

Heads Together

Discussion

I am sorry Kelly, but I can't hear you at the moment.

How are you doing today?

I am good.

Why are you late?

Because I slept late, woke up late.

Why do you need to change the verbs?

I forgot again.

I teach English.

I taught English.

What are your plans for today?

I will go to play badminton in the afternoon.

Do you want me to correct your grammar and pronunciation?

the/th/ afternoon

the/thi/ afternoon

Who do you talk with about your mental health?

I talk to my best friend.

She couldn't stand up.

If a person cannot walk, he or she cannot have a normal life as well.

I would say that mental health is more important than physical.

What mental problem does she have?

She always misses her husband.

Why did she divorce him?

She didn't want to divorce.

Her husband has a girlfriend.

What was this conversation about?

They discussed about Duke and Duchess of Cambridge and Prince Harry.

They were talking about a campaign.

What was the goal of their campaign?

They want to help sufferers of mental illnesses.

They want to break a stigma about mental health issues.

Is there this stigma in China?

Yes, I think.

People are afraid to talk about mental health.

Does locking down people cause mental health issues?

Yes, it does.

Pronunciation

The

Make sure you pronounce /thi/ before a vowel sound (a,e,i,o,u).

the air

the evening

the egg

the ice

the umbrella

the orange

the apple

Vocabulary

Useful Words

1. idiom(noun):expression that have different meanings from the words that are used. e.g. It's raining cats and dogs.(It's raining heavily)
2. mental health(noun):state of one's mind, the mind that functions normally is considered mentally healthy.
3. depression(noun):mental illness, whose symptoms are constant sadness and anger.
4. trauma(noun):very bad experience, that has an effect on present behavior.

New Words

1. campaign(noun)
2. duke/dutchess(noun)
3. bereavement(noun)
4. raise awareness(phrase)
5. open up(phrasal verb)
6. normalize(verb)
7. stigma(noun)