

River Camp 2019

Adventure Challenge

Directions, Schedule, Week's Summary

Session 6: August 5-9

Directions to Nashoba Paddler's river base (398 West Main St, Groton, MA)

Starting from Rt 119 in Groton Center: Take Rt. 111 South/ 225 West out of Groton Center towards Ayer. Continue .6 miles to the intersection where Rt. 111 and Rt. 225 diverge. Turn right to remain on Rt. 225 West (also called Long Hill Road), towards Lunenburg/ West Groton. Continue .7 miles down a long hill, cross over the Rt. 225 Nashua River Bridge and Nashoba Paddler is on the left.

Drop-off and Pick-up Times

NOTE: Drop-off and Pick-up from Nashoba Paddler's river base each day. Please provide us with a written note if your child will be picked up by someone other than his/her parents.

	<u>DROP-OFF</u>	<u>PICK-UP</u>
Monday	8:30 am	5:00 pm
Tuesday	8:30 am	5:00 pm
Wednesday	8:00 am	(overnight)
Thursday		(overnight)
Friday		9:30 pm

WEEK'S THEME: INTRODUCTION TO WHITEWATER CANOEING

Monday: LOCATION- Nashua River, Ayer, MA

15-minute parent orientation at Nashoba Paddler's Rt. 225/Nashua River base.

Activities: Canoeing safety and instruction

Discussion: Boat designs for whitewater, paddle strokes and maneuvers.

Tuesday: LOCATION- Squannacook River, Groton

Activities: Canoeing instruction & games

Discussion: Running a river trip

Wednesday: LOCATION: Androscoggin River, Errol, NH

Activities: Instruction on moving water below bridge

Discussion: Whitewater

OVERNIGHT: Mollidgewock Campground/State Park (Phone # 603-482-3373)

Thursday: LOCATION: Androscoggin River, Errol, NH

Activities: Paddle Androscoggin River, campground to bridge

Discussion: Whitewater, moose

OVERNIGHT: Mollidgewock Campground/State Park (Phone # 603-482-3373)

Friday: LOCATION: Androscoggin River, Errol, NH

Activities: Paddle the Androscoggin River, Errol rapids

Discussion: Whitewater