



Diagrams created using Soccer Tutor.com Tactics Manager

**Set Up:** Ten players are set up in the attacking third, playing 2 v 2 in the penalty area with players starting at the cones.

**Procedure:** To begin the drill, the Feeder plays the ball outside to Player A (or Player B). The defenders can leave the penalty area with the Feeder's first touch, and play continues 3 v 2 to completion. If the defenders win the ball, they can score in the small goals set up outside of the penalty area. New strikers rotate into the penalty area after five minutes, and the defenders switch out after every ball.

#### **Teaching Topics:**

- 1 Supporting runs.
- 2 Receiving.
- 3 End line play.

#### **Progressions:**

- 1 Include both flank players in the drill to create a 4 v 2.

#### **Coaching Points:**

- 1 As the two defenders rotate to the ball, make blind side runs in behind them.
- 2 Step out of the penalty area and show yourself. Don't hide behind the defender.
- 3 Fake the cross before trying to turn the corner and take the ball to the end line.