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1 Salsa Roja v15

The neglected broiler is an easy substitute for the wood fired grill. Infrared heat produces mild char, and caramelizes the carbohydrates of the tomates, peppers, and other aromatics inside a standard oven on a high broil.

Ingredients

Serranos (Spice to taste!), 4
Lb 8 red plum/Roma tomatoes
(or two rinsed 22 oz cans in off season), 2
White onions, 2
Garlic cloves in husk, 4
Tablespoon of olive oil for broil, 2
Dark chocolate (finely grated),

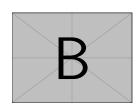
Grilled Vegetables: Wholemeal flour, 80g Plain flour, 80g Butter (diced), 80g Demerara sugar, 70g

Instructions

15g

Preheat the oven to Gas Mark 4, Electric 180°C, Fan 160°C.

- 1. Stir the two kinds of flour together in a bowl, add the butter and rub it into the flour. When the mixture looks like breadcrumbs, mix in the brown sugar. Lay the mixture on a shallow baking tray and bake for 25–30 minutes until golden brown. Leave on the side to cool.
- 2. Mix together the mascarpone, sweetener, vanilla extract, and three quarters of the chocolate. Put half the crumble mixture in each of the glasses and pour over half the quark mixture along with half the raspberries.
- 3. Put the other half of the crumble mixture on top, followed by the remaining quark mixture and raspberries. Sprinkle over the last of the chocolate. Chill for 3 hours before serving.



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2 French Press v10

Voltaire reportedly drank up to 50 cups of coffee per day.

Ingredients

Roast coffee beans: 50 g (one rounded 1/2 cup), Light

1 L, Water:

Instructions

- Grind the coffee beans until ??? sized
- 2. Heat water until just before boiling at 195 F.
- 3. Pour water over ground beans into a 1.5 L French press
- 4. Steep uncovered for 4 minutes
- 5. Press and and enjoy.

Prep time: 1 hour 3 Chill time: 1½ hours