

Sleeping Habits

Discussion

Seven days is normal.

Some people who work in TV stations didn't have any days off.

How did you spend your holiday?

On the first day I worked.(this is a contradiction)

I worked on the first day of the holiday, on October 4th I played with my friends.

What game did you play?

We played LOL.

I spent time with my wife who is a pharmacist.

As a hospital staff you can't risk to get infected.

clothes

This is the second largest festival in China.

I image it as a time of family reunion.

This kind of opportunities don't come up very often.

She tries to work during holidays, and then she takes days off when everyone else is working.

I sleep very firmly.

How many hours do you sleep per day?

Sometimes I need to wake up at midnight.

There are many wholesalers who trade at midnight.

Nike

I need to deal with it.

I often take a nap.

Vocabulary

New Words

1. sleepwalk(noun, verb)
2. insomnia(noun)
3. nightmare(noun)
4. hit the hay(idiom)
5. exhausted(adj.)

Useful Words

1. idiom(noun):an expression that has different meaning from the individual words it consists of. e.g. It's raining cats and dogs.(It rains heavily)

2. nap(noun):usually short rest in the afternoon.
3. conflict(noun)
4. disagreement(noun)
5. supplier(noun)
6. contradiction(noun):a situation when two statements claim the opposite.
e.g. Sky is blue. Sky is green.
7. retail(noun):a place where goods are sold.