I want to build a R dashboard for daily use! I want to be able to view this dashboard daily and interact with it. I want to be able to put in values every and change values if needed.

The big metrics that I want to track are:

* **Study time** – I have a Microsoft Excel file tracking this.
  + Variables:
    - days(Primary key, INTEGER),
    - date(TEXT),
    - minutes(INTEGER),
    - hours(INTEGER),
    - notes(TEXT),
    - anki(INTEGER),
    - Git(INTEGER),
    - LinkedIn(INTEGER),
    - Program(TEXT),
    - week(INTEGER),
    - status(TEXT)
* **Strength** – I don’t have any file for this yet.
  + Variables:
    - date(TEXT)
    - pushups(INTEGER)
* **Relationships** – I don’t have a file for this yet.
  + Variables:
    - name(TEXT),
    - strength(TEXT)
    - frequency(TEXT)
    - date\_to\_connect(TEXT)
* **Money** – I don’t have a file for this yet.
  + Variables
    - date(TEXT)
    - money(INTEGER)