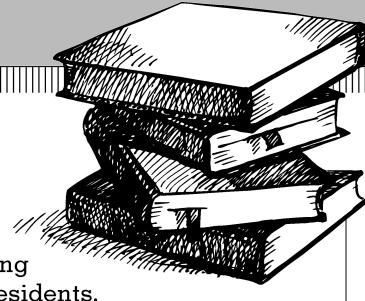


local news**LIFELONG LEARNING COLLEGE****Course Catalog Additions**

A selection of additions to the course catalog at The Villages Lifelong Learning College. Classes are open to Villages and non-Villages residents.



Beginner Vinegar Painting and Graining, 2536.301, April 25, Sloan

Pet Health and Wellness: Vaccinations, 2525.304, April, 28, Murley

Introduction to American Sign Language: Level 2, 2535.301, May 4-June 1, Wilson

A Fresh Approach to Acrylic Paintings: Bless Your Heart, 2503.308, May 7-14, Arrachme

Personal Image: Skincare and Makeup, 2251.305, May 11, Martin

Pet Health and Wellness: Toxins and Troubles,

2525.305, May 12, Murley

Beginning Vinegar Painting and Graining, 2536.301,

May 16, Sloan

Personal Image: 16 Steps to Accessorize and Much More, 2252.304, May 18, Martin

Lifelong Learning Course Survey

To express interest in a course, call 753-3035 from 9 a.m. to 4 p.m. Monday through Friday. To view more descriptions of proposed courses, visit thevillageslifelongcollege.com.

The Feel Good Workout Workshop

Instructor: Helga Malinsky

Description: This workshop incorporates a variety of mindful movements taken from yoga, Pilates, qigong, and various YMCA fitness styles. All of them combined will result in restoring youthful flexibility, enhancing muscle tone, strengthening core muscles.

Poetry — Enjoyment and Understanding

Instructor: Tom Moore

Description: The greatest poetry of the ages will be read, discussed and explained. Themes include love, aging, death, Americans. Authors include Frost, Lennyson, Yates, Shakespeare, Thomas, Browning, Shelley, Wordsworth and Coleridge.



Boaters and fishing enthusiasts gather on Lake Panasoffkee in 2013 as they fish at Tracy's Point.

TOURNAMENT

Continued from C1

What happens if no one catches General Sumter today?

Anglers have until April 30 to catch the fish before the contest closes, Smiley said.

However, a third contest is scheduled for this summer and the reward will roll over, he said.

How popular was last year's tournament?

The majority of the 69 participants in last year's tournament lived outside Sumter County, county staff stated in a published report.

About half of the participating anglers brought family and friends to view the tournament, and many stayed for the Lake Pan Bass Bash, an after-party with live music, food and prize giveaways.

"Spectators and participants alike were quick to mention how extraordinarily

GENERAL SUMTER'S LAST STAND BASS TOURNAMENT

When: 8 a.m. to 2 p.m. today

Where: Lake Panasoffkee

Cost: \$60 for day-of-tournament registration

Guaranteed grand prize: \$3,000

Fishing Lodge, 950 County Road 437, Lake Panasoffkee. Tracy's Point is the site of this year's tournament after-party, which is from noon to 4 p.m., staff stated.

How extensive is the impact on Sumter tourism?

County leaders benefited from General Sumter's Last Stand beyond a jump in tourist development tax collections.

It not only increased awareness of Sumter County as a tourism destination, but positioned it as a quality and world-class alternative to other rural counties in the surrounding area, staff stated in reports.

"Fishing is one of the ecotourism activities we have in Sumter County, with Lake Panasoffkee being one of the outstanding waters of the state of Florida," Arnold said.

Michael Salerno is a staff writer with the Daily Sun. He can be reached at 753-1119, ext. 9087, or michael.salerno@thevillagesmedia.com.

entertaining the event was and how much they appreciate the county and the TDC promoting Lake Panasoffkee and Sumter County's tourism assets," the report stated.

Why is the tournament beneficial for the county?

General Sumter's Last Stand serves to raise awareness of the lakeside fish camps at Lake Panasoffkee, as well as other surrounding businesses, staff stated.

For example, this year's event was held to coincide with the reopening of Tracy's Point

AISENSTATS

Continued from C1

the instructors spoke with heavy accents that were hard to understand.

"We used to tape our classes and at night, I would re-do all the notes so that we could understand," she said. "Because I'd been a nurse, I had more knowledge of the medical terms than the other students did. So I used to do the notes so that we could study."

After graduating in 1986, the Aisenstats enjoyed successful medical practices in St. Louis, Missouri. But like many in fee-for-service practices across the country, their patient loads continued to get bigger and bigger while the time spent at the bedside became less and less.

So when they heard about The Villages Health and the patient-centered concept that drives the practice, they knew it was time to make a move.

A year and a half later, they couldn't be happier.

"We feel that we connect with people here," Helene said. "Part of it is backgrounds. We've lived in many places. And part of it might be our ages. But we have connected with our patients and it's a wonderful feeling."

Robert agreed, adding that he and Helene both are thrilled to be part of an initiative that's changing the face of health care here and is being looked at by others from several different communities. In fact, Robert added, he wants their work with The Villages Health to be part of future health care discussions that others, such as his granddaughter and her classmates in



George Horsford | Daily Sun

Dr. Helene Aisenstat and her husband, Dr. Robert Aisenstat, say they have never regretted their decision to leave behind their lives as paramedics to become primary care physicians.

college down the road, will talk about and learn from.

"I hope my granddaughter can stand up and say, 'My grandma and grandpa were

part of that. They helped get that going,'" he said. "That's what I want on my tombstone. That's what I want my legacy to be."

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