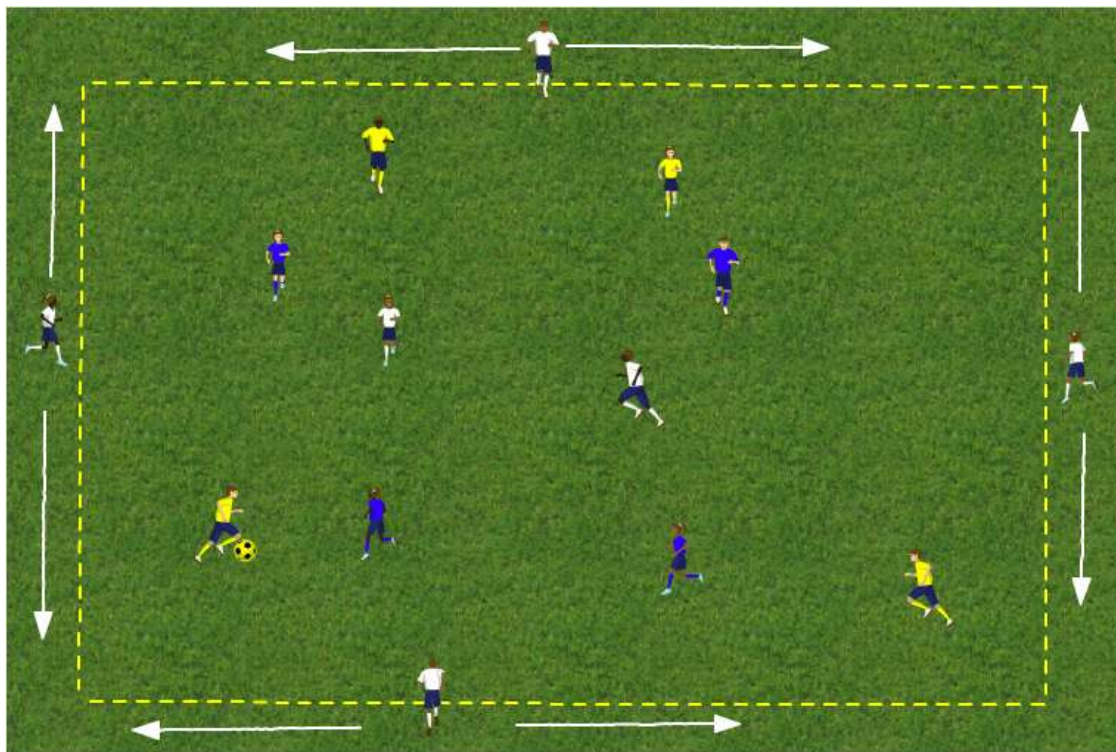


A GAME TO IMPROVE SHORT PASSING

The following game has been designed using www.grassrootscoaching.com Coaches Chalkboard.

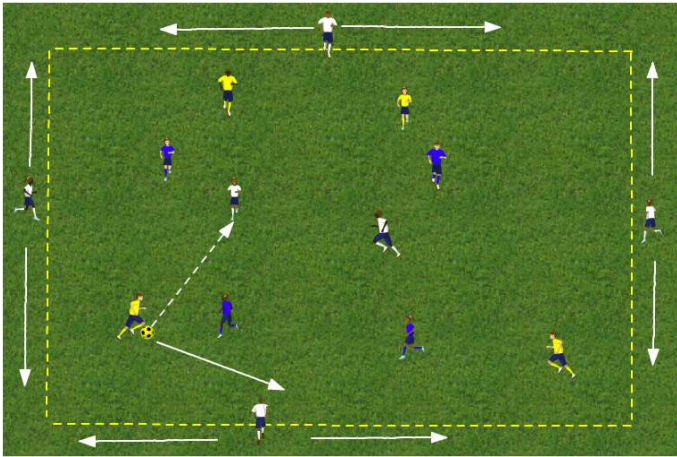
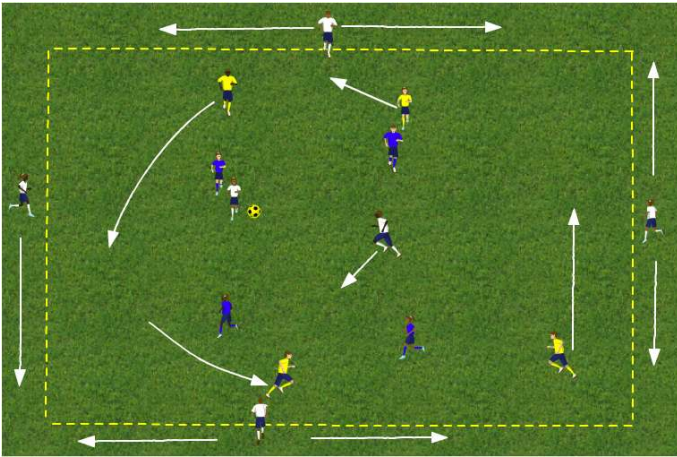
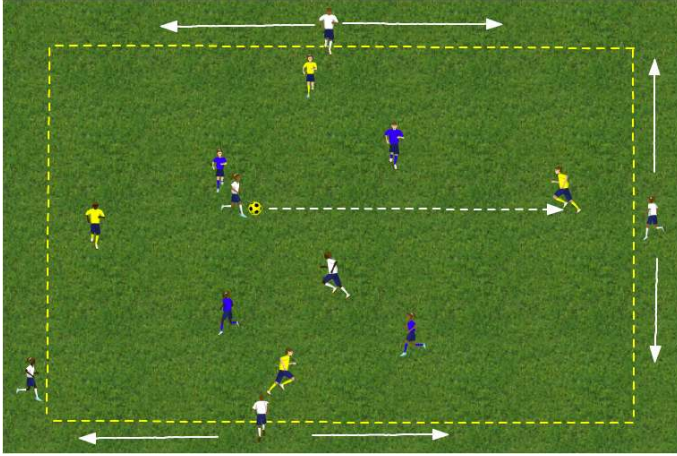
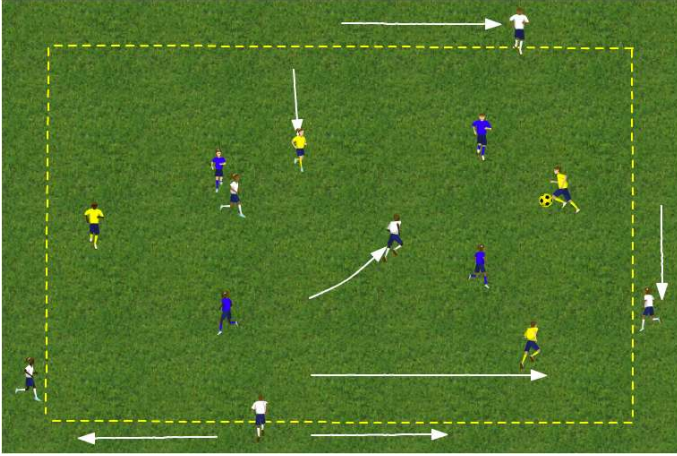


ORGANISATION

This is a game designed to provide an overload situation to the advantage of the team in possession. The area can be changed to suit the age and ability of the players, but suggest 40 x 30 yards. Play 4 v 4 inside the area, with two floating players in the middle and four floating players who are located on the perimeter lines of the area and are conditioned to stay outside of the area and work up and down the perimeter lines providing support to the team in possession. The team in possession combine with any of the floating players to make a 10 v 4 overload situation. The floating players can only pass to one of the four players in the team, not to each other. Encourage the team in possession to keep the ball by passing, moving and supporting the players on and off the ball. The game can be made more challenging and realistic by giving the team in possession targets of successive passes.

KEY TECHNICAL ASPECTS

Support – communication, angles and distance for the player on the ball *Decision of whether to play first time passes or not *Control the ball away from defenders *Head up to picture the pass *Select and use the correct short passing technique, inside of foot, outside of foot, reverse pass *Consider the accuracy, timing and weight of pass *Movement after the pass, always looking at the ball *Communication – both verbal and using body language *Turning away from defenders *Creating space individually and for team mates

Progression # 1 – Pass and move	Progression # 2 – Movement to find space and support the player on the ball
	
Progression # 3 – Use correct short passing techniques, keep passing simple and keep possession of the ball	Progression # 4 – Movement to support player on the ball, good communication and keep possession
	

PROGRESSIONS

Condition the floating players to one touch – first time passing *Condition the floating players to two touches – each player must control the ball first, then pass *Reduce the number of floating players *Provide directional targets for the players to play to, either target players or introduce goals.

www.grassrootscoaching.com is a website dedicated to helping Football Coaches of all levels around the world to improve and advance their coaching skills. For more information and access to our library of 100's of 4D fully interactive coaching drills please visit the website.