

2017



2018



MISSION STATEMENT

WE NEVER LOSE, WE EITHER WIN OR LEARN

- At Thurston Football Club we strive to create a safe and enjoyable environment to develop every single member of our club. An environment in which promotes freedom of expression and creativity.
- We believe we teach far more than the technical skills to our players and provide an opportunity to develop individuals physically, socially and psychologically.
- We aim to provide football for everyone regardless of age, gender, sexual orientation, race, creed, ability, additional needs or religion.
- We aim to bring together the local community, inspiring an interest in football, creating new friendships and having a positive impact on the health and well being of all those involved.
- We endeavour to help everyone achieve what they want from the game.



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Our Values

Respect – Treat opponents, club officials, match officials, equipment and facilities with the utmost respect.

Integrity – Strong moral principles.

Co-operation – Together Everyone Achieves More.

Pride – We want our coaches and players to be proud to represent the club, adhering to the club's vision and values.



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Our Aims

To maximise impact!

- To inspire a love of football amongst all of our players.
- To give players the best opportunity to reach their full potential.
- To create players with a love for learning.
- To educate players around the technical, tactical, psychological and physical aspects of the game.
- To create an environment enjoyed by all!
- To instil the club's values.



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PLAYER PATHWAY

Foundation Phase

U7-U11

Learning to play

Skill Development Phase

U12-U16

Learning to compete

Senior Development Phase

U18

Reserves

First Team

AFC Thurston
(Sunday)

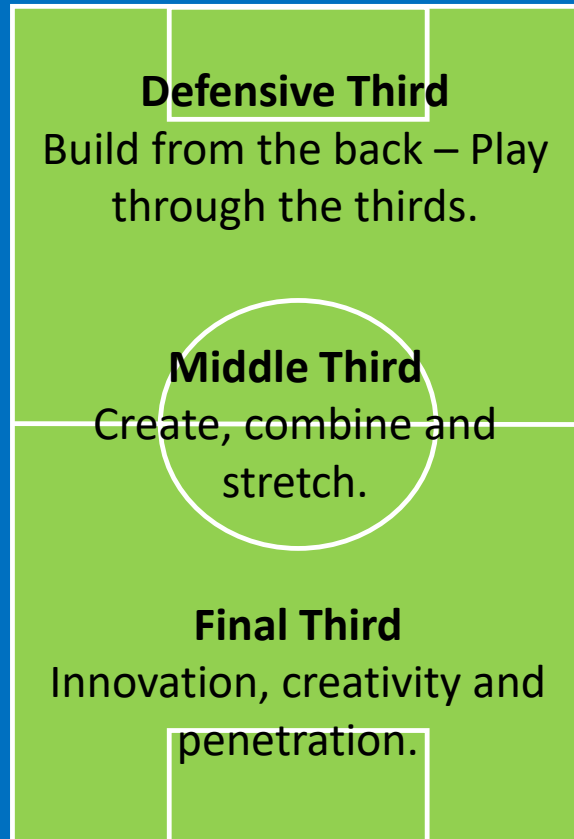
Learning to win



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PLAYING PHILOSOPHY

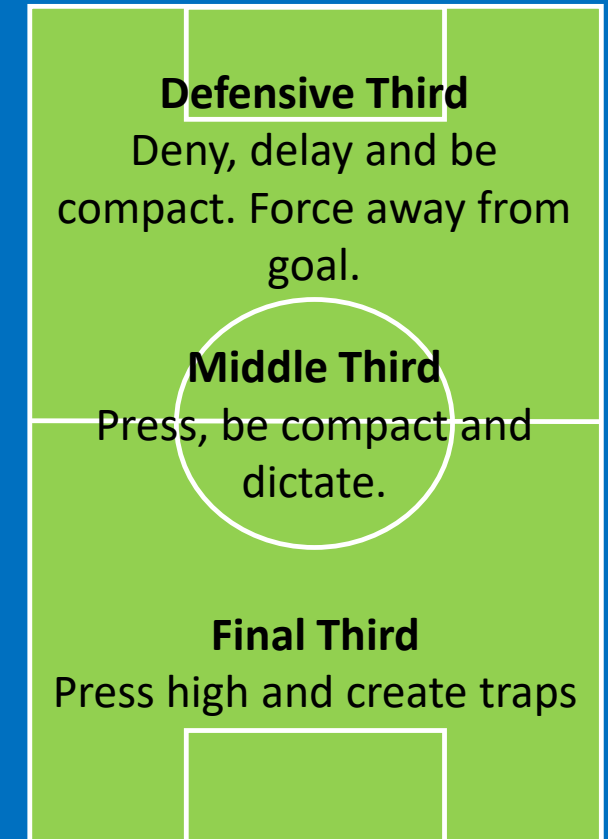


IN POSSESSION

Encourage players to be comfortable with the ball in any area of the pitch.

Promote innovation and creativity.

Encourage every player to affect the game in possession and out of possession.



OUT OF POSSESSION

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Technical Concept

Defend the goal

- Force wide
- Pick-up/track runners
- Stop crosses (win 1v1's)

Transition

- Counter or build
- Check numbers committed
 - React

Start the attack

- Make the pitch big (long & wide)
- Forwards – Sideways – Backwards
 - Pass selection & execution

Defending

Without the ball



Attacking

With the ball

Begin Press

- Force wide
- Make play predictable
- Prevent switch

Transition

- Delay or press
- Check numbers committed
 - React

Finish the attack

- Forward runs & passes
- Creativity and positivity
 - End product



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The Environment

Our Environment!

- Success is worth far more than 3 points, prioritise other outcomes!
- Mistakes are the ideal learning opportunity!
- Promote decision makers; should we be trying to make decisions for them?
- Allow players to try something different; promote creativity!
- Sportsmanship
- Respect
- Whose game is it?



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A silhouette of a basketball player is shown in mid-air, jumping towards a basketball hoop. The player's arm is extended upwards, and a basketball is visible near the hoop. The background is a bright, hazy sunset or sunrise, with the sun low on the horizon, creating a strong backlight effect. A chain-link fence is visible in the foreground, and the overall scene is bathed in a warm, golden light.

'I have failed over and over again in my life.
And that is why I succeed'.
-Michael Jordan

Set the standard!

- TURN UP IN CLUB TEAMWEAR TO EVERY TRAINING SESSION AND FIXTURE.
- TURN UP IN CLEAN ATTIRE AND BOOTS OR TRAINERS.
- RESPECT YOUR OPPOSITION, MATCH OFFICIALS, CLUB EQUIPMENT AND FACILITIES.
- ENCOURAGE YOUR TEAMMATES.
- GIVE MAXIMUM EFFORT AT EVERY TRAINING SESSION AND FIXTURE.
- SHAKE THE HAND OF YOUR COACHES AND THANK THEM AFTER EVERY TRAINING SESSION AND FIXTURE.
- ENJOY WHAT YOU'RE DOING AND PLAY WITH FREEDOM!



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Education

Maximise impact!

- Themed training sessions. Learn within the context.
- Challenges relevant to the game.
- Impact the player and the person!
- Opportunity to develop leadership skills.
- 2 practical workshops for U13-U18 with a Strength and Conditioning Coach during the season.
- 1 nutrition workshop for U10-U12's with FA Specialist.
- Guest coaches.
- Self improvement resources.
- Coach education programme.



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Meet the team

Chairman: Tom Parkington
E: tom.parkington@outlook.com

V/Chairman: Luke Reilly
E: luke.reilly@wsc.ac.uk

Secretary: Luke Reilly
E: luke.reilly@wsc.ac.uk

Youth Secretary: Andy Cawdell
E: andycawds1@gmail.com

1st Team: Tom Parkington

Sundays: Mark Gardiner

U18: Andy Cawdell

U16: Graham Woodhouse

U16 Girls: Tom Parkington

U15: Neil Norman &
Simon Myhill

U14: Lucy Shepard &
Andy Cawdell

U13 AFC: Dominic
Rolinson

U13: Billy Adamson &
Andy Rush

U13 Girls: Jason Socia

U11: Dominic Rolinson

U10: Matt Broad

U9: Richard Miles

U8: Darren Summons

Treasurer: Andy Cawdell
E: andycawds1@gmail.com

Club Welfare Officer: Kerry Horn
E: kerry.horn760@btinternet.com

Promotion Officer: Josh Scarlett
E: josh.scarlett@outlook.com



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