



Short description of artwork

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This artwork is about the frustration and pain that comes with having a disability or illness that is not understood by the medical community. I have been prescribed medication for my chronic pain where the side effects of that medication were more pain of the same variety. Doctors are unsure of the origin of your pain or how you experience the pain, and so seem to prescribe medication based on your explanation of the pain (being neurodivergent does not help with this).

In this artwork I have used my own medication tablets, their side effects, and the 2025 national gallery of Ireland's calendar.

What does art mean to you? What role does art play in building an inclusive future?

Art is one of the only ways for marginalised people to express themselves in a capitalist society. Through art, marginalised people can make themselves and their opinions visible to the dominant culture. Hopefully pushing for change not just in the art space but in greater society. Through art an individual can also process their anger and sadness that occurs in our current system of governance.