



Combination Play 3

Category: Tactical: Combination play
Skill: U12

Pro-Club: SportSessionPlanner.com
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CP - Warm Up (15 mins)

Play starts from P1, who passes to P2 and makes an overlapping run behind.

P2 plays to P3 who combines with P4.

P4 can play to either P1 or P2 on the run and they play a straight pass out to P5 or P6.

Coaching Points

Passes should be fast and low.

The "set" should leave the ball easily playable.

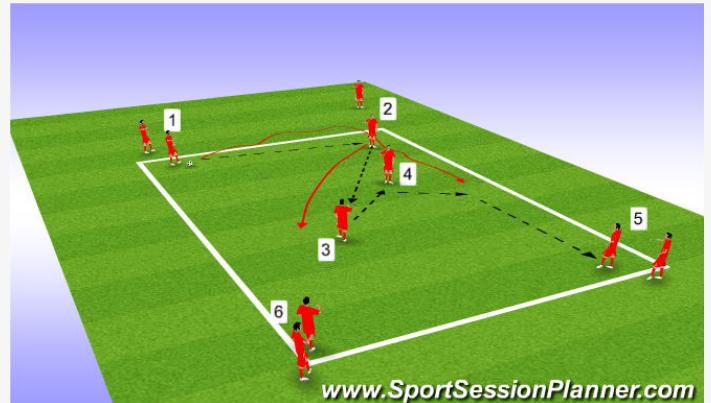
Runs should be fast but allow for acceleration into the pass.

Progression

Diagonal pass out of the middle, by the runner.

Pass out to 5/6 can be set to the runner to switch again.

Play always restarts from the opposite end (high tempo).



Practice 1 (20 mins)

Organisation

Pitch size to suit your players with a channel marked across the middle of the pitch as shown. Coaches are positioned at each end (in this case) but use your keepers if they are available.

How To Play

Play from end to end using the coaches/keepers.

Only restriction is to play one touch in the central zone.

If a team plays from end to end, they keep possession.

Coaching Points

Look for opportunities to play 1-2s, 3rd man runs, round the corner etc.

Support behind the ball.

Vertical passes to break lines.



Practice 2 (20 mins)

Bring the keepers in.

Play a normal game with the same restrictions in the central zone.

Coaching Points

As previous screen.

