

River Camp 2019

Camp Policies (select policies for your information)

(A full set of policies is available by request.)

Weather

New England weather is very changeable. Children should dress accordingly. Each day's activities are outside, and will go, rain or shine, regardless of the weather. In a heavy downpour we will erect tarps to work under. The only exceptions are dangerous weather conditions such as hurricanes, tornadoes or severe thunderstorms. In this case we will hold activities at Williams Barn in Groton or at another indoor facility.

Cell Phones

River Camp provides campers with a needed opportunity to "unplug". Campers are prohibited from using cell phones in camp, on vehicles and on all day and overnight trips. For the safety of all campers, use of cell phones as a camera is also prohibited. If you must reach your child or the Camp Director, please call Nashoba Paddler and we will get the message to him/her as quickly as possible. In the unlikely event of an emergency, staff members carry cell phones and camper emergency contact information. Campers are strongly encouraged to leave their cell phones at home. If a parent chooses to allow their child to carry his/her cell phone, it should be put in a Ziploc bag clearly labeled with their child's name and given to one of our camp leaders at check-in and will be kept in a secure location during camp. We hope you will choose to keep your camper's cell phone at home however, if you allow your child to bring a cell phone to camp, please be aware that misuse of cell phones could potentially result in the removal of the camper from camp. Additionally, as a reminder, we are not responsible for the loss or damage of any electronic devices that campers have with them. Please understand that this strict Cell Phone Policy is in place to maximize the camp experience. We appreciate your support with this extremely important issue!

Camper Behavior

River Camp does not tolerate bullying, fighting, or intimidation. Nor does it tolerate camper conduct which is disruptive to the operation of the camp. Any camper involved in any of these activities is subject to discipline and may be removed from camp.

Mildly ill Campers

If any special needs should arise with your child while at camp, s/he will be treated by our health supervisor and stay with him until s/he feels well or it is decided that s/he should be sent home. Attempts will then be made to contact parents/guardians or emergency contacts, and arrangements made to meet up with them at a convenient location as early as possible during the course of the day.

Medication

Medication prescribed for campers will be administered ONLY if it is in the original container, there is written permission from the parent/guardian (a form will be provided), and the camp Health Care Consultant has approved in writing the administration of the medication. All prescription medication must be in its original container bearing the pharmacy label. All over-the-counter medication must be in its original container with its original label. When no longer needed, medications will be returned to the parents or destroyed. All medication prescribed for campers will be kept in a locked storage compartment and dispensed only by the health supervisor.

Camp Policies, continued

Procedures for Providing Emergency Health Care

We do not anticipate any need for emergency care, however, we would like you to be aware that we do have procedures in place. If an emergency should arise, the nearest staff member would take charge of the situation, providing care for which he/she is certified until the arrival of the health supervisor who would then take charge. First Aid or CPR would be administered by certified staff if necessary, as per the camp's standing orders. First Aid supplies will be readily available. Emergency personnel would be contacted immediately. The camper would be taken to the emergency room of the nearest hospital. A parent/guardian would be contacted as soon as possible, or emergency contact if parent is unreachable.

Sun protection

Campers will be encouraged to minimize exposure to the sun by using wide brim hats, long sleeve shirts, long pants, sunscreen with SPF25 or greater, and lip balm. Reapplication of sunscreen will be done over the course of the day. Parent/ Legal Guardian authorization will be obtained for topical application of sunscreen. The Health Care Supervisor may apply spray sunscreen with parental approval following directions and precautions. Sunscreen with at least SPF25 will be provided for children who have permission.

Insect repellent

Insect repellent application will be supervised by the Health Care Supervisor. Parent/ Legal Guardian authorization will be obtained for application of insect repellents. Children under 11 years of age must have the application performed by the Health Care Supervisor with parental request following directions and precautions. Application of spray repellents will be done outdoors away from other campers, avoiding the eyes and mouth, open cuts, wounds, irritated skin, and hands. Insect repellent containing no more than 30% DEET will be provided for children who have permission. Campers will be encouraged to wash with soap and water to remove the repellent at the end of the day.

Tick checks

As in any outdoor program, there is potential for exposure to ticks. Full body tick checks will be encouraged at the end of the day. Campers should pay particular attention to areas between the toes, behind the knees and ears, armpits, groin, belly button, neck, hair and scalp.