

## **CONSULTATION FORM**

If you are new to the salon please also fill in this consultation form. All information remains strictly confidential. Name \* First Name Last Name Email \* Address Address 1 Address 2 City County ..... Zip/Postal Code ..... Country Mobile Number \*..... Within the last year have you been under a doctor's care? Please explain. \* Please let us know any medical history. \* Any medical history past, present or underlying please list here.

Please list any medication, supplements, contraceptives etc that you are taking \*

List all medication etc listed here even if you think it doesn't matter. The more information we have, the better.
Do you have any allergies? *
Any allergies currently or underlying list here
What is your occupation? *
How often do you exercise?
Do you smoke?
How stressed do you feel on a scale of 1-10? With 10 being the worst.
Have you been on Roccutane or Retin-A in the last 6 months?
If you are pregnant, how many weeks?
How much caffeine do you have daily?
How much water do you have daily?
I confirm this is the correct information best to my knowledge and agree to notify The Garden Retreat of any changes. *
I confirm
Sign *
Name
Today's date