

# 2020 Ultralight Backpacking Gear List 9 lb

[litetrail.com/ultralight-backpacking-gear-list](http://litetrail.com/ultralight-backpacking-gear-list)

Updated July 1, 2020.

Over a decade of refinement, obsession, and testing has gone into the configuration of this ultralight backpacking gear list. A sub 10-pound base pack weight (ultralight), 3-season capable, durable, efficient, full-featured, and smile enhancing gear list. Usable in temps down to 20°F, with generous safety, survival, and first aid essentials.

The gear list sections below contain the author's\* personal selections currently used for the 2020 season. \*Male, 5 ft 9 in, 160 lbs/ 175 cm, 72.5 kg.

## Worn/Carried

Clothing and gear that is worn or carried separate from your backpack. Typically, this is your hiking clothing, shoes, watch, and trekking poles.

The items in this section aren't included in *Base Pack* weight, and should only include the primary items you actually wear and carry outside your backpack. Resist the temptation to "hide" gear, for example your mobile phone shouldn't be included in this section.



Happy ultralight hiker in Yosemite.

Worn/Carried	Item	Cost	Weight
Shirt	<a href="#">Patagonia Capilene Cool Trail SS Shirt</a> , S19 Men's M	\$39.00	4.45oz
Shorts	<a href="#">Patagonia Strider Pro Shorts</a> , Men's M	\$69.00	3.50oz
Socks	<a href="#">Darn Tough Hiker Micro Crew</a> , Size L	\$22.00	2.60oz
Shoes	<a href="#">Hoka One One Torrent</a> , Men's 9.5	\$120.00	18.00oz
Accessories	Hat, <a href="#">Buff head wear</a> , <a href="#">cotton bandanna</a> , <a href="#">Oakley Turbine sunglasses</a> , <a href="#">Suunto Core watch</a>	\$455.00	7.00oz
Trek Poles	<a href="#">Locus Gear CP3</a> with Gossamer Gear Kork-o-Lon grips	\$195.00	10.00oz
Total Worn/Carried		\$900.00	45.55oz

## Base Pack: Backpack

Number one of the "Big Three", your backpack will need to fit everything not included above in the *Worn/Carried* section.

Base Pack: Backpack	Item	Cost	Weight
Backpack	<a href="#">Pa'lante Packs V2</a> , S18 Black 37L Size 19", non-hipbelt version	\$245.00	15.70oz
Pack Liner	<a href="#">Zpacks NyloPro Odor Barrier Bags</a> , Extra Large, 20"x36"	\$6.00	1.00oz
Total Base Pack: Backpack		\$251.00	16.70oz

## Base Pack: Shelter

Number two of the "Big Three", a bivy, tarp, or tent are common shelter options, along with stakes, guylines, and optionally a groundsheet.

Base Pack: Shelter	Item	Cost	Weight
Shelter	<a href="#">Zpacks Hexamid Pocket Tarp w/ Doors</a> , S20 DCF6	\$299.00	6.10oz
Stakes	2x8" <a href="#">Easton Nano Spike</a> , 4x7.5" <a href="#">MSR GroundHog</a> , 4x6" <a href="#">Ti Shepherd Hook</a> , <a href="#">LiteAF Tent Stake bag</a>	\$38.49	3.75oz
Guylines	3x9', 4x6' <a href="#">2mm</a> (reflective), 2x8' 4x3' <a href="#">1mm</a> braided polyester dyneema core	\$25.00	2.40oz
Groundsheet	<a href="#">Window Shrink Film</a> (Polycryo) 44x84"	\$2.25	1.50oz
Total Base Pack: Shelter		\$364.74	13.75oz

## Base Pack: Sleeping

Number three of the "Big Three", is your sleeping bag or quilt, and is accompanied by a sleeping pad, and optionally a pillow.

Base Pack: Sleeping	Item	Cost	Weight
Sleeping Bag	<a href="#">Feathered Friends Tanager 20 CFL</a> , S20 68" 12.6oz 950+ down fill	\$369.00	18.60oz
Sleeping Pad	<a href="#">NEMO Switchback</a> , Size R* (two panels removed), S20	\$49.95	12.60oz
Pillow	<a href="#">Big Sky DreamSleeper UltraLight Pillow</a>	\$24.95	1.55oz
Total Base Pack: Sleeping		\$443.90	32.75oz

## Base Pack: Clothing

Clothing items not normally worn/carried such as rain gear, sleepwear, and puffy insulation layers.

Base Pack: Clothing	Item	Cost	Weight
Top, Shell	<a href="#">Arc'teryx Zeta FL Rain Jacket</a> , S19 Men's M	\$325.00	7.35oz
Total Base Pack: Clothing		\$1,128.00	41.10oz

Base Pack: Clothing	Item	Cost	Weight
Top, Insulation	<a href="#">Patagonia Micro Puff Jacket</a> , F18 Men's M	\$249.00	8.15oz
Top, Base	<a href="#">Patagonia Capilene Thermal Weight Zip Neck</a> , S19 Men's M	\$99.00	6.50oz
Bottom, Shell	<a href="#">Montbell Versalite Rain Pants</a> , S19 Men's M	\$139.00	3.20oz
Bottom, Insulation	<a href="#">Patagonia Capilene Midweight Bottoms</a> , S19 Men's M	\$59.00	5.90oz
Head	<a href="#">Simblissity Headnet</a> , <a href="#">Smartwool 250 beanie</a> , <a href="#">Enlightened Equipment Hooligan Hat</a>	\$120.00	3.45oz
Hands, Feet	Darn Tough Extra Socks, <a href="#">PossumDown Sleep Socks</a> , <a href="#">PossumDown Gloves</a> , <a href="#">Zpacks DCF-WB Rain Mitts</a>	\$115.00	6.25oz
Stuff Sack	<a href="#">Zpacks Medium-Plus Stuff Sack</a>	\$22.00	0.30oz
Total Base Pack: Clothing		\$1,128.00	41.10oz

## Base Pack: Gear

Gear items not normally worn/carried such as your cookset, first aid kit (FAK), and electronics.

Base Pack: Gear	Item	Cost	Weight
Essentials	<a href="#">Nitecore NU25 headlamp</a> , <a href="#">Victorinox knife</a> , micro carabiner, mini butane lighter, pen cartridge, ear plugs, needles, safety pins, extra filter gasket, inflatable patch, <a href="#">tenacious tape</a> , 6' <a href="#">gaffer's tape</a>	\$55.00	3.75oz
Survival	<a href="#">LMF Scout fire steel</a> , <a href="#">TinderQuik</a> , <a href="#">water purification tablets</a>	\$10.00	1.15oz
First Aid	<a href="#">Triple antibiotic</a> , ibuprofen, acetaminophen, benadryl, immodium, aspirin, steri-strips, bandage tape, tweezers, nitrile gloves, small case	\$10.00	2.50oz
Hygiene	Chapstick, sunscreen, <a href="#">Picaridin insect repellent</a> , <a href="#">benzalkonium hand sanitizer</a> , soap wafers, toothbrush, toothpaste, floss, <a href="#">Deuce #1 trowel</a>	\$25.00	3.50oz
Electronics	<a href="#">Aukey PB-Y13 10000mAh USB-C Power Bank</a> , USB-C/Micro cables, USB-C to A and USB-C to Micro adapters, USB-C wall charger, wired audio earbuds, Android phone (excl. from cost)	\$30.00	16.00oz
Stuff Sack	<a href="#">Hyperlite Mountain Gear DCF8 Drawstring Stuff Sack</a> (small, 8x10, contains all of the above)	\$24.00	0.28oz
H2O Storage	1x2L <a href="#">CNOC Vetco bottle</a> S19, 2x1L rigid bottles	\$19.95	5.30oz
H2O Treatment	<a href="#">Sawyer Squeeze Micro</a> with Smart Water bottle speed flow top	\$27.95	2.00oz
Food Prep	<a href="#">650ml Ti Mug</a> , <a href="#">MSR Pocket Rocket 2 stove</a> , <a href="#">Ti long handle polished bowl spoon</a> , LiteTrail DCF stuff sack, cozy, rag	\$95.00	6.75oz
Food Storage	Grocery store plastic bag (thicker type)	\$0.00	0.90oz
Total Base Pack: Gear		\$296.90	42.13oz

## Consumables

Food, water, fuel, and some toiletries are consumable items not included in *Worn/Carried* or *Base Pack* weight calculations.

Consumables	Item	Cost	Weight
H2O	1L (typical carry)	\$0.00	35.20oz
Food	20oz / day x 4 days (typical resupply)	\$50.00	80.00oz
Total Consumables		\$54.95	122.60oz

Consumables	Item	Cost	Weight
Fuel	1x3.9oz (110g) <a href="#">MSR IsoPro fuel canister</a>	\$4.95	7.40oz
Total Consumables		\$54.95	122.60oz

## Grand Total

Here's where your hard work in selecting the best clothing and gear become reflected in the total weight of your *Base Pack* and *Full Skin Out* (FSO) or Complete weight.

Grand Total			
Total Base Pack		\$2,484.54	9.15lb
Total Complete		\$3,439.49	19.66lb