

PASS AND COMMUNICATE - CIRCUIT

4 Balls
Working at
the same
Time

The players
have freedom
Of choice



ONE-TWO
WITH
THE COACH

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PASS AND
OVERLAP

CHOICE OF ACTION (THEN TAKE YOUR TEAM-MATE'S POSITION)

1 – PASS TO YOUR TEAM MATE AND COMMUNICATE “TURN”

2 – DRIBBLE AND COMMUNICATE FOR A “TAKEOVER” MOVEMENT

IMPORTANT REMINDER
THE PLAYER THAT PASSES OUT,
GOES OUT