

Battling Against Bad Boss

Discussion

How is your day?

It's a busy day.

You are a great example of workaholic.

Do you think being a workaholic is good or bad?

It's good.

Your time is not a big thing.

Have you heard of psychologist Alfred Adler?

He is one of three most important psychologists.

Karl Jung, Sigmund Freud, Alfred Adler.

What would Adler say about workaholics?

He said that workaholicism is a lie. People who work like workaholics work because they are trying to escape other parts of their life. They want to seize the control of one part, and neglect other parts.

It's China - universal reason for everything.

I wouldn't say so.

What do you consider work?

Besides teaching English, my work is also learning.

When learn German, or coding, or any other skills or knowledge, I consider that work.

Where does an excellence come from?

It comes from learning and experience.

If you are a workaholic, do you have time to learn?

How long is your day?

Is it longer than 24 hours?

If everyone is learning and working whole day, who takes care of children?

take to (phrasal verb)

If only 10 minutes are important maybe they should not be long.

What would Adler say, how to deal with the bad boss?

Bad boss doesn't exist.

Adler believes all problems come from human relationships.

The most common reason is because people don't separate tasks, in other words, they do or get involved in other people's tasks.

You shouldn't care about whether someone likes you or not, it's their task.
People don't like their work, so they invent a "bad boss" to justify their unhappiness and lack of success.

Do you have the courage not to be liked by everyone?
If someone doesn't like you, that doesn't mean that you will have conflict.

There are many people I don't like, so they are not my friends, I choose people who I like.

You should pretend to be something you are not so everyone likes you.

I know some people, and they are so vague, they never express their opinion, they just agree with everyone, and it seems that everyone likes them, but I see that they don't have real friends.

If everyone would be 100% with himself or herself, everyone would like his or her job.

This psychology is a psychology of courage.

Being unhappy is also hard.

If a company's workers are not managed properly, all good workers will leave. They can leave because they are the best, they can easily get a job in other companies.

Only mediocre people, who are not so skillful will remain.

Mediocrity is bad in our society.

Buy this phone, it's so-so.
We want the best, not mediocre.

It's better to have a mediocre company with very good management, than an excellent company with a horrible management.

Vocabulary

Useful Words

1. rely(verb)
2. competitive(adj.)
3. competition(noun)