



Diagrams created using Soccer Tutor.com Tactics Manager

Set Up: Ten players are set up on a large field, with triangle goals set on the end lines

Procedure: The teams play 5 v 5 and look to score by playing the ball to the goalkeeper stationed in the triangle goal on the opposite end of the field. When a goal is scored, the attacking team keeps possession and changes direction. When the ball is put out of play, the game is re-started by the Feeder.

Teaching Topics:

- 1 Expanding the field.
- 2 Transition.
- 3 Finishing.

Progressions:

- 1 To score, the ball must be played in the air to the goalkeeper.

Coaching Points:

- 1 Expand the field to full length, and look to receive passes in behind the defense.
- 2 Create superior numbers by attacking immediately after winning the ball.
- 3 Look for the up, back, and thru combination, playing the last pass to the goalkeeper.