



Diagrams created using Soccer Tutor.com Tactics Manager

Set Up: There are 12-15 players set up in the attacking third. The attackers start at the cones and the defenders start on the end line.

Procedure: To begin the drill, two defenders leave the end line and set up on the penalty spot and inside of the 'D'. The Feeder then starts play with a pass to either one of the attackers. The defenders release with the first touch, and play continues 2 v 2 from there. If the defenders win the ball, they can score in the two small goals set up outside of the penalty area. Upon completion, the Feeder re-starts play with the next set of attackers and defenders.

Teaching Topics:

- 1 Attacking 1 v 1.
- 2 Combination play.
- 3 Finishing.

Progressions:

- 1 Add a neutral player.
- 2 Progress to 3 v 3.

Coaching Points:

- 1 Make a positive first touch and attack the first defender aggressively with the dribble.
- 2 The second attacker should look to initiate takeovers and overlaps with horizontal runs.
- 3 If both of the defenders back up towards the goal, look to shoot from the outside.