

Should Bicycle Riders be Required by Law to Wear Helmets

Discussion

I am on a new diet now.

I have been awake for 6 hours.

I usually eat once a day.

It's too little.

Why?

I usually eat protein-rich foods such as any kind of meat, eggs, quail eggs, tuna fish, nuts(almonds, brazilian nuts, etc.)...

No, not at all.

It's a matter of habbit.

Snack are usually not very nutritious.

I try not to eat anything with sugar.

I feel more energetic this way.

I think we should always try things and see how they work.

Do you like ride a bicycle?

I rode bicycle in my twenties.

Why have you stopped?

Because I bought a car, I started to drive outside.

Sometimes bicycle is more convenient than a car.

I tried to ride a bicycle, but I was not able to ride it.

I was afraid of falling down.

It seems that you city is not bicycle friendly.

There aren't any bicycle lanes.

You can rent a bike in my city.

Bicycle is a great fitness tool.

It's also eco-friendly and pocket-friendly.

There are many motorcycle, more than bicycles.

I never rode a morocycle.

I am working toward getting a motorbike license.

Do motorbike and bicycle riders have to have a helmet?

Vocabulary

Useful words

1. hunger(noun)
2. hungry(adj.)

New words

1. bicycle(noun) e.g. When I was in my twenties I bought and rode a red bicycle.
2. motorcycle(noun) e.g. I never rode a motorcycle. Last year my friend wanted me to ride motorcycle with him, but refused.
3. require(verb) e.g. I require to take more English classes to improve my English speaking skills.
4. safe(adj.) e.g. I have been afraid of riding a bicycle since I started to drive. I don't feel safe.
5. reduce(verb) e.g. I think I need to reduce eating snacks.

Pronunciation

1. studied
2. started
3. injured(adj.)
4. unavoidable(adj.)

Grammar

If you want to turn a verb into a noun you can do it in two ways:

You can use gerund or infinitive form:

1. Gerund(verb + ing)
Cooking is an important skill.

1. Infitive form(to + verb)
To cook is an important skill.