

#### **Key Attributes**

Handling
Aerial Ability
Throwing
Reflexes & Kicking
Passing & Pace
Decision making
Positioning
Footwork
Confidence
Communication
Agility
Commanding

## GOALKEEPER



#### In Possession

**Option to receive** 

Offer depth to retain possession

Identify and find the spare player

**Limited touches** 

#### **Building the ATT**

**Break the lines** 

Play through, around or over

**Range of passing** 

#### Creating

**Switch the Play** 

**Break the press** 

Long ball into MID, or ATT

#### Out of possession

**Command the area** 

**Quality handling attributes** 

**Realistic positioning** 

**Confidence to make saves** 

#### **Delay & Deny**

**Protect positioning** 

**Confident in 1v1 situations** 

**Sweep if neccassary** 

#### **Managing the Press**

**Protect the goal** 

**Sweep long ball over defensive line** 

**Confident to deal with 1v1** 

# 4-2-3-1

Richard Cashman Adapted from Stuart Amos

#### ATT > DEF

**Structure team shape** 

Decision making in protecting or pressing

**Anticipation of game scenarios** 

**Mindful of threats** 

#### **DEF > ATT**

**Secure the first pass** 

**Counter? Can we play quick?** 

Maintain possession if needed to build

#### **Set Pieces**

**Communicate defensive set-up** 

Minimise un-mark players

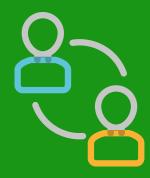
**Command area** 



#### **Key Attributes**

Tackling
Tactical knowledge
Positioning
Stamina
Dribbling
Passing
Movement
Teamwork
Crossing
Marking
Concentration
Anticipation

## FULL BACKS



#### In Possession

Movement into a wider position to receive

**Combination play** 

Look to play into the next unit or ATT

#### **Building the ATT**

**Create space by offering to receive in a wide position** 

Patience build up

Switching the play to find the spare player

Combination play and movement (underlap/overlap)

#### Creating

**Crossing** 

Switch the play option

**RWTB, Dribbling, Passing** 

#### Out of possession

**Recovery Runs (2v1)** 

**Adopt a more compact structure** 

Block crosses (Force backwards)

**Challenge arielly** 

#### **Delay & Deny**

**Awareness of distance to press** 

Minimise space increase between units

**Limit passing lanes** 

**Compact defensively** 

**Collective press** 

#### Pressing

**Body position** 

**Angle of approach** 

**Aggressiveness & Interception** 

# 4-2-3-1

Richard Cashman Adapted from Stuart Amos

#### ATT > DEF

Delay to slow the opposition

**Deny to reorganize** 

**Decision to press or protect** 

**Get behind the ball** 

#### **DEF > ATT**

**Confident 1v1** 

Invite opposition to press to positional space to ATT

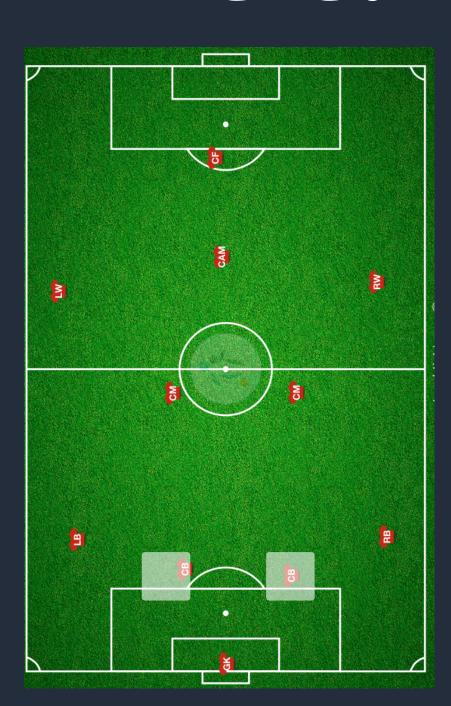
Dictate tempo of the game

**Support ATT (Overlap, underlap or inverted)** 

#### **Set Pieces**

Maintain defensive structure to minimise the counter threat

Corner responsibilities i.e. short option, front post area



#### **Key Attributes**

Aerial
Tackling
Decisions
Positioning
Strength
Composure
Communication
Versatile
Tactical knowledge
Technical Ability
Defensive R&R
Acceleration
Jumping

# CENTRAL DEFENDERS



#### Richard Cashman Adapted from Stuart Amos

#### In Possession

Able to receive under pressure

Maintain possession in tight areas

**Confident to break lines** (Passing/RWTB)

Wide variety of passing options

Continuously support players off the ball

#### **Building the ATT**

**Balance and Depth** 

Always being a passing option

Finding the spare player

Quick tempo to move opposition

#### Creating

Create an overload in MID

**Switch the Play** 

**Diagonal Play** 

Long balls in-behind

#### Out of possession

**Communicate changes in team shape (Wide v Compact)** 

When to deny ,delay or intercept

**Confident to challenge arielly** 

Identifying and communicateinh threats (opposition or spaces)

#### **Delay & Deny**

Team work and communication to progress unit with play

Dominant in 1v1 (Ground & Ariel)

Cautious of height and distances (Units, behind, team mates)

#### Pressing

**Balanced distances between units** 

Press & Cover & Sweep

Dominate and recover possession

#### ATT > DEF

Knowledge of slowing opposition ATT

Receiving feedback from teammates of threats

Maintaining good balance and team structure

Awarenesses of long passes inbehind

#### **DEF > ATT**

Secure the first pass if possible

If under pressure can we relieve pressure by playing long

**Build possession progressively** 

**Use GK if needed** 

#### **Set Pieces**

**Challenge in the air** 

Mark, track and interpect

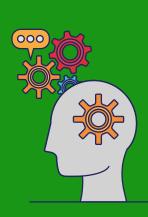
Make spaces hard to work from



#### **Key Attributes**

Physical abilities
Technical skills
Dictate the game
Manipulate pace
Comfortable 1v1
Play under pressure
Passing
Movement
Positional balance
Defensive R&R
Organisation
Vision
Flair

# CENTRAL MIDFIELDERS



# 4-2-3-1

Richard Cashman Adapted from Stuart Amos

#### **In Possession**

**Influencing possession play** 

Offer depth and cover

**Penetrate opposition lines** 

**Confident in 1v1 situations** 

Able to dictate tempo of the game

Manipulating opposition to create

#### **Building the ATT**

**Rotations in MID** 

Limited touches under pressure

Find the spare player (through, around or over)

**Creating overloads** 

#### Creating

Switching the play to find openings

**Create opportunities through Z.14** 

#### Out of possession

Minimise space between player and units

Delay and force opposition to play backwards

**Quality of communication and scanning to minimise threats** 

**Protect central areas** 

Anticipate long /diagonal passes

#### **Delay & Deny**

Operating as units to minimising passes in-between

Mark, Press, Intercept, Cover

**Angle of press (Passing lanes)** 

**Dominate duels** 

#### Pressing

**Understanding distances and angles** 

**Tigger point to press** 

**Team Press** 

#### ATT > DEF

Understanding when to press and when to protect

Force opposition into areas of strength (numerical +)

Slow opposition play in order to recover shape

Being flexible to cover positions/spaces whilst recovering

**Safe v Danger Zones** 

#### **DEF > ATT**

**Anticipate tactical scenarios** 

**Create overloads** 

Quick penetrative passes to de-structure opposition

Variety of passing to maintain possession.

#### **Set Pieces**

Mixture of man/zonal marking

Attack goal scoring opportunities

**Create depth to recycle** 



#### **Key Attributes**

Speed
Acceleration
Crossing
Skillful
Immaginative
Technical ability
Stamina
Vision
Confident
Aggressiveness
Movement
Passing
Tackling
Decision making

## WINGERS



#### **In Possession**

**Influencing possession play** 

Offer width

**Confident in RWTB/Dribbling to create** 

**Accuracy of crossing** 

**Create space for other by stretching the opposition unit** 

**Variation of movement** 

#### **Building the ATT**

Movement to support CAM or CF

**Movement to create space** 

Find the spare player (through, around or over)

**Creating overloads** 

#### Creating

Varied crossing i.e. deep, byline, ground etc.

Creative and skillful play to create goal scoring opporuntities

#### Out of possession

Protect team shape i.e. slide inwards

Work rate to decrease passing lanes for the opposition

Press opposition to strength zone

Double up on opposition players with RB

#### **Delay & Deny**

Operating as units to minimising passes in-between

Mark, Press, Intercept, Cover

**Angle of press (Passing lanes)** 

**Dominate duels** 

#### Pressing

**Understanding distances and angles** 

Tigger point to press

**Team Press** 

## 4-2-3-1

Richard Cashman Adapted from Stuart Amos

#### ATT > DEF

Counter pressing to regain possession

Recover into protected position behind the ball.

Angle of press to minimise options for opposition

Contribute as unit to manges the spaces and distances.

#### **DEF > ATT**

**Anticipate tactical scenarios** 

**Create overloads** 

Quick penetrative passes to de-structure opposition

Variety of passing/crossing to maintain possession or create

#### **Set Pieces**

Mixture of man/zonal marking

Attack goal scoring opportunities

Create width to switch



#### **Key Attributes**

**Counter-press Combination play** Flair Skillful **Dribbling** Play in tight spaces Receiving Play on the turn **Creative Movement to create Movement to receive Finisher Passing skills Energetic** 

# CENIREAI



#### Out of possession

**Understanding defensive R&R** 

**Defending from the front** 

**Protect key areas of the field** 

**Combine press with** numberical advantage

**Guard team shape and key** spaces

#### **Building the ATT**

**Manipulating tight spaces to** 

**In Possession** 

**Create space to receive or** 

high degree of creativity &

**Create goal scoring** 

**Link units together** 

maintain or create

opportunities

efficiency

others

**Continually scanning to create** play within the ATT phase.

Receive to create or more opposition players.

Find the spare player

#### Creating

**Creativity to** create/assist/penetrate

**Combinations** 

**Support Runs** 

#### **Delay & Deny**

**Delay and deny opposition** time and space

Force opposition to play to a particular area of strength

**Knowledge of when to press** and the distances to press.

#### Pressing

**Teamwork towards zone of** strength

**Double-up on press (if** possible) **Counter Press or Mid Block** 

Richard Cashman Adapted from Stuart Amos

#### ATT > DEF

**Understanding when to press** or protect

Force opposition to play under pressure

**Managing spaces between** units and passing lanes

**Recovery Runs** 

#### **DEF > ATT**

**Involved in combination play** (directly or indirectly)

**Dictate tempo and possession** in key phases

**Able to execute penetrative** passes

#### **Set Pieces**

Mark, press and intercept

**ATT corners/free kicks** 

**Ability to score Second phase from set-pieces** 



#### **Key Attributes**

**Power** Confidence Accuracy Touch **Positioning Anticipation** Strength/Shielding **Defensive R&R Combination play** Variety of runs Intelligence **Tactical awareness Tactical equipt** 

# FORWARD

#### Richard Cashman Adapted from Stuart Amos

#### **In Possession**

**Furthest play on the field most** times

**Able to understand how** movement can create face in front and in-behind oppositions.

**Maintain possession when** possible

**Clinical finishing** 

#### **Building the ATT**

If needed protect possession to allow team to support

**Positive movement to create** space in front

**Communicate when to be** played & Self-create

#### Creating

**Confident in 1v1** 

Strong in protecting the ball

A variation of finishing skills

#### Out of possession

**Understand defensive R&R** 

**Counter press to force** opposition to player quicker

**Interceptions** 

**Anticipate any mistakes** 

**Angle and distance of** approach to regain possession

#### **Delay & Deny**

**Delay and deny opposition** time and space

Force opposition to play to a particular area of strength

**Knowledge of when to press** and the distances to press.

#### Pressing

**Press centrally or in half** 

**Force into strength zones** within the game

**Angles and distances** 

#### ATT > DEF

**Acknowledging to instantly** recover after losing possession

When to press as a team or protect team shape

**Minimise passing line** opportunities

**Aggressive with the press** centrally.

#### **DEF > ATT**

**Adapting movement to the** game scenario

**Combination play to maintain** possession / Hold up play

**Stretch opposition defensive** line

#### **Set Pieces**

**Quality in challenging (Ground** & aerial)

**Confident set-piece taker** 

**Anticipate 2nd balls'**