

## THE VILLAGES HEALTH



**Colony  
Care Center**  
280 Farmer  
Place, 674-1710

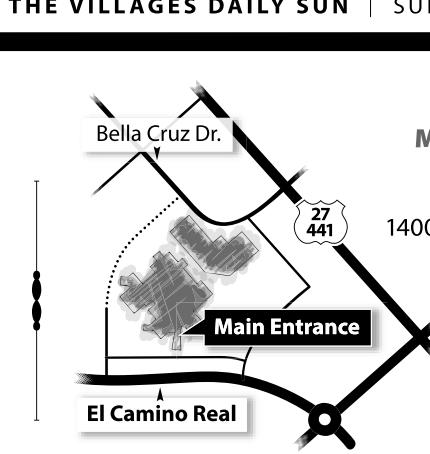
**Pinellas  
Care Center**  
2485 Pinellas  
Place, 674-1720

**Bellevue  
Care Center**  
5051 SE 110th Street,  
674-1730

**Santa Barbara  
Care Center**  
1575 Santa Barbara  
Blvd., 674-1740

**Mulberry Grove  
Care Center**  
8877 SE 165th Mulberry  
Lane, 674-1750

**Lake Sumter Creekside  
Care Center**  
1050 Old Camp Road,  
Building 100, 674-1760



## MEDICAL CAMPUS

**Specialty Care Center**  
1400 N.U.S. Highway 27/441,  
Building 810, 674-8731

**The Villages  
Regional Hospital**  
1451 El Camino Real,  
751-8000  
**Urgent Care:** 751-8863

# america's healthiest hometown



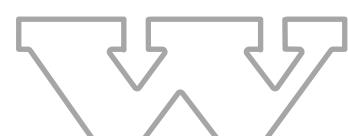
George Horsford | Daily Sun  
Physician Assistant Jamie Kinsey earned an associate's degree in emergency medical services from College of Central Florida and a bachelor's degree in physician assistant studies from Miami Dade College.

## Emergency Medicine Prepared Kinsey Well

**She looked to her dad for inspiration, then applied her experience to her current role.**

By LARRY D. CROOM

Daily Sun Ombudsman



When Jamie Kinsey decided to pursue a career in emergency medicine, she didn't have to look far to find the perfect role model.

"I became interested because my dad was a firefighter/EMT," Kinsey said of her father, Barry Hanselman, who worked for Marion County Fire Rescue and later as a paramedic with an ambulance service owned by Monroe Regional Medical Center. "I wanted to ride along with my dad when I was in high school, but I was too old for the Explorer program at 18. So they said, 'If you want to ride, you have to go to EMT school.' So I did it."

As it turns out, that first step into emergency medicine was just the tip of the iceberg for Kinsey, who then completed paramedic school and spent 15 years in the profession.

working for Monroe Regional Medical Center's ambulance service, which later became a part of Emergency Medical Service Alliance.

"I wouldn't be who I am today if it weren't for what I learned as a paramedic," said Kinsey, a physician assistant with The Villages Health's Bellevue Care Center. "I really enjoyed the adrenaline and the satisfaction I got from helping folks."

While Kinsey said many different calls stick out in her mind, one involving an 8-year-old boy who was hit by a car in front of his school bus will never leave her.

"We flew him to Shands," she said of the trauma center in Gainesville. "We got the call later on that he had perished from his injuries and they were harvesting his organs. That just sticks with me because he was about the same age as my little brother, so it was a very tough call."

Kinsey, whose husband, Rick, served as a firefighter/paramedic with the Ocala Fire Department before also becoming a physician assistant, said other calls with much happier endings also won't be forgotten.

You learn how people react

to different situations and try to keep that in mind when you're taking care of people on a day-to-day basis."

**JAMIE KINSEY**  
physician assistant,  
Bellevue Care Center

**COMING MAY 10**  
The Villages Health throws special birthday parties for patients.

"I delivered a few babies," she said with a smile. "I delivered one in a bathtub, one on the side of the road in an ambulance and one in a car. Those were always trying, but so rewarding when the babies were healthy and screaming and crying."

Kinsey said one of the best things she learned while serving as a paramedic was how to provide patient care and interact successfully with those in difficult situations.

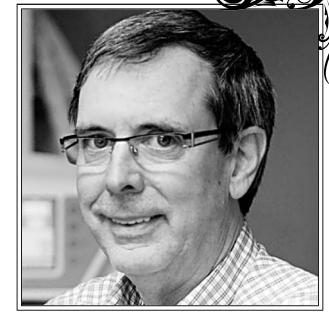
"You learn how people react to different situations and try to keep that in mind when you're taking care of people on a day-to-day basis," she said. "I always try to think, 'What would make that person react the way they are? That's a guy who's usually a really nice guy and today he's just so grouchy. Did his wife just pass away or is she sick at home? Is that what he's worried about?'"

Dr. Joe Hildner, director of medical affairs for The Villages Health, said there's no doubt that Kinsey's wide array of experiences pays off every day.

"She loves long-term relationships with patients, serving their needs in team-based care and deploying her natural talents as an extension of their personal physician," he said. "But she also loves to update her knowledge, develop new skills, acquire fresh, stronger abilities and teach what she has mastered to those eager to learn at her elbow."

## MEET A DOCTOR

**Dr. Thomas Sullivan** is an orthopedic surgeon at the Specialty Care Center. He earned his undergraduate and medical school degrees from Vanderbilt University. Sullivan completed a general surgery internship at Eastern Virginia Medical in Norfolk, Virginia, and his residency training at the University of Massachusetts. He is certified by the American Board of Orthopedic Surgery.



**1**

**Why did you decide to become a doctor?**

We had a lot of nurses in our family, so there was a high degree of respect and admiration for the doctors they worked with. And I just chose an area that matched my skill set. I was really good in science and really good at mechanical things. So I said, 'I'll become a doctor.' My parents were very supportive. I was lucky that they were able to help me get to school and provide the resources to continue.

**2**

**What is your favorite thing about being a doctor?**

Helping and figuring things out that no one else did. In orthopedics, our problems are more limited in their nature. You come in with a broken ankle; we diagnose a broken ankle. We establish a treatment plan together, whether you need surgery or we recommend surgery, whether it's an option or not. Then we go on and accomplish that. But there are a lot of orthopedics where it's continuous. You've got a chronic aching shoulder or a knee, we try to doctor you along for a long time before you need surgery on it.

**3**

**What is your philosophy on health care?**

You really need to listen to the patient. It's not what you want to do. It's what they want to do and what their needs are. You're a consultant and you're helping them pick out the right thing to do. You lead, but you don't decide for them what they need to do.

**4**

**How will you feel if you are on the ground floor of a health care initiative that is used in other communities?**

I'd be very proud. I think this is an initiative and experiment that's going to work. I believe it's worthwhile. It's a good thing to try to establish a medical system that's not purely driven by the profit of the doctor.

**ASK A DOCTOR**

**What is your favorite part of being a physician here in The Villages?**

**Answer Provided by**  
**DR. JAMES FLAHERTY,**  
urogynecologist,  
Specialty Care Center



I help people have a higher quality of life than what they currently do. What I do in urogynecology, female pelvic medicine and reconstructive surgery, isn't so much save lives as restore quality of life. It's very rewarding to take somebody who has limited what she does because of, perhaps, incontinence problems or prolapse problems and restore that normal function. That lets them live a better life.

**Why did you decide to become a primary care doctor?**

**Answer Provided by**  
**DR. MICHAEL WALD**  
Mulberry Grove  
Care Center



I wanted to do something that would be challenging, something that had some interest for me. I knew I'd be a terrible businessman – it just wasn't in the cards for me. So I said, 'I'm a people person. I like to communicate. We'll give medicine a try.' It was the right decision for me. I like what I do. Not everybody who works for a living can say that.

**What made you decide to join The Villages Health?**

**Answer Provided by**  
**DR. TOMAS PEREZ**  
Pinellas Care Center



What The Villages Health offers, you can't find anywhere else. They give you the tools and resources to really practice medicine the way we all envisioned it when we were in medical school. It's more than just the fancy office and the equipment. It's the staff support. It's the time that we get with patients.

## DID YOU KNOW?

**Dr. Denise Kennedy**, a primary care physician at the Creekside Care Center, is a fan of the television show "Empire," which appears on Fox and stars Terrence Howard, Taraji P. Henson and Caitlin Doubleday.

