

When to do this

- Early-stage development
- Rapid development and iteration with users
- Rapid diagnostics/environment differences

Production?

- Is the system in an unanticipated state?
- Will a restart fix the symptoms?
- Will a restart prevent you from diagnosing the root cause?
- Is a restart required to attach a debugger?
- Is the needed data being logged?
- What else are you going to do?