



**Set Up:** There are 8-12 players set up in the attacking third, with players starting at the cones.

**Procedure:** The Feeder begins play with a pass in to either of the attackers, and all of the players release with his first touch. Play continues 2 v 2 to goal from there. If the defenders win the ball, they can score in the two small goals set up just outside of the penalty area. Upon completion, the Feeder re-starts play with the next set of attackers and defenders. During the drill, the players rotate to all four lines.

**Teaching Topics:**

- 1 Combination play.
- 2 Attacking 1 v 1.
- 3 Decision making.

**Progressions:**

- 1 Progress to 3 v 3.

**Coaching Points:**

- 1 Look for the takeover and overlap combinations as soon as you receive the ball.
- 2 When you receive a pass in space, take on the first defender with the dribble.
- 3 If you are forced out to a poor shooting angle, fake the shot and pull the ball back out.