

Ultralight Thru Hike Gear List

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Worn/Carried		Cost	Weight
Shirt	Patagonia Capilene Cool Trail SS Shirt, S19 Men's M	\$39.00	4.45oz
Shorts	Patagonia Terrebonne Shorts, Patagonia Sender Boxers, Men's M and S	\$95.00	6.85oz
Socks	Darn Tough Hiker Micro Crew, Size L	\$22.00	2.60oz
Shoes	Hoka One One Torrent, Men's 9.5	\$120.00	18.00oz
Accessories	Hat, Buff head wear, cotton bandanna, Oakley Turbine sunglasses, Suunto Core watch	\$455.00	7.00oz
Trek Poles	Locus Gear CP3 with Gossamer Gear Kork-o-Lon grips	\$195.00	10.00oz
Total Worn/Carried		\$926.00	48.90oz
Base Pack: Backpack			
Backpack	Hyperlite Mountain Gear Windrider 2400*, S19 Black 40L Size M	\$330.00	31.00oz
Total Base Pack: Backpack		\$330.00	31.00oz
Base Pack: Shelter			
Shelter	Hyperlite Mountain Gear Flat Tarp*, S19 8.5'x8.5' DCF8	\$355.00	8.05oz
Shelter	Mountain Laurel Designs Superlight Solo Bivy, S19 DCF8 Bottom	\$245.00	4.75oz
Stakes	2x8" Easton Nano Spike, 4x7.5" MSR GroundHog, 4x6" Ti Shepherd Hook, LiteAF Tent Stake bag	\$38.49	3.75oz
Guylines	3x9', 4x6' 2mm (reflective), 2x8' 4x3' 1mm braided polyester dyneema core	\$25.00	2.40oz
Groundsheet	Not used (Option: Gossamer Gear Polycryo)	\$0.00	0.00oz
Total Base Pack: Shelter		\$663.49	18.95oz
Base Pack: Sleeping			
Sleeping Bag	Enlightened Equipment Enigma Quilt 20°F, S19 Size RR 7D shell 15D liner 13.83oz 950 down fill	\$410.00	19.25oz
Sleeping Pad	Thermarest NeoAir XLite, S19 Women's R	\$160.00	11.25oz
Pillow	Sea To Summit Aeros Ultralight Pillow	\$39.95	1.95oz
Total Base Pack: Sleeping		\$609.95	32.45oz
Base Pack: Clothing			
Top, Shell	Arc'teryx Zeta FL Rain Jacket, S19 Men's M	\$325.00	7.30oz
Top, Insulation	Patagonia Micro Puff Jacket, F18 Men's M	\$249.00	8.10oz
Top, Base Layer	Patagonia Capilene Thermal Weight Zip Neck, S19 Men's M	\$99.00	6.50oz
Bottom, Shell	Montbell Versalite Rain Pants, S19 Men's M	\$139.00	3.20oz
Bottom, Insulation	Patagonia Capilene Midweight Bottoms, S19 Men's M	\$59.00	5.90oz
Head	Simblissity Headnet, Smartwool 250 beanie, Blackrock Gear Hadron down hat	\$120.00	4.50oz
Hands, Feet	Darn Tough Extra Socks, PossumDown Sleep Socks, PossumDown Gloves, Zpacks DCF-WB Rain Mitts	\$115.00	6.25oz
Stuff Sack	Zpacks Medium-Plus Stuff Sack	\$22.00	0.28oz
Total Base Pack: Clothing		\$1,128.00	42.03oz
Base Pack: Gear			
Essentials, Survival, First Aid, Hygiene	Nitecore NU25 headlamp, Victorinox knife, micro carabiner, LMF Scout fire steel, mini butane lighter, pen cartridge, tweezers, ear plugs, needles, safety pins, extra filter gasket and backflush adapter, tenacious tape, inflatable patch. Water purification tablets, TinderQuik, 6' gaffer's tape. Triple antibiotic, ibuprofen, acetaminophen, benadryl, immodium, aspirin, steri-strips, bandage tape, nitrile gloves. Picaridin insect repellent, chapstick, benzalkonium hand sanitizer, soap wafers, toothbrush, floss, toothpaste, Deuce #1 trowel. Hyperlite Mountain Gear DCF11 Drawstring stuff sack, small	\$125.00	9.45oz
Electronics	Aukey PB-Y13 10000mAh USB-C Power Bank, USB-C/Micro cables, USB-C to A and USB-C to Micro adapters, USB-C wall charger, wired audio earbuds. Android phone (excl. from cost).	\$30.00	12.00oz
H2O Storage	1x2L CNOC Vetco bottle S19, 2x1L rigid bottles	\$19.95	5.50oz
H2O Treatment	Sawyer Squeeze Micro	\$27.95	1.75oz
Food Prep	650ml Ti Mug, MSR Pocket Rocket 2 stove, Ti long handle polished bowl spoon, freezer bag cozy, stuff sack, rag	\$95.00	6.25oz
Food Storage	LiteAF Flat Bottom Food Bag, 11L Size S	\$21.95	1.22oz
Total Base Pack: Gear		\$319.85	36.17oz
Total Base Pack		\$3,051.29	10.04lb
Consumables			
H2O	1L (typical carry)	\$0.00	35.20oz
Food	20oz / day x 4 days (typical resupply)	\$50.00	80.00oz
Fuel	1x3.9oz (110g) MSR IsoPro fuel canister	\$4.95	7.40oz
Total Consumables		\$54.95	122.60oz
Total Complete		\$4,032.24	20.76lb

*Indicates custom, modified, or myog/diy; weight may differ from stock.