

SCHOOL MAGAZINE

2nd
Edition
(2019)



NDIAINI GIRLS' HIGH SCHOOL

Knowledge is Power



Ndiaini Girls' High School (Year 2019 Magazine)

Motto

Knowledge is Power

Vision

School of Holistic Education with Innovative Learners

Mission

To Instill Knowledge, Skills and Values in Learners
through Effective Learning and Teaching Approaches

Core Values

Integrity | Discipline | Hard Work | Loyalty | Teamwork



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Ndiaini Girls'

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An Overview of Ndiaini Girls'

Ndiaini Girls' High School is now a public county girls' boarding secondary school located in Mukurwe-ini Sub-county, Nyeri County, Kenya. It was founded in the year 1978 by the Presbyterian Church of East Africa (P.C.E.A), being an extension of Ndiaini Primary School. It began as a mixed day harambee school admitting 38 students in its first form one class. It was officially registered on 4th July, 1981.

Ndiaini Girls' High School has grown over the years to a double-stream school with a population of about 400 students and sufficient modern facilities. It provides holistic education and nurtures students' talents while instilling values in them.

Through this, it has taken a good number of students to universities, many to colleges and has produced many more self-reliant women of integrity.

Ndiaini Girls' High School is currently headed by Dr. Phyllis Muturi as the principal and Mrs. Polly Mwaura as the deputy principal. It has a professional staff of 18 teachers who are dedicated to helping students achieve their full potential.

Ndiaini Girls' High School is located in a beautiful and serene rural environment along Mukurwe-ini - Othaya highway; about 30 minutes' drive from Nyeri town and about 500 meters off Gakindu Town.

Editor's Note



Wambugu.W.M (Editor)

It is with effusive appreciation that I acknowledge every effort laid down by the contributors towards the publishing of this second magazine in our school. There have been some strains undergone for this work to come to its fruition, but after all victory strived for has taken its course. This magazine is not just a seed that attempts to poke our latent capabilities in creativity, but also a beauty that needs to be sustained.

It is true that everything is possible once you believe in it and then you strive at achieving it. You too can achieve your best if you have discipline, focus and commitment. As Mahatma

Gandhi, an Indian philosopher believed in himself; "If I have the belief that I can do it, I shall surely acquire the capacity to do it even if I may not have it at the beginning."

I believe there is much to learn from this work. The magazine has captured significant perspectives mostly in the area of creativity which has memorable inspiration from both the students and the teachers. Enjoy the reading.

Yours in print;

Wambugu.W.M

"The magazine has captured significant perspectives mostly in the area of creativity which has memorable inspiration from both the students and the teachers."

From the Principal's Desk



*Dr. Phyllis Muturi (Principal/
Senior Principal)*

I wish to welcome all of you to our second school magazine. Ndiaini Girls' High School was started in 1978 from our parent, Ndiaini Primary School. Currently, it has a population of 400 students. The school has continued to grow from a very humble beginning to what it is now. The school endeavours to attain the highest possible performance based on the available resources.

The school aims at nurturing talents of our students to promote creativity, innovativeness, morality and values acceptable to the society. The school has produced students who have

joined universities and tertiary institutions. We appreciate the role played by our stakeholders by ensuring the school is financially stable and peaceful. We honour our teachers for their commitment and sacrifice in delivering the curriculum and shaping the students.

The school is endowed with enough teaching and learning resources to help our students perform and nurture their talents, with a teaching staff of 16 TSC teachers, 2 BOM teachers, and 16 non-teaching staff. Our main challenge is lack of an extra laboratory to accommodate the increasing number of students. We welcome any support from well-wishers to put up this facility.

To our students, let's take pride in our school work and let's do it well. Every minute wasted will never be recovered, utilize every opportunity presented to you.

Long live Ndiaini Girls' High School.

*Dr. Phyllis Muturi
(Principal/Senior Principal)*

From the Deputy Principal's Desk



*Mrs. Polly Mwaura (Deputy
Principal)*

I am deeply humbled to have this golden opportunity to say a word to my dear students. I wish to emphasize that everyone must understand that there is a reason and a season for everything. This is your season to be in school for a short stint of four years. Unless you fully understand the reason for being in school, then your stay in school may not yield much. Every time you are doing what you know is wrong or not beneficial to you, just imagine of your future life without education, and more so when you are a woman. If you fail to sacrifice to get what you want, your wants become the sacrifice.

One day you will be accountable for the opportunities God has brought your way, like this chance to be in school and lay a foundation for your future. Do not allow laziness and lack of focus to cut off your dreams. Do the best you can where you are and with what you have.

Never allow the crowd to determine where you stand. It is safe to be in a crowd but it is stupid. At the end of it all, you will live your life alone. Our destiny is not written for us but by us. So write yours the way you want it to be. Education gives you an edge that no one can take from you.

Strive to grow up. Growing older is not a choice. Growing up is.

Growing up is a lifelong process in which we should strive for personal improvement, autonomy, self-awareness, relational maturity and personal responsibility.

Growing up is about being able to distinguish between our needs and wants, it is about doing what we have to do, not what we want to do.

Growing up is about owning

our lives and creating our own destiny.

Finally, discipline guides a child the way a rudder steers a boat and keeps it on course. Commendable character and values elevate one to levels never imagined. Always think about your character!

Keep walking through the storm. Your rainbow awaits. GOD BLESS!

*Mrs. Polly Mwaura
(Deputy Principal)*

My Purpose in Life

Why was I born? Yeah, I was born for a purpose. If that was not the case, God would not have let me come to this world. So I have a purpose to live. To achieve my goals. To do the best and to become the best. To go to my mission and come out a winner because that's what I am. I am unique. I was born to conquer. To achieve my goals. Because I am the best. That's what I was created for.

By Risper Wathira

We All Can Fly

There was a man who made a living selling balloons at a fair. He had all colors of balloons including black, red and green. Whenever business was slow, he would release a helium-filled balloon into the air. When children saw it go up they would want to buy one. They would come up to him, buy a balloon and his sales would go up again.

One day he felt someone tugging at his jacket. He turned around and saw a little boy who asked, "If you release a black balloon, would that also fly?" Moved by the boy's concern, the man replied with empathy, "Son, it is not the color of the balloon. It is what's inside that makes it go up."

The same case applies to our lives. With the right education inside us, we all can fly.

By Florence W² (Form 3 North)

TSC Teachers



Dr. Muturi (Principal/
Senior Principal)
Maths/B/Education



Mrs. Mwaura (D/
Principal)
English/Literature



Mr. Ihiga (DOS, HOD
Maths Dept)
Maths/Chemistry



Mrs. Hinga (HOD
Language Dept)
English/Literature



Ms. Wanjuki (HOD
Science Dept)
Physics/Chemistry



Mrs. Muita (HOD
Humanity Dept)
C.R.E./History



Ms. Rehema (HOD Techni-
cal Dept, Boarding Mistr.)
Biology/Agriculture



Mr. Wambugu (HOD
Guidance & Cou. Dept)
English/Literature



Mr. Maina (HOD
Games Dept)
Kiswahili/History



Mrs. Ngure
C.R.E./Geography



Mrs. Wanjohi
Biology/Chemistry



Mrs. Mureithi
Maths/Chemistry



Mrs. Njuguna
Maths/Biology



Mrs. Mbuthia
Kiswahili/C.R.E.



Mr. Kathurima
Kiswahili/History



Ms. Wambui
Maths/Chemistry

Language Department



Language is the medium through which all the subjects are taught i.e. they all use words. Ndiaini Girls' High School offers two languages which are compulsory in K.C.S.E. i.e. **English and Kiswahili**. In the department, we impart the following skills:

- ✓ Speaking
- ✓ Listening
- ✓ Reading
- ✓ Writing

Importance

What names would you call other subjects without using words (language)? History? Mathematics? Chemistry? Name

them. What about careers? Law? Medicine? Teaching?

In short, we are the name giver. Without English, all the other subjects except Kiswahili are gagged. English is not only the official language in our country but also an international language; therefore, despising it leads to dire consequences.



Mrs. Hinga
(H.O.D)

Kiswahili on the other hand is important in its own unique way. It is like a comic relief in a tragic story. It is like a rose flower in a thorny bush of cactus, the master key when all other fail. It is also the national language in our country and so

for a student, it is a leeway when English fails him/her.

We urge other departments and students of Ndiaini Girls' High School to keep in mind that:

- We are the key to every subject
- The one behind your success
- We are 'the beautiful bride that all men would want to marry'
- We are your doctors, consult us

Note

If language is the outpatient, you are the inpatient; if the inpatient, you are in the ICU; and if language should get into the ICU... you are in the morgue!

So let's all join hands and transform our school with good grades by embracing English and Kiswahili, abandoning Sheng' and use of vernacular while in school.

Mrs. Hinga
(H.O.D Language Department)

What is Life?

Life is an opportunity, benefit from it

Life is beauty, admire it

Life is bliss, taste it

Life is a dream, realize it

Life is a challenge, face it

Life is a duty, complete it

Life is a game, play it

Life is a promise, fulfil it

Life is sorrow, overcome it

Life is a song, sing it

Life is a struggle, accept it

Life is a tragedy, confront it

Life is an adventure, dare it

Life is too precious, don't destroy it

Life is life, fight for it

Think of the solution, not the problem.

By Sheila Shee

Serious Joke

❓ If hard work pays, why aren't donkeys rich?



Mathematics Department



Mathematics is such an important subject that it is in its own department. It is the subject around which all other subjects revolve. Mathematics tests a learner's ability to think critically. It is therefore a requirement that a student performs above average in the subject to pursue most, if not all, of the courses in universities and colleges. Even to pursue a technical course, the learner needs good knowledge in mathematics.



Mr. Ihiga M.
(H.O.D)

The mathematics department
has very supportive teachers

who not only teach mathematics concepts in class, but also guide any student who may not have understood, or needs help tackling a question, at a personal level. The school has also bought sufficient revision materials which the students use to enhance their knowledge on what they have learnt and build their confidence in readiness for examinations.

The department encourages students to develop a positive attitude towards mathematics and make use of the available resources. They should not be afraid to

ask for help when they need it. Parents are also advised to motivate their children to perform better in the subject. Mathematics is not hard, it only requires practice. As we say, 5 sums a day keeps the C away.

Mr. Ihiga M.
(H.O.D Mathematics
Department)

Do Not Give Up On Your Dreams

It's good to dream big while you are young. That is why it's not uncommon for children to talk about what they want to be in future. Dreams drive us to work hard because we want to live to achieve them.

Lupita Nyong'o has excelled in acting because she pursued her dream of becoming an actress without giving up. I believe she was sometimes faced with challenges but she did not give up. So never stop dreaming no matter how impossible your dreams may seem for now.

By Nancy Macharia

The Orange Juice Illustration

If you squeeze an orange as hard as you can, what will come out it? Obviously, it's orange juice and not any other fruit's juice. Now assume you are the orange and someone squeezes you, says something you don't like and offends you. Out of you comes anger, hatred, bitterness, fear. Why? Because that's what's inside you. It doesn't matter who does the squeezing; you mother, your brother, your children, your boss, your spouse, your colleagues or those in authority.

If someone says something about you that you don't like, what comes out of you is what's inside you. And what's inside you is up to you, it's your choice. Once you take away all those negative things you don't want in your life and replace them with positive ones, you'll find yourself living a highly functioning and positive life.

By Margaret Maina (Form 3 South)

Science Department



The Science Department comprises **Chemistry, Biology and Physics**. It is in this department that doctors, engineers and other notable professionals are made.

The department has very active teachers who instruct students in their studies. We hold science practicals in the laboratory regularly to ensure that the students understand what we teach them in class better. We also prepare our students and send them out to participate in contests and the Kenya Science and Engineering fairs. This



*Ms. Wanjuki
(H.O.D)*

boosts their confidence in the science subjects.

Chemistry is compulsory in the school. This is because knowledge of the subject is required to pursue most courses in universities and colleges. In addition to chemistry, students choose to continue studying either biology or physics in the third term of form 2, depending on what career path one wants to follow.

The school has one laboratory, which is well equipped. However, with the increasing number of students, one laboratory has not been

enough, and the administration is working to put up another one, which will ensure effective learning and doing of practicals.

Ms. Wanjuki (H.O.D Science Department)

Characteristics of Lazy Students

1. They stare at the teacher as though attentive yet they are building non-existent castles. They are physically present but mentally absent.
2. They wake up early to go to class, not to study, but to extend their sleep.
3. They have common questions to disturb the hardworking students. Questions like, "What is the time?"
4. They don't complete assignments and always have excuses.
5. They escort each other everywhere they go, even to the loos.
6. They are the first to go to sleep and the last to

get up.

7. Their talk is always negative towards the teachers, prefects and sharp students.

Are you one of them?
Beware that laziness is a killer disease!

By Nelius Njeri (Form 2 South)

Take Action for a Comfortable Life

In life today, you must earn enough money to cater for your basic needs and other necessary needs to live a comfortable and decent life. Your desired lifestyle will determine the amount of money you will need to earn to maintain that lifestyle. But no matter how positive your attitude is, and no matter how smart your goals are, you will not achieve anything if you do not take action. Dreams only determine what you want. It is action that determines what you get.

By Waruguru Shallon Wambui (Form 3 South)

Humanity Department



Humanity department – the stew of other subjects.

The department encompasses social sciences i.e. **Geography, Christian Religious Education (C.R.E) and History**. The subjects impart knowledge that shapes the society through inculcating good moral values, preventing repetition of mistakes done in the past and make students understand and manage their environment properly. Teachers in the department include: Mrs. Muita (H.O.D), Mrs. Ngure, Mr. Miriti, Mr. Maina and Madam Celina.



*Mrs. Muita Purity
(H.O.D)*

The school performs very well in the subjects in K.C.S.E. The good results are not accidental but are attributed to:

- Highly motivated students
 - Team spirit
 - Passionate teachers
 - Creativity in the department
 - Attention given to individual students as per their capability
- Teaching and learning in the department is therefore interesting, no wonder it is said to produce 'stew' for the other subjects.

Welcome to dynamism in humanity department whenever you visit the school.

*Mrs. Muita Purity
(H.O.D Humanity Department)*

Our Environment

Environment is the area surrounding us. Our environment has trees, flowers and other plants, which make it beautiful. It is our role to keep it clean and maintain this beauty by planting more of these trees, flowers and plants.

Trees give us oxygen, which we need to live, as we give them Carbon (IV) Oxide. We also depend on plants for food. Animals like monkeys and birds live in trees as their home. It is therefore important to plant more trees, especially when we cut them for use.

The reason why we should plant a lot of trees is because they attract more rainfall. Deforestation, which is the cutting down of trees without replacing them, is now illegal in our country, Kenya. This is because deforestation can lead to

drought. When we practice deforestation, we destroy the good environment which our God created.

Since God created a clean, beautiful environment, we should not make it dirty and ugly by throwing litter around. When we throw litter in water bodies such as rivers, lakes and oceans, we destroy the environment of the animals that live in there. Some of these animals die as a result of this. We should also avoid bathing and washing anything in the river.

Cleanliness is next to Godliness. Let's all come together and care, protect and conserve our environment.

*By Githaiga Moureen
Wanjiku (Form 1 South)*

A Beatitude of Students

Happy are those who sit near the window because they'll see the *mode* coming.

By Mary Maya

Technical Department



The Technical Department currently constitutes of two subjects: **Agriculture** and **Business Studies**. These are subjects that a learner can never wonder why he/she is studying them because of their direct applicability.

Although we are not offering Computer Studies currently, the school has a computer lab which is well equipped with modern computers, printers, scanners, photocopiers and projectors. Students get to learn a thing or two while interacting with them.

Both agriculture and business

studies are compulsory in form 1 and 2. In the third term of Form 2, students can choose one of the two subjects depending on what they want to pursue in life.



Ms. Rehema
(H.O.D)

Earlier, the department had stopped offering agriculture for a while because the school lacked a permanent TSC teacher of the subject. However, this was solved in the year 2017 and now every student who wishes to do agriculture up to form 4 can do so.

Brenda Schoepp's grandfather used to say that once in your life you need a doctor, a lawyer, a policeman and a preacher, but

every day, three times a day, you need a farmer. We also need business persons as much, don't we?

Ms. Rehema
(H.O.D Technical Department)

Kwani ndo nini?

Ati kuku ni 10k, kwani imesoma?

Ati bra ni 100, kwani ni long sleeve?

Ati kiberiti ni 10 bob, kwani imetengenezwa na Burning Spear?

Ati fish ni 5k, kwani ni ile iliomeza Jonah?

Ati padlock ni 10k, kwani inakam na watchman?

By Dayana Gathigia
(Form 3 North)

Tricky Sana

Wafula: Mayai ni pesa ngapi?

Shopkeeper: Hizi kubwa ni 10 bob, hizi ndogo ni 7 bob na zile zimevunjika ni 3 bob.

Wafula: Nivunjie hizo kubwa tatu....

By Pauline Wangari
Waithaka (Form 3 South)

How to Let God

Pray for God's will in your life. The Bible requires us to not be anxious about anything, but in everything, by prayer and supplication, with thanksgiving, present our requests to God.

Gratitude. Always give thanks to God for what you already have and believe Him for what you do not have.

Praise and worship. Always worship and praise God for who He is.

Have compassion for His creation by helping the less privileged.

Live a Godly life so that people can emulate your ways.

By Jane Irungu (Form 3 North)

Guidance & Counselling Dept.



Guidance and Counseling Department has significantly been given a central placement in the school, with the purpose of sustaining stable learners for the sake of building conducive environment for the students to utilize and realize their full potentialities. To secure this, there are class meetings, family days, guidance and counseling programmes and 16 family groups patronized by teachers who act as parents to the students allocated. Namely, the family groups are: Nairobi, Kenyatta, Moi, Maseno, Kimathi, Maasai Mara, Pwani, Egerton, Masinde

Muliro, Meru, Kabianga, Kisii, Laikipia, Karatina, Multi-media and Chuka. These names are derived from the category of the universities in Kenya.



*Wambugu. W.M.
(H.O.D)*

The department makes integrated programmes at the beginning of every term with facilitators entailing peer counselors, teachers, invited motivational speakers and counselors. During academic clinics parents are given a platform and encouraged to guide learners in relation to their parental experience.

Emphatically, the department

has focused on discipline cases, academic motivation, career guidance and on overcoming personal and group challenges and problems among other contemporary issues.

The sustained-friendly environment between teachers and students has allowed students to promptly get guidance at ease whenever they are in need of it.

"To conquer without challenges is to triumph without glory."

*Wambugu. W.M (H.O.D
Guidance & Counselling
Department)*

Athari za Bangi

Juzi mwendeshaji pikipiki mmoja alivuta bangi halafu akawa anaendesha pikipiki yake kuelekea sokoni. Ghafla akakutana na lori kubwa la trela. Yeye alidhani ni pikipiki mbili. Akajisemea, "Hawa watanitambua, nitapita katikati yao."

Yatafakali hayo.

*By Ruth Muthui (Form 2
South)*

Mistari Kali

Chali: Hi darling.

Dem: Pwr xana swty.

Chali: Aki napenda meno yako.

Dem: Khaii why beiz?

Chali: Coz yellow is my favorite color!!!

*By Carol Mwass (Form 3
South)*

From Your Thoughts to Your Destiny

Your thoughts make your words

Your words make your actions

Your actions make your habits

Your habits make your character

Your character makes your destiny

*By Wizra, Florence,
Gladoo & Wambo (Form 3
North)*

Boarding Department



The dormitories are well secured as they are fenced and there is provision of security lights which remain on throughout the night. These dormitories are situated near the tuition blocks; therefore, our girls do not fear as they go to sleep after the night preps.

The school has six dormitories which are large enough to accommodate all students without congestion. We ensure that there is a yearly reshuffle in the dormitories and that every dormitory has students from all classes. This enables the girls to relate and socialize well.



*Ms. Rehema
(Boarding Mistress)*

Members from different dormitories engage in games and sports inter-house competitions. Also, the houses compete in cleanliness and the house that emerges the cleanest is awarded at the end of the term.

The boarding mistress supervises and offers guidance in each house. She is friendly hence any girl facing a problem finds it easy to consult her. She is assisted by other teachers, appointed as dormitory mothers, and house prefects to manage the dormitories.

The school matron ensures that

the girls attend to their duties as expected. She also takes those who fall sick to the hospital and ensures that the medicine given is kept safely and taken as prescribed.

The school dining hall is large enough to accommodate all the students comfortably when taking their meals.

Cleanliness is second to Godliness. Our girls are expected to stay clean and to clean the areas where they are assigned duties all the time. Inspection is done always to ensure that the duties are attended satisfactorily. This instils a sense of responsibility and therefore prepares the girls to become responsible citizens in future.

Ms. Rehema (Boarding Mistress)

Kuuliza si ujinga

Master: If a person's brain stops working, does he die?

Teacher: You are still alive. Go figure.

By Anne Muiga (Form 2 North)

Ujinga ni...

Ujinga ni kubeba bag ya back to school na ni closing day.

Ujinga ni kukatia dame kwa Church tena unamwambia atoe sadaka.

Ujinga ni kuita dame yako baby na uko na mtoto hapo.

Ujinga ni kufua nguo na maji moto ili zikauke haraka.

Ujinga ni kupea kuku maji moto ili atage mayai boiled.

Siendi Heaven

Teacher: How are you children?

Class: Fine teacher.

Teacher: I have a question, who would like to go to heaven? *(Everyone raises up their hand except Kamau.)* Kamau mbona hungetaka kwenda heaven?

Kamau: Sababu mama ya mine alisemaga nikitoka shuleni ni kwende moja kwa moja hadi nyumbani.

By Njoki Mwas

Games Department



Dylaz Go Marching in!

Ndiaini Girls' High School is a renowned giant in games and sports within and without Nyeri County. The school

administration, headed by the principal, Dr. Phyllis Muturi, has invested heavily on physical facilities and empowerment of human resources required for our girls to grow wholesomely as they utilize their talents in co-curricular activities.

In Term 1, we participate in handball, cross country and athletics.

In handball this year, our girls

were able to rise to the sub-county semi-finals. In cross country, one of our girls, Alice Nyawira Maina (Form 1 South), fought all athletes from

Mukurwe-ini Sub-county and proceeded to Nyeri County Finals at Nyeri High School, where she emerged number 21. The department encourages her to continue practicing in and out of season for she has a bright future in the athletic world.



*Mr. Maina
(H.O.D)*

The school soccer and volleyball teams are already upbeat in anticipation for Term 2 activities. We have already held some friendly tournaments

with neighboring schools like Gatugi Mixed Day from Othaya and more are on line. Our soccer team outshined our guest's by humbling them with 4 goals to Nil. We congratulate our soccer team.

Our supportive principal has promised to provide the required items that the teams require for better results. She has promised a new set of sports uniform, sports socks, knee caps, branded track suits for the couches, sports shoes for the volleyball team and goalie regalia.

In order to provide wide-range games disciplines, our principal has already authorized construction of a modern table tennis practice room and refurbishment of the tennis table. The Games Department is very grateful and more motivated by this show of commitment.

We are looking forward to going beyond Nyeri County in Term 2 activities as we line up more build-up friendly tournaments in readiness for the competitions. We thank God that we have not encountered any injuries during the past Term 1 competitions.

*Mr. Maina (H.O.D Games
Department)*

Mchongoano

Ati uko na mdomo biggy hadi ungekuwa mwimbaji ungetoa collabo peke yako.

Doggy yenu imebeat hadi ikibark lazima ijishikilie kwa ukuta.

Kwenu ni ocha sana hadi SMS ikifika unaipanguza vumbi kwanza.

Naskia budako ni mkonde hadi akivaa socks anazifunga na mshipi.

Naskia uko na tako ngumu hadi ukikalia ngandania inapasuka.

Naskia shosho yako ako na meno moja na bei ya colgate ikipanda anateta.

Naskia uko na nywele moja na unalilia kushukwa raster.

Uko na pimple mingi hata ukipigwa photo camera inadai join the dots.

Wewe ni mchafu hadi nzi zinakuita my favorite.

Wewe ni mnene hadi ukivaa nguo ya yellow watoto hudhani ni school bus.

Students' Governing Body



The Students' Governing Body/ The Prefects' Body is coordinated by the deputy principal, Mrs. Mwaura, and led by the head girl, Margaret Wambiru.

The prefects' body has been an important group in the school. We have been able to make the school shine in many activities such as supervising duties, maintaining silence in classes thus enabling each and every student to concentrate in their studies, guiding and counselling other students, solving minor cases and also settling disputes among students.

The prefects act as role models to other students. Each prefect follows and obeys the school rules to lead by example. Our body

consists of different prefects. There is the head girl, compound prefects, dining hall prefects, dormitory prefects, laboratory prefects, library prefects, class prefects, entertainment prefects and the games captain. All these groups work together as a team to maintain order in the school.

Our prefects' body has been able to prevent noise making, rumour mongering and time wastage which streamlines the school day-to-day activities.

We are now working to put an end to the negative attitude some students have towards teachers and subjects. We are also building team spirit among ourselves.

Scouts' Movement



The Scouts Movement in Ndiaini Girls' High School was started in the year 2005 by our principal, Dr. Phyllis Muturi, and our former patron, Mr. Anthony Maina. The current patron is Mrs. Ngure and Stephanie Njoroge is the commander.

Our role as scouts is to raise the flag, ensure that the school is clean, serve others, serve God and serve oneself.

Recently, we have recruited new members, made sure that every scout has the scouts' uniform, visited the chief and done communal work. We look forward to be the best club both in our school and in our sub-county. We also plan to do more charity work by helping the

needy.

By joining the Scouts Movement, you join an international movement which focuses on the development of our world today by helping those in need.

Any student with the passion to serve can register with the patron or the commander to join the Scouts Movement.

Red Cross Club



The Red Cross Club was formed to help those in need both in the school and in the society. Its current patron is Ms. Rehema with Mary Gituku as the chairperson.

Apart from contributing money to help the needy, we attend to those with injuries and come up with projects to benefit our school. We also keep our school environment clean by collecting litter and clearing bushes. We do all this through teamwork.

We hope to recruit more students and educate them on our activities. We also hope to meet leaders of the national Kenya Red Cross Society and promote peace, love and harmony among ourselves, our school and our

country.

We encourage everyone with a willingness to help others to join the Red Cross Club by registering with any of the officials.

Wildlife Club



The Wildlife Club was formed by the principal, Dr. Phyllis Muturi, to help reduce wastage of environmental resources and unhygienic conditions. It is now led by Madam Wanjohi as the patron and Nelius Kiguta as the chairperson.

The Wildlife Club ensures that the environment is healthy and conserved, that wild animals' life and their habitat is free from dangers in cases of poaching, and plants trees to avoid soil erosion.

We have managed to create awareness of the great economic, cultural and aesthetic value of natural resources. We now hope to develop a better understanding of the need to

conserve natural resources for the benefit of the nation and its people.

We encourage all students to join the club so that together we can spread interest and knowledge about wildlife and the environment among the youth of East Africa, Kenya in particular.

Any student who is interested and willing to give her support to the world's conservation is welcome to join the club by registering with any of the officials.

Integrity Club



The Integrity Club was founded in the year 2010 by Mr. Gakuru. The club was formed with the aim of motivating students to work hard and be good examples to other students. Its current patron is Mrs. Njuguna with Monica Waithaka as the chairperson.

As the name suggests, we ensure that every girl in Ndiaini has integrity by encouraging them to be disciplined. We also help our fellow students develop a positive attitude towards education, and to realize and utilize their God-given talents. On top of that, we ensure that the school is kept clean. We plant flowers and trees around the school too.

In the recent past, we shared our shopping with needy students in Ndiaini Primary School and put smiles on their faces. We also facilitated the building of a cupboard and bought buckets for our school, both of which are used by students for keeping plates.

The Integrity Club is the best place to be. By joining, you will become a more wholesome person through our activities. You will also receive a certificate from the club at the end of the 4-year-course.

Any student of integrity is welcome to join the club by registering with the club chairperson or vice-chairperson.

Press Club



The Press Club was started in February, 2012 to nurture students' talents and to build their confidence in public speaking, while improving their skills in reading. It is currently headed by Mrs. Hinga as the patron and Maureen Wangui as the chairperson.

We inform others on the current affairs that are happening in our school, our country and even abroad. We do this by reading news during assemblies and school annual general meetings. We also engage in communal activities and charitable work.

In the year 2014, we bought a camera for the club and were recognized as the most active club in the year 2017/2018. We

have also paid school fees for some needy students, and visited and offered our support to special schools like Wandumbi. In addition, we have toured Karura Forest to appreciate the environment and had fun at the same time. We now hope to visit at least one media house. We are also working to remain the best club in our institution.

Any student who aspires to pursue media studies in the future or wants to have fun participating in our activities is encouraged to join the Press Club by registering with any of the officials.

Charity Club



The Charity Club was formed in the year 2017 when the students realized that there were needy cases in school and in the society. It is currently headed by Mrs. Muita as the patron and Evalita Gathoni as the chairperson.

We as the Charity Club help the orphaned and those without food and shelter by giving them clothes, taking them to children's homes and providing food for them. Above all, we show them love since they have nobody to love them. We encourage you to be helpful to such children who have nobody to lean on too.

We have visited several children homes, given them what we afforded and encouraged them on life matters. As the Charity

Club, we have helped so many people achieve their goals just by a word of advice. We hope to visit Narumoru Children's Home and assist the handicapped children with machines.

We urge everyone to join the club so that together we can continue helping those who have nobody to lean on, and to give us more ideas on how to keep the club progressing.

Anyone willing to join the club can do so by registering herself with the patron or the chairlady.

Peace Club



The Peace Club was formed this year (2019) by a group of students who have the desire to promote peace in the school, the local community, the country and the world at large by influencing their thoughts and actions. Its patron is Mr. Kathurima with Rosemary Wanjiru as the chairperson.

We solve conflicts among students, educate people on the importance of peace, train them on methods of conflict resolution and rescue measures, and identify causes of conflicts in an attempt to mitigate them.

Through our activities, we have

managed to promote peace in our school so far. We now hope to reach out to the community and continue spreading this message of peace to as many people as we possibly can.



Peace Club Logo

Every student who would like to become an ambassador of peace and/or share her ideas on peace promotion with us is welcome to join the club by registering with any of the officials.

Music & Drama Festivals Group



The Music & Drama Festivals Group was formed to nurture the talents of students who are interested in music and drama. The group also represents the school in the Music & Drama Festivals Inter-school Competitions and has been doing fairly well for the past many years. The group is coordinated by the deputy principal, Mrs. Polly Mwaura, and Ms. Celina Wairimu.

Apart from representing the school in competitions, we also entertain guests during functions. Last year (2018), we were able to go up to the regional level in the inter-school competitions. We are now working to get to the national

level. We also hope to nurture more learners who have talents in music and drama and follow up the gifted ones even after school to ensure their talents add value to their lives.

All students who would like to develop their gifts in music and drama are encouraged to join the club by registering with the coordinators.

Dance Group



The dance group was started in the year 2017 by a group of seven students with the passion to dance.

We are so proud that God has granted us with this talent, which we use to entertain ourselves, entertain others and make money in the process.

We participated in the 2017 and 2018 Talent Shows and won in both. We would like to encourage our talented sisters to never lose hope in everything they do.

Methali Remix

Fuata nyuki ujue anakoishi.

Paka akiondoka mwishowe atarejea.

Cha mlevi huliwa na mama pima.

Umoja ni estate utengano ni set book.

Asiyefunzwa na mamaye mamaye hakuwa mwalimu.

By Ruth Karitu (Form 2 South)

Christian Union



The Christian Union is mainly comprised of Christians from Protestant Churches and has been there since the school began. It is currently led by Madam Celina as the patron and Margaret Wambiru as the chairperson.

Our activities as the Christian Union is to spread the gospel, bring people closer to God, help them grow spiritually and put their faith in God.

With the help of God, we have brought many to Jesus Christ. We have also helped people grow spiritually and have courage in the LORD. We look forward to be the strongest Christian Union in Mukurwe-ini. We also want to make sure that everyone in the

union has the courage to spread the gospel without fear.

The Christian Union is a place where one is able to grow and discover her God-given talent. One is also able to know what is good and what is bad. This is a place where everybody is somebody.

Everyone who desires to know Jesus Christ and to serve God is welcome to join the union so that together we will inherit the Kingdom of God. Only a registration fee of Ksh. 50 per year is required. We are stars and it is our nature to shine.

Catholic Action



Catholic Action (C.A) is a group formed by Catholic students and was formed long ago when the school began. It is currently led by Mrs. Ngure as the patron and Teresa Kagunda as the chairperson.

We usually meet on Wednesdays where we share either the word of God or certain topics concerning the challenges that are facing us. We also meet on Saturdays for choir practice, rosary and to share life experiences.

We have taught many people on how to relate with God, overcome temptations and to pray and we have seen a lot of changes in our members. We aim at increasing our faith in God through Jesus Christ and also to spread the

gospel to everyone through our activities. We believe by the help of our patron, Mrs. Ngure, we will achieve these goals.

By joining the Catholic Action, you will get to know God better and how you are expected to live a spiritual life.

Anyone can join the CA as long as she is ready to follow our routine, have strong faith in God and be ready to preach God's word to everyone without discrimination.

The Three Types of People



Leaf people

Some people come into your life and they are like leaves on a tree. They are only there for a season. You can't depend on them or count on them because they are weak and only there to give you shade. Like leaves, they are there to take what they need and as soon it gets cold or a wind blows in your life, they are gone.

You can't be angry at them, it's just who they are.

Branch people

There are some people who come into your life and they are like branches on a tree. They are stronger than leaves, but you have to be careful with them.

They will stick around through most seasons, but if you go through a storm or two in your life, it's possible that you could lose them. Most times they break away when it's tough. Although they are stronger than leaves, you have to test them before you run out there and put all your weight on them. In most cases they can't handle too much weight.

But again you can't be mad at them, it's just who they are.

Root people

If you can find some people in your life who are like the roots of a tree, then you have found something special like the roots of a tree. They are hard to find because they are not trying to be

seen. Their only job is to hold you up and help you live a strong and healthy life. If you thrive, they are happy for you. They stay low key and don't let the world know that they are there. And if you go through an awful storm, they will hold you up. Their job is to hold you up, come what may, and to nourish you, feed you and water you.

What are you in other people's lives?

By Mary Nyambura (Form 2 South)

Girl Child: A Backbone of the Nation

I was born

With enough imagination

To leap over the woes

Of schooling and culture

I feel it unethical

And inhumane

To hear of inequality

Education for girls education for all

From sunrise to sunset

A girl looks like a robot

Day and night she works

Toiling for the family

Serving masters and mistresses

Forgetting she too needs to be a scholar

Let the girls experience the significance of education.

Then rising sixteen

And the beauty on her is well seen

Then falls prey to those predators

A girl a mother before eighteen

The girls drops out of school

The boy seats comfortably in class

After giving birth

She looks like a wasp

Hey! Men stop this it's brutality!

Say no to child labor

Say no to girls' school dropouts

Let's be ladies of substance

And together we shall move the nation.

By Lin (Form 3 North)

Little Drops of Water

Little drops of water
 Little grains of sand,
 Make the mighty ocean,
 And the beauteous land.

And the little moments,
 Humble though they be,
 Make the mighty ages
 Of eternity.

So our little errors
 Lead the soul away
 From the path of virtue,
 Oft in sin to stray.

Little deeds of kindness,
 Little words of love,
 Make our earth an Eden
 Like the heaven above.

The Arrow and the Song

I shot an arrow into the air,
 It fell to earth, I knew not where;

For, so swiftly it flew, the sight
 Could not follow it in its flight.

I breathed a song into the air,
 It fell to earth, I knew not where;
 For who has sight so keen and strong,
 That it can follow the flight of song?

Long, long afterward, in an oak
 I found the arrow, still unbroke;
 And the song, from beginning to end,
 I found again in the heart of a friend.

*By Henry Wadsworth
 Longfellow*

A Creed

There is a destiny that makes us
 brothers:

None goes his way alone:

All that we send into the lives of
 others

Comes back into our own.

I care not what his temples or his

creeds,

One thing holds firm and fast
 That into his fateful heap of days
 and deeds

The soul of man Is cast.

By Edwin Markham

Lyrics of Joy

It is my joy in life to find

At every turning of the road,

The strong arm of a comrade
 kind

To help me onward with my
 load.

And since I have no gold to give,
 And love alone must make
 amends,

My only prayer is, while I live, —

God make me worthy of my
 friends!

By Frank Dempster Sherman

Civil Wars in Africa

We're free, we're saved again

We ought to cheer and dance

Embrace our grimy "boys"

And sing our savior's praise

We thank and welcome your
 Gunjesty

But, sir, we're sick and tired and
 hungry

The dead await their graves

A savior every year can easily
 break

A plundered, raped, tortured
 people's heart

Every liberation leaves fewer
 and fewer of us

When the next savior come, as
 surely he will

Our bones may be the only
 welcome he gets

Quotes Compilation

When I see my teacher, I see my destiny.

Plan for the future because that is where you are going to spend the rest of your life.

Remember, "The warmer the blanket, the colder the future. Keep the hustle alive. That is the only way you will take a leap from the east of your poor youth, to the west of your bright future."

Many of life's failures are people who did not realize how close they were to success when they gave up.

The secret to achievement is to hold a picture of a successful outcome in the mind.

The greatest thing in this world is not so much where we are but in what direction we are moving.

Dreams are like stars, you may never touch them, but if you follow them, they will ride you to your destiny.

Yearn for good things in life by saturating your thoughts with a powerful overwhelming desire to acquire them.

Nobody and nothing can keep you down unless you decide not to rise.

If you don't care about your future, your life is empty.

Work diligently, have faith in your talents and abilities. Believe in yourself and you will surely taste success in every endeavor.

Happiness keeps you sweet, trials make you strong, sorrow makes you human, failure keeps you humble, success keeps you growing and God keeps you going.

If you fail to assess yourself constantly, you deny yourself the advantage of making constant changes and alterations which are necessary for creating a cutting edge that is vital for forward progress and upward mobility in life.

The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands in times of challenge and controversy.

Success is not for everyone. It comes when you are ready to pay a price. And what is the price? Sacrifice.

Intelligence is like a river, the deeper it is, the less noise it makes.

Guard your heart against any form of fear because fear simply means you are expecting

something bad.

It is said hunger knows no bounds. If you have an overwhelming hunger of success, you will have fire no one can put out and you will succeed.

Life is the most difficult exam that many people try to copy others and fail.

Don't feel bad if someone rejects or ignores you. People usually reject and ignore what they cannot afford.

An idea is never given to you without you being given the power to make it a reality.

Wisdom doesn't depend on the number of years you have lived but on knowledge and humility.

If you think education is expensive, try ignorance.

Respect a fool to avoid noise.

People will forget what you said, people will forget what you did, but people will not forget what you made them feel.

Manage your time properly. It is the greatest asset God has given us.

Kindness is the only investment that lasts forever.

A man without a point is a disappointment.

Hold fast to your dreams, for if dreams die, life becomes a broken-winged bird that cannot fly.

Do you wish people to think well of you? Then don't speak well of yourself.

The beautiful thing about learning is that no one can take it away from you.

The difference between successful people and unsuccessful people is that successful people work while unsuccessful people are sleeping.

For more, visit our website on:

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i *This school magazine
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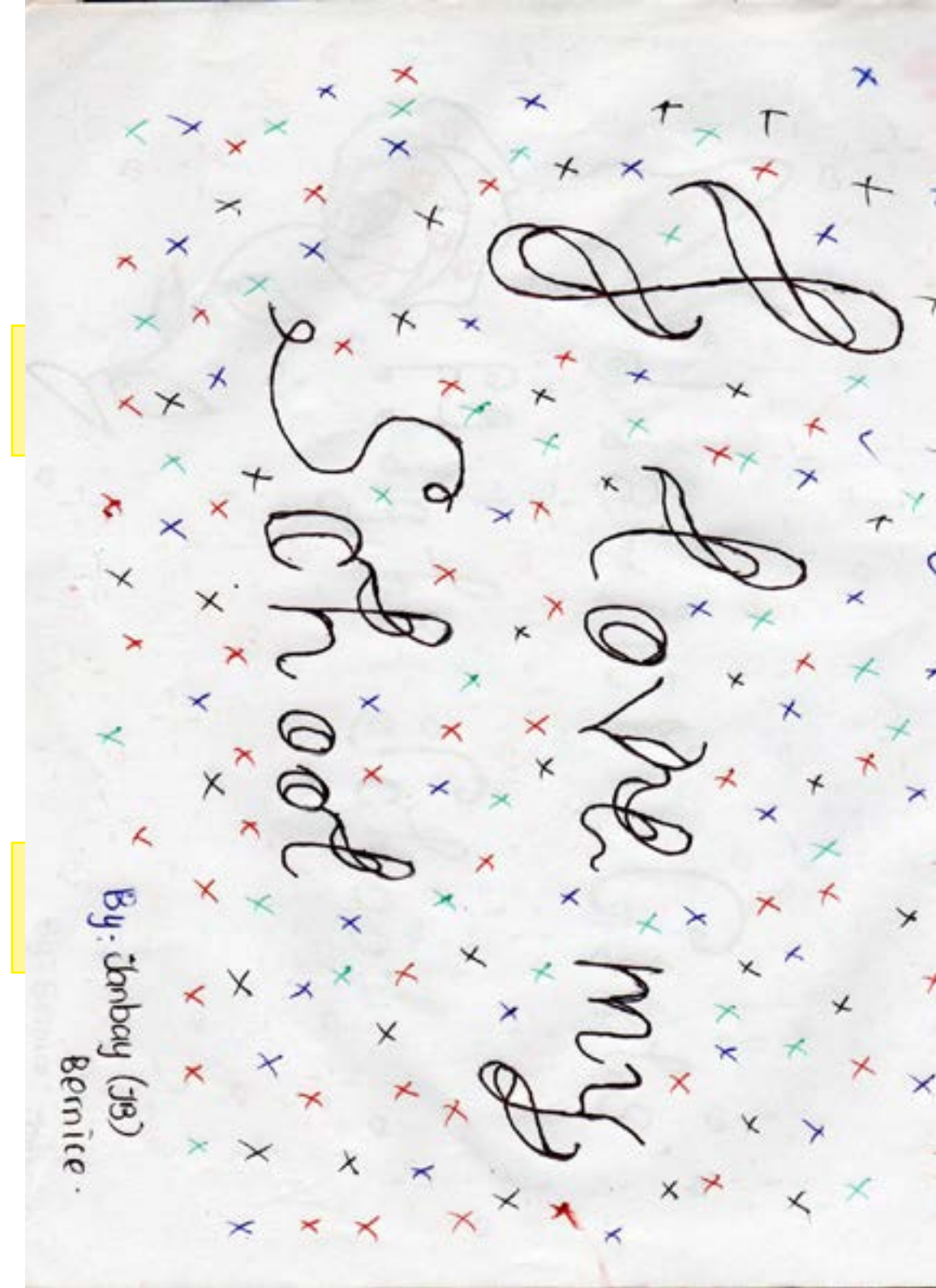
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This
is my school, for it
shall always be the starting point
of my life and my story. Ndiaini to me
is the bridge that I couldn't cross without. For
this is where the revolution of my life began, to the
direction I chose in life. Every single person (teachers,
students and workers) I bumped into strengthened and
prepared me for my way to success.

Even as I rise in the ladder of success and become a media
personality, I will give credit to you. My pride, when people look
at you and wonder why you exist, I'll rise and give the reason. I will
defend you till the end for I bear your name.

Now that you my young sisters are there, put every effort to be the
very best. For at the end of it all you only have yourself to blame.
Everything you need is available, utilize it and you will be like us
and even better.

Remember, without a strong reason and purpose, everything in
life is hard. Therefore, have a reason greater than reality. This
is the power of the spirit. Don't let mountains and hills
hinder you from the view of your FOCUS.

By Emily Kariuki
(Alumni - Graduated from Maseno
University with a Bachelor's Degree
in Journalism)