## Did You Know?

Like adults, children can use positive affirmation in all sorts of ways. "Children may want to say their affirmations silently to themselves, visualize them, say them out loud in front of a mirror, or maybe even write them down," Dr. Tablang-Jimenez says. "Regular repetition can encourage your brain to take them as facts, believing you can do something and creating a positive mindset that can help you to accomplish your goals."

To read the full article, https://www.parents.com/kids/health/childrensmental-health/32positive-



"The more difficulties
there are to encounter, the
better we will serve
God."

- St Magdalene of Canossa

## **Calendar of Events (September)**

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Events	Remarks
Teachers' Day	Curtailed School Hours
Celebration &	(Dismissal at 10.30am)
Paraliturgy	
Teachers' Day	School Holiday
Term 3 School	School Holiday
Break	
PSLE LC	School Holiday for Primary 1 – Primary 5
Examination	students
PSLE	School as usual for P1-P5 students.
Examinations	P6 students taking the PSLE
	examinations on these days are to report
	<u>punctually</u> to school for their papers.
Children's Day	Curtailed School Hours
Paraliturgy	(Dismissal at 10.30am)
Children's Day	
Celebration	
Children's Day	School Holiday
	Teachers' Day Celebration & Paraliturgy  Teachers' Day Term 3 School Break PSLE LC Examination PSLE Examinations  Children's Day Paraliturgy Children's Day Celebration

## **PSLE 2024**

Date	Events
13 September	P6 EL & MT Listening Comprehension
26 September	P6 EL Papers 1 & 2
27 September	P6 MA Papers 1 & 2
30 September	P6 MT Papers 1 & 2
1 October	P6 SC
2 October	P6 HMT Papers 1 & 2

## **P3-5 End-of-Year Examinations**

Date	Events
17 and 18	P3 EOY EL/ MT Oral Exam
September	(During curriculum)
19 and 20	P4 EOY EL/ MT Oral Exam
September	(During curriculum)
24 and 25	P5 EOY EL/ MT Oral Exam
September	(During curriculum)
8 October	P3-P5 EOY English Language Paper 1 and
	Listening Comprehension
9 October	P3-P5 EOY Mother Tongue Paper 1 and
	Listening Comprehension
10 October	P5 EOY Higher Mother Tongue Paper 1 and 2
22 October	P3-P5 EOY Science
23 October	P3-P5 EOY English Language Paper 2
24 October	P3-P5 EOY Mathematics
25 October	P3-P5 EOY Mother Tongue Paper 2