cond->>, cond->

Use when you might want to update

Another cond-> example

```
(defn normalize [{:keys [age date name] :as m}]
(cond-> m
         (string? age) (update :age edn/read-string)
         (string? date) (update :date clojure.instant/read-instant-date)
         (not (re-matches #"[A-Z][a-z]+" name)) (update :name)
                                                         (comp
                                                           cs/capitalize
                                                           cs/lower-case))))
   (normalize
     {:name "sam"
      :age "54"
      :date "2018-08-11"})
   => {:name "Sam", :age 54, :date #inst"2018-08-11T00:00:00.000-00:00"}
   (normalize
     {:name "Bob"
      :age 23
      :date #inst"2012-01-02"})
   => {:name "Bob", :age 23, :date #inst"2012-01-02T00:00:00.000-00:00"}
```