

Workplace Relationships

Discussion

How are you doing today?(How do you feel?)
I feel relaxed.

What do you do to feel relaxed?
It's summer holiday, I have sent my two kids to my hometown.
Usually, I am busy with to my kids. My husband went outside.

Today we need to load the goods, my husband went to assist the workers.

What kind of business do you have?
We export the motorcycles parts to foreign countries, mainly in the South America.

What are your hobbies?
I like running, reading, and doing yoga. I like snacking.

Why do you choose to eat these foods if you know that they are unhealthy?
It makes me feel happy.

Is that the best way to make you feel happy?

Doing yoga and running are more meaningful ways of getting happy.

What kind of yoga do you do?
I do ashtanga(eigh-limbs) yoga.

I do some simple yoga asanas.

How did you start doing yoga?
When I gave birth to my second kid, I was not satisfied, I was not confident and doubtful. To make myself feel better I started doing yoga.

I think we had a class yesterday, and you missed it.

I didn't check my class schedule.

Do you have good relationship at your workplace?
Yes, I do.

I didn't like her very much.

She was jealous on me. I could feel it.

We shouldn't show our emotions on the workplace.
Showing emotions could hurt others.

Did you have a best friend at your workplace?
Yes, I did.

Is that important for the motivation and work?
Yes, it is.

How is it important?

According to my experience, having a best friend at workplace makes me happy and improves my productivity. I could feel my friend's support.

Have you ever had an argument with a fellow worker?

No, I haven't. I never argued with her(the colleague who was jealous on me).

There is no need to argue, it's a waste of energy and time.

It's very unproductive.

Express yourself in sentences.

Vocabulary

New Words

1. convey(verb)
2. pragmatic(adj.):practical, not just based in theory.
3. admiration(noun)
4. inseparable(adj.)
5. be cognizant of(expression):to know something through your personal experience.
6. team building(noun)

Useful Words

1. double-dealing(verb):working to people's disadvantage behind their back.
2. aware(noun):having knowledge about something(it doesn't have to be from personal experience, it could be because you told me.)
3. support(noun, verb)
4. gesture(noun):the body language.
5. asana(noun):the yoga position.
6. schedule(noun)
7. jealous(adj.)
8. jealousy(noun)
9. auxiliary(adj.):helping.
10. auxiliary verb:a verb that helps building a tense, it doesn't have any particular meaning, it's just used to build a tense.

Close-ended Questions

Close-ended questions are questions that require "yes" or "no" answer.

When you answer these questions, use a subject and auxiliary or modal verb.

Did you travel to Europe?

Yes, I did.

Can you swim?

No, I can't.

No, I don't.(wrong)

Have you tried Japanese food?

Yes, I have.

Grammar

Tenses

In English, we are being very precise(exact) with the time. It's really important to express time correctly in each sentence. We use verb tenses to express the time.

I worked as an English teacher.(not true anymore)

I work as an English teacher.(true at the moment)

The Two Verbs Problem

In English language you can only have one main verb, in one sentence.

I like eat food.(wrong - there are two main verb)

You need to change the second verb into a noun. You can do this in two ways:

Two ways to create a noun out of verb:

1. Infinitive form(to + verb) I like to eat food.
 2. Gerund form(verb + ing) I like eating food.
- Don't use both.
We need to loading the goods.(wrong)
We need to load the goods.(correct)