



ENGLAND DNA

Your webinar (LCCW-345-9) is due to start at 6pm

You will be placed on mute when signing in, please do not un mute this as this will cause background disturbance. For best audio connection please dial in, should you have any queries please enter these in the text box

Out of possession with Matt Crocker and Aidy Boothroyd

System Set up:

To ensure you are able to get the most from this session please follow these instructions:

- You are placed on mute when signing into the webinar, please **DO NOT** change this as this will ensure you can hear us but will not interfere with background noises
- Please show respect for your tutor and fellow candidates, swearing and abusive behaviour is not permitted.
- Should there be queries or questions please raise in the textbox. If you are experiencing technical difficulties then please raise this in the textbox ensuring you select 'Everyone' (scroll to the top of the drop down in the text box) when submitting a message



Before we begin:

- Can everyone see my screen?
- Can you see me and can you hear me?

If you are experiencing technical difficulties, please let us know via the text box

- Please can everyone check that they are able to use the text box by confirming what age group you are currently working with?



OUT OF POSSESSION PHILOSOPHY STATEMENT

ENGLAND TEAMS AIM TO
INTELLIGENTLY REGAIN
POSSESSION AS **EARLY**
AND AS **EFFICIENTLY** AS
POSSIBLE. TAKING INTO
CONSIDERATION THE
STATE OF THE GAME,
THE ENVIRONMENT
AND **PRE-DETERMINED**
GAME PLAN

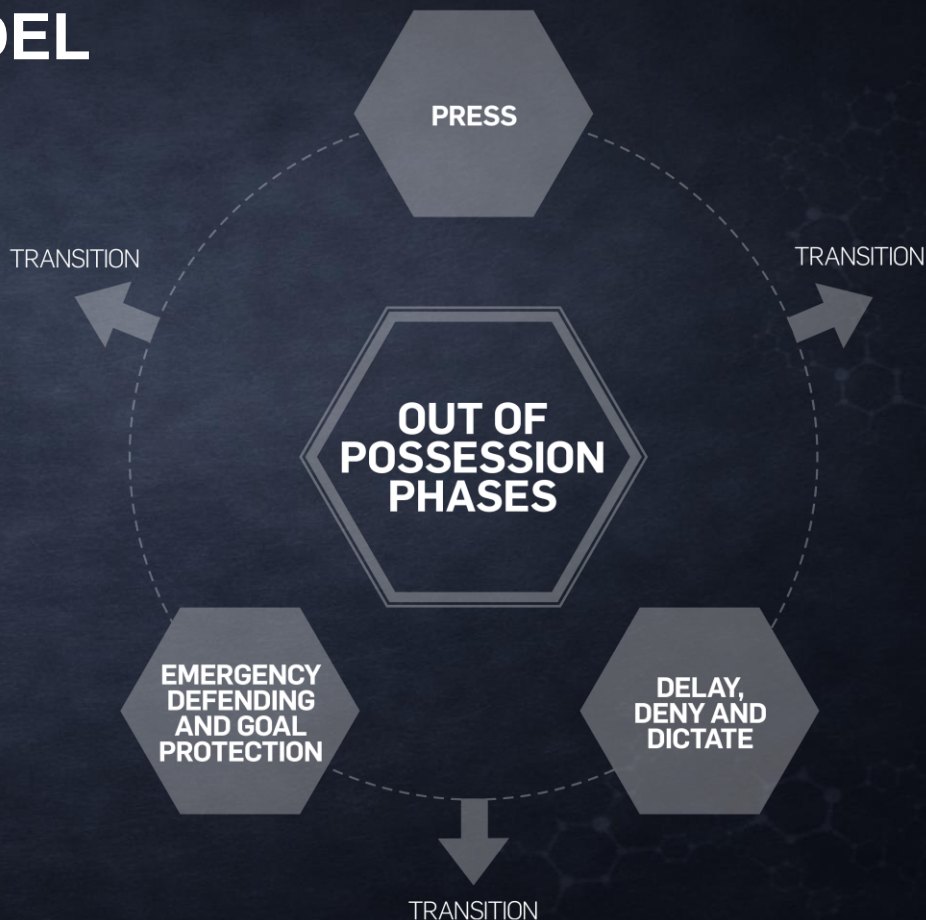


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OUT OF POSSESSION MODEL

The fluid nature of the game means each aspect of out of possession is closely linked. Similarly, possession may be won at any stage prompting a transition to the attacking philosophy.

Importantly, the goalkeeper is included in all aspects of the playing philosophy both in and out of possession. England goalkeepers are viewed as part of the team, and not apart from the outfield players.



PRESSING

What	Pressing is the intent to regain possession by pressurising the opposition in a strategic, intelligent and controlled manner.
Why	Pressing the opposition early and quickly after losing possession is our preferred method of regaining the ball if there are opportunities to do so. Triggered by the nearest defending player to the ball, pressing is an effective method of preventing the opposition initiating attacking play.
How	<p>To press effectively it is crucial to maintain a compact team shape ensuring individuals do not work in isolation and have sufficient defensive support.</p> <p>There are three main strategies for pressing the ball: high press (pressing the ball as high up the pitch as possible), mid-press (from the attacking mid-third area) and low-press (from half way line).</p> <p>Pressing is supported by the goalkeeper adopting an appropriate start position and communicating effectively with individuals, units and the team.</p>



DELAY, DENY AND DICTATE

What	Delaying the opposition, denying space and preferred method of attack and dictating the direction and speed of play is the next preferred method of defending if opportunities for pressing are denied.
Why	<p>Delaying, denying and dictating the play limits the opposition' opportunities to pass or run forward with the ball. Intelligent defending during these phases allows the direction of the attack to be channelled into areas of defensive strength helping to control the momentum and speed of opposition attacks leading to the regain of possession.</p> <p>By delaying, denying and dictating, a compact defensive shape can be achieved. This defensive organisation helps prevent forward passes and runs between the lines or into the space behind the defensive players.</p>
How	All effective defending techniques (1v1 Defending, marking, screening, blocking, tracking, recovering and intercepting) contribute to success in this aspect of defending.



EMERGENCY DEFENDING GOAL PROTECTION

What	Emergency defending is the process of protecting the goal when it is at its most vulnerable.
Why	Emergency defending is used when all other defensive options have failed.
How	<p>Goalkeeping is the main method of goal protection with England goalkeepers expected to demonstrate a wide range of effective goalkeeping skills and desire to defend the goal.</p> <p>The main methods of emergency defending for outfield players include blocking and intercepting shots, crosses and forward passes, defending one versus one, reacting to rebounds and making clearances.</p> <p>Emergency defending involves recovering to an organised defensive shape, dictating the direction of opposition attacks and pressing, marking and tracking opponents.</p>



TASK



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EVOLVING. DEVELOPING. WINNING.



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