How to calculate the TMR0 value

The Timer0 increment period is given by:

1: Work out the Instruction Frequency

Instruction frequency (Finstr):

For a system clock of 2 MHz (XTAL_FREQ=2000000), the instruction frequency is:

$$F_{Fintsr} = \frac{F_{Fosc}}{4} = 500 \, \text{kz}$$

Because pre scaler is set to 1:64

Increment Period =
$$\frac{64}{100}$$
 = 128_{us}

2: Now we can calculate the Timer 0 overflow

Timer0 is an 8-bit timer, so it overflows after counting 256 ticks. The time to overflow is then as follows :

Hence we have

$$256 \times 128 \,\mu s = 32.768_{ms}$$

If you want a delay smaller than this, you need to preload TMR0 with a value less than 256.

Continued

3: Preload Calculation

The preload value sets the starting point of TMR0 so that it overflows sooner. The formula for the preload value is:

$$Preload\ Value = 256 - (\frac{desired\ time}{increment\ Period})$$

For a **1 ms interrupt**:

Desired Time =1ms = $1000\mu s$

Preload Value Thus equals

$$256 - (\frac{1000_{us}}{128_{us}})$$

This equates to:

$$256 - 7.8125 \approx 248$$