MARK OLESZCZAK'S ENVIRONMENTAL FOOTPRINT

2025 GOALS

Electricity Redo evaporative cooler ductwork to more efficiently distribute cool air.

Food Stop eating meat.

Natural Gas Improve insulation in attic to reduce energy loss.

Transportation Get a bike.

Waste Collect several years of data with the total amount of compost, recycling, and trash I generate.
Water Install rain barrels, remove grass, and install an additional water meter to acquire better data.
Other Stop using single-purpose plastics, plant trees, and remove waste from the environment.

ELECTRICITY

On average, how many kilowatt hours of electricity did I use each month during 2019?	
KILOWATT HOURS PER YEAR	
2019	7,443

7,451

FOOD

2018

GARDEN	SQUARE FEET	YEAR
West Colfax Community Garden	400	2020
West Colfax Community Garden	250	2019
West Colfax Community Garden	140	2018
Kerr Community Garden	200	2017
Kerr Community Garden	200	2016
Kerr Community Garden	200	2015

NATURAL GAS

On average, how many therms of gas did I use each month during 2019?	45
THERMS PER YEAR	
2019	537
2018	482

TRANSPORTATION

MILES	DRIVE	FLY	PUBLIC	WALK
2019	9,154	6,964	~1,000	1,686
2018	8,650	4,229	~1,000	1,729
2017	9,550	~5,000	~50	1,346
2016	10,833	~5,000	~50	715
2015	9,967	~5,000	~50	1,032
2014	~35,000	~10,000	~50	712
2013	~45,000	~40,000	~50	
2012	~45,000	~65,000	~50	

WASTE

How many pounds of waste has my house sent to the landfill since 2020?

DISTRIBU	TION
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Organics	
Recyclables	
Landfill	

WATER

On average, how many gallons of water did I use each month in 2019?

GALLONS PER YEAR

2019	88,000
2018	125,000

OTHER

Number of trees I planted since 2020

Number of pounds of waste since 2020 that I helped remove from places it shouldn't have been