



**Set Up:** There are 9-12 players set up in the attacking third, starting at the cones.

**Procedure:** To begin play, the Feeder passes the ball from the end line to either of the two attackers. The defender releases from the end line with the Feeder's first touch, and play continues 2 v 1 to completion. If the defender wins the ball, he can score in the two small goals set up outside the penalty area. Upon completion, the Feeder re-starts play with the next set of attackers and defenders.

### Teaching Topics:

- 1 Attacking 1 v 1.
- 2 Combination play.
- 3 Passing angles.

### Progressions:

- 1 Progress to 2 v 2, and then to 3 v 2.

### Coaching Points:

- 1 Attack the first defender with the dribble and make him commit before passing off.
- 2 Use overlaps and takeovers and force the defender to make a bad decision.
- 3 Do not make runs that put the defender between you and the ball. Show yourself.