

Ultralight Thru Hike Gear List

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Worn/Carried		Cost	Weight
Shirt	Patagonia Capilene Cool Trail SS Shirt, S19 Men's M	\$39.00	4.45oz
Shorts	Patagonia Strider Pro Shorts, Men's M	\$69.00	3.50oz
Socks	Darn Tough Hiker Micro Crew, Size L	\$22.00	2.60oz
Shoes	Hoka One One Torrent, Men's 9.5	\$120.00	18.00oz
Accessories	Hat, Buff head wear, cotton bandanna, Oakley Turbine sunglasses, Suunto Core watch	\$455.00	7.00oz
Trek Poles	Locus Gear CP3 with Gossamer Gear Kork-o-Lon grips	\$195.00	10.00oz
Total Worn/Carried		\$900.00	45.55oz
Base Pack: Backpack			
Backpack	Pa'lante Packs V2*, S18 Black 37L Size 19"	\$245.00	15.70oz
Total Base Pack: Backpack		\$245.00	15.70oz
Base Pack: Shelter			
Shelter	Zpacks Pocket Tarp with Doors, S20 DCF6	\$299.00	6.10oz
Stakes	2x8" Easton Nano Spike, 4x7.5" MSR GroundHog, 4x6" Ti Shepherd Hook, LiteAF Tent Stake bag	\$38.49	3.75oz
Guylines	3x9', 4x6' 2mm (reflective), 2x8' 4x3' 1mm braided polyester dyneema core	\$25.00	2.40oz
Groundsheet	Window Shrink Film (Polycryo) 44x84"	\$2.25	1.50oz
Total Base Pack: Shelter		\$364.74	13.75oz
Base Pack: Sleeping			
Sleeping Bag	Enlightened Equipment Enigma Quilt 20°F, S19 Size RR 7D shell 15D liner 13.83oz 950 down fill	\$410.00	19.25oz
Sleeping Pad	Thermarest Z Lite Sol, Size R* (removed two panels), S19	\$44.95	11.40oz
Pillow	Big Sky DreamSleeper UltraLight Pillow	\$24.95	1.55oz
Total Base Pack: Sleeping		\$479.90	32.20oz
Base Pack: Clothing			
Top, Shell	Arc'teryx Zeta FL Rain Jacket, S19 Men's M	\$325.00	7.30oz
Top, Insulation	Patagonia Micro Puff Jacket, F18 Men's M	\$249.00	8.10oz
Top, Base	Patagonia Capilene Thermal Weight Zip Neck, S19 Men's M	\$99.00	6.50oz
Bottom, Shell	Montbell Versalite Rain Pants, S19 Men's M	\$139.00	3.20oz
Bottom, Insulation	Patagonia Capilene Midweight Bottoms, S19 Men's M	\$59.00	5.90oz
Head	Simblissity Headnet, Smartwool 250 beanie, Enlightened Equipment Hooligan Hat	\$120.00	4.50oz
Hands, Feet	Darn Tough Extra Socks, PossumDown Sleep Socks, PossumDown Gloves, Zpacks DCF-WB Rain Mitts	\$115.00	6.25oz
Stuff Sack	Zpacks Medium-Plus Stuff Sack	\$22.00	0.28oz
Total Base Pack: Clothing		\$1,128.00	42.03oz
Base Pack: Gear			
Essentials, Survival, First Aid, Hygiene	Nitecore NU25 headlamp, Victorinox knife, micro carabiner, LMF Scout fire steel, mini butane lighter, pen cartridge, tweezers, ear plugs, needles, safety pins, extra filter gasket and backflush adapter, tenacious tape, inflatable patch. Water purification tablets, TinderQuik, 6' gaffer's tape. Triple antibiotic, ibuprofen, acetaminophen, benadryl, immodium, aspirin, steri-strips, bandage tape, nitrile gloves. Picaridin insect repellent, chapstick, benzalkonium hand sanitizer, soap wafers, toothbrush, floss, toothpaste, Deuce #1 trowel. Hyperlite Mountain Gear DCF11 Drawstring stuff sack, small	\$125.00	9.45oz
Electronics	Aukey PB-Y13 10000mAh USB-C Power Bank, USB-C/Micro cables, USB-C to A and USB-C to Micro adapters, USB-C wall charger, wired audio earbuds. Android phone (excl. from cost).	\$30.00	12.00oz
H2O Storage	1x2L CNOC Vetco bottle S19, 2x1L rigid bottles	\$19.95	5.50oz
H2O Treatment	Sawyer Squeeze Micro	\$27.95	1.75oz
Food Prep	650ml Ti Mug, MSR Pocket Rocket 2 stove, Ti long handle polished bowl spoon, freezer bag cozy, stuff sack, rag	\$95.00	6.25oz
Food Storage	Grocery store plastic bag (thicker type)	\$0.00	0.90oz
Total Base Pack: Gear		\$297.90	35.85oz
Total Base Pack		\$2,515.54	8.72lb
Consumables			
H2O	1L (typical carry)	\$0.00	35.20oz
Food	20oz / day x 4 days (typical resupply)	\$50.00	80.00oz
Fuel	1x3.9oz (110g) MSR IsoPro fuel canister	\$4.95	7.40oz
Total Consumables		\$54.95	122.60oz
Total Complete		\$3,470.49	19.23lb

*Indicates custom, modified, or myog/diy; weight may differ from stock.