



Diagrams created using Soccer Tutor.com Tactics Manager

**Set Up:** There are six players set up inside of the small grid, playing 4 v 2.

**Procedure:** The four attackers play keep away from the two defenders. When an attacker loses the ball or plays it out of the grid, he becomes the new defender. If the defenders have not won the ball within 30 seconds, a new pair of players rotates into the middle.

**Teaching Topics:**

- 1 Angle of approach.
- 2 Covering position.
- 3 Recovery runs.

**Progressions:**

- 1 Reduce the size of the grid.

**Coaching Points:**

- 1 Curve the approaching run and force the play in one direction.
- 2 The second defender can 'cheat' towards the next pass by reading the first defender.
- 3 When your man passes the ball, recover straight back into the center.