



Diagrams created using Soccer Tutor.com Tactics Manager

Set Up: Ten players are set up on a split field, playing 5 v 3 in one half with two defenders starting in the other half.

Procedure: During play, three of the attackers must stay on the outside of the field (the midfield line and sidelines) while in possession. When the defenders win the ball, they switch it into the other half of the field and follow their pass in. Three of the attackers follow the pass as well, creating another 5 v 3. All five of the attackers must be inside the attacking half before they can shoot. On goals or balls put out of play, the game is re-started by the Feeder.

Teaching Topics:

- 1 Expanding the field.
- 2 Changing the field.
- 3 Finishing.

Progressions:

- 1 Remove the sideline restriction on the attackers.

Coaching Points:

- 1 Use the entire space and make the defenders chase the ball.
- 2 Switch the ball from one side of the field to the other in as few touches as possible.
- 3 The attacker playing on the midfield line should look for set back passes.