

Short Passing To Penetrate

Practice Theme/Topic

General Notes
Third session of the week on Short Passing.
Notes on each slide.

Aims & Objectives
To improve short passing to penetrate between the lines.

Organisation & Setup
See slides.

Coaching Factors & Outcomes
As previous sessions.
Timing of runs.

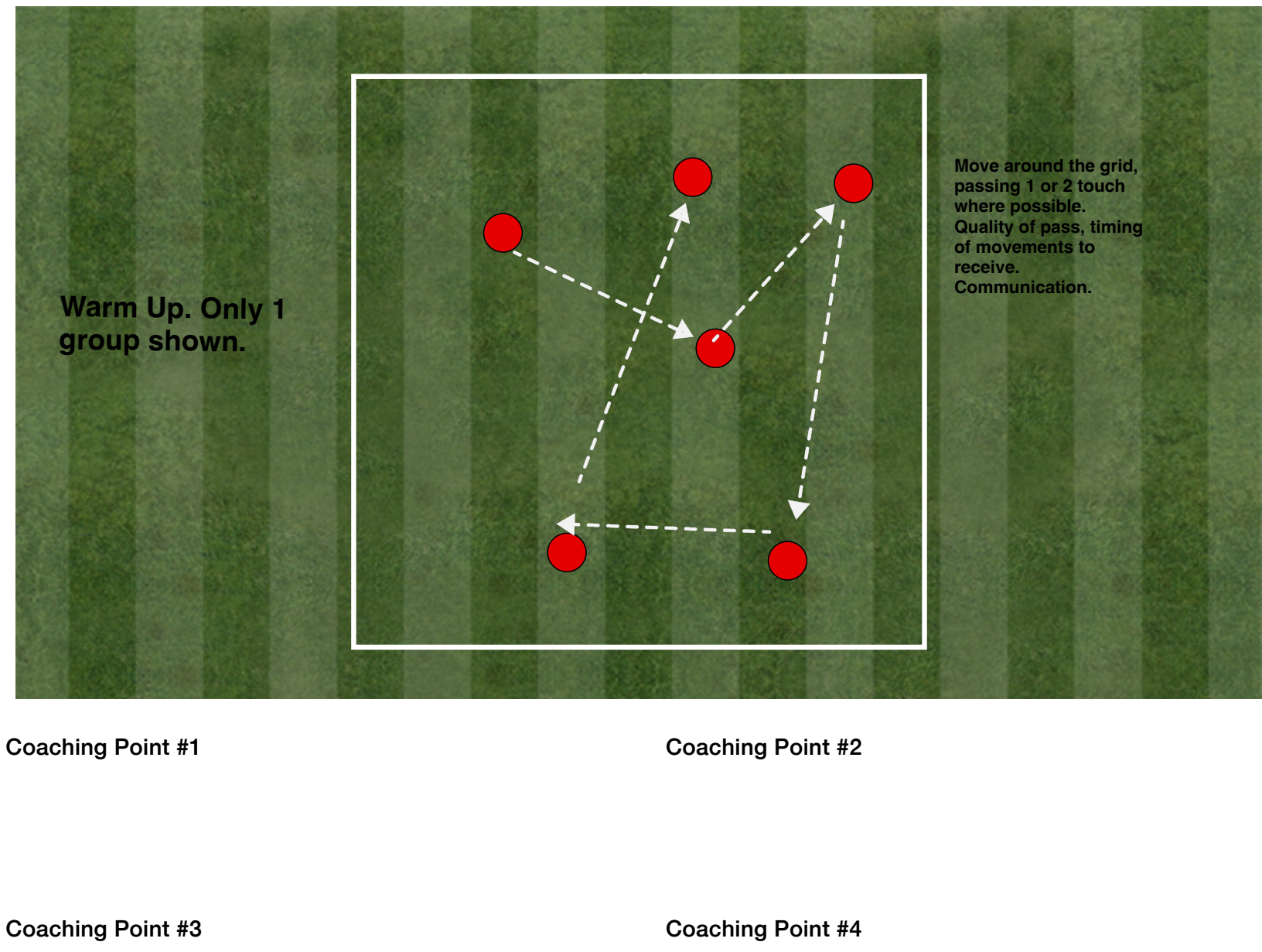
Adaptation & Progression
N/A

Technical
N/A

Physical
N/A

Psychological
N/A

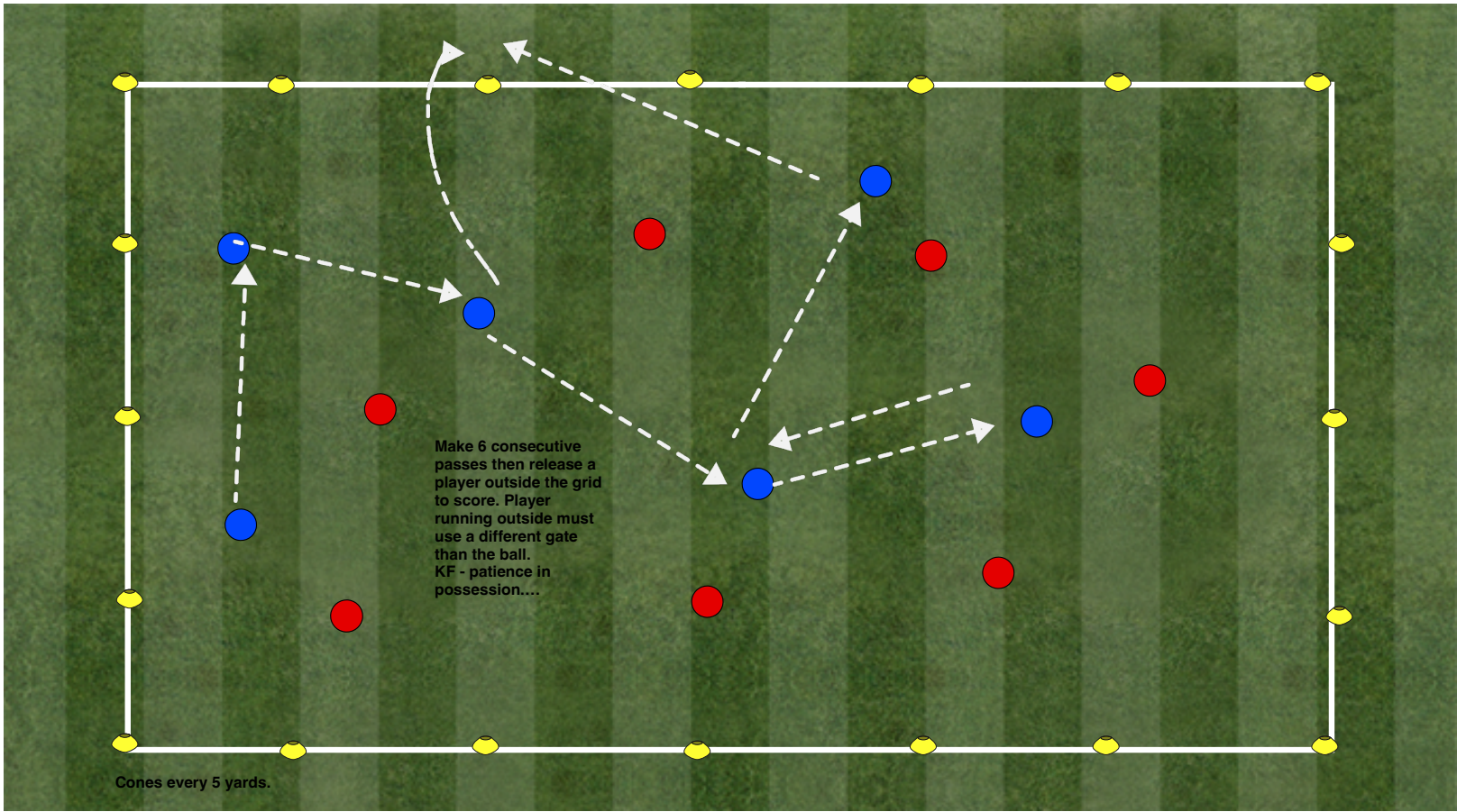
Social
N/A



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- Adaptation & Progression**
N/A
- Technical**
N/A
- Physical**
N/A
- Psychological**
N/A
- Social**
N/A



Coaching Point #1

Coaching Point #2

Coaching Point #3

Coaching Point #4

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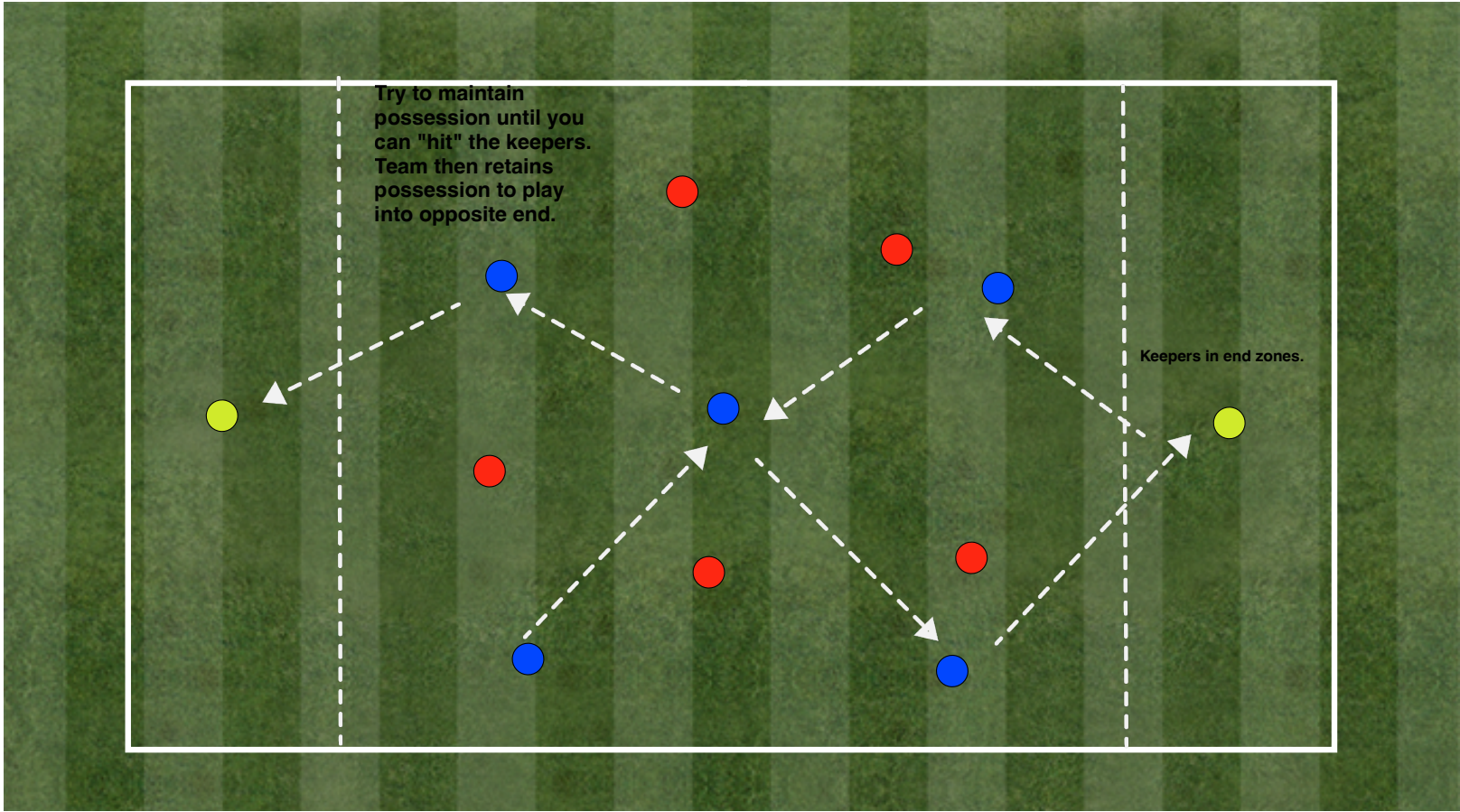
Adaptation & Progression
N/A

Technical
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Physical
N/A

Psychological
N/A

Social
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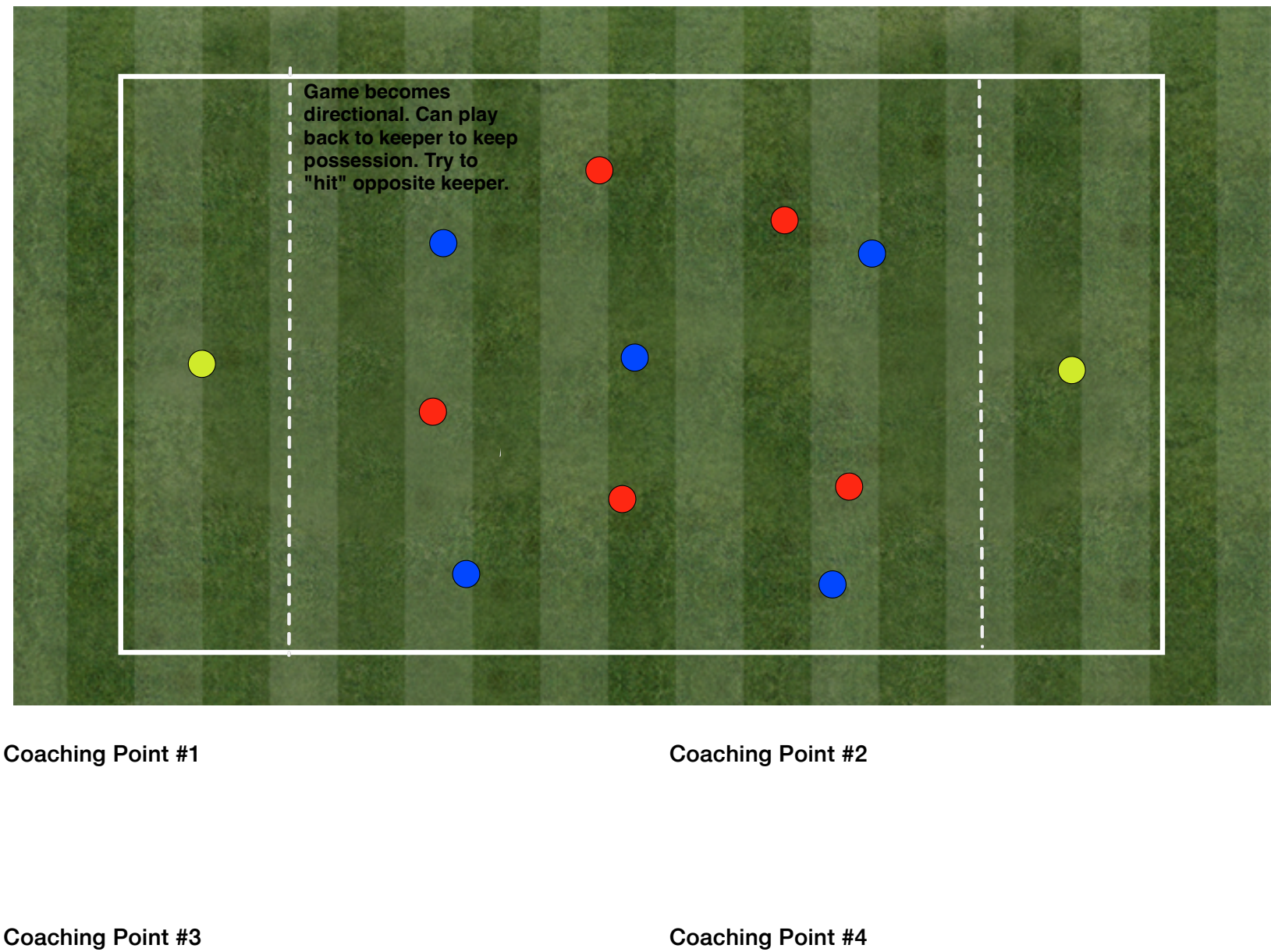
Adaptation & Progression
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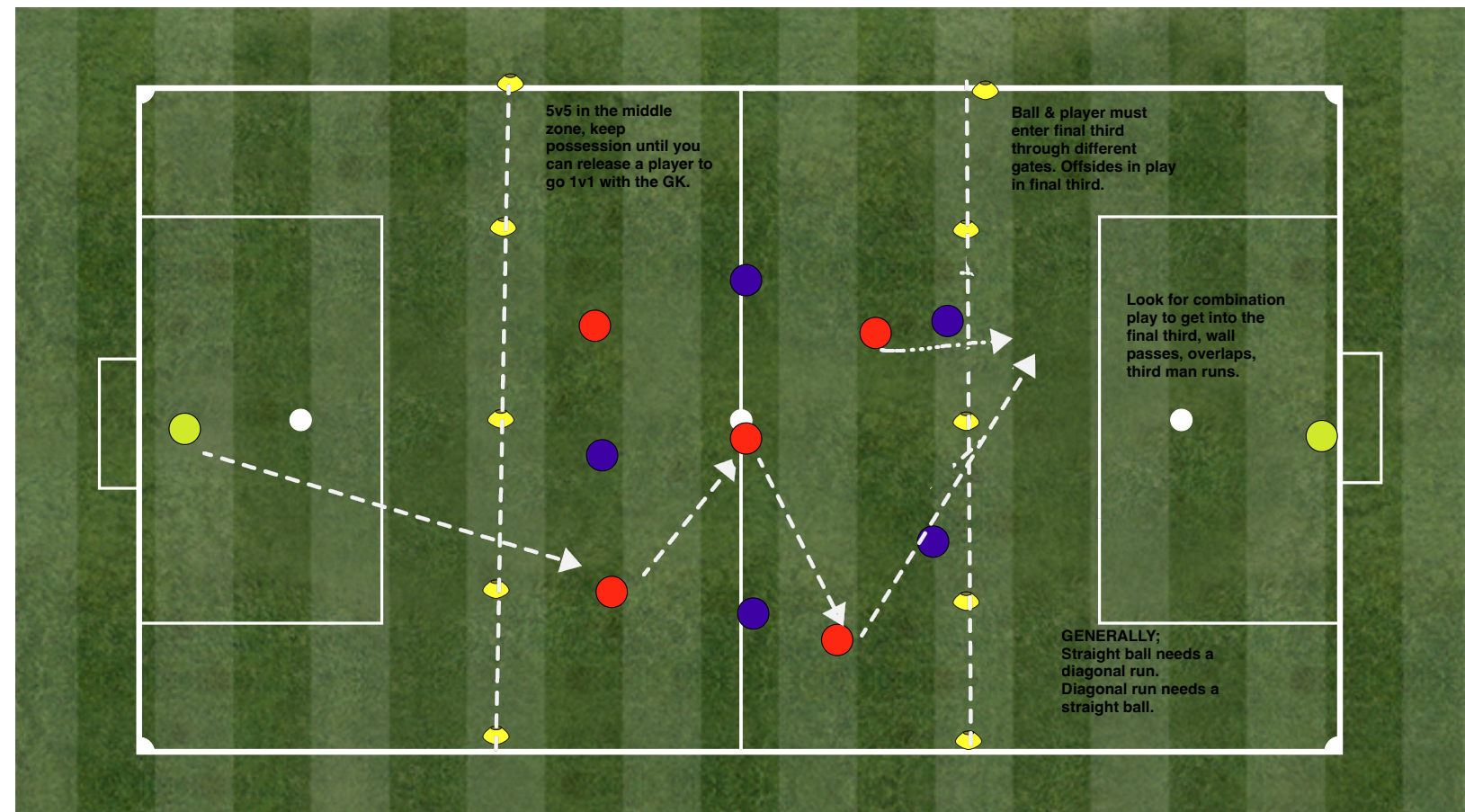
Adaptation & Progression
N/A

Technical
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Physical
N/A

Psychological
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Coaching Point #4

