

# Live And Learn

## Discussion

What did you do today?

I stayed at home.

I got up late today.

I decided not to go to work today.

too a shower...

I am sales person, I have a flexible working time.

What do you sell?

I sell weaving machines.

Do you have any hobbies or interests?

I like jogging. I am into wine.

Why do you like jogging?

In the beginning I did it for my body shape.

I find swimming and joginning, very therapeutic.

I really let my mind wonder, I find it that after exercising I really feel refreshed, almost like meditation.

My boss is an European. I need to have a meeting with him once a week.

Where is he from?

He is from Belgium.

Does he speak English well?

Yes, he does.

Have you ever been in Europe?

I have been in Belgium few times.

I didn't go to Belgium for three years.

There was a public announcement about Covid-19 from Prime Minister.

Having good immunity is crucial.

Our government sent a package which contained Vitamin C, Zn, and vitamin D3 to old retired elderly population.

There are a lot of asymptomatic cases.

He told me that a baby, a child who was only 3 years old died, because the father wasn't allowed to take the child to a hospital.

There was probably some kind of gas leakage. The gas low quality can produce carbon-monoxide as a side effect.

Shanghai was locked down. Her father had a disease, she wanted to send him to a hospital. Security guard didn't allow them to go to the compound.  
She fought with security guard. Security guard surrendered.  
He can boast to his friends.

## **Vocabulary**

### **Useful Words**

1. therapeutic(adj.):acting like a therapy, beneficial for one's well being
2. immunity(noun)
3. asymptomatic(adj.):not showing any signs or symptoms
4. CO(noun):carbon-monoxide
5. CO2(noun):carbon-dioxide
6. health(noun)
7. healthy(adj.)
8. pilot(noun)
9. Aviation(noun)
10. globe(noun)