

# THE BIG FIVE PERSONALITY TEST

RESULTS FOR GUEST

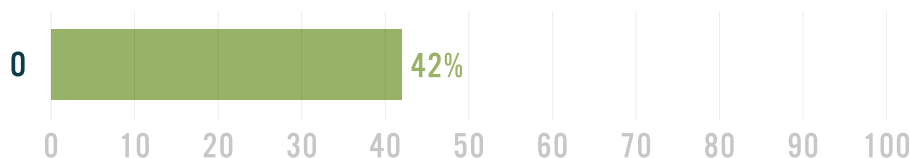
SEPTEMBER 14, 2022, 9:50 AM

## Your Personality Trait Scores

This Big Five assessment measures your scores on five major dimensions of personality: Openness, Conscientiousness, Extraversion, Agreeableness, and Neuroticism (sometimes abbreviated OCEAN). In this free report, you'll see a description of each of these five factors of personality, as well as a graph of your score on that measure.

### Openness

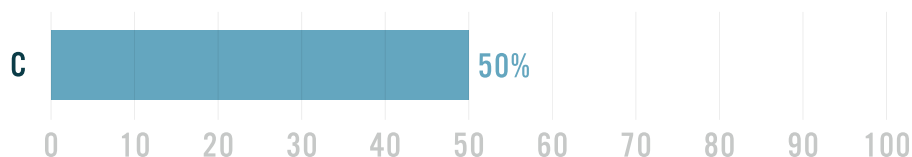
Openness describes a person's tendency to think in abstract, complex ways. High scorers tend to be creative, adventurous, and intellectual. They enjoy playing with ideas and discovering novel experiences. Low scorers tend to be practical, conventional, and focused on the concrete. They tend to avoid the unknown and follow traditional ways.



### Conscientiousness

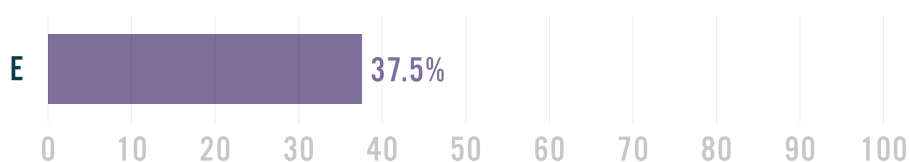
Conscientiousness describes a person's ability to exercise self-discipline and control in order to pursue their goals. High scorers are organized and determined, and are able to forego immediate gratification for the sake of long-term achievement. Low scorers are impulsive and easily sidetracked.

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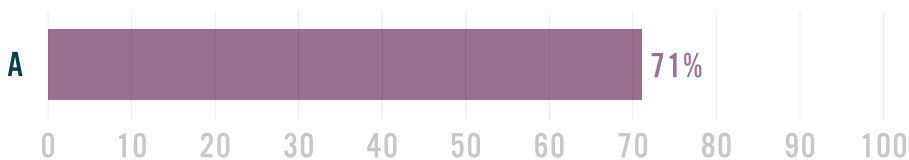
## Extraversion

Extraversion describes a person's inclination to seek stimulation from the outside world, especially in the form of attention from other people. Extraverts engage actively with others to earn friendship, admiration, power, status, excitement, and romance. Introverts, on the other hand, conserve their energy, and do not work as hard to earn these social rewards.



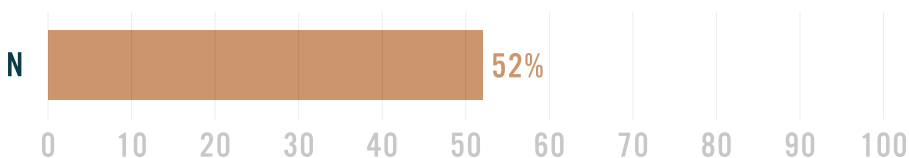
## Agreeableness

Agreeableness describes a person's tendency to put others' needs ahead of their own, and to cooperate rather than compete with others. People who are high in Agreeableness experience a great deal of empathy and tend to get pleasure out of serving and taking care of others. They are usually trusting and forgiving. People who are low in Agreeableness tend to experience less empathy and put their own concerns ahead of others.



## Neuroticism

Neuroticism describes a person's tendency to experience negative emotions, including fear, sadness, anxiety, guilt, and shame. While everyone experiences these emotions from time to time, some people are more prone to them than others. High Neuroticism scorers are more likely to react to a situation with fear, anger, sadness, and the like. Low Neuroticism scorers are more likely to brush off their misfortune and move on.



## Your Traits in Action

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Now we'll look at how your personality traits express themselves in all areas of life, from your daily routine to your relationships and your work life. Each section covers one key area and explains how your individual traits influence your experiences in this aspect of life.

### What do you value?

Your ideal world is a kind, equitable one, where people treat each other fairly and with compassion. You value justice and mercy in equal measure, believing that people should be forgiven when it is reasonable to do so. You do your best to make the world a better place, although you also work toward your own personal achievements. You want to distinguish yourself, but you do not want to step on any toes to do so.

You value tradition and the security of established institutions. You are drawn to structures and organizations with a strong, stable foundation. You like to do things in the same way that previous generations have done them, benefitting from the wisdom of the past. You are wary of new ideas, feeling that they are usually unnecessary and a waste of time. You feel that preserving the established way of life is of primary importance.



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### How your full report can help

18 pages of accurate, personal insights

Learn how your scores make you different

Tap into your natural talents and strengths

Understand how your traits play out in work and life

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# Customer Reviews

4.8 OUT OF 5

972 Customer Reviews

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4-STAR	13%
3-STAR	1.2%
2-STAR	1.1%
1-STAR	0.2%

September 9, 2022 - 10:17am

BY K ANDERSON

( )

Enjoyed this personality test and analysis. Insightful

September 9, 2022 - 12:30am

BY DRISH

( )

Whew! I am truly blown away by the accuracy of my results. It made me appreciate aspects of myself that I may downplay or may think of negatively, but it also got me to realize many of my shortcomings in a nuanced way. I'm not gonna lie, some of it was hard to read! I mean—who wants to think of themselves as highly disagreeable or neurotic?? There were moments where I felt downright naked! Like this test was somehow peering straight through me. Lastly, I liked that it did not attach morality to these aspects of personality. Instead, it explored possible three-dimensional realities a person may experience as a result of their unique blend of patterns of thought and behavior. Honestly not mad at the money I spent lol (no, this is not a sponsored review, I just think truity is a dope site). I really enjoyed their Enneagram test as well! If you take this test with an open mind and really try to be objective in your answers, I definitely think you will learn a thing or two about yourself. Also they have coupons!

September 4, 2022 - 10:01am

BY RUTH STRUNZ

( )

A very interesting way to investigate and conceptualize the personality; the results are impressive, and offer a generous portion of quite delicious "food for thought"!

August 28, 2022 - 7:46pm

BY KAITLIN

( )

Very accurate results always trying to understand myself better. [UPGRADE \(UPGRADE TEST RESULTS/36058086\)](https://www.truity.com/test-results/bigfive/18303/36058086) OR REGISTER [AND \(REGISTER?DESTINATION=TEST-RESULTS/BIGFIVE/18303/36058086\)](https://www.truity.com/test-results/bigfive/18303/36058086) TO SAVE YOUR RESULTS FOREVER!

August 24, 2022 - 12:15pm

BY MELISSA B.

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Pretty spot on actually. I've been internalizing a lot about my personality, how I work, and how others may perceive me, and this report confirmed most if not all. I appreciate Truity and these assessments. Thank you!

August 24, 2022 - 12:51am

BY JAMES MARES

()

Pretty good personality test on the big 5. It solidified many positive beliefs I had about myself and allowed me to see my weaknesses.

August 22, 2022 - 11:25am

BY RUBEN P

()

Reading my Big Five Report was like staring at a personality mirror! It accurately reflects my personality traits and provides insights about how the combination of these traits create patterns of thought and behavior that drive the way I think and live. Pretty powerful stuff and I would recommend this for anyone wanting to understand their own personality traits more deeply.

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