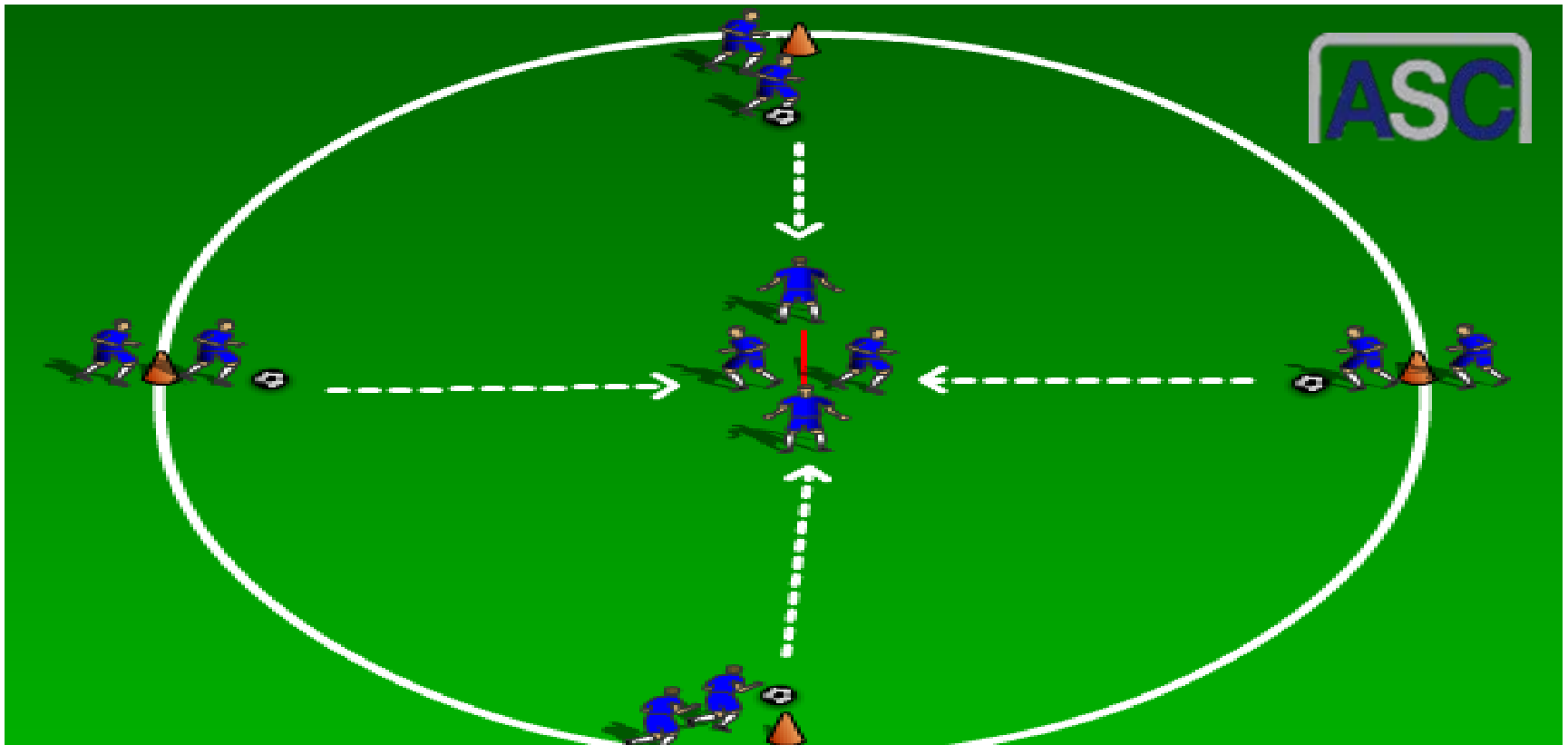


# TECHNIQUE , SKILL, PASSING, TURNING



## SET UP / RULES

Four groups of players

Each group has a ball

1 – the players must pass and follow

2 – the middle players stay still, the outside players pass into the middle player, receive a return and then pass and follow to the next station on their left

3 – now the middle players receive a pass and make a turn to the next station on the left and pass out