What I Find Attractive

Discussion

I back to my home.(why is it wrong?)
I went back to my home.

What do you plan for the rest of the day?
I have another class at 1 pm.

Anything else?
I plan to exercise.

What are you going to do?
I will jump the rope for one hour and a half.

I do it for 15 minutes, it's very hard.

What is your fitness goal?
My fitness goal is losing 20 kg.

Twenty kilograms is a lot.

How is this exercising method working out for you?

How much have you lost so far?
I have been exercising for six days and I lost three kilograms.

Do you follow a certain diet?
My portion sizes are very small.

Do you feel hungry?
Yes, I do.

This diet sustainable?
Yes, it is.

Vocabulary

New Words

1. anxious(adj.)
2. neurotic(adj.)
3. likely(adv.)
4. reveal(verb)
5. character(noun)
6. prefer(verb)
7. husky(adj.)
8. confident(adj.)
9. aggressive(adj.)

Useful Words

1. statistically(adv.):according to statistics.
2. statistics(noun):part of math that studies probability, the use of number to say how likely something is.
3. underpriviliged(adj.):not having basic conditions for nomal life.
4. sustainable(adj.):being able to exist indefinitely.
5. husky(adj.):rough, hard.