

Blood and Muscle

OPB Lissie

Arr. by Amanda Navarre

♩ = 68 **Intro** **Verse 1**

Voice

Mid-night, knock-ing on my win - dow, light play-ing trick on me and

Voice

Soprano

oo_____ aah wana na

Alto

mm_____ oo_____ aah wana na mm

Tenor

mm_____ oo_____ aah wana na mm

Baritone

mm_____ oo_____ aah mm

Bass

dm dm dm dm dm dm dm dm dm dm dm dm dm dm

7

Vo.

oh I'm_ runn-ing_out of time. Wast-ed so man-y hou-rs gave up all of my pow-er and for what? It's like I've been out of my

Vo.

S.

dm dm dm dm dm dm

A.

dm dm dm dm dm dm

T.

dm dm dm dm dm dm

Bar.

dm dm dm dm dm dm

B.

dm dm dm dm dm dm dm dm dm dm dm dm dm dm

12

Vo. mind. But I won't give up one sop No, I won't give up I want a love

Vo. ah_ ah_ ah_ ah_

S. dm dm dm dm dm dm dm

A. dm dm ah_ ah_ dm dm ah_ ah_

T. dm dm dm dm dm dm dm dm dm dm dm dm dm dm dm

Bar. dm dm dm dm dm dm dm dm

B. dm dm dm dm dm dm dm dm dm dm dm dm dm dm dm

Chorus 1

17

Vo. that's made of blood and muscle, I want a love that's brave can take my tears, I want to laugh at the dark like I'm not

Vo.

S. oo_ oo_ aah_

A. oo_ oo_ aah_

T. oo_ oo_ aah_

Bar. oo_ oo_ aah_

B. dm dm dm dm dm dm dm dm dm dm dm dm dm dm dm

22 Post-Chorus

Vo. 

scared of no-thing, I want a lo - ve that's made of blood and mus-cle.

Vo. 

one sop
blood____and

S. 

oo mm aah____

A. 

oo mm blood____and

T. 

oo mm wa na na na na na na na na na na na na na

Bar. 

oo mm aah____

B. 

dm dm dm dm dm dm dm dm dm dm dm dm

26

Vo. 

Vo. 

musc-le musc-le blood____ and musc-le musc-le blood____ and

S. 

aah

A. 

musc-le musc-le blood____ and musc-le musc-le blood____ and

T. 

wa na na na na na na na na na na na na na wa na na na na na na na na na na na na na

Bar. 

aah

B. 

dm dm dm dm dm dm dm dm

28 **Verse 2**

Vo. The crows fly high-er and high-er, their cries sound like a cho-ir in

Vo. musc-le musc-le blood and

S. dm dm dm dm dm dm dm dm

A. musc-le musc-le blood and oo

T. 8 wa na na na na na na na dm dm dm dm dm dm dm dm dm dm dm dm dm

Bar. dm dm dm dm dm dm dm dm dm dm dm dm dm

B. dm dm dm dm dm dm dm dm dm dm dm dm dm

31

Vo. the sky, it's like they're taunt-ing me. Say-ing you should give up,

Vo. ah ah

S. dm dm dm dm dm dm dm dm dm dm dm dm dm

A. oo ah ah

T. 8 dm dm dm dm dm dm dm dm dm dm dm dm dm dm dm dm dm

Bar. dm dm dm dm dm dm dm dm dm dm dm dm dm dm dm dm dm

B. dm dm dm dm dm dm dm dm dm dm dm dm dm dm dm dm dm

Chorus 2

34

Vo. No, I won't give up uh_ uh_ up_ I want a love that's made of girl harmony

Vo. ah_ ah_ of

S. dm dm dm dm dm dm dm aah aah

A. ah_ ah_ aah aah

T. dm dm dm dm dm dm dm aah aah

Bar. dm dm dm dm dm dm dm dm dm dm dm aah aah

B. dm

38

Vo. blood and muscle, I want a love that's brave can take my tears, I want to laugh at the dark like I'm not

Vo. blood and muscle, can take my tears, I want to laugh at the dark like I'm not

S. aah aah

A. aah aah

T. aah aah

Bar. aah aah

B. dm

Bridge

42

Vo. scared of no-thing, I want a lo - ve that's made of blood and mus-cle, Real and warm_____ and a-live_

Vo. scared of no-thing _____ of blood and musc-le, _____

S. _____ aah _____ mm _____ oo _____

A. _____ aah _____ mm _____ oo _____

T. _____ aah _____ mm _____ oo _____

Bar. _____ aah _____ mm _____ oo _____

B. dm dm dm dm dm dm dm dm dm dm dm dm dm dm dm dm

Chorus 3

47

Vo. _____ and not just in my mi-nd _____ I want a love_____ that's brave can

Vo. _____

S. ha _____ aah ha _____ ha

A. ha _____ ha ha ha ha ha

T. ha _____ ha

Bar. ha _____ ha

B. dm dm dm dm dah dah dah dah dah dah

52

Vo. take my tears, I wan-na laugh at the dark like I'm not scared of no-thing, I want a lo - ve that's made of blood and mus-cle, musc-le,

Vo. of blood and mus-cle, musc-le

S. aah aah

A. aah aah

T. aah aah

Bar. aah aah

B. dm dm dm dm dm dm dm dm dm dm dm dm dm dm dm dm

57 **Outro**

Vo. mus-cle, musc-le, musc-le, that's a-live_ that's a-live_

Vo. mus-cle, musc-le musc-le

S. blood_and musc-le musc-le blood_and musc-le musc-le blood_and musc-le musc-le blood_and

A. want a love of blood and musc - le want a love to take my tears

T. want a love of blood and musc-le want a love to take my tears

Bar. ha ha ha ha

B. dm dm dm dm dm dm dm dm dm dm dm dm dm dm dm dm

61

Vo. 

I want a love that's made of blood and muscle.

Vo. 

S. 

musc-le musc-le blood and musc-le musc-le mm blood aah

A. 

want a love that's not scared of no-thing mm blood aah

T. 

want a love that's not scared of no-thing mm blood aah

Bar. 

ha mm blood aah

B. 

dm dm dm dm dm dm dm dm dm dm blood aah