## Mark Wilde

26 Churchfield Lawns Skerries Co. Dublin Email: <a href="markwilde29@gmail.com">markwilde29@gmail.com</a>
Ph: 0830439681

## **PERSONAL PROFILE**

To excel in my field through hard work, research, skills and perseverance. To serve and empower individuals and communities with the best of my abilities.

## **EDUCATION**

- BA (hons) degree in Community and Family Studies (Galway NUI).
- TEFL Certificate for English Language Teaching.
- European Computer Driving Licence (ECDL).
- FETAC Level 5 Certificate in Occupational First Aid.
- FETAC Level 5 Certificate in Sales and Marketing.
- FETAC Level 5 Certificate in Health and Safety.
- HSE Certificate in Professional Management of Aggression and Violence.
- HSE Certificate in Therapeutic Crisis Intervention.
- D.I.C.P Certificate in Introduction to Counselling.
- CAD Certificate in Fresh Challenges and Community Awareness.

## **CAREER OVERVIEW**

1999 - 2006 Bar Manager, Ireland, Australia & England

2005 - 2014 Social Care Worker, Ireland

2014 - Present English Language Teacher, Vietnam & Ireland

#### **EMPLOYMENT HISTORY**

# English Language Teacher

2014 - Present

- Teaching children and adults from 3 to 65 years of age with various English speaking capabilities.
- Teaching Vietnamese, Japanese and Chinese (online) English learners, with a focus on speaking and pronunciation.
- Teaching academic English and social studies to university lecturers at Thai Nguyen University of Technology.
- Creating a trusting atmosphere by understanding each students' strengths, weaknesses, and personal learning style.
- Engaging students through humour and activities designed for maximum interaction in both large and small groups.
- Developing and using curriculum appropriate to my students learning abilities and reflective of their needs and interests.
- Individually assessing all new students and ensuring the correct class placement thereof.

## Social Care Worker

#### 2005 - 2014

- Working with and caring for adults and young people who suffer from borderline personality disorder.
- Working with and caring for unimpaired young people who reside in state care due to child protection concerns.
- Working with and caring for adults and young people with Asperger's Syndrome, high functioning autism and intellectual disabilities.
- Working within an outdoor activity based outreach program, with disadvantaged young people from the local community.
- Working within the role of a key-worker with a specific adult or young person.
- Designing and implementing care plans for specific clients.
- Teaching life skills and emotional intelligence to clients.
- Organising, supervising and participating in therapeutic activities with clients.
- Monitoring supervised access visits on or off unit.
- Being flexible and available to work in various centres in the Leinster area.
- Managing daily logs and administering extensive paperwork.
- Ensuring health and safety procedures and protocol are being adhered to.
- Administering medication and keeping extensive logs thereof.
- Managing and defusing aggressive and violent situations where staff and clients are at risk of serious injury.

## Bar Manager

1999 - 2006

- Roster management.
- Motivating and managing staff.
- Customer care.
- Cash reconciliation and stock control.

#### INTERESTS AND ACHIEVEMENTS

Meditation, Culture, Reading, Travel, Current Affairs, Programming, Sociology, Psychology, Philosophy and Spirituality.

#### Other:

- Volunteer children's counsellor, Camp Amy Molson, Quebec, Canada (2009)
- Participated in a white collar boxing event to fund raise for a sports centre, Ireland (2010)
- Completed a 7 day retreat at Plum Village France hosted by Thich Nhat Hanh (2013)
- Completed a 10 day Vipasanna meditation retreat in Lamphun North Thailand (2017)