate, timed passing

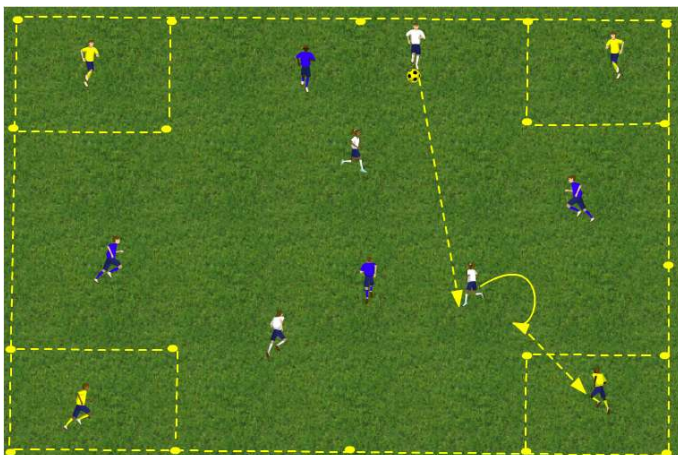
Progression # 1 – Find space, to receive from spare corner player and turn



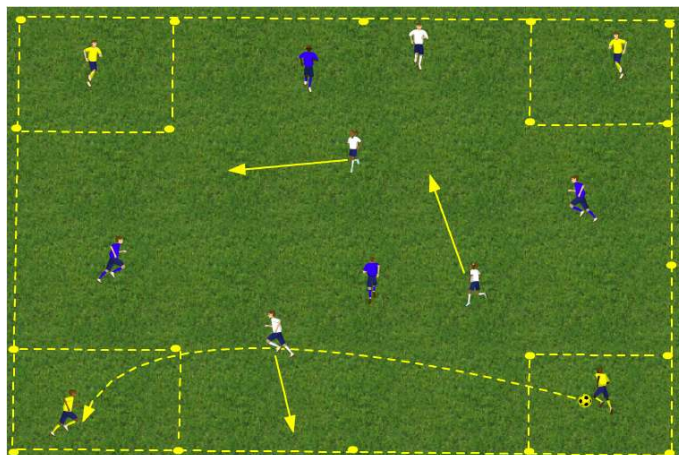
Progression # 2 – Pass to corner player, create space, receive and turn



Progression # 3 – Keep possession. Provide good support for the player on the ball



Progression # 4 – Progress to corner players being able to pass to one another



PROGRESSIONS

Condition corner players to one or two touches *Condition game so that the ball cannot be passed back to a corner it has just come from *Allow corner players to pass to each other, creating different support and turning opportunities for the middle players * Progress to a game with goals and floating players outside of both wide touchlines who play for the team in possession.

www.grassrootscoaching.com is a website dedicated to helping Football Coaches of all levels around the world to improve and advance their coaching skills. For more information and access to our library of 100's of 4D fully interactive coaching drills please visit the website.