

## **COVID 19 Form – Test and Trace**

All clients coming into the salon must complete this Covid-19 form. If you are new to the salon, please fill in both forms.

All information	remains strictly confidential.	
Name *		
First Name		
Last Name		
Email *		
<u>Address</u>		
Address 1		
Address 2		
City		
County		
Postal Code		
Country		
Mobile Number		
*delete as appropriate		
Have you had C	ovid-19 or been in close contact with someone that has in the last 2 weeks? *	

YES/NO

YES/NO

Have you been tested and waiting on results? \*

Do you have any of the following? Flu like symptoms, fever, dry cough, body aches, headaches, sore
throat, runny nose, shortness of breath? (Note, this refers to new or unusual symptoms not aligned
with medical history. You can exclude medical conditions that have the symptoms for example
allergy, history of migraines. *

YES/NO
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I confirm this is to the best of my knowledge and agree to notify The Garden Retreat of any changes
during the next 14 days*

I confirm	
Signed *	
Enter name	
Today's Date *	



## **CONSULTATION FORM**

If you are new to the salon please also fill in this consultation form. All information remains strictly confidential. Name \* First Name Last Name Email \* Address Address 1 Address 2 City County Zip/Postal Code ..... Country ..... Mobile Number \*..... Within the last year have you been under a doctor's care? Please explain. \* Please let us know any medical history. \* Any medical history past, present or underlying please list here.

Please list any medication, supplements, contraceptives etc that you are taking \*

List all medicati the better.	ion etc listed here even if you think it doesn't matter. The more information we have,
Do you have an	ny allergies? *
Any allergies cu	urrently or underlying list here
What is your o	ccupation? *
How often do y	ou exercise?
Do you smoke?	
How stressed d	lo you feel on a scale of 1-10? With 10 being the worst.
Have you been	on Roccutane or Retin-A in the last 6 months?
If you are pregr	nant, how many weeks?
How much caff	eine do you have daily?
How much wat	er do you have daily?
I confirm this is Retreat of any	the correct information best to my knowledge and agree to notify The Garden changes. *
I confirm	
Sign *	
Name	
Today's date	