

# Food Trends for 2020

## Discussion

I like cappuccino.

The point of using sugar is to make something sweet.

What is your job?

I work in a chemical company, I am in charge of finance.

Do you have any hobbies?

I have a lot of hobbies, I like to hang out with my friends, play golf and do yoga.

I like to do hot yoga.

Why do you want to improve your English?

I live in Hong Kong. In Hong Kong most of people speak English, but I cannot so for example sometimes I talk with foreigners.

Do you follow trends?

Yes, I do.

I hate TikTok.

What are some new trends in China?

## Vocabulary

### New words

1. cocktail(noun)
2. consumption(noun)
3. synthetic(adj.)
4. sustainability(noun)
5. steer(verb)
6. cholesterol(noun)
7. ferment(verb)
8. probiotic(noun)

### Useful words

1. decade(noun):period of ten years.
2. trend(noun):something that popular, done or used by many people.
3. confidence(noun) e.g. I need strong confidence.
4. confident(adj.) e.g. He is confident. Every company needs a confident leader.
5. concert(noun)
6. concern(noun)
7. concerned(adj.)

8. conciousness(noun):our state in which we are awake and aware of what is happening.
9. indulgence(noun):the action of enjoying in something too much, in something that is bad for you, like too much food.
10. no-brainer(adj.):obvious, doesn't require thinking.

## **Grammar**

### **Adjectives**

Adjectives are words that describe nouns.

You can use them directly in front of the nouns, or you can use them with verb "to be".

I saw a beautiful(adj.) woman.

She is beautiful.(adj.)

### **Past tense**

Make sure you use past tense when you talk about things you did and happened to you.

## **Pronunciation**

### **Words to work on**

1. decade
2. conciousness
3. concerned
4. popularity
5. indulgence
6. minded
7. nutrient
8. no-brainer
9. alcoholic(adj.)
10. alcohol(noun)
11. substance/substances
12. sustainability
13. probiotic
14. bacteria

## **Homework**

List the adjectives that you know, and make sentences with them. Try to use them directly before the noun and with the verb to be.