Prayer for Peace and Protection from Blasphemous Thoughts

Father in Heaven,

I come to You feeling tired, afraid, and ashamed of the thoughts that race through my mind. I don't want them, Lord. They grieve me deeply. I hate them. I cry out to You because only You can give me peace and set me free.

Lord Jesus, I believe in You. I believe You died for me and rose again. I know You have not rejected me, even when my mind feels like it's betraying me. I ask You to protect my heart and my thoughts. Let the lies of the enemy be silenced in Your name.

Holy Spirit, I invite You into my mind. Cleanse it. Fill every corner of my thoughts with truth, light, and peace. Cast out every dark voice, every accusation, every torment that tries to drag me away from You. I rebuke the spirit of fear and confusion - I belong to Jesus, and no one can snatch me from His hand.

Even when I don't feel strong, I choose to trust You. I will not let shame win. I will not believe the lie that I am too far gone. Your Word says there is no condemnation for those who are in Christ Jesus - and that includes me.

I surrender every intrusive thought to You, God. Guard my mind. Be my strength. Replace the noise with peace. Replace the fear with faith. And remind me every day: I am Yours, and You will never leave me.

In Jesus' name I pray,

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Amen.