

Supernovae

Discussion

In the evening we went to a restaurant and had a dinner.

What is your job?

I am working for a video game studio.

I am artist.

What kind of video games does your studio make?

We make a lot of mobile phone games.

Every two weeks on Tuesday I play Rocket League with my best friend.

Do you play video games?

I prefer to play mobile phone games.

Do you have any hobbies?

I like to go to the gym.

What is your fitness goal? My fitness goal is to lose weight. I think I am too fat. The fat is problem. I want to lose fat. If I have a lot of muscle and weigh a lot that's not a problem.

Do you diet?

I try to control intake of food.

What kind of food do you avoid?

I try to avoid caloric food, such as food high in oil or sugar.

Can you remove sugar completely from your diet?

No, we can't.

On weekends I eat at home.

I eat only once a day. I don't eat or drink anything sweet.

Just water and coffee. I eat very big lunch, today I ate one half of kilogram of beef, 5 quail eggs, 5 chicken, isolated protein whey shake(25 g) and some nuts.

Vocabulary

Parts of the day

in the morning

in the afternoon

in the evening

at night

Useful words

1. choose(verb):chose(irregular verb)

2. telescope(noun)
3. defy(verb):to go or do something against, rules, authority, etc.
4. comprehension:understanding.

Pronunciation

Words

1. League of Legends /Lig of Ledzends/