



RIVER CAMP 2010

*Expedition-based,
Environmental Enrichment,
Canoeing Camp*



NEW ADVENTURES! NEW FRIENDS!

Each day is a new adventure as we paddle a different section of one of our region's beautiful rivers. Enjoy canoe camping, challenge games, and field studies. An enriching, in-depth summer experience! Sessions limited to 14 participants.

**For more information call (978) 448-8699
NASHOBA PADDLER, LLC • WEST GROTON, MA
www.nashobapaddler.com**

RIVER CAMP 2010

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WEE PADDLE (ages 6-7) \$145
July 12, 14 & 16 9:30am-1:00pm
July 26, 28 & 30 9:30am-1:00pm

CANOE, CRAFTS, & LORE (ages 8-10) \$370
July 5-9 9am-3:30pm (Thurs., Fri.-4:30pm)
August 2-6 9am-3:30pm (Thurs., Fri.-4:30pm)

EXPLORATIONS (ages 11-14) \$390
July 12-16 8:30am-4:30pm (Fri.-3:30pm)
July 19-23 8:30am-4:30pm (Fri.-3:30pm)

ADVENTURE CHALLENGE (ages 13-16) \$440
June 28-July 2 8:30am-5:00pm (Fri.-9:30pm)
August 9-13 8:30am-5:00pm (Fri.-9:30pm)

WHITewater REUNION (ages 15-17) \$350
August 18-20 Wed., 6:00am -Fri., 9:30pm

This camp must comply with regulations of the Massachusetts Department of Public Health (105 CMR 430.000), and be licensed by the Groton Board of Health. Information on 105 CMR 430.000 can be obtained at (617)983-6761.



WEE PADDLE

ages 6-7

PADDLE AND PLAY!

This session introduces campers to canoeing and rivers. Paddling together in giant canoes, the mornings will include games, stories, a special craft, and a riverside break for lunch.

WHICH SESSION IS FOR ME?



CANOE, CRAFTS, & LORE

ages 8-10

FUN!

This session includes canoeing, storytelling, games and nature crafts, tied together with an environmental theme. Creative and fun, the week ends with an unforgettable day at Tully Lake.

EXPLORATIONS

ages 11-14

DISCOVERY!

This popular program combines canoeing and nature explorations. A special canoe-camping overnight is the finale to a great week. Lots of laughs, games, learning and fun! Build paddling confidence as you make new friends. No experience necessary.



ADVENTURE CHALLENGE

ages 13-16

INTRO TO WHITewater!

(Prerequisite: "Explorations" or similar experience. Must meet certain swimming requirements-Red Cross Level 4 or equivalent)

This is a unique and exciting opportunity for teenagers with some canoeing capability. Learn more advanced paddling skills and maneuvers in order to take control and "play" in beginner whitewater and gain understanding of how rivers work. The week ends with an overnight camp-out on the shores of a beautiful regional whitewater river.



WHITewater REUNION

ages 15-17

USE YOUR SKILLS!

(Prerequisite: "Leadership Expedition" or two years of "Adventure Challenge" or similar experience. Must meet certain swimming requirements-Red Cross Level 4 or equivalent)

This new session is for older teens with whitewater canoeing experience who want an opportunity to use and improve their paddling skills and learn more about rivers. Three intense days of paddling on class 1 and 2 rapids on the Deerfield River in western Massachusetts combined with study about the river's history and current issues allows campers to deepen their appreciation of this beautiful river.



ABOUT RIVER CAMP



"River Camp is my favorite camp. I like canoeing, learning about nature, and doing crafts. I like Tully Lake. One year we made sails and went to two islands there. I learned how to get out of tight places, paddle better, and get stronger."

Francesca, age 10

WHAT IS RIVER CAMP?

River Camp is a unique adventure-based environmental education canoeing camp. It features small, close-knit groups led by qualified adult leaders. Campers explore various outstanding regional waterways, discovering a rich heritage of cultural, environmental and geological history, along with an abundance of wildlife and clean water. River Camp, a licensed recreational camp for children, has been educating young river-lovers / paddling enthusiasts since 1997.

"River Camp is different than other camps. It gives you the opportunity to learn new things, be out in nature, and it's a fun sport. Over the years my canoeing has improved tremendously and I've learned new strokes each year. Paddling whitewater is awesome because you always have to be paying attention, always ready to react to what the river gives you."

Ben, age 16



WHY RIVER CAMP?

The world of river paddling is exciting. Learning how to control a canoe with precision builds self esteem. At River Camp, paddling skills are reinforced with on-water games, challenges, and thrilling river trips. Canoeing is a lifelong, dynamic sport, constantly embracing new ideas on technique, safety, and equipment. Our staff is certified to teach the latest in paddling technique by the American Canoe Association, giving special emphasis to river safety. Each week the environment comes alive through expedition science. Campers enjoy hands-on field study explorations along the river with plenty of time for play, relaxation, games and picnicking.



"It was the first time I was in a canoe and it was kind of weird at first. We all got in the boat and paddled and we could even jump off the boat, but I didn't do it. My favorite place we went to was the place where we caught the baby turtle. He was so cute!"

Bronwyn, age 7

WHO RUNS RIVER CAMP?

River Camp is an arm of Nashoba Paddler, LLC. Dedicated to serving the community, protecting the environment, and furthering river education, Nashoba Paddler received the Nashua River Watershed's Greenway Award for "helping people become educated stewards for the Nashua watershed." Its staff is made up of seasoned, top quality science teachers, outdoor educators, and river enthusiasts, committed to certain values: a quality, fun, nature experience, safety on the water, and love of the environment in order to preserve it for future generations.

OUR CAMP STAFF

Diane Carson is Co-Owner of Nashoba Paddler, LLC and Director of River Camp. She has been an American Canoe Association (ACA)-certified canoeing instructor since 1998 with training in Swift Water Rescue and Adaptive Paddling. She is certified in CPR and Basic Wilderness First Aid and has a degree in biology. Diane loves having the opportunity to connect children and adults to the river environment by encouraging exploration and discovery.

Alden Chadwick, a veteran science teacher at the Groton Dunstable Middle School, has a M.S. degree in science education. He is a lifeguard, and is certified in Basic Wilderness First Aid. Alden has been with River Camp since its inception in 1997 and knows how to make science fun!

George Moore is a lifelong outdoorsman and a guide for Nashoba Paddler and River Classroom. He seizes every opportunity to share his knowledge of the natural world with others. George holds certifications in CPR and Basic Wilderness First Aid, is trained in Swift Water Rescue and has been an ACA-certified canoeing instructor since 2002.

Shelley Grove, Assistant Manager for Nashoba Paddler and a preschool teacher at Groton Community School, believes it is important to get kids outside in nature. She has a degree in recreation, is certified in CPR and Basic Wilderness First Aid, and has been an ACA-certified canoeing instructor since 2002. Her goal is to open people's eyes to the wonder of rivers.

Stacey Chilcoat is the Director of the Nashua River Watershed Association's River Classroom, a canoe-based environmental field study program for school groups. She has been involved with Nashoba Paddler and River Camp since 1998, leading trips and sharing her knowledge of the watershed. She has a degree in biology, has been an ACA-certified canoeing instructor since 1998 with training in Swift Water Rescue, and is certified in CPR and Basic Wilderness First Aid.

Lucas Moisson, a graduate of River Camp's very first program in 1997, is a whitewater kayaker as well as canoeist. He is a River Classroom guide and has worked for Nashoba Paddler since 2001. Luke holds certifications in Lifeguarding, CPR, Basic Wilderness First Aid, and is an ACA-certified canoeing instructor with Swift Water Rescue training. Luke's enthusiasm about everything he does is contagious!

Dana Brennan is a fifth grade teacher, was formerly the Environmental Education Programs Coordinator for the NRWA and a guide for River Classroom. Dana combines creativity and enthusiasm with a love and knowledge of nature. She has an M.Ed. in elementary education, a B.S. in Animal Science with a minor in Wildlife and Fisheries Conservation and is certified in Lifeguarding, CPR, and First Aid.

RIVER CAMP 2010

Application

Camper's Name _____

Date of Birth _____

Address _____

Phone # _____

Email Address _____

Parents' / Guardians' Names _____

Daytime Phone# _____

Canoeing Experience *(Please describe)*

Swimming Ability *(Please circle or describe)*

American Red Cross:	Level 1	Level 2
	Level 3	Level 4 Level 5+

Description _____

Session *(Please number 1st and 2nd choices)*

_____ Wee Paddle (July 12, 14, & 16)	\$145
_____ Wee Paddle (July 26, 28, & 30)	\$145
_____ Canoe, Crafts & Lore (July 5-9)	\$370
_____ Canoe, Crafts & Lore (Aug. 2-6)	\$370
_____ Explorations (July 12-16)	\$390
_____ Explorations (July 19-23)	\$390
_____ Adventure Challenge (Jun 28-Jul 2)	\$440
_____ Adventure Challenge (Aug 9-13)	\$440
_____ Whitewater Reunion (Aug. 18-20)	\$350

TO REGISTER, enclose a 50% deposit
(Nonrefundable unless a replacement can be found)
Balance is due 3 weeks prior to camp.

Mail to: Nashoba Paddler, LLC
P.O. Box 228
West Groton, MA 01472