

# Food Safety While Hiking and Camping

## Discussion

Does it need to be around or to the top?

It doesn't need to be around or to the top, it's just walk in mountainous region.

Do you go hiking?

Yes, I do. I went hiking few years ago, when I was in the college. I went hiking with my classmates.

How about camping? What is camping?

It's an activity of creating a camp, usually by using a tent.

What you are describing now is a picnic, not camping.

Have you ever went camping?

Yes, I have. I don't like living in the tent.

I have camped in near by Beijing. We lived in a modern tent.

It was big.

How did you make sure that food you ate was in good condition?

First of all we always took the precooked food and snacks.

We took some barbecue, some meat and vegetables.

If the meat turns to red it means it is cooked well.

We cooked the meat until there is no blood.

Meat is red when it's raw.

What was the conversation about?

They were talking about how to spend the weekend.

The man suggested that they could go hiking and talked about what they need to prepare.

needed- past (but they didn't go hiking, they are just planning, so you shouldn't use past tense)

They needed to bring water and dried food. (This happened in the past.)

High temperature can kill all the germs and bacteria in water.

Is it convenient to have a barbecue when hiking and camping?

Yes, it is.

If you have to walk and carry all the things you need for barbecue, it is difficult.

The terrain in mountains is not even, it's hard to pull your suitcase.

## Grammar ### Time Time is expressed with verbs. We can use adverbs of time and frequency to express but they have to be in relationship with the tense.

I will drink coffee yesterday. (wrong, the tense and adverb don't match)

I will drink coffee tomorrow. (correct)

## Gerund

Gerund is a form of a verb that acts like a noun.  
Gerund is made by adding -ing suffix to the verb.  
This form is used when naming an activity or state.

eat(verb) - action

eating(gerund) - name of the activity.

I like dancing.(name of an activity that I like)

hike(verb)

hiking(gerund)

## You can also use infinitive to name activities

Infinitive form: to + verb

I like to drink coffee.(infinitive)

I like drinking coffee.(gerund)

## Adjectives

Adjectives can be divided into two groups based on their “strength”: weak and strong adjectives.

weak	strong
big	huge
small	tiny
pretty	gorgeous
good	perfect

This is very important to keep in mind when using adverbs to modify adjectives.  
You need to use strong adverbs with strong adjectives.

very excellent(wrong) - weak adverb and strong adjective

very good(correct) - weak and weak

extremely gorgeous - strong and strong

## Vocabulary

### Useful Words

1. bacteria(noun):a microorganism, that can be good and bad for humans.
2. perishable(adj.):that can easily go bad spoiled.
3. bring something down(phrasal verb):to bring something to a lower level.
4. bring down(phrasal verb):to disappoint, to make depressed depressed  
e.g. Don't bring me down.
5. hunger(noun)
6. hungry(adj.)

### **New Words**

1. backpack(noun) e.g. I have a backpack.
2. bring(verb) e.g. Bring that book to me.
3. dried food(noun) e.g. Prepare some dried food to avoid hunger.
4. keep(verb) e.g. You need to exercise to keep yourself healthy.
5. hiking(gerund) e.g. I liked to go hiking when I was young.

by markonikovic